

## **Importance of fisheries for food security across three climate change vulnerable deltas**

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## **Abstract**

Deltas are home to a large and growing proportion of the world's population, often living in conditions of extreme poverty. Deltaic ecosystems are ecologically significant as they support high biodiversity and a variety of fisheries, however these coastal environments are extremely vulnerable to climate change. This is due to the coincidence of physical and socio-economic characteristics that often vary geographically. The Ganges-Brahmaputra-Meghna (Bangladesh/India), the Mahanadi (India), and the Volta (Ghana) are among the most important and populous delta regions in the world and they are all considered at risk of food insecurity and climate change.

Worldwide, fisheries provide 17% of animal protein consumed and employ 56.6 million people, a proportion particularly high in the poorest countries. Fish is a key component of people's diet in many developing countries because it is often the only affordable and easily available source of animal protein. In Bangladesh and Ghana around 50-60% of animal protein is supplied by fish while in India this is about 12%. In these countries the fishery and aquaculture sectors are the main source of income for millions of families. Fish also makes an important portion of total exports in India (23.7%), Ghana (19.6%) and Bangladesh (4.8%). The main exported species differ across countries with Ghana and India dominated by marine fish species, whereas Bangladesh exports shrimps and prawns.

Due to their current fisheries policies and environmental vulnerability these countries are considered at risk of food insecurity caused by climate change and overfishing. The analysis provided in this paper highlights the importance of applying plans for fisheries management at regional level. Minimizing the impacts of climate change while increasing marine ecosystems resilience must be a priority for scientists and governments before these have dramatic impacts on millions of people's lives.

## 1. Introduction

According to the United Nations, the world population is likely to grow from the present 7.6 billion people to about 9.8 billion by 2050 and half of this growth is expected to be concentrated in developing countries (e.g. India, Nigeria, the Democratic Republic of the Congo, Pakistan, Ethiopia, the United Republic of Tanzania; United Nations, 2017). This unbalanced population growth will exacerbate the current problems of hunger and malnutrition already plaguing many poor communities of South Asia and Sub-Saharan Africa. To feed this growing world population it will be necessary to increase the global food production by 50% by 2050 (Food and Agriculture Organization of the United Nations, 2017a). Food insecurity is one of the major societal and international concerns and how to feed the increasing world population is a long-debated challenge amongst politicians, economists and scientists.

Fishery resources are an important source of proteins, vitamins and micronutrients that are not available in such quantity and diversity either in crops or in other animal products. They represent circa 17% of animal protein consumed by many low-income populations in rural areas (Food and Agriculture Organization of the United Nations, 2016). In recent years, the world per capita fish consumption has doubled from an average of 9.9 kg in the 1960s to above 20kg in 2016 (Food and Agriculture Organization of the United Nations, 2017b) as a result of a combination of factors such as: population growth, increasing incomes and urbanization, strong expansion of fish production and more efficient distribution channels (Food and Agriculture Organization of the United Nations, 2014a). However, fish consumption varies massively from country to country depending on local traditions and supplies. For example, fish is a key component of people's diet in many developing countries because it is often the only affordable and easily available source of animal protein. In fact, in Bangladesh, Cambodia and Ghana around 50% of animal protein comes from fish, while in India it provides only 12.4% of the total animal protein supply (Dey et al., 2010). In addition, because of their geographical and social characteristics these countries are highly vulnerable to the potential impacts of global and regional climate change, and future projections suggest a negative impact on their fisheries production (Barange et al., 2014; Fernandes et al., 2016).

27 Deltas are home to a large and growing proportion of the world's population and in developing countries the  
28 average population density in coastal areas is about 80 persons per km<sup>2</sup>, twice the world's average figure  
29 (United Nations System-Wide Earthwatch, 2003). In most cases people that live in delta areas experience  
30 extremes of poverty. Deltas are important for biodiversity (e.g. they contribute to sustaining mangrove  
31 forests, support wetland animals and plant communities, provide shelter for young fish), nevertheless these  
32 coastal environments are extremely vulnerable to climate change. This is due to the coincidence of physical  
33 characteristics (e.g. low elevation and high flood probability, significant land erosion and gain, dependence  
34 on fluvial inputs of water and sediment) and socio-economic characteristics (e.g. high population density,  
35 high prevalence of poverty and low levels of socio-economic development). Here we present a review of the  
36 fisheries and aquaculture sectors and associated socio-economic structure of three important populous  
37 deltas of the world at risk of food security and climate change: the Ganges-Brahmaputra-Meghna (GBM)  
38 delta (Bangladesh/India), the Mahanadi delta (India), and the Volta delta (Ghana). These deltas are different  
39 geo-physically, economically, and in their social, governance and cultural characteristics.

40  
41 The Ganges-Brahmaputra-Meghna (GBM) delta is the largest delta in the world and supports the fisheries of  
42 Bangladesh and parts of India. Both countries are among the countries most affected by climate change and  
43 weather events during the last two decades (Sönke et al., 2015). Bangladesh is sixth and India ranks 14<sup>th</sup>,  
44 however in 2014 and 2015, India ranked fourth and tenth respectively since the country faced several types  
45 of extreme weather events in 2015. After floods in February and March due to unseasonal rainfall, India  
46 suffered from one of the deadliest heatwaves in world history (EMDAT) killing more than 2,300 people in  
47 May, followed by a much weaker monsoon than normal. These results emphasise the vulnerability of poor  
48 and developing countries to climatic risks. This GBM delta is located in the flood plains of Bangladesh and  
49 southern part of West Bengal (India) and is formed by waters from a vast complex river basin and their  
50 tributaries (Mouths of the Ganges, FAO, 2006). The Sunderbans, a world heritage site and the world's largest  
51 block of mangrove ecosystem, is a part of this delta and shared by these two countries.

52

53 The Bangladesh delta region is one of the poorest region worldwide (FAO, 2006). The coastal population of  
54 Bangladesh has doubled since the 1980s, now reaching more than 16 million (circa 10% of the total  
55 population) and a great proportion experience poverty as well as environmental vulnerability (Allison et al.,  
56 2009; Newton et al., 2007). The Indian part of the GBM delta (Indian Sundarbans Delta, West Bengal)  
57 comprises 102 islands of which 54 are inhabited. The population is almost 4.6 million and growing by 2% per  
58 annum (Hazra et al., 2002). Changes in coastal morphology due to erosion and accretion (Thomas et al., 2014)  
59 along with anthropogenic activities are influencing the coastal ecosystems and its functioning. These changes  
60 are affecting the socio-economic well-being of the inhabitants (Malone et al., 2010).

61  
62 The Mahanadi delta in India is formed by the discharge of three major rivers: Mahanadi, Brahmani and  
63 Baitarini. It has a coastline of 200 km and covers approximately 3% of the area of Odisha state. The delta is  
64 the ecological and socio-economic centre of Odisha, supporting a large population, of which most are farmers  
65 with incomes on or close to the poverty line (Food and Agriculture Organization of the United Nations,  
66 2015a). The luxuriant mangrove forests of Bhitarkanika, the nesting grounds for the Olive Ridley Turtle on  
67 the spits and sandy barrier islands and the rich aquatic life of the Chilika lagoon make it an important  
68 biodiversity hotspot.

69  
70 The Volta delta, in the south-east of Ghana, is the smallest of the three deltas considered here. It covers an  
71 area of 4553 km<sup>2</sup> and supports a population of 856,000 (DECCMA Brief, 2017). The main sources of livelihood  
72 are agriculture, fishing and salt production. Drought, flooding, coastal erosion and salinization are key issues  
73 for people working in these sectors, with loss of landing sites due to erosion being a key issue for fishers.

74  
75 The Ganges-Brahmaputra-Meghna delta, the Mahanadi and Voltas delta support millions of people's lives by  
76 providing food, home and resources, therefore a deep knowledge of their status is necessary in the context  
77 of resources management and regional developing planning. In the following sections we provide an  
78 overview of the fisheries sector in Bangladesh, India and Ghana with detailed information for each country.

79

80

## 81 **2. Overview of fisheries in Bangladesh, India and Ghana**

82 The fishery sector plays a central role in the national economy, employment and food security of the  
83 countries where the GBM, Mahanadi and Volta deltas are located, representing the main earning activity for  
84 the poorest people and contributing between 4-5% of the Gross Domestic Product (GDP) (Asiedu and Nunoo,  
85 2013; Mruthyunjaya et al., 2004) (Table 1). In Bangladesh and Ghana around 50-60% of animal protein is  
86 supplied by fish in contrast to India where this accounts only for the 12% (DoF, 2013; Food and Agriculture  
87 Organization of the United Nations, 2015a; Speedy, 2003). This difference is probably due the fact that India  
88 exports higher volumes of fish products than the other countries (Table 1), but it could also be related to  
89 social aspects. In India there are a high number of vegetarians while in Bangladesh fish is one of the main  
90 staples in the national diet as a complement to rice, giving rise to the saying “Machhe Bhate Bangali”, literally  
91 meaning “fish and rice make a Bengali”. This is also confirmed by the average consumption of fish products  
92 which in Bangladesh is 14kg/year per person (DANIDA-DFID, 2003) almost double the amount that is  
93 consumed in India (8.2kg; Table 1; (Mruthyunjaya et al., 2004).

94

95 The fisheries sector provides employment to about 10% of the total population in Bangladesh and 73% of  
96 rural households are involved in aquaculture (Dey et al., 2010). Bangladesh is the fourth highest producer of  
97 inland fisheries and the sixth highest aquaculture producer in the world (Food and Agriculture Organization  
98 of the United Nations, 2016); since independence in 1971 the fisheries industry has seen steady growth, with  
99 production tripling in the last two decades (Dey et al., 2010; Golub and Varma, 2014).

100

101 In India over 14.5 million people depend on fisheries activities, making this sector a pillar for the country's  
102 economy and livelihood security (Food and Agriculture Organization of the United Nations, 2015a). The total  
103 fish and fisheries-derived goods production reached 9.6 million tonnes during 2013-14; the country is the  
104 third largest inland capture and aquaculture producer in the world (Food and Agriculture Organization of the

105 United Nations, 2016; Government of India, 2014). The overall growth in this sector in 2013-14 was 5.9%,  
106 which has been mainly due to 7.3% growth in inland fish production while the growth in marine fish  
107 production has been 3.7%. The export of fish and fish products has risen generating an economic turnover of  
108 Rs. 30213.26 crores (US\$46.5 million) during 2013-14 (Government of India, 2014). In spite of the importance  
109 of fisheries for the country, Indian fishing communities are ranked among the poorest. This is due to multiple  
110 reasons such as the decline in availability of fish from the coastal waters (which is accompanied by a declining  
111 access of the poor to fish resources because of changes in fishing technology from subsistence-based  
112 artisanal activities to sophisticated modern technologies) and in market supply chains (De Young, 2006). The  
113 two Indian deltas (Mahanadi & GBM-India) comprise 0.4 % and 0.43 % of the land area of India respectively,  
114 but provide 4.4 % and 6.07 % of fish production.

115  
116 In Ghana the fisheries sector produces 420,000 tons of fish per year (Ministry of Food and Agriculture, 2010),  
117 playing a major role in the national economy, employment and food security for the country. Fish is  
118 consumed daily and is one of the main staples in Ghanaians' diet (fish consumption exceeds 50% of animal  
119 consumption). This is because fish is a relatively low-price source of protein compared to other high-quality  
120 protein sources (i.e. milk, meat and eggs) and has a long shelf life through low-cost sustainable technologies  
121 such as smoking, drying and salting. About 2 million people are dependent on the fisheries subsector for their  
122 livelihood (Ministry of Food and Agriculture, 2010), which includes 110,000 small-scale fishers in the marine  
123 sector and 71,000 small-scale fishers for Lake Volta (Ministry of Food and Agriculture, 2010). The fisheries  
124 sector supports about 10% of the population (Seini et al., 2004) and is also important from a gender  
125 perspective. Men are involved in fish harvesting, undertaking the main fishing activities in the artisanal, semi-  
126 industrial and the industrial sectors, while women are the key players in on-shore post-harvest activities,  
127 undertaking fish processing and storage and trade activities (Cobbina, 2010). Currently Ghana is estimated  
128 to require 880,000 tons of fish per year which is almost double the country's total production (Ministry of  
129 Food and Agriculture, 2010). To account for this deficit Ghana imports a large volume of fish (DoF, 2007)  
130 however this is still not enough for the country to meet its fish demand. Statistics indicate that about 18.2%

131 of Ghanaians who fall below the extreme poverty line are chronically food insecure while about 10.3% are  
132 classified as poor and vulnerable to food insecurity (Ministry of Food and Agriculture, 2010).

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	Bangladesh/India GBM delta	India Mahanadi delta	Ghana Volta delta	Reference
Contribution of fisheries to GDP %	4.4	4.7	4.2	(Asiedu and Nunoo, 2013; Jose A Fernandes et al., 2016; Mruthyunjaya et al., 2004)
Consumption (fish protein intake %)	60	12	60	(DoF, 2013; Sarpong et al., 2005; Speedy, 2003)
Per capita consumption/year (kg)	14	8.2	25	(DANIDA-DFID, 2003; Mruthyunjaya et al., 2004)
Contribution of export to country economy (%)	4.8	23.7	19.6	(FAO, 2006; Maung, 2004; Sarpong et al., 2005)

135

136 **Table 1.** Summary table showing the importance of fisheries in the 3 deltas.

137

138

### 139 3. Structure of the fisheries sector in Bangladesh, India and Ghana

140 In the three delta regions catches come from marine, inland and aquaculture sectors, which have different  
 141 importance depending on the countries that exploit them (Table 2). In general, the three countries show a  
 142 continuous increase in fish production driven mainly by aquaculture and to a lower degree by marine catches  
 143 (Figure 1). The country where aquaculture and inland fisheries is most developed is India followed by  
 144 Bangladesh, while Ghana is the country that shows the highest proportion of marine catches. However,  
 145 Ghana also shows a high increase in aquaculture during last decade (Figure 1).

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Country	Marine %	Inland %	Aquaculture %
Bangladesh	20	37	43
India	17	23	60
Ghana	70	27	3

156 **Table 2.** Percentage of the contribution per sector to the total catches in the three deltas. Data are from  
157 <http://www.fao.org/fishery/statistics> FAO Global database data relative to 2010.  
158

159

160 In Bangladesh marine catches come from the Bay of Bengal ecosystem, which includes 86,392 km<sup>2</sup> of  
161 Bangladesh Exclusive Economic Zone (EEZ). In this area about 225 trawlers and 52,514 mechanized and non-  
162 mechanized boats are engaged in fishing (DoF, 2013). Inland fisheries include both open waters (i.e. rivers,  
163 estuaries, lake and flood plains) as well as semi-enclosed water bodies (i.e. lake and shrimp/prawn farms).  
164 Here aquaculture provides most of fish production, although this strongly depends on the provision of larvae  
165 and juveniles from wild river and marine ecosystems (Kathun, 2004).

166

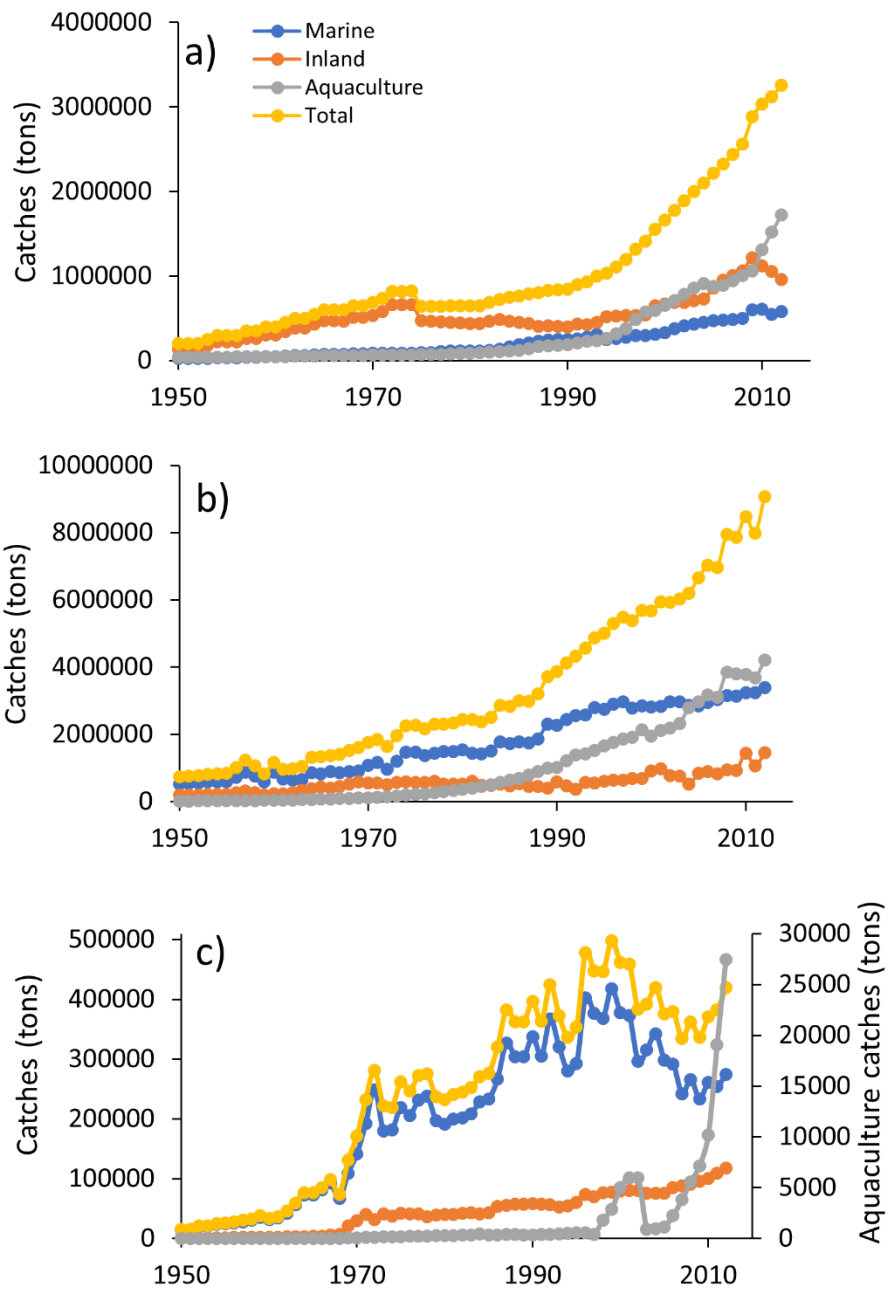
167 In India freshwater and marine fisheries provide about 40% of total fish production but the main contribution  
168 to the country' economy comes from fish farming (Table 2; Figure 1b) and tilapia (*Oreochromis niloticus*). In  
169 terms of numbers of fishers and distribution of assets major differences occur between the east and west  
170 coasts of the country. For example, while the eastern coast, including the GBM and Mahandi deltas, accounts  
171 for 55% of total number of fishing vessels, the number of active fishers is higher in the west coast (about 65%  
172 of total population; (De Young, 2006). According to the Handbook of Fisheries Statistics of India (2014), the  
173 west coast of India is more dominated by motorised crafts and mechanised boats, compared to the east  
174 coast. The Mahanadi (Odisha) and GBM-India (West Bengal) deltaic regions contribute about 10.47% of the  
175 total marine fish catch of India. These two states cover a coastline of 638 km and 43,000 km<sup>2</sup> of continental  
176 shelf. The number of boats operated in the Mahanadi delta region during 2013-14 (including the brackish  
177 water and the open sea) was 17,925 of which 7,208 were motorised, 8,962 non-motorised (country crafts)

178 and 1,755 mechanized. In West Bengal, the total number of boats operated in the ocean during 2013-14 was  
179 7066 (3888 mechanized boats and 3178 non-mechanized boats; (Government of India, 2014)).

180

181 In Ghana the marine sub-sector is the most significant source of local fish production and supplies about 70%  
182 of the total fish amount (Table 2; Figure 1). Marine fish production in Ghana has generally been assessed as  
183 among the highest in the Western Gulf of Guinea and this is mainly due to the occurrence of the seasonal  
184 upwelling events which tend to promote the general biological productivity in the region (Kwei and Ofori-  
185 Adu, 2005). The average annual domestic production between 1993 and 2000 was about 358,000 tonnes and  
186 was approximately 80% of overall fish supply (Food and Agricultural Organization, 2004). The inland  
187 freshwater captures come from Lake Volta, which has a rich biodiversity of fish (140 species; Braimah, 2003)  
188 and provides livelihood for about 300,000 people who live around the lake. Lake Volta was estimated to have  
189 produced over 70,000 tonnes of fish in 2002 which is about 16% of total domestic production and 85% of  
190 inland fisheries output. Stock assessment studies suggest that there is over-exploitation of major  
191 commercially important stocks in the lake (Ofori-Danson, 1999). This serious situation is aggravated by the  
192 progressive reduction in water level, brought about by poor rains in the Volta basin. The aquaculture sector  
193 is dominated by small scale operators (Cobbina, 2010), although the country has a great potential for  
194 aquaculture development, this sub-sector is still largely underexploited (Hiheglo, 2008). Aquaculture  
195 production could be important to Ghana as it can potentially bridge the gap between fish demand and supply,  
196 as well as support the country's export of fish products. The industry is growing rapidly, with hatcheries  
197 developed in less than one decade now producing 80 million fish seeds in a small area. However, only 2.5 %  
198 of the fish seed is produced in the coastal delta area. Currently export of fish and fishery products are very  
199 important for the country's economy accounting for over 50% of earnings (Sarpong et al., 2005).

200



201  
 202 **Figure 1.** Fisheries production (expressed in tonnes) in Bangladesh (a), India (b) and Ghana (c) between 1950 and  
 203 2012.

204  
 205 **4. Fleet structures in Bangladesh, India and Ghana**

206 In delta areas marine capture fisheries can be further subdivided into subsistence, artisanal and industrial  
 207 fisheries, though the distinction between the first two sub-sectors is not very clear (Table 3; FAO, 2006).

208

209 In Bangladesh the artisanal sector is the most productive (99% of volume of landings; Table 4; Figure 2a).  
210 Marine fishing activities occur at shallow depths (within 100m) while deep-water resources remain  
211 unexplored by Bangladesh fishers; although there are reports of significant illegal foreign fishing offshore this  
212 is still not addressed due to a lack of surveillance activity. Subsistence fisheries are of great importance in  
213 Bangladesh (catches in Bangladesh were over 13.5 million tonnes from 1950-2010; Ullah et al., 2014) as many  
214 people feed their families in this manner, however species of greater commercial value are not fished for  
215 subsistence purposes (e.g. the low commercial value Bombay duck is the most popular subsistence species,  
216 representing over 12% of the catch). The only industrial fishing developed in Bangladesh operates out of  
217 Chittagong on the east coast and comprises two distinct industrial fisheries: longline tuna and bottom trawl  
218 (Table 4; FAO, 2006). The most important artisanal fisheries are reported by DoF as mechanized gillnet, pots  
219 and traps, as well as estuarine set bag net fishery (Table 4). Model projections in Bangladesh show that catch  
220 increases are not due to an increase of the sea's productivity, but to an increase of fishing pressure from an  
221 increase in coastal population (Jose A Fernandes et al., 2016), for example Hilsa shad has been estimated to  
222 be fished at 2-3 times the Maximum Sustainable Yield (MSY).

Type of fisheries	Description
Industrial	Capital-intensive fisheries using relatively large vessels with a high degree of mechanization and that normally have advanced fish finding and navigational equipment. Such fisheries have a high production capacity and the catch per unit effort is normally relatively high.
Artisanal	Typically traditional fisheries involving fishing households (as opposed to commercial companies), using relatively small amount of capital, relatively small fishing vessels, making short fishing trips, close to shore, mainly for local consumption.
Subsistence	A fishery where the fish caught are shared and consumed directly by the families and kin of the fishers rather than being bought by intermediaries and sold at the next larger market. Pure subsistence fisheries are rare as part of the products are often sold or exchanged for other goods or services.

223

224 **Table 3.** Description of the types of fisheries occurring in the three deltas.

225

226 In India industrial (or mechanized) and artisanal fisheries are equally important (Vivekanandan, 2002)(Table  
 227 4; Figure 2b). Artisanal fisheries represent a significant portion of India’s fisheries and the major fishing  
 228 activities are concentrated in the areas shallower than 100m deep (Planning Commission, 2011). In the GBM  
 229 delta region about 68% of all vessels are non-mechanized with most of them less than 20m in length overall.  
 230 Artisanal vessels consist of catamarans and plank-built boats and the main gear types are usually gillnets,  
 231 boat seines and driftnets (Table 2). Differently mechanized vessels are mainly used for trawling but also  
 232 purse-seining, long lining and gillnetting (Table 2; FAO, 2006). Approximately 67% of the total fish produced  
 233 in the country is consumed in fresh forms and nearly 6% is used for fish meal production, the rest (about  
 234 27%) is exported (Planning Commission, 2011).

Country	Artisanal landings	Industrial landings
Bangladesh	<ul style="list-style-type: none"> <li>•99%</li> <li>•Gillnets</li> <li>•Pots &amp; Traps</li> </ul>	<ul style="list-style-type: none"> <li>•1%</li> <li>•Bottom trawl</li> <li>•Longline tuna</li> </ul>
India	<ul style="list-style-type: none"> <li>•49%</li> <li>•Gillnets</li> <li>•Boat seines</li> <li>•Driftnets</li> </ul>	<ul style="list-style-type: none"> <li>•51%</li> <li>•Shrimp trawl</li> <li>•Mid-water trawls</li> <li>•Bottom trawls</li> </ul>
Ghana	<ul style="list-style-type: none"> <li>•49%</li> <li>•Gillnets</li> <li>•Seine nets</li> <li>•Hooks or gorges</li> </ul>	<ul style="list-style-type: none"> <li>•51%</li> <li>•Purse seines</li> <li>•Mid-water trawls</li> </ul>

249 **Table 4.** Landings by gear type in the three deltas regions. The percentages of artisanal and industrial landings  
 250 are calculated from the EEZ database (available at <http://www.seaaroundus.org/>).  
 251

252

253 In Ghana the marine sector includes small scale (artisanal or canoe), semi-industrial (or inshore) and  
254 industrial fisheries (Figure 2c). Artisanal fishery is the most important in terms of output producing about  
255 70% of the total marine supply (Food and Agriculture Organization of the United Nations, 2007). The  
256 industrial sector in Ghana's Volta delta includes many locally built semi-industrial trawler/purse seiners with  
257 wooden hulls, the tuna fleets and the formerly the distant water fleet of Ghana. Small scale fisheries include  
258 both artisanal and subsistence fisheries ( Figure 2c). This fishery accounts for 12,000 artisanal canoes  
259 (Bannerman, 2015) and it has about 200,000 fishers operating from 334 landing centres in 195 fishing villages  
260 located along the coast (Amador et al., 2006). Several gears are used (Table 4), in particular beach seine, set  
261 net, hook and line, drift gill net (Asiedu and Nunoo, 2013). Canoe fishers also use a variety of gears, including  
262 gill and entangling nets, seine nets (purse and seine nets) to exploit both pelagic and demersal fish species.  
263 This fleet is responsible for over 70% of the total annual landings of both pelagic (e.g. sardines, mackerels  
264 and anchovies) and demersal fish species (e.g. croakers, breams, snappers) (Asiedu and Nunoo, 2013).  
265 Lagoon subsistence catches contribute to the national fisheries and various types of gears are used in lagoon  
266 fishing, including cast nets and set nets. The most productive of these lagoons is the Keta lagoon which is  
267 estimated to have a potential total annual fish landing of 4,000 tonnes. In the Ghanaian artisanal fisheries,  
268 discards are negligible as almost all catch is sold and consumed, in contrast in the industrial sector, and  
269 especially the shrimping sector, up to 80% of the catch is by-catch, and much of it is discarded (Asiedu and  
270 Nunoo, 2013).

271

## 272 **5. Main fished species in the three delta regions**

273 Fisheries in delta zones are dominated by species such as sardines and Hilsa Shad whose life cycle are entirely  
274 or partially marine (Figure 3). However, in both Bangladesh and India higher captures are made of freshwater  
275 species, mostly carp and catfish species (Figures 3a-b).

276

277 Hilsa shad is the national fish of Bangladesh (locally known as ilish or ilisha), and it is found in marine, coastal  
278 and freshwater environments. A significant part of the catch is exported to India, where it is especially  
279 consumed on religious holidays, and it is also eaten by non-resident Bangladeshis living in many countries. In  
280 2012-13, it contributed to 10% of the total fish production of Bangladesh (0.35 million tonnes with a market  
281 value of \$2250 million) and contributed about 1% of Bangladesh's GDP. (Fernandes et al., 2016). During the  
282 last two decades hilsa production from inland waters declined by about 20%, whereas marine water yield  
283 increased by about 3 times (Kathun, 2004). Bombay duck provides the second largest fish catches in the  
284 Bangladesh coastal region (Figure 3a; Table A1) and is usually consumed fresh or dried. It represents a  
285 lucrative fishery in the Bay of Bengal despite its price being approximately six times lower than Hilsa, because  
286 it is more affordable for the poorest people (Jose A Fernandes et al., 2016). Indian major carps, exotic carps  
287 and catfish are the most commonly cultured species in the lakes of the delta (Figure 3a; Table A1). Some  
288 carps such as *Catla catla*, *Labeo rohita*, *Cirrhinus mrigala* and *Labeo calbasu* along with exotic carps (see Table  
289 A1) are cultured in polyculture system in ponds, while coastal areas are dominated by cultured giant tiger  
290 prawn (*Penaeus monodon*) and giant river prawn (*Macrobrachium rosenbergii*) (Azim et al., 2002).

291  
292 On the eastern coast of India, the fish species that contribute to most of the catches are Hilsa shad and Indian  
293 oil sardine, followed by the farmed Catla and Rohu (Figure 3b; Table A2). However, some differences occur at  
294 state level; Scombridae are quite an important part of the marine landings in the Odisha state while  
295 production of major carps, minor carps and catfishes is much higher in West Bengal (Lauria et al., 2017). In  
296 general, an increase in landings has been recorded in both states during the period 1976-2005 (Central  
297 Marine Fisheries Research Institute). Three species of Indian carps (Rohu *Labeo rohita*, Catla *Catla catla* and  
298 Mrigal *Cirrhinus mrigala*) account for over 70-75% of total Indian fresh water fish production as well as  
299 freshwater prawns (i.e. *Macrobrachium rosenbergii* and *Pangasius pangasius*) that are farmed almost  
300 exclusively for export (Ayyappan, 2016). In contrast, almost the totality of fish produced by aquaculture is  
301 consumed by the domestic market (Food and Agriculture Organization of the United Nations, 2015a). Along  
302 with the carps, culture of catfishes (air-breathing and non-air breathing), tilapia (*Oreochromis niloticus*) are



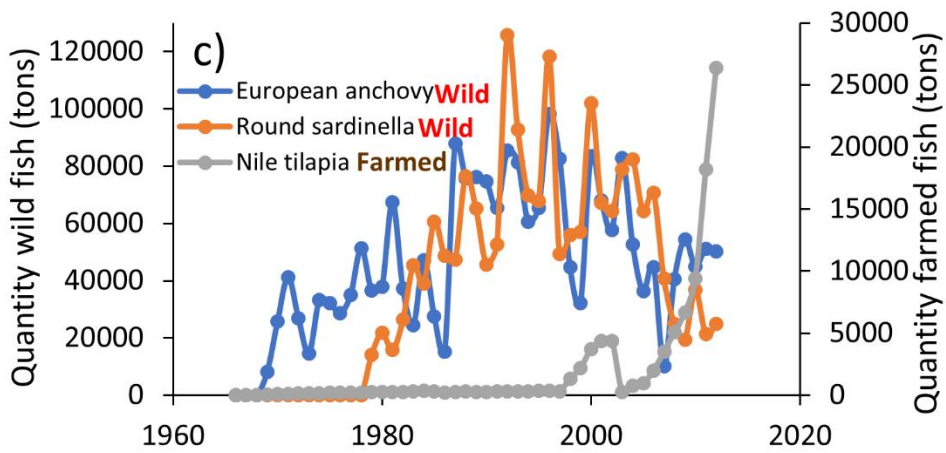
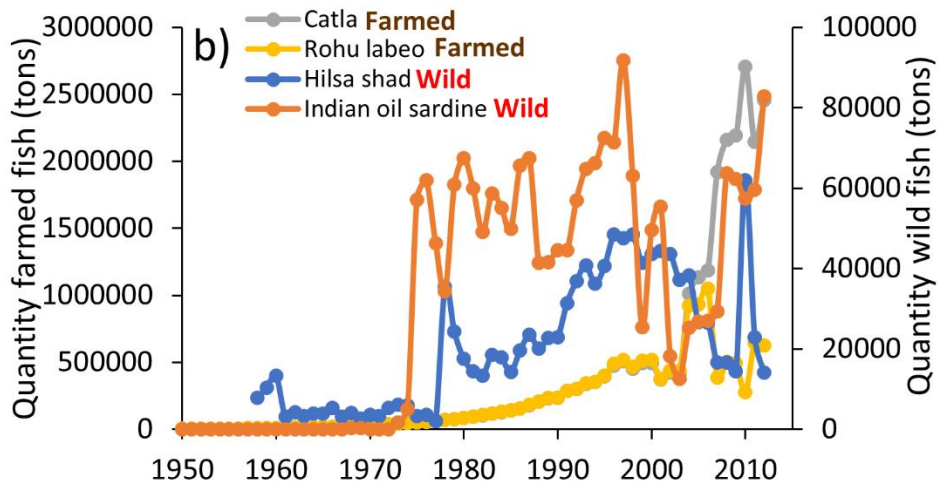
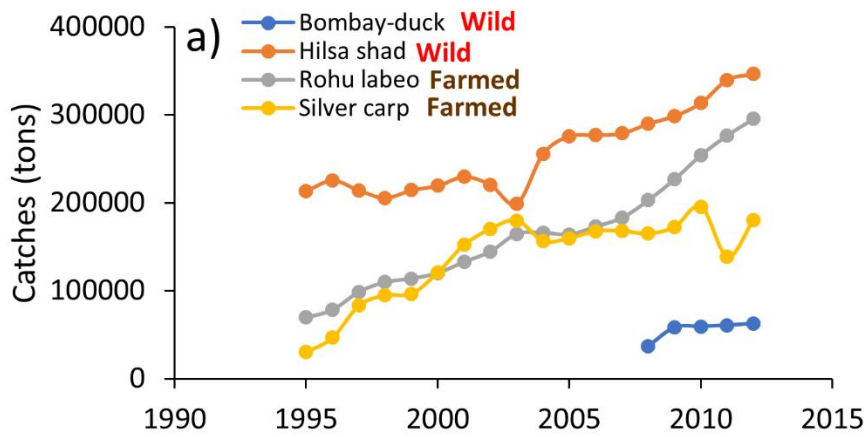
303 also very popular. In brackish water sector, the aquaculture includes culture of shrimp varieties like native  
304 giant tiger prawn (*Penaeus monodon*) and exotic white-leg shrimp (*Penaeus vannamei*) (Ayyappan, 2016). In  
305 the early 1970s, Fish Farmers Development Agency (FFDA) was set up with World Bank assistance to promote  
306 the adoption of modern aquaculture techniques and thereby increase fish production. Along with the  
307 production of native species (i.e. Catla, Rohu and Mrigal) three exotic species (Silver carp  
308 *Hypophthalmichthys molitrix*, Grass carp *Ctenopharyngodon idella* and Common carp *Cyprinus carpio*) are  
309 also intensively farmed (Katiha, 2000). The national average productivity from FFDA has rapidly increased  
310 making aquaculture a fast-growing enterprise and a viable alternative to the declining capture fisheries in  
311 India (Katiha, 2000). Fish consumption per species varies, on average freshwater carps (i.e. Catla, Rohu labeo  
312 and Mrigall) and low value marine pelagic fishes (Sardines and Bombay duck *Harpadon nehereus*) constitute  
313 the major share of total fish consumption even if the amount consumed differs among social classes (the  
314 richest consuming on average more than poor people; Maung, 2004). Some data on the economic value of  
315 freshwater carps and main fished species for West Bengal are available from the Handbook of Fisheries  
316 Statistics (2012-13). Carps are generally sold between 90-185 Rs/kg (US\$1.4-2.8), while Hilsa is one of the  
317 most expensive species with a general price varying between 250-365 Rs/kg (US\$3.8-5.6). however because  
318 of its limited availability (this species is mainly available during the monsoon season, while a small batch is  
319 also recruited during winter) its price can reach . 1500-1600 Rs/kg (US\$23-25) in some years (as per  
320 discussion with local fishermen).

321  
322 Among Ghana's marine coastal fisheries pelagic fish account for about 65% of total landings (Nunoo et al.,  
323 2014b)(Figure 3c; Table A3). Round sardinella (*Sardinella aurita*), Madeiran sardinella (*Sardinella maderensis*)  
324 and Atlantic chub mackerel (*Scomber colias*) are very important in the entire Gulf of Guinea (Ansa-Emmim,  
325 1973) followed by Scombridae, Carangidae and Thunninae (i.e. yellowfin tuna *Thunnus albacares*, skipjack  
326 *Katsuwonus pelamis* and big-eye *Thunnus obesus*; Nunoo et al., 2014). Between 2001 and 2010, skipjack tuna  
327 dominated in terms of total catches followed by yellowfin and bigeye (Adinortey, 2014). Among the farmed  
328 fish there are several species of tilapia (e.g. Redbelly tilapia *Tilapia zillii* and Mango tilapia *Sarotherodon*

329 *galilaeus*, Nile tilapia *Oreochromis niloticus*) with the latter being one of the most important in terms of  
330 catches (Figure 3c). Of relevance are also the banded jewelfish (*Hemichromis fasciatus*), and the catfishes  
331 (African sharptooth catfish *Clarias gariepinus* and African catfish *Heterobranchus bidorsalis*) (Table A3).  
332 Information on their relative importance is scarce but tilapias are the most dominant species in aquaculture  
333 with a production of about 80% of the total (760 tonnes) (Food and Agriculture Organization of the United  
334 Nations, 2015b). Both tilapia and North African catfish sell at ₵15 000 (US\$ 1.63)/kg in Kumasi, Ghana's  
335 second largest city. In Accra, the largest city and the capital of Ghana, the cage culture farm sells tilapia at ₵35  
336 000 (US\$ 3.80)/kg at its sales outlets, while *Clarias* spp. sells for ₵50 000 (US\$ 5.44)/kg (Food and Agriculture  
337 Organization of the United Nations, 2015b).

338

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340 **Figure 3.** Main fished species (expressed in tonnes) in the three deltas in Bangladesh (a), India (b) and Ghana (c)  
 341 between 1950 and 2012.

342

343 **6. Economic importance of the fisheries sector**

344 *6.1 Present state of the fisheries sector in the deltas*

345 The fishing sector, especially the artisanal and semi-industrial fisheries, has long been the prime source of  
346 employment for unskilled young men (Pauly, 1976), this is particularly true in delta areas where aside from  
347 professional fishermen there are also many people that fish occasionally to procure food for their families  
348 (subsistence fishermen). In Bangladesh the fisheries sector provides employment to 12 million people, of  
349 which 1.4 million rely exclusively on fisheries (DoF, 2002). Of these there are 900 000 in the marine fisheries  
350 sub-sector (including up to 450 000 seasonal fry fishers, mainly women and children). An estimated 9.5  
351 million people (73 percent) are involved in subsistence fisheries on the country's flood plains. There are 3.08  
352 million fish farmers, 1.28 million inland fishermen and it is estimated that fisheries and related activities  
353 support more than 7 percent of the country's population (Food and Agriculture Organization of the United  
354 Nations, 2014b). In Bangladesh most of the poor people work in the fisheries sectors; they are employed as  
355 labour under rich fish/shrimp farmers, boat/net owners and fish traders and receive daily wages about 200-  
356 250 taka (\$US2.5-3.1) (Kathun, 2004).

357  
358 Fisheries products are exported from Bangladesh to Europe, USA and Japan, of these 90% are frozen shrimp  
359 and prawns (Kathun, 2004). In 2003 shrimp exports amounted to US\$ 297.04 million which was  
360 approximately 5% of total exports. More than 2 million people are engaged in upstream and downstream  
361 activities related to the shrimp industry in the country, such as harvesting, culture, processing, exporting and  
362 other ancillary activities (Aftabuzzaman, 2004). Bangladesh fish exporters have faced many problems  
363 meeting international food safety and quality standards over the years (BBS, 2001). These situations pushed  
364 the government, local industry and external donors to invest a conspicuous amount of money to upgrade  
365 plant infrastructure, train employees and audit sanitary facilities (Dey et al., 2010; Golub and Varma, 2014).  
366 The country also imports several commodities, most notably fish meal and dried salted or unsalted fish (Food  
367 and Agriculture Organization of the United Nations, 2015a).

368

369 The fishery sector is also quite important in India as it provides jobs to 14.5 million of people (of whom 32%  
370 are men, 28% are women and as many as 40% are children; data from a census in 2003 conducted by the  
371 Indian government; Planning Commission, 2011). Women play an important role in fisheries and aquaculture  
372 in India, both in pre-harvest and post-harvest processing (ICSF). They work as paid/ unpaid workers in  
373 fisheries industries or within the community respectively. According to the CMFRI (Central Marine Fisheries  
374 Research Institute) census 2005, 48% of the marine fisher folk community of India are women. The major  
375 fishing related activities are marketing (41.8%), labour (i.e. intended as not active fishing) (18.4%) and  
376 curing/processing (18%). A large part of fishermen operate on the east coast (37% of the total fishermen in  
377 India; Planning Commission, 2011). Fishery products hold a prime status among the various commodities  
378 exported from India and represent about 13% of the total exports (Shinoj et al., 2009). Until 1960 export of  
379 Indian marine products mainly consisted of dried items (i.e. dried fish and dried shrimp), but since 1961 the  
380 export of dried marine products was overtaken by that of frozen items, leading to a steady growth in export  
381 earnings to new countries such as Japan, USA, Europe and Australia (Kaza and Venkataiah, 2012). The main  
382 commodities exported are frozen shrimps and prawns, as well as fish (including ribbon fish, oil sardine and  
383 mackerel) but the main contribution to exports comes from Indian shrimp aquaculture (Shinoj et al., 2009).  
384 Although the selling price of these crustaceans is less lucrative than fish, prawns and shrimps still bring high  
385 economic returns to India. Marked differences occur between the east and west coast of India, with the east  
386 coast traditionally exporting more low volume-high value products (mainly shrimp) than the west coast  
387 (Shinoj et al., 2009). In comparison, Indian imports of fish and seafood products are very low, this is probably  
388 because of past import bans that led to high tariffs and complicated licensing schemes (Food and Agriculture  
389 Organization of the United Nations, 2015a).

390

391 In the Volta delta region, the fishing sector employs about 20% of the total labour in Ghana (Afful, 1993;  
392 Anon, 1995; Quatey, 1997). A canoe census conducted for the marine fisheries in 2001 estimated 120,000  
393 artisanal fishermen suggesting that the artisanal fishing sector is a growing source of employment  
394 (Bannerman et al., 2001). However, the combination of an increased number of fishers per boat between

395 1992 and 2001 and overall reduced catches/boat (from 35 tonnes in 1992 to 23 tonnes in 2001) indicates the  
396 decline of this sector as a source of gainful employment (Atta-Mills et al., 2004). Because of the increased  
397 number of boats, the earnings of fishermen have decreased. Ghana exports about 12% of the total national  
398 fish products; one of most significant non-traditional fish export is canned tuna but also canned and fresh  
399 tilapia, and shark meat and fins are exported to the European Union, Japan, United States of America,  
400 Canada, Hong Kong and Singapore (Food and Agriculture Organization of the United Nations, 2015b). It is  
401 estimated that the total value of fish exports from Ghana increased from US\$ 68.5 million to 84 million  
402 between 1997 and 2000 (Food and Agriculture Organization of the United Nations, 2015b). Despite the  
403 export of fish products, the country is not able to meet its fish demand. Currently fish is imported to fill the  
404 seasonal and annual deficits, among the species imported are frozen horse mackerel (*Trachurus trachurus*),  
405 chub mackerel (*Scomber japonicus*) as well as sardinella, mainly during the lean season November to May  
406 (Food and Agriculture Organization of the United Nations, 2015b).

407

#### 408 *6.2 The fisheries sector within the wider socioeconomic context in the three deltas*

409 Data from the Census of the years 2010 and 2011 of Bangladesh, India and Ghana complemented by statistics  
410 from the states for those years (i.e. the elaboration of multi-regional input-output tables for the delta and  
411 non-delta regions for each of these countries based on Cazcarro et al., 2018) are presented in Table 5. These  
412 show the importance of the fisheries in comparison with other sectors, but also in relation (through the  
413 supply chains) to them. In addition, the main economic magnitudes (production and value added) and  
414 employment in fisheries in the deltas (also by gender) are shown (Figure 4). To compare the deltas with  
415 socioeconomic magnitudes in the rest of the country, we split the Ganges-Brahmaputra-Meghna into the  
416 Bangladeshi Bengal Delta and the Indian Sundarbans Delta sides.

417

418

419

	Total Value Added (Mio \$)	Share	Value Added Fisheries (Mio \$)	Share	Value Added Fisheries/ Total Value Added
Bangladesh	107,015	100.0%	1,990	100.0%	1.9%
<i>Bangladeshi Bengal Delta</i>	30,343	28.4%	1,275	64.1%	4.2%
<i>Rest of Bangladesh</i>	76,672	71.6%	715	35.9%	0.9%
India	1,753,854	100.0%	14,175	100.0%	0.8%
<i>Indian Sundarbans Delta</i>	17,443	1.0%	710	5.0%	4.1%
<i>Mahanadi Delta</i>	6,407	0.4%	198	1.4%	3.1%
<i>Rest of India</i>	1,730,004	98.6%	13,267	93.6%	0.8%
Ghana	35,972	100.0%	662	100.0%	1.8%
<i>Volta Delta</i>	1,099	3.1%	81	12.2%	7.4%
<i>Rest of Ghana</i>	34,873	96.9%	581	87.8%	1.7%

420

421

422

423

**Table 5.** Value Added in the deltas and non-delta areas. Sources: (PCA, 2011), (BBS, 2014), (GSS, 2014)(GSS, 2013) (Cazcarro et al., 2018)

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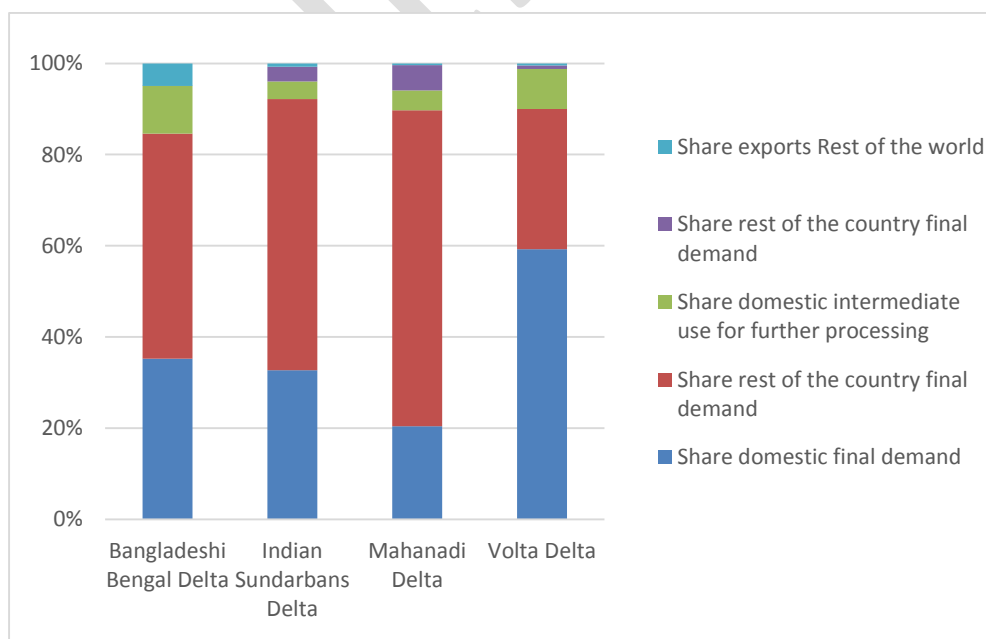
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Table 5 shows the distribution of the Value Added (VA) of the countries analysed (distinguishing delta and non-delta regions) and the contribution of the fisheries sector to the VA in each region. The delta regions are relatively small in terms of contribution to the total VA of the country (below 1.1% in both the Indian deltas and 3.1% for the Volta), except for the Bangladeshi Bengal Delta which represents about 28.4% of the economy of Bangladesh. The deltas show a higher specialization (i.e. share of fisheries sector in the total VA of the region) in fisheries than the areas outside the deltas of each of the countries. For example, when we consider all the agricultural, industrial and services activities we have seen that the delta represents about 28.4% of the economy of Bangladesh, but in the case of the activities of fisheries, the delta comprises a notable 64%. Still, the fisheries sector represents less than 8% of the total VA of the deltas: 4.2% in the Bangladeshi Bengal, 4.1% in the Indian Sundarbans, 3.1% in the Mahanadi and 7.4% in the Volta. This one represents about 27-28.5% of both metrics

The economic importance of fishing activity was quantified with the Hypothetical Extraction Method (HEM) (Heimler, 1991; Schultz, 1977), this modelling approach is used to extract a sector hypothetically from an

438 economic system and examine the influence (both direct and indirect macroeconomic effects) of this  
 439 *extraction* on other sectors in the economy. For example, in the case of the Volta it is necessary to add to the  
 440 direct losses of 7.4% in the whole economy (81 million dollars), additional 2.3% of indirect losses (25 million  
 441 dollars), notably from activities of trade, transport and “Business services nec”. For the Bangladeshi Bengal  
 442 delta additional 1.3% indirect losses (384 million dollars), add up to the direct losses of 4.2% (1,275 million  
 443 dollars), while for the Indian deltas the indirect (backward) effects are quite small, adding a few decimal  
 444 points to the 4.1% of direct losses (710 million dollars) in the IBD and 3% (198 million dollars) in the Mahanadi  
 445 delta. These results suggest that, in relation to other activities in the economy, fisheries have much greater  
 446 importance in the Volta delta (between 5.7 to 7.4% share in production, and value added) than in other  
 447 deltas. Similar findings (shares) are found for the analogous analysis of employment. It is important to notice  
 448 that this type of information is useful when considering the figures with respect to the macroeconomics, but  
 449 these variables do not tend to reflect the importance for livelihoods as much as other info on population  
 450 sustained by subsistence fishing, food security challenges and share of animal protein obtained from fish.  
 451  
 452 The destination of share of production for each delta is shown in Figure 5, this suggests that the Volta delta  
 453 has the highest share (close to 60%) of production for the final demand, which contrasts with the small share  
 454 for exports to the rest of the world (smaller than that of the rest of Ghana).



455



456 **Figure 5: Destination shares of production**

457

### 458 *6.3 Employment and gender issues*

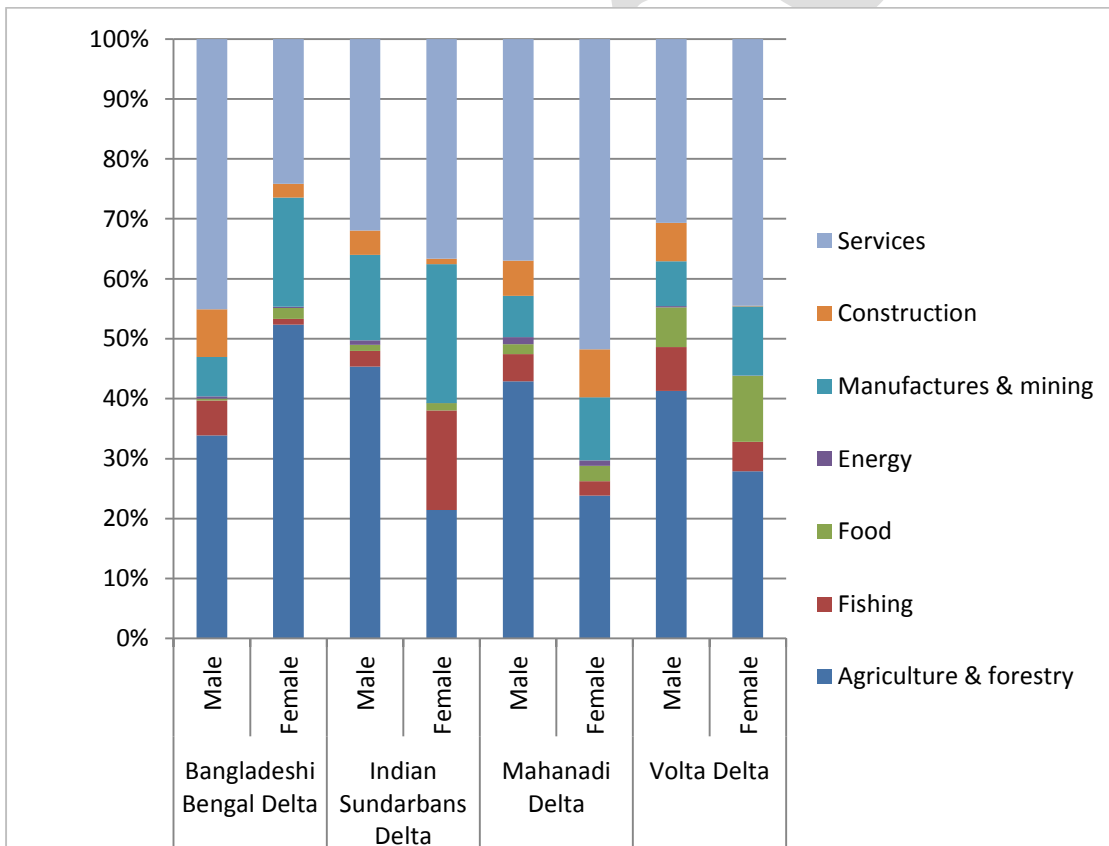
459 The gender breakdown of employment differs between the deltas (Figure 4). In the Volta delta employment  
460 in fisheries is slightly higher for male than female (but not too far from the 50%), as for the whole Ghana,  
461 while in Bangladesh it is a dominantly male activity (around 95% of the employment The shares in India lie  
462 around 70% of male employment. It appears that despite being mostly done by males, the fisheries sector  
463 represents a quite important share of the total employment for females, close to 5% in the Volta delta, and  
464 16.6% in the Indian Sundarbans delta, by comparison to the usual share around 25% or more of employment  
465 in agriculture of females). In this regard the structure of household sources of income notably differs across  
466 deltas, agriculture being a dominant source for females in the Bangladeshi Bengal delta, while mainly  
467 services-based in the Volta and Mahanadi.

468

469 In some coastal areas of south Asia women live in considerably difficult conditions (especially where the  
470 seasonal rural-urban migration is marked). For example, they are left to run the households with increasing  
471 work burdens and decreased roles in the community (Prati et al., 2018). This is the case of women in the  
472 Mahanadi Delta region, here most of women's work is unpaid (so it does not appear in the employment  
473 statistics). They work hard at home and often in the fields, while having less autonomy than their male  
474 counterparts over income and assets. In India women also play an important role in marine and freshwater  
475 aquaculture. In the Indian provinces of West Bengal and Odisha, the specific activities of fisherwomen in  
476 marine aquaculture involve collection of prawn seeds and crabs from estuaries and backwaters, labour in  
477 pond construction and management of small ponds (Alagarwami, 1992). This type of work is responsible for  
478 discomfort in many different body parts, especially in the lower back (98%), knees (88%), shoulders (75%)  
479 and feet (67%) due to prolonged working hour and excessive work load which affect their health and work  
480 performance (Das et al., 2012). In coastal villages of Bangladesh women generally do the same laborious and

481 long working hours as men with the difference that men receive about 50% higher wages (DANIDA-DFID,  
 482 2003).

483  
 484 In the Volta delta women are indispensable to the survival of the artisanal fisheries sector as they are  
 485 principally involved in the processing and distribution of the catch post harvesting. They are considered  
 486 indirect participants to production due to the support they offer to the fishermen especially during the peak  
 487 fish season in Ghana (Odotei, 1991). In fact the perishable nature of fish requires that the landed catch be  
 488 given prompt attention by way of processing and sale. The men being very tired on return from fishing trips  
 489 and inexperienced in this area require the help of women to take charge of the post-harvest activities. Failure  
 490 to process and sell the catch will mean disaster for both the fishers and the populace who depend on fish for  
 491 protein (thesis).



493  
 494 **Figure 4:** Shares of employment by gender and sectors in the deltas

495

#### 496 *6.4 Economic resilience*

497 One of the main driving factors of the economics modelling has to do with the levels of capital, since it  
498 strongly affects the possibilities of higher expansion of the economy from investment. In this regard, it is key  
499 to consider general infrastructure loss, and in the case of fishing, ports and damage to boats. While India and  
500 Ghana can barely reach half of the landings in Bangladesh, artisanal catches represent all the fish provisioning  
501 there (Table 4) and capital intensity in fishing is lower. Challenges though may be higher in this area due to  
502 high exposure, frequency of extreme events, and given that the lower industrialization of the “fleet” may  
503 also indicate higher vulnerability of the boats. Factors which drive the socioeconomic evolution, and  
504 condition the challenges as well, are the projected population and general GDP growth, notably in  
505 Bangladesh, processes of structural change (from primary sectors to industrial and services sectors), which  
506 are also highly linked to urbanization, and other economic factors (e.g. openness to trade), and biophysical  
507 ones (e.g. land use change). Additionally, climate change impacts will likely not occur for fisheries alone, but  
508 also for agriculture and other sectors, which may further accelerate the challenges, notably given the  
509 combined losses of food supply.

510

#### 511 *7.1 The potential impact of climate change on fisheries in the deltas*

512 Global climate models show sea surface temperatures near all three deltas rising by 1-3°C this century,  
513 depending on the level of carbon emissions (Bopp et al., 2013). However, projections of change in primary  
514 production differ greatly between the deltas, with the same study showing production stable or slightly  
515 increasing in the northern Bay of Bengal but falling by 60-100 g C m<sup>-2</sup> y<sup>-1</sup> in the region of the Volta delta.  
516 Studies of seas near the Volta delta are already showing a decrease in surface chlorophyll detected by  
517 satellite and in observed zooplankton biomass, both associated with rising temperatures (Niéto and Mélin,  
518 2017; Wiafe et al., 2008). Regional projections for the Bay of Bengal, using the medium-carbon A1B scenario,  
519 gave a 21st century sea surface temperature rise of 2.3-2.9°C in the region of the GBM and Mahanadi deltas  
520 (Fernandes et al., 2016). The same study showed a small rise (0-5%) in net primary production over the 21st

521 century, but a fall of 3-9% in fish production. The consistent picture from all these studies is that climate  
522 change is likely to lead to a reduction in available fish biomass.

523

524 The socioeconomic impact of climate change was investigated using an integrated modelling approach, i.e.  
525 using climate models coupled with fisheries size spectra models and socioeconomic models (see for more  
526 details on the modelling Cazcarro et al., 2018; Fernandes et al., 2017; Fernandes et al., 2016). This was applied  
527 to quantify the expected impacts of climate change on fisheries and consequently on socioeconomic aspects,  
528 up to the year 2050. In this integrated model, the fisheries productivity losses (based on likeliness of fisheries  
529 changes, which may involve growth of stock of some species, and higher losses in others) for each deltaic  
530 region are introduced as input. Under Business as Usual (BAU) Management these values were about 7.8%  
531 for Ghana, and of about 4.3% for the Bay of Bengal (to avoid the yearly variability given by climatic models,  
532 the productivity values for the initial and final years are estimated with 10 year averages). The results of the  
533 socioeconomic model reveal that up to 2050 the impacts of climate change would imply losses in the whole  
534 GDP for the three deltas of about 0.2% for the Mahanadi delta, 0.25% for the Bangladeshi and Indian  
535 Sundarbans deltas, and 0.7% for the Volta delta. Consumption levels would be affected by similar  
536 percentages to GDP but with different levels of dependency. Under a scenario of sustainable management,  
537 the estimated losses under the same scenarios would be strongly reduced (approximately cut to a third) and  
538 to fully counteract the effects a solid sustainable management plan should be applied. Future climate change  
539 and socioeconomic predictions (based upon IPCC emission scenarios) have similarly shown that these  
540 countries will face a decline in the potential fish production but that this could be mitigated under sustainable  
541 management practices (Barange et al., 2014; Fernandes et al., 2016).

542

543 The high share of production for the Volta delta (Figure 5) means that the impacts evaluated would have the  
544 largest direct effect on livelihoods there, in terms of self-sufficiency and food security. In addition, a larger  
545 share of the income of households, especially low-income ones, comes from fisheries in the Volta delta than  
546 elsewhere. In the other deltas larger impacts would come via reduction of income from exports.

547

548 More refined simulations on climate change impacts show much further reflection in metrics such as value  
549 of exports and GDP, which are also the ones more likely to suffer reductions according to the fisheries  
550 modelling (Fernandes et al., 2016). Consequently, the impacts from the loss of fisheries would be disastrous,  
551 for example in the case of Bangladesh where more than half of animal protein obtained in households comes  
552 from fish.

553

#### 554 *7.2 Migration as a form of adaptation to climate change*

555 In addition to changes in fish productivity, climate change can influence the frequency and magnitude of  
556 extreme events (e.g. cyclones, hurricanes, flood, drought, unseasonal rainfall, sea level rise and changes in  
557 temperature and salinity) and its effects are more pronounced on deltas and low-elevation coastal zones,  
558 since these are highly populated (Das et al., 2012). As a response to climate change impacts people are  
559 expected to adopt several adaptation strategies, one of which is migration. This process involves a low  
560 adaptive capacity of individuals or communities to cope with stressful changes (Adger et al., 2003). In general,  
561 poorer populations (represented by high poverty level, less education, low district GDP, low per capita  
562 income GDP) appear to have a greater tendency to undertake internal migration, while relatively richer  
563 populations tend to migrate internationally. From an integrated analysis (i.e. based on literature review, data  
564 analysis, field work and household surveys) for the Ganges-Brahmaputra-Meghna (GBM) delta it emerged  
565 that in Bangladesh migration from coastal areas has been higher than the rest of the country (with 30% of  
566 migrants being female) as result of poverty and environmental factors (DECCMA, 2017). The Indian  
567 population that relies on the GBM delta migrate seasonally to the nearest metropolitan areas (e.g. Kolkata,  
568 West Bengal, Maharashtra), the main reasons are increasing unsustainability of agriculture in the tidally  
569 influenced delta and seeking for better education. Migration is also triggered by hazardous events like cyclones  
570 and flooding acting as 'stressors' and motivating individuals/households to consider migration as an option  
571 (DECCMA, 2017). This situation is similar in the Manahadi delta, here young men migrate to other regions  
572 (e.g. Odisha) in higher numbers than women, who are usually left behind as heads of the households or

573 migrate to join their spouse or for marriage (DECCMA, 2017). In the Volta delta migration is very common  
574 with over 40% of surveyed households intending to send a migrant in the future. From a local survey 67% of  
575 respondents are exposed to at least one hazard, with drought being the most prevalent. However, there is  
576 no direct relationship between vulnerability to environmental change and migration. In Ghana the regions of  
577 Ningo-Prampram, Ada East and West are most vulnerable to physical hazards, but they have a lower number  
578 of migrants compared to the districts of South Tongu and Keta South that are less vulnerable and have very  
579 high out-migration rates. In general, it is observed that in both India and Ghana men are migrating out at  
580 higher rates than women, who then become the head of the household, while in Bangladesh a third of female  
581 population migrate as well to find new source of income.

582

## 583 **8. Conclusions**

584 Here we compared three deltas (the Ganges-Brahmaputra-Meghna, Mahanadi and Volta) that are found in  
585 some of the countries more dependent and vulnerable to changes in fish resources (i.e. Bangladesh, India  
586 and Ghana). The fisheries sector is vital for populations that live in the three deltas, as a source of animal  
587 protein through subsistence fishing, as a source of employment and for the wider economy. The aquaculture  
588 sector shows a rapid growth in Bangladesh and India. Ghana is starting to expand its aquaculture sector, with  
589 a substantial increase of fish seed from hatcheries to reduce their higher dependence on marine catches.  
590 Inland fisheries are particularly important in Bangladesh, while Ghana has the highest proportion of marine  
591 catches. The fleet structure is quite similar in the three deltas with gillnets, pots, and seines being  
592 predominant in the artisanal fisheries, while the industrial sector mainly utilises trawls.

593

594 Fisheries pay a more important part in the economy of Bangladesh and Ghana than for India, as evidenced  
595 by modelling the effect of the disappearance of this sector. On macroeconomic measures, fisheries play a  
596 larger part in the Volta delta than the others.

597

598 Both men and women work in fisheries, with a higher proportion of women in the Volta then in the Asian  
599 deltas. Gender inequality is an issue, particularly in the Mahanadi and GBM deltas, where women engage  
600 mostly in laborious tasks, often unpaid or with lower income than men. Their direct involvement in fishing is  
601 minor (except for support tasks at land) with a higher involvement in aquaculture.

602

603 Economic and integrated modelling using future scenarios suggest that changes in temperature and primary  
604 production could reduce fish productivity and fisheries income, however these losses could be mitigated by  
605 reducing overfishing and improving management. Our results from the economic analysis suggest that the  
606 dependency and impacts of changes in fisheries production are higher in the Volta and Bangladeshi Bengal  
607 delta compared with India due to the country's economic development, dependency on fish supply, and the  
608 size of the delta in relation to the country size. Migration is being used as a strategy for adaptation to climate  
609 change mostly from coastal areas to metropolitan areas with a gender bias towards men.

610

611 Studying the fisheries of three deltas together enables their human, economic and environmental aspects to  
612 be compared, and gives greater insights than could be gained by studying an individual delta. Despite many  
613 differences in detail, it is clear that fisheries are a key component of livelihoods in all three deltas. Active  
614 management, in the context of economic and environmental change, is needed to prevent overfishing and  
615 ensure sustainable production.

616

### 617 **Acknowledgements**

618 This work was funded under the project "Deltas, Vulnerability and Climate Change: Migration and Adaptation  
619 (DECCMA)" funded by Canada's International Development Research Centre (IDRC) and the UK's Department  
620 for International Development (DFID) through the Collaborative Adaptation Research Initiative in Africa and  
621 Asia (CARIAA). Jose A. Fernandes received further funding through the Gipuzkoa Talent Fellowships  
622 programme, by the Gipuzkoa Provincial Council, Spain. We thank all the people that have helped to collect  
623 the data and, in particular Isha Das and Susan Kay for their valuable comments.

624

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805 **Appendix**

806 **Table A1.** Main fished species in Bangladesh. Average (yearly) landings data are calculated on global capture  
 807 data available at <http://www.fao.org/fishery/statistics>.

808

<b>MARINE</b>				
<b>Common name</b>	<b>Scientific name</b>	<b>Occurrence</b>	<b>Importance</b>	<b>Average landings (tonnes) 1950-2006</b>
Hilsa shad	<i>Hilsa kelee</i>	native	commercial	145323
Bombay duck	<i>Harpadon nehereus</i>	native	commercial	55637
Yellowfin tuna	<i>Thunnus albacares</i>	native	commercial	29
Seerfishes (mackerel type)	several species			21
Indo-Pacific blue marlin	<i>Makaira mazara</i>	native	commercial	17
Albacore tuna	<i>Thunnus alalunga</i>	native	commercial	9
Sharks rays and skates	several species			4
Black marlin	<i>Istiompax indica</i>	native	commercial	2
Swordfish	several species			2
Bigeye tuna	<i>Thunnus obesus</i>	native	commercial	2
<b>FRESHWATER</b>				
<b>Common name</b>	<b>Scientific name</b>	<b>Occurrence</b>	<b>Importance</b>	<b>Average landings (tonnes) 1950-2006</b>
Hilsa shad	<i>Hilsa kelee</i>	native	commercial	85473
<b>AQUACULTURE</b>				
<b>Common name</b>	<b>Scientific name</b>	<b>Occurrence</b>	<b>Importance</b>	<b>Average landings (tonnes) 1950-2006</b>
Roho labeo	<i>Labeo rohita</i>	native	commercial	165427
Striped catfish	<i>Pangasianodon hypophthalmus</i>	introduced	commercial	149931
Silver carp	<i>Hypophthalmichthys molitrix</i>	introduced	commercial	137774
Catla	<i>Catla catla</i>	native	commercial	135414
Mrigal carp	<i>Cirrhinus cirrhosus</i>	native	commercial	102963
Tilapia	<i>Oreochromis mossambicus</i>	native	commercial	67372

809

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811

812 **Table A2.** Main fished species in India (east coast). Average landings data are calculated on global capture  
 813 data available at <http://www.fao.org/fishery/statistics>.

814

<b>MARINE</b>				
<b>Common name</b>	<b>Scientific name</b>	<b>Occurrence</b>	<b>Importance</b>	<b>Average landings (tonnes) 1950-2006</b>
Indian oil sardine	<i>Sardinella longiceps</i>	Native	Commercial/mainly sold for consumption	172441
Drums or croakers	<i>Protonibea diacanthus</i>	Native	Commercial/Sold mainly for medicinal purpose (the swim bladder of main importance)	147779
	<i>Pama pama</i>	Native	Commercial/mainly sold for consumption	
	<i>Panna microdon</i>	Native	Commercial/mainly sold for consumption	
	<i>Otolithes ruber</i>	Native	Commercial/mainly sold for consumption	
Bombay duck	<i>Harpadon nehereus</i>	Native	Commercial	110890
Herring (or wolf herring)	<i>Chirocentrus dorab</i>	Native	Commercial	107053
Smooth Back Herring	<i>Raconda russeliana</i>	Native	Commercial	
Indian mackerel	<i>Rastrelliger kanagurta</i>	Native	Commercial	97149
Cutlass fishes (Ribbon fish)	Family Trichiuridae	Native	Commercial	68150
Large head ribbonfish	<i>Trichiurus lepturus</i>	Native	Commercial	
Small headae ribbonfish	<i>Lepturacanthus savala</i>	Native	Commercial	
Anchovies	<i>Stolephorus indicus</i>	Native	Commercial	58844
	<i>Coilia dussumieri</i>	Native	Commercial	
	<i>Coilia reynaldi</i>	Native	Commercial	
	<i>Setipinna phasa</i>	Native	Commercial	
Lizard Fish	<i>Saurida tumbil</i>	Native	Commercial	
Pomfrets	<i>Pampus argenteus</i>	Native	Commercial	
	<i>Pampus chinensis</i>	Native	Commercial	

	<i>Parastromateus niger</i>	Native	Commercial	
Seer Fish	<i>Scomberomorus commersoni</i>	Native	Commercial	
	<i>Scomberomorus guttatus</i>	Native	Commercial	
Mulletts	<i>Mugil parsia</i>	Native	Commercial	
	<i>Mugil tade</i>	Native	Commercial	
Tuna	<i>Euthynnus affinis</i>	Native	Commercial	
Soles (Flat Fish)	<i>Cynoglossus arel</i>	Native	Commercial	
	<i>Cynoglossus cynoglossus</i>	Native	Commercial	
	<i>Cynoglossus bilineata</i>	Native	Commercial	
Penaeid Prawns	<i>Penaeus monodon</i>	Native	Commercial	
	<i>Penaeus indicus</i>	Native	Commercial	
	<i>Penaeus semiculcatus</i>	Native	Commercial	
	<i>Metapenaeus monoceros</i>	Native	Commercial	
	<i>Metapenaeus dobsoni</i>	Native	Commercial	
Non-Penaeid Prawns	<i>Acetes indicus</i>	Native	Non-commercial but important for the estuarine food chain of Bay of Bengal	
<b>Crabs</b>				
Mud Crab	<i>Scylla serrata</i>	Native	Commercial	
Sea crab	<i>Portunus sanguinolentus</i>	Native	Commercial	
Sea crab	<i>Portunus pelagicus</i>	Native	Commercial	
Sea crab	<i>Charybdis cruciata</i>	Native	Commercial	
<b>FRESHWATER</b>				
<b>Common name</b>	<b>Scientific name</b>		<b>Importance</b>	<b>Average landings (tonnes) 1950-2006</b>
Freshwater fishes nei	Several species		Commercial	357759
Cyprinids nei	Several species	Native	Commercial	264779
Roho labeo	<i>Labeo rohita</i>	Native	Commercial	
Catla	<i>Catla catla</i>	Native	Commercial	
Mrigal carp	<i>Cirrhinus cirrhosus</i>	Native	Commercial	
Freshwater siluroids nei	Several species			89198
Hilsa shad	<i>Hilsa kelee</i>	Native		31176
<b>AQUACULTURE</b>				



Common name	Scientific name	Occurrence	Importance	Average landings (tonnes) 1950-2006
Catla	<i>Catla catla</i>	Native	Commercial	391910
Roho labeo	<i>Labeo rohita</i>	Native	Commercial	218314
Silver carp	<i>Hypophthalmichthys molitrix</i>	Introduced	Commercial	144144
Common carp	<i>Cyprinus carpio</i>	Introduced	Commercial	134161
Mrigal carp	<i>Cirrhinus cirrhosus</i>	Native	Commercial	128152
Grass carp	<i>Ctenopharyngodon idella</i>	Introduced	Commercial	69059

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817 **Table A3.** Main fished species in Ghana. Average landings data are calculated on global capture data available  
 818 at <http://www.fao.org/fishery/statistics>.

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<b>MARINE</b>				
<b>Common name</b>	<b>Scientific name</b>	<b>Occurrence</b>	<b>Importance</b>	<b>Average landings (tonnes) 1950-2006</b>
European anchovy	<i>Engraulis encrasicolus</i>	native	highly commercial	28883
Round sardinella	<i>Sardinella aurita</i>	native	highly commercial	27867
Bigeye grunt	<i>Brachydeuterus auritus</i>	native	commercial	8929
Madeiran sardinella	<i>Sardinella maderensis</i>	native	commercial	7738
Chub mackerel	<i>Scomber japonicus</i>	native	commercial	4933
Red pandora	<i>Pagellus bellottii</i>	native	commercial	3753
Crevalle jack	<i>Caranx hippos</i>	native	commercial	3200
West African ilisha	<i>Ilisha africana</i>	native	minor commercial	2899
Atlantic bumper	<i>Chloroscombrus chrysurus</i>	native	commercial	2722
Skipjack tuna	<i>Katsuwonus pelamis</i>	native	Commercial/export	
Yellowfin tuna	<i>Thunnus albacares</i>	native	Commercial/export	
<b>FRESHWATER</b>				
<b>Common name</b>	<b>Scientific name</b>	<b>Occurrence</b>	<b>Importance</b>	<b>Average landings (tonnes) 1950-2006</b>
Tilapia	<i>Tilapia busumana</i>	native	commercial	10333
Nile perch	<i>Lates niloticus</i> <sup>1</sup>	native	commercial/export	4300
<b>AQUACULTURE</b>				
<b>Common name</b>	<b>Scientific name</b>	<b>Occurrence</b>	<b>Importance</b>	<b>Average landings (tonnes) 1950-2006</b>
Nile tilapia	<i>Oreochromis niloticus</i>	native	commercial	1188
North African catfish	<i>Clarias gariepinus</i>	native	commercial	446
African bonytongue	<i>Heterotis niloticus</i>	native	highly commercial	20