



# Article Crystallization Process and Site-Selective Excitation of Nd<sup>3+</sup> in LaF<sub>3</sub>/NaLaF<sub>4</sub> Sol–Gel-Synthesized Transparent Glass-Ceramics

María E. Cruz <sup>1,\*</sup><sup>(D)</sup>, Jing Li <sup>1</sup>, Giulio Gorni <sup>1,2</sup><sup>(D)</sup>, Alicia Durán <sup>1</sup><sup>(D)</sup>, Glenn C. Mather <sup>1</sup><sup>(D)</sup>, Rolindes Balda <sup>3,4</sup><sup>(D)</sup>, Joaquín Fernández <sup>5</sup> and Yolanda Castro <sup>1</sup><sup>(D)</sup>

- <sup>1</sup> Instituto de Cerámica y Vidrio (CSIC), Campus de Cantoblanco, 28049 Madrid, Spain; ekali@outlook.com (J.L.); ggorni@cells.es (G.G.); aduran@icv.csic.es (A.D.); mather@icv.csic.es (G.C.M.); castro@icv.csic.es (Y.C.)
- <sup>2</sup> CELLS-ALBA Synchrotron Light Source, Carrer de la Llum 2-26, Cerdanyola del Valles, 08290 Barcelona, Spain
- <sup>3</sup> Departamento de Física Aplicada, Escuela Superior de Ingeniería, Universidad del País Vasco (UPV-EHU), 48013 Bilbao, Spain; rolindes.balda@ehu.eus
- <sup>4</sup> Centro de Física de Materiales, (UPV/EHU-CSIC), San Sebastian, 20018 Gipuzkoa, Spain
- <sup>5</sup> Donostia International Physics Center DIPC, San Sebastian, 20018 Gipuzkoa, Spain; xuaco@dipc.org
- \* Correspondence: mariaeugenia@icv.csic.es



**Citation:** Cruz, M.E.; Li, J.; Gorni, G.; Durán, A.; Mather, G.C.; Balda, R.; Fernández, J.; Castro, Y. Crystallization Process and Site-Selective Excitation of Nd<sup>3+</sup> in LaF<sub>3</sub>/NaLaF<sub>4</sub> Sol–Gel-Synthesized Transparent Glass-Ceramics. *Crystals* **2021**, *11*, 464. https://doi.org/ 10.3390/cryst11050464

Academic Editor: Vladislav V. Kharton

Received: 31 March 2021 Accepted: 19 April 2021 Published: 22 April 2021

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). **Abstract:** In this study, transparent oxyfluoride glass-ceramics (GCs) with NaLaF<sub>4</sub> nanocrystals (NCs) were prepared by the sol–gel method for the first time. Three different molar ratios of La(CH<sub>3</sub>COO)<sub>3</sub>/Na(CH<sub>3</sub>COO) were used to obtain the GCs, which were sintered at 450, 550 and 650 °C for 1 min. X-ray diffraction (XRD) was employed to follow the evolution of the xerogel during the heat treatments and to study crystal growth for the three temperatures. In all cases, the LaF<sub>3</sub> crystalline phase was present, but crystallization of NaLaF<sub>4</sub> was only promoted at 650 °C. Thermogravimetric and thermodifferential analysis (TGA-DTA) and Fourier transform infrared spectroscopy (FTIR) were used to analyze the crystallization process. High-resolution transmission electron microscopy (HRTEM) was employed to confirm NaLaF<sub>4</sub> and LaF<sub>3</sub> nanocrystals was confirmed by site-selective emission and excitation spectra. The Nd<sup>3+</sup> emission intensities in both phases depend not only on the NaLaF<sub>4</sub>/LaF<sub>3</sub> ratio but also on their emission efficiencies.

**Keywords:** oxyfluoride glass-ceramics (GCs); sol–gel; Nd<sup>3+</sup>; NaLaF<sub>4</sub>; LaF<sub>3</sub> site-selective emission; luminescence; optical properties; glass crystallization

# 1. Introduction

In recent years, transparent oxyfluoride glass-ceramics have attracted considerable attention due to their widespread application in scintillators, phosphors, photovoltaics and solid-state lasers [1–3]. In particular, rare-earth (RE) fluoride crystals are excellent hosts for up- and down-conversion luminescence associated with their unique characteristics, such as their low lattice phonon energy (lower than 500 cm<sup>-1</sup>) [4,5]. The short lifetime of the SiO<sub>2</sub> glass matrix, due to its high phonon energy, is compensated with the incorporation of the RE-fluoride nanocrystals. The final material combines the excellent mechanical and chemical properties of the glass with the luminescence of the crystalline phases [6].

The NaLnF<sub>4</sub> (Ln = Y, Gd, La and Lu) series acts as a host material with excellent physical and chemical stability, as well as low phonon energy. Moreover, the multisite nature of the crystalline structure imparts high efficiency in light emission [7,8]. In comparison with conventional lanthanides, such as Y or Gd, NaLaF<sub>4</sub> has the lowest phonon energy (290 cm<sup>-1</sup>) with a potentially higher up-conversion efficiency due to its non-radiation transitions [9]. It is a difficult challenge to obtain a single NaLaF<sub>4</sub> nanocrystal phase because the strong La<sup>3+</sup>–F<sup>-</sup> ionic bond favors precipitation of LaF<sub>3</sub> phase, which has significantly

lower free energy of formation than NaLaF<sub>4</sub> [9–11]. A mechanism to improve the crystallization of NaLaF<sub>4</sub> involves doping with rare-earth ions, which helps to stabilize the alkaline fluorides when its crystallization competes with that of other phases, such as LaF<sub>3</sub> [12,13].

Recently, transparent glass-ceramics containing NaLaF<sub>4</sub> as the only crystalline phase enclosed in a SiO<sub>2</sub>-enriched barrier have been synthesized by a conventional melting technique at 1600 °C, using LaF<sub>3</sub> as a precursor. However, very low crystalline fractions, around 5 wt.%, were reported to maintain the transparency after crystallization at 520 °C [14,15]. Controllable LaF<sub>3</sub>/NaLaF<sub>4</sub> crystallization by melt-quenching has also been reported recently; however, increasing the content of NaLaF<sub>4</sub> active phase was not achieved [16,17].

Alternative techniques have been proposed to avoid the drawbacks of melt-quenching, which involve reducing high-temperature fluoride loss. The sol-gel method (SG), based on the hydrolysis and polycondensation of metal salts or metal alkoxide precursors in a solvent, is a cheap and low-temperature technique that allows fine control of the chemical composition of glass-ceramic materials. SG also permits the incorporation of optical active particles or molecules into the glass matrix [18]. An important contribution regarding the preparation of sol-gel oxyfluoride glass-ceramics was made by Fujihara et al. by employing trifluoracetic acid (TFA) as a precursor of oxyfluoride GCs for the first time [19]. This process allows for the formation of fluoride nanocrystals instead of a random dispersion of  $La^{3+}$  ions in the SiO<sub>2</sub> matrix. To date, sol-gel preparation of different oxyfluoride glass-ceramics doped with REs has proven suitable for controlling the synthesis and crystallization processes [19-22], with promising optical results [23-27] and unique location of the RE dopants in the fluoride host. However, the preparation of oxyfluoride of NaLaF<sub>4</sub> by an SG route has not yet been reported. The main objective of this work is to gain a first insight into the synthesis and optical properties of  $NaLaF_4$  with a view to its application in the field of photonics. To this end,  $SiO_2$ -NaLaF<sub>4</sub> GCs doped with Nd<sup>3+</sup> were prepared using different heat treatment conditions and varying the precursor ratios. Site-selective emission and excitation spectra allow the emission of  $Nd^{3+}$  in the crystalline phases to be identified.

#### 2. Materials and Methods

## 2.1. Synthesis of 80SiO<sub>2</sub>-20NaLaF<sub>4</sub>/LaF<sub>3</sub> Sols

Three sols containing 20 mol% of NaLaF<sub>4</sub> and LaF<sub>3</sub> as active phases were prepared using tetraethyl orthosilicate (TEOS), ethanol (EtOH), acidulated water H<sub>2</sub>O (0.1M HCl), trifluoracetic acid (TFA), lanthanum acetate La(CH<sub>3</sub>COO·nH<sub>2</sub>O)<sub>3</sub> and Na(CH<sub>3</sub>COO) as precursors. First, a Na/La solution was prepared mixing the corresponding precursors in molar ratios 1La(CH<sub>3</sub>COO)<sub>3</sub>:XNa(CH<sub>3</sub>COO):5EtOH:4H<sub>2</sub>O:5TFA (X = 0.95, 1.2 and 1.5) followed by stirring for 2 h at 40 °C in a glycerin bath under refrigeration. Separately, the SiO<sub>2</sub> sols were prepared by mixing 3.5EtOH:1TEOS:2H<sub>2</sub>O (0.1M HCl) with constant stirring for 2 h at room temperature.

Finally, three different  $SiO_2$ -NaLa $F_4$ /La $F_3$  sols were prepared depending on the employed Na(CH<sub>3</sub>COO)/La(CH<sub>3</sub>COO)<sub>3</sub> molar ratio; the labels employed for the different samples are listed in Table 1.

Table 1. Identification of  $SiO_2$ -NaLaF<sub>4</sub>/LaF<sub>3</sub> sols depending on the molar ratio of Na/La precursors used.

SiO <sub>2</sub> -NaLaF <sub>4</sub> /LaF <sub>3</sub> sols	Na(CH <sub>3</sub> COO):La(CH <sub>3</sub> COO) <sub>3</sub>
	0.95:1
Sol-1.2	1.2:1
Sol-1.5	1.5:1

All SiO<sub>2</sub>-NaLaF<sub>4</sub>/LaF<sub>3</sub> sols were doped with 0.1 mol% of Nd<sup>3+</sup> by incorporating neodymium acetate in the Na/La solutions.

#### 2.2. Preparation of Doped and Undoped 80SiO<sub>2</sub>-20(NaLaF<sub>4</sub>/LaF<sub>3</sub>) Glass-Ceramics

Bulk samples were prepared using the undoped Sol-0.95 sol and  $0.1 \text{Nd}^{3+}$ -doped Sol-0.95, Sol-1.2 and Sol-1.5 sols. All the sols were first filtered into a Petri dish, sealed with parafilm, and then dried at 50 °C for 4–7 days to obtain the xerogel.

Self-supported layers of composition  $80SiO_2$ - $20NaLaF_4/LaF_3$  glass-ceramics (labeled GC-0.95) were obtained from the Sol-0.95 xerogel after heat treatment at different temperatures from 450 to 650 °C for 1 min using a heating rate of  $10^{\circ}C/min$ . Subsequently,  $0.1Nd^{3+}$ -doped  $80SiO_2$ - $20NaLaF_4/LaF_3$  glass-ceramics, labelled as Nd-GC-0.95, Nd-GC-1.2 and Nd-GC-1.5, were obtained from Sol-0.5, Sol-1.2 and Sol-1.5 xerogels, respectively, after heat treatment at 650 °C for 1 min using a heating rate of  $10^{\circ}C/min$ . Both xerogels and the glass-ceramics were then milled for further characterization.

## 2.3. Characterization

Thermogravimetric analysis (TGA) and differential thermal analysis (DTA) were performed using an SDT Q600-TA instrument to study the thermal transformation of the powder on the Sol-0.95 xerogel. The sample was heated from 25 °C to 800 °C with a heating rate of 10 °C/min under an inert atmosphere (Ar).

X-ray diffraction (XRD) was employed to identify the crystalline phases of the powders for Nd-GC-0.95, Nd-GC-1.2 and Nd-GC-1.5 samples using an X-ray powder diffractometer (D8 advance, Bruker) working with CuK $\alpha_1$  radiation ( $\lambda = 1.5406$  Å). The diffraction patterns were acquired in the range  $10^\circ \le 2\theta \le 70^\circ$ . The size of the nanocrystals (NCs) was estimated from the Scherrer equation:

$$D_{hkl} = \frac{k\lambda}{\sqrt{\beta^2 - b^2 \cos\theta}} \tag{1}$$

where  $D_{hkl}$  is the calculated crystallite size, k = 0.94 for spherical crystals,  $\theta$  is the Bragg angle and  $\beta$  is the full width at half maximum intensity of the peak (FWHM). To determine the weight ratios of NaLaF<sub>4</sub> and LaF<sub>3</sub> phases, Rietveld refinement was performed with the Fullprof program using interpolation of points to model the background. [28].

Fourier transform infrared spectra (FTIR) was recorded employing a Perkin-Elmer 100 FT-IR instrument in the range 4000–450 cm<sup>-1</sup>, with a resolution of 4 cm<sup>-1</sup>. The microstructure of the GC-0.95, GC-1.2 and GC-1.5 samples was analyzed with a high-resolution transmission electron microscope (HRTEM, JOEL JEM-2100F, Akishima, Tokyo, Japan) operating at 200 kV. The sample was prepared by dispersing a fine powder of sample in ethanol and then depositing some drops onto the carbon-enhanced copper grid.

# 2.4. Optical Characterization

Site-selective steady-state emission and excitation spectra were recorded by exciting the samples with a continuous wave (cw) Ti:sapphire ring laser (0.4 cm<sup>-1</sup> linewidth) in the 770–920 nm spectral range. The fluorescence was analyzed with a 0.25 m monochromator; the signal was detected by an extended IR Hamamatsu H10330A-75 photomultiplier and amplified by a standard lock-in technique.

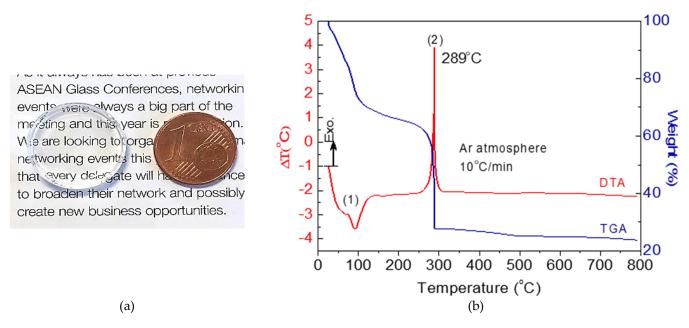
#### 3. Results and Discussion

Transparent, homogeneous, and stable sols were obtained from Sol-0.95, Sol-1.2 and Sol-1.5 sols. After drying at 50 °C, xerogels of 20 mm in diameter were successfully obtained (Figure 1a). All samples are transparent to view when evaluated on paper, indicating high quality; suitable long-term stability was also observed.

The thermal behavior of Sol-0.95 xerogel was evaluated by DTA-TGA (Figure 1b) under an Ar atmosphere at a heating rate of 10  $^{\circ}$ C/min. In general, a two-stage thermal degradation profile was observed in the temperature range between (1) 80–110  $^{\circ}$ C and (2) 300  $^{\circ}$ C. The first interval corresponds with an endothermic peak and a weight loss of 30% attributable to desorption of water and solvent removal. The second degradation step, accompanied by an exothermic peak around 300  $^{\circ}$ C and a weight loss of 40%, is related to the chemical decomposition and further crystallization of fluorides. The decomposition

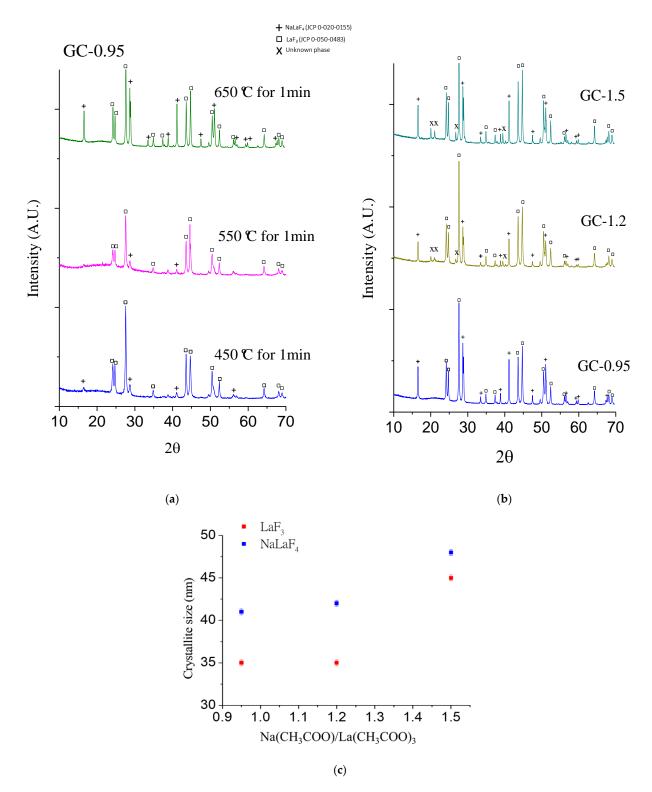
of La(CF<sub>3</sub>COO)<sub>3</sub> (obtained during the chemical reaction between lanthanum(III) acetate and TFA) occurred together with the crystallization of LaF<sub>3</sub>, as previously reported [27]. Although crystallization does not generally involve mass loss, in the case of GCs prepared by SG, the chemical reactions between the TFA and lanthanide salts occurred concomitantly with crystallization, such that significant mass loss also took place. In this case, crystallization of NaLaF<sub>4</sub> and LaF<sub>3</sub> occurred simultaneously because no additional peaks were observed in the plot.

The crystallization process differs from that reported for GCs prepared by meltquenching. De Pablos-Martín et al. [14] and Elts et al. [17] reported the crystallization of pure NaLaF<sub>4</sub> during the heat treatment of a melt-quenched glass, finding an exothermic peak between 600 and 700 °C [14,17]. These authors attributed the high crystallization temperature of the NaLaF<sub>4</sub> to the increase in viscosity during glass formation, inhibiting atom diffusion and crystal growth and producing a resistance to crystallization. On synthesis by SG, this drawback did not occur, and fluoride crystallization took place at the same time as the precursor reaction.



**Figure 1.** (a) Photograph of dried Sol-0.95 xerogel at 50 °C/24 h and (b) DTA and TGA in argon atmosphere of Sol-0.95 xerogel sample.

Figure 2a shows the XRD patterns for  $0.1 \text{Nd}^{3+}$  GC-0.95 bulk samples treated at 450, 550, and 650 °C for 1 min. Peaks associated with hexagonal NaLaF<sub>4</sub> phase (JCPDS-file number 50-0155) and LaF<sub>3</sub> (JCPDS-file number 32-0483) were clearly identified at all treatment temperatures. However, at 450 °C, a preferential crystallization of LaF<sub>3</sub> phase was observed, confirming that precipitation of LaF<sub>3</sub> requires a lower free energy of formation compared to NaLaF<sub>4</sub>. Upon increasing temperature, NaLaF<sub>4</sub> crystallization was promoted and, at 650 °C, the maximum NaLaF<sub>4</sub> crystal fraction was reached. The LaF<sub>3</sub> and NaLaF<sub>4</sub> nanocrystal sizes for GC-0.95 samples were both around 35 nm, as estimated using the Scherrer equation (Equation (1)). It was not possible to determine the nanocrystal size of NaLaF<sub>4</sub> at 450 and 550 °C due to the low resolution of the diffraction peaks. However, the NaLaF<sub>4</sub> nanocrystals appeared to be larger than those of LaF<sub>3</sub>. XRD confirms that crystallization is achieved in the sol–gel materials with only one minute of heat treatment. It was previously reported that longer treatment times do not augment the crystal fraction [29]. Further characterization was performed on GCs treated at 650 °C for 1min.



**Figure 2.** XRD pattern of (**a**) GC-0.95 treated with different temperatures for 1 min, (**b**) GC-0.95/1.2/1.5 treated at 650 °C for 1 min and (**c**) average crystallite size calculated with the Scherrer equation for SG-0.95/1.2/1.5 treated at 650 °C for 1 min.

The effect of the Na/La molar ratio was analyzed by XRD (Figure 2b), employing Rietveld refinement to calculate the weight percent fraction of crystallized NaLaF<sub>4</sub> and LaF<sub>3</sub> (Table 2). Additional peaks of NaF were observed for all samples. In addition to NaF, an unidentified phase was observed in both GC-1.2 and GC-1.5; the intensity of the most intense peak of the additional phase (I) as a percentage of the most intense peak of the pattern (I<sub>max</sub>) was ~5% in both cases. An optimum Na/La molar ratio of the crystalline

phase was found, which corresponds to the maximum formation of NaLaF<sub>4</sub> (46.2 wt.%) compared to LaF<sub>3</sub> (53.8 wt%). Although an increase in NaLaF<sub>4</sub> content is expected when increasing the Na/La ratio, this was not observed (Table 2). XRD (Figure 2b) showed that the decrease in NaLaF<sub>4</sub> content was accompanied with a higher content of an unidentified phase, likely associated with the remaining sodium.

**Table 2.** Relation of NaLaF<sub>4</sub> and LaF<sub>3</sub> phases in 80SiO<sub>2</sub>-20NaLaF<sub>4</sub>/LaF<sub>3</sub> GCs treated at 650 °C for 1 min estimated by Rietveld refinement (normalized to 100%).

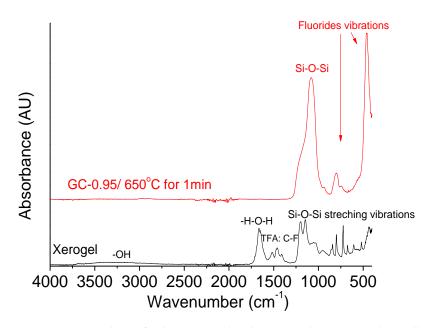
GC Sample -	wt%	
	NaLaF <sub>4</sub>	LaF <sub>3</sub>
GC-0.95	46.2	53.8
GC-1.2	31.6	68.4
GC-1.5	40.2	59.8

On the other hand, crystallite sizes for GCs obtained for different NaCH<sub>3</sub>COO/LaCH<sub>3</sub>COO<sub>3</sub> molar ratios, also calculated with the Scherrer equation, indicated that, up to a ratio of NaCH<sub>3</sub>COO/LaCH<sub>3</sub>COO<sub>3</sub> = 1.2, the size remained constant, with greater crystallites observed for NaLaF<sub>4</sub> in comparison to LaF<sub>3</sub> (Figure 2c). Upon increasing the La concentration to 59.8 wt% (GC-1.5), the crystallites of both phases grew to the range 45–48 nm. The calculated crystallite sizes are significantly greater than those reported by the melt-quenching technique (smaller than 25 nm) but are similar in size to the nanoparticles obtained outside the glass matrix in aqueous media [9,14].

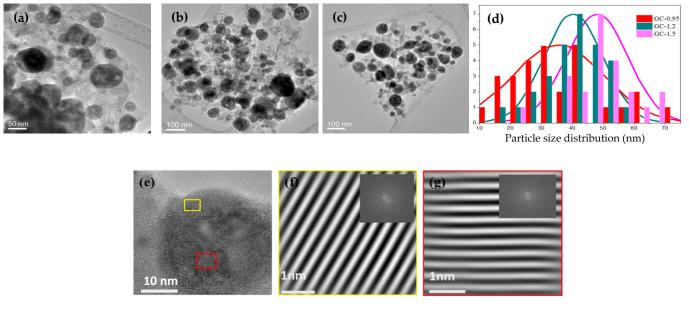
The FTIR spectra of Sol-0.95 xerogel and GC-0.95 glass-ceramic treated at 650 °C for 1 min are shown in Figure 3. The spectrum of the xerogel shows absorption bands at 460, 800 and 1080 cm<sup>-1</sup> associated with stretching, bending and out-of-plane Si–O–Si bonds of SiO<sub>2</sub>, respectively [28,29]. Some bands corresponding to TFA and acetate precursors appeared between 1400 and 1750 cm<sup>-1</sup>. In addition, a broad band from 2800 to 3760 cm<sup>-1</sup> was present in the xerogel spectrum, associated with O–H and C–H groups of the ethanol and water formed during condensation [30]. The peaks associated with TFA, acetate and water disappeared in the spectrum of the GC-0.9 glass-ceramic, and the bands corresponding to Si–O–Si increased in intensity. The band at 460 cm<sup>-1</sup>, observed in the spectrum of the GC-0.95 glass-ceramic, is attributed to vibration of fluorine in the crystal lattice, consistent with crystallization. A broad band between 900 and 1400 cm<sup>-1</sup>, associated with tetrafluoride compounds, provides further evidence of NaLaF<sub>4</sub> crystallization [31,32].

Microstructural characterization of the GC-0.9, GC-1.2 and GC-1.5 glass-ceramics heat treated at 650 °C for 1 min was performed by HRTEM (Figure 4a–c). Spherical nanoparticles of various sizes were identified, indicating their different nature. The average nanoparticle size is shown in Figure 4d, where an increase in average size with increasing Na/La molar ratio may be observed, in accordance with the crystallite sizes determined by XRD. Although the size of the crystals is similar to that described for particles synthesized in aqueous media, the spherical shape of the SG-synthesized particles differs to the tubular shape reported previously in the literature.

The observed d-spacings of 0.31 and 0.32 nm are consistent with the lattice spacing of planes (101) in hexagonal NaLaF<sub>4</sub> (JCP 00-20-0155) and (111) in LaF<sub>3</sub> (JCP 0-050-0483), respectively.



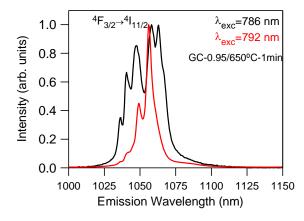
**Figure 3.** FTIR analysis of Sol-0.95 xerogel and GC-0.95 glass-ceramic thermally treated at 650 °C for 1 min with a rate of 10 °C/min.



**Figure 4.** HRTEM of samples (**a**) GC-0.95, (**b**) GC-1.2 and (**c**) GC-1.5 treated at 650 °C for 1 min; (**d**) particle size distribution for samples shown in Figure 4a–c; (**e**) HRTEM micrograph of GC-0.95 and transmission electron micrograph of (**f**) lattice plane of NaLaF<sub>4</sub> in the (101) direction with a distance of 0.31nm and (**g**) lattice plane of LaF<sub>3</sub> in the (011) direction with a distance of 0.32 nm.

The presence of Nd<sup>3+</sup>-doped LaF<sub>3</sub> and NaLaF<sub>4</sub> nanocrystals was also confirmed by site-selective laser spectroscopy. The  ${}^{4}F_{3/2} \rightarrow {}^{4}I_{11/2}$  laser transition was measured at room temperature for the GC-0.95/1.2/1.5 samples heat treated at 650 °C for 1 min by exciting with a Ti-sapphire laser at different wavelengths in resonance with the  ${}^{4}I_{9/2} \rightarrow {}^{4}F_{5/2}$ ,  ${}^{2}H_{9/2}$  absorption band. As an example, Figure 5 shows the normalized emission spectra for the GC-0.95 sample obtained under excitation at 786 and 792 nm. These excitation wavelengths correspond to Nd<sup>3+</sup> ions in LaF<sub>3</sub> and NaLaF<sub>4</sub> crystalline phases, respectively [33,34]. The spectrum obtained under excitation at 786 nm presents well-resolved peaks at around 1036, 1040, 1047, 1058 and 1063 nm, which is in agreement with the emission of Nd<sup>3+</sup> in LaF<sub>3</sub> nanocrystals [34]. Under 792 nm excitation, the spectrum shows a main peak at

around 1055 nm, together with a less intense one at 1049 nm, which corresponds to the  $Nd^{3+}$  emission in the hexagonal  $NaLaF_4$  crystalline phase. In addition to this emission, weak peaks at 1036 and 1040 nm were also observed due to the spectral overlapping of the spectra of both crystalline phases.

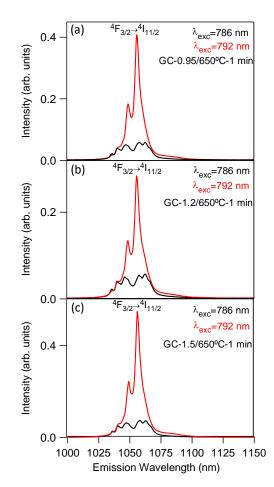


**Figure 5.** Room-temperature-normalized emission spectra of the  ${}^{4}F_{3/2} \rightarrow {}^{4}I_{11/2}$  laser transition obtained under excitation at 786 (black) and 792 nm (red) for the GC-0.95 sample doped with 0.1 mol% of Nd<sup>3+</sup>.

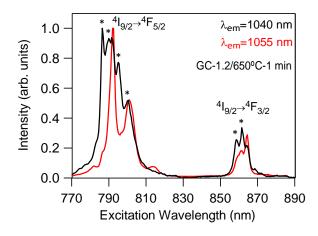
The emission spectra are similar for the three GC samples, with the only difference being the relative intensity of the  $Nd^{3+}$  emission in the two crystalline phases, which depends on the molar relation of both phases. Assuming that 786 and 792 nm correspond to excitations of  $Nd^{3+}$  ions in the LaF<sub>3</sub> and NaLaF<sub>4</sub> nanocrystals, respectively, the highest intensity for the  $Nd^{3+}$  emission in LaF<sub>3</sub> corresponds to the GC-1.2 sample in agreement with the higher LaF<sub>3</sub> content of this sample. Figure 6 shows the emission spectra for the three GC samples.

These results are confirmed by the excitation spectra corresponding to the  ${}^{4}I_{9/2} \rightarrow {}^{4}F_{5/2}$ ,  ${}^{4}F_{3/2}$  transitions obtained by collecting the luminescence at two different wavelengths. Figure 7 shows, as an example, the normalized excitation spectra of the GC-1.2 sample performed in the 770–890 nm spectral range on collecting the luminescence at 1040 and 1055 nm (the emission peaks corresponding to Nd<sup>3+</sup> emission in LaF<sub>3</sub> and NaLaF<sub>4</sub> crystalline phases respectively). As observed in the spectrum obtained by collecting the luminescence at 1040 nm, the  ${}^{4}I_{9/2} \rightarrow {}^{4}F_{5/2}$  band is composed of several peaks at 786, 790, 792, 796 and 800 nm. The peaks at 786, 790, 796 and 800 nm correspond to Nd<sup>3+</sup> in the LaF<sub>3</sub> nanocrystals, whereas the one at 792 nm can be attributed to Nd<sup>3+</sup> in the NaLaF<sub>4</sub> crystalline phase. Moreover, the  ${}^{4}I_{9/2} \rightarrow {}^{4}F_{3/2}$  transition presents two peaks at 859 and 862 nm, corresponding to Nd<sup>3+</sup> emission in LaF<sub>3</sub> nanocrystals, together with another peak at 864.5 nm attributable to NaLaF<sub>4</sub> nanocrystals. The presence of excitation peaks from both crystalline phases is due to the spectral overlapping of both emissions at 1040 nm (Figures 5 and 6). The excitation spectrum obtained by collecting the luminescence at 1055 nm presents two main peaks for the  ${}^{4}I_{9/2} \rightarrow {}^{4}F_{5/2}$  band at 792 and 801 nm, which correspond to Nd<sup>3+</sup> in the NaLaF<sub>4</sub> crystalline phase. The  ${}^{4}I_{9/2} \rightarrow {}^{4}F_{3/2}$  transition shows the two expected Stark components of the  ${}^{4}F_{3/2}$  level in a well-defined crystal field site. However, the high-energy component superimposes the peak at 859 nm corresponding to the LaF<sub>3</sub> nanocrystals.

It is worth noting that despite the lower crystalline fraction of the tetrafluoride phase compared to that of LaF<sub>3</sub>, Nd<sup>3+</sup> emission is much more efficient in NaLaF<sub>4</sub> due to its higher emission cross-section [35,36].



**Figure 6.** Room-temperature emission spectra of the  ${}^{4}F_{3/2} \rightarrow {}^{4}I_{11/2}$  laser transition obtained under excitation at 786 (black) and 792 nm (red) for (**a**) GC-0.95, (**b**) GC-1.2, and (**c**) GC-1.5 samples doped with 0.1 mol% of Nd<sup>3+</sup>.



**Figure 7.** Room-temperature-normalized excitation spectra obtained by collecting the luminescence at 1040 and 1055 nm for the GC-1.2 sample doped with 0.1 mol% of  $Nd^{3+}(*)$  symbols correspond to  $LaF_3$  crystalline phase.

# 4. Conclusions

 $Nd^{3+}$ -doped SiO<sub>2</sub>-NaLaF<sub>4</sub> GCs with the presence of LaF<sub>3</sub> were successfully obtained for the first time by sol–gel after heat treatment in the range 450–650 °C for 1 min. Lower temperatures did not produce significant quantities of NaLaF<sub>4</sub>, but LaF<sub>3</sub> crystallized for all heat treatment temperatures. Both phases also appeared for different relations of precursors; however, deficiency of Na in the precursors generated the maximum percentage of NaLaF<sub>4</sub> in the final GCs. ATD, FTIR and XRD confirmed the presence of LaF<sub>3</sub> and NaLaF<sub>4</sub> phases in the GCs, and the HRTEM images confirm the crystal sizes obtained by XRD, which tended to increase upon increasing the Na/La molar ratio in the precursors.

As in other GCs prepared by SG, the chemical reactions between the TFA and lanthanide salts occurred concomitantly with crystallization. Moreover, NaLaF<sub>4</sub> and LaF<sub>3</sub> crystallization took place at the same time as the precursor reaction. Site-selective excitation and emission spectra performed for the  ${}^{4}I_{9/2} \leftrightarrow {}^{4}F_{3/2}/{}^{4}F_{5/2}$  transitions confirm the presence of Nd<sup>3+</sup> ions inside both LaF<sub>3</sub> and NaLaF<sub>4</sub> crystalline phases for all GC samples. Notwithstanding the more abundant LaF<sub>3</sub> phase in the GC samples, the most efficient emission corresponds to Nd<sup>3+</sup> located in the NaLaF<sub>4</sub> crystalline phase. The luminescence results also show that the highest Nd<sup>3+</sup> emission intensity in the LaF<sub>3</sub> phase corresponds to the GC-1.2 sample, in accordance with its higher LaF<sub>3</sub> content.

**Author Contributions:** Investigation, M.E.C., J.L., G.G., A.D., G.C.M., R.B., J.F. and Y.C.; supervision, G.G., A.D., R.B. and Y.C.; writing—original draft, M.E.C. and J.L.; writing—review and editing, M.E.C., G.G., A.D., G.C.M., R.B., J.F. and Y.C. All authors have read and agreed to the published version of the manuscript.

**Funding:** The authors acknowledge financial support from MINECO under projects MAT2017-87035-C2-1-P/-2-P (AEI/FEDER, UE), and Basque Government PIBA2018-24. This article is a part of the dissemination activities of the project FunGlass, which has received funding from the European Union's Horizon 2020 research and innovation program under grant agreement No 739566.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Conflicts of Interest: The authors declare that there is no conflict of interest.

## References

- Babu, P.; Lavín, M.; Rodríguez-Mendoza, U.R.; Seo, J.H.; Krishanaiahd, K.V.; Venkatramuef, V. Quantum cutting and near-infrared emissions in Ho<sup>3+</sup>/Yb<sup>3+</sup> codoped transparent glass-ceramics. *J. Lumin.* 2020, 226, 117424. [CrossRef]
- Pan, J.; Xu, R.; Tian, Y.; Li, K.; Hu, L.; Zhang, J. 2.0µm Emission properties of transparent oxyfluoride glass ceramics doped with Yb<sup>3+</sup>–Ho<sup>3+</sup> ions. Opt. Mater. 2010, 32, 1451–1455. [CrossRef]
- Gorni, G.; Velázquez, J.J.; Mosa, J.; Mather, G.C.; Serrano, A.; Vila, M.; Castro, G.R.; Bravo, D.; Balda, R.; Fernández, J.; et al. Transparent Sol-Gel Oxyfluoride Glass-Ceramics with High Crystalline Fraction and Study of RE Incorporation. *Nanomaterials* 2019, 9, 530. [CrossRef]
- 4. Nie, L.; Shen, Y.; Zhang, X.; Wang, X.; Liu, B.; Wang, Y.; Pan, Y.; Xie, X.; Huang, L.; Huang, W. Selective synthesis of LaF<sub>3</sub> and NaLaF<sub>4</sub> nanocrystals via lanthanide ion doping. *J. Mater. Chem. C* **2017**, *5*, 9188–9193. [CrossRef]
- Wang, F.; Liu, X. Multicolor Tuning of Lanthanide-Doped Nanoparticles by Single Wavelength Excitation. Acc. Chem. Res. 2014, 47, 1378–1385. [CrossRef]
- Fujihara, S. Sol-Gel Processing of Fluoride and Oxyfluoride Materials. In *Handbook of Sol-Gel Science and Technology*; Springer International Publishing: Cham, Switzerland, 2018; pp. 333–359.
- Sarakovskis, A.; Krieke, G.; Doke, G.; Grube, J.; Grinberga, L.; Springis, M. Comprehensive study on different crystal field environments in highly efficient NaLaF<sub>4</sub>:Er<sup>3+</sup> upconversion phosphor. *Opt. Mater.* 2015, *39*, 90–96. [CrossRef]
- Aebischer, A.; Hostettler, M.; Hauser, J.; Krämer, K.; Weber, T.; Güdel, H.U.; Bürgi, H.-B. Structural and Spectroscopic Characterization of Active Sites in a Family of Light-Emitting Sodium Lanthanide Tetrafluorides. *Angew. Chem. Int. Ed.* 2006, 45, 2802–2806.
  [CrossRef]
- 9. Chen, B.; Ren, B.; Wang, F. Cs+-Assisted Synthesis of NaLaF4 Nanoparticles. Chem. Mater. 2019, 31, 9497–9503. [CrossRef]
- Wang, X.; Zhuang, J.; Peng, Q.; Li, Y. A general strategy for nanocrystal synthesis. *Nat. Cell Biol.* 2005, 437, 121–124. [CrossRef] [PubMed]
- 11. Yi, G.S.; Lee, W.B.; Chow, G.M. Synthesis of LiYF4, BaYF5, and NaLaF4 optical nanocrystals. *J. Nanosci. Nanotechnol.* 2007, 7, 2790–2794. [CrossRef] [PubMed]
- Rao, L.; Lu, W.; Ren, G.; Wang, H.; Yi, Z.; Liu, H.; Zeng, S. Monodispersed LaF3 nanocrystals: Shape-controllable synthesis, excitation-power-dependent multi-color tuning and intense near-infrared upconversion emission. *Nanotechnology* 2014, 25, 65703. [CrossRef] [PubMed]

- 13. Wang, F.; Han, Y.; Lim, C.S.; Lu, Y.; Wang, J.; Xu, J.; Chen, H.; Zhang, C.; Hong, M.; Liu, X. Simultaneous phase and size control of upconversion nanocrystals through lanthanide doping. *Nat. Cell Biol.* **2010**, *463*, 1061–1065. [CrossRef] [PubMed]
- Martin, A.D.P.; Mather, G.; Muñoz, F.; Bhattacharyya, S.; Höche, T.; Jinschek, J.; Heil, T.; Durán, A.; Pascual, M. Design of oxy-fluoride glass-ceramics containing NaLaF4 nano-crystals. J. Non-Cryst. Solids 2010, 356, 3071–3079. [CrossRef]
- 15. Krieke, G.; Sarakovskis, A.; Springis, M. Upconversion luminescence of Er<sup>3+</sup>/Yb<sup>3+</sup> and their role in the stabilization of cubic NaLaF4 nanocrystals in transparent oxyfluoride glass ceramics. *J. Non-Cryst. Solids* **2018**, *481*, 335–343. [CrossRef]
- 16. Peng, Y.; Zhong, J.; Li, X.; Chen, J.; Zhao, J.; Qiao, X.; Chen, D. Controllable competitive nanocrystallization of La<sup>3+</sup>-based fluorides in aluminosilicate glasses and optical spectroscopy. *J. Eur. Ceram. Soc.* **2019**, *39*, 1420–1427. [CrossRef]
- 17. Elsts, E.; Krieke, G.; Rogulis, U.; Smits, K.; Zolotarjovs, A.; Jansons, J.; Sarakovskis, A.; Kundzins, K. Rare earth doped glass– ceramics containing NaLaF4 nanocrystals. *Opt. Mater.* **2016**, *59*, 130–135. [CrossRef]
- Cruz, M.E.; Castro, Y.; Durán, A. Glasses and Glass-Ceramics Prepared by Sol–Gel. In *Reference Module in Materials Science and Materials Engineering*; Elsevier: Amsterdam, The Netherlands, 2020.
- 19. Fujihara, S.; Mochizuki, C.; Kimura, T. Formation of LaF3 microcrystals in sol–gel silica. *J. Non-Cryst. Solids* **1999**, 244, 267–274. [CrossRef]
- 20. Secu, C.E. Up-conversion luminescence of Er<sup>3+</sup>/Yb<sup>3+</sup> co-doped LiYF<sub>4</sub> nanocrystals in sol-gel derived oxyfluoride glass-ceramics. *J. Non-Cryst. Solids* **2015**, 426, 78–82. [CrossRef]
- Pawlik, N.; Szpikowska-Sroka, B.; Goryczka, T.; Pisarski, W.A. Photoluminescence investigation of sol-gel glass-ceramic materials containing SrF<sub>2</sub>:Eu<sup>3+</sup> nanocrystals. J. Alloys Compd. 2019, 810, 151935. [CrossRef]
- 22. Ding, M.; Lu, C.; Bai, W.; Yuan, Y.; Ji, Z. Transparent sol-gel glass ceramics containing B-NaYF4/Er<sup>3+</sup> nanocrystals: Structure, upconversion luminiscent properties and optical thermometry behavior. *Ceram. Int.* **2018**, 44, 16379–16387. [CrossRef]
- 23. Velázquez, J.; Mosa, J.; Gorni, G.; Balda, R.; Fernández, J.; Durán, A.; Castro, Y. Novel sol-gel SiO<sub>2</sub>-NaGdF<sub>4</sub> transparent nano-glass-ceramics. *J. Non-Cryst. Solids* **2019**, *520*, 119447. [CrossRef]
- 24. Velázquez, J.J.; Rodríguez, V.D.; Yanes, A.C.; Del-Castillo, J.; Méndez-Ramos, J. Increase in the Tb<sup>3+</sup> green emission in SiO2–LaF3 nano-glass-ceramics by codoping with Dy<sup>3+</sup> ions. *J. Appl. Phys.* **2010**, *108*, 113530. [CrossRef]
- Zhou, K.; Zhu, J.; Zeng, J.; Liu, J. Effect of heat treatment on structure and up-conversion emission of Er<sup>3+</sup>-doped GaF3/InF3 based fluoride glasses. *Rare Met.* 2011, 30, 121–125. [CrossRef]
- 26. Yang, P.; Song, C.F.; Lü, M.K.; Yin, X.; Zhou, G.J.; Xu, D.; Yuan, D.R. The luminiscence of PbS nanoparticles embedded in sol-gel silica glass. *Chem. Phys. Lett.* 2001, 345, 429–434. [CrossRef]
- 27. Reisfeld, R. Prospects of sol-gel technology towards luminiscent materials. Opt. Mater. 2001, 16, 1–7. [CrossRef]
- 28. Rodriguez-Carvajal, J. Recent advances in magnetic structure determinarion by neutro powder diffraction. *J. Phys.* **1993**, *192*, 55–69.
- Orcel, G.; Phalippou, J.; Hench, L.L. Structural changes of silica xerogels during low temperature dehydration. J. Non-Cryst. Solids 1986, 88, 114–130. [CrossRef]
- Gorni, G.; Pascual, M.J.; Caballero, A.; Velazquez, J.J.; Mosa, J.; Castro, Y.; Durán, A. Crystallization mechanism in sol-gel oxyfluoride glass-ceramics. J. Non-Cryst. Solids 2018, 501, 145–152. [CrossRef]
- Lepoutre, S.; Boyer, D.; Fujihara, S.; Mahiou, R. Structural and optical characterizations of sol–gel based composites constituted of LiGdF<sub>4</sub>:Eu<sup>3+</sup> nanocrystallites dispersed into a silica matrix. *J. Mater. Chem.* 2009, 19, 2784–2788. [CrossRef]
- 32. Velázquez, J.J.; Mosa, J.; Gorni, G.; Balda, R.; Fernández, J.; Pascual, L.; Durán, A.; Castro, Y. Trasnparent SiO2-GdF3 sol-gel nano-glass ceramics for optical applications. *J. Sol-Gel Sci. Technol.* **2019**, *89*, 322–332. [CrossRef]
- 33. Gorni, G.; Velazquez, J.J.; Mather, G.C.; Durán, A.; Chen, G.; Sundararajan, M.; Balda, R.; Fernández, J.; Pascual, M.J. Selective exitation in transparent oxyfluoride glass-ceramics doped with Nd<sup>3+</sup>. *J. Eur. Ceram. Soc.* **2017**, *37*, 1695–1706. [CrossRef]
- Hong, J.Q.; Zhang, L.H.; Zhang, P.X.; Wang, Y.Q.; Hang, Y. Growth, optical characterization and evaluation of laser properties of Nd:LaF<sub>3</sub> crystal. J. Alloys Compd. 2015, 646, 706–709. [CrossRef]
- 35. Zhao, C.C.; Hang, Y.; Zhang, L.H.; He, X.M.; Yin, J.G.; Li, R.; Yu, T.; Chen, W.B. Crystal growth, spectroscopic characterization, and continuous wave laser operation of Nd<sup>3+</sup>-doped LiLuF4 crystal. *Laser Phys. Lett.* **2011**, *8*, 263–268. [CrossRef]
- 36. Lage, M.M.; Franklin, M.M.; Jean-Yves, G.; Moreira, R.L. Optical phonon modes and crystal structure of NaLaF<sub>4</sub> single crystals. *J. Appl. Phys.* **2006**, *99*, 053510. [CrossRef]