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### Research Article

## **Influence of Humidity on Fiber Bragg Grating Sensors**

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We demonstrate the influence of the relative humidity (RH) on the wavelength of fiber Bragg grating sensors (FBGS), performing tests with five FBGS at different humidity and temperature conditions. These tests were performed in a climate chamber whose RH changes according to a scheduled profile from 30% to 90%, in steps of 10%. These profiles were repeated for a wide range of temperatures from  $10^{\circ}$ C to  $70^{\circ}$ C, in steps of  $10^{\circ}$ C. Two different types of instrumentation methods have been tested, spot welding and epoxy bonding, in two different materials, steel and carbon fiber reinforced polymer (CFRP). We discuss the results for each type of sensor and instrumentation method by analyzing the linearity of the Bragg wavelength with RH and temperature.

#### 1. Introduction

Optical fiber sensors are one of the most suitable options for aircraft structural health monitoring (SHM) systems due to the advantages they offer: immunity to electromagnetic noise, with the consequent increase of safety and a better protection against loss of information; little weight compared with traditional monitoring systems, leading to a reduction of fuel consumption; and wide working temperature ranges [1]. At present, the application areas for fiber sensors are increasing; they can be used for corrosion monitoring in metallic components, carbon fiber reinforced polymers (CFRP), aircraft components health monitoring, sensing pressure, temperature, or microelectromechanical systems (MEMS) accelerometers [2], impact detection, vibration and strain measurement, or static strain temperatures.

An optical fiber is composed by a core, a thin strand of glass material that transmits light with very low loss, a cladding that reflects stray light back into the core, and a buffer coating that protects the fiber. A fiber Bragg grating (FBG) sensor consists of an ultraviolet (UV) periodic inscription, where a short length of photosensitive fiber is exposed to a periodic distribution of light intensity. As a consequence, the refractive index is altered according to light intensity,

resulting in a periodic variation of the refractive index along the core.

When a broad-spectrum light is sent to an FBG core, a certain wavelength of this light is reflected, called Bragg wavelength, allowing the rest of the incoming light to pass through without additional modification [3]. This reflected Bragg wavelength changes according to the applied strain and to temperature conditions. In order to separate the temperature effect from the strain we have used a not bonded FBG as a reference so that we could subtract this temperature effect from the FBGS bonded in the specimen [4]. With this procedure the measurement of the real strain on the sample is assured.

The Bragg wavelength ( $\lambda_B$ ) reflected by each FBG sensor can be calculated as follows:

$$\lambda_B = 2n_{\text{eff}}\Lambda,$$
 (1)

where  $n_{\rm eff}$  is the effective refractive index of the fiber core and  $\Lambda$  is the pitch of the grating.

Changes in strain ( $\Delta \varepsilon$ ) or temperature ( $\Delta T$ ) produce a shift in the pitch of the grating ( $\Delta \Lambda$ ), which can be observed by measuring the corresponding changes in the wavelength of

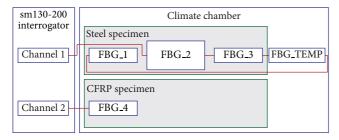


FIGURE 1: Layout of the specimens used in the study.

the reflected light. The equation that relates all these changes is

$$\Delta \lambda_B = K_{\varepsilon} \Delta_{\varepsilon} + K_T \Delta_T, \tag{2}$$

where  $K_{\varepsilon}$  is the strain coefficient and  $K_T$  is the temperature coefficient.

In this study we have measured the wavelength shift of five FBGS in a climate chamber, whose RH changed at a constant temperature. We have also repeated the tests at different temperature conditions. The FBGS tested were manufactured by Micron Optics and the model sm130–200 was used as the interrogator device [5].

According to the manufacturer, the wavelength to strain relation can be separated from the temperature response in the following way [6]:

$$\varepsilon = \frac{\Delta \lambda}{\lambda_0} \cdot \frac{10^6}{F_G} - \varepsilon_{T_0},\tag{3}$$

where thermal output  $\varepsilon_{T_0}$  (thermally induced apparent strain) is:

$$\varepsilon_{T_0} = \Delta T \left( \frac{C_1}{F_G} + \text{CTE}_S - C_2 \right) \tag{4}$$

 $\Delta\lambda$  is the wavelength observed,  $\lambda_0$  is the nominal FBG wavelength at 22°C, and  $\Delta T$  is the temperature change inside the climate chamber.  $F_G$  is a dimensionless gauge factor,  $C_1$  and  $C_2$  are temperature gage constants (in  $\mu$ m/m·°C), and CTE<sub>s</sub> is the coefficient of thermal expansion of the material on which each FBG is instrumented.

Thus, any serious measurement should take into account this thermal output in order to separate the thermally induced apparent strain from the mechanically induced strain on the specimen, with the latter being the real aim of the measurement. However, it is not clear whether additional environment variations (such as changes in RH) could also have an effect on the measurement itself. For this reason, it is our purpose to analyze the wavelength shift at different humidity and temperature conditions without inducing any mechanical strain.

Few studies have been carried out to calculate the effect of RH on FBGS. For instance, Giaccari et al. studied the influence of humidity and temperature on polyimide-coated fiber Bragg gratings and the effect of this coating on Bragg wavelengths [7]. In another study Correia et al. developed a

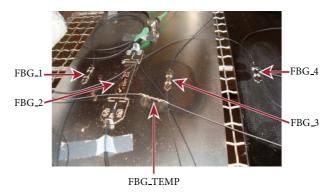


FIGURE 2: FBGS instrumented in the steel and CFRP specimens.

RH sensor based on a Bragg grating coated with an organosilica di-ureasil hybrid material, demonstrating its viability for civil engineering purposes [8].

For this reason, we have conducted this study in order to clarify and quantify the behavior of FBG sensors with changes in the RH at different temperatures, FBG bonding conditions, and specimen materials, separating the effect that the RH has on each element. We believe that the effect of the RH should not be neglected to avoid misreadings.

#### 2. Materials and Methods

In this experimental program we will measure the influence of humidity on five different FBG sensors. RH conditions were varied from 30% RH to 90% RH in steps of 10% RH at a constant temperature. These RH series were repeated for different temperatures ranging from 10°C to 70°C, in steps of 10°C. It should be mentioned that instead of 20°C, we have set the climate chamber to 22°C in order to make it coincide with the temperature where the nominal wavelength of each FBG is taken as a reference. Nevertheless, due to the working limitations of the climate chamber not all the possible RH and temperature combinations could be achieved.

Two specimens have been tested; one steel rectangular sample and another CFRP rectangular sample. The test layout is shown in Figure 1; as it can be seen, we use separate channels of the interrogator for each specimen: channel one for the three steel specimen FBGS and for the temperature compensation FBG, and channel two for the CFRP specimen FBG. The base material of each specimen requires a different FBG instrumentation method for a correct measurement: either spot welding or epoxy bonding for the steel specimen and epoxy bonding for the CFRP specimen.

Figure 2 shows a photograph of the five FBGS instrumented in the specimens. Table 1 summarizes the FBGS, their features, the base material of their corresponding specimens, and their instrumentation methods.

Figure 3 shows with more detail each instrumentation method, namely, the spot welding and the epoxy bonding. On the spot welded FBG\_2 there are 14 spot welds on each side of the covering, and they have been performed according to the indications given by the manufacturer using a specific spot welding device. The spot welds in FBG\_2 and the epoxy

FBG ID	FBG model	Specimen material	Bonding method	Constants			
				$F_G$	$C_1$	$C_2$	$\lambda_0$ (22°C)
FBG_1	os3110	Steel	Spot-welded	0.89	6.156	0.70	1552.013
FBG_2	os3150	Steel	Spot-welded	0.797	6.156	0.70	1572.355
FBG_3	os3120	Steel	Epoxy bonded	1.00	6.156	0.70	1540.223
FBG_4	os3120	CFRP	Epoxy bonded	1.00	6.156	0.70	1540.462
FBG_TEMP	os3120	_	Not bonded (for <i>T</i> compensation)	1.00	6.156	0.70	1524.415

TABLE 1: Parameters of the FBG sensors.



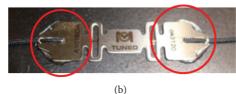


FIGURE 3: Instrumentation methods applied to each specimen. (a) FBG\_2 is spot welded to steel specimen. (b) FBG\_4 is epoxy bonded to CFRP specimen.

bonding areas in  $FBG_{-}4$  are marked with red circles in Figure 3.

Tests started at 70°C and 30% RH, increasing the RH in steps of 10% until 90% RH has been reached (the temperature was constant during these steps). Afterwards, the temperature has been decreased to 60°C at a constant RH (90%). Once this new temperature has been stabilized, the RH has been decreased in steps of 10% until 30% RH has been reached (corresponding to the lower limit attainable by the climate chamber). We have used the same procedure for the rest of the temperatures (i.e., 50°C, 40°C, 30°C, 22°C, and 10°C): we have changed the RH in steps of 10% between the extreme values of the RH (i.e., 30% and 90% RH).

Between each step a stabilization time has been given in order to steady the wavelengths from FBGS. This stabilization time is compulsory in most cases due to the effect of the humidity on CFRP materials [9] and on epoxy bonding [10]. This effect is plainly visible in the response of the FBG\_3 and FBG\_4 sensors, whose stabilization time is very high. The other FBGS suffer from the same effect, but on a smaller scale. These results will be discussed in the following section.

Due to small temperature fluctuations in the climate chamber, significant variations of the Bragg wavelength ( $\lambda_B$ ) are obtained. To avoid this undesirable effect, a compensating wavelength has been calculated for each temperature fluctuation. This compensation consists of removing the wavelength

variation corresponding to the temperature fluctuation. For this purpose, (3) and (4) are used (by setting  $\varepsilon$  to zero that is, no mechanical strain is applied), obtaining:

$$\lambda_{\text{compensed}} = \lambda_{\text{obtained}} - (T_{\text{Real}} - T_{\text{Ref}}) \cdot \\ \cdot \left(\frac{C_1}{F_G} + \text{CTE}_S - C_2\right) \cdot \frac{\lambda_0 \cdot F_G}{10^6}.$$
 (5)

The importance of compensating the temperature fluctuations can be illustrated by the following facts: if we select a temperature for the climate chamber, say 70°C, we can expect a temperature departure up to 70.5°C during the set-up, which results in a wavelength shift of about 0.01 nm. This shift and the wavelength shift due to a 10% variation in the RH are of the same order of magnitude (in fact, it can be seen that the Bragg wavelength can shift up to 0.015 nm for such a variation in the RH). Due to these variations it is impossible to neglect such small temperature fluctuations. Therefore, it is necessary to use the compensating method given by (5).

We have supplied the same time reference for both the FBG interrogator and the climate chamber acquiring system, ensuring a perfect correlation of the data acquired by both systems.

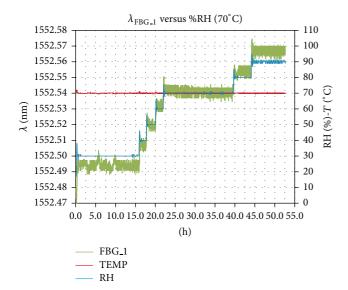


FIGURE 4: Bragg wavelength shift of FBG\_1 (green, left axis) as a function of the %RH (blue, right axis) at a temperature of 70°C (red, right axis).

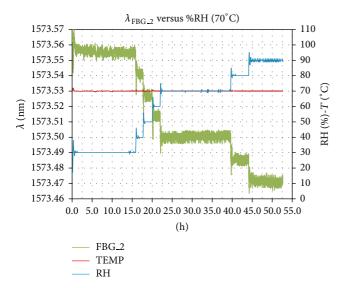


FIGURE 5: Bragg wavelength shift of FBG\_2 (green, left axis) as a function of %RH (blue, right axis) at a temperature of 70°C (red, right axis).

#### 3. Results and Discussion

An almost linear variation in the Bragg wavelength has been obtained in some of the FBGS tested. More specifically, spot welded FBG\_1 and FBG\_2 show linear wavelength variations for proportional changes in the RH. FBG\_TEMP also shows a linear variation in its Bragg wavelength for linear variations of the RH, but it is much lower than in the case of FBG\_1 or FBG\_2. By contrast, FBG\_3 and FBG\_4 show a nonlinear behavior due to the absorption of humidity by epoxy adhesives [10] and composite materials [9].

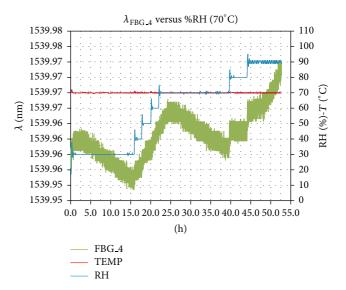


FIGURE 6: Bragg wavelength shift of FBG\_4 (green, left axis) as a function of %RH (blue, right axis) at a temperature of 70°C (red, right axis).

First of all, we see in Figure 4 the results obtained for FBG\_1. A linear dependence of the Bragg wavelength on humidity can be seen. These  $\lambda_{FBG,1}$  values include the temperature compensation given in (5). In order to check whether the  $\lambda_{FBG,1}$  Bragg wavelength suffers from hysteresis or not (i.e., whether the  $\lambda_{FBG,1}$  depends or not on the sequence followed in the variation of the RH), we have repeated this test for a different sequence of variations of the RH. Results obtained confirm that  $\lambda_{FBG,1},\lambda_{FBG,2}$ , and  $\lambda_{FBG,TEMP}$  show no hysteresis at all, ensuring the repeatability of the test.

The results obtained for FBG\_2 are shown in Figure 5. Just as in the case of FBG\_1, the response of FBG\_2 is practically instantaneous and linear. As can be seen in Figure 5, this response has the opposite tendency than the expected;  $\lambda_{\text{FBG},2}$  decreases with increasing RH. Before being able to find an explanation to such contradictory trends, it will be necessary to analyze the results of the rest of FBG sensors. This analysis can be found at the end of this section.

As to the response of FBG\_3, it is not as instantaneous as in the cases of FBG\_1 or FBG\_2 due to the epoxy bonding instrumentation method used. FBG\_3 takes more time to stabilize the wavelength than FBG\_1 and FBG\_2; in some cases this stabilization time is up to 24 hours. The same phenomenon occurs with FBG\_4 (shown in Figure 6), but in this case the effect of humidity on the CFRP has to be added, which is higher than on an epoxy adhesive [10].

For the temperature compensation sensor (FBG\_TEMP), notice that in Figure 7  $\lambda_{\rm FBG\_TEMP}$  decreases with increasing RH, in the same way as in FBG\_2. Again, we have found a linear variation of its Bragg wavelength with the RH. Although this variation is less significant than in the other sensors, it should be taken into account for correct temperature compensation, in order to remove this RH effect.

Figure 8 summarizes the results obtained for the sensors, showing a linear dependence of the wavelength shift on RH,

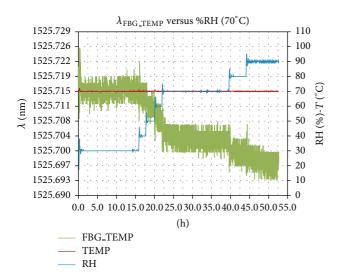


FIGURE 7: Bragg wavelength shift of FBG\_TEMP (green, left axis) as a function of %RH (blue, right axis) at a temperature of 70°C (red, right axis).

that is, for sensors FBG\_1, FBG\_2, and FBG\_TEMP. For each temperature the FBGS have been exposed to a wide range of RH conditions. Due to the climate chamber some of the RH conditions are not exactly the same for all the temperatures (i.e., in 10°C an RH minor to 50% could not be reached). Additionally, it should be mentioned that instead of 20°C, we have set the climate chamber to 22°C in order to make it coincide with the temperature where the nominal wavelength of each FBG is taken as a reference. At a first glance, the linear dependence of the wavelength shift with RH is smaller in the FBG\_TEMP sensor, since there is no effect of any specimen at all.

We have performed a least square fit to relate the Bragg wavelength shift to the RH for FBG\_1, FBG\_2, and FBG\_TEMP sensors. We have calculated the typical errors of the linear fit for each temperature and RH, obtaining an average error of 0.42%, so that we can safely assume a linear dependence on RH. The value of the coefficient of determination  $R^2$  has been calculated for each regression; for FBG\_1, FBG\_2 and FBG\_TEMP the average of  $R^2$  is 0.996, 0.990, and 0.887, respectively.

We have calculated the coefficients of the approaching linear polynomials for each sensor at each temperature. These coefficients show little deviations at different RH in the same sensor. The following equations show the relationship found between  $\lambda_B$  and RH for FBG\_1, FBG\_2, and FBG\_TEMP (the only sensors showing a linear dependence):

$$\begin{split} \lambda_{\text{FBG}\_1} \, (\text{nm}) &= (1551.7173 \pm 0.0107) \\ &+ (0.0104 \pm 0.0002) \cdot T \, (\,^{\circ}\text{C}) \\ &+ (0.001375 \pm 0.000071) \cdot \text{RH} \, (\%) \, , \\ \lambda_{\text{FBG}\_2} \, (\text{nm}) &= (1571.8805 \pm 0.0140) \\ &+ (0.0244 \pm 0.0003) \cdot T \, (\,^{\circ}\text{C}) \\ &- (0.001410 \pm 0.000067) \cdot \text{RH} \, (\%) \, , \end{split}$$

$$\lambda_{\text{FBG\_TEMP}} (\text{nm}) = (1523.8299 \pm 0.01174)$$

$$+ (0.0269 \pm 0.0003) \cdot T (^{\circ}\text{C})$$

$$- (0.000200 \pm 0.000120) \cdot \text{RH (\%)}.$$
(6)

(Results obtained for the sensor FBG\_1 should be taken with caution for reason given below).

From the previous expressions, it is clear that the  $\lambda_B$  Bragg wavelength depends slightly on the RH (if compared to the effects of the temperature variation). In order to estimate the RH compensation that we should apply to our measurements, we could proceed as follows: we would calculate the equivalent temperature change  $\Delta T$  that would yield the same wavelength shift. For such a purpose, we would substitute (4) into (3) and, by setting  $\varepsilon$  to zero (no mechanical strain is applied), we would obtain

$$\Delta T = \frac{\left(\Delta \lambda / \lambda_0\right) \left(10^6 / F_G\right)}{\left(C_1 / F_G\right) - \text{CTE}_S + C_2}.$$
 (7)

This way, we could make use of (5) to apply the required compensation for RH fluctuations. At situations where the environment conditions change continuously, we can expect variations in the RH as high as 60%, which would lead to a Bragg wavelength shift of 0.1 nm (if measured at a standard temperature of  $60^{\circ}$ C with FBG\_2). As seen in Table 2, such a wavelength would be equivalent to a temperature variation of  $4.45^{\circ}$ C (which would lead to an error in the strain measured to be of  $31.26 \,\mu\text{m/m}$ ).

Let us now analyze the reasons for having a different behavior in the sensor FBG\_1 as compared to sensors FBG\_2, and FBG\_TEMP (sensors FBG\_3 and FBG\_4 are not considered due to the preponderant effects of the epoxy bonding and CFRP specimen). For such a purpose, we have detached the FBG\_1 and FBG\_2 sensors from the specimen by removing the weld spots, and we have repeated the tests corresponding to 70°C and a variable range of RH from 30% RH to 90% RH. Such a procedure enables us to separate the influence of the RH on the steel specimen and only measure the effect of the RH on the sensor. Figure 9 shows both sensors FBG\_1 and FBG\_2 after being detached from the specimen.

Figure 10 allows us to make a comparison between the results obtained for the sensor attached to the specimen and the same sensors after being removed from the specimen.

As it can be seen in Figure 10(a), the FBG\_1 sensor shows an identical behavior irrespective of being or not being instrumented in the specimen. Instead, from Figure 10(b) the FBG\_2 sensor shows a higher slope for the wavelength variation with the RH when instrumented to the specimen. The results for the FBG\_1 sensor are unexpected because the effect of the RH on the steel specimen should have been removed.

This unexpected behavior forced us to perform an exhaustive inspection of both FBGS. The inspection showed that FBG\_1 fiber was broken at one end of the Bragg grating. This break can be seen clearly in Figure 11.

Such a break explains why we did not obtain any signal when the FBG\_1 sensor was connected to the interrogator

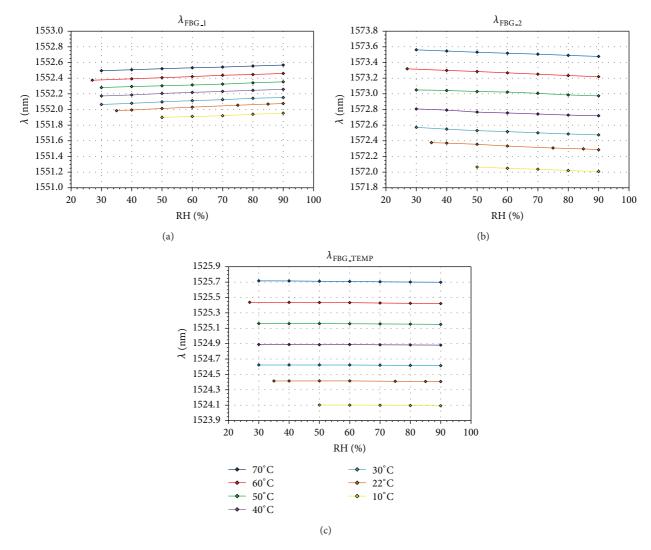


FIGURE 8: Linear fit to the Bragg wavelength shift with the RH for (a) FBG\_1, (b) FBG\_2, and (c) FBG\_TEMP.



FIGURE 9: FBG\_1 and FBG\_2 without instrumentation to steel specimen.

from the broken side at our preliminary tests. Since we could measure wavelength shifts when the sensor was connected from the other side, we did not pay much attention to this anomaly and reconnected the FBG\_1, FBG\_2 and FBG\_TEMP sensors following the order shown in Figure 1. Such a reconnection allowed us to obtain measurements from

every sensor, since the broken end of FBG\_1 was placed at the extreme of the array.

These results serve us to confirm that the graph of the FBG\_1 sensor in Figure 4 shows only the influence of the RH on the coating of the FBG itself, since it is detached from the metallic carrier that holds the FBG in tension, avoiding the

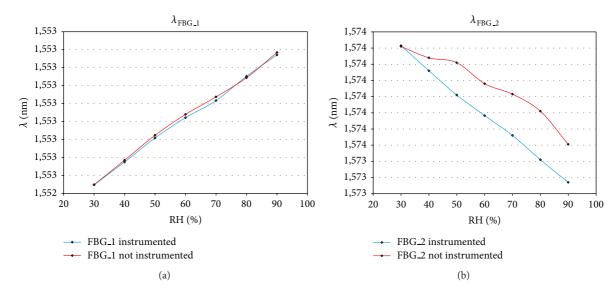


FIGURE 10: Wavelength shift with RH for instrumented and not instrumented sensors (a) FBG\_1 and (b) FBG\_2.

Table 2: Bragg wavelength shifts and equivalent temperature variation obtained at different measurement conditions for each FBG sensor.

T (°C)		FBG_1	FBG_2	FBG_TEMP	
	$\lambda_{30\%\mathrm{RH}}$ (nm)	1552.495	1573.562	1525.716	
70	$\lambda_{90\%~\mathrm{RH}}$ (nm)	1552.567	1573.477	1525.698	
70	$\Delta\lambda$ (nm)	0.072 $-0.085$		-0.018	
	$\Delta T_{\rm eq}$ (°C)	3.03	-3.74	-0.72	
	$\lambda_{27\%\mathrm{RH}}$ (nm)	1552.374	1573.319	1525.438	
60	$\lambda_{90\%~\mathrm{RH}}$ (nm)	1552.460	1573.219	1525.420	
00	$\Delta\lambda$ (nm)	0.087	-0.100	-0.018	
	$\Delta T_{\rm eq}$ (°C)	3.63	-4.45	-0.69	
	$\lambda_{30\%  \text{RH}}  (\text{nm})$	1552.280	1573.049	1525.161	
50	$\lambda_{90\%~\mathrm{RH}}$ (nm)	1552.353	1572.974	1525.150	
30	$\Delta\lambda$ (nm)	0.051	-0.055	-0.010	
	$\Delta T_{\mathrm{eq}}$ (°C)	2.12	-2.85	-0.40	
	$\lambda_{30\%  \text{RH}}  (\text{nm})$	1552.173	1572.806	1524.888	
40	$\lambda_{90\%~\mathrm{RH}}$ (nm)	1552.257	1572.720	1524.881	
40	$\Delta\lambda$ (nm)	0.053	-0.047	-0.005	
	$\Delta T_{\mathrm{eq}}$ (°C)	2.21	-2.08	-0.20	
	$\lambda_{30\%  \text{RH}}  (\text{nm})$	1552.064	1572.572	1524.623	
30	$\lambda_{90\%~\mathrm{RH}}$ (nm)	1552.152	1572.475	1524.614	
30	$\Delta\lambda$ (nm)	0.089	-0.097	-0.008	
	$\Delta T_{\rm eq}$ (°C)	3.71	-4.29	-0.34	
	$\lambda_{35\%  \text{RH}}  (\text{nm})$	1551.985	1572.377	1524.415	
22	$\lambda_{90\%~\mathrm{RH}}$ (nm)	1552.076	1572.285	1524.407	
22	$\Delta\lambda$ (nm)	0.091	-0.092	-0.008	
	$\Delta T_{\rm eq}$ (°C)	3.83	-4.06	-0.30	
	$\lambda_{50\%  \mathrm{RH}}  (\mathrm{nm})$	1551.898	1572.065	1524.102	
10	$\lambda_{90\%\mathrm{RH}}$ (nm)	1551.953	1572.008	1524.092	
	$\Delta\lambda$ (nm)	0.055	-0.058	-0.010	
	$\Delta T_{\rm eq}$ (°C)	2.29	-2.55	-0.40	



FIGURE 11: Fiber break at one end of the Bragg grating in the FBG\_1 sensor.

influence that RH has on this carrier. If the FBG were held to the metallic carrier there should be a remarkable difference in the influence of the RH with the wavelength (such as that shown by FBG\_2 sensor in Figure 10(b)). This fact explains why the wavelength shift of the FBG\_1 sensor shows the opposite trend with RH in comparison with the rest of sensors exhibiting a linear behavior.

#### 4. Conclusions

We have studied the Bragg wavelength shift due to humidity for five different FBGS and configurations. Two types of tests have been performed, with FBGS instrumented and not instrumented. In the instrumented test the FBGS spot welded to the steel specimen show an instantaneous linear behavior in their Bragg wavelength shift with changes in the RH. We have applied least square methods in order to test their linearity, obtaining good polynomial fits for the FBG inscription and for the instrumented sensor assembly (FBG + metallic carrier). A humidity variation of 60%, from 30% to 90%, has the same influence on the Bragg wavelength than a variation of 4.45°C.

We have observed that an increase in the RH leads to a positive shift of the Bragg wavelength of the FBG sensor when it is detached from the metallic carrier; that is, this positive shift is due to the coating of the fiber. By contrast, the metallic carrier and the steel specimen induce negative Bragg wavelength shifts as the RH increases. In addition, we have confirmed that the positive Bragg wavelength shifts induced by the coating of the fiber are much lower compared to the negative Bragg wavelength shifts induced by the metallic carrier or the steel specimen. Therefore, the bonding material together with the specimen material induces the most dominant effects of the RH on the Bragg wavelength shift.

The FBGS epoxy bonded to both steel and CFRP specimens did show neither linear nor instantaneous behavior due to the humidity absorption of epoxy adhesives and CRFP materials. These results suggest that the absorption of humidity by the epoxy adhesive has to be investigated further, as well as the influence of humidity on the material where the sensor is instrumented.

#### **Conflict of Interests**

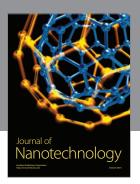
The authors declare that there is no conflict of interests regarding the publication of this paper.

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