## Geometric Harmonic Analysis

# $C_{p}$ weights, John-Nirenberg estimates and Hajłasz capacity density conditions 

Javier Canto

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Thunder only happens when it's raining
Fleetwood Mac

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## Resumen de la tesis

Esta tesis es la recopilación de los resultados obtenidos durante mi doctorado, que empezó en enero de 2018 y terminará a finales del 2021. La materia principal está dividida en 5 Capítulos, los Capítulos 2-6. Estos capítulos se pueden reunir en 3 partes, siendo la primera los Capítulos 2 y 3 , relacionada con pesos $C_{p}$; la segunda, los Capítulos 4 y 5, relacionada con el teorema de John-Nirenberg; y la última, el capítulo 6, dedicada a la capacidad de Hajłasz. En estas páginas damos un resumen de los resultados obtenidos en cada parte, así como una breve motivación de los mismos.

## La clase $C_{p}$ de pesos

Uno de los principales conceptos en análisis matemático, y más precisamente en análisis armónico, es la clase $A_{\infty}$ de Muckenhoupt. Esta clase, introducida por Muckenhoupt en los años 70, ha sido un eje principal del análisis armónico desde su origen. Entre las diferentes propiedades importantes de la clase $A_{\infty}$, encontramos la doblantez, que grosso modo quiere decir que la medida pesada de una bola grande se puede controlar por la medida pesada de bolas más pequeñas contenidas en la misma, siempre que la razón entre los radios esté controlada

Pese a que los pesos $A_{\infty}$ son muy importantes e incluso llegamos a utilizarlos en esta tesis, nuestro principal objeto de estudio es la clase $C_{p}$. Debido a la dificultad de trabajar con esta clase de pesos, no hay un tratamiento sistemático de ellos. Una de las dificultades de los pesos $C_{p}$ es que no son necesariamente doblantes, lo que es una de las principales diferencias con respecto a $A_{\infty}$. El primer capítulo de esta tesis se puede ver como un listado de técnicas que pueden ser útiles a la hora de trabajar con estos pesos.

La clase $C_{p}$ de pesos fue introducida por Muckenhoupt en [100], y está relacionada con la desigualdad en norma pesada entre la transformada de Hilbert y la función maximal de Hardy-Littlewood. Esta desigualdad había sido probada para pesos $A_{\infty}$ por Coifman y Fefferman [20], pero, como Muckenhoupt demostró, existen más pesos para los cuales se cumple. Encontró una condición necesaria para que esta desigualdad se cumpla, y la bautizó $C_{p}$. La $p$ en el nombre $C_{p}$ responde al exponente de la norma $L^{p}$ pesada entre la transformada de Hilbert y la función maximal de Hardy-Littlewood. Desafortunadamente, Muckenhoupt no pudo demostrar que la condición sea también suficiente, pero sí que llegó a conjeturarlo. Esta conjetura, hoy en día conocida como la conjetura de Muckenhoupt, aún sigue sin resolverse.

Poco después de los resultados de Muckenhoupt, Sawyer estudió el problema en dimensiones superiores [109]. Usando métodos similares a los de Muckenhoupt, demostró que $C_{p}$ es una condición necesaria para que la desigualdad en norma pesada entre cada una de las transformadas de Riesz y la función maximal de Hardy-Littlewood. Esto es una generalización directa de los resultados de Muckenhoput a dimensiones
superiores. Pero no sólo esto, en el mismo trabajo Sawyer demostró que la condición $C_{q}$ es suficiente para que la desigualdad en $L^{p}$ se cumpla, siendo $1<p<q$. Es pertinente en este momento comentar que estas clases están ordenadas en el sentido de que $C_{p}$ contiene a $C_{q}$ siempre que $p<q$, es decir, $C_{q}$ es una condición más restrictiva que $C_{p}$. Es más, Sawyer demostró que, en este caso, la desigualdad se cumple para todo operador de Calderón-Zygmund. Claramente, los resultados de Sawyer no resuelven la conjetura de Muckenhoupt, pero es una gran respuesta parcial.

Aunque la conjetura no esté resuelta, había esperanza para una solución sencilla en términos de automejora. Es abiertamente conocido que un peso en $A_{p}$ pertenece a $A_{p-\varepsilon}$ para cierto $\varepsilon>0$ pequeño que depende del peso. Si una condición similar se cumpletra en el contexto de $C_{p}$, la conjetura se resolvería automáticamente. Pero no es así, como probaron Kahanpää y Mejlbro [69]. En dimensión uno y para cualquier $p>1$, construyeron un peso que pertenece a $C_{p}$ pero no a ningún $C_{q}$ si $q>p$. En la sección 2.9 damos una generalización de este resultado a un contexto un poco más general, dando una nueva prueba del mismo resultado. Estas construcciones juegan con la geometría del soporte del peso, lo que es un ejemplo del comportamiento extraño que estos pesos pueden tener.

Unos años después del resultado de Kahanpää y Mejlbro, una desigualdad nueva fue demostrada en el contexto de $C_{p}$. En [117], Yabuta demostró que la desigualdad de Fefferman-Stein se cumple en $L^{p}$ con peso si el peso está en $C_{q}$ para algún $1<p<q$. Esta desigualdad es la desigualdad en norma con peso entre el operador maximal de Hardy-Littelwood y el operador maximal agudo de Fefferman-Stein, que se cumple para funciones acotadas con soporte compacto. En este contexto, la necesidad de $C_{p}$ también fue probada, lo que establece el paralelismo entre esta desigualdad y la de Coifman-Fefferman. Estas dos desigualdades estan estrechamente relacionadas, con lo que es esperable este tipo de paralelismos.

Los resultados mencionados anteriormente eran los únicos resultados conocidos durante un largo tiempo, hasta que este problema fue revisitado. Lerner dio un paso en adelante en la solución de la conjetura de Muckenhoupt. Introdujo una clase, llamada $\tilde{C}_{p}$ que está contenida en $C_{p}$ y contiene a $C_{q}$ si $1<p<q$, y demostró que esta clase es suficiente para que se cumplan tanto la desigualdad de Coifman-Fefferman como la de Fefferman-Stein.

Varias estimaciones para distintos operadores pueden encontrarse en el trabajo de Cejas, Li, Pérez y Rivera-Ríos [17]. Entre estas estimaciones están algunas desigualdades de tipo débil, así como desigualdades con operadores multilineales de Calderón-Zygmund.

Pese a que en la última década, se han cuantificado satisfactoriamente varias desigualdades con peso en términos del peso, esto sólo ha ocurrido para pesos $A_{p}$ o $A_{\infty}$. En esta tesis presentamos una manera de hacer lo mismo para pesos $C_{p}$, y daremos una cuantificación de las desigualdades de Coifman-Fefferman y de Fefferman-Stein. Para ello, presentamos una constante, llamada la constante $C_{p}$ del peso, que codifica el tamaño del peso en la clase $C_{p}$. La idea es que cuanto más pequeña sea la constante, mejor es el peso.

Una vez hemos definido esta constante, demostramos una desigiualdad inversa de Hölder, más débil que la estándar, que caracteriza la clase $C_{p}$. Cuantificamos el exponente de esta desigualdad en términos de la constante $C_{p}$. Esta cuantificación es en realidad un resultado paralelo a la desigualdad de Hölder inversa precisa de Hytönen, Pérez y Rela, [62, 63]. Por este motivo, afirmamos que nuestra cuantificación es también precisa.

La definición de la constante $C_{p}$, así como la desigualdad de Hölder inversa, están contenidas en el capítulo 2. Además, en ese capítulo se encuentra una discusión de la
propia clase $C_{p}$, algunas de sus propiedades principales y algunos ejemplos. También expandimos el contraejemplo de automejora de Kahanpää y Mejlbro. Nuestra prueba se generaliza a dimensiones superiores.

La traducción de la cuantificación de la desigualdad de Hölder inversa a las cuantificaciones de las desigualdades en norma no es difícil una vez que sean identificadas las herramientas que son necesarias. En este caso, utilizamos una desigualdad de los buenos lambdas que tomamos prestada desde [7]. Esta desigualdad combinada con nuestra desigualdad de Hölder inversa nos permite ontener una desigualdad cuantificada de la desigualdad de Coifman-Fefferman. Aun así, debido al comportamiento no local de las clases $C_{p}$, aparece un término logarítmico en la constante, con lo que no podemos decir que esta dependencia sea precisa. El término logarítmico es totalmente inevitable mediante nuestros métodos.

Aunque por lo general los operadores sparse suelen dar resultados precisos en términos de la constante de los pesos, en este caso no es así debido a la naturaleza no local e estos pesos. Aún así, damos estimaciones de estos operadores en el contexto de $C_{p}$, que aunque no sean precisas no dejan de ser interesantes por su novedad, ya que incluso de manera cualitativa no eran conocidas hasta ahora. La cuantificación de la desigualdad de Coifman-Fefferman para operadores de Calderón-Zygmund, operadores integrales singulares rough y formas sparse está en el Capítulo 3. La cuantificación de la desigualdad de Fefferman-Stein se pospone hasta el Capítulo 4, en el que también demostramos una desigualdad de los buenos lambdas entre los operadores maximal y maximal agudo con el decaimiento correcto, que es exponencial.

## Estimaciones para BMO

La segunda parte de esta tesis está dedicada a obtener estimaciones para funciones de tipo BMO y está contenida en los capítulos 4 y 5.

El espacio de funciones de oscilación media acotada, BMO, es un espacio clásico en el análisis matemático. Sirve como una alternativa adecuada a $L^{\infty}$ en ciertos casos, como, por ejemplo, la integral singular de una función acotada no está acotada pero sí en BMO. Aunque es más grande que $L^{\infty}$, (y por tanto es una condición más débil) este espacio es suficientemente grande como para servir de punto de interpolación.

Más allá de ser el sustituto de $L^{\infty}$ en alguna situación, el espacio BMO es interesante por derecho propio. La propiedad más importante es el teorema de JohnNirenberg, que afirma que estas funciones son en realidad localmente exponencialmente integrables. Esto puede verse como una propiedad de automejora, ya que empezando con una condición de integrabilidad $L^{1}$, obtenemos una integrabilidad exponencial. Fenómenos parecidos ocurren para otros objetos, como desigualdades de Poincaré o de Poincaré-Sobolev, y también para objetos geométricos como condiciones de densidad de capacidad como en el Capítulo 6.

En relación a el espacio BMO, está la función maximal aguda de Fefferman-Stein. Que esta función esté acotada es equivalente a que la función original esté en BMO. Pero esta no es la primera vez que esta función maximal aparece en esta tesis, ya que ya apareció de manera tangencial en relación a los pesos $C_{p}$. Fue Yabuta quien demostró en [117] la relación entre la función maximal de Hardy-Littlewood y la función maximal aguda de Fefferman-Stein en el contexto de pesos $C_{p}$.

Para obtener una cuantificación de esta desigualdad en términos de la constante $C_{p}$ del peso, necesitábamos una desigualdad de los buenos lambdas con decaimiento exponencial entre las funciones maximales de Hardy-Littlewood y Fefferman-Stein. Una desigualdad de estas características no estaba disponible, así que para obtenerla
trazamos un nuevo camino, que nos llevó a obtener dos extensiones del teorema de John-Nirenberg. La cuantificación de la desigualdad de Fefferman-Stein para pesos $C_{p}$ aparece como consecuencia natural de estas extensiones, pero también siguen resultados adicionales.

Entre las consecuencias obtenidas de las extensiones de John-Nirenberg, está una versión de una desigualdad con peso de Muckenhoupt y Wheeden. Esta desigualdad con peso para pesos $A_{p}$ se puede interpretar como un resultado de automejora, porque empezando con integrabilidad de $L^{1}$ sin peso obtenemos $L^{r, \infty}$ con peso para algún $r>1$.

Las extensiones de John-Nirenberg y sus consecuencias están en el capítulo 4.
Como hemos comentado anteriormente, el teorema de John-Nirenberg se puede interpretar como un resultado de automejora. Partiendo de cotas para oscilaciones de tipo $L^{1}$ obtenemos cotas para oscilaciones de tipo exponencial. Tenemos un punto de partida, en este caso, oscilaciones medias acotadas, y mejoramos ese punto de partida a una condición mejor, en este caso la integrabilidad exponencial. Una pregunta natural sería si se puede tomar un punto de partia más débil, es decir, si empezando con una condición más suave que BMO se puede obtener el mismo resultado. Si es así, ¿cuán débil puede ser esa condición?

Esta no es una nueva pregunta, ya que fue planteada por John [65] y por Strömberg [113]. La condicion minimal correcta para BMO es la oscilación media acotada en términos de oscilaciones $L^{\varphi}$ para una función cóncava $\varphi$, que puede arbitrariamente lento. Recientemente, Logunov, Slavin, Stolyarov, Vasyunin y Zatitskiy [90] dieron una estimación explícita y cuantitativa de este resultado, dando una estimación de la norma de BMO de la función en términos de la escala de $\varphi$. Esta estimación tiene la desventaja de que no es homogénea en la función. En este trabajo, damos una prueba nueva y completamente transparente del mismo resultado, que resulta en una estimación homogénea. Nuestra prueba se puede extender a otras geometrías.

También estudiamos el mismo problema en contextos más generales que la geometría euclídea. Por ejemplo, extendemos nuestros resultados a espacios de tipo homogéneo, que son espacios quasi-métricos con una medida doblante. Podemos realizar esta extensión porque nuestro método en el espacio euclídeo es bastante sencillo y por tanto fácilmente generalizable. Es más, también utilizamos la geometría peculiar de $\mathbb{R}^{n}$ para obtener el mismo resultado para ciertas medidas no doblantes en $\mathbb{R}^{n}$. No podemos dar el mismo resultado en espacios métricos generales con medidas no doblantes, ya que la geometría de $\mathbb{R}^{n}$ es muy especial. Todos estos resultados de minimalidad de BMO están en el Capítulo 5.

## Capacidades de Hajłasz

En la última parte de esta tesis, el capítulo 6, tratamos condiciones de densidad de capacidad en términos de gradientes de Hajłasz y su automejora en espacios métricos abstractos. Esta es la primera vez se obtiene la automejora de una condición de densidad de capacidad en términos de un gradiente no local. La manera en que esta última parte está conectada con el resto de la tesis no es del todo trivial. Empezamos intentando demostrar propiedades de automejora de ciertas desigualdades de Hardy fraccionarias en espacios métricos abstractos, lo que estaría más conectado con la Sección 4.5. Tal resultado no pudo ser obtenido, pero en su búsqueda dimos con los resultados que aquí presentamos.

El estudio de automejora de condiciones de densidad de capacidades fue iniciado por Lewis [88], donde se estudió la automejora de una condición de densidad de
capacidad en términos de potenciales de Riesz en $\mathbb{R}^{n}$. A este resultado le siguió el trabajo de Mikkonen [98], donde se obtuvieron estimadas de tipo Maz'ya con peso para el p-Laplaciano, así como el trabajo de Björn, MacManus y Shanmugalingam [6], donde se obtuvieron estimaciones parecidas en espacios métricos. En este último trabajo, se utilizan gradientes superiores, que son una manera de introducir el concepto de derivada a espacios métricos. Estos gradientes superiores son objetos locales, ya que su valor solamente depende de un entorno del punto.

En este trabajo, trabajaremos con gradientes de $\beta$-Hajłasz, que fueron introducidos por Hajłasz en [49] para $\beta=1$. Su naturaleza es altamente no local por su definición, pero asimismo su definición es bastante natural. En el caso fraccionario $0<\beta<1$, la misma definición aparece de manera orgánica. Es más, se puede demostrar que los gradientes superiores son en realidad gradientes 1-Hajłasz, lo que de alguna manera quiere decir que los gradientes de Hajłasz son algo más generales y una herramienta más versátil que los gradientes superiores.

Una de las ventajas principales de trabajar con estos gradientes de Hajłasz es que las desigualdades de Poincaré se cumplen para todo exponente sin ninguna hipótesis extra en la medida. Es decir, para cualquier función y cualquiera de sus posibles gradientes de Hajłasz se cumple la desigualdad de Poincaré pertinente, ver Sección 6.8. Esto no es cierto para otras derivadas, como los gradientes superiores, y normalmente al trabajar con estos gradiente se requiere la hipótesis ad hoc de que desigualdades de Poincaré se cumplan. Esta hipótesis extra excluye ciertos espacios de medida doblantes en $\mathbb{R}$, ver [5].

En este trabajo, introducimos una condición de densidad de capacidad similar a otras condiciones de densidad de capacidad, pero en términos de gradientes de Hajłasz . Esta condición depende de dos parámetros, el orden de derivación $\beta$ y el parámetro de tamaño $p$, que se mide en términos de integrabilidad. Probamos que esta condición de densidad de capacidad se automejora en ambos parámetros $\beta$ y $p$. Más precisamente, demostramos que un conjunto $E$ satisface una condición de densidad de $(\beta, p)$-capacidad si y sólo si su codimensión superior de Assouad es estrictamente menor que $\beta p$. Es decir, siempre habrá un pequeño margen para bajar un poco tanto $\beta$ como $p$ de manera que su producto siga siendo mayor que la codimensión superior de Assouad del conjunto.

Esta caracterización de la condición de densidad de capacidad en términos de la codimensión superior de Assouad es bastante técnica. Es moderadamente sencillo demostar que la cota en la codimensión implica la condición de densidad de capacidad, utilizando una desigualdad de tipo Maz'ya. También es relativamente sencillo demostrar que la condición de densidad de capacidad implica una cota no estricta en la codimensión de Assouad. La parte complicada es obtener la cota estricta.

Para ello, combinamos una técnica de utilizar desigualdades de Poincaré y de Hardy en este contexto, y utilizamos técnicas conocidas de automejora para estas desigualdades. El estudio de estas propiedades de automejora fue iniciada por Keith y Zhong en el celebrado trabajo [71]. En este camino, nos unimos a una línea de investigación iniciada por Korte, Lehrbäck y Tuominen en [76], donde relacionaron una condición similar a nuestra condición de densidad de capacidad a desigualdades de Hardy. Combinamos todos estos métodos y los adaptamos a nuestro contexto para demostrar nuestros resultados.

## Contents

Acknowledgments ..... i
Resumen de la tesis ..... iii
1 Introduction ..... 1
1.1 The $C_{p}$ class ..... 1
1.2 BMO estimates ..... 3
1.3 Hajłasz capacity density condition ..... 5
1.4 Preliminaries and notation ..... 6
2 The class $C_{p}$ of weights ..... 11
2.1 Historical introduction ..... 12
2.2 A brief note on $A_{\infty}$ weights ..... 13
2.3 Weights of class $C_{p}$ ..... 14
2.4 The $C_{p}$ constant ..... 18
2.5 The Sharp Reverse Hölder Inequality ..... 19
2.6 Weak self-improvement properties of $C_{p}$ ..... 29
2.7 On weak $C_{p}$ and dyadic $C_{p}$ ..... 32
2.8 The $C_{\psi}$ classes of Lerner ..... 36
2.9 The counterexample of Kahanpää-Mejlbro ..... 37
3 Quantitative weighted $C_{p}$ estimates ..... 49
3.1 Definitions of the main operators ..... 50
3.2 The Coifman-Fefferman inequality ..... 52
3.3 Marcinkiewicz integral estimates ..... 54
$3.4 C_{p}$ weights and the Coifman-Fefferman inequality ..... 62
3.5 Estimates for rough operators ..... 66
4 Extensions of the John-Nirenberg theorem ..... 75
4.1 Exponential estimates ..... 76
4.2 The John-Nirenberg theorem ..... 77
4.3 First extension: Weighted mean oscillation ..... 80
4.4 Second extension: an inequality of Karagulyan's ..... 85
4.5 Generalized Poincaré inequalities ..... 90
4.6 Application to $C_{p}$ weights: Fefferman-Stein inequality ..... 92
4.7 Further extensions: polynomial approximation ..... 97
5 Minimal conditions for BMO ..... 103
5.1 Introduction ..... 104
5.2 BMO through Luxemburg ..... 104
5.3 Minimal condition for BMO ..... 106
5.4 Spaces of homogeneous type ..... 110
5.5 Non-doubling measures in $\mathbb{R}^{n}$ ..... 114
5.6 Rectangles and non-doubling measures ..... 118
6 Hajłasz capacity density condition ..... 121
6.1 Introduction ..... 122
6.2 Notation ..... 123
6.3 Hajłasz gradients ..... 125
6.4 Capacity density condition ..... 128
6.5 Necessary and sufficient geometrical conditions ..... 132
6.6 Local boundary Poincaré inequality ..... 136
6.7 Maximal boundary Poincaré inequalities ..... 140
6.8 Local Hardy inequalities ..... 154
6.9 Self-improvement of the capacity density condition ..... 158
Bibliography ..... 161
List of publications ..... 169

## Introduction

This thesis is the compilation of the results obtained during my PhD , which started in January 2018 and is being completed in the end of 2021. The main matter is divided into five chapters, Chapters 2-6. Each of these chapters has its own introductory part, some longer some shorter. This chapter is intended to be an introduction to the whole thesis. Without going into technical details, in this Chapter we will not only motivate the results and the content of the dissertation, but we also explain how and why these results came to be studied. We also introduce the main notation and some preliminary concepts that will be used throughout the dissertation.

### 1.1 The $C_{p}$ class

One of the main concepts in Analysis, and more in particular in Harmonic Analysis, is the class $A_{\infty}$ of weights. This class was introduced my Muckenhoupt in the 70's and has since shaped the history of harmonic analysis. Among the many important properties of $A_{\infty}$ weights, there is the doubling property, which grosso modo states that the weighted measure of a big ball is controlled by the weighted measure of smaller balls contained in it, provided that the ratio between the radii is controlled.

Although $A_{\infty}$ weights are so important and we do use them in this dissertation, we are mainly concerned with the $C_{p}$ class. Due to the difficulty of working with this class of weights, there is not a systematic treatment of it. One of the difficulties of the $C_{p}$ weights is that they need not be doubling, which is one of the main differences of these classes with $A_{\infty}$. The first chapter of this thesis can be seen as a collection of techniques that can be useful for working with the $C_{p}$ classes.

The $C_{p}$ classes of weights were introduced in [100] by Muckenhoupt, and are related to the weighted norm inequality between the Hilbert transform and the HardyLittlewood maximal function. This inequality had been shown to hold in any dimension for $A_{\infty}$ weights by Coifman and Fefferman [20], but, as Muckenhoupt proved, there are more weights for which that inequality holds. He found a necessary condition, which he denoted $C_{p}$. The $p$ in the name $C_{p}$ refers to the exponent for the weighted $L^{p}$ norm inequality between the Hilbert transform and the Hardy-Littlewood maximal operator. Alas, Muckenhoupt was not able to prove that this condition is sufficient for the norm inequality to hold, but he conjectured that it is. That conjecture, known as Muckenhoupt's conjecture, is still not solved.

Shortly after Muckenhouopt's results, Sawyer studied the problem in higher dimensions [109]. Using the methods of Muckenhoupt, he proved that $C_{p}$ is a necessary condition for the norm inequality between all Riesz transforms and the Hardy-Littlewood maximal operator to hold. This is a direct generalization to higher dimensions of the
result by Muckenhoupt. But not only this, Sawyer was able to prove that $C_{q}$ condition is sufficient for the $L^{p}$ norm inequality to hold, when $q>p>1$. It is pertinent to comment here that these classes are nested in the sense that $C_{p}$ contains $C_{q}$ for $p<q$, that is, $C_{q}$ is a stronger condition than $C_{p}$. Moreover, Sawyer proved that, in this case, the inequality actually holds for all Calderon-Zygmund operators. That inequality is known as the Coifman-Fefferman inequality. Clearly, the result of Sawyer does not directly solve the conjecture, but it is a great partial answer.

Even if the conjecture was not solved, there was hope for an easy solution in the terms of self-improvement. It is well known that a weight in $A_{p}$ belongs to $A_{p-\varepsilon}$ for some small $\varepsilon>0$ that depends on the weight. If a similar property were to hold for $C_{p}$ weights, that is, if for a weight in $C_{p}$ there would exist a positive $\varepsilon>0$ such that the weight belonged to $C_{p+\varepsilon}$, then Sawyer's result would imply the positive answer to the conjecture. That hope was hastily dismissed by Kahanpää and Mejlbro [69], who, in dimension one and for any $p>1$, constructed a weight that belongs to $C_{p}$ but not to $C_{q}$ for any $q>p$. This construction plays with the support of the weight and serves as an example of the strange behavior that $C_{p}$ weights can have.

A few years later, a different type of inequality was proved to hold in the context of $C_{p}$ weights. In [117], Yabuta showed that the Fefferman-Stein inequality in weighted $L^{p}$ spaces holds for $C_{q}$ weights if $q>p>1$. This inequality is the weighted norm inequality between the Hardy-Littlewood maximal function and the Fefferman-Stein sharp maximal function, and it holds for bounded functions of compact support. In the same work, the necessity of the weight belonging to $C_{p}$ was also proved. Therefore, the same dynamic as for the Coifman-Fefferman inequality also happens for the Fefferman-Stein inequality. These two inequalities are deeply related, so the parallelism for $C_{p}$ weights between both of them is understandable.

The results mentioned above were the only results on $C_{p}$ weights for a long time, until the problem was revisited once again. Lerner made a step forward in solving Muckenhoupt's conjecture in [83]. He introduced what he called the class $\widetilde{C}_{p}$ of weights, which is contained by $C_{p}$ and contains $C_{q}$ for all $q>p$. He actually showed that this new class is sufficient for the Fefferman-Stein inequality to hold and, therefore, also the Coifman-Fefferman inequality to hold.

Many estimates for $C_{p}$ weights were also given by Cejas, Li, Pérez and Rivera-Ríos in [17]. In that work, a wide collection of new estimates are given for $C_{p}$ weights, that include weak-type Coifman-Fefferman estimates and also Coifman-Fefferman estimates for linear operators that satisfy a condition involving the Fefferman-Stein maximal operator. Among these operators one can find multilinear Calderón-Zygmund operators, some pseudodifferential operators, and many others.

Not only that, but in [86] Lerner characterized the class of weights for which the Fefferman-Stein inequality holds in weighted weak $L^{p}$ spaces. This class of weights obtained the name $S C_{p}$, standing for strong $C_{p}$. This class is stronger than $C_{p}$ but weaker than $C_{q}$ if $q>p$.

In the last decade, many quantitative inequalities have been found for weights of classes $A_{p}$ or $A_{\infty}$. The most important of such results is probably the solution of the $A_{2}$ conjecture. Proved by Hytönen [61], it states that the weighted $L^{2}$ norm of a Calderón-Zygmund operator is controlled by the $A_{2}$ constant of the weight with a linear dependence. This result was later improved by Hytönen and Pérez in [62] where the authors combine the $A_{2}$ constant with the $A_{\infty}$ constant, which is a more precise mixed-type estimate.

Although many norm weighted inequalities have been satisfactorily quantified in terms of the weight, this has only happened in the setting of $A_{p}$ or $A_{\infty}$ weights. In this thesis we present a way of obtaining quantitative estimates for $C_{p}$ weights, and
we actually give a quantification of both Coifman-Fefferman and Fefferman-Stein inequalities. In order to do that, we introduce a constant, called the $C_{p}$ constant of the weight, that encodes the size of the weight in the $C_{p}$ class. The idea is that the smaller the constant is, the better the weight is.

Once the constant is defined, we obtain a weak reverse Hölder inequality for $C_{p}$ weights, in which the dependence of the reverse Hölder exponent is quantified by the $C_{p}$ constant. This quantification is actually the same as in the sharp Reverse Hölder inequality for $A_{\infty}$ weights proved by Hytönen, Pérez and Rela in [62] and [63]. That is why we claim that our reverse Hölder inequality we present for $C_{p}$ weights is also sharp.

The definition of the $C_{p}$ constant and the reverse Hölder inequality are contained in Chapter 2. In this chapter, we provide a discussion on the $C_{p}$ class itself, some of its main properties and a few examples. Also, we expand on the counterexample of Kahanpää and Mejlbro that disproves the self-improvement of $C_{p}$ weights. We give a new proof of this fact that can be expanded to higher dimensions.

The translation of the quantification of the reverse Hölder inequality to the quantification of the Coifman-Fefferman inequality is not a difficult task once the correct tools are identified. The most important tool is a good- $\lambda$ inequality with exponential decay between the Calderón-Zygmund and the maximal Hardy-Littlewood operators, that we borrow from [7]. This inequality, combined with the sharp reverse Hölder inequality allows us to obtain a quantification of the Coifman-Fefferman inequality for $C_{p}$ weights. Nevertheless, due to the non-local nature of $C_{p}$ weights, a logarithmic dependence on the constant is added, and not the desired linear dependence. This extra logarithmic term is unavoidable by our methods.

We are also able to prove Coifman-Fefferman inequalities for more general operators. Precisely, rough homogeneous singular integral operators. The lack of regularity of the kernel of these operators makes it impossible for them to satisfy a good- $\lambda$ inequality, less one with exponential decay. Therefore, we need to use the technique of sparse domination in order to prove $C_{p}$ Coifman-Fefferman inequalities for rough operators. To the best of our knowledge, no $C_{p}$ estimate was known to be satisfied by rough operators until our result.

Although the sparse domination technique is known for delivering sharp estimates on weights, that is not the case for $C_{p}$ weights, sadly. Here, the intricate non-local properties of $C_{p}$ weights make sparse domination technique not optimal, so the estimates obtained for rough operators do not look sharp at all. Nevertheless, their novelty makes them interesting, since such weighted estimates had not been proven before, even qualitatively. The quantification of Coifman-Fefferman inequalities for Calderón-Zygmund operators, rough homogeneous singular integrals and sparse forms is given in Chapter 3. The quantification of the inequality of Fefferman-Stein is postponed until Chapter 4, where we obtain a good- $\lambda$ inequality with exponential decay between the Hardy-Littlewood maximal operator and the sharp maximal function of Fefferman-Stein.

### 1.2 BMO estimates

The second part of the dissertation is devoted to obtaining estimates for BMO functions, which is contained in Chapters 4 and 5.

The space of functions of bounded mean oscillation, BMO, is a classical space in analysis. It serves as an adequate alternative for $L^{\infty}$ in some cases, for example,
the singular integral of a bounded function is not bounded, but lies in BMO. Although the space is larger than $L^{\infty}$ (and therefore the BMO condition is weaker than boundedness), BMO is strong enough to be used as an interpolation end-point.

Even though it can be used to substitute $L^{\infty}$ in some cases, the space BMO is interesting in its own right. The most important property of this space is the JohnNirenberg theorem, that states that these functions are actually locally exponentially integrable. This can be seen as a self-improvement result on integrability, since starting from an $L^{1}$ integrability condition we obtain an exponential integrability condition. Similar phenomena hold for Poincaré and Sobolev-Poincaré inequalities, as shown in [107], and also for capacity density conditions as in Chapter 6.

Related to the BMO space, there is the Fefferman-Stein sharp maximal function. This function being in $L^{\infty}$ is equivalent to the original function being in BMO. But this is not the first time this maximal object appears in this dissertation, since we already dealt with it tangentially while talking about $C_{p}$ weights. It was Yabuta [117] who showed the relation between the Hardy-Littlewood and the Fefferman-Stein maximal functions in the context of $C_{p}$ weights, which is called the Fefferman-Stein inequality.

In order to get a precise quantification of the Fefferman-Stein inequality for $C_{p}$ weights, we needed a good- $\lambda$ type inequality between the Hardy-Littlewood and the Fefferman-Stein maximal functions. More precisely, we needed a good $-\lambda$ inequality between them with an exponential decay. Such an inequality was not available to us in the literature, so in order to prove it, we took a new route. This new route led us to finding some extensions of the John-Nirenberg theorem. The quantification of the Fefferman-Stein inequality for $C_{p}$ weights comes naturally following one of those extensions of the John-Nirenberg theorem, but further consequences also follow.

Among the consequences that were obtained from the extensions of the JohnNirenberg theorem, we find a version of a weighted inequality of Muckenhoupt and Wheeden. This weighted inequality for $A_{p}$ weights can be seen as a self-improvement result, since starting from a local unweighted $L^{1}$ estimate we obtain a weighted $L^{r, \infty}$ estimate for some $r>1$.

The extensions of the John-Nirenberg theorem, along with their consequences and generalizations are presented in Chapter 4.

As we commented before, John-Nirenberg can be seen as a self-improvement result. That is, a function that a priori has uniformly bounded $L^{1}$-type oscillations actually has uniformly bounded exponential-type oscillations. We have a starting point, in this case, the function belonging to BMO and we improve that starting point to a better condition, in this case, exponential integrability. A natural question to be asked is if this starting point can be weaker, that is, can we have a softer condition that self-improves to BMO? If so, how much can we weaken this condition?

This is not a new question, it was already addressed by John in [65] and Strömberg in [113]. The correct minimal condition for BMO is the uniform boundedness of $L^{\varphi}-$ oscillations for a concave function $\varphi$, which can grow as slow as we want. More recently, an explicit quantitative estimate of the BMO norm in terms of the scale function $\varphi$ was given by Logunov, Slavin, Stolyarov, Vasyunin and Zatitskiy in [90]. This estimate for the norm has the disadvantage of not being homogeneous on the function. We present a new proof of the same minimality that yields a homogeneous norm estimate, also being completely transparent. Our proof can also be extended to other geometries.

We will also study the same problem in more general contexts beyond euclidean spaces. For example, we extend our methods to spaces of homogeneous type, which are quasi-metric spaces equipped with a doubling measure. We can do this because
the method for the euclidean case is quite transparent and it can easily be generalized. Moreover, we can also use the geometry of $\mathbb{R}^{n}$ to obtain similar results for non-doubling measures in $\mathbb{R}^{n}$. We are not able to obtain the same results in abstract quasi-metric (or even metric) spaces without doubling of the measure, because we use special properties of the geometry of $\mathbb{R}^{n}$ in this case. All these results concerning minimality for BMO are developed in Chapter 5.

### 1.3 Hajłasz capacity density condition

The last part of this thesis, Chapter 6 concerns capacity density conditions in terms of Hajłasz gradients and their self-improvement in abstract metric spaces. This is the first time that a capacity density condition concerning non-local gradients is proved to be self-improving in metric spaces. The way this chapter is connected to the thesis is not as straightforward as the previous chapters. We started trying to prove self-improvement properties of fractional Hardy inequalities in metric spaces, that is somewhat related to the self-improvement of Poincaré inequalities of Section 4.5. The improvement of Hardy inequalities was not obtained but, in the process, we started working with Hajłasz gradients and eventually came to our results.

The study of self-improvement of capacity density conditions can be tracked back to the seminal work of Lewis [88], in which self-improvement of a capacity density condition concerning Riesz potentials was established on $\mathbb{R}^{n}$. This result was followed by the work of Mikkonen [98] in which $p$-Laplace weighted Maz'ya estimates were obtained, and also by the work of Björn, MacManus and Shanmugalingam [6] in which similar estimates were obtained in metric spaces. This last result uses upper gradients, which are a way of defining derivatives of functions in metric spaces. Upper gradients are local objects, since their value only depends on a neighborhood of the point.

We work with $\beta$-Hajłasz gradients, which were introduced in [49] for $\beta=1$. Their nature is non-local because of their definition, but that same definition is at the same time quite natural. In the fractional case $0<\beta<1$, the same definition appears naturally. Moreover, upper gradients can be shown to be 1-Hajłasz gradients, which makes Hajłasz gradients a slightly more general and versatile tool than upper gradients.

One of the main advantages of working with Hajłasz gradients is that Poincaré inequalities hold without any extra assumption on the measure. That is, for any function and any Hajłasz gradient of it, a local Poincaré inquality holds, see Section 6.3. This is not true for other derivatives, such as upper gradients, and usually those kind of settings require extra hypotheses that exclude some interesting cases such as certain doubling measures in $\mathbb{R}$, see [5].

We introduce a capacity density condition similarly as other capacity density conditions, but in terms of Hajłasz gradients. This condition thus has two parameters, the derivative order $\beta$ and the size parameter $p$ in terms of integrability. We prove that our condition is self-improving in both $\beta$ and $p$. More precisely, we prove that a set $E$ satisfies a $(\beta, p)$-capacity density condition if and only if its upper Assouad codimension is strictly smaller than the product $\beta p$. That is, there is always a small room for lowering both $\beta$ and $p$ in a way that their product is still strictly greater than the upper Assouad codimension.

The characterization of the capacity density condition in terms of the Assouad codimension is quite technical. It is fairly easy to prove that the strict bound on the Assouad codimension implies the capacity density condition, using an inequality
of Maz'ya type. It is also not difficult to prove that the capacity density condition implies that the Assouad codimension is smaller or equal to the product $\beta p$. The difficult part is proving that this bound is strict.

In order to do that, we combine a technique of using Poincaré inequalities and Hardy-type inequalities to this setting, and we also use some techniques of selfimprovement of Poincaré inequalities. The study of such self-improvement properties was initiated by Keith and Zhong in thier celebrated work [71]. In this respect, we joint the line of research initiated by Korte Lehrbäck and Tuominen in [76] in which a condition similar to our capacity density condition was related to Hardy inequalities. In [74], a maximal function approach for these methods was proposed to obtaining Poincaré inequalities. We combine all the methods above for Hardy and Poincaré inequalities, and we elaborate on those arguments to obtain our results concerning capacity density conditions.

### 1.4 Preliminaries and notation

This thesis has several parts that are contained in a few works that have been developed with different sets of people at different points in time. Therefore, keeping a unified notation has not been particularly easy and the notation in this document may be different to the notation in the referred works and even not-standard at some points. I apologize in advance. I did my best to unify all this expressions and notations to my liking and always trying to make everything easy to understand and keeping it correct.

### 1.4.1 Basic notation

The characteristic function of a set $E$ in an ambient space $X$ will be denoted by $\chi_{E}$, ignoring the ambient space. That is,

$$
\chi_{E}(x)= \begin{cases}1, & x \in E \\ 0, & x \notin E\end{cases}
$$

For an exponent $1 \leq p \leq \infty$, we use the standard notation $p^{\prime}$ to denote the Hölder conjugate exponent, that is, $1^{\prime}=\infty, \infty^{\prime}=1$ and $p^{\prime}=p /(p-1)$ for $1<p<\infty$.

By a weight we mean a nonnegative locally integrable function, usually denoted by $w$. Although generally weights are assumed to be positive almost everywhere, we will let them vanish on sets of positive measure for reasons that will become apparent shortly. Abusing ever so slightly the notation, we identify the weight function $w$ with the measure that it defines, that is, for a measurable set $F$ we write

$$
w(F)=\int_{F} w(x) d x
$$

where $d x$ denotes the Lebesgue measure, or the measure of the ambient space. Clearly, weighted measures are always absolutely continuous with respect to the ambient measure.

A cube in $\mathbb{R}^{n}$ is a cartesian product of $n$ intervals of the same length, usally denoted by the letter $Q$. That is, a set of the form

$$
Q=\prod_{j=1}^{n}\left[a_{j}, b_{j}\right]=\left[a_{1}, b_{1}\right] \times \cdots \times\left[a_{n}, b_{n}\right] .
$$

Since all of our measures in $\mathbb{R}^{n}$ are absolutely continuous with respect to the Lebesgue measures, it will not be of importance whether the intervals are open, closed or halfopen, since sets of measure zero will not matter in this context.

When we work on $\mathbb{R}^{n}$, the Lebesgue measure will be denoted by $|\cdot|$.
For a locally integrable function $f$, we will use two notations for averages over a set $Q$, which will mostly be either a cube or a ball:

$$
f_{Q}=f_{Q} f(x) d x=\frac{1}{|Q|} \int_{Q} f(x) d x
$$

In the context of a metric space $(X, \mu)$, the same notation will be used for averages, that is, for a set $E$ with finite measure and an integrable function $f$, the average of $f$ over $E$ will be denoted by

$$
f_{E}=f_{E} f(y) d \mu(y)=\frac{1}{\mu(E)} \int_{E} f(y) d \mu(y) .
$$

Another standard notation for averages, usually used in the context of sparse operators and forms is the following one:

$$
\langle f\rangle_{Q}=f_{Q}=f_{Q} f(x) d x
$$

Moreover, with this notation we can denote also $L^{p}$-averages, that is, for a positive function $f$,

$$
\langle f\rangle_{p, Q}=\left(\left(f^{p}\right)_{Q}\right)^{\frac{1}{p}}=\left(f_{Q} f(x)^{p} d x\right)^{\frac{1}{p}}
$$

Also, this notation allows us to incorporate weighted averages quite naturally:

$$
\langle f\rangle_{p, Q}^{w}=\left(\frac{1}{w(Q)} \int_{Q} f(x)^{p} w(x) d x\right)^{\frac{1}{p}}
$$

We use standard Lebesgue and Lorentz spaces. That is, for a measure space $(X, \mu)$, exponent $0<p<\infty$, and a measurable function on $X$, we define

$$
\begin{aligned}
& -\|f\|_{L^{p}(X)}=\left(\int_{X}|f(x)|^{p} d \mu(x)\right)^{\frac{1}{p}} ; \\
& -\|f\|_{L^{\infty}(X)}=\operatorname{ess}_{\sup }^{x \in X} \text { }|f(x)|=\inf \{M>0: \mu(\{x \in X:|f(x)|>M\})=0\} . \\
& -\|f\|_{L^{p, \infty}(X)}=\sup _{t>0} t \mu(\{x \in X:|f(x)|>t\})^{\frac{1}{p}} .
\end{aligned}
$$

### 1.4.2 The Hardy-Littlewood maximal operator

The Hardy-Littlewood maximal operator $M$ is defined for a locally integrable function $f$ defined on $\mathbb{R}^{n}$ as

$$
M f(x)=\sup _{x \in Q} \frac{1}{|Q|} \int_{Q}|f(y)| d y
$$

where the supremum is taken over all cubes containing the point $x$. Taking open or closed cubes does not change the result.

The Hardy-Littlewood maximal operator has the following boundedness properties in $\mathbb{R}^{n}$ :
$-\|M f\|_{L^{p}\left(\mathbb{R}^{n}\right)} \leq \kappa_{n}\left(p^{\prime}\right)^{\frac{1}{p}}\|f\|_{L^{p}\left(\mathbb{R}^{n}\right)}$, for $1<p \leq \infty$.
$-\quad\|M f\|_{L^{1, \infty}\left(\mathbb{R}^{n}\right)} \leq 3^{n}\|f\|_{L^{1}\left(\mathbb{R}^{n}\right)}$.
For $0<s<\infty$, the operator $M_{s}$ is defined by the expression

$$
M_{s} f(x)=M\left(|f|^{s}\right)(x)^{\frac{1}{s}}=\sup _{x \in Q}\left(f_{Q}|f(y)|^{s} d y\right)^{\frac{1}{s}}
$$

This operator has the following boundedness-properties:
$-\left\|M_{s} f\right\|_{L^{p}\left(\mathbb{R}^{n}\right)} \leq \kappa_{n, p, s}\|f\|_{L^{p}\left(\mathbb{R}^{n}\right)}$, for $s<p \leq \infty$.
$-\left\|M_{s} f\right\|_{L^{s, \infty}\left(\mathbb{R}^{n}\right)} \leq \kappa_{n, s}\|f\|_{L^{s}\left(\mathbb{R}^{n}\right)}$.
The maximal operator can also be defined in metric spaces using balls, and it satisfies the same boundedness properties.

### 1.4.3 Covering and decomposition techniques

For a fixed cube $Q$, the family of dyadic descendants of $Q, \mathcal{D}(Q)$ is obtained by dividing $Q$ into the $2^{n}$ cubes that come from splitting each side of $Q$ in two intervals of half lenght, and iterating this process.

We state and prove the Calderón-Zygmund decomposition technique in its simplest form. This useful technique was first used by Calderón and Zygmund to prove the boundednes of some singular integral operators [10]. Although it can be done in different scenarios, such as the whole space $\mathbb{R}^{n}$, we are going to describe how it can be applied while working locally at some cube $Q$. The idea is to decompose the cube $Q$ into smaller cubes such that the function is somehow controlled in each of these smaller cubes.

## Lemma 1.1 - Calderón-Zygmund decomposition

Let $Q$ be a cube in $\mathbb{R}^{n}$ and $f \in L^{1}(Q)$ such that $|f|_{Q}=1$. Choose a stoppingtime $\lambda>1$. There exists a family of cubes $\mathcal{Q}=\left\{Q_{j}\right\}_{j} \subset \mathcal{D}(Q)$ with the following properties:

- The cubes in $\mathcal{Q}$ are pairwise disjoint;
$-\quad$ For each $Q_{j} \in \mathcal{Q}$, we have $\lambda<f_{Q_{j}}|f(y)| d y \leq 2^{n} \lambda$;
$-\sum_{Q_{j} \in \mathcal{Q}}\left|Q_{j}\right| \leq \frac{|Q|}{\lambda} ;$
$-\quad$ for almost every $x \in Q \backslash \bigcup_{Q_{j} \in \mathcal{Q}} Q_{j}$, we have $|f(x)| \leq \lambda$.

Proof. We use the following iteration. We divide $Q$ into its $2^{n}$ children and test the condition

$$
\begin{equation*}
f_{P}|f(y)| d y>\lambda \tag{1.1}
\end{equation*}
$$

for each $P$ dyadic child of $Q$. We add the ones that satisfy (1.1) to the family $\mathcal{Q}$. For the non chosen children, we divide them into their children and continue the process.

The obtained family is clearly pairwise disjoint. The second property holds because each of the chosen child satisfies (1.1) and its direct parent does not. The third property also follows from (1.1), since

$$
\sum_{Q_{j} \in \mathcal{Q}}\left|Q_{j}\right|<\frac{1}{\lambda} \sum_{Q_{j} \in \mathcal{Q}} \int_{Q_{j}}|f(y)| d y \leq \frac{1}{\lambda} \int_{Q}|f(y)| d y=\frac{|Q|}{\lambda}
$$

The last property follows from the Lebesgue differentiation theorem.

## Lemma 1.2 - Vitali covering

Let $\mathbb{X}$ be a space of homogeneous type and let $\mathcal{B}$ be a collection of balls in $\mathbb{X}$ with bounded radius. There exists a subcolection $\mathcal{B}^{*} \subset \mathcal{B}$ of pairwise disjoint balls such that

$$
\begin{equation*}
\bigcup_{B \in \mathcal{B}} B \subseteq \bigcup_{B \in \mathcal{B}^{*}} \kappa(4 \kappa+1) B \tag{1.2}
\end{equation*}
$$

Proof. Let $R$ denote the supremum of the radii of balls in $\mathcal{B}$. Divide the family $\mathcal{B}$ into $\mathcal{B}_{n}$ containing the balls in $\mathcal{B}$ with radius in $\left(2^{-n-1} R, 2^{-n} R\right]$, for $n \geq 0$. We define a sequence of families as follows. Let $H_{0}=\mathcal{B}_{0}$ and let $\mathcal{B}_{0}^{*}$ be a maximal subcollection of $H_{0}$ of pairwise disjoint balls, which exists by Zorn's Lemma. Then, we define inductively

$$
H_{n+1}=\left\{B \in \mathcal{B}_{n+1}: B \cap C=\emptyset, \text { for all } C \in \bigcup_{m=0}^{n} \mathcal{B}^{*}\right\}
$$

and $\mathcal{B}_{n+1}^{*}$ a maximal subcollection of pairwise disjoint balls of $H_{n+1}$. Then the family

$$
\mathcal{B}^{*}=\bigcup_{n=0}^{\infty} \mathcal{B}^{*}
$$

consists of pairwise disjoint balls and satisfies (1.2).

### 1.4.4 Good- $\lambda$ inequalities

In this section we introduce the technique of good- $\lambda$ inequalities that will be used throughout the dissertation. First, we will use what we call the layer-cake formula or Cavalieri principle. [45, Proposition 1.1.4]

## Lemma 1.3 - Layer cake formula

Let $(X, \mu)$ be a measure space and $\psi$ a differentiable nonnegative function on $[0, \infty)$. Then for every positive function $f$ on $X$, we have

$$
\int_{X} \psi(f(x)) d \mu(x)=\int_{0}^{\infty} \psi^{\prime}(t) \mu(\{x \in X: f(x)>t\}) d t
$$

The following lemma is the in the same spirit as the layer cake formula, but it constitutes a discretization on the height.

## Lemma 1.4

Let $f \in L^{p}(X)$ for some measure space $(X, \mu)$. Then

$$
\int_{X} f(x)^{p} d \mu(x) \equiv_{p} \sum_{k \in \mathbb{Z}} 2^{k p} \mu\left(\left\{x \in X: f(x)>2^{k}\right\}\right),
$$

where the implicit constants only depend on $p$.

Finally, we introduce the good- $\lambda$ technique that is used throughout the dissertation many times

Lemma 1.5 - Good- $\lambda$ inequalities
Let $(X, \mu)$ be a measure space and let $f, g$ be to functions satisfying

$$
\mu(\{x \in X: f(x)>t, g(x) \leq \lambda t\}) \leq \varphi(\lambda)
$$

for all $0<t<\infty$ and $0<\lambda<1$, and some continuous function $\varphi$ such that $\varphi(0)=0$. Then $\|f\|_{L^{p}(X)} \leq_{\varphi, p}\|g\|_{L^{p}(X)}$ for all $0<p<\infty$.

Proof. We use the Layer cake formula in Lemma 1.3. We have

$$
\begin{aligned}
\|f\|_{L^{p}(X)} & =p \int_{0}^{\infty} t^{p-1} \mu(\{x \in X: f(x)>t\}) d t \\
& \leq p \int_{0}^{\infty} t^{p-1} \mu(\{x \in X: g(x)>\lambda t\}) d t \\
+\varphi(\lambda) p \int_{0}^{\infty} t^{p-1} \mu(\{x \in X: f(x)>t\}) d t & \\
& =\lambda^{-p}\|g\|_{L^{p}(X)}+\varphi(\lambda)\|f\|_{L^{p}(X)} .
\end{aligned}
$$

Now, since $\varphi$ is continuous and going to zero, one can choose $\lambda$ small enough so that $\varphi(\lambda) \leq \frac{1}{2}$. Passing then the last term to the left hand side finishes the argument.

## The class $C_{p}$ of weights

Some of the results in this chapter are contained in the following works:
[12] Canto, J. Sharp Reverse Hölder inequality for $C_{p}$ Weights and Applications, The Journal of Geometric Analysis (2021) 31: 4165-4190.
[13] Canto, J., Li, K., Roncal, L., Tapiola, O. $C_{p}$ estimates for rough homogeneous singular integrals and sparse forms, Annalli della Scuola Normale Superiore di Pisa, clase di Scienze (5) Vol XXII (2021), 1131-1168.

In this chapter we will discuss and further develop the results from these two works that focus on the structure of the $C_{p}$ classes of weights. We define the $C_{p}$ constant, prove a quantitative sharp Reverse Hölder inequality for $C_{p}$ weights and show the lack of self-improvement for these classes.

The results concerning quantitative weighted norm inequalities will be discussed in the following chapter. Nevertheless, since weighted norm inequalities are intrinsically tied to $C_{p}$ weights, they will appear throughout this chapter.

First and foremost, let me make a probably silly but important comment that was noted to me by Javier Martínez-Perales. The most annoying thing about working with the $C_{p}$ class is precisely its name, that is, the notation $C_{p}$. Usually in analysis, whenever we want to emphasize that a quantity $A$ is bounded by another quantity $B$ times a constant "that is somehow relevant but not that much" depending on a parameter, say $p$, we write inequalities of the form

$$
A \leq C_{p} B
$$

The problem is therefore evident here: we should not use, in this text, the usual notation of the ever-changing constant $C$ and use subscripts to specify the parameters in which this constant depends, because of the confusion it may cause as it is the name of one of the main object of study in this thesis. That is why we will name these kind of constants (whenever we are in the $C_{p}$ context) by the letter $\kappa$.

### 2.1 Historical introduction

Weighted inequalities have been a core field of study in Harmonic Analysis since the 70's. It was Muckenhoupt [99] who introduced the $A_{p}$ class of weights and proved its characterization in terms of the boundedness of the Hardy-Littlewood maximal function. Later, it was shown that $A_{p}$ weights satisfy further properties, such as the boundedness of the Hilbert transform [60] or Calderón-Zygmund operators [20] in weighted Lebesgue spaces. Since $A_{p}$ weights are not the target class of weights for this dissertation, we will not go into detail on that topic, but we refer to [29, 40] for more detailed information.

One of the most interesting properties of $A_{p}$ weights is the reverse Hölder inequality they satisfy, originally proved by Muckenhoupt. Without going into much detail at the moment, this means that a weight in $A_{p}$ will locally be $L^{q}$ integrable, for some $1<q<\infty$, this $q$ being the reverse Hölder exponent. A weight satisfying a reverse Hölder inequality is called a Reverse Hölder weight, and the class of weights satisfying a reverse Hölder inequality with exponent $q$ is usually caled $R H_{q}$, but it has sometimes been denoted by $B_{q}\left[8\right.$, Chapter 3]. It is not clear where the name $B_{q}$ originated, but it is reasonable to think that it comes as a continuation to $A_{p}$ in the alphabet.

Let us make two remarks here about the $A_{p}$ and $B_{q}$ classes. First of all, a weight is in some $A_{p}$ if and only if it belongs to some $B_{q}$, but no relation between $p$ and $q$ can exist. This was proved by Coifman and Fefferman [20] who showed that the union of all $A_{p}$ classes and the union of all $B_{q}$ classes coincide and equal $A_{\infty}$.

The second remark is their nestedness. That is, whenever $p<q$, we have the inclusions $A_{p} \subset A_{q}$ and $B_{q} \subset B_{p}$. This nestedness property is but a consequence of the definitions of these classes and the (standard) Hölder inequality. But the important key here is that there is self-improvement in some sense. That is, if a weight belongs to $A_{p}$ for some $p$, it also belongs to $A_{q}$ for some $q<p$, this $q$ depending on the weight. The same is true for $B_{p}$, that is, a weight belonging to $B_{p}$ also belongs to $B_{q}$ for some $q>p$, and this $q$ depends on the weight. This fact was first proved by Ghering [41], and it is a key fact in the $A_{p}$ theory.

Continuing with the alphabet, the class $C_{p}$ of weights was introduced by Muckenhoupt in [100]. In its inception, it appeared as an attempt to characterize the weighted norm inequality between the Hilbert transform and the Hardy-Littlewood maximal function. That is, the original problem was to, for a fixed $p$, study which weights $w$ satisfy the norm inequality

$$
\begin{equation*}
\|H f\|_{L^{p}(w)} \leq \kappa\|M f\|_{L^{p}(w)}, \tag{2.1}
\end{equation*}
$$

for all bounded $f$ with compact support and $\kappa$ independent from $f$, where $H$ denotes the Hilbert transform and $M$ the Hardy-Littlewood maximal operator.

The answer to this problem has not been completely found, but partial answers have been given. The first answers were by Muckenhoupt [100] and by Sawyer [109], who established that $w \in C_{p}$ is necessary for (2.1) and its analogue in higher dimensions with the Riesz transforms, but the sufficient condition that was found there was $C_{q}$ for some $q>p$. More precisely, Sawyer proved the following sufficient condition. If a weight is in $C_{q}$ for $1<p<q<\infty$ and $T$ is a Calderón-Zygmund operator, see Chapter 3, there exists $\kappa>0$ such that for all bounded functions $f$ with compact support, the following inequality holds

$$
\begin{equation*}
\left\|T^{*} f\right\|_{L^{p}(w)} \leq \kappa\|M f\|_{L^{p}(w)}, \tag{2.2}
\end{equation*}
$$

where $T^{*}$ denotes the maximally truncated singular integral operator related to $T$, see Chapter 3.

Sawyer also proved that if there exists $K>0$ such that for each of the Riesz transforms $R_{j}$ and bounded $f$ with compact support, the following holds for some $1<p<\infty$,

$$
\left\|R_{j} f\right\|_{L^{p}(w)} \leq \kappa\|M f\|_{L^{p}(w)}
$$

then the weight $w$ is in $C_{p}$.
Understandingly, it was conjectured by Muckenhoupt that $C_{p}$ is the correct sufficient condition. This conjecture is known as the Muckenhoupt conjecture.

Conjecture 2.1 - Muckenhoupt [100, 109]
Let $1<p<\infty$ and let $w$ be a weight. Then $w \in C_{p}$ if and only if there for each Calderón-Zygmund operator $T$, there exists a constant $\kappa$ such that for every bounded function $f$ with compact support, the following inequality holds

$$
\left\|T^{*} f\right\|_{L^{p}(w)} \leq \kappa\|M f\|_{L^{p}(w)}
$$

The most simple way of proving this conjecture would be, using the known sufficient conditions, to prove a self-improvement property between $C_{p}$ classes. That is, to prove that a weight in $C_{p}$ belongs in $C_{q}$ for some $q>p$. This is not true, as was shown by Kahanpaa and Mejlbro in [69], see Section 2.9.

Another important norm inequality that is satisfied by $C_{p}$ weights is the Fefferman-Stein inequality. This is an inequality between a function $f$ and the sharp maximal function $M^{\sharp} f$. A result by Yabuta [117] states that the $L^{p}(w)$-norm of $M f$ is bounded by that of $M^{\sharp} f$ for weights in $C_{q}$ for $q>p$, and $C_{p}$ is necessary. The parallelism between this result and that of Sawyer's is clear. A more detailed discussion on the Fefferman-Stein inequality will be given in Chapter 4, where also a quantitative estimate is given.

### 2.2 A brief note on $A_{\infty}$ weights

In this section, we state a few well-known facts about the class $A_{\infty}$. Although this class is not the target class of study on this Chapter, we have included this section in order to establish parallelisms between $A_{\infty}$ and $C_{p}$, which is the main object of study in this Chapter. The results in this section will not be proven here, but the reader is welcomed to visit references on this topic such as [45, Chapter 7]

There are many equivalent definitions of $A_{\infty}$ weights, see for example an extensive list on [30]. We choose to give this one here.

## Definition 2.2

Let $w$ be a weight. We say that $w$ is an $A_{\infty}$ weight, and we write $w \in A_{\infty}$ if there exist constants $\kappa \geq 1$ and $\varepsilon>0$ such that for all cubes $Q \in \mathbb{R}^{n}$ and all measurable $E \subseteq Q$, the following inequality holds:

$$
\begin{equation*}
w(E) \leq \kappa\left(\frac{|E|}{|Q|}\right)^{\varepsilon} w(Q) \tag{2.3}
\end{equation*}
$$

We recall the definition of the $A_{\infty}$ constant of Fujii-Wilson, that was introduced by Hytönen, Pérez and Rela in the works [62, 63] in order to give mixed type $A_{p}-A_{\infty}$ estimates.

## Definition 2.3

Let $w$ be a weight. The $A_{\infty}$ constant of $w$ is the number

$$
[w]_{A_{\infty}}=\sup _{Q} \frac{1}{w(Q)} \int_{Q} M\left(w \chi_{Q}\right)(x) d x
$$

where the supremum is taken over all cubes $Q$.

It is a well known fact that $A_{\infty}$ weights satisfy a Reverse Hölder inequality, for example, see Coifman and Fefferman [20]. See also the books [29, 40] a more detailed discussion on the topic.

## Proposition 2.4

Let $w$ be a weight. The following statements are equivalent

1. $w \in A_{\infty}$;
2. There exist $\delta>0$ and $\kappa>0$ such that for all cubes $Q$,

$$
\left(f_{Q} w(x)^{1+\delta} d x\right)^{\frac{1}{1+\delta}} \leq \kappa \frac{w(Q)}{|Q|} .
$$

A quantitative version of this Reverse Hölder inequality was given by Hytönen, Pérez in [62] and later by them and Rela in [63], in which the exponent is explicitly given in terms of the Fujii-Wilson constant of the weight. We state it here.

## Theorem 2.5 - Sharp Reverse Hölder Inequality for $A_{\infty}$ weights, [63]

Let $w \in A_{\infty}$ and let $Q$ be a cube. Then

$$
\left(f_{Q} w(x)^{1+\delta} d x\right)^{\frac{1}{1+\delta}} \leq 2 f_{Q} w(x) d x
$$

for any $\delta>0$ such that $0<\delta \leq \frac{1}{2^{n+1}[w]_{A_{\infty}}-1}$.
In Section 2.5 we will give a version of this inequality for $C_{p}$ weights.

### 2.3 Weights of class $C_{p}$

Let us give the definition for this class of weights as was given originally in [100] in $\mathbb{R}$ and then in [109] for higher dimensions.

## Definition 2.6

Let $1<p<\infty$. We say that a weight $w$ is of class $C_{p}$, and we write $w \in C_{p}$ if there exist constants $\kappa>0$ and $\varepsilon>0$ such that for every cube $Q \subset \mathbb{R}^{n}$ and every
measurable $E \subset Q$ we have

$$
\begin{equation*}
w(E) \leq \kappa\left(\frac{|E|}{|Q|}\right)^{\varepsilon} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{p}(x) w(x) d x . \tag{2.4}
\end{equation*}
$$

Here $M$ denotes the standard Hardy-Littlewood maximal operator, see Section 1.4.2.
At a first sight, the difference between $C_{p}$ and $A_{\infty}$ is the appearance of the quantity $\int_{\mathbb{R}^{n}}\left(M \chi_{Q}\right)^{p} w$ in (2.4) playing the role that $w(Q)$ plays in (2.3). This quantity recurrently appears whenever $C_{p}$ weights are on the menu, and its non local behavior presents the main difficulties that arise in the study of these weights. We will call it the " $C_{p}$-tail of $w$ at $Q$ ".

The way to interpret (2.4) is in a continuity sense, that $w$ measures small sets in a controlled way; that is, the ratio between the weighted measure $w(E)$ and the $C_{p}$-tail at $Q$ has to be bounded by a power of the ratio between the Lebesgue measures of $E$ and $Q$.

## Examples 2.7

Let us give a few examples of weights belonging to $C_{p}$.

- All $A_{\infty}$ weights are in $C_{p}$, see bellow.
- In dimension one, $\chi_{(0, \infty)} \in C_{p}$ for all $p$.
- No integrable function can be $C_{p}$.

Let us make a digression and make a few comments on $C_{p}$-tails. First, note that $M \chi_{Q}$ is a function that is positive everywhere, that takes value 1 in the cube $Q$ and tends to zero at infinity. This makes it clear that any weight in the $A_{\infty}$ class belongs to $C_{p}$. Moreover, since $M \chi_{Q} \leq 1$, we have that for $\left(M \chi_{Q}\right)^{p} \geq\left(M \chi_{Q}\right)^{q}$ for $p \leq q$, which implies $C_{q} \subseteq C_{p}$ for $p \leq q$. In short, we have

$$
A_{\infty} \subseteq C_{q} \subseteq C_{p}, \quad p \leq q .
$$

Later, we will show that these inclusions are strict whenever $p<q$.
Note that the inclusions go in the opposite way as for $A_{p}$, that satisfy $A_{p} \subset A_{q}$ for $p \leq q$.

As mentioned before, $C_{p}$-tails play an important role in the analysis of $C_{p}$ weights, so let us take a look at them. First, let us take a look at the maximal function of the characteristic of a cube, that is, $M \chi_{Q}$. We have a pointwise estimate which will be used many times throughout this dissertation.

## Lemma 2.8

Let $Q$ be a cube of side-lenght $\ell(Q)$ and center $x_{Q}$. There exist constants depending only on the dimension $n$ such that

$$
M \chi_{Q}(x) \simeq \frac{|Q|}{|Q|+\operatorname{dist}(x, Q)^{n}} \simeq \frac{|Q|}{\left(\ell(Q)+\left|x-x_{Q}\right|\right)^{n}} .
$$

## Lemma 2.9

Let $Q$ be a cube and $\lambda>1$. Then the following pointwise inequality holds almost
everywhere,

$$
M \chi_{Q}(x) \leq M \chi_{\lambda Q}(x) \leq \lambda^{n} M \chi_{Q}(x) .
$$

The proof of the preceding lemma can be generalized to not only dilates of cubes but to nested cubes.

## Lemma 2.10

Let $P, Q$ be two cubes, such that $Q \subset P$. Then, for almost all $x \in \mathbb{R}^{n}$ the following inequality holds,

$$
M \chi_{Q}(x) \leq M \chi_{P}(x) \leq\left(\frac{|P|}{|Q|}\right)^{n} M \chi_{Q}(x) .
$$

Clearly, Lemma 2.10 says that $C_{p}$-tails of different cubes can always be compared if they are not too far away and their sizes are not too different, loosely speaking. This holds for all measures because the estimate in Lemma 2.10 is a pointwise one, and therefore independent of the measure.

If we try to keep up the analogy with the $A_{\infty}$ counterpart, something similar still holds. What we mean by this is that, if a weight is in $A_{\infty}$, two cubes that are not too far away and whose sizes are not too different then their weighted measures are also not too different. But here we do need that the weight belongs to $A_{\infty}$ because the counterpart of Lemma 2.10 in the $A_{\infty}$ world, which would be a pointwise inequality between characteristics of nested cubes fails drastically.

This small discussion, although somewhat loose and non-rigorous, pictures some of the difficulties that arise while working with $C_{p}$ weights, that is, their non-local nature.

We also present the following interesting property, that states that in order to compute the $C_{p}$-tail of a $C_{p}$ weight $w$ at a cube $Q$, the values that $w$ takes inside the cube $Q$ are not really important, that is, we can make a hole in the cube while computing the tail and still obtain an equivalent quantity.

## Lemma 2.11

Let $p>1$ and $w \in C_{p}$. Then there exists a constant $\kappa=\kappa_{p, w}>0$ such that for any cube $Q$ we have

$$
\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x \leq \kappa \int_{\mathbb{R}^{n} \backslash Q} M \chi_{Q}(x)^{p} w(x) d x .
$$

Proof. Let us fix a cube $Q$ and set $\alpha=\left(2 \kappa_{w}\right)^{\frac{1}{n \varepsilon_{w}}}$, where $\kappa_{w}$ and $\varepsilon_{w}$ are the constants in the definition of $C_{p}$ (2.4). Notice that $\alpha \geq 1$. Now applying the $C_{p}$ condition for $\alpha Q$ and $Q$ gives us

$$
\begin{aligned}
w(Q) & \leq \kappa_{w}\left(\frac{|Q|}{\alpha^{n}|Q|}\right)^{\varepsilon_{w}} \int_{\mathbb{R}^{n}}\left(M \chi_{\alpha Q}(x)\right)^{p} w(x) d x \\
& =\frac{1}{2} \int_{\mathbb{R}^{n}}\left(M \chi_{\alpha Q}(x)\right)^{p} w(x) d x \\
& \leq \frac{1}{2} w(Q)+\frac{1}{2} \int_{\mathbb{R}^{n} \backslash Q}\left(M \chi_{\alpha Q}(x)\right)^{p} w(x) d x,
\end{aligned}
$$

since $M \chi_{\alpha Q}=1$ on $Q$. In particular,

$$
w(Q) \leq \int_{\mathbb{R}^{n} \backslash Q}\left(M \chi_{\alpha Q}(x)\right)^{p} w(x) d x
$$

Thus,

$$
\begin{aligned}
\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x & =w(Q)+\int_{\mathbb{R}^{n} \backslash Q}\left(M \chi_{Q}(x)\right)^{p} w(x) d x \\
& \leq \int_{\mathbb{R}^{n} \backslash Q}\left(M \chi_{\alpha Q}(x)\right)^{p} w(x) d x+\int_{\mathbb{R}^{n} \backslash Q}\left(M \chi_{Q}(x)\right)^{p} w(x) d x \\
& \leq \int_{\mathbb{R}^{n} \backslash Q}\left(\kappa_{\alpha} M \chi_{Q}(x)\right)^{p} w(x) d x+\int_{\mathbb{R}^{n} \backslash Q}\left(M \chi_{Q}(x)\right)^{p} w(x) d x \\
& \leq \kappa_{\alpha, p} \int_{\mathbb{R}^{n} \backslash Q}\left(M \chi_{Q}(x)\right)^{p} w(x) d x,
\end{aligned}
$$

where we used Lemma 2.35 in the second to last inequality.
Let us now compute, or more precisely, estimate the $C_{p}$-tails of the constant weight $w=1$.

## Lemma 2.12

There exists a dimensional constant $\kappa_{n}>0$ such that for all $1<p<\infty$ and all $Q$ cubes, the following estimates are true

$$
|Q| \leq \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{p} d x \leq \kappa_{n} p^{\prime}|Q| .
$$

Proof. The first inequality is trivial, since $M \chi_{Q} \geq 1$ almost everywhere on $Q$. The second inequality follows from the operator norm of the Hardy-Littlewood maximal operator on $L^{p}\left(\mathbb{R}^{n}\right)$, see for example [29].

Finally, let us make a comment on weights that have infinite $C_{p}$ tails. Such weights exist, even in the $A_{\infty}$ class: the weight $w(x)=|x|^{\alpha}$ has infinite $C_{p}$-tails for big enough $\alpha>0$ and fixed $p$. The following lemma illustrates that a weight has either infinite $C_{p}$-tails at every cube or the tails are finite at every cube.

## Lemma 2.13

Let $1<p<\infty$ and let $w$ be a weight. Suppose that the $C_{p}$-tail of $w$ at $Q$ is infinite for some cube $Q$, that is, there exists a cube $Q$ such that

$$
\int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{p} w(x) d x=\infty .
$$

Then the same is true for all cubes.

Therefore, we will say that a weight $w$ has infinite $C_{p}$-tails if the $C_{p}$-tail of some cube (and therefore all cubes) is infinite. Clearly, these weights are always in $C_{p}$, since the right hand side of inequality (2.4) is infinite. However, these are not very interesting weights as the following lemma tries to show.

## Lemma 2.14

Let $w$ be a weight with infinite $C_{p}$-tails. Then for every non-zero function $f$, the following is true:

$$
\|M f\|_{L^{p}(w)}=\infty .
$$

Many of the quantitative norm inequalities that we study in the next chapter have the $L^{p}(w)$ norm of the Hardy-Littlewood maximal operator on the right-hand side and therefore hold trivially for weights with infinite $C_{p}$-tails, as a consequence of Lemma 2.13. Thus, having finite $C_{p}$-tails will be a common hypothesis in the proofs of results of that nature.

As an end to this section, let us mention that it is known that $C_{p}$ weights satisfy a weaker version of the Reverse Hölder inequality, in which the $C_{p}$-tail appears. See for example [8]. In Section 2.5 we will give a more detailed discussion on this and also provide a quantitative estimate on the exponent, but let us state this equivalence here.

Even though this inequality is clearly weaker than the Reverse Hölder inequality satisfied by $A_{\infty}$ weights, we will refer to it as the Reverse Hölder Inequality for $C_{p}$ weights, or just Reverse Hölder inequality.

## Proposition 2.15 - [8, Lemma 7.7]

Let $1<p<\infty$ and let $w$ be a weight. The following statements are equivalent:

1. $w \in C_{p}$;
2. There exist $\delta>0$ and $\kappa>0$ such that for all cubes $Q$,

$$
\left(f_{Q} w(x)^{1+\delta} d x\right)^{\frac{1}{1+\delta}} \leq \frac{\kappa}{|Q|} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{p} w(x) d x
$$

The parallelism between Proposition 2.4 and Proposition 2.15 is clear: in the $C_{p}$ world, the role that $w(Q)$ plays in the $A_{\infty}$ world is played by the $C_{p}$-tail.

### 2.4 The $C_{p}$ constant

In this section, we provide a constant for the $C_{p}$ class in the spirit of the FujiiWilson constant for $A_{\infty}$ weights from Definition 2.3. This constant will be used in the following chapter for giving quantitative estimates for norm inequalities between a wide variety of operators and objects. In order to introduce this constant, we keep Definition 2.3 in mind and take the parallelism between $A_{\infty}$ and $C_{p}$ to the next level.

Definition $2.16-C_{p}$ constant
For an arbitrary non-zero weight $w$, we define

$$
[w]_{C_{p}}:=\sup _{Q} \frac{\int_{Q} M\left(\chi_{Q} w\right)(x) d x}{\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x},
$$

where the supremum is taken over all cubes $Q$. If $w=0$, we set $[w]_{C_{p}}=0$.
Notice that if $w$ is not identically zero, the quantity on the denominator is always strictly greater than zero.
Remark 2.17 A non-zero weight $w$ has infinite $C_{p}$-tails if and only if $[w]_{C_{p}}=0$. Indeed, if $w$ has infinite $C_{p}$-tails then the denominator equals infinity and we have $[w]_{C_{p}}=0$. Conversely, if $[w]_{C_{p}}=0$ we have that for every cube $Q$,

$$
\frac{1}{\int_{\mathbb{R}^{n}}\left(M \chi_{Q}\right)^{p} w} \int_{Q} M\left(\chi_{Q} w\right)=0 .
$$

Let us first check that the $C_{p}$ constant is actually finite for $C_{p}$ weights.

## Proposition 2.18

Let $w \in C_{p}$. Then $[w]_{C_{p}}<\infty$.
Proof. We may assume that $w$ has finite $C_{p}$-tails. Let $\delta>0$ be as in Proposition 2.15. Then, for all cubes $Q$, we have

$$
\begin{aligned}
f_{Q} M\left(w \chi_{Q}\right)(x) d x & \leq\left(f_{Q} M\left(w \chi_{Q}\right)(x)^{1+\delta} d x\right)^{\frac{1}{1+\delta}} \\
& \leq \kappa\left(f_{Q} w(x)^{1+\delta} d x\right)^{\frac{1}{1+\delta}} \\
& \leq \kappa \frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x
\end{aligned}
$$

where we have used that the maximal function is bounded in $L^{1+\delta}\left(\mathbb{R}^{n}\right)$ and the Reverse Hölder inequality from Proposition 2.15. Rearranging the terms and taking the supremum over all cubes $Q$, we obtain the result.

Remark 2.19 For any weight $w$ we have the following relation between the different constants for $q \leq p,[w]_{C_{q}} \leq[w]_{C_{p}} \leq[w]_{A_{\infty}}$.

## Example 2.20

In dimension one, we have $[1]_{C_{p}}=\frac{p-1}{p+1}$, and in higher dimensions, $[1]_{C_{p}} \simeq_{n} \frac{1}{p^{\prime}}$. In particular this shows that the constant $C_{p}$ can be arbitrarily small. For $p>1$ and small $\varepsilon$, for $w_{\varepsilon}(x)=|x|^{n(p-1-\varepsilon)}$ we have $\left[w_{\varepsilon}\right]_{C_{p}} \lesssim \varepsilon$.

As the previous example illustrates, for a fixed $p$ and for any $\varepsilon>0$ there exists a weight $w$ satisfying $0<[w]_{C_{p}} \leq \varepsilon$. This is a huge difference with the $A_{\infty}$ constant, and the first moment in which the parallelism breaks.

The fact that the $C_{p}$ constant can be arbitrarily small makes quantitative estimates take an awkward form in which expressions of the likes of $\left(1+[w]_{C_{p}}\right)$ appear. So far, we have not found a way of making this expressions less awkward.

### 2.5 The Sharp Reverse Hölder Inequality

In this section we will state and prove a result that is analogous to Theorem 2.5 for $C_{p}$ weights. With this result, we can confirm that the definition of the $C_{p}$ constant is
the correct one, since it lets us have a quantitatively sharp Reverse Hölder inequality in the same sense as the one for $A_{\infty}$.

## Theorem 2.21

Let $1<p<\infty$ and let $w$ be a weight such that $0 \leq[w]_{C_{p}}<\infty$. Then $w \in C_{p}$ and $w$ satisfies, for $\delta=\frac{1}{B\left(1+[w]_{C_{p}}\right)}$, with

$$
\begin{gather*}
B=\frac{2^{1+4 n p+3 n}(20)^{n}}{1-2^{-n(p-1)}} \\
\left(f_{Q} w(x)^{1+\delta} d x\right)^{\frac{1}{1+\delta}} \leq \frac{4}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x \tag{2.5}
\end{gather*}
$$

Remark 2.22 Notice that $B$ depends on the dimension and on $p$. Moreover, we have $B \rightarrow \infty$ whenever $p$ tends to either $\infty$ or 1 .
Remark 2.23 The quantification in terms of the parameters $\varepsilon$ and $\kappa$ in (2.6) is $\kappa=2$ and

$$
\begin{equation*}
\varepsilon=\frac{1-2^{-n(p-1)}}{2^{2 n p+3 n}(20)^{n}} \frac{1}{1+[w]_{C_{p}}^{-1}} \tag{2.6}
\end{equation*}
$$

In particular, we have that both $\varepsilon$ and $\delta$ are smaller than one.
Remark 2.24 Also, we note that, since we can show that $\kappa=2$ for the correct $\varepsilon$, we may always assume that $\kappa=2$ in the definition of $C_{p}$ weights in Definition 2.6.

We may assume that $w$ has finite $C_{p}$-tails, that is, $[w]_{C_{p}}>0$. Indeed, if $[w]_{C_{p}}=0$ then the right side of (2.5) equals infinity and the theorem is trivially true.

The proof is inpired by a remark from [3, Section 8.1], and by the proof given in [63] of the RHI for $A_{\infty}$ weights.

We now introduce a functional over cubes that serves as a discrete analogue for the $C_{p}$-tail. Define, for a cube $Q$

$$
\begin{equation*}
T_{C_{p}}(Q, w):=\sum_{k=0}^{\infty} 2^{-n(p-1) k} f_{2^{k} Q} w(x) d x \tag{2.7}
\end{equation*}
$$

We note that $\alpha=\sum_{k \geq 0} 2^{-n(p-1) k}=\left(2^{n(p-1)}\right)^{\prime}<\infty$ only depends on $n$ and $p$. In the following lemma we prove that the discrete and continuous $C_{p}$-tails are equivalent.

## Lemma 2.25

Let $\beta=\sum_{l=0}^{\infty} 2^{-n p l}$. Then, for every weight $w$ and every cube $Q$, we have

$$
\begin{equation*}
\frac{1}{\beta} T_{C_{p}}(Q, w) \leq \frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x \leq \frac{4^{n p}}{\beta} T_{C_{p}}(Q, w) \tag{2.8}
\end{equation*}
$$

As a corollary of this, we have that $T_{C_{p}}(Q, w)<\infty$ for every cube $Q$ whenever $w$ has finite $C_{p}$-tails.

Proof. Observe that $\beta=\sum_{l=0}^{\infty} 2^{-n p l}=\left(2^{n p}\right)^{\prime}$ and hence $\beta<2$. Note that for all $x \in 2^{k} Q \backslash 2^{k-1} Q$ we have $2^{-k n} \leq M \chi_{Q}(x) \leq 2^{-n(k-2)}$. Then

$$
\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x=f_{Q} w+\sum_{k=1}^{\infty} \frac{1}{|Q|} \int_{2^{k} Q \backslash 2^{k-1} Q} M \chi_{Q}(x)^{p} w(x) d x
$$

so we actually have

$$
\begin{aligned}
f_{Q} w(x) d x+\sum_{k=1}^{\infty} \frac{2^{-n p k}}{|Q|} w\left(2^{k} Q\right. & \left.\backslash 2^{k-1} Q\right) \\
& \leq \frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x \\
& \leq f_{Q} w(x) d x+\sum_{k=1}^{\infty} \frac{2^{-n p(k-2)}}{|Q|} w\left(2^{k} Q \backslash 2^{k-1} Q\right) \\
& \leq 4^{n p}\left(f_{Q} w(x) d x+\sum_{k=1}^{\infty} \frac{2^{-n p k}}{|Q|} w\left(2^{k} Q \backslash 2^{k-1} Q\right)\right)
\end{aligned}
$$

Now we rewrite (2.7) in the following way

$$
\begin{aligned}
\sum_{k=0}^{\infty} 2^{-n(p-1) k} & f_{2^{k} Q} w(x) d x \\
& =f_{Q} w(x) d x+\sum_{k=1}^{\infty} \frac{2^{-n p k}}{|Q|}\left(\int_{Q} w(x) d x+\sum_{j=1}^{k} \int_{2^{j} Q \backslash 2^{j-1} Q} w(x) d x\right) \\
& =\beta f_{Q} w(x) d x+\frac{1}{|Q|} \sum_{j=1}^{\infty}\left(\sum_{k=j}^{\infty} 2^{-n p k}\right) \int_{2^{j} Q \backslash 2^{j-1} Q} w(x) d x \\
& =\beta\left(f_{Q} w(x) d x+\frac{1}{|Q|} \sum_{j=1}^{\infty} 2^{-p n j} \int_{2^{j} Q \backslash 2^{j-1} Q} w(x) d x\right)
\end{aligned}
$$

This finishes the proof of (2.8).
The next proposition is a first approach to the result in Theorem 2.21. It constitutes a bound for the $L^{1+\delta}$ norm of the maximal function of the weight, locally at a cube, in terms of the $C_{p}$-tail of the weight.

## Proposition 2.26

Let $w$ be a weight and $p>1$. Suppose that there exists a constant $0<\gamma<\infty$ such that for every cube $Q$

$$
\begin{equation*}
f_{Q} M\left(\chi_{Q} w\right)(x) d x \leq \gamma T_{C_{p}}(Q, w) \tag{2.9}
\end{equation*}
$$

Then there exists $0<\delta \leq \frac{1}{A \max (\gamma, 1)}$, with

$$
A=20^{n} \frac{2^{1+3 n}}{1-2^{-n(p-1)}}
$$

such that for every cube $Q$,

$$
f_{Q} M\left(\chi_{Q} w\right)(x)^{1+\delta} d x \leq 2^{1+n(2 p+3)} \gamma T_{C_{p}}(Q, w)^{1+\delta}
$$

Note that the infimum of the constants $\gamma$ such that (2.9) holds is equivalent to the $C_{p}$ constant of $w$, because of Lemma 2.25. In this case we will have $0<[w]_{C_{p}}<\infty$.

Proof. Fix $Q=Q\left(x_{0}, R\right)$, that is, the cube centered at the point $x_{0}$ and with side length $2 R$. Note that $Q(x, R)$ is a ball of radius $R$ with the $l^{\infty}$ distance in $\mathbb{R}^{n}$. The proof will be carried out following some steps.

Step 1. Let $r, \rho>0$ and $l \in \mathbb{Z}$ be numbers that satisfy $R \leq r<\rho \leq 2 R$ and $2^{l}(\rho-r)=R$. This in particular implies $l \geq 0$.

We define a new maximal operator that is a discrete centered Hardy-Littlewood maximal operator, with scales at a geometric sequence:

$$
\widetilde{M} v(x):=\sup _{k \in \mathbb{Z}} f_{Q\left(x, 2^{k}(\rho-r)\right)}|v(x)| d x .
$$

One can prove the following pointwise bounds between the different maximal functions

$$
\widetilde{M} v \leq M v \leq \kappa \widetilde{M} v
$$

where $\kappa=4^{n}$. The first inequality is obvious, and the second one follows from the doubling property of the Lebesgue measure. For $t \geq 0$ and a function $F$ we define the truncated function $F_{t}=\min (F, t)$. Now fix $m>0$ with the intention of working with truncation at level $m$ and letting $m \rightarrow \infty$ in the end. Call $Q_{r}=Q\left(x_{0}, r\right)$ and $Q_{\rho}=Q\left(x_{0}, \rho\right)$.

For any $\delta>0$ that will be chosen later, we have, using the layer cake formula from Section 1.4.4,

$$
\begin{aligned}
\int_{Q_{r}}\left(M\left(\chi_{Q_{r}} w\right)(x)\right)_{m}^{1+\delta} d x & \leq \kappa^{1+\delta} \int_{Q_{r}}\left(\widetilde{M}\left(\chi_{Q_{r}} w\right)(x)\right)_{m}^{\delta} \widetilde{M}\left(\chi_{Q_{r}} w\right)(x) d x \\
& \leq \kappa^{1+\delta} \int_{Q_{r}}\left(\widetilde{M}\left(\chi_{Q_{\rho}} w\right)(x)\right)_{m}^{\delta} \widetilde{M}\left(\chi_{Q_{\rho}} w\right)(x) d x \\
& \leq \kappa^{1+\delta} \delta \int_{0}^{m} \lambda^{\delta-1} u\left(\left\{x \in Q_{r}: u(x)>\lambda\right\}\right) d \lambda,
\end{aligned}
$$

where $u=\widetilde{M}\left(\chi_{Q_{\rho}} w\right)$. We have used that the maximal operator $\widetilde{M}$ is increasing on the function. To state it in a separate line, we have

$$
\begin{equation*}
\int_{Q_{r}}\left(M\left(\chi_{Q_{r}} w\right)\right)_{m}(x)^{1+\delta} d x \leq \kappa^{1+\delta} \delta \int_{0}^{m} \lambda^{\delta-1} u\left(\left\{x \in Q_{r}: u(x)>\lambda\right\}\right) d \lambda \tag{2.10}
\end{equation*}
$$

Step 2. Now we pick $\lambda_{0}:=2^{n(l+1)} T_{C_{p}}(2 Q, w)$, which is finite by hypothesis. It is easy to see that for $x \in Q_{r}$ and $k \geq 0$, by the choice of $\lambda_{0}$, we have

$$
\begin{equation*}
f_{Q\left(x, 2^{k}(\rho-r)\right)} \chi_{Q_{\rho}}(y) w(y) d y \leq \lambda_{0} \tag{2.11}
\end{equation*}
$$

Indeed, we have that $Q_{\rho} \subset 2 Q$, so we can make

$$
\begin{aligned}
f_{Q\left(x, 2^{k}(\rho-r)\right)} \chi_{Q_{\rho}}(y) w(y) d y & \leq f_{Q\left(x, 2^{k}(\rho-r)\right)} \chi_{2 Q}(y) w(y) d y \\
& =\frac{|2 Q|}{\left|Q\left(x, 2^{k}(\rho-r)\right)\right|} f_{2 Q} w(y) d y \\
& \leq 2^{n(l+1-k)} T_{C_{p}}(2 Q, w)
\end{aligned}
$$

$$
\leq 2^{n(l+1)} T_{C_{p}}(2 Q, w) .
$$

This completes the proof of (2.11) when $x \in Q_{r}$ and $k \geq 0$.
Let $\lambda>\lambda_{0}$ and $x \in Q_{r} \cap\{u>\lambda\}$. By the definition of $u$ and the choice of $\lambda_{0}$, the fact that $Q\left(x, 2^{k}(\rho-r)\right) \subset Q_{\rho}$ when $k<0$ together with (2.11) imply

$$
u(x)=\sup _{k<0} f_{Q\left(x, 2^{k}(\rho-r)\right)} \chi_{Q_{\rho}} w=\sup _{k<0} f_{Q\left(x, 2^{k}(\rho-r)\right)} w .
$$

For such an $x$, let $k_{x}=\max \left\{k: f_{Q\left(x, 2^{k}(\rho-r)\right)} w>\lambda\right\}$. Trivially, we have

$$
Q_{r} \cap\{u>\lambda\} \subset \bigcup_{x \in Q_{r} \cap\{u>\lambda\}} Q\left(x, \frac{1}{5} 2^{k_{x}}(\rho-r)\right) .
$$

We use the Vitali covering Lemma 1.2 for infinite sets and choose a countable collection of $x_{i} \in Q_{r} \cap\{u>\lambda\}$ so that the family of cubes $Q_{i}=Q\left(x_{i}, 2^{k_{x_{i}}}(\rho-r)\right)$ satisfy the following properties:
$-\quad\left\{x \in Q_{r}: u(x)>\lambda\right\} \subset \bigcup_{i} Q_{i} ;$

- the cubes $\frac{1}{5} Q_{i}$ are pairwise disjoint;
$-f_{Q_{i}} w(y) d y>\lambda$,
- $\int_{2^{k} Q_{i}} w(y) d y \leq \lambda$, for any $k \geq 1$
- $\quad Q_{i} \subset Q_{\rho}$.

We make the following claim. If we denote $Q_{i}^{*}=2 Q_{i}$ then for all $x \in Q_{i} \cap Q_{r}$,

$$
\begin{equation*}
u(x) \leq 2^{n} M\left(\chi_{Q_{i}^{*}} w\right)(x) . \tag{2.12}
\end{equation*}
$$

Indeed, fix $x \in Q_{i} \cap Q_{r}$ and $k<0$. If $k \geq k_{x_{i}}$ then by the stopping time we get

$$
\begin{aligned}
f_{Q\left(x, 2^{k}(\rho-r)\right)} w(y) d y & \leq \frac{\left|Q\left(x_{i}, 2^{k+1}(\rho-r)\right)\right|}{\left|Q\left(x, 2^{k}(\rho-r)\right)\right|} f_{Q\left(x_{i}, 2^{k+1}(\rho-r)\right)} w(y) d y \\
& \leq 2^{n} \lambda \\
& \leq 2^{n} f_{Q_{i}} w(y) d y \\
& \leq 2^{n} M\left(\chi_{Q_{i}^{*}} w\right)(x) .
\end{aligned}
$$

In the other case, namely $k<k_{x_{i}}$ we have $Q\left(x, 2^{k}(\rho-r)\right) \subset Q_{i}^{*} \cap Q_{\rho}$ and hence

$$
f_{Q\left(x, 2^{k}(\rho-r)\right)} w(y) d y \leq M\left(\chi_{Q_{i}^{*}} w\right)(x),
$$

and thus the claim (2.12) is proved.
Step 3. We use now this claim together with the stopping time and the hypothesis (2.9) to see

$$
u\left(\left\{x \in Q_{r}: u(x)>\lambda\right\}\right) \leq \sum_{i} u\left(Q_{i} \cap Q_{r}\right)
$$

$$
\begin{aligned}
& \leq \sum_{i} \int_{Q_{i} \cap Q_{r}} u(y) d y \\
& \leq 2^{n} \sum_{i} \int_{Q_{i} \cap Q_{r}} M\left(\chi_{Q_{i}^{*}} w\right)(y) d y \\
& \leq 2^{n} \sum_{i}\left|Q_{i}^{*}\right| f_{Q_{i}^{*}} M\left(\chi_{Q_{i}^{*}} w\right)(y) d y \\
& \leq 2^{n} \gamma \sum_{i}\left|Q_{i}^{*}\right| T_{C_{p}}\left(Q_{i}^{*}, w\right) .
\end{aligned}
$$

But, using the properties of $Q_{i}$ we get

$$
T_{C_{p}}\left(Q_{i}^{*}, w\right)=\sum_{k=0}^{\infty} 2^{-n k(p-1)} f_{2^{k+1} Q_{i}} w(y) d y \leq \lambda \alpha .
$$

Therefore, we have

$$
u\left(\left\{x \in Q_{r}: u(x)>\lambda\right\}\right) \leq 2^{n} \gamma \sum_{i}\left|Q_{i}^{*}\right| \alpha \lambda \leq(20)^{n} \gamma \alpha\left|\bigcup_{i} Q_{i}\right| \lambda,
$$

where in the last inequality we have used that $\frac{1}{5} Q_{i}$ are disjoint. Since each one of the cubes $Q_{i}$ satisfies the properties $Q_{i} \subset Q_{\rho}$ and $\lambda<f_{Q_{i}} w$, we have

$$
\bigcup_{i} Q_{i} \subset\left\{x \in Q_{\rho}: M\left(\chi_{Q_{\rho}} w\right)(x)>\lambda\right\} .
$$

Therefore, we have obtained for $\lambda>\lambda_{0}$

$$
u\left(\left\{x \in Q_{r}: u(x)>\lambda\right\}\right) \leq(20)^{n} \alpha \gamma \lambda\left|\left\{x \in Q_{\rho}: M\left(\chi_{Q_{\rho}} w\right)(x)>\lambda\right\}\right| .
$$

Plugging everything on what we had in (2.10) we have

$$
\begin{align*}
& \int_{Q_{r}}\left(M\left(\chi_{Q_{r}}\right)\right)_{m}(x)^{1+\delta} d x  \tag{2.13}\\
& \quad \leq \kappa^{1+\delta} \lambda_{0}^{\delta} u\left(Q_{r}\right)+\kappa^{\delta+1}(20)^{n} \gamma \alpha \delta \int_{\lambda_{0}}^{m} \lambda^{\delta}\left|\left\{x \in Q_{\rho}: M\left(\chi_{Q_{\rho}} w\right)(x)>\lambda\right\}\right| d \lambda .
\end{align*}
$$

Step 4. For $t>0$, we define the function

$$
\varphi(t)=\int_{Q_{t}} M\left(\chi_{Q_{t}} w\right)_{m}(x)^{1+\delta} d x
$$

Observe that $\varphi(t) \leq(2 t)^{n} m^{1+\delta}<\infty$ for any $t>0$. We claim that there exists some $K_{1}>0$ that depends on $n, p, \delta$ such that

$$
\begin{equation*}
\varphi(r) \leq K_{1} \gamma|Q| 2^{n l \delta}\left(T_{C_{p}}(Q, w)\right)^{1+\delta}+\delta \kappa^{\delta+1}(20)^{n} \gamma \alpha \varphi(\rho) . \tag{2.14}
\end{equation*}
$$

Indeed, combining (2.13) we obtained before in the following way:

$$
\begin{aligned}
\varphi(r) & \leq K_{1} \gamma|Q| 2^{n l \delta}\left(T_{C_{p}}(Q, w)\right)^{1+\delta}+\kappa^{\delta+1}(20)^{n} \gamma \alpha \frac{\delta}{\delta+1} \int_{Q_{\rho}} M\left(\chi_{Q_{\rho}} w\right)_{m}(x)^{\delta+1} d x \\
& \leq K_{1} \gamma|Q| 2^{n l \delta}\left(T_{C_{p}}(Q, w)\right)^{1+\delta}+\kappa^{\delta+1}(20)^{n} \gamma \alpha \delta \varphi(\rho),
\end{aligned}
$$

where $K_{1}=2^{n(p+1)(\delta+1)}$, and where we have used

$$
\begin{aligned}
u\left(Q_{r}\right) & =\int_{Q_{r}} \widetilde{M}\left(\chi_{Q_{\rho}} w\right)(x) d x \\
& \leq|2 Q| f_{2 Q} M\left(\chi_{2 Q} w\right)(x) d x \\
& \leq 2^{n}|Q| \gamma T_{C_{p}}(2 Q, w) \\
& \leq 2^{n p}|Q| \gamma T_{C_{p}}(Q, w)
\end{aligned}
$$

since

$$
T_{C_{p}}(2 Q, w) \leq 2^{n(p-1)} T_{C_{p}}(Q, w)
$$

This yields the claim (2.14).
Step 5. Now we present an iteration scheme starting from claim (2.14). Remember that $l \geq 0$ was an integer such that $2^{l}(\rho-r)=R$. Set

$$
\begin{aligned}
t_{0} & =R \\
t_{i+1} & =t_{i}+2^{-(i+1)} R=\sum_{j=0}^{i+1} 2^{-j} R, \quad i \geq 0
\end{aligned}
$$

Clearly, $t_{i} \rightarrow 2 R$ as $i \rightarrow \infty$. This way, $2^{i+1}\left(t_{i+1}-t_{i}\right)=R$ and we can substitute $\rho=t_{i+1}, t_{i}=r$, and $l=i+1$ in (2.14). That is, we have the estimate for $\varphi\left(t_{i}\right)$ in terms of $\varphi\left(t_{i+1}\right)$ :

$$
\varphi\left(t_{i}\right) \leq K_{2} 2^{n \delta i}+K_{3} \varphi\left(t_{i+1}\right)
$$

where $K_{2}=K_{1} 2^{n \delta} \gamma|Q|\left(T_{C_{p}}(Q, w)\right)^{1+\delta}$ and $K_{3}=\kappa^{\delta+1} 20^{n} \alpha \gamma \delta$. Therefore, iterating this last inequality $i_{0}$ times we get

$$
\begin{align*}
\varphi(R) & =\varphi\left(t_{0}\right) \\
& \leq K_{2} \sum_{j=0}^{i_{0}-1}\left(K_{3} 2^{n \delta}\right)^{j}+K_{3}^{i_{0}} \varphi\left(t_{i_{0}}\right) \\
& \leq K_{2} \sum_{j=0}^{i_{0}-1}\left(K_{3} 2^{n \delta}\right)^{j}+\left(K_{3}\right)^{i_{0}} \varphi(2 R) \tag{2.15}
\end{align*}
$$

We choose $0<\delta<1$ small enough so that we have the relation

$$
\begin{equation*}
K_{3} 2^{n \delta}=20^{n} \kappa^{\delta+1} \gamma \alpha \delta 2^{n \delta}<1 / 2 \tag{2.16}
\end{equation*}
$$

We will postpone the choice of $\delta$ for the sake of finishing the argument. Once we have (2.16), we can take the limit $i_{0} \rightarrow \infty$ in (2.15). The sum is bounded by 2 and the second term goes to zero since $\varphi(2 R)<\infty$. Hence

$$
\begin{aligned}
\varphi(R) & \leq 2 K_{2}=2^{1+n \delta+n(\delta+1)(p+1)} \gamma|Q|\left(a_{C_{p}}(Q)\right)^{1+\delta} \\
& <2^{1+n(2 p+3)} \gamma|Q|\left(T_{C_{p}}(Q, w)\right)^{1+\delta}
\end{aligned}
$$

and then

$$
\frac{1}{|Q|} \int_{Q} M\left(\chi_{Q} w\right)_{m}(x)^{1+\delta} d x \leq 2^{1+n(2 p+3)} \gamma\left(T_{C_{p}}(Q, w)\right)^{1+\delta}
$$

Now, letting $m \rightarrow \infty$ and using the Fatou lemma we can conclude the proof.
To finish the proof, we make the choice of $\delta$ as follows. Coming back to (2.16) we
see that, since we have $\delta$ in the exponent and $\gamma$ can be arbitrarily small, we have to choose $\delta=\frac{1}{A(1+\gamma)}$ with

$$
A=2 \kappa^{2}(20)^{n} 2^{n} \alpha=(20)^{n} \frac{2^{1+3 n}}{1-2^{-n(p-1)}}
$$

Using the last Proposition, we are in shape of proving Theorem 2.21. We are going to use arguments similar to those from [63, Theorem 2.3].

Proof of Theorem 2.21. Fix a cube $Q$. Let $M_{Q}$ denote the maximal operator with respect to the dyadic children of $Q$, that is

$$
M_{Q} v(x)=\sup _{\substack{R \in \mathcal{D}(Q) \\ x \in R}} \frac{1}{|R|} \int_{R}|v(y)| d y, \quad x \in Q
$$

By the Lebesgue differentiation theorem, we have the estimate

$$
\int_{Q} w(x)^{1+\delta} d x \leq \int_{Q} M_{Q} w(x)^{\delta} w(x) d x
$$

Call now $\Omega_{\lambda}=\left\{x \in Q: M_{d, Q} w(x)>\lambda\right\}$. For $\lambda \geq w_{Q}$ we make the CalderónZygmund decomposition, see Section 1.4.3 for more details, of $w$ at height $\lambda$ to obtain $\Omega_{\lambda}=\bigcup_{j} Q_{j}$ with $Q_{j}$ pairwise disjoint and

$$
\lambda<\frac{1}{\left|Q_{j}\right|} \int_{Q_{j}} w(x) d x \leq 2^{n} \lambda
$$

Multiplying by $\left|Q_{j}\right|$ and summing on $j$, this inequality chain becomes

$$
\lambda\left|\Omega_{\lambda}\right| \leq w\left(\Omega_{\lambda}\right) \leq 2^{n} \lambda\left|\Omega_{\lambda}\right|
$$

Therefore, we can make the following computations

$$
\begin{aligned}
f_{Q}\left(M_{Q} w(x)\right)^{\delta} w(x) d x & =\frac{1}{|Q|} \int_{0}^{\infty} \delta \lambda^{\delta-1} w\left(\Omega_{\lambda}\right) d \lambda \\
& \leq w_{Q}^{\delta+1}+\frac{1}{|Q|} \int_{w_{Q}}^{\infty} \delta \lambda^{\delta-1} w\left(\Omega_{\lambda}\right) d \lambda \\
& \leq w_{Q}^{\delta+1}+\delta 2^{n} \frac{1}{|Q|} \int_{w_{Q}}^{\infty} \lambda^{\delta}\left|\Omega_{\lambda}\right| d \lambda \\
& \leq w_{Q}^{\delta+1}+2^{n} \frac{\delta}{\delta+1} \frac{1}{|Q|} \int_{Q}\left(M_{Q} w(x)\right)^{1+\delta} d x
\end{aligned}
$$

Now we apply Proposition 2.26. We have $[w]_{C_{p}} \leq \beta \gamma \leq 4^{n p}[w]_{C_{p}}$, so we need $\delta \leq$ $\beta / A\left(1+[w]_{C_{p}}\right)$, with $\beta$ as in Lemma 2.25. So we get

$$
\begin{aligned}
f_{Q}\left(M_{d, Q} w(x)\right)^{\delta} w(x) d x \leq & \left(1+2^{1+n(2 p+4)} \frac{\delta}{\delta+1} \gamma\right)\left(T_{C_{p}}(Q, w)\right)^{1+\delta} \\
\leq & \left(1+2^{1+n(2 p+4)} \frac{\delta}{\delta+1}[w]_{C_{p}} \frac{4^{n p}}{\beta}\right) \\
& \times\left(\frac{\beta}{|Q|} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{p} w(x) d x\right)^{1+\delta}
\end{aligned}
$$

where we have used Lemma 2.25. Now, since we have $2^{4 n p} / \beta$ multiplying $\delta$, we have to change the choice of $\delta$ slightly and make

$$
\delta \leq \frac{2^{-4 n p}}{\beta} \frac{\beta}{A\left(1+[w]_{C_{p}}\right)}=\frac{1}{B\left(1+[w]_{C_{p}}\right)}
$$

This finishes the proof of the theorem.

### 2.5.1 Sharpness of the exponent

In this section, we are going to discuss the sharpness of the dependence of $\delta$ on the $C_{p}$ constant of the weight in the statement of Theorem 2.21.

For a cube $Q$, it is clear that $M \chi_{Q}$ equals 1 on the cube and is smaller than 1 outside the cube. Therefore $\left(M \chi_{Q}\right)^{p}$ converges to $\chi_{Q}$ a.e. when $p \rightarrow \infty$. Moreover, for a weight $w$ with finite $C_{p_{0}}$-tails for some $p_{0}<\infty$, by the Dominated Convergence theorem we have

$$
\lim _{p \rightarrow \infty} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{p} w(x) d x=w(Q)
$$

For any weight $w \in A_{\infty}$, we have by the definition of the constant $[w]_{A_{\infty}}$ that for any cube $Q$

$$
\int_{Q} M\left(w \chi_{Q}\right)(x) d x \leq[w]_{A_{\infty}} w(Q) \leq[w]_{A_{\infty}} T_{C_{p}}(Q, w)
$$

where $T_{C_{p}}(Q, w)=\sum_{k \geq 0} 2^{-n(p-1) k} f_{2^{k} Q} w$ is the discrete $C_{p}$-tail introduced in the previous section.

If we modify slightly the proof of Proposition 2.26 and Theorem 2.21 and add some extra hypothesis, we can recover the RHI for $A_{\infty}$ weights. We explain how to do this in this section.

Fix a number $s>1$. This will be the dilation parameter, which was $s=2$ in the previous section. We plan on letting $t$ tend to one in the end. We introduce the corresponding discrete $C_{p}$-tail with respect to $s$, that is,

$$
T_{C_{p}}^{s}(Q, w)=\sum_{k \geq 0} s^{-n(p-1) k} f_{s^{k} Q} w(x) d x
$$

Note that for any weight $w$ with finite $C_{p_{0}}$-tails for some $p_{0}<\infty$, we have, using the dominated convergence theorem, that $\lim _{p \rightarrow \infty} T_{C_{p}}^{s}(Q)=w_{Q}$ for any $s>1$. Also, for a fixed $s>1$ we introduce the corresponding discrete $C_{p}$ constant

$$
[w]_{C_{p}, s}:=\sup _{Q} \frac{\int_{Q} M\left(\chi_{Q} w\right)}{T_{C_{p}}^{s}(Q, w)}
$$

Remark 2.27 For a weight $w \in A_{\infty}$ and any $s>1$ we have $\lim _{p \rightarrow \infty}[w]_{C_{p}, s} \leq[w]_{A_{\infty}}$. Indeed, we claim that if $w \in A_{\infty}$, then $T_{C_{p}}^{s}(Q, w)$ is finite for all $Q$ for big enough $p_{0}$. Then, by the Dominated Convergence Theorem, $\lim _{p \rightarrow \infty} T_{C_{p}}^{s}(Q, w)=w(Q)$ and the result follows. In order to see that $T_{C_{p}}^{s}(Q, w)$ is finite, we use that $w \in A \infty$ is doubling, that is, there exists a constant $\kappa \geq 1$ such that

$$
w(s Q) \leq \kappa w(Q)
$$

for all $Q$. Then,

$$
\begin{aligned}
T_{C_{p}}^{s}(Q, w) & =\sum_{k \geq 0} s^{-n(p-1) k} f_{s^{k} Q} w(x) d x \\
& =\sum_{k \geq 0} s^{-n(p-1) k} \frac{w\left(s^{k} Q\right)}{\left|s^{k} Q\right|} \\
& \leq \sum_{k \geq 0} s^{-n(p-1) k} \frac{\kappa^{k} w(Q)}{s^{n k}|Q|} \\
& =w_{Q} \sum_{k \geq 0}\left(\frac{\kappa}{s^{n p}}\right)^{k},
\end{aligned}
$$

which is finite for big enough $p$.

## Theorem 2.28

Fix $2 \geq s>1$ and $1<p<\infty$. For a weight $w$ in $C_{p}$ and $\delta=\frac{1}{A_{s, p}\left(1+[w]_{C_{p}, s}\right)}$ and every cube $Q$, with

$$
A_{s, p}=\frac{5^{n} 2^{1+5 n}}{1-s^{-n(p-1)}}
$$

we have

$$
\begin{equation*}
\left(\frac{1}{|Q|} \int_{Q} w(x)^{1+\delta} d x\right)^{\frac{1}{1+\delta}} \leq\left(2^{n}+1\right) T_{C_{p}}^{s}(s Q, w) \tag{2.17}
\end{equation*}
$$

Before we prove this theorem, we give a proof of Theorem 2.5 as a corollary. More precisely, we obtain a Reverse Hölder inequality for weights $w \in A_{\infty}$ in which the dependence of the exponent on the $A_{\infty}$ constant is of the same order of the one in Theorem 2.5, with a worse dimensional constant. This will show that the dependence of the exponent $\delta$ on the $C_{p}$ constant is sharp in that sense, because Theorem 2.5 is sharp.

Let $w \in A_{\infty}$. By Remark 2.27, we can let $p \rightarrow \infty$ in equation (2.17) and we obtain

$$
\begin{equation*}
\left(\frac{1}{|Q|} \int_{Q} w^{1+\delta_{\infty}}\right)^{\frac{1}{1+\delta_{\infty}}} \leq\left(2^{n}+1\right) w_{s Q} \tag{2.18}
\end{equation*}
$$

where

$$
\delta_{\infty}=\lim _{p \rightarrow \infty} \frac{1-s^{-n(p-1)}}{5^{n} 2^{1+5 n} \max \left(1,[w]_{C_{p}, s}\right)}=\frac{1}{5^{n} 2^{1+5 n}[w]_{A_{\infty}}}
$$

Now we let $s \rightarrow 1$ in (2.18) and obtain

$$
\left(\frac{1}{|Q|} \int_{Q} w^{1+\delta_{\infty}}\right)^{\frac{1}{1+\delta_{\infty}}} \leq\left(2^{n}+1\right) w_{Q}
$$

which is in fact the reverse Hölder inequality for $A_{\infty}$ weights.
Remark 2.29 The dimensional constants are bigger from those in Theorem 2.5, but the dependence on the weight is essentially the same. Because of this, we obtain that the dependence on $w$ in Theorem 2.21 is sharp.

Proof of Theorem 2.28. We repeat the first three steps of the proof of Proposition 2.26 , with the following modifications. This time, $r, \rho, l$ will satisfy $s^{l}(\rho-r)=R$
and $R \leq r<\rho \leq R$. Also, now we will use the maximal operator $\widetilde{M} v(x)=$ $\sup _{k \in \mathbb{Z}} \bar{f}_{Q\left(x, s^{k}(\rho-r)\right)} u$, and some other trivial changes.

For the fourth step, we leave $T_{C_{p}}^{s}(s Q)$ in the equation, so we get

$$
\varphi(r) \leq s^{n(\delta+1)} \gamma|Q| s^{n \delta l}\left(T_{C_{p}}^{s}(s Q)\right)^{1+\delta}+\left(\kappa^{1+\delta}\left(5 s^{2}\right)^{n} \gamma \alpha_{s}\right) \delta \varphi(\rho),
$$

where $\alpha_{s}=\sum_{k \geq 0} s^{-n k(p-1)}=\left(1-s^{-n(p-1)}\right)^{-1}$. We make a similiar iteration scheme, namely $t_{0}=R$ and $t_{i+1}=t_{i}+s^{-(i+1)} R \leq s R$. Now the condition for $\delta$ translates to $\delta \leq \frac{1}{A_{s, p} \max (1, \gamma)}$ where

$$
A_{s, p}=\frac{5^{n} 2^{1+5 n}}{1-s^{-n(p-1)}}
$$

The main difference is that now we get

$$
\frac{1}{|Q|} \int_{Q} M\left(\chi_{Q} w\right)_{m}(x)^{1+\delta} d x \leq 2^{1+5 n} \gamma\left(T_{C_{p}}^{s}(s Q, w)\right)^{1+\delta},
$$

where the right part stays bounded whenever $p \rightarrow \infty$. Now we use Fatou lemma and make $m \rightarrow \infty$ to get

$$
\begin{equation*}
\frac{1}{|Q|} \int_{Q} M\left(\chi_{Q} w\right)(x)^{1+\delta} d x \leq 2^{1+5 n} \gamma\left(T_{C_{p}}^{s}(s Q, w)\right)^{1+\delta} \tag{2.19}
\end{equation*}
$$

Finally we make the argument in the proof of Theorem 2.21 and combine it with (2.19). We get

$$
\begin{aligned}
f_{Q} w(x)^{1+\delta} d x & \leq\left(w_{Q}\right)^{1+\delta}+2^{n} \frac{\delta}{1+\delta} \frac{1}{|Q|} \int_{Q} M_{Q} w(x)^{1+\delta} d x \\
& \leq\left(w_{Q}\right)^{1+\delta}+2^{n} \frac{\delta}{1+\delta} 2^{1+5 n} \gamma\left(T_{C_{p}}^{s}(s Q)\right)^{1+\delta} \\
& \leq\left(2^{n}+\delta 2^{1+6 n} \gamma\right)\left(T_{C_{p}}^{s}(s Q, w)\right)^{1+\delta} \\
& \leq\left(2^{n}+1\right)\left(T_{C_{p}}^{s}(s Q, w)\right)^{1+\delta},
\end{aligned}
$$

if $\delta \leq \frac{1}{2^{1+6 n} \gamma}$, which is true by the choice of $\delta$. This finishes the proof.

### 2.6 Weak self-improvement properties of $C_{p}$

It is well-known that $A_{p}$ weights are self-improving: if $w \in A_{p}$, then there exists $\varepsilon>0$ such that $w \in A_{p-\varepsilon}$ [20, Lemma 2]. Since this is a particularly convenient property in many proofs, it would be desirable if $C_{p}$ weights had a similar property, i.e. for every $w \in C_{p}$ there existed $\varepsilon>0$ such that $w \in C_{p+\varepsilon}$. In particular, this property together with Sawyer's results would prove Muckenhoupt's conjecture Conjecture 2.1. Unfortunately, this is not true due to an example by Kahanpää and Mejlbro [69, Theorem 11]. We discuss their counterexample and its generalizations in detail in Section 2.9.

The failure of this self-improving property raises natural questions about weaker self-improving properties of $C_{p}$ weights. For example, although the well-known selfimproving property of classical Reverse Hölder weights [41, Lemma 3] fails in spaces
of homogeneous type [2, Section 7], the weights are still self-improving in a weak sense even in this more general setting [2, Section 6] (see also [119, Theorem 3.3]). Although we show in Section 2.7 that weakening the definition of $C_{p}$ in an obvious way does not actually change the structure of the corresponding weight class, various self-improvement and Reverse Hölder questions remain open. In particular:

## Open Problem 2.30

Suppose that $w \in C_{p}$ for some $1<p<\infty$ and let $\delta$ be the Reverse Hölder exponent from Theorem 2.21. Do there exist $c_{w}>1$ and $K_{w}>1$ such that

$$
\left(f_{Q} w(x)^{c(1+\delta)} d x\right)^{\frac{1}{c(1+\delta)}} \leq \frac{K_{w}}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x
$$

for every cube $Q$ and every $1<c \leq c_{w}$ ?

In this section, we record two observations related to Problem 2.30. First, we prove the following analogue to the well-known $A_{\infty}$ result that states that for any $w \in A_{\infty}$, there exists some small $\varepsilon>0$ such that $w^{1+\varepsilon} \in A_{\infty}$ (see e.g. [64, Corollary 3.17]). This property is what we call weak self-improvement property of $C_{p}$.

## Proposition 2.31

Let $w \in C_{p}$ for some $1<p<\infty$. Then there exists $\varepsilon_{0}>0$ such that $w^{1+\varepsilon} \in C_{p}$ for every $0<\varepsilon \leq \varepsilon_{0}$.

Proof. Let $\delta$ be the Reverse Hölder parameter from Theorem 2.21 and set $\varepsilon_{0}=\frac{\delta}{2}$. Then, for $s=1+\frac{\delta}{2+\delta}$, we have $s\left(1+\varepsilon_{0}\right)=1+\delta$. Thus, we get

$$
\begin{aligned}
\left(f_{Q} w(x)^{\left(1+\varepsilon_{0}\right) s} d x\right)^{\frac{1}{s}} & \leq\left(\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x\right)^{\frac{1+\delta}{s}} \\
& =\left(\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x\right)^{1+\varepsilon_{0}} \\
& \leq\left(\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} d x\right)^{\frac{1+\varepsilon_{0}}{1+\frac{1}{\varepsilon_{0}}}}\left(\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x)^{1+\varepsilon_{0}} d x\right) \\
& \leq\left(c_{n} p^{\prime}\right)^{\varepsilon_{0}} \cdot \frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x)^{1+\varepsilon_{0}} d x
\end{aligned}
$$

where we used first Theorem 2.21, then the standard Hölder's inequality and finally the $L^{p}$-boundedness of the Hardy-Littlewood maximal operator. Thus, the weight $w^{1+\varepsilon_{0}}$ satisfies a Reverse Hölder inequality in the sense of Theorem 2.21 and therefore $w^{1+\varepsilon_{0}} \in C_{p}$.

The fact that now also $w^{1+\varepsilon} \in C_{p}$ for every $0<\varepsilon \leq \varepsilon_{0}$ follows easily from Hölder's inequality, since the $L^{1+\varepsilon}$ average on a cube is bounded by the $L^{1+\varepsilon_{0}}$ average.

In the light of Proposition 2.31, we propose a new problem whose positive answer would also imply a positive answer to Problem 2.30:

## Open Problem 2.32

Suppose that $w \in C_{p}$ for some $1<p<\infty$. Do there exist $\varepsilon_{0}>0$ and $\kappa \geq 1$ such that

$$
\begin{equation*}
\left(\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x)^{1+\varepsilon} d x\right)^{\frac{1}{1+\varepsilon}} \leq \kappa \frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x \tag{2.20}
\end{equation*}
$$

for every cube $Q$ and every $0<\varepsilon \leq \varepsilon_{0}$ ?

As a consequence of Proposition 2.31 we get something slightly worse than (2.20). We can bound the $C_{p}$-tail of $w^{1+\delta}$ by the $C_{\frac{p+\delta}{1+\delta}}$-tail of $w$ for $\delta$ smaller than the Reverse Hölder exponent of $w$.

## Corollary 2.33

Suppose $w \in C_{p}$ for some $1 \leq p<\infty$ and let $\delta_{0}$ be the Reverse Hölder exponent from Theorem 2.21. Then for every $0<\delta \leq \delta_{0}$ and every cube $Q$ we have

$$
\left(\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x)^{1+\delta} d x\right)^{\frac{1}{1+\delta}} \leq C_{n, p, \delta} \frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{\frac{p+\delta}{1+\delta}} w(x) d x,
$$

Note that when $p>1$ the exponent $\frac{p+\delta}{1+\delta}$ is strictly greater than $p$.
Since the proof of Corollary 2.33 is a fairly technical computation, we formulate explicitly the following well-known embedding property of $\ell^{p}$ spaces:

## Lemma 2.34

Let $0<\alpha<\beta<\infty$. Then, for positive numbers $a_{n}, n \in \mathbb{N}$, we have

$$
\left(\sum_{n} a_{n}^{\beta}\right)^{\frac{1}{\beta}} \leq\left(\sum_{n} a_{n}^{\alpha}\right)^{\frac{1}{\alpha}}
$$

Proof. Since $a_{n}>0$, it is clear that for any $n$ it holds

$$
\frac{a_{n}^{\alpha}}{\sum_{m} a_{m}^{\alpha}} \leq 1 .
$$

Then, since $\beta>\alpha$, we have

$$
\begin{aligned}
\left(\sum_{n} a_{n}^{\beta}\right)^{\frac{1}{\beta}} & =\left(\sum_{n} a_{n}^{\beta}\right)^{\frac{1}{\beta}} \frac{\left(\sum_{m} a_{m}^{\alpha}\right)^{\frac{1}{\alpha}}}{\left(\sum_{m} a_{m}^{\alpha}\right)^{\frac{1}{\alpha}}} \\
& =\left(\sum_{n}\left(\frac{a_{n}^{\alpha}}{\sum_{m} a_{m}^{\alpha}}\right)^{\frac{\beta}{\alpha}}\right)^{\frac{1}{\beta}}\left(\sum_{m} a_{m}^{\alpha}\right)^{\frac{1}{\alpha}} \\
& \leq\left(\sum_{n} \frac{a_{n}^{\alpha}}{\sum_{m} a_{m}^{\alpha}}\right)^{\frac{1}{\beta}}\left(\sum_{m} a_{m}^{\alpha}\right)^{\frac{1}{\alpha}} \\
& =\left(\sum_{m} a_{m}^{\alpha}\right)^{\frac{1}{\alpha}},
\end{aligned}
$$

which finishes the proof.

Proof of Corollary 2.33. We argue by discretizing the tail. By Lemma 2.25, we have

$$
\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x \approx_{n, p} \sum_{k=0}^{\infty} 2^{-n(p-1) k} f_{2^{k} Q} w(x) d x
$$

for $1 \leq p<\infty$ and any weight $w$. The implicit constants do not blow up when $p$ tends to 1 , but they do blow up when $p \rightarrow \infty$. We get

$$
\begin{aligned}
\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x)^{1+\delta}(x) d x & \stackrel{(\mathrm{~A})}{\approx}{ }_{n, p} \sum_{k=0}^{\infty} 2^{-n(p-1) k} f_{2^{k} Q} w(x)^{1+\delta} d x \\
& \stackrel{(\mathrm{~B})}{\lesssim} \sum_{k=0}^{\infty} 2^{-n(p-1) k}\left(\frac{1}{\left|2^{k} Q\right|} \int_{\mathbb{R}^{n}} M \chi_{2^{k} Q}(x)^{p} w(x) d x\right)^{1+\delta} \\
& \stackrel{(\mathrm{A})}{\lesssim} \sum_{k=0}^{\infty} 2^{-n(p-1) k}\left(\sum_{j=0}^{\infty} 2^{-n(p-1) j} f_{2^{j+k} Q} w(x) d x\right)^{1+\delta} \\
& \stackrel{(\mathrm{C})}{\leq}\left(\sum_{k, j=0}^{\infty} 2^{-n(p-1) \frac{k}{1+\delta}} 2^{-n(p-1) j} f_{2^{j+k} Q} w\right)^{1+\delta} \\
& =\left(\sum_{m=0}^{\infty}\left(\sum_{i=0}^{m} 2^{-n(p-1)\left(\frac{i}{1+\delta}+(m-i)\right)}\right) f_{2^{m} Q} w(x) d x\right)^{1+\delta} \\
& \stackrel{(\mathrm{D})}{\lesssim}\left(\sum_{m=0}^{\infty} 2^{-n(p-1) \frac{m}{1+\delta}} f_{2^{m} Q} w(x) d x\right)^{1+\delta} \\
& =\left(\sum_{m=0}^{\infty} 2^{-n\left(\frac{p+\delta}{1+\delta}-1\right) m} f_{2^{m} Q} w(x) d x\right)^{1+\delta} \\
& \stackrel{(\mathrm{A})}{\approx}{ }_{n, p, \delta}\left(\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{\frac{p+\delta}{1+\delta}} w(x) d x\right)^{1+\delta},
\end{aligned}
$$

where we (A) used the discretization, (B) used the Reverse Hölder inequality, (C) applied Lemma 2.34 with $\alpha=\frac{1}{1+\delta}$ and $\beta=1$, and (D) calculated the geometric sum and made obvious estimates.

### 2.7 On weak $C_{p}$ and dyadic $C_{p}$

When we compare the characterizations of $A_{\infty}$ (2.3) and $C_{p}$ (2.4), it is obvious that $A_{\infty} \subset C_{p}$ for every $p$. However, $A_{\infty}$ weights are not good representatives of $C_{p}$ weights because the $C_{p}$ classes are much bigger than the $A_{\infty}$ class. For example, $A_{\infty}$ weights are always doubling and they cannot vanish in a set of positive measure whereas $C_{p}$ weights can grow arbitrarily fast and their supports can contain holes of infinite measure. Thus, the structure of a general $C_{p}$ weight can be very messy.

In this section, we introduce weak and dyadic $C_{p}$ weights as an analogy to weak and dyadic $A_{\infty}$ weights. Although these new classes of weights seem like they are larger than $C_{p}$, this is not the case: weak and dyadic $C_{p}$ weights are just $C_{p}$ weights. We also consider some examples and properties related to $C_{p}$ weights.

We start by proving an elementary lemma for the Hardy-Littlewood maximal operator similar to Lemma 2.9 with a general set.

## Lemma 2.35

Let $Q_{0} \subset \mathbb{R}^{n}$ be a cube and $E_{0} \subset Q_{0}$ a measurable subset such that $\left|E_{0}\right| \geq \eta\left|Q_{0}\right|$ for some $0<\eta \leq 1$. Then there exists a dimensional constant $\kappa_{n}$ such that

$$
M\left(\chi_{Q_{0}}\right)(x) \leq \frac{\kappa_{n}}{\eta} M\left(\chi_{E_{0}}\right)(x)
$$

for almost every $x \in \mathbb{R}^{n}$.

Proof. Let $Q(x, r)$ be the cube with center point $x$ and side length $r$. There exists a structural constant $K_{n} \geq 1$ such that

$$
E_{0} \subset Q_{0} \subset Q\left(x, K_{n}\left(\operatorname{dist}\left(x, Q_{0}\right)+\ell\left(Q_{0}\right)\right)\right)
$$

The proof now consists of two cases:
Case 1. Suppose that $\operatorname{dist}\left(x, Q_{0}\right) \leq \ell\left(Q_{0}\right)$. Then $Q_{0} \subset Q\left(x, 2 K_{n} \ell\left(Q_{0}\right)\right)=: Q_{x}$ and $\left|Q_{0}\right| \approx\left|Q_{x}\right|$. Thus,

$$
M\left(\chi_{E_{0}}\right)(x) \geq \frac{\left|E_{0} \cap Q_{x}\right|}{\left|Q_{x}\right|} \approx \frac{\left|E_{0}\right|}{\left|Q_{0}\right|} \geq \eta \geq \eta M\left(\chi_{Q_{0}}\right)(x)
$$

Case 2. Suppose that $\operatorname{dist}\left(x, Q_{0}\right)>\ell\left(Q_{0}\right)$. Then

$$
\begin{aligned}
M\left(\chi_{Q_{0}}\right)(x) & =\sup _{r>\operatorname{dist}\left(x, Q_{0}\right)} \frac{\left|Q_{0} \cap Q(x, r)\right|}{|Q(x, r)|} \\
& \leq \sup _{r>\operatorname{dist}\left(x, Q_{0}\right)} \frac{\kappa_{n}^{\prime}\left|Q_{0}\right|}{\left|Q\left(x, 2 K_{n} r\right)\right|} \\
& \leq \sup _{r>\operatorname{dist}\left(x, Q_{0}\right)} \frac{\kappa_{n}^{\prime}}{\eta} \frac{\left|E_{0}\right|}{\left|Q\left(x, 2 K_{n} r\right)\right|} \\
& =\sup _{r>\operatorname{dist}\left(x, Q_{0}\right)} \frac{\kappa_{n}^{\prime}}{\eta} \frac{\left|E_{0} \cap Q\left(x, 2 K_{n} r\right)\right|}{\left|Q\left(x, 2 K_{n} r\right)\right|} \\
& \leq \frac{\kappa_{n}^{\prime}}{\eta} M\left(\chi_{E_{0}}\right)(x) .
\end{aligned}
$$

### 2.7.1 Weak $A_{\infty}$ weights

Let us recall the definition of the weak $A_{\infty}$ classes. The Fujii-Wilson type characterization of these weights was studied in detail in [2] but earlier they have appeared in other forms in the study of e.g. weighted norm inequalities [108] and elliptic partial differential equations and quantitative rectifiability; see e.g. [58] and references therein.

## Definition 2.36 - Weak $A_{\infty}$

Suppose that $\gamma \geq 1$. We say that a weight $w$ belongs to the $\gamma$-weak $A_{\infty}$ class $A_{\infty}^{\gamma}$ if there exist positive constants $\kappa, \delta>0$ such that

$$
\begin{equation*}
w(E) \leq \kappa\left(\frac{|E|}{|Q|}\right)^{\delta} w(\gamma Q) \tag{2.21}
\end{equation*}
$$

for any cube $Q$ and any measurable subset $E \subset Q$, where $\gamma Q$ is the cube of side length $\gamma \ell(Q)$ with the same center point as $Q$.

We denote $A_{\infty}^{\text {weak }}:=\bigcup_{\gamma \geq 1} A_{\infty}^{\gamma}$. It was shown in [2] that this definition does not give us a continuum of different weak $A_{\infty}$ classes but the dilation parameter $\gamma$ is irrelevant for the structure of the class as long as $\gamma>1$ :

## Theorem 2.37 - [2]

We have
i) $A_{\infty} \subsetneq A_{\infty}^{\gamma}$ for every $\gamma>1$;
ii) $A_{\infty}^{\gamma}=A_{\infty}^{\text {weak }}$ for every $\gamma>1$;
iii) $w \in A_{\infty}^{\text {weak }}$ if and only if for every $\lambda>1$ there exists a constant $[w]_{A_{\infty}^{\lambda}}$ such that, for every cube $Q$,

$$
\int_{Q} M\left(\chi_{Q} w\right)(x) d x \leq[w]_{A_{\infty}^{\lambda}} w(\lambda Q)
$$

### 2.7.2 Weak $C_{p}$ and dyadic $C_{p}$

Let us then consider two generalizations of the $C_{p}$ class. Suppose that $\gamma \geq 1$. We write
i) $w \in C_{p}^{\mathscr{D}}$ if $w$ satisfies condition (2.4) for all $Q \in \mathscr{D}$ instead of all cubes;
ii) $w \in C_{p}^{\gamma}$, if $w$ satisfies condition (2.4) for $\chi_{\gamma Q}$ instead of $\chi_{Q}$, and all cubes $Q$;
iii) $w \in C_{p}^{\text {weak }}$ if $w \in \bigcup_{\alpha \geq 1} C_{p}^{\alpha}$.

We also define $A_{\infty}^{\mathscr{D}}$ similarly as $C_{p}^{\mathscr{D}}$.
Usually, these types of generalizations genuinely weaken the objects in question. For example, in the case of $A_{\infty}$, we already saw that $A_{\infty}$ is a proper subset of $A_{\infty}^{\text {weak }}$, and since $1_{[0, \infty)} \in A_{\infty}^{\mathscr{D}}$, we also have $A_{\infty} \subsetneq A_{\infty}^{\mathscr{D}}$. However, because of the non-local nature of the $C_{p}$ condition, these generalizations for $C_{p}$ classes just end up giving us back $C_{p}$, as the following proposition illustrates.

## Proposition 2.38

We have $C_{p}=C_{p}^{\mathscr{D}}=C_{p}^{\gamma}=C_{p}^{\text {weak }}$ for every $\gamma \geq 1$.

Proof. The inclusions

$$
C_{p} \subset C_{p}^{\mathscr{D}} \quad \text { and } \quad C_{p} \subset C_{p}^{\gamma} \subset C_{p}^{\text {weak }}
$$

are obvious and

$$
C_{p} \supset C_{p}^{\gamma} \supset C_{p}^{\text {weak }}
$$

follow from Lemma 2.35. Thus, we only need to show that $C_{p}^{\mathscr{D}} \subset C_{p}$.
Suppose that $w \in C_{p}^{\mathscr{D}}$ and let $Q \subset \mathbb{R}^{n}$ be any cube and $E \subset Q$ a measurable set. There exists $2^{n}$ dyadic cubes $Q_{i} \in \mathscr{D}$ and a uniformly bounded constant $\alpha \geq 1$ such that

1) the cubes $Q_{i}$ are pairwise disjoint,
2) $\ell\left(Q_{i}\right) \approx \ell(Q)$,
3) $Q \subset \bigcup_{i} Q_{i} \subset \alpha Q$.

Applying the $C_{p}^{\mathscr{D}}$ property to the sets $Q_{i} \cap E$ and Lemma 2.35 to $M\left(\chi_{\alpha Q}\right)$ gives us

$$
\begin{aligned}
w(E)=\sum_{i} w\left(E \cap Q_{i}\right) & \leq \kappa \sum_{i}\left(\frac{\left|E \cap Q_{i}\right|}{\left|Q_{i}\right|}\right)^{\varepsilon} \int_{\mathbb{R}^{n}} M \chi_{Q_{i}}(x)^{p} w(x) d x \\
& \leq \kappa \sum_{i}\left(\frac{|E|}{|Q|}\right)^{\varepsilon} \int_{\mathbb{R}^{n}} M \chi_{\alpha Q}(x)^{p} w(x) d x \\
& \leq \kappa 2^{n}\left(\frac{|E|}{|Q|}\right)^{\varepsilon} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{p} w(x) d x .
\end{aligned}
$$

### 2.7.3 Examples and some properties of $C_{p}$ weights

In this section, we gather some known results from the literature and consider some other examples and properties of $C_{p}$ weights, along with a few results that we have already discussed. The aim is to have a compiled list of properties and examples that are related to $C_{p}$ weights.
i) From $A_{p}$ theory, (2.21), Lemma 2.35, [2] and Theorem 2.43, it follows that for $1<p<q<\infty$ we have

$$
A_{1} \subsetneq A_{p} \subsetneq A_{q} \subsetneq A_{\infty} \subsetneq A_{\infty}^{\text {weak }} \subsetneq C_{q} \subsetneq C_{p} \subsetneq C_{1} .
$$

ii) If follows easily from the argument in [2, Example 3.2] that $A_{\infty}^{\text {weak }}$ contains all non-negative functions that are monotonic in each variable. By i), all these functions are also contained in $C_{p}$ for every $p$. In particular, $C_{p}$ weights are generally non-doubling.
iii) If $w \in C_{p}$ is a doubling weight such that $w(2 Q) \leq 2^{p} w(Q)$, where $2 Q$ is the concentric dilation of $Q$ with $\ell(2 Q)=2 \ell(Q)$, then $w \in A_{\infty}$ [8, Section 7].
iv) If $w \in A_{\infty}$, then $w \chi_{[0, \infty)} \in C_{p}$ for every $1 \leq p<\infty$ [99].
v) More generally, if $w \in A_{\infty}$ and $g$ is a convexely contoured weight (i.e. a weight such that $\left\{x \in \mathbb{R}^{n}: g(x)<\alpha\right\}$ is a convex set for every $\left.\alpha \geq 0\right)$, then $w g \in C_{p}$ for every $1 \leq p<\infty$ [8, Proposition 7.3].
vi) If $w$ is a compactly supported weight, then $w \notin C_{p}$ for any $p$. It is straightforward to prove this. Let us denote $P:=\operatorname{supp} w$. For every $k \in \mathbb{N}$, let $P_{k}$ be a cube such that $P \subset P_{k}$ and $\left|P_{k}\right| \geq 2^{k}|P|$. Now, for $E=P$, we have

$$
\int_{\mathbb{R}^{n}} M \chi_{P_{k}}(x)^{p} w(x) d x=\int_{P} M \chi_{P_{k}}(x)^{p} w(x) d x=\int_{P} w=w(P) \in(0, \infty)
$$

for every $k$ since $w$ is locally integrable. However,

$$
\left(\frac{|E|}{\left|P_{k}\right|}\right)^{\varepsilon} \leq\left(\frac{|P|}{2^{k}|P|}\right)^{\varepsilon} \searrow 0 \quad \text { as } k \nearrow \infty
$$

for every $\varepsilon>0$. Thus, there do not exist constants $C$ and $\varepsilon$ such that (2.4) holds for every cube $Q$. This argument also proves that if $w \in C_{p}$, then $w \notin L^{1}\left(\mathbb{R}^{n}\right)$.
vii) Even though $C_{p}$ weights cannot have compact support, their support can have arbitrarily small measure. Indeed, suppose that $w \in A_{\infty}$ and

$$
P=\bigcup_{k=1}^{\infty}\left[10^{k}, 10^{k}+\frac{1}{2^{k}}\right] .
$$

Then $|P|=1$ but $P$ is unbounded. We set

$$
v(x):=w(x) 1_{P}(x) .
$$

- If $w(x)=x^{4}$, then $\int_{\mathbb{R}} M\left(\chi_{Q}\right)^{2} v=\infty$ for every cube $Q$ and thus, $v \in C_{2}$.
- If $w(x)=1$, then $w$ is integrable and, by vi), $w \notin C_{p}$ for any $p$.
viii) Suppose that $w$ is a weight such that $w(x) \geq \alpha>0$ for every $x \in \mathbb{R}^{n} \backslash A$, where $A$ is a bounded set. Since $M\left(\chi_{Q}\right) \notin L^{1}(d x)$ for any cube $Q$, we have

$$
\int_{\mathbb{R}^{n}} M\left(\chi_{Q}\right)(x) w(x) d x \geq \alpha \int_{\mathbb{R}^{n} \backslash A} M\left(\chi_{Q}\right)(x) d x=\infty
$$

and thus, $w \in C_{1}$.

### 2.8 The $C_{\psi}$ classes of Lerner

The classes $C_{\psi}$ were introduced by Lerner in [83] as intermediate classes between $C_{p}$ and $C_{q}$ for $q>p \geq 1$ and a new way to attack Muckenhoupt's conjecture Conjecture 2.1. If $1<p<q<\infty$, we know that $C_{p}$ is necessary and $C_{q}$ is sufficient for (2.2) to hold, so it makes sense to use a intermediate scale between the $L^{p}$ and $L^{q}$ norms of $M \chi_{Q}$ in (2.4).

To be more precise, we define generalizations of $C_{p}$ classes that depend on a Young function $\psi$ instead of $p$. As we will see, the choice of the function $\psi$ affects the structure of the class in a significant way.

## Definition 2.39

Let $\psi$ be a function defined on $[0,1]$. We denote $w \in C_{\psi}$ if there exist constants $\kappa_{w}, \varepsilon_{w}>0$ such that for every cube $Q$ and measurable $E \subset Q$ we have

$$
\begin{equation*}
w(E) \leq \kappa_{w}\left(\frac{|E|}{|Q|}\right)^{\varepsilon_{w}} \int_{\mathbb{R}^{n}} \psi\left(M \chi_{Q}(x)\right) w(x) d x . \tag{2.22}
\end{equation*}
$$

Without loss of generality, we may assume that $\kappa_{w} \geq 1$.

## Example 2.40

If we choose the function $\psi$ in a suitable way, we recover classes that we have considered earlier:

- Let $\psi_{p}(t)=t^{p}$, for $1<p<\infty$. Then $C_{\psi_{p}}=C_{p}$.
- Let $\psi_{\infty}=\chi_{\{1\}}$. Then we have $\psi_{\infty}\left(M \chi_{Q}\right)=\chi_{Q}$ and thus, $C_{\psi_{\infty}}=A_{\infty}$.
- Let $0<a<1$ and $\psi_{a}=\chi_{[a, 1]}$. Then we have $\psi_{a}\left(M \chi_{Q}\right)=\chi_{\kappa_{a} Q}$ for some constant $\kappa_{a}>1$ and thus, $C_{\psi_{a}}=A_{\infty}^{\text {weak }}$.

From now on, we consider a $C_{\psi}$ class with a carefully chosen $\psi$. Similarly chosen functions would yield similar results, but we have stick to one choice.

## Definition 2.41

Let $p>1$. We set $\widetilde{C}_{p}:=C_{\varphi_{p}}$ for the function $\varphi_{p}$ such that $\varphi_{p}(0)=0$ and

$$
\varphi_{p}(t)=\frac{t^{p}}{\log ^{2}\left(1+\frac{1}{t}\right)}, \quad t \in(0,1] .
$$

For notational convenience, we also set $\varphi_{p}(t)=\varphi_{p}(1)$ for every $t>1$. It is straightforward to check that the function $\varphi_{p}$ satisfies the following properties:

1. $\lim _{t \rightarrow 0} \varphi_{p}(t)=0$ and $\varphi_{p}(1)=\frac{1}{\log ^{2} 2}>1$,
2. both $\varphi_{p}$ and $t \mapsto t^{-1} \varphi_{p}(t)$ are increasing functions,
3. $\varphi_{p}(2 t) \leq \kappa \varphi_{p}(t)$ for some $\kappa>0$ and all $t \geq 0$ (and thus, $\varphi_{p}(\lambda t) \leq \kappa_{\lambda} \varphi_{p}(t)$ for any $\lambda>1$ and $t \geq 0$ ),
4. $\int_{0}^{1} \varphi_{p}(t) \frac{d t}{t^{p+1}}<\infty$.

The key property of $\widetilde{C}_{p}$ is that $\bigcup_{q>p} C_{q} \subset \widetilde{C}_{p}$ and we have

$$
\begin{equation*}
w \in \widetilde{C}_{p} \Longrightarrow\|M f\|_{L^{p}(w)} \leq \kappa\left\|M^{\sharp} f\right\|_{L^{p}(w)} \Longrightarrow \quad w \in C_{p}, \tag{2.23}
\end{equation*}
$$

where $M^{\sharp}$ is the sharp maximal operator of Fefferman and Stein [37]. The implications (2.23) were first proven by Yabuta [117, Theorem 1, Theorem 2] for $w \in \bigcup_{q>p} C_{q}$ and then improved by Lerner [83, Theorem 6.1] to this form. By [83, Remark 6.2] and [17, Subsection 1.5], we know that this result also gives us (2.2) for e.g. Calderón-Zygmund operators and every $w \in \widetilde{C}_{p}$.

Theorem 2.42 - [83, Remark 6.2], [17, Subsection 1.5]
In any dimension, we have: If $w \in \widetilde{C}_{p}$ then Coifman-Fefferman inequality (2.2) holds for Calderón-Zygmund operators.

### 2.9 The counterexample of Kahanpää-Mejlbro

This last section is devoted to the counterexample constructed by Kahanpää and Mejlbro in [69], a counterexample that disproves the self-improvement of the $C_{p}$ classes. Because of the limited availability of [69], and for convenience of the reader, we give a self-contained description of their counterexample.

We give a detailed proof of the failure of the self-improving properties of $C_{p}$ classes and generalize this also to the context of $\widetilde{C}_{p}$. Although we use many central ideas of Kahanpää and Mejlbro, the proof we present here is different from the one given in
[69]. In particular, we avoid using the explicit Hilbert transform estimates that had a key role in [69] and our techniques allow us to consider dimensions higher than 1.

### 2.9.1 The Kahanpää-Mejlbro weights

As we mentioned earlier, Muckenhoupt's conjecture would be trivially true if every $C_{p}$ weight was self-improving with respect to $p$. Unfortunately, this is not true due to a construction by Kahanpää and Mejlbro. Let us describe this construction.

For every integer $k \in \mathbb{Z}$, let us define the intervals

$$
I_{k}:=[4 k-3,4 k-1] \quad \text { and } \quad J_{k}:=\left[4 k-\frac{1}{2} \ell_{k}, 4 k+\frac{1}{2} \ell_{k}\right]
$$

where $\ell_{k} \in(0,1]$ are numbers such that $\inf _{k \in \mathbb{Z}} \ell_{k}=0$. For the sake of choosing, we let $\ell_{k}=2^{-|k|-1}$. See Figure 2.1.

Figure 2.1: The distribution of the intervals $I_{k}$ (red) and $J_{k}$ (green)

Let also $h=\left(h_{k}\right)_{k \in \mathbb{Z}}$ be a sequence of heights such that $0<h_{k}<1$ for every $k \in \mathbb{Z}$. We define the weight $w_{h}$ to have value 1 in each of the intervals $I_{k}$ and value $h_{k}$ in each of the $J_{k}$. That is, we define

$$
\begin{equation*}
w_{h}=\sum_{k \in \mathbb{Z}} \chi_{I_{k}}+\sum_{k \in \mathbb{Z}} h_{k} \chi_{J_{k}} \tag{2.24}
\end{equation*}
$$

Note that all weights of the form (2.24) have the same support and all agree on each of the intervals $I_{k}$. They are completely determined by the sequence of heights.

We note that in [69], the sum in the definition of $w$ was indexed as $k \geq 0$. We have decided to index as $k \in \mathbb{Z}$ because of symmetry and because this way it is easier to generalize the construction to higher dimensions.

## Theorem 2.43 - [69, Theorem 11, Proposition 12]

Let $p>1$. For suitable choices of the sequence of heights $h=\left(h_{k}\right)_{k \in \mathbb{Z}}$, the weight $w_{h}$ satisfies $w_{h} \in C_{p}$ and $w_{h} \notin C_{p+\varepsilon}$ for any $\varepsilon>0$. In particular,

$$
\begin{equation*}
C_{p} \backslash \bigcup_{q>p} C_{q} \neq \emptyset \tag{2.25}
\end{equation*}
$$

The property (2.25) can also be seen as a corollary of Theorem 2.45 a ).

### 2.9.2 The Kahanpää-Mejlbro weights and $\widetilde{C}_{p}$

Since $\varphi_{p}(t) \leq \kappa t^{p}$ for all $t \in[0,1]$, we have $\widetilde{C}_{p} \subset C_{p}$. On the other hand, since $t^{q} \leq \kappa \varphi_{p}(t)$ for every $q>p$, we have $C_{q} \subset \widetilde{C}_{p}$ for any $q>p$. Thus, for any $p>1$, we have

$$
\begin{equation*}
\bigcup_{q>p} C_{q}=\bigcup_{\varepsilon>0} C_{p+\varepsilon} \subset \widetilde{C}_{p} \subset C_{p} \tag{2.26}
\end{equation*}
$$

This raises a natural question: Are these inclusions strict? If the first one is not, we get a self-improving property for $\widetilde{C}_{p}$ weights. If the second one is not, we have solved Muckenhoupt's conjecture. Unfortunately, we will next show that $\widetilde{C}_{p} \backslash \bigcup_{q>p} C_{q} \neq \emptyset$
and $C_{p} \backslash \widetilde{C}_{p} \neq \emptyset$. This does not prove or disprove Muckenhoupt's conjecture but it is one step closer to understanding the solution.

Our main tool for proving that the inclusions in (2.26) are strict in dimension one is the following generalization of Kahanpää-Mejlbro techniques:

## Theorem 2.44

Let $1<p<\infty, h$ a sequence of heights and let $w_{h}$ be a weight as in (2.24).
i) If $w_{h} \in C_{p}$, then there exists $\kappa>0$ such that $h_{k} \leq \kappa\left(\ell_{k}\right)^{p-1}$.
ii) If $h_{k}=\left(\ell_{k}\right)^{p-1}$, then $w_{h} \in C_{p}$.
iii) If $w_{h} \in \widetilde{C}_{p}$, then there exists $\kappa>0$ such that $h_{k} \leq \kappa \int_{0}^{\ell_{k}} \varphi_{p}(t) \frac{d t}{t^{2}}$.
iv) If $h_{k}=\frac{\varphi_{p}\left(\ell_{k}\right)}{\ell_{k}}$, then $w_{h} \in \widetilde{C}_{p}$.

One can also prove similar statements as iii) and iv) for the more general class $C_{\psi}$ assuming that $\psi$ satisfies certain conditions, but for the sake of simplicity we only consider the class $\widetilde{C}_{p}$.

We will postpone the proof of Theorem 2.44 until the next section. Nevertheless, let us explain how it can be used to prove the strictness of the inclusions in (2.26), or more precisely, that they are not self-improving.

## Theorem 2.45

The following are true:
a) $C_{p} \backslash \widetilde{C}_{p} \neq \emptyset$,
b) $\cup_{\varepsilon>0} C_{p+\varepsilon} \subsetneq \widetilde{C}_{p}$.

Proof. We construct weights $w$ of the type (2.24) and then use Theorem 2.44 to prove the claims.

Let us prove first statement a). Let us set $h_{k}=\left(\ell_{k}\right)^{p-1}$ for every $k \in \mathbb{Z}$. By part ii) of Theorem 2.44, we know that $w \in C_{p}$. Let us then use part iii) of Theorem 2.44 to show that $w \notin \widetilde{C}_{p}$. It is enough to show that

$$
\inf _{0<t<1} \frac{\int_{0}^{t} \varphi_{p}(s) \frac{d s}{s^{2}}}{t^{p-1}}=0 .
$$

This can be seen easily by computing the limit as $t \rightarrow 0^{+}$: by L'Hôpital's rule and the Fundamental theorem of calculus, we have

$$
\lim _{t \rightarrow 0^{+}} \frac{\int_{0}^{t} \varphi_{p}(s) \frac{d s}{s^{2}}}{t^{p-1}}=\lim _{t \rightarrow 0^{+}} \frac{\varphi_{p}(t) t^{-2}}{(p-1) t^{p-2}}=\frac{1}{p-1} \lim _{t \rightarrow 0^{+}} \frac{\varphi_{p}(t)}{t^{p}}=0 .
$$

Thus, by part iii) of Theorem 2.44, $w \notin \widetilde{C}_{p}$, which proves statement a).
Let us now prove statement b). Let us set

$$
h_{k}=\frac{\varphi_{p}\left(\ell_{k}\right)}{\ell_{k}}=\frac{\left(\ell_{k}\right)^{p-1}}{\log ^{2}\left(1+\frac{1}{\ell_{k}}\right)} .
$$

for every $k \in \mathbb{Z}$. By part iv) of Theorem 2.44 , we know that $w \in \widetilde{C}_{p}$. We then use part i) of Theorem 2.44 to show that $w \notin C_{p+\varepsilon}$ for any $\varepsilon>0$. To see this, we prove

$$
\inf _{0<t<1} \frac{t^{p+\varepsilon-1}}{\varphi_{p}(t) t^{-1}}=0
$$

As in the previous case, we show this by computing the limit as $t \rightarrow 0^{+}$. We get

$$
\lim _{t \rightarrow 0^{+}} \frac{t^{p+\varepsilon-1}}{\varphi_{p}(t) t^{-1}}=\lim _{t \rightarrow 0^{+}} t^{\varepsilon} \log ^{2}\left(\frac{1+t}{t}\right)=\lim _{t \rightarrow 0^{+}} t^{\varepsilon}(\log (1+t)-\log (t))^{2}=0
$$

since $x^{\alpha} \log (x) \rightarrow 0$ as $x \rightarrow 0^{+}$for any $\alpha>0$. Thus, by part i) of Theorem 2.44, $w \notin C_{p+\varepsilon}$. for any $\varepsilon>0$.

From Theorem 2.42 we know that $\widetilde{C}_{p}$ is sufficient for (2.2), but from Theorem 2.45 b) there exists a weight $w \in \widetilde{C}_{p} \backslash \cup_{\varepsilon>0} C_{p+\varepsilon}$. In particular, this proves that $C_{p+\varepsilon}$ is the correct sufficient condition for the Coifman-Fefferman inequality (2.2) to hold. We state this fact in the following Corollary.

## Corollary 2.46

The condition $C_{p+\varepsilon}$ is not necessary for (2.2) to hold for Calderón-Zygmund operators.

### 2.9.3 Proof of Theorem 2.44

The following counterpart of [69, Proposition 8] will be useful for us in the proof of Theorem 2.44. It is the analogue of Lemma 2.11 but for $\widetilde{C}_{p}$, in which the $\widetilde{C}_{p}$-tail is bounded by the tail with a hole on the integration domain.

## Lemma 2.47

Let $p>1$ and $w \in \widetilde{C}_{p}$. Then there exists a constant $\kappa=\kappa_{\varphi, w}>0$ such that for any cube $Q$ we have

$$
\int_{\mathbb{R}^{n}} \varphi_{p}\left(M \chi_{Q}(x)\right) w(x) d x \leq \kappa \int_{\mathbb{R}^{n} \backslash Q} \varphi_{p}\left(M \chi_{Q}(x)\right) w(x) d x
$$

Proof. Let us fix a cube $Q$ and set $\alpha=\left(2 \varphi_{p}(1) \kappa_{w}\right)^{\frac{1}{n \varepsilon_{w}}}$, where $C_{w}$ and $\varepsilon_{w}$ are the constants in the definition of $\widetilde{C}_{p}=C_{\varphi_{p}}(2.22)$. Notice that $\alpha \geq 1$. Now applying the $\widetilde{C}_{p}$ condition for $\alpha Q$ and $Q$ gives us

$$
\begin{aligned}
w(Q) & \leq \kappa_{w}\left(\frac{|Q|}{\alpha^{n}|Q|}\right)^{\varepsilon_{w}} \int_{\mathbb{R}^{n}} \varphi_{p}\left(M \chi_{\alpha Q}(x)\right) w(x) d x \\
& =\frac{1}{2 \varphi_{p}(1)} \int_{\mathbb{R}^{n}} \varphi_{p}\left(M \chi_{\alpha Q}(x)\right) w(x) d x \\
& \leq \frac{1}{2} w(Q)+\frac{1}{2 \varphi_{p}(1)} \int_{\mathbb{R}^{n} \backslash Q} \varphi_{p}\left(M \chi_{\alpha Q}(x)\right) w(x) d x
\end{aligned}
$$

since $M \chi_{\alpha Q}=1$ on $Q$ and $\varphi_{p}(1)>1$. In particular,

$$
w(Q) \leq \frac{1}{\varphi_{p}(1)} \int_{\mathbb{R}^{n} \backslash Q} \varphi_{p}\left(M \chi_{\alpha Q}(x)\right) w(x) d x
$$

Thus,

$$
\begin{aligned}
& \int_{\mathbb{R}^{n}} \varphi_{p}\left(M \chi_{Q}(x)\right) w(x) d x=\varphi_{p}(1) w(Q)+\int_{\mathbb{R}^{n} \backslash Q} \varphi_{p}\left(M \chi_{Q}(x)\right) w(x) d x \\
& \leq \int_{\mathbb{R}^{n} \backslash Q} \varphi_{p}\left(M \chi_{\alpha Q}(x)\right) w(x) d x+\int_{\mathbb{R}^{n} \backslash Q} \varphi_{p}\left(M \chi_{Q}(x)\right) w(x) d x \\
& \stackrel{(\mathrm{~A})}{\leq} \int_{\mathbb{R}^{n} \backslash Q} \varphi_{p}\left(c_{\alpha} M \chi_{Q}(x)\right) w(x) d x+\int_{\mathbb{R}^{n} \backslash Q} \varphi_{p}\left(M \chi_{Q}(x)\right) w(x) d x \\
& \stackrel{(\mathrm{~B})}{\leq} C_{\alpha} \int_{\mathbb{R}^{n} \backslash Q} \varphi_{p}\left(M \chi_{Q}(x)\right) w(x) d x,
\end{aligned}
$$

where we used (A) Lemma 2.35 and the fact that $\varphi_{p}$ is increasing, and (B) the doubling property of $\varphi_{p}$.

Proof of Theorem 2.44. Let us fix an interval $I$ and a subset $E \subset I$. We denote $A:=\bigcup_{k} I_{k}$. It is straightforward to check that for almost every $x \in A$ and every $r>0$ we have

$$
\begin{equation*}
|A \cap(x-r, x+r)| \geq \kappa_{A} r, \tag{2.27}
\end{equation*}
$$

for a uniformly bounded constant $\kappa_{A}>0$. We remark the similarity of condition (2.27) to capacity density condition and measure density conditions from Chapter 6

Let us begin proving i). Suppose that $w \in C_{p}$. Notice that by the definition of the weight $w$, we have $h_{k} \ell_{k}=w\left(J_{k}\right)$. To simplify the notation, we only consider the case $k=0$ and denote $h:=h_{0}, \ell:=\ell_{k}$ and $J_{0}:=J$. Now applying the $C_{p}$ condition for the set $J=\left[-\frac{1}{2} \ell, \frac{1}{2} \ell\right]$ gives us

$$
\begin{aligned}
h \ell=w(J) & \leq \int_{\mathbb{R}}\left(M \chi_{J}(x)\right)^{p} w(x) d x \\
& \stackrel{(\mathrm{~A})}{\leq} K \int_{\mathbb{R} \backslash J}\left(M \chi_{J}(x)\right)^{p} w(x) d x \\
& =\kappa \int_{|x|>\frac{\ell}{2}}\left(M \chi_{J}(x)\right)^{p} w(x) d x \\
& \stackrel{(\mathrm{~B})}{=} \kappa \int_{|x|>1}\left(\sup _{I^{\prime} \ni x} \frac{|I \cap J|}{|I|}\right)^{p} w(x) d x \\
& \stackrel{(\mathrm{C})}{\leq} \kappa_{p} \int_{|x|>1}\left(\frac{|J|}{|x|}\right)^{p} d x \\
& \leq \kappa_{p} \ell^{p} \int_{|x|>1}|x|^{-p} d x \leq \kappa_{p} \ell^{p},
\end{aligned}
$$

where we used (A) Lemma 2.11, (B) the fact that $w(x)=0$ for every $x$ such that $\frac{\ell}{2}<|x|<1$, and (C) for $|x|>1$ we have $\left|I^{\prime}\right| \gtrsim|x|$ for every interval $I^{\prime}$ such that $J \cap I^{\prime} \neq \emptyset$. Thus, we have $h \leq \kappa \ell^{p-1}$.

Let us now prove ii). Suppose that $h_{k}=\left(\ell_{k}\right)^{p-1}$ for each $k \in \mathbb{Z}$. We want to show that there exist constants $\kappa>0$ and $\varepsilon>0$ that are independent of $I$ and $E$ and

$$
w(E) \leq \kappa\left(\frac{|E|}{|I|}\right)^{\varepsilon} \int_{\mathbb{R}}\left(M \chi_{I}(x)\right)^{p} w(x) d x .
$$

Naturally, we may assume that $w(I)>0$. We split the proof into two cases, depending on the interaction between $I$ and the support of $w$.

Case 1: $|I \cap A|>0$. By (2.27), we know that there exists a point $x_{0} \in I \cap A$ such that

$$
\left|A \cap\left(x_{0}-|I|, x_{0}+|I|\right)\right| \geq K_{A}|I|
$$

See Figure 2.2 for this case.


Figure 2.2: Case 1: $|I \cap A|>0$.
Thus, since $1_{A} \leq w \leq 1$ a.e. and it holds that $\left(x_{0}-|I|, x_{0}+|I|\right) \subset 3 I$, we have

$$
\begin{aligned}
w(E) \leq|E| & \leq K_{A}^{-1} \frac{|E|}{|I|}\left|A \cap\left(x_{0}-|I|, x_{0}+|I|\right)\right| \\
& \leq K_{A}^{-1} \frac{|E|}{|I|} w(3 I) \\
& \leq K_{A, p} \frac{|E|}{|I|} \int_{\mathbb{R}}\left(M \chi_{I}\right)^{p} w,
\end{aligned}
$$

where we used Lemma 2.35 in the last inequality.
Case 2: $|I \cap A|=0$. In this case, we only have exactly one $k_{0} \in \mathbb{Z}$ such that $I \cap J_{k_{0}} \neq \emptyset$. Let us consider two subcases.

Case 2a: $|I| \leq\left|\Omega_{k_{0}}\right|$. In this case, we know that $w \leq\left(\ell_{k_{0}}\right)^{p-1}$ on $E \cap J_{k_{0}}$. Thus, we get

$$
\begin{equation*}
w(E) \leq\left(\ell_{k_{0}}\right)^{p-1}\left|J_{k_{0}} \cap E\right| \leq\left(\ell_{k_{0}}\right)^{p-1}|E|=\left(\ell_{k_{0}}\right)^{p-1} \frac{|E|}{|I|}|I| \tag{2.28}
\end{equation*}
$$

Since $I \cap J_{k_{0}} \neq \emptyset$ and $|I| \leq\left|J_{k_{0}}\right|$, there exists $\widetilde{I} \subset J_{k_{0}}$ such that $\widetilde{I} \subset 3 I$ and $|\widetilde{I}|=|I|$. See Figure 2.3.


Figure 2.3: Case 2a: $|I \cap A|=0,|I| \leq\left|J_{k_{0}}\right|$.
Thus, we have

$$
\begin{equation*}
\int_{\mathbb{R}}\left(M \chi_{I}(x)\right)^{p} w(x) d x \geq \int_{\widetilde{I}}\left(M \chi_{I}(x)\right)^{p} w(x) d x \geq K h_{k_{0}}|\widetilde{I}|=\left(\ell_{k_{0}}\right)^{p-1}|I| \tag{2.29}
\end{equation*}
$$

Combining (2.28) and (2.29) then gives us

$$
w(E) \leq \kappa \frac{|E|}{|I|} \int_{\mathbb{R}}\left(M \chi_{I}(x)\right)^{p} w(x) d x
$$

which is what we wanted.

Case 2b: $|I|>\left|J_{k_{0}}\right|$. In this case, we have obviously $J_{k_{0}} \subset 3 I$. See Figure 2.4.


Figure 2.4: Case 2b: $|I \cap A|=0,|I|>\left|J_{k_{0}}\right|$.
Let $x_{I}$ be the center of $I$. Since $w=1$ on $I_{k_{0}+1}$ and $|I| \leq\left|I_{k_{0}+1}\right|=2$, we have

$$
\begin{aligned}
\int_{\mathbb{R}}\left(M \chi_{I}(x)\right)^{p} w(x) d x & \geq \int_{\mathbb{R}}\left(\frac{|I|}{|I|+\left|x-x_{I}\right|}\right)^{p} w(x) d x \\
& \geq \int_{I_{k_{0}+1}}\left(\frac{|I|}{|I|+\left|x-x_{I}\right|}\right)^{p} w(x) d x \\
& \geq|I|^{p} \int_{I_{k_{0}+1}}\left(\frac{1}{\left|I_{k_{0}+1}\right|}\right)^{p} d x \\
& =2^{1-p}|I|^{p}
\end{aligned}
$$

Since $\ell_{k_{0}}=\left|J_{k_{0}}\right|<|I|$, we also have

$$
w(E)=\left(\ell_{k_{0}}\right)^{p-1}\left|J_{k_{0}} \cap E\right| \leq\left|J_{k_{0}}\right|^{p-1}|E| \leq|I|^{p-1}|E|=|I|^{p} \frac{|E|}{|I|}
$$

Combining these two estimates gives us what we wanted. This completes the proof of part ii).

The proof of part iii) is similar to the proof of part i). We use the same notation as in the proof of part i). Using Lemma 2.47, the facts that $\varphi_{p}$ is increasing and doubling, and that $|J|=\ell$, we get

$$
\begin{aligned}
h \ell=w(J) & \leq \kappa \int_{\mathbb{R}} \varphi_{p}\left(M \chi_{J}(x)\right) w(x) d x \\
& \leq \kappa \int_{|x|>\ell} \varphi_{p}\left(M \chi_{J}(x)\right) w(x) d x \\
& \leq \kappa \int_{|x|>1} \varphi_{p}\left(\frac{\ell}{|x|}\right) d x \\
& \leq \kappa \int_{1}^{\infty} \varphi_{p}\left(\frac{\ell}{x}\right) d x \\
& \leq \kappa \ell \int_{0}^{\ell} \varphi_{p}(x) \frac{d x}{x^{2}}
\end{aligned}
$$

where we used integration by substitution in the last step.
In order to prove vi), we argue as in the proof of ii). The cases 1 and 2 a are essentially the same, since the value of $h_{k}$ does not really play a role in these cases. Let us prove the case 2 b . We get

$$
\begin{aligned}
\int_{\mathbb{R}} \varphi_{p}\left(M \chi_{J}(x)\right) w(x) d x & \geq \int_{\mathbb{R}} \varphi_{p}\left(\frac{|I|}{|I|+\left|x-x_{I}\right|}\right) w(x) d x \\
& \geq \int_{I_{k_{0}+1}} \varphi_{p}\left(\frac{|I|}{|I|+\left|x-x_{I}\right|}\right) w(x) d x
\end{aligned}
$$

$$
\begin{aligned}
& \geq \int_{I_{k_{0}+1}} \varphi_{p}\left(\frac{|I|}{2\left|I_{k_{0}+1}\right|}\right) d x \\
& \geq \int_{I_{k_{0}+1}} \varphi_{p}\left(\frac{|I|}{4}\right) d x \\
& \geq \kappa_{\varphi} \varphi_{p}(|I|),
\end{aligned}
$$

since $\varphi_{p}$ is increasing and doubling and $w=1$ a.e. on $I_{k_{0}+1}$. Also, we have

$$
w(E)=\frac{\varphi_{p}\left(\ell_{k_{0}}\right)}{\ell_{k_{0}}}\left|J_{k_{0}} \cap E\right| \leq \frac{\varphi_{p}\left(\left|J_{k_{0}}\right|\right)}{\left|J_{k_{0}}\right|}|E| \leq \frac{\varphi_{p}(|I|)}{|I|}|E|=\varphi_{p}(|I|) \frac{|E|}{|I|},
$$

where we used the fact that $t \mapsto \frac{\varphi_{p}(t)}{t}$ is an increasing function in the last inequality. This finishes the proof.

### 2.9.4 Kahanpää-Mejlbro weights in higher dimensions

Although the definition of $\widetilde{C}_{p}$ makes sense in every dimension, the proof of Theorem 2.45 works only in dimension one since it relies on the one-dimensional construction of Kahanpää-Mejlbro weights and their properties. In this section, we explain how the construction and the the proofs of Theorem 2.44 and Theorem 2.45 can be generalized for higher dimensions.

For a point $x=\left(x_{1}, \ldots, x_{n}\right) \in \mathbb{R}^{n}$ and $r>0$, we let $Q(x, r)$ be the (closed) cube centered at $x$ with side length $2 r$ :

$$
Q(x, r):=\left[x_{1}-r, x_{1}+r\right] \times \ldots \times\left[x_{n}-r, x_{n}+r\right] .
$$

Let us construct the $n$-dimensional analogue of the set $A$ from the proof of Theorem 2.44. For every $m=\left(m_{1}, \ldots, m_{n}\right) \in \mathbb{Z}^{n}$, we set

$$
R_{m}:=Q(4 m-2,1)=\left[4 m_{1}-3,4 m_{1}-1\right] \times \ldots \times\left[4 m_{n}-3,4 m_{n}-1\right] .
$$

We now use the cubes $R_{m}$ similarly as the intervals $I_{k}$ and set $A:=\bigcup_{m \in \mathbb{Z}^{n}} R_{m}$.

## Lemma 2.48

There exists a constant $\kappa_{A}>0$ such that, for every $x \in A$ and $r>0$,

$$
\begin{equation*}
|A \cap Q(x, r)| \geq \kappa_{A} r^{n} \tag{2.30}
\end{equation*}
$$

As in the one dimensional case, we remark the similarity of this condition to the capacity density conditions and measure density condition from Chapter 6 .

Proof. Let us fix $x \in A$ and $0<r<\infty$. Then $x$ lies inside exactly one of the cubes $R_{m}$. Let us denote this cube by $Q_{0}$.

Suppose that $0<r<2$. Let us break $Q(x, r)$ into $2^{n}$ subcubes of side length $r$. Since $x \in Q_{0}$ and $\ell\left(Q_{0}\right)=2>r$, at least one of the subcubes has to lie inside $Q_{0}$. Let us denote this subcube by $P$. Thus,

$$
|A \cap Q(x, r)| \geq\left|Q_{0} \cap Q(x, r)\right| \geq|P|=r^{n} .
$$

Suppose now that $2+4 j \leq r<2+4(j+1)$ for some $j \geq 0$. There are at least $(2 j+1)^{n}$ cubes $R_{m}$ contained in $Q(x, r)$. See Figure 2.5. Since each of these cubes
has measure $2^{n}$, we get

$$
|A \cap Q(x, r)| \geq(2 j+1)^{n} 2^{n}=\frac{(4 j+2)^{n}}{r^{n}} r^{n} \geq \frac{(4 j+2)^{n}}{(2+4(j+1))^{n}} r^{n}=\left(\frac{1}{3}\right)^{n} r^{n}
$$



Figure 2.5: Scheme in dimension 2. $Q_{0}=[-1,-3]^{2}$ and each of the grey cubes has sidelength 2 , at distance 2 from each other. The dashed lines represent cubes centered at $x$ with sidelength $2 r$, for the values

$$
r=2,6,10,14
$$

Let us finally construct the $n$-dimensional weights. For every $m \in \mathbb{Z}^{n}$, let $\ell_{m}$ be a number such that $0<\ell_{m}<1$ and $\inf _{m} \ell_{m}=0$, for example, $\ell_{m}=1 /(|m|+1)$. We set

$$
P_{m}:=Q\left(4 m, \frac{\ell_{m}}{2}\right)=\left[4 m_{1}-\frac{\ell_{m}}{2}, 4 m_{1}+\frac{\ell_{m}}{2}\right] \times \ldots \times\left[4 m_{n}-\frac{\ell_{m}}{2}, 4 m_{n}+\frac{\ell_{m}}{2}\right]
$$

for every $m \in \mathbb{Z}$. Thus, we have $\ell\left(P_{m}\right)=\ell_{m}$. See Figure 2.6 for a visual description of the sets $A$ and $P_{m}$ in dimension 2. These cubes will be the support of our weight.

Fix a sequence of heights, $h=\left(h_{m}\right)_{m \in \mathbb{Z}^{n}}$, that will be indexed by $\mathbb{Z}^{n}$, and that satisfy $0<h_{m}<1$ for all $m \in \mathbb{Z}^{n}$. We define the Kahanpää-Mejlbro weight $w_{h}$ in an analogous way as in dimension one, that is,

$$
\begin{equation*}
w=1_{A}+\sum_{m \in \mathbb{Z}^{n}} h_{m} 1_{P_{m}} \tag{2.31}
\end{equation*}
$$

Naturally, these weights share a lot of properties with their 1-dimensional counterparts but because of the dimension, we have to make some modifications.


Figure 2.6: The cubes $R_{m}$ (in red) and $P_{m}$ (in green) in $\mathbb{R}^{2}$, with $m=\left(m_{1}, m_{2}\right)$, for $\ell_{m}=\frac{1}{|m|+1}$. Each $R_{m}$ has side length 2 and $P_{m}$ has sidelength $\ell_{m}$.

An analogue of Theorem 2.44 holds for these $n$-dimensional weights in the following form.

## Theorem 2.49

Let $h=\left(h_{m}\right)_{m \in \mathbb{Z}}$ be a sequence of heights and let $w_{h}$ be the weight as in (2.31). The following statements hold.
i) If $w_{h} \in C_{p}$, then there exists $K>0$ such that $h_{m} \leq K\left(\ell_{m}\right)^{n(p-1)}$.
ii) If $h_{m}=\left(\ell_{m}\right)^{n(p-1)}$, then $w_{h} \in C_{p}$.
iii) If $w_{h} \in \widetilde{C}_{p}$, then there exists $K>0$ such that $h_{m} \leq K \int_{0}^{\left(\ell_{m}\right)^{n}} \varphi_{p}(t) \frac{d t}{t^{2}}$.
iv) If $h_{m}=\frac{\varphi_{p}\left(\ell_{m}^{n}\right)}{\ell_{m}^{n}}$, then $w_{h} \in \widetilde{C}_{p}$.

The correct exponent is now $n(p-1)$ instead of $p-1$ because $\left|P_{m}\right|=\left(\ell_{m}\right)^{n}$.

The proof of this theorem is essentially the same as in the 1-dimensional case. Since Lemma 2.11 and Lemma 2.47 hold in any dimension, the proofs of i) and iii) work also in any dimension. Parts ii) and iv) also hold because of (2.30) and there are no more cases than the 1 -dimensional cases $1,2 \mathrm{a}$ and 2 b . The rest of the computations are essentially the same as before.

With the help of Theorem 2.49, it is straightforward to generalize Theorem 2.45 for higher dimensions:

## Theorem 2.50

In any dimension, we have
a) $C_{p} \backslash \widetilde{C}_{p} \neq \emptyset$,
b) $\bigcup_{\varepsilon>0} C_{p+\varepsilon} \subsetneq \widetilde{C}_{p}$.

In particular, the condition $C_{p+\varepsilon}$ is not necessary for (2.2) to hold for CalderónZygmund operators.

# Quantitative weighted $C_{p}$ estimates 

Some of the results in this chapter are contained in the following works:
[12] Canto, J. Sharp Reverse Hölder inequality for $C_{p}$ Weights and Applications, The Journal of Geometric Analysis (2021) 31: 4165-4190.
[13] Canto, J., Li, K., Roncal, L., Tapiola, O. $C_{p}$ estimates for rough homogeneous singular integrals and sparse forms, Annalli della Scuola Normale Superiore di Pisa, clase di Scienze (5) Vol XXII (2021), 1131-1168.

In this section, we will give quantitative weighted norm inequalities, mostly between singular integral operators and maximal operators. This inequalities will be for $C_{p}$ weights and will use the $C_{p}$ constant that was defined in Section 2.4. More precisely, we will provide quantitative Coifman-Fefferman-type inequalities for CalderónZygmund operators and rough homogeneous singular integral operators.

Although it is a quantitative weighted norm inequality, we postpone the discussion on the Fefferman-Stein inequality until Chapter 4. This is because an exponential decayed good $-\lambda$ inequality between the sharp maximal operator and the HardyLittlewood maximal operator is needed in order to obtain that inequality, which is obtained in that Chapter.

### 3.1 Definitions of the main operators

Aquí meter definiciones de los operadores de Calderón-Zygmund, operadors de tipo rough, de los sparse, meter todo tipo de relaciones de dominación y hablar un poco de qué es lo que vamos a hacer con los pesos y así. Para que las secciones sucesivas sean directamente de resultado resultado pim pam pum.

### 3.1.1 Calderón-Zygmund operators

Let $K: \mathbb{R}^{n} \times \mathbb{R}^{n} \rightarrow \mathbb{R}$ be a function defined away from the diagonal $\{(x, y) \in$ $\left.\mathbb{R}^{n} \times \mathbb{R}^{n}: x=y\right\}$ that satisfies the following conditions for some constant $\kappa_{K}>0$, the size condition

$$
\begin{equation*}
|K(x, y)| \leq \frac{\kappa_{K}}{|x-y|^{n}} \tag{3.1}
\end{equation*}
$$

and the regularity condition

$$
\begin{equation*}
\left|K(x, y)-K\left(x, y^{\prime}\right)\right|+\left|K(y, x)-K\left(y^{\prime}, x\right)\right| \leq \kappa_{K} \frac{\left|y-y^{\prime}\right|^{\varepsilon_{K}}}{|x-y|^{n+\varepsilon_{K}}} \tag{3.2}
\end{equation*}
$$

for $2\left|y-y^{\prime}\right| \leq|x-y|$ and some $\varepsilon_{K}>0$. A function satisfying (3.1) and (3.2) is called a Calderón-Zygmund kernel.

## Definition 3.1

Let $K$ be a Calderón-Zygmund kernel satisfying (3.1) and (3.2). A CalderónZygmund operator associated to $K$ is a linear operator $T: \mathscr{S}\left(\mathbb{R}^{n}\right) \rightarrow \mathscr{S}^{\prime}\left(\mathbb{R}^{n}\right)$ that satisfies

$$
T f(x)=\int_{\mathbb{R}^{n}} K(x, y) f(y) d y
$$

for $f \in C_{c}^{\infty}\left(\mathbb{R}^{n}\right)$ and $x$ outside of the support of $f$.

Note that one Calderón-Zygmund operator has multiple operators associated to it. Nevertheless, there is a unique sublinear operator $T^{*}$, which is called the maximally truncated Calderón-Zygmund singular integral operator, which is defined by

$$
\begin{equation*}
T^{*} f(x)=\sup _{\varepsilon>0}\left|\int_{|x-y|>\varepsilon} K(x, y) f(y) d y\right| \tag{3.3}
\end{equation*}
$$

Calderón-Zygumnd kernels were introduced by Coifman and Meyer in [21], where they were named as standard kernels. They were eventually called Calderón-Zygmund kernels because of the work of Calderón and Zygmund [10], in which the boundedness of similar operators was proved under a slightly regularity condition stronger than (3.2). Other regularity conditions have been widely studied, such as Hörmander condition [59], or Dini condition missing ref. For more on Calderón-Zygmund operators, we refer to $[45,67,112]$

### 3.1.2 Rough homogeneous singular integral operators

Rough homogeneous singular integral operators are convolution operators whose kernel is homogeneous of degree $-n$ but satisfies no regularity condition. Let $\Omega$ be a
bounded function defined on $\mathbb{S}^{n-1}$ that satisfies the cancellation property

$$
\begin{equation*}
\int_{\mathbb{S}^{n}-1} \Omega(x) d \sigma(x)=0 \tag{3.4}
\end{equation*}
$$

## Definition 3.2

Let $\Omega \in L^{\infty}\left(\mathbb{S}^{n-1}\right)$ satisfy the cancellation condition (3.4). The rough singular integral operator associated to $\Omega$ is defined by the expression

$$
\begin{equation*}
T_{\Omega} f(x)=\lim _{\varepsilon \rightarrow 0} \int_{|y|>\varepsilon} \frac{\Omega\left(\frac{y}{|y|}\right)}{|y|^{n}} f(x-y) d y \tag{3.5}
\end{equation*}
$$

for $f \in C_{c}^{\infty}\left(\mathbb{R}^{n}\right)$.
Cancellation condition (3.4) is necessary for (3.5) to be well defined. These operators have been studied intensively by numerous authors both in unweighted and weighted settings, see e.g. [11, 18, 19, 28, 31, 47, 57, 64, 110, 115].

### 3.1.3 Sparse operators and sparse forms

Sparse operators come as a newish technique to obtain sharp dominance over several different operators. There have been different definitions for what they are.

## Definition 3.3

Let $\mathcal{S}$ be a collection of cubes in $\mathbb{R}^{n}$, and let $0<\gamma<1$. We say that $\mathcal{S}$ is $\gamma$-sparse if for every $Q \in \mathcal{S}$, there exists an exceptional set $E_{Q} \subset Q$ such that $\left|E_{Q}\right| \geq \gamma|Q|$ and the sets $\left\{E_{Q}\right\}_{Q \in \mathcal{S}}$ are pairwise disjoint.

In most cases, we are going to assume that $\gamma=\frac{1}{2}$ and we will not explicitly mention the parameter gamma. Therefore, we will just say that the family $\mathcal{S}$ is sparse.

## Example 3.4

Let $I_{k}=\left(0,2^{k}\right)$ for $k \in \mathbb{Z}$. The family $\mathcal{S}=\left\{I_{k}\right\}_{k \in \mathbb{Z}}$ is sparse. Indeed, let $E_{I_{k}}=$ $\left(2^{k-1}, 2^{k}\right) \subset I_{k}$. Then clearly $\left|E_{I_{k}}\right|=\frac{1}{2}\left|I_{k}\right|$ and they are pairwise disjoint.

Now, let us define the sparse operator over a sparse family $\mathcal{S}$. It is a sublinear operator $\mathcal{A}_{\mathcal{S}}$, that, applied to a locally integrable function $f$ has the form

$$
\begin{equation*}
\mathcal{A}_{\mathcal{S}} f(x)=\sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q} \chi_{Q}(x) . \tag{3.6}
\end{equation*}
$$

It is well known that Calderón-Zygmund operators are poinwisely bounded by sparse operators of form (3.6), see [23, 64, 79, 84].

## Theorem 3.5

Let $T$ be a Calderón-Zygmund operator as in Definition 3.1. There exists a constant $\kappa_{T}$ such that for any function $f \in L^{\infty}\left(\mathbb{R}^{n}\right.$ with compact support, there exists a sparse
family $\mathcal{S}=\mathcal{S}(f)$ such that

$$
|T f(x)| \leq \kappa_{T} \mathcal{A}_{\mathcal{S}} f(x)=\kappa_{T} \sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q} \chi_{Q}(x) .
$$

Note that the sparse family in Theorem 3.5 is different for each function $f$, but the sparse parameter $\gamma$ is uniform for each Calderón-Zygmund operator $T$.

Sadly, such pointwise domination is not available for rough operators, but there is an alternative. This is where sparse forms come into play, which we define now.

## Definition 3.6

Let $\mathcal{S}$ be a sparse family and let $0<\gamma \leq 1$ and $1<t<\infty$. The sparse form $\Lambda=\Lambda_{\mathcal{S}}^{t, \gamma}$ is defined, for functions $f, g \in L_{l o c}^{1}\left(\mathbb{R}^{n}\right)$ by the expression

$$
\Lambda(f, g)=\left(t^{\prime}\right)^{\gamma} \sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q}^{\gamma}\langle | g| \rangle_{t, Q}|Q| .
$$

In [24], it was proved that these sparse forms actually bound rough homogeneous singular integrals, in the duality pairing sense, as the following Theorem states. This is for $\gamma=1$. For our purposes, we are going to need a similar domination result for $0<\gamma<1$ which will be proved in Section 3.5.2.

## Theorem 3.7 - Theorem A, [24]

Suppose that $T_{\Omega}$ is a rough homogeneous singular integral as in Definition 3.2. Then, for any $1<p<\infty$ and $f, g$ bounded with compact support, we have

$$
\left|\left\langle T_{\Omega} f, g\right\rangle\right| \leq \kappa_{n} p^{\prime}\|\Omega\|_{L^{\infty}\left(\mathbb{S}^{n-1}\right)} \sup _{\mathcal{S}} \sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q}\langle | g| \rangle_{p, Q}|Q| .
$$

Both Theorem 3.5 and Theorem 3.7 have been used to obtain sharp quantitative estimates for the norms of Calderón-Zygumnd operators and rough singular integral operators, respectively, in the weighted spaces $L^{p}(w)$ when $w \in A_{p}$. We will expand on this topic when we discuss weighted norm inequalities for $C_{p}$ weights.

### 3.2 The Coifman-Fefferman inequality

In this section, we discuss the weighted norm inequality between Calderón-Zygmund operators and the Hardy-Littlewood maximal operator. This inequality, first proved by Coifman and Fefferman [20] for $A_{\infty}$ weights, has the precise statement as follows.

## Theorem 3.8 - Theorem III, [20]

Let $w \in A_{\infty}$ and let $1<p<\infty$. Let $T$ be a Calderón-Zygmund operator as in Definition 3.1. There exists a constant $\kappa$ such that

$$
\begin{equation*}
\left\|T^{*} f\right\|_{L^{p}(w)} \leq \kappa\|M f\|_{L^{p}(w)}, \tag{3.7}
\end{equation*}
$$

for any $f \in L^{\infty}\left(\mathbb{R}^{n}\right)$ with compact support. Here $T^{*}$ denotes the maximally truncated singular integral operator (3.3)

The classical proof of inequality (3.7) in [20] uses a good- $\lambda$ inequality between the operators $T^{*}$ and $M$. If the kernel of $T$ is not regular enough, there is in general no good $-\lambda$ inequality and even inequality (3.7) can be false, as is shown in [94].

There are ways of proving inequality (3.7) without using the good- $\lambda$ inequality. For example, the proof given in [1] uses a pointwise estimate involving the sharp maximal function. Another proof can be found in [26], where the main tool is an extrapolation result that allows to obtain estimates like (3.7) for any $A_{\infty}$ weight from the smaller class $A_{1}$ (see also [27]).

Inequality (3.7) is very important in the classical theory of Calderón-Zygmund operators, as it is used in the proof of many other weighted norm inequalities. The first, and probably most important consequence of (3.7) is the boundedness of $T^{*}$ in $L^{p}(w)$ for any weight $w \in A_{p}, 1<p<\infty$, namely

$$
\int_{\mathbb{R}^{n}} T^{*} f(x)^{p} w(x) d x \leq \kappa \int_{\mathbb{R}^{n}}|f(x)|^{p} w(x) d x .
$$

This comes as a direct corollary of Muckenhoupt's theorem [99] on the boundedness of the Hardyll-Littlewood maximal operator in weighted norm.

Another consequence of inequality (3.7), though not as direct as the previous one, is the following inequality, obtained in [105]. For any weight $w$ it holds

$$
\left\|T^{*} f\right\|_{L^{p}(w)} \leq \kappa\|f\|_{L^{p}\left(M^{[p]+1} w\right)},
$$

where $[p]$ denotes the integer part of $p$ and $M^{k}$ denotes the $k$-fold composition of $M$. This result is sharp since $[p]+1$ cannot be replaced by $[p]$. This is saying that inequality (3.7) encodes a lot of information. Very recently, this result was extended in [89] to the non-smooth case kernels, more precisely to the case case of rough singular operators $T_{\Omega}$ with $\Omega \in L^{\infty}\left(\mathbb{S}^{n-1}\right)$, by proving inequality (3.7) for these operators. The proof of this result is quite different from the classical situation since there is no good$\lambda$ estimate involving these operators and it is a consequence of a sparse domination result for $T_{\Omega}$ obtained in [24] combined with the $A_{\infty}$ extrapolation theorem mentioned above in [26].

Norm inequalities similar to (3.7) are true for other operators, for instance in [101] (fractional integrals) or [116] (square functions). Also, in the context of multilinear harmonic analysis one can find other examples, for example, it was shown in [87] an analogue for multilinear Calderón-Zygmund operators $T$, namely

$$
\left\|T\left(f_{1}, \ldots, f_{m}\right)\right\|_{L^{p}(w)} \leq \kappa\left\|\mathcal{M}\left(f_{1}, \ldots, f_{m}\right)\right\|_{L^{p}(w)}
$$

for $w \in A_{\infty}$ extending (3.7). We refer to [87] for the definition of the operator $\mathcal{M}$. The proof for the multilinear setting is in the spirit of the proof of inequality (3.7) given in [1]. There are also inequalities for (3.7) for more singular operators like the case of commutators of Calderón-Zygmund operators with BMO functions, as was proved in [106]. In this case, the result is, for $w \in A_{\infty}$,

$$
\|[b, T] f\|_{L^{p}(w)} \leq c\left\|M^{2} f\right\|_{L^{p}(w)},
$$

where $[b, T] f=b T f-T(b f)$ and $M^{2}=M \circ M$. The result is false for $M$, because the commutator is not of weak type $(1,1)$ and it would then contradict the extrapolation
result from [26].
All of the inequalities mentioned above are true for the class $A_{\infty}$ of weights, but $A_{\infty}$ is not the whole picture for some of them. The correct class of weights is, in some sense, the $C_{p}$ class. Muckenhoupt showed in [100] that $A_{\infty}$ is not necessary for the CFI (3.7), and that the correct necesary condition is $C_{p}$. About sufficiency, Sawyer [109] proved that $w \in C_{p+\eta}$ for some $\eta>0$ is sufficient for (3.7) in the range $p \in(1, \infty)$. It is still an open conjecture if $C_{p}$ is a sufficient condition.

Although $C_{p}$ weights were introduced in the context of the CFI, other inequalities have been proved to hold for these weights. For example, the Fefferman-Stein inequality, between the maximal operators of Hardy-Littlewood and of FeffermanStein, as can be found in [117], [14] for a quantified version, [86] in the weak-type context. In [17], the authors extended Sawyer's result to a wider class of operators than Calderón-Zygmund operators, including some pseudo-differential operators and oscillatory integrals. Finally, in [13], Sawyer's result was extended to rough singular integrals and sparse forms.

For the rest of the Chapter, we are going to work with $L^{p}$ estimates for weights in $C_{q}$ for some $q>p$.

### 3.3 Marcinkiewicz integral estimates

In this section, we are going to introduce the most technical tools in this Chapter. They are the Marcinkiewicz-type integral operators. These operators arise quite naturally in the context of $C_{q}$ weighted estimates, and their definition features a few concepts, such as $C_{q}$ tails, level sets and the Whitney decomposition lemma.

Let us begin with a technical lemma, which shows how the sum of $C_{q}$-tails of pairwise disjoint cubes can be bounded when the weight is in $C_{q}$.

## Lemma 3.9

Let $w \in C_{q}$. Fix $R \geq 2$ and $\delta>0$. Then for every cube $Q$ and any collection of pairwise disjoint cubes $\left\{Q_{j}\right\}_{j}$ that are all contained in $Q$ we have

$$
\begin{equation*}
\int_{R Q} \sum_{j}\left(M \chi_{Q_{j}}(x)\right)^{q} w(x) d x \leq \frac{1}{\kappa_{1} \varepsilon} \log \frac{\kappa_{2} R^{n q}}{\varepsilon \delta} w(R Q)+\delta \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x \tag{3.8}
\end{equation*}
$$

where $\kappa_{1}$ and $\kappa_{2}$ are dimensional constants and $\varepsilon$ is the parameter for $w$ in (2.4). Hence, we have

$$
\begin{equation*}
\int_{\mathbb{R}^{n}} \sum_{j}\left(M \chi_{Q_{j}}(x)\right)^{q} w(x) d x \leq \kappa_{n} 4^{n q} \frac{1}{\varepsilon} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x \tag{3.9}
\end{equation*}
$$

Proof. For $\lambda>0$, we will call $E_{\lambda}=\left\{x \in R Q: \sum_{j} M \chi_{Q_{j}}(x)^{q}>\lambda\right\}$. Since the cubes are pairwise disjoint, we have $\sum_{j} \chi_{Q_{j}} \in L^{\infty}$. Then by the exponential inequality from [36] we have $\left|E_{\lambda}\right| \leq \kappa_{n} e^{-a \lambda}|R Q|$, where $c_{n}$ and $a$ are positive dimensional constants. Then, applying the $C_{q}$ condition (2.4) we get

$$
w\left(E_{\lambda}\right) \leq 2\left(\frac{\left|E_{\lambda}\right|}{|R Q|}\right)^{\varepsilon} \int_{\mathbb{R}^{n}}\left(M \chi_{R Q}(x)\right)^{q} w(x) d x
$$

$$
\leq \kappa_{n} e^{-\varepsilon a \lambda} R^{n q} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x
$$

Now we compute

$$
\begin{aligned}
\int_{R Q} \sum_{j}\left(M \chi_{Q_{j}}(x)\right)^{q} w(x) d x & =\int_{0}^{\infty} w\left(E_{t}\right) d t=\lambda w\left(E_{\lambda}\right)+\int_{\lambda}^{\infty} w\left(E_{t}\right) d t \\
& \leq \lambda w(R Q)+\kappa_{n} R^{q n} \frac{1}{a \varepsilon} e^{-a \varepsilon \lambda} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x
\end{aligned}
$$

We can choose $\lambda$ big enough so that

$$
\kappa_{n} R^{q n} \frac{1}{a \varepsilon} e^{-a \varepsilon \lambda} \leq \delta
$$

that is, $\lambda=\frac{1}{a \varepsilon} \log \frac{\kappa_{n} R^{q n}}{\delta a \varepsilon}$, and we get (3.8). In order to get (3.9), choose $R=2, \delta=\frac{1}{\varepsilon}$ and use $\sum M \chi_{Q_{j}}^{q} \leq 2^{n q} M \chi_{Q}$ almost everywhere outside of $2 Q$.

We remark that there can be no pointwise equivalent of (3.9), that is, there exists no constant $\kappa>0$ such that, for a cube $Q$ and a family of pairwise disjoint cubes $\left\{Q_{j}\right\}_{j}$ contained in $Q$, the following estimate holds.

$$
\begin{equation*}
\sum_{j}\left(M \chi_{Q_{j}}(x)\right)^{q} \leq \kappa\left(M \chi_{Q}(x)\right)^{q} \tag{3.10}
\end{equation*}
$$

Many examples can be constructed so that (3.10) fails. Let us construct the simplest one, where the cubes, though disjoint, accumulate at a certain point. Let $Q_{0}=[0,1]^{n}$ and let

$$
Q_{j}=\left[2^{-j}, 2^{-j+1}\right] \times \prod_{m=2}^{n}\left[0,2^{-j}\right]
$$

See Figure 3.1. Clearly, the cubes $Q_{j} \subset Q$ and they are pairwise disjoint. The idea is that the cubes accumulate around the origin.


Figure 3.1: The cubes $Q_{j}$ for $j \geq 0$ in dimension 2.

Let us define the partial sum

$$
S_{N}(x)=\sum_{k=1}^{N} M \chi_{Q_{k}}(x)^{q}
$$

Since $\operatorname{dist}\left(0, Q_{k}\right)=2^{-k}=\ell\left(Q_{k}\right)$ for every $k>1$, we have that, using Lemma 2.8

$$
M \chi_{Q_{k}}(0) \geq \kappa_{n} \frac{1}{2} .
$$

Clearly, this means that, for $N$ big enough, we can make $S_{N}$ arbitrarily large on a neighborhood of the origin, since each of the $S_{N}$ is continuous. This means that the limit $S=\lim _{N \rightarrow \infty} S_{N}$ is not an $L^{\infty}$ function. Therefore, there is no way that (3.10) holds.

We now state the Whitney covering lemma. We are going to use this technique in order to decompose the level sets of some functions.

## Lemma 3.10 - Whitney covering lemma

Given $R \geq 1$, there is $C=C(n, R)$ such that if $\Omega$ is an open subset in $\mathbb{R}^{n}$, then $\Omega=\cup_{j} Q_{j}$ where the $Q_{j}$ are disjoint cubes satisfying

$$
\begin{gathered}
5 R \leq \frac{\operatorname{dist}\left(Q_{j}, \mathbb{R}^{n} \backslash \Omega\right)}{\operatorname{diam} Q_{j}} \leq 15 R, \\
\sum_{j} \chi_{R Q_{j}} \leq \kappa \chi_{Q} .
\end{gathered}
$$

This decomposition technique is going to be applied to level sets of the form $\Omega=\left\{x \in \mathbb{R}^{n}: f(x)>\lambda\right\}$ for some function $f$ and $\lambda>0$. In order to ensure that these sets are open, we need the functions to be lower semicontinuous.

## Definition 3.11

Let $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$. We say that $f$ is lower semicontinuous if for every $\lambda \in \mathbb{R}$, the set $\left\{x \in \mathbb{R}^{n}: f(x)>\lambda\right\}$ is open.

Clearly, continuous functions are always lower-semicontinuous. But the functions we are going to consider are also lower-semicontinuous.

## Lemma 3.12

The following statements are valid.

- For any function $f \in L_{l o c}^{1}\left(\mathbb{R}^{n}\right)$, its maximal function $M f$ is lower semicontinuous.
- Let $T$ be a Calderón-Zygmund operator. Then $T^{*} f$ is lower semicontinuous for $f$ good enough.

We now define an auxiliary function that was used in [109]. This operator will be used to intuitively represent the integral of the function $h$ to the power $p$ after we apply the $C_{q}$ condition.

## Definition 3.13

Let $h$ be a non-negative lower-semicontinuous function on $\mathbb{R}^{n}$ and $k$ an integer. Let $\mathcal{W}(k)$ be the Whitney decomposition of the level set $\Omega_{k}=\left\{x \in \mathbb{R}^{n}: h(x)>2^{k}\right\}$, that
is, $\Omega_{k}=\bigcup_{Q \in \mathcal{W}(k)} Q$. We define the function

$$
\begin{equation*}
M_{p, q} h(x)^{p}=\sum_{k \in \mathbb{Z}} \sum_{Q \in \mathcal{W}(k)} 2^{k p}\left(M \chi_{Q}(x)\right)^{q} . \tag{3.11}
\end{equation*}
$$

We need lower-semicontinuity in this definition to ensure that we can apply Whitney's decomposition theorem. In the practice, we will apply this operator to $M f$ and to $T^{*} f$, which are always lower-semicontinuous by Lemma 3.12.

This expression arises naturally when estimating $L^{p}(w)$ norms with $w \in C_{q}$. Indeed, by the layer cake representation from Section 1.4.4, we have

$$
\|h\|_{L^{p}(w)}^{p}=p \int_{0}^{\infty} t^{p-1} w(\{h>t\}) d t \approx p \sum_{k \in \mathbb{Z}} 2^{k p} \sum_{Q \in \mathcal{Q}_{k}} w(Q) .
$$

The role that $w(Q)$ plays in the $A_{\infty}$ theory is often played by $\int_{\mathbb{R}^{n}} M\left(1_{Q}\right)^{q} w$ in the $C_{q}$ context. Therefore, the natural $C_{q}$ counterpart of the above expression is

$$
\sum_{k \in \mathbb{Z}} 2^{k p} \sum_{Q \in \mathcal{Q}_{k}} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x=\int_{\mathbb{R}^{n}} M_{p, q} h(x)^{p} w(x) d x .
$$

Now, we prove that the Marcinkiewicz function applied to a maximal function is bounded, in the $C_{q}$ weighted $L^{p}$ norm by the maximal function. We prove this in a quantitative way. Note that $q>p$ is crucial in the proof.

## Lemma 3.14

Let $0<p<q<\infty$ with $1<q$ and suppose that $w \in C_{q}$. Then for any $f$ bounded with compact support, we have

$$
\begin{equation*}
\int_{\mathbb{R}^{n}}\left(M_{p, q} M f(x)\right)^{p} w(x) d x \leq \kappa_{n} 2^{\kappa_{n} \frac{p q}{q-p}} \frac{1}{\varepsilon_{w}} \log \frac{1}{\varepsilon_{w}} \int_{\mathbb{R}^{n}}(M f(x))^{p} w(x) d x \tag{3.12}
\end{equation*}
$$

where $M_{p, q}$ denotes the Marcinkiewicz integral operator as defined in (3.11) and $\varepsilon_{w}$ is as in (2.6).

Proof. Let $\mathcal{W}(k)$ be the Whitney decomposition of $\Omega_{k}=\left\{x \in \mathbb{R}^{n}: M f(x)>2^{k}\right\}$, for any integer $k$. Let $N$ be a positive integer to be chosen later and fix a cube $P$ from the $k-N$ generation. We have, as in [109],

$$
\begin{equation*}
\left|\Omega_{k} \cap 5 P\right| \leq \kappa 2^{-N}|P|, \tag{3.13}
\end{equation*}
$$

where $\kappa$ depends only on the dimension $n$.
Now define the partial sums of the Marcinkiewicz integrals. For a fixed $k \in \mathbb{Z}$, we define the partial sum at scale $k$ as

$$
S(k)=2^{k p} \sum_{Q \in \mathcal{W}(k)} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x
$$

We have called this expression partial sum because the following relation holds.

$$
\int_{\mathbb{R}^{n}}\left(M_{p, q} M f(x)\right)^{p} w(x) d x=\sum_{k \in \mathbb{Z}} S(k) .
$$

For a fixed $k \in \mathbb{Z}, N \in \mathbb{N}$ and a cube $P \in \mathcal{W}(k-N)$, we define the partial sum at scale $k$ localized at $P$ as

$$
S(k ; N, P)=2^{k p} \sum_{\substack{Q \in \mathcal{W}(k) \\ Q \cap P \neq \emptyset}} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x
$$

Clearly, the following relation between both partial sums hold,

$$
S(k) \leq \sum_{P \in \mathcal{W}(k-N)} S(k ; N, P)
$$

Because of the Whitney decomposition, $Q \cap R \neq \emptyset$ implies $Q \subset 5 P$ for large $N$, so can split the integral in two parts, close to $P$ and away from $P$, that is,

$$
\begin{aligned}
S(k ; N, P) & \leq \int_{\mathbb{R}^{n}} 2^{k p} \sum_{\substack{Q \in \mathcal{W}(k) \\
Q \subset 5 P}} M \chi_{Q}(x)^{q} w(x) d x \\
& =\int_{10 P}+\int_{(10 P)^{c}{ }^{c}} \sum_{\substack{Q \in \mathcal{W}(k) \\
Q \subset 5 P}} M \chi_{Q}(x)^{q} w(x) d x \\
& =I+I I \quad \text { for large } N .
\end{aligned}
$$

Let us estimate $I$. By (3.8), for any $\eta>0$, which will be chosen chosen later, and for $R=10$ we get

$$
I \leq 2^{k p} \frac{1}{\kappa_{1} \varepsilon} \log \frac{\kappa_{2} 10^{n q}}{\eta \varepsilon} w(10 P)+\eta 2^{k p} \int_{\mathbb{R}^{n}}\left(M \chi_{P}\right)^{q} w
$$

Now, let us estimate $I I$. Standard estimates for the maximal function of characteristics of cubes show that if $x_{P}$ is the center of the cube $P$ then by Lemma 2.8 and since $1<q$, we have

$$
\begin{aligned}
I I & \leq \kappa_{n}^{q} 2^{k p} \int_{(10 P)^{c}} \sum_{\substack{Q \in \mathcal{W}(k) \\
Q \subset 5 P}} \frac{|Q|^{q}}{\left|x-x_{P}\right|^{n q}} w(x) d x \\
& \leq \kappa_{n}^{q} 2^{k p} \int_{(10 P)^{c}} \frac{1}{\left|x-x_{P}\right|^{n q}}\left(\sum_{\substack{Q \in \mathcal{W}(k) \\
Q \subset 5 P}}|Q|\right)^{q} w(x) d x \\
& \leq \kappa_{n}^{q} 2^{k p} \int_{(10 P)^{c}} \frac{\left|\Omega_{k} \cap P\right|^{q}}{|x-P|^{n q}} w(x) d x \\
& \leq \kappa_{n}^{q} 2^{k p} \int_{(10 P)^{c}} \frac{2^{-q N}|P|^{q}}{\left|x-x_{P}\right|^{n q}} w(x) d x \\
& \leq \kappa_{n}^{q} 2^{N(p-q)+(k-N) p} \int_{\mathbb{R}^{n}}\left(M \chi_{P}(x)\right)^{q} w(x) d x
\end{aligned}
$$

where we have used (3.13) on the third inequality. Thus we have, by the Whitney decomposition theorem, for $N$ large,

$$
S(k) \leq \sum_{P \in \mathcal{W}(k-N)} S(k ; N, P)
$$

$$
\begin{aligned}
& \leq \frac{1}{\kappa_{1} \varepsilon} \log \frac{\kappa_{2} 10^{n q}}{\eta \varepsilon} 2^{k p} \sum_{P \in \mathcal{W}(k-N)} w(10 P) \\
& \quad+\left(\eta 2^{k p}+\kappa_{n}^{q} 2^{N(p-q)+(k-N) p}\right) \sum_{P \in \mathcal{W}(k-N)} \int_{\mathbb{R}^{n}}\left(M \chi_{P}(x)\right)^{q} w(x) d x \\
& \leq \\
& =\frac{1}{\kappa_{1} \varepsilon} \log \frac{\kappa_{2} 10^{n q}}{\eta \varepsilon} 2^{k p} \int_{\mathbb{R}^{n}}\left(\sum_{P \in \mathcal{W}(k-N)} \chi_{10 P}(x)\right) w(x) d x \\
& \quad+\left(\eta 2^{N p}+\kappa_{n}^{q} 2^{N(p-q)}\right) 2^{(k-N) p} \sum_{P \in \mathcal{W}(k-N)} \int_{\mathbb{R}^{n}}\left(M_{P}(x)\right)^{q} w(x) d x \\
& \leq \\
& \kappa_{n} \frac{1}{\kappa_{1} \varepsilon} \log \frac{\kappa_{2} 10^{n q}}{\eta \varepsilon} 2^{k p} w\left(\Omega_{k-N}\right)+\left(\eta 2^{N p}+\kappa_{n}^{q} 2^{N(p-q)}\right) S(k-N) \\
& = \\
& \kappa_{n} 2^{N p} \frac{1}{\kappa_{1} \varepsilon} \log \frac{\kappa_{2} 10^{n q}}{\eta \varepsilon} 2^{p(k-N)} w\left(\Omega_{k-N}\right)+\left(\eta 2^{N p}+\kappa_{n}^{q} 2^{N(p-q)}\right) S(k-N) .
\end{aligned}
$$

Now, since $q>p$, we can chose $N$ so that $\kappa_{n}^{q} 2^{N(p-q)}<\frac{1}{4}$, that is, $N \geq \kappa_{n} \frac{q}{q-p}$; and $\eta$ so that $\eta 2^{N p}<\frac{1}{4}$.

This allows us to continue the computations by

$$
\begin{aligned}
S(k) & \leq \kappa_{n} 2^{\kappa_{n} \frac{p q}{q-p}} \frac{1}{\varepsilon}\left(q \kappa_{n}+\log \frac{1}{\varepsilon}+\kappa_{n} \frac{p q}{q-p}\right) 2^{p(k-N)} w\left(\Omega_{k-N}\right)+\frac{1}{2} S(k-N) \\
& \leq\left(\kappa_{n} 2^{\kappa_{n} \frac{q p}{q-p}} \frac{1}{\varepsilon} \log \frac{1}{\varepsilon}\right) 2^{p(k-N)} w\left(\Omega_{k-N}\right)+\frac{1}{2} S(k-N)
\end{aligned}
$$

Thus, writing $S_{M}=\sum_{k \leq M} S(k)$ we get

$$
\begin{aligned}
S_{M} & \leq \frac{1}{2} S_{M-N}+\left(\kappa_{n} 2^{\kappa_{n} \frac{q p}{q-p}} \frac{1}{\varepsilon} \log \frac{1}{\varepsilon}\right) \sum_{k \leq M} 2^{p(k-N)} w\left(\Omega_{k-N}\right) \\
& \leq \frac{1}{2} S_{M}+\left(\kappa_{n} 2^{\kappa_{n} \frac{q p}{q-p}} \frac{1}{\varepsilon} \log \frac{1}{\varepsilon}\right) \sum_{k \in \mathbb{Z}} 2^{p(k-N)} w\left(\Omega_{k-N}\right) \\
& \leq \frac{1}{2} S_{M}+\kappa_{n} 2^{c_{n} \frac{q p}{q-p}} \frac{1}{\varepsilon} \log \frac{1}{\varepsilon} \int_{\mathbb{R}^{n}}(M f(x))^{p} w(x) d x
\end{aligned}
$$

Now, we can argue as in [109], p. 260, to conclude that $S_{M}<\infty$ for each $M$. Then, passing it to the left hand side, we obtain

$$
S_{M} \leq \kappa_{n} 2^{c_{n} \frac{q p}{q-p}} \frac{1}{\varepsilon} \log \frac{1}{\varepsilon} \int_{\mathbb{R}^{n}}(M f(x))^{p} w(x) d x
$$

Now, since $S_{M}$ is increasing in $M$, we have that

$$
\sup _{M} S_{M}=\int_{\mathbb{R}^{n}}\left(M_{p, q}(M f)\right)^{p} w
$$

and therefore we conclude the proof of the lemma.
Remark 3.15 The important part of the dependence of the constant on the exponents $p$ and $q$ is that the lemma will fail to be true for $p=q$, with this kind of blowup.
Remark 3.16 The correct dependence of (3.12) on the $C_{q}$ constant is, after simplifications,

$$
\kappa_{n, p, q}\left(1+[w]_{C_{q}}\right) \log \left(e+[w]_{C_{q}}\right)
$$

In order to have bounds for sparse operators and sparse forms, we introduce the Marcinkiewicz operator at a fixed level. These operators were introduced in [17].

## Definition 3.17

Let $h$ be a positive lower-semicontinuous function on $\mathbb{R}^{n}$ and $k$ an integer. Let $\mathcal{W}(k)$ be the Whitney decomposition of the level set $\Omega_{k}=\left\{x \in \mathbb{R}^{n}: h(x)>2^{k}\right\}$, that is, $\Omega_{k}=\bigcup_{Q \in \mathcal{W}(k)} Q$. We define the function

$$
M_{k, p, q} h(x)=\left(2^{k p} \sum_{Q \in \mathcal{Q}_{k}} M \chi_{Q}(x)^{q}\right)^{\frac{1}{p}}
$$

The relation between the full and the single-scale Marcinkiewicz operators is clear and is precisely

$$
\sum_{k \in \mathbb{Z}} M_{k, p, q} h(x)^{p}=M_{p, q} h(x)^{p} .
$$

Let us prove an analogue of Lemma 3.9 for sparse families of cubes.

## Lemma 3.18

Let $Q$ be a cube and $\mathcal{S}$ a sparse family of cubes that are contained in $Q$. Suppose that $w \in C_{q}$ with $1<q<\infty$. Then

$$
\int_{\mathbb{R}^{n}} \sum_{R \in \mathcal{S}} M \chi_{R}(x)^{q} w(x) d x \leq \kappa_{n, q}\left([w]_{C_{q}}+1\right) \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x
$$

Proof. We start by noticing that if $x \notin 2 Q$, then we have by Lemma 2.8 and since $1<q<\infty$,

$$
\begin{aligned}
\sum_{R \in \mathcal{S}} M \chi_{R}(x)^{q} & \leq \kappa_{n} \sum_{R \in \mathcal{S}}\left(\frac{|R|}{\operatorname{dist}(x, Q)^{n}}\right)^{q} \\
& \leq \kappa_{n}^{q} \sum_{R \in \mathcal{S}}\left(\frac{\left|E_{R}\right|}{\operatorname{dist}(x, Q)^{n}}\right)^{q} \\
& =\kappa_{n}^{q} \frac{\sum_{R \in \mathcal{S}}\left|E_{R}\right|^{q}}{\operatorname{dist}(x, Q)^{n q}} \\
& \leq \kappa_{n}^{q}\left(\frac{|Q|}{\operatorname{dist}(x, Q)^{n}}\right)^{q} \\
& \leq \kappa_{n}^{q} M \chi_{Q}(x)^{q},
\end{aligned}
$$

where $E_{R}$ is the exceptional set given by sparsity and we used the assumption $q>1$ in the estimate $\sum_{R \in \mathcal{S}}\left|E_{R}\right|^{q} \leq|Q|^{q}$. Thus, it is enough to bound $\int_{2 Q} \sum_{R \in \mathcal{S}}\left(M \chi_{R}\right)^{q} w$.

Since $E_{R} \subset R$ and $\left|E_{R}\right| \geq \frac{1}{2}|R|$ for every $R \in \mathcal{S}$, we have the pointwise bound

$$
\sum_{R \in \mathcal{S}}\left(M \chi_{R}(x)\right)^{q} \leq \kappa_{n}^{q} \sum_{R \in \mathcal{S}}\left(M \chi_{E_{R}}(x)\right)^{q}
$$

almost everywhere by Lemma 2.35. Also, since the sets $E_{R}$ are pairwise disjoint, we have $\sum_{R}\left(\chi_{E_{R}}\right)^{q} \leq 1 \in L^{\infty}$. Thus, by [36, Theorem 1 (3)] there exists $c>0$ such that
for every $\lambda>0$ we have

$$
\begin{equation*}
\left|F_{\lambda}\right|:=\left|\left\{x \in 2 Q: \sum_{R \in \mathcal{S}} M \chi_{R}(x)^{q}>\lambda\right\}\right| \leq \kappa e^{-\kappa \lambda}|Q| \tag{3.14}
\end{equation*}
$$

Applying the $C_{q}$ condition (2.4) to $F_{\lambda} \subseteq 2 Q$ and applying (3.14) we have

$$
\begin{align*}
w\left(F_{\lambda}\right) & \leq \kappa\left(\frac{\left|F_{\lambda}\right|}{|2 Q|}\right)^{\varepsilon} \int_{\mathbb{R}^{n}}\left(M \chi_{2 Q}(x)\right)^{q} w(x) d x \\
& \leq \kappa_{n, q} e^{-\kappa \frac{\lambda}{[w] C_{q}+1}} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x \tag{3.15}
\end{align*}
$$

Thus, for any fixed $\lambda>0$ we have

$$
\int_{2 Q} \sum_{R \in \mathcal{S}}\left(M \chi_{R}(x)\right)^{q} w(x) d x=\int_{0}^{\infty} w\left(F_{t}\right) d t=\int_{0}^{\lambda} w\left(F_{t}\right) d t+\int_{\lambda}^{\infty} w\left(F_{t}\right) d t=I_{1}+I_{2}
$$

For $I_{1}$, we can use Lemma 2.35 to see that

$$
\begin{aligned}
I_{1} & \leq \lambda w(2 Q) \\
& \leq \lambda \int_{\mathbb{R}^{n}} M\left(\chi_{2 Q}(x)\right)^{q} w(x) d x \\
& \leq \kappa_{n}^{q} \lambda \int_{\mathbb{R}^{n}} M\left(\chi_{Q}(x)\right)^{q} w(x) d x .
\end{aligned}
$$

For $I_{2}$, we can use (3.15) to get

$$
\begin{aligned}
I_{2} & \leq \kappa_{n, q} \int_{\lambda}^{\infty} e^{-\kappa \frac{t}{[w]_{C_{q}}+1}} d t \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d t \\
& \leq \kappa_{n, q}\left([w]_{C_{q}}+1\right) e^{-\kappa \frac{\lambda}{[w]} C_{q}+1}
\end{aligned} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x .
$$

Thus, we have

$$
I_{1}+I_{2} \leq \kappa\left(\lambda+\left([w]_{C_{q}}+1\right) e^{-c \frac{\lambda}{[w] C_{q}+1}}\right) \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x
$$

and choosing $\lambda=[w]_{C_{q}}+1$ completes the proof.
We now relate the sum of $C_{p}$-tails of a sparse family that is contained in the level set to the Marcinkiewicz operator at the same levle.

## Lemma 3.19

Let $h$ be a non-negative lower semicontinuous function, $w \in C_{q}, 1<q<\infty$ and $0<p<\infty$. Suppose that $k \in \mathbb{Z}$ and let $\mathcal{S}=\left\{R_{j}\right\}$ be a sparse collection of cubes contained in $\Omega_{k}=\left\{x: h(x)>2^{k}\right\}$. Then

$$
2^{k p} \sum_{R_{j} \in \mathcal{S}} \int_{\mathbb{R}^{n}}\left(M \chi_{R_{j}}(x)\right)^{q} w(x) d x \leq \kappa_{n, q}\left([w]_{C_{q}}+1\right) \int_{\mathbb{R}^{n}}\left(M_{k, p, q} h(x)\right)^{p} w(x) d x
$$

Proof. Fix $k \in \mathbb{Z}$ and let $\mathcal{Q}_{k}=\left\{Q_{l}\right\}_{l}$ be the Whitney decomposition of $\Omega_{k}$. For each $Q_{l} \in \mathcal{Q}_{k}$, let $\mathcal{S}_{k, l}$ be the family of cubes $R_{j}$ whose center is contained in $Q_{l}$. Then, by
the properties of the Whitney cubes and the fact that $R_{j} \subset \Omega_{k}$, we have $R_{j} \subset c_{n} Q_{l}$ for every $R_{j} \in \mathcal{S}_{k, l}$. Moreover, each $R_{j} \in \mathcal{S}$ is contained in exactly one of the $\mathcal{S}_{k, l}$.

The desired estimate follows now from applying Lemma 3.18 to each of the collections $\mathcal{S}_{k, l}$ :

$$
\begin{aligned}
2^{k p} \sum_{R_{j} \in \mathcal{S}} \int_{\mathbb{R}^{n}}\left(M \chi_{R_{j}}(x)\right)^{q} w(x) d x & =2^{k p} \sum_{Q_{l} \in \mathcal{Q}_{k}} \sum_{R_{j} \in \mathcal{S}_{k, l}} \int_{\mathbb{R}^{n}}\left(M \chi_{R_{j}}(x)\right)^{q} w(x) d x \\
& \leq \kappa_{p, q}\left([w]_{C_{q}}+1\right) 2^{k p} \sum_{Q_{l} \in \mathcal{Q}_{k}} \int_{\mathbb{R}^{n}}\left(M \chi_{Q_{l}}(x)\right)^{q} w(x) d x \\
& =\kappa_{p, q, n}\left([w]_{C_{q}}+1\right) \int_{\mathbb{R}^{n}}\left(M_{k, p, q} h(x)\right)^{p} w(x) d x
\end{aligned}
$$

Finally, as a Corollary, we give a way of bounding sparse operators in terms of $C_{q}$ weights.

## Corollary 3.20

Suppose that $\mathcal{S}$ is a sparse collection of cubes, $f$ is a locally integrable function, $w \in C_{q}$ for $1<q<\infty$ and $0<p<q$. Then

$$
\sum_{Q \in \mathcal{S}}\langle f\rangle_{Q}^{p} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x \leq \kappa_{p, q, n}\left([w]_{C_{q}}+1\right)^{2} \log \left([w]_{C_{q}}+e\right)\|M f\|_{L^{p}(w)}^{p}
$$

Proof. We start by making a level decomposition of the sparse family: for every $k \in \mathbb{Z}$, we set

$$
\mathcal{S}_{k}:\left\{Q \in \mathcal{S}: 2^{k}<\langle | f| \rangle_{Q} \leq 2^{k+1}\right\}
$$

Clearly we have $\mathcal{S}=\bigcup_{k \in \mathbb{Z}} \mathcal{S}_{k}$. Now, for each $Q \in \mathcal{S}_{k}$, we have trivially $Q \subset\{M f>$ $\left.2^{k}\right\}$. Thus, Lemmas 3.19 and 3.14 give us

$$
\begin{aligned}
\sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q}^{p} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x & \leq 2^{p} \sum_{k \in \mathbb{Z}} 2^{k p} \sum_{Q \in \mathcal{S}_{k}} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x \\
& \leq \kappa 2^{p}\left([w]_{C_{q}}+1\right) \sum_{k \in \mathbb{Z}} \int_{\mathbb{R}^{n}}\left(M_{k, p, q} M f(x)\right)^{p} w(x) d x . \\
& =\kappa 2^{p}\left([w]_{C_{q}}+1\right) \int_{\mathbb{R}^{n}}\left(M_{p, q} M f(x)\right)^{p} w(x) d x \\
& \leq \kappa\left([w]_{C_{q}}+1\right)^{2} \log \left([w]_{C_{q}}+e\right)\|M f\|_{L^{p}(w)}^{p},
\end{aligned}
$$

where $\kappa=\kappa_{n, p, q}$. This finishes the proof.

## $3.4 C_{p}$ weights and the Coifman-Fefferman inequality

We state the quantification of Theorem B from [109].

## Theorem 3.21

Fix $q>p>1$. For all Calderón-Zygmund operator $T$, all bounded $f$ with compact
support and all weights $w \in C_{q}$ we have

$$
\begin{equation*}
\left\|T^{*} f\right\|_{L^{p}(w)} \leq \kappa_{n, T}\left(q+\frac{q p^{2}}{q-p}\right) \Phi\left([w]_{C_{q}}+1\right)\|M f\|_{L^{p}(w)} \tag{3.16}
\end{equation*}
$$

where $\Phi(t)=t \log (e+t)$.
Before proving Theorem 3.21, we provide a norm estimate for the Marcinkiewicz operator from Section 3.3 in terms of the truncated maximal singular integral operator.

## Lemma 3.22

Under the same assumptions of Theorem 3.21 we have

$$
\begin{aligned}
\int_{\mathbb{R}^{n}}\left(M_{p, q} T^{*} f(x)\right)^{p} w(x) d x & \leq\left(\kappa_{n} \frac{2^{p}}{\varepsilon} \log \frac{\kappa_{n} 10^{n q} 2^{p+2}}{\varepsilon}\right) \int_{\mathbb{R}^{n}}\left(T^{*} f(x)\right)^{p} w(x) d x \\
& +\left(\kappa_{n}^{q} 2^{\kappa_{n} \frac{p^{2} q}{q-p}} \frac{1}{\varepsilon^{2}} \log \frac{1}{\varepsilon}\right) \int_{\mathbb{R}^{n}}(M f(x))^{p} w(x) d x .
\end{aligned}
$$

Proof. Let $\mathcal{W}(k)$ be the Whitney decomposition of the level set $\Omega_{k}=\left\{x \in \mathbb{R}^{n}\right.$ : $\left.T^{*} f(x)>2^{k}\right\}$ for integer $k$. One can prove as in [20] the following inequality: if $Q \in \mathcal{W}(k-1)$ and $5 Q \not \subset\left\{M f>2^{k-N}\right\}$ for some $N \geq 1$, then

$$
\begin{equation*}
\left|\left\{x \in Q ; T^{*} f>2^{k}\right\}\right| \leq \kappa_{T} 2^{-N}|Q| . \tag{3.17}
\end{equation*}
$$

Let $\mathcal{V}(k)$ be the Whitney decomposition of the set $\left\{x \in \mathbb{R}^{n}: M f(x)>2^{k}\right\}$. We observe that for each cube $Q \in \mathcal{W}(k-1)$ there are two cases, for a fixed $N$ that we will chose later.

Case (a). $5 Q \subset\left\{M f>2^{k-N}\right\}$ in which case $5 Q \subset c_{n} I$ for some $I \in \mathcal{V}(k-N)$.
Case (b). $5 Q \not \subset\left\{M f>2^{k-N}\right\}$ in which case (3.17) implies

$$
\sum_{\substack{P \in \mathcal{W}(k) \\ P \subset 5 Q}}|P| \leq c_{T} 2^{-N}|Q| .
$$

Now define the partial sums in a similar way as in the proof of Lemma 3.9

$$
S(k)=\sum_{Q \in \mathcal{W}(k)} 2^{k p} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x
$$

and, for a fixed $P \in \mathcal{W}(k-1)$

$$
S(k ; P)=\sum_{\substack{Q \in \mathcal{W}(k) \\ Q \cap P \neq \emptyset}} 2^{k p} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x \leq \sum_{\substack{Q \in \mathcal{W}(k) \\ Q \subset 5 P}} 2^{k p} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x .
$$

Here, the last inequality follows from the Whitney decomposition. For a fixed $P$, we split in two parts the integral, close from $P$ and away from $P$, that is

$$
S(k ; P) \leq \sum_{\substack{Q \in \mathcal{W}(k) \\ Q \subset 5 P}} 2^{k p} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x
$$

$$
\begin{aligned}
& =\int_{10 P}+\int_{(10 P)^{c}} \sum_{\substack{Q \in \mathcal{W}(k) \\
Q \subset 5 P}} 2^{k p}\left(M \chi_{Q}(x)\right)^{q} w(x) d x \\
& =I+I I .
\end{aligned}
$$

By (3.8) with $R=10$ we have

$$
I \leq \kappa_{n} \frac{1}{\varepsilon} \log \frac{\kappa_{n} 10^{n q}}{\varepsilon \eta} 2^{k p} w(5 P)+\eta 2^{k p} \int_{\mathbb{R}^{n}}\left(M \chi_{P}(x)\right)^{q} w(x) d x
$$

where $\eta>0$ is a positive number that is free and at our disposal. In a similar way as in the proof of Lemma 3.9, one can show

$$
I I \leq \kappa_{n}^{q} 2^{k p-N q} \int_{\mathbb{R}^{n}}\left(M \chi_{P}(x)\right)^{q} w(x)
$$

Combining estimates for $I$ and $I I$ we obtain, for every case (b) cube $P \in \mathcal{W}(k-1)$,

$$
\begin{equation*}
S(k ; P) \leq \kappa_{n} \frac{1}{\varepsilon} \log \frac{\kappa_{n} 10^{n q}}{\varepsilon \eta} 2^{k p} w(5 P)+\left(\eta+\kappa_{n}^{q} 2^{-N q}\right) 2^{k p} \int_{\mathbb{R}^{n}}\left(M \chi_{P}(x)\right)^{q} w(x) d x \tag{3.18}
\end{equation*}
$$

Thus, we can split the partial sum $S(k)$ in terms of cubes of $\mathcal{W}(k-1)$ of case (a) or (b), that is,

$$
S(k) \leq \sum_{\substack{P \in \mathcal{W}(k-1) \\ P \text { is }(a)}} S(k ; P)+\sum_{\substack{P \in \mathcal{W}(k-1) \\ P \text { is }(b)}} S(k ; P)=I I I+I V .
$$

Now, since each of the $Q \in \mathcal{W}(k)$ of type ( $a$ ) intersects at most $\kappa$ of the $P \in \mathcal{W}(k-1)$, yet again due to the Whitney decomposition, we have

$$
\begin{aligned}
I I I & \leq \kappa \sum_{I \in \mathcal{V}(k-N)} \sum_{\substack{Q \in \mathcal{W}(k) \\
Q \subset \kappa_{n} I}} 2^{k p} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)\right)^{q} w(x) d x \\
& \leq c_{n}^{q} \frac{1}{\varepsilon} \sum_{I \in \mathcal{V}(k-N)} 2^{k p} \int_{\mathbb{R}^{n}}\left(M \chi_{I}(x)\right)^{q} w(x) d x,
\end{aligned}
$$

where we have used (3.9) and $M \chi_{\kappa_{n} I} \leq \kappa_{n} M \chi_{I}$ using Lemma 2.8, for two different $\kappa_{n}$ of course. For the remaining part we have by (3.18)

$$
\begin{aligned}
I V \leq & \kappa_{n} \frac{1}{\varepsilon} \log \frac{\kappa_{n} 10^{n q}}{\varepsilon \eta} 2^{k p} \sum_{P \in \mathcal{W}(k-1)} w(5 P) \\
& +\left(\eta+\kappa_{n}^{q} 2^{-N q}\right) 2^{k p} \sum_{P \in \mathcal{W}(k-1)} w(5 P) \int_{\mathbb{R}^{n}}\left(M \chi_{P}(x)\right)^{q} w(x) d x \\
\leq & \kappa_{n} \frac{1}{\varepsilon} \log \frac{\kappa_{n} 10^{n q}}{\varepsilon \eta} 2^{k p} \int_{\mathbb{R}^{n}} w\left(\Omega_{k-1}\right) \\
& +\left(\eta 2^{p}+\kappa_{n}^{q} 2^{p-N q}\right) 2^{(k-1) p} \sum_{P \in \mathcal{W}(k-1)} \int_{\mathbb{R}^{n}}\left(M \chi_{P}(x)\right)^{q} w(x) d x \\
\leq & \kappa_{n} 2^{p} \frac{1}{a \varepsilon} \log \frac{\kappa_{n} 10^{n q}}{\varepsilon \eta} 2^{(k-1) p} w\left(\Omega_{k-1}\right)+\frac{1}{2} S(k-1),
\end{aligned}
$$

if we choose $\eta$ small enough and $N$ big enough. This means $\eta=2^{-(p+2)}$ and $N \geq$ $\kappa_{n} \frac{p+q}{q}$. Combining now estimates for $I I I$ and $I V$ we get

$$
\begin{aligned}
S(k) \leq \frac{1}{2} S(k-1) & +\left(c_{n} 2^{p} \frac{1}{a \varepsilon} \log \frac{\kappa_{n} 10^{n q} 2^{p+2}}{\varepsilon}\right) 2^{(k-1) p} w\left(\Omega_{k-1}\right) \\
& +\left(\kappa_{n}^{q} 2^{\kappa_{n} \frac{p}{q}(p+q)} \frac{1}{\varepsilon}\right) \sum_{I \in \mathcal{V}(k-N)} 2^{(k-N) p} \int_{\mathbb{R}^{n}}\left(M \chi_{I}\right)^{q} w .
\end{aligned}
$$

Set $S_{M}=\sum_{k \leq M} S(k)$ and sum the previous inequality over $k \leq M$ to obtain

$$
\begin{aligned}
S_{M} \leq & \frac{1}{2} S_{M}+\left(\kappa_{n} 2^{p} \frac{1}{a \varepsilon} \log \frac{\kappa_{n} 10^{n q} 2^{p+2}}{\varepsilon}\right) \int_{\mathbb{R}^{n}}\left(T^{*} f(x)\right)^{p} w(x) d x \\
& +\left(\kappa_{n}^{q} 2^{\kappa_{n} \frac{p}{q}(p+q)} \frac{1}{\varepsilon}\right) \int_{\mathbb{R}^{n}}\left(M_{p, q}(M f)(x)\right)^{p} w(x) d x \\
\leq & \frac{1}{2} S_{M}+\left(\kappa_{n} 2^{p} \frac{1}{a \varepsilon} \log \frac{\kappa_{n} 10^{n q} 2^{p+2}}{\varepsilon}\right) \int_{\mathbb{R}^{n}}\left(T^{*} f(x)\right)^{p} w(x) d x \\
& +\left(\kappa_{n}^{q} 2^{\kappa_{n} \frac{p}{q}(p+q)} \frac{1}{\varepsilon}\right)\left(\kappa_{n} 2^{\kappa_{n} \frac{p q}{q-p}} \frac{1}{\varepsilon} \log \frac{1}{\varepsilon}\right) \int_{\mathbb{R}^{n}}(M f(x))^{p} w(x) d x
\end{aligned}
$$

by (3.12). It can be shown (cf. [109], p.262) that $S_{M}<\infty$, so taking it to the left and then taking the supremum over all $M$ we obtain the desired result.

Now we are ready to prove Theorem 3.21. The prove we give is more convoluted than that in [109] and we incorporate the Reverse Hölder inequality from Theorem 2.21.

Proof of theorem 3.21. Using the exponential decay from [7], we know that if we write $\left\{x \in \mathbb{R}^{n}: T^{*} f(x)>2^{k}\right\}=\bigcup_{j} Q_{j}$ as in the Whitney decomposition theorem, we have

$$
\begin{equation*}
\left|\left\{x \in Q_{j}: T^{*} f(x)>2 \lambda, M f(x) \leq \gamma \lambda\right\}\right| \leq \kappa e^{-\frac{c}{\gamma}}\left|Q_{j}\right| \tag{3.19}
\end{equation*}
$$

for any $\gamma>0$. We call $E_{j}$ to the set in the left side of (3.19). Then, if we call $r$ to the exponent $1+\delta$ in Theorem 2.21, we get

$$
\begin{aligned}
w\left(E_{j}\right) & =\left|E_{j}\right| \frac{1}{\left|E_{j}\right|} \int_{E_{j}} w(x) d x \leq\left|E_{j}\right|\left(\frac{1}{\left|E_{j}\right|} \int_{E_{j}} w(x)^{r} d x\right)^{\frac{1}{r}} \\
& \leq\left|E_{j}\right|^{\frac{1}{r^{\prime}}}\left|Q_{j}\right|^{\frac{1}{r}}\left(\frac{1}{\left|Q_{j}\right|} \int_{Q_{j}} w(x)^{r} d x\right)^{\frac{1}{r}} \\
& \leq\left|E_{j}\right|^{\frac{1}{r^{\prime}}}\left|Q_{j}\right|^{\frac{1}{r}} \frac{2}{\left|Q_{j}\right|} \int_{\mathbb{R}^{n}}\left(M \chi_{Q_{j}}(x)\right)^{q} w(x) d x \\
& \leq \kappa e^{-\frac{\kappa}{\gamma r^{\prime}}} \int_{\mathbb{R}^{n}}\left(M \chi_{Q_{j}}(x)\right)^{q} w(x) d x .
\end{aligned}
$$

We use the standard good- $\lambda$ techniques as in [109], see Section 1.4.4, combined with Lemma 3.22 to get

$$
\int_{\mathbb{R}^{n}} T^{*} f(x)^{p} w(x) d x \leq\left(\frac{2}{\gamma}\right)^{p} \int_{\mathbb{R}^{n}} M f(x)^{p} w(x) d x+\kappa e^{-\frac{\kappa}{\gamma r^{\prime}}} \int_{\mathbb{R}^{n}}\left(M_{p, q} T^{*} f(x)\right)^{p} w(x) d x
$$

$$
\begin{aligned}
\leq & \left(2^{p} \gamma^{-p}+e^{-\frac{\kappa}{\gamma r^{\prime}}}\left(\kappa_{n}^{q} 2^{\kappa_{n} \frac{p^{2} q}{q-p}} \frac{1}{\varepsilon^{2}} \log \frac{1}{\varepsilon}\right)\right) \int_{\mathbb{R}^{n}} M f(x)^{p} w(x) d x \\
& +\kappa e^{-\frac{\kappa}{\gamma r^{\prime}}}\left(\kappa_{n} 2^{p} \frac{1}{\varepsilon} \log \frac{\kappa_{n} 10^{n q} 2^{p+2}}{\varepsilon}\right) \int_{\mathbb{R}^{n}} T^{*} f(x)^{p} w(x) d x
\end{aligned}
$$

Choosing $\gamma^{-1} \sim \kappa_{n}\left(q+\frac{p^{2} q}{q-p}\right) \frac{1}{\varepsilon} \log \frac{1}{\varepsilon}$ we can make

$$
e^{-\frac{\kappa}{\gamma r^{\prime}}}\left(\kappa_{n}^{q} 2^{\kappa_{n} \frac{p^{2} q}{q-p}} \frac{1}{\varepsilon^{2}} \log \frac{1}{\varepsilon}\right)<\frac{1}{2}
$$

and

$$
\kappa e^{-\frac{\kappa}{\gamma r^{\prime}}}\left(\kappa_{n} 2^{p} \frac{1}{a \varepsilon} \log \frac{\kappa_{n} 10^{n q} 2^{p+2}}{\varepsilon}\right)<\frac{1}{2}
$$

and taking the term to the left side (which is possible since it is finite, see [109]) we obtain

$$
\int_{\mathbb{R}^{n}}\left(T^{*} f(x)\right)^{p} w(x) d x \leq \kappa_{n}^{p}\left(\left(q+\frac{p^{2} q}{q-p}\right) \frac{1}{\varepsilon} \log \frac{1}{\varepsilon}\right)^{p} \int_{\mathbb{R}^{n}} M f(x)^{p} w(x) d x
$$

Remark 3.23 We conjecture that the first $q$ in the constant should not be there. That way $\lim _{q \rightarrow \infty} c_{q}<\infty$. We think this should be the case because whenever $w \in C_{q}$ and $q$ is bigger, we have more information. This way we could recover a weighted inequality for the $A_{\infty}$ class, though it would be a worse one than the one we mention in the introduction. For this very reason, we conjecture that the dependence on the $C_{q}$ constant is not sharp in this sense.

## Conjecture 3.24

Let $T$ be a Calderón-Zygmund operator and let $1<p<q<\infty$. There exists a constant $\kappa=\kappa_{n, p, q, T}$ such that for all $w \in C_{q}$ the following holds:

$$
\left\|T^{*} f\right\|_{L^{p}(w)} \leq \kappa \max \left([w]_{C_{q}}, 1\right)\|M f\|_{L^{p}(w)}
$$

Regarding Muckenhoupt's conjecture 2.1 and the $C_{p}$ constant, we dare not make a quantitative conjecture in that respect, that is, how the ratio between the $L^{p}(w)$ norm of the singular integral and the maximal operator has to depend on the $C_{p}$ constant of the weight $w$.

We remark that, even if usually sparse domination gives sharper quantitative bounds on the weights, this is not the case. This is because proving a bound for the sparse operator already uses the techniques of Marcinkiewicz operators. Therefore, the dependence that one obtains is essentially the same as that in (3.16).

### 3.5 Estimates for rough operators

In this section, we will prove Sawyer type $C_{p}$ estimates for rough homogeneous singular integrals as in Section 3.1.2.

## Theorem 3.25

Let $T_{\Omega}$ be a rough homogeneous singular integral as in Definition 3.2. The following inequalities hold:
I) if $1<p<q<\infty$ and $w \in C_{q}$, then

$$
\left\|T_{\Omega} f\right\|_{L^{p}(w)} \leq \kappa_{n, p, q}\left([w]_{C_{q}}+1\right)^{3} \log \left([w]_{C_{q}}+e\right)\|\Omega\|_{L^{\infty}}\|M f\|_{L^{p}(w)} ;
$$

II) if $0<p \leq 1<q<\infty$ and $w \in C_{q}$, then

$$
\left\|T_{\Omega} f\right\|_{L^{p}(w)} \leq \kappa_{n, p, q}\left([w]_{C_{q}}+1\right)^{1+\frac{2}{p}} \log ^{\frac{1}{p}}\left([w]_{C_{q}}+e\right)\|\Omega\|_{L^{\infty}}\|M f\|_{L^{p}(w)}
$$

The constant $\kappa_{n, p, q}$ satisfies $\kappa_{n, p, q} \rightarrow \infty$ as $q \rightarrow p$.

We want to emphasize that the main novelty of this result is the qualitative estimates that (to the best of our knowledge) were not known earlier. We do not know if our bounds are sharp with respect to $[w]_{C_{p}}$ but we strongly suspect that they are not. We also note that previous proofs for the case $0<p<1$ and $w \in A_{\infty}$ used extrapolation theory which is not available for $C_{p}$ weights. Our method and quantitative bounds are new even for weights $w \in A_{\infty}$.

Our proof relies particularly on a sparse domination result of Conde-Alonso, Culiuc, Di Plinio and Ou:

## Theorem 3.26 - [24, part of Theorem A]

Let $T_{\Omega}$ be a rough homogeneous singular integral as in Definition 3.2. Then, for any $1<p<\infty$ we have

$$
\left|\left\langle T_{\Omega} f, g\right\rangle\right| \leq \kappa_{n} p^{\prime}\|\Omega\|_{L^{\infty}\left(\mathbb{S}^{n-1}\right)} \sup _{\mathcal{S}} \sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q}\langle | g| \rangle_{p, Q}
$$

where the supremum is taken over all sparse collections $\mathcal{S}$, see Section 3.1.3.

An alternative approach for this result can be found in [85]. Thus, instead of working directly with rough homogeneous singular integrals, we use Theorem 3.26 to reduce the question to proving bounds for sparse forms.

## Theorem 3.27

Let $\Lambda_{\mathcal{S}}^{t, \gamma}$ be the sparse form defined as

$$
\Lambda_{\mathcal{S}}^{t, \gamma}(f, g)=\left(t^{\prime}\right)^{\gamma} \sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q}^{\gamma}\langle | g| \rangle_{t, Q}|Q|,
$$

where $\mathcal{S}$ is a sparse collection of cubes, $t>1$ and $0<\gamma \leq 1$.
I) Suppose that $1<p<q<\infty$ and $w \in C_{q}$. Then there exists $1<s<2$ such that

$$
\Lambda_{\mathcal{S}}^{s, 1}(f, g w) \leq \kappa_{n, p, q}\left([w]_{C_{q}}+1\right)^{3} \log \left([w]_{C_{q}}+e\right)\|M f\|_{L^{p}(w)}\|g\|_{L^{p^{\prime}}(w)}
$$

II) Suppose that $0<p \leq 1<q<\infty$ and $w \in C_{q}$. Then there exists $1<s<$ $\min \left\{2, \frac{1}{1-p}\right\}$ such that

$$
\Lambda_{\mathcal{S}}^{s, p}(f, w) \leq \kappa_{n, p, q}\left([w]_{C_{q}}+1\right)^{p+2} \log \left([w]_{C_{q}}+e\right)\|M f\|_{L^{p}(w)}^{p} .
$$

The constant $\kappa_{n, p, q}$ satisfies $\kappa_{n, p, q} \rightarrow \infty$ as $q \rightarrow p$.
Part I) of Theorem 3.25 follows from Theorem 3.26 and part I) of Theorem 3.27 in a very straightforward way but for part II) we need some additional considerations. In particular, we need to modify some results proven by Lerner [85] and prove a variation of the sparse domination result for the case $0<p<1$ (see Theorem 3.29).

We note that in [24], the authors proved similar sparse domination results also for other classes of operators, namely rough homogeneous singular integrals $T_{\Omega}$ with more general kernel functions $\Omega$ and Bochner-Riesz means. Their results combined with Theorem 3.27 give $C_{q}$-Coifman-Fefferman estimates also for these operators for $1 \leq p<\infty$ but for simplicity, we only consider the operators $T_{\Omega}$ with $\Omega \in L^{\infty}\left(\mathbb{S}^{n-1}\right)$ satisfying $\int_{\mathbb{S}^{n-1}} \Omega d \sigma=0$.

### 3.5.1 Proof of part I) of Theorems 3.25 and 3.27

As we stated before, part I) of Theorem 3.25 follows easily from a combination of part I) Theorem 3.27 and Theorem 3.26. Indeed, let $s$ be the one given by Theorem 3.27. We apply Theorem 3.26 with parameter $s$ and we get

$$
\begin{aligned}
\left\|T_{\Omega} f\right\|_{L^{p}(w)} & =\sup _{\|g\|_{L^{\prime}(w)}=1}\left|\left\langle T_{\Omega} f, g w\right\rangle\right| \\
& \leq \kappa_{n}\|\Omega\|_{\infty} s^{\prime} \sup _{\|g\|_{L^{p^{\prime}}(w)}=1} \sup _{\mathcal{S}} \sum_{Q \in \mathcal{S}}\langle f\rangle_{Q}\langle g w\rangle_{s, Q}|Q| \\
& \leq \kappa_{n, p, q}\|\Omega\|_{\infty}\left([w]_{C_{q}}+1\right)^{3} \log \left([w]_{C_{q}}+e\right)\|M f\|_{L^{p}(w)},
\end{aligned}
$$

where we used part I) of Theorem 3.27 in the last inequality.
We now give the proof of part I) of Theorem 3.27. Let us start by recalling the dyadic Carleson embedding theorem that we need a couple of times in our proofs.

## Theorem 3.28 - Carleson Embedding [62, Theorem 4.5]

Let $\mathcal{D}$ be a collection of dyadic cubes, $w$ a weight and $a_{Q}$ a non-negative number for every $Q \in \mathcal{D}$. Suppose that there exists $A \geq 0$ such that for every $R \in \mathcal{D}$ we have

$$
\sum_{Q \in \mathcal{D}, Q \subset R} a_{Q} \leq A w(R)
$$

Then, for all $1<\alpha<\infty$ and $h \in L^{\alpha}(w)$, we have

$$
\left(\sum_{R \in \mathcal{D}} a_{R}\left(\langle h\rangle_{R}^{w}\right)^{\alpha}\right)^{\frac{1}{\alpha}} \leq A^{\frac{1}{\alpha}} \alpha^{\prime}\|h\|_{L^{\alpha}(w)} .
$$

Let us then prove part I) of Theorem 3.27. Suppose that $1<p<q<\infty$, and $w \in C_{q}$. We want to show that there exists $1<s<2$ such that

$$
s^{\prime} \sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q}\langle | g w| \rangle_{s, Q}|Q| \leq \kappa_{w, n, p, q}\|M f\|_{L^{p}(w)}\|g\|_{L^{p^{\prime}(w)}} .
$$

By rescaling we may assume that $\|M f\|_{L^{p}(w)}=\|g\|_{L^{p^{\prime}}(w)}=1$. To simplify the notation, we also assume $f, g \geq 0$.

Let $\delta$ be the Reverse Hölder constant from Theorem 2.21 and set $s=1+\frac{\delta}{8 p}$ and $r=1+\frac{1}{4 p}$. It is easy to check that

$$
\begin{equation*}
s r<1+\frac{1}{2 p}<p^{\prime} \quad \text { and } \quad\left(s-\frac{1}{r}\right) r^{\prime}=s+\frac{s-1}{r-1}<1+\delta . \tag{3.20}
\end{equation*}
$$

In particular, $\left(s-\frac{1}{r}\right) r^{\prime}$ is an admissible exponent for the Reverse Hölder inequality in Theorem 2.21. Therefore, by Hölder's inequality and Theorem 2.21 we have

$$
\begin{aligned}
\sum_{Q \in \mathcal{S}}\langle f\rangle_{Q}\langle g w\rangle_{s, Q}|Q| & \leq \sum_{Q \in \mathcal{S}}\langle f\rangle_{Q}\left\langle g^{s r} w\right\rangle_{Q}^{\frac{1}{s r}}\left\langle w^{\left(s-\frac{1}{r}\right) r^{\prime}}\right\rangle_{Q}^{\frac{1}{s r^{r}}}|Q| \\
& \leq 2^{1-\frac{1}{s r}} \sum_{Q \in \mathcal{S}}\langle f\rangle_{Q}\left\langle g^{s r} w\right\rangle_{Q}^{\frac{1}{s r}}\left(\frac{1}{|Q|} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x\right)^{1-\frac{1}{s r}}|Q| \\
& \leq 2 \sum_{Q \in \mathcal{S}}\langle f\rangle_{Q}\left(\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x\right)^{1-\frac{1}{s r}}\left(\left\langle g^{s r}\right\rangle_{Q}^{w} \frac{\frac{1}{s r}}{} w(Q)^{\frac{1}{s r}} .\right.
\end{aligned}
$$

Let us then split the sparse family into two parts. We set

$$
\mathcal{S}_{1}:=\left\{Q \in \mathcal{S}:\left(\left\langle g^{s r}\right\rangle_{Q}^{w}\right)^{\frac{1}{s r}} w(Q)^{\frac{1}{s r}} \leq\langle f\rangle_{Q}^{\frac{p}{p}}\left(\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x\right)^{\frac{1}{s r}}\right\}
$$

and $\mathcal{S}_{2}=\mathcal{S} \backslash \mathcal{S}_{1}$. For the collection $\mathcal{S}_{1}$, we use Corollary 3.20 to see that

$$
\begin{aligned}
\sum_{Q \in \mathcal{S}_{1}}\langle f\rangle_{Q} & \left(\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x\right)^{1-\frac{1}{s r}}\left(\left\langle g^{s r}\right\rangle_{Q}^{w}\right)^{\frac{1}{s r}} w(Q)^{\frac{1}{s r}} \\
& \leq \sum_{Q \in \mathcal{S}_{1}}\langle f\rangle_{Q}\left(\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x\right)^{1-\frac{1}{s r}}\langle f\rangle_{Q}^{\frac{p}{p}}\left(\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x\right)^{\frac{1}{s r}} \\
& =\sum_{Q \in \mathcal{S}_{1}}\langle f\rangle_{Q}^{p} \int_{\mathbb{R}^{n}}\left(M \chi_{Q}(x)^{q} w(x) d x\right. \\
& \leq \kappa_{n, p, q}\left([w]_{C_{q}}+1\right)^{2} \log \left([w]_{C_{q}}+e\right)\|M f\|_{L^{p}(w)}^{p} \\
& =\kappa_{n, p, q}\left([w]_{C_{q}}+1\right)^{2} \log \left([w]_{C_{q}}+e\right) .
\end{aligned}
$$

The collection $\mathcal{S}_{2}$ is trickier. Recall that by the discussion in Chapter 2, we may suppose that for any cube $Q$, the $C_{q}$-tail of $w$ at $Q$ is finite. Thus, we have

$$
\begin{gathered}
\sum_{Q \in \mathcal{S}_{2}}\langle f\rangle_{Q}\left(\left\langle g^{s r}\right\rangle_{Q}^{w}\right)^{\frac{1}{s r}}\left(\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x\right)^{1-\frac{1}{s r}} w(Q)^{\frac{1}{s r}} \\
\leq \sum_{Q \in \mathcal{S}_{2}}\left(\left\langle g^{s r}\right\rangle_{Q}^{w}\right)^{\frac{p^{\prime}}{p s r}} w(Q)^{\frac{p^{\prime}}{p s r}}\left(\left\langle g^{s r}\right\rangle_{Q}^{w}\right)^{\frac{1}{s r}}
\end{gathered}
$$

$$
\begin{aligned}
& \left.\times\left(\int_{\mathbb{R}^{n}} M \chi_{Q}(x)\right)^{q} w(x) d x\right)^{1-\frac{1}{s r}-\frac{p^{\prime}}{p s r}} w(Q)^{\frac{1}{s r}} \\
\leq & \sum_{Q \in \mathcal{S}_{2}}\left(\left\langle g^{s r}\right\rangle_{Q}^{w}\right)^{\frac{p^{\prime}}{s r}} w(Q)\left(\frac{w(Q)}{\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x}\right)^{\frac{p^{\prime}}{p s r}+\frac{1}{s r}-1} \\
= & \sum_{Q \in \mathcal{S}_{2}}\left(\left\langle g^{s r}\right\rangle_{Q}^{w}\right)^{\frac{p^{\prime}}{s r}} w(Q)\left(\frac{w(Q)}{\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x}\right)^{\frac{p^{\prime}}{s r}-1} .
\end{aligned}
$$

We set $\alpha=\frac{p^{\prime}}{s r}$ and

$$
a_{Q}:=w(Q)\left(\frac{w(Q)}{\int_{\mathbb{R}^{n}} M\left(\chi_{Q}\right)^{q} w}\right)^{\frac{p^{\prime}}{s r}-1}
$$

for every cube $Q \in \mathcal{S}_{2}$. By (3.20), we know that $\alpha>1$. We claim that there exists some $A>0$ such that for any $R \in \mathcal{S}_{2}$ we have

$$
\begin{equation*}
\sum_{Q \in \mathcal{S}_{2}, Q \subset R} a_{Q} \leq A w(R) \tag{3.21}
\end{equation*}
$$

Then, by the Carleson embedding (Theorem 3.28), we know that

$$
\begin{aligned}
\sum_{Q \in \mathcal{S}_{2}}\left(\left\langle g^{s r}\right\rangle_{Q}^{w}\right)^{\frac{p^{\prime}}{s r}} w(Q)\left(\frac{w(Q)}{\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x}\right)^{\frac{p^{\prime}}{s r}-1} & =\sum_{Q \in \mathcal{S}_{2}} a_{Q}\left(\left\langle g^{s r}\right\rangle_{Q}^{w}\right)^{\alpha} \\
& \leq\left(A^{\frac{1}{\alpha}} \alpha^{\prime}\left\|g^{s r}\right\|_{L^{\alpha}(w)}\right)^{\alpha} \\
& =A\left(\alpha^{\prime}\right)^{\alpha}\|g\|_{L^{p^{\prime}}(w)}^{p^{\prime}} \\
& \leq \kappa_{p} A
\end{aligned}
$$

In the last inequality we have used that, by the choices of $r$ and $s$, we have $1<r s<$ $1+\frac{1}{2 p}$ and therefore $p^{\prime}-r s>p^{\prime}-1-\frac{1}{4 p}=\frac{3 p+1}{4 p(p-1)}$, which gives

$$
\left(\left(\frac{p^{\prime}}{r s}\right)^{\prime}\right)^{\frac{p^{\prime}}{r s}}=\left(\frac{p^{\prime}}{p^{\prime}-r s}\right)^{p^{\prime}} \leq\left(\frac{4 p^{2}}{3 p+1}\right)^{p^{\prime}}=\kappa_{p}
$$

Thus, it is enough for us to prove the claim. That is, we need to show that there exists a constant $A>0$ such that (3.21) holds. For this, fix $R \in \mathcal{S}_{2}$. We further split $\mathcal{S}_{2}$ into subcollections $\mathcal{S}_{2, j}, j \geq 1$, defined as

$$
\mathcal{S}_{2, j}:=\left\{Q \in \mathcal{S}_{2}: 2^{j-1} w(Q) \leq \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x<2^{j} w(Q)\right\}
$$

Let $\mathcal{S}_{2, j}^{*}=\mathcal{S}_{2, j}^{*}(R)$ be the collection of maximal subcubes in $\mathcal{S}_{2, j}$ which are contained in $R$. We now have

$$
\begin{aligned}
\sum_{\substack{Q \in \mathcal{S}_{2, j} \\
Q \subset R}} w(Q) & \left(\frac{w(Q)}{\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x}\right)^{\frac{p^{\prime}}{s r}-1} \\
& \stackrel{(\mathrm{~A})}{\leq} \sum_{\substack{Q \in \mathcal{S}_{2, j} \\
Q \subset R}} 2^{1-j} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x\left(\frac{2^{1-j} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x}{\int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x}\right)^{\frac{p^{\prime}}{s r}-1}
\end{aligned}
$$

$$
\begin{aligned}
& =2^{1-j+(1-j)\left(\frac{p^{\prime}}{s r}-1\right)} \sum_{\substack{Q \in \mathcal{S}_{2, j} \\
Q \subset R}} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x \\
& =2^{(1-j) \frac{p^{\prime}}{s r}} \sum_{P \in \mathcal{S}_{2, j}^{*}} \sum_{\substack{Q \in \mathcal{S}_{2, j} \\
Q \subset P}} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x \\
& \stackrel{(\mathrm{~B})}{\leq} 2^{\left(1-j \frac{p^{\prime}}{s r}\right.}\left([w]_{C_{q}}+1\right) \sum_{P \in \mathcal{S}_{2, j}^{*}} \int_{\mathbb{R}^{n}} M \chi_{P}(x)^{q} w(x) d x \\
& \text { (A) } \\
& \leq 2^{\left(1-j \frac{p^{\prime}}{s r}+j\right.}\left([w]_{C_{q}}+1\right) \sum_{P \in \mathcal{S}_{2, j}^{*}} w(P) \\
& \text { (C) } 2^{(1-j) \frac{p^{\prime}}{s r}+j}\left([w]_{C_{q}}+1\right) w(R),
\end{aligned}
$$

where we used (A) the definition of the collection $\mathcal{S}_{2, j}$, (B) Lemma 3.18 and (C) the fact that the cubes in $\mathcal{S}_{2, j}^{*}$ are disjoint. We now sum over $j$ and get

$$
\sum_{\substack{Q \in \mathcal{S}_{2} \\ Q \subset R}} a_{Q}=\sum_{j \geq 1} \sum_{\substack{Q \in \mathcal{S}_{2, j} \\ Q \subset R}} a_{Q} \leq\left([w]_{C_{q}}+1\right) 2^{\frac{p^{\prime}}{s r}} \sum_{j \geq 1} 2^{j\left(1-\frac{p^{\prime}}{s r}\right)} w(R) .
$$

Therefore (3.21) holds with

$$
A:=\left([w]_{C_{q}}+1\right) 2^{\frac{p^{\prime}}{s r}} \sum_{j \geq 1} 2^{j\left(1-\frac{p^{\prime}}{s r}\right)}=2 \frac{\left([w]_{C_{q}}+1\right)}{1-2^{1-p^{\prime} / s r}} \leq \kappa_{p}\left([w]_{C_{q}}+1\right) .
$$

Putting all of the above together, we proved that for $s=1+\frac{\delta}{8 p}$ we have

$$
s^{\prime} \sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q}\langle | g w| \rangle_{s, Q}|Q| \leq s^{\prime}\left(\kappa_{n, p, q}\left([w]_{C_{q}}+1\right)^{2} \log \left([w]_{C_{q}}+e\right)+\kappa_{p}\left([w]_{C_{q}}+1\right)\right) .
$$

The constant $\kappa_{n, p, q}$ is the same constant as in Corollary 3.20 and thus, we have

$$
\kappa_{n, p, q}=\kappa_{n} 2^{\kappa_{n}^{\prime} \frac{p q}{q-p}} .
$$

In particular, $\kappa_{n, p, q} \rightarrow \infty$ as $q \rightarrow p$. Since $\delta=\frac{1}{B\left([w]_{C_{q}}+1\right)}$ where $B=B(n, q)$ as in Theorem 2.21, we have

$$
s^{\prime}=\frac{8 p}{\delta}+1 \approx 8 p B\left([w]_{C_{q}}+1\right)
$$

Hence we see that

$$
s^{\prime} \sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q}\langle | g w| \rangle_{s, Q}|Q| \leq \kappa_{n, p, q}\left([w]_{C_{q}}+1\right)^{3} \log \left([w]_{C_{q}}+e\right)
$$

for a constant $\kappa_{n, p, q}$ such that $\kappa_{n, p, q} \rightarrow \infty$ as $q \rightarrow p$.

### 3.5.2 Sparse domination for rough singular integrals revisited

Before we prove part II) of Theorems 3.25 and 3.27 , we revisit the sparse domination principle in [24] and prove a version of it that is more suitable for the case $0<p<1$. Let us first consider a Calderón-Zygmund operator $T$. It is now well-known (see e.g.
[64, 79, 84]) that $T$ satisfies a pointwise sparse bound of the type

$$
T f(x) \leq \kappa_{T} \sum_{i, Q \in \mathcal{S}_{i}} \chi_{Q}(x)\langle | f| \rangle_{Q} .
$$

Now, for $0<p<1$, we trivially have

$$
|T f(x)|^{p} \leq \kappa_{T}^{p} \sum_{i, Q \in \mathcal{S}_{i}} \chi_{Q}(x)\langle | f| \rangle_{Q}^{p},
$$

and thus, for $q=1+\lambda$ and $w \in C_{q}$ for any $\lambda>0$, Corollary 3.20 gives us

$$
\begin{aligned}
\int_{\mathbb{R}^{n}}|T f(x)|^{p} w(x) d x & \leq \kappa_{T}^{p} \sum_{i, Q \in \mathcal{S}_{i}} w(Q)\langle | f| \rangle_{Q}^{p} \\
& \leq \kappa_{T}^{p} \sum_{i, Q \in \mathcal{S}_{i}}\langle | f| \rangle_{Q}^{p} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x \\
& \leq \kappa_{T, n, p, q}\left([w]_{C_{q}}+1\right)^{2} \log \left([w]_{C_{q}}+e\right)\|M f\|_{L^{p}(w)}^{p} .
\end{aligned}
$$

Qualitative version of this result was proven as a part of [17, Theorem 17] using different techniques.

To mimic this proof strategy for rough homogeneous singular integrals, we prove the following sparse domination result:

## Theorem 3.29

Suppose that $0<\theta<1$ and $1<s \leq \frac{1}{1-\theta}$. Then there exists a sparse collection $\mathcal{S}$ such that

$$
\left.\left|\langle | T_{\Omega} f\right|^{\theta}, g\right\rangle\left|\leq \kappa\left(s^{\prime}\right)^{\theta}\|\Omega\|_{L^{\infty}\left(\mathbb{S}^{n-1}\right)}^{\theta} \sum_{Q \in \mathcal{S}}\right| Q \mid\langle | f| \rangle_{Q}^{\theta}\langle | g| \rangle_{s, Q} .
$$

Our proof is strongly based on techniques used by Lerner in [85]. For a sublinear operator $T$ and $0<\theta<1$, we define

$$
\mathscr{M}_{T}^{\theta}(f, g)(x):=\sup _{Q \ni x} \frac{1}{|Q|} \int_{Q}\left|T\left(f \chi_{\mathbb{R}^{n} \backslash 3 Q}\right)(y)\right|^{\theta}|g(y)| d y .
$$

Our main tool is the following variant of [85, Theorem 3.1]:

## Theorem 3.30

Let $1 \leq q \leq r, 0<\theta<1$ and $s \geq 1$. Assume that $T$ is a sublinear operator of weak type $(q, q)$ and $\mathscr{M}_{T}^{\theta}$ satisfies the following estimate:

$$
\left\|\mathscr{M}_{T}^{\theta}(f, g)\right\|_{L^{\nu, \infty}} \leq N\|f\|_{L^{r}}^{\theta}\|g\|_{L^{s}}
$$

for exponents satisfying the relation

$$
\frac{1}{\nu}=\frac{\theta}{r}+\frac{1}{s} .
$$

Then for every compactly supported $f \in L^{r}\left(\mathbb{R}^{n}\right)$ and every $g \in L_{\text {loc }}^{s}$, there exists a sparse collection of cubes $\mathcal{S}$ such that

$$
\left.\left.\langle | T f\right|^{\theta},|g|\right\rangle \leq \kappa_{T, N} \sum_{Q \in \mathcal{S}}|Q|\langle | f| \rangle_{r, Q}^{\theta}\langle | g| \rangle_{s, Q},
$$

where $\kappa_{T, N}=\kappa_{n}\left(\|T\|_{L^{q} \rightarrow L^{q, \infty}}^{\theta}+N\right)$.
Proof. The proof is essentially the same as the proof of [85, Theorem 3.1]. The only difference is the definition of the sets $E_{1}$ and $E_{2}$ : the first set is the same, namely

$$
E_{1}=\left\{x \in Q_{0}:\left|T\left(f \chi_{3 Q_{0}}\right)(x)\right|>A\langle | f| \rangle_{q, 3 Q_{0}}\right\},
$$

and we define the second set as

$$
E_{2}=\left\{x \in Q_{0}: \mathscr{M}_{T, Q_{0}}^{\theta}(f, g)(x)>B\langle | f| \rangle_{r, 3 Q_{0}}^{\theta}\langle | g| \rangle_{s, Q_{0}}\right\} .
$$

The rest of the proof works as it is with the obvious changes.
With the help of Theorem 3.30, the proof of Theorem 3.29 is fairly straightforward.
Proof of Theorem 3.29. Let $T_{\Omega}$ be a rough homogeneous singular integral. We want to apply Theorem 3.30 with $q=1=r$. Let $1<s \leq \frac{1}{1-\theta}$. Since $T_{\Omega}$ is of weak-type $(1,1)$ by [110], we only need to check the bound for $\mathscr{M}_{T_{\Omega}}^{\theta}$. To be more precise, we need to show that

$$
\begin{equation*}
\left\|\mathscr{M}_{T_{\Omega}}^{\theta}(f, g)\right\|_{L^{v, \infty}} \leq N\|f\|_{L^{1}}^{\theta}\|g\|_{L^{s}} \tag{3.22}
\end{equation*}
$$

where $\frac{1}{\nu}=\theta+\frac{1}{s}$. Let us define an auxiliary operator $\mathscr{N}_{p, T_{\Omega}}^{\theta}$ by setting

$$
\mathscr{N}_{p, T_{\Omega}}^{\theta} f(x)=\sup _{Q \ni x}\left(\frac{1}{|Q|} \int_{Q}\left|T_{\Omega}\left(f \chi_{\mathbb{R}^{n} \backslash 3 Q}\right)(y)\right|^{p \theta} d y\right)^{\frac{1}{p}} .
$$

Notice that we have $\mathscr{N}_{p, T_{\Omega}}^{\theta} f(x)=\left(\mathscr{N}_{p \theta, T_{\Omega}}^{1} f(x)\right)^{\theta}$. By Hölder's inequality, we have the pointwise bound

$$
\begin{aligned}
\mathscr{M}_{T_{\Omega}}^{\theta}(f, g)(x) & \leq \sup _{Q \ni x}\left(\int_{Q}\left|T_{\Omega}\left(f \chi_{\mathbb{R}^{n} \backslash 3 Q}\right)(y)\right|^{s^{\prime} \theta} d y\right)^{\frac{1}{s}}\left(\int_{Q}|g(y)|^{s} d y\right)^{\frac{1}{s}} \\
& \leq \mathscr{N}_{s^{\prime}, T_{\Omega}}^{\theta} f(x) M_{s} g(x)=\left(\mathscr{N}_{s^{\prime} \theta, T_{\Omega}}^{1} f(x)\right)^{\theta} M_{s} g(x) .
\end{aligned}
$$

Now, combining this pointwise bound with Hölder's inequality for weak spaces (see e.g. [45, Ex. 1.1.15]), the straightforward estimate $\left\|\left(\mathscr{N}_{s^{\prime} \theta, T_{\Omega}}^{1} f\right)^{\theta}\right\|_{L^{\frac{1}{\theta}, \infty}}=\left\|\mathscr{N}_{s^{\prime} \theta, T_{\Omega}}^{1} f\right\|_{L^{1, \infty}}^{\theta}$ and the weak type $(s, s)$ of $M_{s}$, see Section 1.4.2, we get

$$
\begin{aligned}
\left\|\mathscr{M}_{T_{\Omega}}^{\theta}(f, g)\right\|_{L^{\nu, \infty}} & \leq \nu^{-\frac{1}{\nu}} \theta^{-\theta} s^{\frac{1}{s}}\left\|\left(\mathscr{N}_{s^{\prime} \theta, T_{\Omega}}^{1} f\right)^{\theta}\right\|_{L^{\frac{1}{\theta}, \infty}}\left\|M_{s} g\right\|_{L^{s, \infty}} \\
& \leq \kappa \nu^{-\frac{1}{\nu}} \theta^{-\theta} s^{\frac{1}{s}}\left\|\mathscr{N}_{s^{\prime} \theta, T_{\Omega}}^{1} f\right\|_{L^{1}, \infty}^{\theta}\|g\|_{L^{s}} .
\end{aligned}
$$

By [85, Theorem 1.1, Lemma 3.3], we know that

$$
\left\|\mathscr{N}_{s^{\prime} \theta, T_{\Omega}}^{1} f\right\|_{L^{1, \infty}} \leq \kappa s^{\prime} \theta\|\Omega\|_{L^{\infty}\left(\mathbb{S}^{n-1}\right)}\|f\|_{L^{1}}
$$

provided that $1 \leq s^{\prime} \theta<\infty$ which is equivalent to $1<s \leq \frac{1}{1-\theta}$. Therefore, we have

$$
\begin{aligned}
\left\|\mathscr{M}_{T_{\Omega}}^{\theta}(f, g)\right\|_{L^{\nu, \infty}} & \leq \kappa \nu^{-\frac{1}{\nu}} \theta^{-\theta} s^{\frac{1}{s}}\left(s^{\prime} \theta\right)^{\theta}\|\Omega\|_{L^{\infty}\left(\mathbb{S}^{n-1}\right)}^{\theta}\|f\|_{L^{1}}^{\theta}\|g\|_{L^{s}} \\
& \leq \kappa\left(s^{\prime}\right)^{\theta}\|\Omega\|_{L^{\infty}\left(\mathbb{S}^{n-1}\right)}^{\theta}\|f\|_{L^{1}}^{\theta}\|g\|_{L^{s}},
\end{aligned}
$$

since $\theta<1<s, \nu=s /(\theta s+1)$ and

$$
\nu^{-\frac{1}{\nu}} \theta^{-\theta} s^{\frac{1}{s}}\left(s^{\prime} \theta\right)^{\theta}=s^{-\theta}\left(s^{\prime}\right)^{\theta}(s \theta+1)^{\theta+\frac{1}{s}} \leq \kappa s^{\frac{1}{s}}\left(s^{\prime}\right)^{\theta} \leq \kappa\left(s^{\prime}\right)^{\theta} .
$$

Thus, (3.22) holds for $N=\kappa_{n}\left(s^{\prime}\right)^{\theta}\|\Omega\|_{L^{\infty}\left(\mathbb{S}^{n-1}\right)}^{\theta}$. Since $\left\|T_{\Omega}\right\|_{L^{1} \rightarrow L^{1}, \infty} \leq \kappa_{n}\|\Omega\|_{L^{\infty}\left(\mathbb{S}^{n-1}\right)}$ by [110], we can apply Theorem 3.30, which finishes the proof.

### 3.5.3 Proof of part II) of Theorems 3.25 and 3.27

Firstly, we deduce part II) of Theorem 3.25 from the sparse domination presented in Theorem 3.29 and the bound for the sparse form from Theorem 3.27. Let $0<p \leq 1$, we have

$$
\left.\left\|T_{\Omega} f\right\|_{L^{p}(w)}=\left\|\left|T_{\Omega} f\right|^{p}\right\|_{L^{1}(w)}^{\frac{1}{p}}=\left|\langle | T_{\Omega} f\right|^{p}, w\right\rangle\left.\right|^{\frac{1}{p}} .
$$

Now, we use Theorem 3.29 to dominate the term $\left.\left|\langle | T_{\Omega} f\right|^{p}, w\right\rangle \mid$, and apply part II) of Theorem 3.27. We get

$$
\begin{aligned}
\left.\left|\langle | T_{\Omega} f\right|^{p}, w\right\rangle\left.\right|^{\frac{1}{p}} & \leq \kappa\|\Omega\|_{L^{\infty} s^{\prime}}\left(\sum_{Q \in \mathcal{S}}|Q|\langle f\rangle_{Q}^{p}\langle w\rangle_{s, Q}\right)^{\frac{1}{p}} \\
& \leq \kappa_{n, p, q}\|\Omega\|_{L^{\infty}}\left([w]_{C_{q}}+1\right)^{1+\frac{2}{p}} \log ^{\frac{1}{p}}\left([w]_{C_{q}}+e\right)\|M f\|_{L^{p}(w)} .
\end{aligned}
$$

We now turn to the proof of part II) of Theorem 3.27. Suppose that $0<p \leq 1$, $w \in C_{q}$ for some $q>1$ and $\mathcal{S}$ is a sparse collection. We want to show that there exists $1<s<\min \left\{2, \frac{1}{1-p}\right\}$ such that

$$
\left(s^{\prime}\right)^{p} \sum_{Q \in \mathcal{S}}|Q|\langle | f| \rangle_{Q}^{p}\langle w\rangle_{s, Q} \leq \kappa_{w, p, q, n}\|M f\|_{L^{p}(w)}^{p} .
$$

We choose $s=1+p \delta$, where $\delta$ is the Reverse Hölder exponent from Theorem 2.21. Hence $s^{\prime} \leq \kappa_{n}\left([w]_{C_{q}}+1\right) / p$ and we have

$$
\begin{aligned}
\left(s^{\prime}\right)^{p} \sum_{Q \in \mathcal{S}}|Q|\langle | f| \rangle_{Q}^{p}\langle w\rangle_{s, Q} & \leq \kappa\left(\frac{[w]_{C_{q}}+1}{p}\right)^{p} \sum_{Q \in \mathcal{S}}\langle | f| \rangle_{Q}^{p} \int M \chi_{Q}(x)^{q} w(x) d x \\
& \leq \kappa p^{-p}\left([w]_{C_{q}}+1\right)^{p+2} \log \left([w]_{C_{q}}+e\right)\|M f\|_{L^{p}(w)}^{p}
\end{aligned}
$$

where we have used Corollary 3.20 in the last step. The implicit constant $\kappa_{n, p, q}$ satisfies $\kappa_{n, p, q} \rightarrow \infty$ as $q \rightarrow p$ by the same arguments as in the end of Section 3.5.1. This completes the proof of Theorem 3.27.

## Extensions of the John-Nirenberg theorem

In this chapter, we discuss the results that were published in the following work, as well as some further results.
[14] Canto, J., Pérez, C. Extensions of the John-Nirenberg theorem, Proceedings of the American Mathematical Society 149 (2021), no. 4, 1507-1525.

We want to state that, even though $C_{p}$ weights appear in this chapter, they don't play an important role here. Therefore, constants will be denoted by lowercase $c$.

In this chapter, we introduce two extensions of the John-Nirenberg theorem. The first of these extensions is about Muckenhoupt-Wheeden-type estimates, whereas the second is a norm estimate for the quotient of the maximal function and the sharp maximal function. Both these extensions can be used to prove the John-Nirenberg Theorem, thus the term extension.

### 4.1 Exponential estimates

The John-Nirenberg theorem is a result about exponential integrability. We introduce a technique of obtaining this kind of integrability in terms of $L^{p}$-integrability. That is, Proposition 4.1 states that if one can control the $L^{p}$-norm of a function as a multiple of $p$, then the function will actually be exponentially integrable.

## Proposition 4.1

Suppose that $(X, \mu)$ is a probability space and $f$ a non-negative function such that for every $1 \leq p<\infty$ we have the $L^{p}$ bound

$$
\left(\int_{X} f(x)^{p} d \mu(x)\right)^{\frac{1}{p}} \leq \gamma p
$$

for some constant $\gamma$ independent from $p$. Then $f \in \exp (L)(X, \mu)$, meaning

$$
\mu(\{x \in X: f(x)>t\}) \leq e^{-\frac{t}{4 \gamma}}, \quad t>0 .
$$

Proof. We compute

$$
\int_{X}\left(\exp \frac{f(x)}{4 \gamma}-1\right) d \mu(x)=\sum_{n=1}^{\infty} \frac{1}{n!} \int_{X}\left(\frac{f(x)}{4 \gamma}\right)^{n} d \mu(x) \leq \sum_{n=1}^{\infty} \frac{1}{n!}\left(\frac{n}{4}\right)^{n} \leq 1 .
$$

Therefore,

$$
\begin{aligned}
\mu(\{x \in X: f(x)>t\}) & =\mu\left(\left\{x \in X: \frac{f(x)}{4 \gamma}-\frac{t}{4 \gamma}-\log 2>\log 2\right\}\right) \\
& \leq \int_{X}\left(\exp \left(\frac{f(x)}{3 \gamma}-\frac{t}{4 \gamma}-\log 2\right)-1\right) d \mu(x) \\
& =2 e^{-\frac{t}{4 \gamma}} \int_{X}\left(\exp \frac{f(x)}{4 \gamma}-1\right) d \mu(x) .
\end{aligned}
$$

Here we present a minimization lemma that we will use in the proofs of Theorems 4.19 and 4.15, as well as Proposition 4.6.

## Lemma 4.2

Let $0<\alpha<\infty$. Then

$$
\min _{1<t<\infty} t \frac{t^{\alpha}}{t^{\alpha}-1} \leq e\left(1+\frac{1}{\alpha}\right) .
$$

Proof. The function $\varphi(t)=t^{\alpha+1}\left(t^{\alpha}-1\right)^{-1}$ tends to infinity at 1 and infinity. So, if the derivative vanishes at a unique point, that point has to be a global minimum. The derivative has the expression

$$
\varphi^{\prime}(t)=\frac{(\alpha+1) t^{\alpha}\left(t^{\alpha}-1\right)-\alpha t^{2 \alpha}}{\left(t^{\alpha}-1\right)^{2}}
$$

which vanishes only at $t=(\alpha+1)^{\frac{1}{\alpha}}$. Therefore, the global minimum is

$$
\varphi\left((\alpha+1)^{\frac{1}{\alpha}}\right)=(\alpha+1)^{\frac{1}{\alpha}} \frac{\alpha+1}{\alpha} \leq e\left(1+\frac{1}{\alpha}\right) .
$$

### 4.2 The John-Nirenberg theorem

The classical John-Nirenberg theorem [66] states that any function of bounded mean oscillation is locally exponentially integrable, see for example [40].

But before stating the theorem, let us recall what we mean by bounded mean oscillation.

## Definition 4.3

Let $f \in L_{l o c}^{1}\left(\mathbb{R}^{n}\right)$ be a function. We say that $f$ is of bounded mean oscillation, and we wwrite $f \in \mathrm{BMO}$ if

$$
\|f\|_{\mathrm{BMO}}=\sup _{Q} f_{Q}\left|f(x)-f_{Q}\right| d x<\infty .
$$

The quantity $\|f\|_{\text {BMO }}$ is called the BMO-seminorm of $f$

We are not going to expand on the BMO, but let us state a few facts.

## Proposition 4.4

The following properties about BMO are true.
$-\quad\|f\|_{\mathrm{BMO}}=0$ if and only if $f$ is constant almost everywhere.

- The space BMO is a Banach space modulo constants.
$-\quad\|f\|_{\mathrm{BMO}} \leq 2\|f\|_{L^{\infty}}$.
$-\frac{1}{2} f_{Q}\left|f(x)-f_{Q}\right| d x \leq \inf _{c \in \mathbb{C}} f_{Q}|f(x)-c| d x \leq f_{Q}\left|f(x)-f_{Q}\right| d x$

The space BMO plays quite an important part on Harmonic Analyis. Among other applications, it serves as an adequate substitute for $L^{\infty}$ in some cases. For example, singular integral operators map $L^{\infty}$ into $B M O$. Also, even if BMO is weaker then $L^{\infty}$, interpolation between $L^{p}$ and BMO usually works just as well as interpolation between $L^{p}$ and $L^{\infty}$. For more information on the BMO space, we refer to [29, 40, 46].

One of the most relevant properties of the BMO spaces is the John-Nirenberg theorem. It can be seen as a self-improvement property of integrability of BMO functions, since in its definition, these functions are locally integrable but as a consequence of this theorem, they actually have much better integrable properties than that.

Theorem 4.5 - John-Nirenberg [66]
Let $f \in \mathrm{BMO}$ and $Q$ a cube. Then, for some dimensional constant $c_{n}$,

$$
\left|\left\{x \in Q:\left|f(x)-f_{Q}\right|>t\right\}\right| \leq 2 e^{-\frac{c_{n} t}{\|f\|_{\mathrm{BMO}}}}|Q|
$$

Proof. We just need to combine Proposition 4.6 with the exponential estimate from Proposition 4.1.

We are going to give a proof of the John-Nirenberg theorem that, despite its simplicity, seems to have been overlooked throughout literature. The proof consists of using the Calderón-Zygmund decomposition technique to bound the $L^{p}$-oscillations by a power of $p$ and using Proposition 4.1 to deduce finally the exponential integrability. A similar proof can be found in [67].

## Proposition 4.6

Let $f \in \mathrm{BMO}$. Then for every cube $Q$ and $p \geq 1$,

$$
\left(\frac{1}{|Q|} \int_{Q}\left|f(x)-f_{Q}\right|^{p} d x\right)^{\frac{1}{p}} \leq c_{n} p\|f\|_{\mathrm{BMO}}
$$

Remark 4.7 Usually this result is presented as a corollary of the John-Nirenberg theorem. Therefore, they are actually equivalent.

Proof of Proposition 4.6. We may suppose $\|f\|_{\mathrm{BMO}}=1$ by homogeneity. Let $L>1$ to be chosen. We make the Calderón-Zygmund decomposition of $\left|f-f_{Q}\right|$ in $Q$ at height $L$, see Section 1.4.3 for more details. We obtain a family $\left\{Q_{j}\right\}$ of dyadic subcubes of $Q$. These cubes are pairwise disjoint with respect to the property

$$
L<\frac{1}{\left|Q_{j}\right|} \int_{Q_{j}}\left|f(x)-f_{Q}\right| d x \leq 2^{n} L
$$

Moreover, if $x \notin \cup_{j} Q_{j}$, then $\left|f(x)-f_{Q}\right| \leq L$.
Using the disjointness, we have for almost every $x \in Q$,

$$
\begin{aligned}
f(x)-f_{Q}= & \left(f(x)-f_{Q}\right) \chi_{\left(\cup_{j} Q_{j}\right)^{c}}(x) \\
& +\sum_{j}\left(f_{Q_{j}}-f_{Q}\right) \chi_{Q_{j}}(x) \\
& +\sum_{j}\left(f(x)-f_{Q_{j}}\right) \chi_{Q_{j}}(x) \\
= & A_{1}(x)+A_{2}(x)+B(x)
\end{aligned}
$$

By the Calderón-Zygmund decomposition, we have $\left|A_{1}\right| \leq L$ and $\left|A_{2}\right| \leq 2^{n} L$ almost everywhere, so $\left|A_{1}+A_{2}\right| \leq 2^{n} L$ since they have disjoint support. Now, for the remaining part, we compute the norm

$$
\begin{aligned}
\left(\frac{1}{|Q|} \int_{Q}|B(x)|^{p}\right)^{\frac{1}{p}} & =\left(\frac{1}{|Q|} \sum_{j} \int_{Q_{j}}\left|f(x)-f_{Q_{j}}\right|^{p} d x\right)^{\frac{1}{p}} \\
& \leq \sup _{R}\left(\frac{1}{|R|} \int_{R}\left|f(x)-f_{R}\right|^{p} d x\right)^{\frac{1}{p}}\left(\sum_{j} \frac{|Q|}{\left|Q_{j}\right|}\right)^{\frac{1}{p}} \\
& \leq \frac{X}{L^{\frac{1}{p}}}
\end{aligned}
$$

where $X$ equals the corresponding supremum, which is taken over all cubes $R$.

Combining the estimates for $A_{1}, A_{2}$ and $B$, we have

$$
\begin{equation*}
\left(\frac{1}{|Q|} \int_{Q}\left|f(x)-f_{Q}\right|^{p} d x\right)^{\frac{1}{p}} \leq 2^{n} L+\frac{X}{L^{\frac{1}{p}}} \tag{4.1}
\end{equation*}
$$

Since (4.1) holds for all cubes $Q$ and $L>1$, the right hand side being independent from $Q$, we can take the supremum over all cubes $Q$ and we get

$$
X \leq 2^{n} L+\frac{X}{L^{\frac{1}{p}}}
$$

Passing the last term to the left, we get

$$
X \leq 2^{n} \inf _{L>1} L\left(L^{\frac{1}{p}}\right)^{\prime} \leq 2^{n+1} \text { e } p
$$

where in the last inequality we used Lemma 4.2. But we can only do this if $X<$ $\infty$, which a priori might not be true. Of course, one can use the John-Nirenberg theorem to prove $X \simeq_{p}\|f\|_{\text {BMO }}$, but since we are providing an different proof of John-Nirenberg we cannot do that.

The way of avoiding this problem is by making a truncation of $f$ at height $m>0$. If $f$ is a real function, call $f_{m}$ the truncation

$$
f(x)= \begin{cases}-m, & f(x)<-m \\ f(x), & -m \leq f(x) \leq m \\ m, & f(x)>m\end{cases}
$$

In the case that $f$ is a complex-valued function, one can do a similar trick, using the argument and the modulus. More precisely,

$$
f(x)= \begin{cases}f(x), & |f(x)| \leq m \\ m e^{i \arg (f(x))}, & |f(x)|>m\end{cases}
$$

In any case, it is easy to prove

$$
\frac{1}{|Q|} \int_{Q}\left|f_{m}(x)-\left(f_{m}\right)_{Q}\right| d x \leq \frac{2}{|Q|} \int_{Q}\left|f(x)-f_{Q}\right| d x
$$

If we work with the functions $f_{m}$ instead of $f$, arguing in the same way

$$
X_{m} \leq 2^{n} L+\frac{X_{m}}{L^{\frac{1}{p}}}
$$

But now, $X_{m} \leq 2 m<\infty$, so the rest of the proof can continue. The last step is to let $m \rightarrow \infty$ with the help of Monotone Convergence.

The rest of the chapter is devoted to providing two extensions of the classical JohnNirenberg theorem for BMO functions. The second extension is an improvement of some classical estimates by Muckenhoupt and Wheeden [102] concerning weighted local mean oscillations. These estimates were already discussed in the work bi Omprosi, Pérez, Rela and Rivera-Ríos [103] in a more restrictive setting. The first extension constitutes an improvement of a result of Karagulyan [70], which is in turn a more precise version of the classical Fefferman-Stein inequalities relating the Hardy-Littlewood and the sharp maximal functions.

These two extensions, although different a priori, are obtained by a similar method as the proof we gave for the John-Nirenber theorem, and also using some ideas from the work by Pérez and Rela [107].

### 4.3 First extension: Weighted mean oscillation

The first extension of the John-Nirenberg theorem we consider in this section is motivated by a classical result of Muckenhoupt and Wheeden in [102]. In order to state said result, we introduce, in the language of [102], weighted bounded mean oscillations.

## Definition 4.8

Let $w$ be a weight on $\mathbb{R}^{n}$. A function $f$ is said to be of bounded mean oscillation with respect to $w$ if there exists some $c>0$ such that for every cube $Q$, the following holds

$$
\begin{equation*}
\int_{Q}\left|f(x)-f_{Q}\right| d x \leq c w(Q) \tag{4.2}
\end{equation*}
$$

The class of functions that satisfies (4.2) is called weighted BMO and is denoted by $\mathrm{BMO}_{w}$.

There are other definitions for weighted BMO spaces, for example one where the presence of the weight comes in both sides of inequality (4.2).

This class of functions is interesting because it is connected to the theory of weighted Hardy spaces [39] and to the context of extrapolation [52] (see more details in [25]).

## Theorem 4.9 - Muckenhoupt-Wheeden [102]

Let $1 \leq p<\infty$ and $w \in A_{p}$. Then $f$ is of bounded mean oscillation with weight $w$ if and only if for every $1 \leq r<\infty$ satisfying $1 \leq r \leq p^{\prime}$, there exists a constant $c>0$ such that, for all cubes $Q$,

$$
\begin{equation*}
\int_{Q}\left|f(x)-f_{Q}\right|^{r} w(x)^{1-r} \leq c w(Q) \tag{4.3}
\end{equation*}
$$

As was shown in [102], the range $1 \leq r \leq p^{\prime}$ is optimal, since for any given $p>1$ there exist $f, w$ for which $w \in A_{q}$ for all $q>p$ but (4.3) fails for $r=p^{\prime}$.

In [103] the authors obtained a mixed-type $A_{p}-A_{\infty}$ quantitative estimate of inequality (4.3). Here we are going to improve Theorem 1.7 from that paper, using a simplified and more transparent argument that avoids completely the use of sparse domination.

In order to do that, we are going to introduce a bumped $A_{p}$ class of weights and their corresponding bumped weighted BMO space. We remark that these objects are not standard and therefore, the notation we use is also not standard.

For a weight $w$, exponent $r>1$ and for any cube $Q$, we define the bumped measure of the cube $Q$ as

$$
w_{r}(Q)=|Q|\left(f_{Q} w(x)^{r} d x\right)^{\frac{1}{r}}=|Q|^{\frac{1}{r^{\prime}}}\left(\int_{Q} w(x)^{r}(x)\right)^{\frac{1}{r}}
$$

Remark 4.10 Please note that, even if we use the word bumped measure, the expression $w_{r}$ is definitely not a measure, since the additivity property does not hold for disjoint cubes. Nevertheless, it constitutes a bumped version of the measure at a cube, that is, a bumped $w(Q)$. By Hölder's inequality, it is clear that $w(Q) \leq w_{r}(Q)$ for any $r \geq 1$.

We also need to define a local version of the dyadic maximal operator, see 1.4.2

## Definition 4.11

Let $Q$ be a cube and let $\mathcal{D}(Q)$ be the collection of dyadic descendants of $Q$. The dyadic maximal operator localized to $Q$ is defined, for a function $h \in L^{1}(Q)$ and $x \in Q$, by the expression

$$
M_{Q} h(x)=\sup _{\substack{P \in \mathcal{D}(Q) \\ x \in P}} f_{P}|h(y)| d y
$$

## Definition 4.12

For a weight $w$ and $p>1, r \geq 1$, we define the following bumped $A_{p}$ constant

$$
[w]_{A_{p}^{r}}=\sup _{Q}\left(f_{Q} w(x)^{r} d x\right)^{\frac{1}{r}}\left(f_{Q} w(x)^{1-p^{\prime}} d x\right)^{p-1}
$$

The class of weights $w$ such that $[w]_{A_{p}^{r}}$ is finite is called $A_{p}^{r}$.
Note that $[w]_{A_{p}} \leq[w]_{A_{p}^{r}}$ for $r \geq 1$.

## Definition 4.13

Let $w$ be a weight that is positive almost everywhere and let $r>1$. We define the space of bumped weighted bounded mean oscillations $\mathrm{BMO}_{w, r}$ as the set of functions $f$ such that the quantity

$$
\|f\|_{\mathrm{BMO}_{w, r}}=\sup _{Q} \frac{1}{w_{r}(Q)} \int_{Q}\left|f(x)-f_{Q}\right| d x
$$

is finite, where the supremum is taken over all cubes $Q$.
Note that when $r=1$, we have that both weighted spaces that we define are actually the same, that is, $\mathrm{BMO}_{w}=\mathrm{BMO}_{w, 1}$.

Let us now state the first extension of the John-Nirenberg theorem.

## Theorem 4.14

Let $p, r>1, w$ such that $[w]_{A_{p}^{r}}<\infty$ and let $f$ locally integrable such that

$$
\|f\|_{\mathrm{BMO}_{w, r}}<\infty .
$$

Then we have the estimate

$$
\left(\frac{1}{w_{r}(Q)} \int_{Q}\left(\frac{\left|f(x)-f_{Q}\right|}{w(x)}\right)^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \leq c_{n} p^{\prime}[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(r^{\prime}\right)^{\frac{1}{p^{\prime}}}\|f\|_{\mathrm{BMO}_{w, r}} .
$$

Proof. We may suppose by homogeneity that $\|f\|_{\mathrm{BMO}_{w, r}}=1$. We are going to use
a decomposition that is similar to the Calderón-Zygmund decomposition, see Section 1.4.3. If we let $L>1$, to be chosen later, we can choose a family of maximal subcubes $\left\{Q_{j}\right\}$ in $Q$ such that

$$
\begin{equation*}
\frac{1}{w_{r}\left(Q_{j}\right)} \int_{Q_{j}}\left|f(x)-f_{Q}\right| d x>L \tag{4.4}
\end{equation*}
$$

Observe that if the family is empty we can see that $\left|f(x)-f_{Q}\right| \leq L w(x)$ for almost every $x \in Q$ and the result is trivial. Also since $\|f\|_{\mathrm{BMO}_{w, r}}=1$, we have that $Q$ is not one of the selected cubes. We can check that, if $Q_{j}^{\prime}$ denotes the ancestor of $Q_{j}$, the following properties hold:
(i) $\frac{1}{w_{r}\left(Q_{j}^{\prime}\right)} \int_{Q_{j}^{\prime}}\left|f(x)-f_{Q}\right| d x \leq L ;$
(ii) $\left|f_{Q_{j}}-f_{Q}\right| \leq 2^{n} L\left(f_{Q_{j}^{\prime}} w(x)^{r} d x\right)^{\frac{1}{r}}$;
(iii) $\sum_{j} w_{r}\left(Q_{j}\right) \leq \frac{w_{r}(Q)}{L} \quad$ because of (4.4) and $\|f\|_{\mathrm{BMO}_{w, r}}=1$;
(iv) $\left|f(x)-f_{Q}\right| \leq L w(x)$ for almost every $x \notin \cup_{j} Q_{j}$.

Using the fact that the cubes $\left\{Q_{j}\right\}$ are pairwise disjoint, we have for almost every $x \in Q$,

$$
\begin{aligned}
f(x)-f_{Q}= & \left(f(x)-f_{Q}\right) \chi_{\left(\cup_{j} Q_{j}\right)^{c}}(x) \\
& +\sum_{j}\left(f_{Q_{j}}-f_{Q}\right) \chi_{Q_{j}}(x) \\
& +\sum_{j}\left(f(x)-f_{Q_{j}}\right) \chi_{Q_{j}}(x) \\
= & A_{1}(x)+A_{2}(x)+B(x)
\end{aligned}
$$

Since $p^{\prime}>1$, we can use the triangular inequality to get

$$
\begin{aligned}
&\left(\frac{1}{w_{r}(Q)} \int_{Q}\left(\frac{\left|f(x)-f_{Q}\right|}{w(x)}\right)^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \\
& \leq\left(\frac{1}{w_{r}(Q)} \int_{\left(\cup_{j} Q_{j}\right)^{c}}\left(\frac{\left|f(x)-f_{Q}\right|}{w(x)}\right)^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \\
&+\left(\frac{1}{w_{r}(Q)} \sum_{j} \int_{Q_{j}}\left(\frac{\left|f_{Q_{j}}-f_{Q}\right|}{w(x)}\right)^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \\
&+\left(\frac{1}{w_{r}(Q)} \sum_{j} \int_{Q_{j}}\left(\frac{\left|f(x)-f_{Q_{j}}\right|}{w(x)}\right)^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \\
&= A_{1}+A_{2}+B
\end{aligned}
$$

Now, since $w(Q) \leq w_{r}(Q)$ the first term is $A_{1} \leq L$, by (iv). To bound $B$ we denote

$$
X=\sup _{R}\left(\frac{1}{w_{r}(R)} \int_{R}\left(\frac{\left|f(x)-f_{R}\right|}{w(x)}\right)^{p^{\prime}} w(x)\right)^{\frac{1}{p^{\prime}}} .
$$

and use that $\sum_{j} w_{r}\left(Q_{j}\right) \leq \frac{w_{r}(Q)}{L}$, the third property of the family of the cubes $\left\{Q_{j}\right\}$, to obtain:

$$
B \leq X\left(\frac{1}{w_{r}(Q)} \sum_{j} w_{r}\left(Q_{j}\right)\right)^{\frac{1}{p^{\prime}}} \leq X\left(\frac{1}{L}\right)^{\frac{1}{p^{\prime}}}
$$

The argument for bounding $A_{2}$ is more delicate. We start the computations:

$$
\begin{aligned}
A_{2} & =\left(\frac{1}{w_{r}(Q)} \sum_{j} \int_{Q_{j}}\left|f_{Q_{j}}-f_{Q}\right|^{p^{\prime}} w(x)^{p^{\prime}-1} d x\right)^{\frac{1}{p^{\prime}}} \\
& \leq 2^{n} L\left(\frac{1}{w_{r}(Q)} \sum_{j}\left(\frac{1}{\left|Q_{j}^{\prime}\right|} \int_{Q_{j}^{\prime}} w(x)^{r} d x\right)^{\frac{p^{\prime}}{r}} \int_{Q_{j}} w(x)^{p^{\prime}-1} d x\right)^{\frac{1}{p^{\prime}}} \\
& \leq 2^{n} L\left(\frac{1}{w_{r}(Q)} \sum_{j} w_{r}\left(Q_{j}^{\prime}\right)\left(\frac{1}{\left|Q_{j}^{\prime}\right|} \int_{Q_{j}^{\prime}} w^{r}\right)^{\frac{p^{\prime}-1}{r}}\left(\frac{1}{\left|Q_{j}^{\prime}\right|} \int_{Q_{j}} w^{p^{\prime}-1}\right)^{\left(p^{\prime}-1\right)(p-1)}\right)^{\frac{1}{p^{\prime}}} \\
& \leq 2^{n} L[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(\frac{1}{w_{r}(Q)} \sum_{j}\left|Q_{j}^{\prime}\right|\left(\frac{1}{\left|Q_{j}^{\prime}\right|} \int_{Q_{j}^{\prime}} w(x)^{r} d x\right)^{\frac{1}{r}}\right)^{\frac{1}{p^{\prime}}} .
\end{aligned}
$$

In order to bound the term in the sum, we recall the following result by Kolmogorov. If ( $X, \mu$ ) is a probability space, then for $\varepsilon<1$

$$
\|g\|_{L^{\varepsilon}(X)} \leq\left(\frac{1}{1-\varepsilon}\right)^{\frac{1}{\varepsilon}}\|g\|_{L^{1, \infty}(X)}
$$

We have

$$
\begin{aligned}
\sum_{j}\left|Q_{j}^{\prime}\right|\left(\frac{1}{\left|Q_{j}^{\prime}\right|} \int_{Q_{j}^{\prime}} w(x)^{r} d x\right)^{\frac{1}{r}} & \leq 2^{n} \sum_{j}\left|Q_{j}\right| \inf _{z \in Q_{j}} M_{Q}\left(w^{r} \chi_{Q}\right)(z)^{\frac{1}{r}} \\
& \leq 2^{n}|Q| f_{Q} M_{Q}\left(w^{r} \chi_{Q}\right)(x)^{\frac{1}{r}} d x \\
& \leq 2^{n} \frac{1}{1-\frac{1}{r}}\left\|M_{Q}\left(w^{r} \chi_{Q}\right)\right\|_{L^{1, \infty}\left(Q, \frac{d x}{|Q|}\right)}^{\frac{1}{r}}|Q| \\
& \leq 2^{n} r^{\prime}|Q|\left(f_{Q} w(x)^{r} d x\right)^{\frac{1}{r}} \\
& =2^{n} r^{\prime} w_{r}(Q)
\end{aligned}
$$

where $M_{Q}$ is the local dyadic maximal operator over $Q$ as in Definition 4.11, whose weak type $(1,1)$ bound is one. Thus, we have the bound

$$
A_{2} \leq 2^{n}[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(r^{\prime}\right)_{p^{\prime}}^{\frac{1}{p^{\prime}}} L .
$$

Combining the bounds for $A_{1}, A_{2}$ and $B$, we have for every cube $Q$ and $L>1$

$$
\begin{equation*}
\left(\frac{1}{w_{r}(Q)} \int_{Q}\left(\frac{\left|f(x)-f_{Q}\right|}{w(x)}\right)^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \leq L+2^{n}[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(r^{\prime}\right)^{\frac{1}{p^{\prime}}} L+X\left(\frac{1}{L}\right)^{\frac{1}{p^{\prime}}} \tag{4.5}
\end{equation*}
$$

and thus for each L

$$
X \leq 2^{n+1}[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(r^{\prime}\right)^{\frac{1}{p^{\prime}}} L+X\left(\frac{1}{L}\right)^{\frac{1}{p^{\prime}}}
$$

Hence, if we assume $X<\infty$,

$$
X \leq c_{n} p^{\prime}[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(r^{\prime}\right)^{\frac{1}{p^{\prime}}} .
$$

This finishes the proof in the case that $X<\infty$. In order to remove the hypothesis $X<\infty$, it is enough to replace first for each cube $Q$

$$
\left(\frac{1}{w_{r}(Q)} \int_{Q}\left(\frac{\left|f(x)-f_{Q}\right|}{w(x)}\right)^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}}
$$

by

$$
\left(\frac{1}{w_{r}(Q)} \int_{Q} \min \left\{\frac{\left|f(x)-f_{Q}\right|}{w(x)}, m\right\}^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} .
$$

The argument done before works exactly to get the following variant of (4.5): For every $L>1$ and $m \geq 1$,

$$
\left(\frac{1}{w_{r}(Q)} \int_{Q} \min \left\{\frac{\left|f(x)-f_{Q}\right|}{w(x)}, m\right\}^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \leq L+2^{n}[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(r^{\prime}\right)^{\frac{1}{p^{\prime}}} L+X_{m}\left(\frac{1}{L}\right)^{\frac{1}{p^{\prime}}}
$$

where now, instead of $X$ we have $X_{m}$ defined by:

$$
X_{m}:=\sup _{Q \in \mathcal{D}}\left(\frac{1}{w_{r}(Q)} \int_{Q} \min \left\{\frac{\left|f(x)-f_{Q}\right|}{w(x)}, m\right\}^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \quad m \geq 1 .
$$

Then,

$$
X_{m} \leq 2^{n+1}[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(r^{\prime}\right)^{\frac{1}{p^{\prime}}} L+X_{m}\left(\frac{1}{L}\right)^{\frac{1}{p^{\prime}}} \quad L>1, m \geq 1 .
$$

Therefore, since $X_{m} \leq m$ we have

$$
X_{m} \leq c_{n} p^{\prime}[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(r^{\prime}\right)^{\frac{1}{p^{\prime}}} \quad m \geq 1 .
$$

Hence for each cube $Q$

$$
\left(\frac{1}{w_{r}(Q)} \int_{Q} \min \left\{\frac{\left|f(x)-f_{Q}\right|}{w(x)}, m\right\}^{p^{\prime}} d x w d x\right)^{\frac{1}{p^{\prime}}} \leq c_{n} p^{\prime}[w]_{A_{p}^{r}}^{\frac{1}{p}}\left(r^{\prime}\right)^{\frac{1}{p^{\prime}}} \quad m \geq 1 .
$$

Finally, let $m \rightarrow \infty$ to finish the proof.
If the weight belongs to one of the Muckenhoupt classes $A_{p}$, we know that it satisfies a Reverse Hölder inequality, so for $r>1$ close enough to 1 (but depending on the weight itself), we actually have

$$
[w]_{A_{p}^{r}} \leq c_{w}[w]_{A_{p}} .
$$

The following Corollary illustrates this situation with more detail.

## Corollary 4.15

Let $f \in \mathrm{BMO}_{w, 1}$. The following statements hold.
(i) If $w \in A_{1}$ we have that for every $q>1$,

$$
\left(\frac{1}{w(Q)} \int_{Q}\left|\frac{f(x)-f_{Q}}{w(x)}\right|^{q} w(x) d x\right)^{\frac{1}{q}} \leq c_{n} q[w]_{A_{1}}^{\frac{1}{q^{\prime}}}[w]_{A_{\infty}}^{\frac{1}{q}}\|f\|_{\mathrm{BMO}_{w, 1}},
$$

and hence for any cube $Q$

$$
\begin{equation*}
\left\|\frac{f-f_{Q}}{w}\right\|_{\exp L\left(Q, \frac{w(x) d x}{w(Q)}\right)} \leq c_{n}[w]_{A_{1}}\|f\|_{\mathrm{BMO}_{w, 1}} . \tag{4.6}
\end{equation*}
$$

(ii) If $w \in A_{p}$ with $1<p<\infty$ then,

$$
\left(\frac{1}{w(Q)} \int_{Q}\left|\frac{f(x)-f_{Q}}{w(x)}\right|^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \leq c_{n} p^{\prime}[w]_{A_{p}}^{\frac{1}{p}}[w]_{A_{\infty}}^{\frac{1}{p^{\prime}}}\|f\|_{\mathrm{BMO}_{w, 1}-}
$$

Proof. Part (1) follows from part (2) since $[w]_{A_{1}} \geq[w]_{A_{p}}, p>1$. In order to prove part (2), choose $r=1+\delta$ with $\delta$ as in Theorem 2.5. This way $[w]_{A_{p}^{r}} \leq 2[w]_{A_{p}}$, $r^{\prime} \leq c_{n}[w]_{A_{\infty}}$ and $w_{r}(Q) \leq 2 w(Q)$. The result follows from Theorem 4.14.

Remark 4.16 From (4.6), we can deduce a weighted John-Nirenberg-type estimate for $\mathrm{BMO}_{w}$. That is, if a weight $w \in A_{1}$, then for any $t>0$ and any cube $Q$, the following holds.

$$
w\left(\left\{x \in Q:\left|f(x)-f_{Q}\right|>t w(x)\right\}\right) \leq 2 e^{-\frac{t}{c_{n}[w]_{A_{1}}\|f\|_{\mathrm{BMO}_{w, 1}}}} w(Q) .
$$

If the weight is actually the Lebesgue measure, this is precisely the John-Nirenberg theorem. Therefore, Theorem 4.14 can be seen as an extension of John-Nirenberg.

### 4.4 Second extension: an inequality of Karagulyan's

The second extension is motivated by the work of Karagulyan [70], who already provided an extension of the John-Nirenberg theorem. We improve this interesting result by providing a different more flexible proof with several different advantages. However, this first extension is also inspired by the work of Pérez and Rela [107], where a different approach to the main results from the work of Fabes Kenig and Serapioni [35] concerning degenerate Poincaré-Sobolev inequalities is found.

We obtain two different consequences of this improvement of the John-Nirenberg theorem. Firstly, we derive some degenerate Poincaré-Sobolev endpoint inequalities not available from the methods in [107]. Secondly, this improvement will be applied within the context of the $C_{p}$ class of weights.

To establish this result we recall the sharp maximal function introduced by Fefferman and Stein.

## Definition 4.17

Let $h \in L_{l o c\left(\mathbb{R}^{n}\right)}^{1}$. The sharp maximal function of $h$ is defined by the expression

$$
M^{\sharp} h(x)=\sup _{x \in R} \frac{1}{|R|} \int_{R}\left|h(y)-h_{R}\right| d y,
$$

where the supremum is taken over all cubes $R$ that contain the point $x$.

Karagulyan proved in [70] the following interesting exponential decay. Although his work uses balls instead of cubes as a basis of differentiation, both resulting objects are equivalent.

## Proposition 4.18 - Karagulyan [70]

Let $f \in L_{l o c}^{1}$ and let $B$ a ball in $\mathbb{R}^{n}$, then

$$
\left|\left\{x \in B: \frac{\left|f(x)-f_{B}\right|}{M^{\sharp} f(x)}>\lambda\right\}\right| \leq c_{n} e^{-c_{n} \lambda}|B| .
$$

The first main result of this chapter, Theorem 4.19, improves this exponential decay in several ways. On one hand, we have the decay for the local maximal function and on the other hand, we obtain weighted estimates. The method of proof is different from that in[70].

Let us now state our generalization of Proposition 4.18 and the second extension of the John-Nirenberg theorem.

## Theorem 4.19

Let $f$ be a locally integrable function. Then for any cube $Q$, for any $1 \leq p<\infty$ and $1<r<\infty$, the following estimate holds

$$
\begin{equation*}
\left(\frac{1}{w_{r}(Q)} \int_{Q}\left(\frac{M_{Q}\left(f-f_{Q}\right)(x)}{M^{\sharp} f(x)}\right)^{p} w(x) d x\right)^{\frac{1}{p}} \leq c_{n} p r^{\prime} . \tag{4.7}
\end{equation*}
$$

Proof. Fix a cube $Q$. We make the local Calderón-Zygmund decomposition in the cube $Q$ of the function

$$
F(x)=\frac{\left|f(x)-f_{Q}\right|}{\operatorname{osc}(f, Q)}
$$

at height $\lambda>1$ to be precised later. We have used the notation

$$
\operatorname{osc}(f, Q)=f_{Q}\left|f(y)-f_{Q}\right| d y
$$

More precisely, we choose the dyadic subcubes $\left\{Q_{j}\right\}$ of $Q$, maximal for the inclusion among the cubes $R$ that satisfy $f_{R} F(x) d x>\lambda$. The cubes $\left\{Q_{j}\right\}$ are pairwise disjoint
and satisfy the following properties:
$-\quad \operatorname{osc}(f, Q) \lambda<f_{Q_{j}}\left|f(y)-f_{Q}\right| d y \leq 2^{n} \lambda \operatorname{osc}(f, Q)$,
$-\lambda \sum_{j}\left|Q_{j}\right| \leq|Q|$,
$-\quad$ For $x \notin \bigcup_{j} Q_{j}, \quad M_{Q}\left(f-f_{Q}\right)(x) \leq \lambda \operatorname{osc}(f, Q)$.
The first two properties follow from the stopping time and the maximality. To prove the third one, note that $f_{R}\left|f(y)-f_{Q}\right| d y / \operatorname{osc}(f, Q) \leq \lambda$ for all dyadic $R$ that contains $x$.

Now, by maximality of the cubes, for $x \in Q_{j}$ we can localize the maximal function in the following way

$$
\begin{equation*}
M_{Q}\left(f-f_{Q}\right)(x)=M_{Q_{j}}\left(f-f_{Q}\right)(x) \leq M_{Q_{j}}\left(f-f_{Q_{j}}\right)(x)+\left|f_{Q}-f_{Q_{j}}\right| \tag{4.8}
\end{equation*}
$$

Moreover, for $x \in Q_{j}$, we have

$$
\begin{equation*}
\frac{\left|f_{Q}-f_{Q_{j}}\right|}{M^{\sharp} f(x)}=\frac{\left|f_{Q_{j}}\left(f(y)-f_{Q}\right) d y\right|}{M^{\sharp} f(x)} \leq \frac{f_{Q_{j}}\left|f(y)-f_{Q}\right| d y}{\operatorname{osc}(f, Q)} \leq 2^{n} \lambda, \tag{4.9}
\end{equation*}
$$

by the Calderón-Zygmund decomposition. Thus, we have found the following pointwise bound, for a.e. $x \in Q$,

$$
\begin{aligned}
\frac{M_{Q}\left(f-f_{Q}\right)(x)}{M^{\sharp} f(x)} & =\frac{M_{Q}\left(f-f_{Q}\right)(x)}{M^{\sharp} f(x)} \chi_{Q \backslash \cup_{j} Q_{j}}(x)+\sum_{j} \frac{M_{Q}\left(f-f_{Q}\right)(x)}{M^{\sharp} f(x)} \chi_{Q_{j}}(x) \\
& \leq \lambda \chi_{Q \backslash \cup_{j} Q_{j}}(x)+\sum_{j}\left(\frac{M_{Q_{j}}\left(f-f_{Q_{j}}\right)(x)}{M^{\sharp} f(x)}+\frac{\left|f_{Q}-f_{Q_{j}}\right|}{M^{\sharp} f(x)}\right) \chi_{Q_{j}}(x) \\
& \leq \lambda \chi_{Q \backslash \cup_{j} Q_{j}}(x)+\sum_{j}\left(\frac{M_{Q_{j}}\left(f-f_{Q_{j}}\right)(x)}{M^{\sharp} f(x)}+2^{n} \lambda\right) \chi_{Q_{j}}(x) \\
& \leq 2^{n} \lambda+\sum_{j} \frac{M_{Q_{j}}\left(f-f_{Q_{j}}\right)(x)}{M^{\sharp} f(x)} \chi_{Q_{j}}(x) .
\end{aligned}
$$

We have used (4.8) and (4.9) in the first and second inequalities respectively.
Now we compute the norm. Using the triangular inequality, Jensen's inequality and the fact that the $Q_{j}$ are pairwise disjoint, we get

$$
\begin{aligned}
\left(\frac{1}{w_{r}(Q)} \int_{Q}\right. & \left.\left(\frac{M_{Q}\left(f-f_{Q}\right)(x)}{M^{\sharp} f(x)}\right)^{p} w(x) d x\right)^{\frac{1}{p}} \\
& \leq 2^{n} \lambda+\left(\sum_{j} \frac{w_{r}\left(Q_{j}\right)}{w_{r}(Q)} \frac{1}{w_{r}\left(Q_{j}\right)} \int_{Q}\left(\frac{M_{Q_{j}}\left(f-f_{Q_{j}}\right)(x)}{M^{\sharp} f(x)}\right)^{p} w(x) d x\right)^{\frac{1}{p}} \\
& \leq 2^{n} \lambda+X\left(\frac{1}{w_{r}(Q)} \sum_{j} w_{r}\left(Q_{j}\right)\right)^{\frac{1}{p}} \\
& \leq 2^{n} \lambda+\frac{X}{\lambda^{\frac{1}{p r^{\prime}}}}
\end{aligned}
$$

We have used that, by Hölder's and one of the main properties of the family $Q_{j}$,

$$
\sum_{j} w_{r}\left(Q_{j}\right) \leq w_{r}(Q)\left(\frac{1}{\lambda}\right)^{\frac{1}{r^{\prime}}}
$$

and we have set

$$
X=\sup _{R \in \mathcal{D}}\left(\frac{1}{w_{r}(R)} \int_{R}\left(\frac{M_{R}\left(f-f_{R}\right)(x)}{M^{\sharp} f(x)}\right)^{p} w(x) d x\right)^{\frac{1}{p}} .
$$

Now take the supremum over all dyadic cubes $Q$ and obtain, for arbitrary $\lambda>1$,

$$
X \leq 2^{n} \lambda+\frac{X}{\lambda^{\frac{1}{p r^{\prime}}}} .
$$

This in turn implies, if we assume $X<\infty$, that

$$
X \leq 2^{n} \lambda \frac{\lambda^{\frac{1}{p r^{\prime}}}}{\lambda^{\frac{1}{p r^{\prime}}}-1} .
$$

Applying Lemma 4.2, we see $X \leq c_{n} p r^{\prime}$, since $\lambda>1$ was free. This finishes the proof if we assume that $X<\infty$.

In order to remove the hypothesis $X<\infty$, we argue as follows. Let $K>0$ large and $\varepsilon>0$ small. It is enough to work with

$$
X_{\varepsilon, K}:=\sup _{Q \in \mathcal{D}}\left(\frac{1}{w_{r}(Q)} \int_{Q}\left(\frac{M_{Q}\left(f_{K}-\left(f_{K}\right)_{Q}\right)(x)}{M^{\sharp} f_{K}(x)+\varepsilon}\right)^{p} w(x) d x\right)^{\frac{1}{p}} \leq 2 \frac{K}{\varepsilon}<\infty
$$

for a suitable truncation $f_{K}$ of $f$ at height $K$. For example, one can take

$$
f_{K}(x)= \begin{cases}-K, & f(x)<-K, \\ f(x), & -K \leq f(x) \leq K, \\ K, & K<f(x) .\end{cases}
$$

Making the same computations as above with some trivial changes, we can obtain the bounds for $X_{\varepsilon, K}$ independently of $\varepsilon$ and $K$. Finally, monotone convergence finishes the argument, by letting $K \rightarrow \infty$ and $\varepsilon \rightarrow 0$.

Remark 4.20 Since throughout the proof the only cubes that appear are dyadic descendants of $Q$, we actually obtain the stronger estimate

$$
\left(\frac{1}{w_{r}(Q)} \int_{Q}\left(\frac{M_{Q}\left(f-f_{Q}\right)(x)}{M_{Q}^{\sharp} f(x)}\right)^{p} w(x) d x\right)^{\frac{1}{p}} \leq c_{n} p r^{\prime},
$$

where $M_{Q}^{\sharp}$ is the sharp operator taking the supremum over dyadic descendants of $Q$. Since $M_{Q}^{\sharp} \leq M^{\sharp}$, this last estimate is stronger.
Remark 4.21 We remark that the corresponding result replacing the $L^{p}$ norm by the (larger) Lorentz norm $L^{p, q}$ with $1 \leq q<p$ cannot be proved even in the simplest situation $w=1$ and without $M$. buscar referencia
Remark 4.22 We also remark that the factor $p$ in (4.7) (or (4.10)) it is crucial since it yields the exponential type result as follows.

### 4.4.1 When the weight is $A_{\infty}$

Even though Theorem 4.19 holds for all positive weights, it takes a more interesting form when applied to $A_{\infty}$ weights. This is because, since these weights satisfy a Reverse Hölder inequality, see Theorem 2.5, the bumped measure $w_{r}(Q)$ is bounded by $w(Q)$.

## Corollary 4.23

Let $w \in A_{\infty}$ and let also $f \in L_{\text {loc }}^{1}\left(\mathbb{R}^{n}\right)$. For any cube $Q$ and $1<p<\infty$, the following holds

$$
\begin{equation*}
\left(\frac{1}{w(Q)} \int_{Q}\left(\frac{M_{Q}\left(f-f_{Q}\right)(x)}{M^{\sharp} f(x)}\right)^{p} w(x) d x\right)^{\frac{1}{p}} \leq c_{n} p[w]_{A_{\infty}} . \tag{4.10}
\end{equation*}
$$

Proof. Since $w \in A_{\infty}$, we choose $r=1+\delta$ with $\delta$ as in Theorem 2.5. This way, $w_{r}(Q) \leq 2 w(Q)$ and $r^{\prime} \leq c_{n}[w]_{A_{\infty}}$. From this observation, applying Theorem 4.19, inequality (4.10) follows.

## Corollary 4.24

For a weight $w \in A_{\infty}$ and $f \in L_{l o c}^{1}\left(\mathbb{R}^{n}\right)$, the following John-Nirenberg-type estimate holds.

$$
\left\|\frac{M_{Q}\left(f-f_{Q}\right)}{M^{\sharp} f}\right\|_{\exp L\left(Q, \frac{w d x}{w(Q)}\right)} \leq c_{n}[w]_{A_{\infty}}
$$

This means that there exist dimensional constants $c_{1}, c_{2}>0$ such that

$$
w\left(\left\{x \in Q: \frac{M_{Q}\left(f-f_{Q}\right)(x)}{M^{\sharp} f(x)}>t\right\}\right) \leq c_{1} e^{-c_{2} t /[w]_{A \infty}} w(Q), \quad t>0 .
$$

Proof. Apply Proposition 4.1 to (4.10).
We call this result improved John-Nirenberg estimate because if $w=1$ and $f \in$ BMO, then $M^{\sharp} f(x) \leq\|f\|_{\text {BMO }}$ for a.e. $x$ and, therefore,

$$
\left|\left\{x \in Q: M_{Q}\left(f-f_{Q}\right)>t\right\}\right| \leq c_{1} e^{\frac{-c_{2} t}{\| f f l_{\text {BMO }}}}|Q|, \quad t>0 .
$$

This implies the John-Nirenberg Theorem by Lebesgue differentiation theorem, because $M_{Q}\left(f-f_{Q}\right) \geq f-f_{Q}$ a.e. in $Q$.

## Corollary 4.25

For every cube and $\lambda, \gamma>0$ we have the following good $-\lambda$ type inequality

$$
w\left(\left\{x \in Q: M_{Q}\left(f-f_{Q}\right)>\lambda, M^{\sharp} f(x) \leq \gamma \lambda\right\}\right) \leq c_{1} e^{\frac{-c_{2}}{\gamma(w]_{A \infty}}} w(Q) .
$$

### 4.5 Generalized Poincaré inequalities

As an application of Theorem 4.19, we improve the main result in [38], at least in the simplest situation of cubes, which at the same time provides a limiting result that could not be treated in Theorem 1.14 of [107].

Let $w$ be an $A_{\infty}$ weight and let $a$ be a functional over cubes of $\mathbb{R}^{n}$. By that we mean a real-valued mapping defined over the set of cubes in $\mathbb{R}^{n}$. We will assume that $a$ satisfies the $D_{r}(w)$ condition for some $r>1$ as introduced in [38].

## Definition 4.26

Let $a$ be a functional over cubes and let $w$ be a weight. We say that $a$ satisfies the $D_{r}(w)$ condition, and we write $a \in D_{r}(w)$ if for every cube $Q$ and every collection $\Lambda$ of pairwise disjoint subcubes of $Q$, the following inequality holds:

$$
\begin{equation*}
\sum_{P \in \Lambda} w(P) a(P)^{r} \leq\|a\|^{r} w(Q) a(Q)^{r} \tag{4.11}
\end{equation*}
$$

for some constant $\|a\|>0$ that plays the role of the "norm" of $a$.

These kind of functionals were studied in relation with self improvement properties of generalized Poincaré inequalities in [38], further studied in [93] and more recently improved in [107]. We establish now an new endpoint result in the spirit of Theorem 1.14 in [107] which was missing since Theorem 4.19 was not available.

## Theorem 4.27

Let $w \in A_{\infty}$ and $a$ a functional satisfying $D_{r}(w)$ condition (4.11) for some $r>1$. Let $f$ be a locally integrable function such that for every cube $Q$,

$$
\begin{equation*}
\frac{1}{|Q|} \int_{Q}\left|f(x)-f_{Q}\right| d x \leq a(Q) \tag{4.12}
\end{equation*}
$$

Then, for every cube $Q$,

$$
\left\|f-f_{Q}\right\|_{L^{r, \infty}\left(Q, \frac{w}{w(Q)}\right)} \leq c_{n} r[w]_{A_{\infty}}\|a\| a(Q)
$$

Remark 4.28 The method in [38], based on the good- $\lambda$ method of Burkholder-Gundy [9], yields an exponential bound in $[w]_{A_{\infty}}$. We still use here the good- $\lambda$ method but we use instead Corollary 4.25.

Proof of Theorem 4.27. Fix a cube $Q$. We have to prove that for every $t>0$,

$$
t^{r} w\left(\left\{x \in Q:\left|f(x)-f_{Q}\right|>t\right\}\right) \leq\left(c_{n}\|a\|[w]_{A_{\infty}}\right)^{r} a(Q)^{r} w(Q),
$$

with $c_{n}$ independent from everything but the dimension.
$M_{Q}$ will denote the dyadic maximal operator localized in $Q$. Since $\left(f-f_{Q}\right) \leq$ $M_{Q}\left(f-f_{Q}\right)$ almost everywhere, we can just estimate the bigger set

$$
\Omega_{t}=\left\{x \in Q: M_{Q}\left(f-f_{Q}\right)(x)>t\right\} .
$$

Let $Q_{j}$ be the maximal cubes that form $\Omega_{t}$. They can be found by the CalderónZygmund decomposition, see Section 1.4.3. Let $q=2^{n}+1$ as in [107], and let us make
the same computations that they do. We arrive to

$$
w\left(\Omega_{q t}\right) \leq \sum_{j} w\left(E_{Q_{j}}\right)
$$

where

$$
\begin{aligned}
E_{Q_{j}} & =\left\{x \in Q_{j}: M_{Q}\left(f-f_{Q_{j}}\right)(x)>t\right\} \\
& =\left\{x \in Q_{j}: M_{Q_{j}}\left(f-f_{Q_{j}}\right)(x)>t\right\},
\end{aligned}
$$

by the maximality of the cubes $Q_{j}$. Now we will use the good- $\lambda$ from Corollary 4.25. We use the version with the dyadic sharp maximal function in Remark 4.20. Let $\gamma>0$ to be chosen later. Then

$$
\begin{aligned}
E_{Q_{j}} & \subseteq\left\{x \in Q_{j}: M_{Q_{j}}\left(f-f_{Q_{j}}\right)(x)>t, M_{d}^{\sharp} f(x) \leq \gamma t\right\} \bigcup\left\{x \in Q_{j}: M_{d}^{\sharp} f(x)>\gamma t\right\} \\
& =A_{j} \bigcup B_{j}
\end{aligned}
$$

and therefore

$$
w\left(E_{Q_{j}}\right) \leq w\left(A_{j}\right)+w\left(B_{j}\right)
$$

For $A_{j}$ sets, let $s>1$ be the exponent for the Reverse Hölder inequality for $w \in A_{\infty}$ as in Theorem 2.5. Then, using Corollary 4.25, we have

$$
\sum_{j} w\left(A_{j}\right) \leq c_{1} e^{-\frac{c_{2}}{s \gamma}} \sum_{j} w\left(Q_{j}\right)=c_{1} e^{-\frac{c_{2}}{s \gamma}} w\left(\Omega_{t}\right)
$$

Remember that $c_{1}, c_{2}>0$ are dimensional constants. On the other hand, for $B_{j}$ we can argue as follows. We have

$$
\bigcup_{j} B_{j} \subseteq\left\{x \in Q: M_{d}^{\sharp} f(x)>\gamma t\right\}=\bigcup_{i} R_{i},
$$

where $R_{i}$ are the maximal dyadic subcubes of $Q$ such that

$$
\gamma t<\frac{1}{\left|R_{i}\right|} \int_{R_{i}}\left|f(x)-f_{R_{i}}\right| d x
$$

Now, using the starting point (4.12), we clearly have

$$
\gamma t \leq a\left(R_{i}\right)
$$

Therefore, using that $a$ satisfies the $D_{r}(w)$ condition, we have

$$
\begin{aligned}
\sum_{j} w\left(B_{j}\right) & \leq w\left(\left\{x \in Q: M_{d}^{\sharp} f(x)>\gamma t\right\}\right) \\
& =\sum_{i} w\left(R_{i}\right) \\
& \leq\left(\frac{1}{\gamma t}\right)^{r} \sum_{i} w\left(R_{i}\right) a\left(R_{i}\right)^{r} \\
& \leq\|a\|^{r}\left(\frac{1}{\gamma t}\right)^{r} w(Q) a(Q)^{r}
\end{aligned}
$$

Now, if we put everything together, we get

$$
(q t)^{r} w\left(\Omega_{q t}\right) \leq c_{1}(t q)^{r} e^{-\frac{c_{2}}{\gamma s}} w\left(\Omega_{t}\right)+\left(q \frac{\|a\|}{\gamma}\right)^{r} w(Q) a(Q)^{r}
$$

Since we have $q t$ on the left and $t$ on the right, we define the function

$$
\varphi(N)=\sup _{0<t \leq N} t^{r} w\left(\Omega_{t}\right)
$$

This function is increasing, so we have

$$
\varphi(N) \leq \varphi(N q) \leq c_{1} q^{r} e^{-\frac{c_{2}}{\gamma s}} \varphi(N)+\left(q \frac{\|a\|}{\gamma}\right)^{r} w(Q) a(Q)^{r}
$$

The parameter $\gamma$ is free, and we make the choice so that

$$
c_{1} q^{r} e^{-\frac{c_{2}}{s \gamma}}=\frac{1}{2}
$$

which means

$$
\gamma=\frac{c_{n}}{r[w]_{A_{\infty}}}
$$

This yields the result, since $\left\|f-f_{Q}\right\|_{L^{r, \infty}(Q, w)} \leq \sup _{N} \varphi(N)$.

### 4.6 Application to $C_{p}$ weights: Fefferman-Stein inequality

As a second application of Theorem 4.19 we provide an improvement of theorem of Yabuta [117] concerning a classical inequality of Feffereman-Stein relating the HardyLittlewood maximal function $M$ and the sharp maximal function $M^{\sharp}$ introduced by them in [37].

This inequality, first proved for $A_{\infty}$ weights, is deeply related to the theory of $C_{p}$ weights. The situation is very similar to the Coifman-Fefferman inequality that was described in Chapters 2 and 3.

## Theorem 4.29 - Yabuta [117]

Let $w$ be a weight such that the following inequality holds for all $f \in L^{\infty}$ with compact support,

$$
\|f\|_{L^{p}(w)} \leq c\left\|M^{\sharp} f\right\|_{L^{p}(w)},
$$

for a fixed constant $c>0$. Then $w \in C_{p}$.
Conversely, suppose that $w \in C_{q}$ for some $1<p<q<\infty$. Then, there exists a constant $c=c_{w, q, p}>0$ such that for all $f \in L^{\infty}$ with compact support,

$$
\begin{equation*}
\|M f\|_{L^{p}(w)} \leq c\left\|M^{\sharp} f\right\|_{L^{p}(w)} . \tag{4.13}
\end{equation*}
$$

One could make a conjecture in the spirit of Muckenhoupt's conjecture 2.1, stating that $w \in C_{p}$ is the correct sufficient condition for (4.13) to hold.

In this line, Lerner [85] proved a characterization of weights satisfying a weak Fefferman-Stein inequality

$$
\|f\|_{L^{p, \infty}(w)} \leq C\left\|M^{\sharp} f\right\|_{L^{p}(w)} .
$$

The weights satisfying this inequality are of a different class of weights, called $S C_{p}$ (strong $C_{p}$ ). This class is contained in $C_{p}$ and contains $C_{p+\varepsilon}$ for every $\varepsilon>0$.

As a consequence of Theorem 4.19, we are able to give a nice quantitative version of Yabuta's inequality, since the good $-\lambda$ with exponential decay between the sharp maximal function and the Hardy-Littlewood maximal function was not available to us before.

Theorem 4.30 - Quantitative Fefferman-Stein for $C_{p}$ weights
Let $1<p<q<\infty$ and $w \in C_{q}$. Then for any $f \in L_{c}^{\infty}\left(\mathbb{R}^{n}\right)$ we have

$$
\|M f\|_{L^{p}(w)} \leq c_{n} \frac{p q}{q-p}\left(1+[w]_{C_{q}}\right) \log \left(e+[w]_{C_{q}}\right)\left\|M^{\sharp} f\right\|_{L^{p}(w)},
$$

where the constant $c_{n}$ only depends on $n$.
Remark 4.31 We remark that, as a consequence of Corollary 4.25, we can also obtain the following weighted inequality for $A_{\infty}$ weights by standard arguments:

$$
\|M f\|_{L^{p}(w)} \leq c[w]_{A_{\infty}}\left\|M^{\sharp} f\right\|_{L^{p}(w)}, \quad 0<p<\infty .
$$

This inequality is not new, see for example [82].
Theorem 4.30 has a straight application to the wide class of operators described in [17]. Indeed, we say that an operator satisfies the (D) property if there are some constants $\delta \in(0,1)$ and $c_{T}>0$ such that for all $f$,

$$
\begin{equation*}
M_{\delta}^{\sharp}(T f)(x) \leq c_{T} M f(x), \quad \text { a.e. } x . \tag{D}
\end{equation*}
$$

Here $M$ denotes the standard Hardy-Littlewood maximal operator and we use the notation $M_{\delta}^{\sharp} f=M^{\sharp}\left(f^{\delta}\right)^{\frac{1}{\delta}}$. This property is modeled by a result in [1] where (D) was proved for any Calderón-Zygmund operator. It also holds for some square function operators and some pseudo-differential operators. The version for multilinear Calderón-Zygmund operators was obtained in [87]. There is a more exhaustive list in [17].

## Corollary 4.32

Let $1<p<q<\infty$ and $T$ be an operator that satisfies the property (D) with constant $c_{T}$ for some $\frac{p}{q}<\delta<1$. Then for $w \in C_{q}$ we have

$$
\|T f\|_{L^{p}(w)} \leq c_{n} c_{T}\left(\frac{p q}{\delta q-p} \max \left(1,[w]_{C_{q}} \log ^{+}[w]_{C_{q}}\right)\right)^{\frac{1}{\delta}}\|M f\|_{L^{p}(w)} .
$$

The rest of this section is devoted to proving Theorem 4.30 and Corollary 4.32. We are going to use the improved John-Nirenberg Theorem 4.19 to give a quantitative version of Theorem II in [117].

First, we need to obtain a non-dyadic unweighted version of Corollary 4.25. That is, a version of it in which the maximal operator inside actually is the

Hardy-Littlewood one and not the one that only takes into account the dyadic descendants.

## Theorem 4.33

Let $Q$ be an arbitrary cube and $f$ a locally integrable function, non constant on $Q$. Then for any $\lambda>0$ we have

$$
\left|\left\{x \in Q: \frac{M\left(\left(f-f_{Q}\right) \chi_{Q}\right)(x)}{M^{\sharp} f(x)}>\lambda\right\}\right| \leq c e^{-c \lambda}|Q|,
$$

where $c>0$ is a dimensional constant. Here $M$ denotes the standard HardyLittlewood maximal operator.

In order to pass from the dyadic setting to the full setting, we need a bit of help. We will use a result from [22], which will allow us to obtain the general case from the dyadic setting. This is a result that says that there are $n+1$ dyadic families such that the sum of their respective maximal operators can actually bound the HardyLittlewood maximal operator. We give a version of the proof by Conde-Alonso that is adjusted to our needs.

## Lemma 4.34

Let $Q \subset \mathbb{R}^{n}$ be a cube. Then there exist $n+1$ dyadic systems $\left\{\mathcal{A}_{j}\right\}_{j=0}^{n}$ and $n+1$ cubes, $Q_{j} \in \mathcal{A}_{j}$ such that the following two conditions are satisfied

1. $M f(x) \leq c_{n} \sum_{j=0}^{n} M_{j} f(x)$ a.e. for any function $f$, where $M_{j}$ is the dyadic maximal function with respect to the dyadic system $\mathcal{A}_{j}, j=0, \ldots, n$.
2. $Q \subset \cap_{j=0}^{n} Q_{j}$ and the $|Q| \simeq\left|Q_{j}\right|$ for all $j$.

Proof. Given the cube $Q$, we construct the dyadic systems as in Theorem A in [22], but with a slight change on the starting cubes.

We choose the cubes $Q_{00}^{j}$ so that $Q=\cap_{j} Q_{00}^{j}$. This is possible by construction, after making a translation and dilation. Indeed, we may suppose $Q=\left[\frac{p_{n}-1}{p_{n}}, 1\right]^{n}, p_{n}$ being the smallest odd integer strictly greater than $n$. Following the proof in [22], we have $Q_{00}^{j}=[0,1]^{n}+\frac{j}{p_{n}}(1, \ldots, 1)$. These cubes satisfy property (2). Then call $Q_{j}=Q_{00}^{j}$ and apply the same procedure as in [22].

Proof of Theorem 4.33. Fix the cube $Q$ and the function $f$, and choose $Q_{0}, \ldots, Q_{n}$ and $\mathcal{A}_{0}, \ldots, \mathcal{A}_{n}$ as in Lemma 4.34. We have

$$
\begin{aligned}
\left\lvert\,\left\{x \in Q: \frac{M\left(\left(f-f_{Q}\right) \chi_{Q}\right)(x)}{M^{\sharp} f(x)}\right.\right. & >\lambda\} \mid \\
& \leq \sum_{j=0}^{n}\left|\left\{x \in Q: \frac{M_{j}\left(\left(f-f_{Q}\right) \chi_{Q}\right)(x)}{M^{\sharp} f(x)}>\frac{\lambda}{n+1}\right\}\right| \\
& \leq \sum_{j=0}^{n}\left|\left\{x \in Q_{j}: \frac{M_{j}\left(\left(f-f_{Q}\right) \chi_{Q_{j}}\right)(x)}{M^{\sharp} f(x)}>\frac{\lambda}{n+1}\right\}\right| \\
& =\sum_{j=0}^{n}\left|\left\{x \in Q_{j}: \frac{M_{Q_{j}}\left(f-f_{Q}\right)(x)}{M^{\sharp} f(x)}>\frac{\lambda}{n+1}\right\}\right|
\end{aligned}
$$

Now, since $Q$ and $Q_{j}$ have comparable size, we have for $x \in Q_{j}$,

$$
\frac{\left|f_{Q}-f_{Q_{j}}\right|}{M^{\sharp} f(x)} \leq \frac{\left|Q_{j}\right|}{|Q|} \frac{f_{Q_{j}}\left|f(y)-f_{Q_{j}}\right| d y}{f_{Q_{j}}\left|f(y)-f_{Q_{j}}\right| d y} \leq c_{n} .
$$

So, for $\frac{\lambda}{n+1} \geq c_{n}$ we get for each $j$,

$$
\begin{aligned}
\left\lvert\,\left\{x \in Q_{j}: \frac{M_{Q_{j}}\left(f-f_{Q}\right)(x)}{M^{\sharp} f(x)}\right.\right. & \left.>\frac{\lambda}{n+1}\right\} \mid \\
& \leq\left|\left\{x \in Q_{j}: \frac{M_{Q_{j}}\left(f-f_{Q_{j}}\right)(x)}{M^{\sharp} f(x)}+c_{n}>\frac{\lambda}{n+1}\right\}\right| \\
& \leq\left|\left\{x \in Q_{j}: \frac{M_{Q_{j}}\left(f-f_{Q_{j}}\right)(x)}{M^{\sharp} f(x)}>\frac{\lambda}{n+1}-c_{n}\right\}\right| \\
& \leq c e^{-c\left(\lambda-c_{n}\right)}\left|Q_{j}\right| \\
& \leq c e^{-c\left(\frac{\lambda}{n+1}-c_{n}\right)}|Q| .
\end{aligned}
$$

This finishes the proof for $\frac{\lambda}{n+1}>c_{n}$. The other case follows since in that case $e^{-\lambda}$ is bounded from bellow.

We now give the key estimate, which is a good- $\lambda$ estimate between $M$ and $M^{\sharp}$ with exponential decay.

## Proposition 4.35

Let $f$ be a function and $\lambda>0$. Let $\Omega_{\lambda}=\left\{x \in \mathbb{R}^{n}: M f(x)>\lambda\right\}=\cup Q$ as in the Whitney decomposition, Proposition 3.10. Then for any $Q$ in the decomposition and $\gamma$ small enough,

$$
\left|\left\{x \in Q: M f(x)>4^{n} \lambda, M^{\sharp} f(x) \leq \gamma \lambda\right\}\right| \leq c e^{-\frac{c}{\gamma}}|Q|,
$$

where $c>$ only depends on the dimension.
Proof. Let $\bar{Q}$ be the multiple of $Q$ such that $\bar{Q} \cap\left(\Omega_{\lambda}\right)^{c} \neq \emptyset$, as in the Whitney decomposition. We prove that if $x \in Q$ satisfies $M f(x)>4^{n} \lambda$ and $M^{\sharp} f(x) \leq \gamma \lambda$ then

$$
\begin{equation*}
\frac{M\left(\left(f-f_{\bar{Q}}\right) \chi_{\bar{Q}}\right)(x)}{M^{\sharp} f(x)}>\frac{1}{\gamma} . \tag{4.14}
\end{equation*}
$$

Then we can directly apply Theorem 4.33 and we will be done.
Let $x \in Q$. Because of the Whitney decomposition, $M f(x)>4^{n} \lambda$ implies $M\left(f \chi_{\bar{Q}}\right)(x)>4^{n} \lambda$. Also as a consequence of the Whitney decomposition, $|f|_{\bar{Q}} \leq \lambda$, so

$$
\begin{aligned}
4^{n} \lambda & \leq M\left(f \chi_{\bar{Q}}\right)(x) \\
& \leq M\left(\left(f-f_{\bar{Q}}\right) \chi_{\bar{Q}}\right)(x)+|f|_{\bar{Q}} \\
& \leq M\left(\left(f-f_{\bar{Q}}\right) \chi_{\bar{Q}}\right)(x)+\lambda,
\end{aligned}
$$

which implies $M\left(\left(f-f_{\bar{Q}}\right) \chi_{\bar{Q}}\right)(x)>\lambda$. This proves (4.14). Therefore we have

$$
\begin{aligned}
&\left|\left\{x \in Q: M f(x)>4^{n} \lambda, M^{\sharp} f(x) \leq \gamma \lambda\right\}\right| \\
& \leq\left|\left\{x \in Q: M\left(\left(f-f_{\bar{Q}}\right) \chi_{\bar{Q}}\right)(x)>4^{n} \lambda, M^{\sharp} f(x) \leq \gamma \lambda\right\}\right| \\
& \leq\left|\left\{x \in \bar{Q}: \frac{M\left(\left(f-f_{\bar{Q}}\right) \chi_{\bar{Q}}\right)(x)}{M^{\sharp} f(x)}>\frac{1}{\gamma}\right\}\right| \\
& \leq c e^{-\frac{1}{c \gamma}}|\bar{Q}| .
\end{aligned}
$$

This ends the proof, since $Q$ and $\bar{Q}$ have comparable size.
Now we prove Theorem 4.30. The proof follows mainly the one in [117], but we use the good- $\lambda$ inequality from Proposition 4.35 . We also keep an eye for the dependence on the constant of the weight, which is in fact our main objective.

We are going use Marcinkiewicz operators that were introduced in Section 3.3 from Chapter 3.

Proof of Theorem 4.30. We may assume, arguing as in [117], that both norms are finite. Define $\Omega_{k}=\left\{x \in \mathbb{R}^{n}: M f(x)>2^{k}\right\}$ for $k \in \mathbb{Z}$. We write, following the Whitney decomposition technique that we used in Chapter 3

$$
\Omega_{k}=\bigcup_{j} Q, \quad Q \in \mathcal{W}(k) \text { disjoint cubes. }
$$

By Proposition 4.35 we have, for each $k \in \mathbb{Z}$ and each $Q \in \mathcal{W}(k)$ the following estimate

$$
\left|\left\{x \in Q: M f(x)>4^{n} 2^{k}, M^{\sharp} f(x) \leq \gamma \lambda\right\}\right| \leq c e^{-\frac{c}{\gamma}}|Q|,
$$

which in turn yields, using Theorem 2.21,

$$
w\left(\left\{x \in Q: M f(x)>4^{n} 2^{k}, M^{\sharp} f(x) \leq \gamma \lambda\right\}\right) \leq c e^{-c \frac{\varepsilon}{\gamma}} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x,
$$

where $\varepsilon=\frac{c_{n}}{\max \left(1,(w]_{C_{q}}\right)}$. These computations, together with the standard argument that uses the good- $\lambda$ technique yield

$$
\begin{aligned}
\int_{\mathbb{R}^{n}} M f(x)^{p} w(x) d x \leq & 2^{p} \sum_{k \in \mathbb{Z}} 2^{k p} w\left(\Omega_{k}\right) \\
\leq & \left(c_{n}\right)^{p} \sum_{k \in \mathbb{Z}} 2^{k p} w\left(\left\{x \in \mathbb{R}^{n}: M^{\sharp} f(x)>\gamma 2^{k}\right\}\right) \\
& +c_{n} e^{-\frac{c \varepsilon}{\gamma}} \sum_{k \in \mathbb{Z}} \sum_{Q \in \mathcal{W}(k)} 2^{k p} \int_{\mathbb{R}^{n}} M \chi_{Q}(x)^{q} w(x) d x \\
\leq & \left(\frac{c_{n}}{\gamma}\right)^{p} \int_{\mathbb{R}^{n}} M^{\sharp} f(x)^{p} w(x) d x+c_{n} e^{-\frac{c \varepsilon}{\gamma}} \int_{\mathbb{R}^{n}}\left(M_{p, q}(M f)(x)\right)^{p} w,
\end{aligned}
$$

where $M_{p, q}$ is the Marcinkiewicz operator as Definition 3.13. We now use Lemma 3.9 and obtain

$$
\int_{\mathbb{R}^{n}}\left(M_{p, q} M f(x)\right)^{p} w(x) d x \leq 2^{c_{n} \frac{p q}{q-p}} \frac{1}{\varepsilon} \log \frac{1}{\varepsilon} \int \mathbb{R}^{n} M f(x)^{p} w(x) d x .
$$

So, if we choose

$$
\frac{1}{\gamma}=c_{n} \frac{p q}{q-p} \frac{1}{\varepsilon} \log \frac{1}{\varepsilon}=c_{n} \frac{p q}{q-p} \max \left(1,[w]_{C_{q}} \log ^{+}[w]_{C_{q}}\right)
$$

we can absorb the last term to the left side and we obtain

$$
\|M f\|_{L^{p}(w)} \leq c_{n} \frac{p q}{q-p} \max \left(1,[w]_{C_{q}} \log ^{+}[w]_{C_{q}}\right)\left\|M^{\sharp} f\right\|_{L^{p}(w)} .
$$

This finishes the proof.
Remark 4.36 Note that the quantitative dependence on the constant of the weight is essentially the same as in Theorem 3.21 for the Coifman-Fefferman inequality. This is because both proofs are based on the Marcinkiewicz-integral techniques. In order to obtain better dependence for any of these inequalities, we would need other techniques.

Proof of Corollary 4.32. Since $\frac{p}{\delta}<q$, we can make the following computations:

$$
\begin{aligned}
\|T f\|_{L^{p}(w)} & \leq\left\|M_{\delta}(T f)\right\|_{L^{p}(w)}=\left\|M\left(T f^{\delta}\right)\right\|_{L^{\frac{p}{\delta}}(w)}^{\frac{1}{\delta}} \\
& \leq c_{n}\left(\frac{p q}{\delta q-p} \max \left(1,[w]_{C_{q}} \log ^{+}[w]_{C_{q}}\right)\right)^{\frac{1}{\delta}}\left\|M^{\sharp}\left(T f^{\delta}\right)\right\|_{L^{\frac{p}{\delta}}(w)}^{\frac{1}{\delta}} \\
& =c_{n}\left(\frac{p q}{\delta q-p} \max \left(1,[w]_{C_{q}} \log ^{+}[w]_{C_{q}}\right)\right)^{\frac{1}{\delta}}\left\|M_{\delta}^{\sharp}(T f)\right\|_{L^{p}(w)} \\
& \leq c_{n} c_{T}\left(\frac{p q}{\delta q-p} \max \left(1,[w]_{C_{q}} \log ^{+}[w]_{C_{q}}\right)\right)^{\frac{1}{\delta}}\|M f\|_{L^{p}(w)} .
\end{aligned}
$$

### 4.7 Further extensions: polynomial approximation

In this section we generalize Theorems 4.19 and 4.14 to the context of polynomials. More precisely, we show that the average $f_{Q}$ can be replaced with an appropriate polynomial $P_{Q} f$ of fixed degree $k$. It is not clear how to obtain this polynomial approximation from the sparse techniques in [103].

Let $\mathcal{P}_{k}(Q)$ denote the space of polynomials of degree at most $k$ restricted to the cube $Q$, and let $m_{k}$ denote the dimension of $\mathcal{P}_{k}(Q)$, which depends only on $k$ and $n$. The degree $k$ will be frozen from now on, so we omit the subscript $k$ if there is no room for confusion.

## Proposition 4.37

The dimension of the space of polynomials in $n$ variables of degree up to $k$ is precisely

$$
m_{k}=\binom{n+k+1}{n+1}
$$

Proof. For each $0 \leq j \leq k$, the
We are going to work with the $L^{2}(Q)$ space with normalized measure, namely we consider the standard product $\langle f, g\rangle_{Q}=f_{Q} f \bar{g}$. First, we have to construct an
orthonormal basis of $\mathcal{P}(Q)$. We choose any orthonormal basis of $\mathcal{P}\left([0,1]^{n}\right)$, namely $\left\{e_{j}\right\}_{j=1}^{m_{k}}$. For a general cube $Q=y+\ell[0,1]^{n}$, we choose the basis formed by

$$
e_{j, Q}(x)=e_{j}\left(\frac{x-y}{\ell}\right) .
$$

Note that $\left\{e_{j, Q}\right\}_{j}$ is indeed an orthonormal basis because the measure in $Q$ is normalized. Moreover, for a fixed degree $k$, all the basis vectors have uniformly bounded $L^{\infty}$ norm for every cube $Q$. If we were to increase the degree $k$, we would just have to introduce new vectors to the basis.

We define the orthogonal projection operator, that for any integrable function gives the projection in $L^{2}(Q)$ to the space of polynomials.

## Definition 4.38

Let $Q$ be a cube in $\mathbb{R}^{n}$ and let $k \geq 1$. The projection operator $P_{Q}$ is defined as

$$
\begin{aligned}
P_{Q}: L^{1}(Q) & \longrightarrow \mathcal{P}(Q) \\
f & \longmapsto \sum_{j=0}^{m_{k}}\left\langle f, e_{j, Q}\right\rangle_{Q} e_{j, Q},
\end{aligned}
$$

where $\left\{e_{j, Q}\right\}_{j=0}^{m_{k}}$ is the orthonormal basis of $P_{k}(Q)$ from the discussion above.
Notice then that the projection operator is indeed defined in the whole $L^{1}(Q)$ and not only in $L^{2}(Q)$ because the $e_{j, Q}$ are polynomials and therefore they belong to $L^{\infty}(Q)$. Using the fact that the vectors $\left\{e_{j, Q}\right\}$ are uniformly bounded, one can prove that $P_{Q}$ is actually bounded from $L^{1}(Q)$ to $L^{\infty}(Q)$, as the following Proposition illustrates.

## Proposition 4.39

Let $Q$ be a cube, $k \geq 1$ and $f \in L^{1}(Q)$. Then the projection $P_{Q} f$ of $f$ satisfies

$$
\begin{equation*}
\left|P_{Q} f(x)\right| \leq \gamma f_{Q}|f(y)| d y \tag{4.15}
\end{equation*}
$$

for any $f \in L^{1}(Q)$, and where $\gamma$ is a constant depending only on the dimension $n$ and on $k$.

Combining these properties we can show the following optimality property of the chosen polynomial projection.

## Proposition 4.40

The projection $P_{Q} f$ is a good approximation of $f$ in $P_{k}(Q)$ in the $L^{p}(Q)$ distance, that is,

$$
\inf _{\pi \in \mathcal{P}_{k}}\left(f_{Q}|f(x)-\pi(x)|^{p} d x\right)^{\frac{1}{p}} \approx\left(f_{Q}\left|f(x)-P_{Q} f(x)\right|^{p} d x\right)^{\frac{1}{p}} .
$$

Proof. The inequality in the direction " $\leq$ " is trivial. To prove the opposite inequality, observe that since $P_{Q}$ is a projection we have $P_{Q} \pi=\pi$ for any polynomial of degree
at most $k$, and therefore by the triangle inequality

$$
\begin{aligned}
\left(f_{Q}\left|f(x)-P_{Q} f(x)\right|^{p} d x\right)^{\frac{1}{p}} & \leq\left(f_{Q}|f(x)-\pi(x)|^{p} d x\right)^{\frac{1}{p}}+\left(f_{Q}\left|P_{Q}(f-\pi)(x)\right|^{p} d x\right)^{\frac{1}{p}} \\
& \leq(1+\gamma)\left(f_{Q}|f(x)-\pi(x)|^{p} d x\right)^{\frac{1}{p}}
\end{aligned}
$$

by (4.15).
Before we state the main results of this section, we introduce the sharp maximal function in this polynomial context, which has form one can expect.

## Definition 4.41

Let $f \in L_{l o c}^{1}\left(\mathbb{R}^{n}\right)$ and let $k \geq 1$. The polynomial sharp maximal function of degree $k$ of $f$ is defined by the expression

$$
M_{k}^{\sharp} f(x)=\sup _{Q \ni x} \frac{1}{|Q|} \int_{Q}\left|f(x)-P_{Q} f(x)\right| d x .
$$

The case $k=0$ corresponds to the usual sharp maximal function.
We state the maximal polynomial theorem, which corresponds to Theorem 4.19 in the polynomial context.

## Theorem 4.42

Let $f \in L_{l o c}^{1}, Q$ a cube, $1<r<\infty$ and $1 \leq p<\infty$. Then

$$
\left(\frac{1}{w_{r}(Q)} \int_{Q}\left(\frac{M_{Q}\left(f-P_{Q} f\right)(x)}{M_{k}^{\sharp} f(x)}\right)^{p} w(x) d x\right)^{\frac{1}{p}} \leq c_{n} r^{\prime} \gamma p
$$

Proof of Theorem 4.42. Fix $L>1$ and make the Calderón-Zygmund decomposition of the function

$$
F(x)=\frac{\left|f(x)-P_{Q} f(x)\right|}{\operatorname{osc}_{k}(f, Q)}
$$

where now

$$
\operatorname{osc}_{k}(f, Q)=f_{Q}\left|f(y)-P_{Q} f(y)\right| d y
$$

We obtain cubes $\left\{Q_{j}\right\}$ that satisfy:
$-\quad L<f_{Q_{j}} \frac{\left|f(x)-P_{Q} f(x)\right|}{\operatorname{osc}_{k}(f, Q)} d x \leq 2^{n} L$
$-\sum_{Q_{j}}\left|Q_{j}\right| \leq \frac{|Q|}{L}$

- for almost every $x \notin \bigcup_{j} Q_{j}$, it holds $\frac{\left|f(x)-P_{Q} f(x)\right|}{\operatorname{osc}_{k}(f, Q)} \leq L$

Fix one of these cubes $Q_{j}$ and let $x \in Q_{j}$. We can localize by maximality, meaning:
$M_{Q}\left(f-P_{Q}\right)(x)=M_{Q_{j}}\left(f-P_{Q} f\right)(x) \leq M_{Q_{j}}\left(f-P_{Q_{j}} f\right)(x)+M_{Q_{j}}\left(P_{Q_{j}} f-P_{Q} f\right)(x)$.

Now, the function $P_{Q_{j}} f-P_{Q} f$ is not constant, but we can bound it. Indeed, since both are polynomials of degree at most $k, Q_{j} \subset Q$ and both $P_{Q_{j}}$ and $P_{Q}$ are projection operators, we have

$$
P_{Q_{j}} f-P_{Q} f=P_{Q_{j}} f-P_{Q_{j}}\left(P_{Q} f\right)=P_{Q_{j}}\left(f-P_{Q} f\right) .
$$

Therefore, using (4.15) we get

$$
\left|P_{Q_{j}} f(x)-P_{Q} f(x)\right| \leq\left|P_{Q_{j}}\left(f-P_{Q}\right)(x)\right| \leq \gamma f_{Q_{j}}\left|f-P_{Q} f\right| \leq 2^{n} L \gamma \operatorname{osc}_{k}(f, Q)
$$

And, since the maximal function is bounded in $L^{\infty}$ with norm one, we directly have

$$
M_{Q_{j}}\left(P_{Q_{j}} f-P_{Q} f\right)(x) \leq \gamma 2^{n} L \operatorname{osc}_{k}(f, Q)
$$

Now, this means that for $x \in Q_{j}$,

$$
\frac{M_{Q}\left(f-P_{Q} f\right)(x)}{M_{k}^{\sharp} f(x)} \leq 2^{n} L \gamma+\frac{M_{Q_{j}}\left(f-P_{Q_{j}} f\right)(x)}{M_{k}^{\sharp} f(x)}
$$

and therefore

$$
\begin{aligned}
&\left(\frac{1}{w_{r}(Q)} \int_{Q}\right.\left.\left(\frac{M_{Q}\left(f-P_{Q} f\right)(x)}{M_{k}^{\sharp} f(x)}\right)^{p} w(x) d x\right)^{\frac{1}{p}} \\
& \leq 2^{n} L \gamma+\left(\frac{1}{w_{r}(Q)} \sum_{j} \frac{w_{r}\left(Q_{j}\right)}{w_{r}\left(Q_{j}\right)} \int_{Q_{j}}\left(\frac{M_{Q_{j}}\left(f-P_{Q_{j}} f\right)(x)}{M^{\sharp} f(x)}\right)^{p} w(x) d x\right)^{\frac{1}{p}} \\
& \quad \leq 2^{n} \gamma L+\frac{X}{L^{\frac{1}{p}}} .
\end{aligned}
$$

From here, the result follows as in the proof of Theorem 4.19.
Finally, we state the polynomial version of Theorem 4.14. We introduce the weighted polynomial BMO norm, that is, for a certain weight $w$ we define

$$
\|f\|_{\mathrm{BMO}_{k}^{r}(w)}:=\sup _{Q} \frac{1}{w_{r}(Q)} \int_{Q}\left|f-P_{Q} f\right| .
$$

## Theorem 4.43

Let $1<p<\infty$ and $r>1$. Let $w$ a weight and $f$ a function satisfying $[w]_{A_{p}^{r}}<\infty$ and $\|f\|_{\mathrm{BMO}_{k}^{r}(w)}<\infty$. Then

$$
\left(\frac{1}{w_{r}(Q)} \int_{Q}\left|\frac{f(x)-P_{Q} f}{w(x)}\right|^{p^{\prime}} w(x) d x\right)^{\frac{1}{p^{\prime}}} \leq c_{n} \gamma p^{\prime}\left([w]_{A_{p}^{r}}\right)^{\frac{1}{p}}\left(r^{\prime}\right)^{\frac{1}{p^{\prime}}}\|f\|_{\mathrm{BMO}_{k}^{r}(w)}
$$

Since the proofs of these theorems are very similar to the zero degree case but making only the appropriate changes that have been illustrated in the proof of, Theorem 4.42, we are just going to give a sketch of the proof of Theorem 4.43 mentioning the places in which the main changes have to be made.

Sketch of the proof of Theorem 4.43. Let us fix $L>1$ to be chosen later and make the mixed-type Calderón-Zygmund decomposition at height $L$ of the function

$$
\left|f-P_{Q} f\right|
$$

That is, we select the maximal cubes $\left\{Q_{j}\right\}$ that satisfy

$$
\frac{1}{w_{r}\left(Q_{j}\right)} \int_{Q_{j}}\left|f(y)-P_{Q} f(y)\right| d y>L
$$

As in the proof of Theorem 4.42, these cubes will satisfy
$-\sum_{j} w_{r}\left(Q_{j}\right) \leq \frac{w_{r}(Q)}{L} ;$

- For almost every $x \in Q_{j}$,

$$
\left|P_{Q} f(x)-P_{Q_{j}} f(x)\right| \leq 2^{n} L \gamma \frac{w_{r}\left(Q_{j}^{\prime}\right)}{\left|Q_{j}^{\prime}\right|},
$$

where $Q_{j}^{\prime}$ is the parent of $Q_{j}$;

- $\left|f(x)-P_{Q} f(x)\right| \leq L w(x)$ almost everywhere outside of $\bigcup_{j} Q_{j}$.

Therefore, one can compute as before

$$
\begin{aligned}
& \left(\frac{1}{w_{r}(Q)} \int_{Q}\left(\frac{f(x)-P_{Q} f(x)}{w(x)}\right)^{q} w(x) d x\right)^{\frac{1}{q}} \\
& \leq\left(\frac{1}{w(Q)} \int_{\left(\cup_{j} Q_{j}\right)^{c}} L w(x) d x\right)^{\frac{1}{q}} \\
& \quad+\left(\frac{1}{w_{r}(Q)} \sum_{j} \int_{Q_{j}}\left|P_{Q_{j}} f(x)-P_{Q} f(x)\right|^{q} w(x)^{1-q} d x\right)^{\frac{1}{q}} \\
& \quad \\
& \quad+\left(\frac{1}{w_{r}(Q)} \sum_{j} \int_{Q_{j}}\left(\frac{\left|f(x)-P_{Q_{j}} f(x)\right|}{w(x)}\right)^{q} w(x) d x\right)^{\frac{1}{q}} \\
& = \\
& A_{1}+A_{2}+B .
\end{aligned}
$$

Clearly, $A_{1} \leq L$ and $B \leq \frac{X}{L^{\frac{1}{Q}}}$, where

$$
X=\sup _{R \in \mathcal{D}(Q)}\left(\frac{1}{w_{r}(R)} \int_{R}\left(\frac{\mid f(x)-P_{R} f(x)}{w(x)}\right)^{q} w(x) d x\right)^{\frac{1}{q}}
$$

In order to bound $A_{2}$ we can argue as in the proof of Theorem 4.14 but using the new properties of the Calderón-Zygmund cubes to get

$$
A_{2} \leq 2^{n} \gamma L\left(r^{\prime}\right)^{\frac{1}{q}}\left([w]_{A_{q^{\prime}}^{r}}\right)^{\frac{1}{q^{\prime}}} .
$$

The proof follows as in the proof of Theorem 4.14.
Remark 4.44 One can also obtain $A_{\infty}$ results analogous to Corollaries 4.25 and 4.15.

## 5

## Minimal conditions for BMO

In this chapter, we will discuss the results that were published in the work
[15] Canto, J., Pérez, C., Rela, E. Minimal conditions for BMO to appear in J. Funct. Anal.

The chapter is organized as follows. In Section 5.1 we give a brief introduction to the problem that we deal with in this chapter. In Section 5.2, we introduce the Luxemburg-type expressions that will be used throughout the chapter. The main result, that is, Theorem 5.5 in which we prove the minimality conditions for the classical space BMO, comes in Section 5.3. In the last two sections, Sections 5.4 and 5.5, generalizations of the main result are give, in spaces of homogeneous type and non-doubling measures in $\mathbb{R}^{n}$ respectively. Finally, we also consider rectangle-based BMO, which is sometimes called bmo.

### 5.1 Introduction

In the previous chapter, we discussed the John-Nirenberg Theorem 4.5. In that theorem, a self-improvement property was established for functions in BMO, providing a local exponential integrability estimate. Moreover, no better self-improvement can be found, so the John-Nirenberg theorem is the maximal integrability condition for BMO.

The main concern of this chapter is precisely the opposite problem: instead of studying self-improvement properties with BMO as an starting point, we want to find how much we can weaken the initial starting point but still self-improve back to BMO. More precisely, we show that the membership of a given function to BMO can be obtained from a much weaker condition on generalized averages defined by Luxemburg type norms.

Even though this problem was already addressed in a qualitative fashion by John in [65] and later by Strömberg in [113], our point of view is more quantitative, motivated by the recent work [90] which in turn was motivated by [91]. Our results extend those in [90], giving more precise estimates that can also be applied to different contexts such as spaces of homogeneous type or non-doubling measures in $\mathbb{R}^{n}$.

### 5.2 BMO through Luxemburg

One of the main tools in this chapter concerns Orlicz-type spaces. We refer to [116] for a general discussion of the theory. These spaces provide a more precise way of studying integrability of functions, because they expand the scale of $L^{p}$-integrability.

Although the general theory of Orlicz spaces deals with convex functions, these spaces can be defined for quite general functions. Our concern in this work is with functions $\varphi$ which are concave, increasing and satisfy $\varphi(0)=0$ and $\varphi(t) \rightarrow \infty$ as $t \rightarrow \infty$.

Let us begin our discussion in $\mathbb{R}^{n}$, for simplicity. Generalizing these concepts to other spaces, such as spaces of homogeneous type is fairly straightforward, see Section 5.4.

## Definition 5.1

Let $Q$ be a cube in $R^{n}$ and let $\varphi:[0, \infty] \rightarrow[0, \infty]$ be an non-decreasing function. The Orlicz-type space $L_{\varphi}\left(Q, \frac{d x}{|Q|}\right)$ with respect to $\varphi$ is defined as the set of functions $f$ for which there exists some $\lambda>0$ such that

$$
\begin{equation*}
f_{Q} \varphi\left(\frac{|f(x)|}{\lambda}\right) d x<\infty \tag{5.1}
\end{equation*}
$$

Expression (5.1) is not homogeneous in $f$, so in order to have an expression that is actually homogeneous, we introduce the quantity

$$
\begin{equation*}
\|f\|_{\varphi, Q}=\inf \left\{\lambda>0: f_{Q} \varphi\left(\frac{|f(x)|}{\lambda}\right) d x \leq 1\right\} . \tag{5.2}
\end{equation*}
$$

## Proposition 5.2

Let $\varphi$ be a convex function such that $\varphi(0)=0$. Then (5.2) is a norm.

Proof. The only property that is not trivial is the triangular inequality, which is where convexity is actually used. Let $f, g$ be two functions defined on $Q$. We need to prove

$$
\|f+g\|_{\varphi, Q} \leq\|f\|_{\varphi, Q}+\|g\|_{\varphi, Q}
$$

In our work, the function $\varphi$ will not be convex but concave, so in this case, (5.2) will not satisfy the triangular inequality in general and thus it is not a norm. However, we will use sometimes the word "norm" even though (5.2) is not a norm in the usual sense. Nevertheless, using the concavity we can prove a relation with the $L^{1}$-norm in the cube

## Proposition 5.3

Let $\varphi$ be a concave function and $Q$ be a cube in $\mathbb{R}^{n}$. Then,

$$
\|f\|_{\varphi, Q} \leq \frac{1}{\varphi^{-1}(1)}\|f\|_{L^{1}\left(Q, \frac{d x}{|Q|}\right)}
$$

Proof. Let us use $\lambda=\frac{1}{\varphi^{-1}(1)}\|f\|_{L^{1}\left(Q, \frac{d x}{|Q|}\right)}$ as a test number for (5.2). Then,

$$
\begin{aligned}
f_{Q} \varphi\left(\frac{|f(x)|}{\frac{1}{\varphi^{-1}(1)}\|f\|_{L^{1}\left(Q, \frac{d x}{|Q|}\right)}}\right) d x & \leq \varphi\left(\varphi^{-1}(1) f_{Q} \frac{|f(x)|}{\|f\|_{L^{1}\left(Q, \frac{d x}{|Q|}\right)}} d x\right) \\
& =\varphi\left(\varphi^{-1}(1)\right) \\
& =1
\end{aligned}
$$

where we used Jensen's inequality in the first inequality, since $\varphi$ is concave.
Finally, we define the appropriate BMO space in this context. A way of doing so might be to substitute the $L^{1}$ norm in the oscillation by means of (5.2), that is,

$$
\sup _{Q}\left\|f-f_{Q}\right\|_{\varphi, Q}
$$

where the supremum is taken over all cubes $Q$. But since $f$ might not be a priori locally integrable, using the average $f_{Q}$ is not really allowed. We note that, in the classical BMO we have, as noted in Proposition 4.4

$$
\begin{equation*}
\inf _{c \in \mathbb{C}} f_{Q}|f(x)-c| d x \leq f_{Q}\left|f(x)-f_{Q}\right| d x \leq \frac{1}{2} \inf _{c \in \mathbb{C}} f_{Q}|f(x)-c| d x \tag{5.3}
\end{equation*}
$$

Therefore, we introduce the $\mathrm{BMO}_{\varphi}$ space using a similar expression to (5.3)

## Definition 5.4

Let $\varphi$ be a function on $[0, \infty]$. The space $\mathrm{BMO}_{\varphi}$ is defined as the set of functions $f$ such that the quantity

$$
\begin{align*}
\|f\|_{\mathrm{BMO}_{\varphi}} & =\sup _{Q} \inf _{c}\|f-c\|_{\varphi, Q}  \tag{5.4}\\
& =\sup _{Q} \inf _{c} \inf \left\{\lambda>0: f_{Q} \varphi\left(\frac{|f(x)-c|}{\lambda}\right) d x \leq 1\right\},
\end{align*}
$$

is finite. The supremum is taken over all cubes $Q$.

One easy but key observation is that, if $\|f\|_{\mathrm{BMO}_{\varphi}} \leq 1$, then for each $Q$ there exits a constant $c_{Q}$ such that

$$
f_{Q} \varphi\left(\left|f(x)-c_{Q}\right|\right) d x \leq 2 .
$$

This definition of $\mathrm{BMO}_{\varphi}$ can naturally be generalized to other contexts such as SHT, $\mathbb{R}^{n}$ with a more general measure or even the basis of rectangles.

We will focus on the special class of increasing and concave functions $\varphi$ in $[0, \infty)$ with $\varphi(0)=0$ and $\varphi(t) \rightarrow \infty$ as $t \rightarrow \infty$. Such functions must be continuous and subadditive, that is,

$$
\varphi\left(t_{1}+t_{2}\right) \leq \varphi\left(t_{1}\right)+\varphi\left(t_{2}\right) .
$$

### 5.3 Minimal condition for BMO

Without further ado, let us state the main result of this chapter.

## Theorem 5.5

Let $\varphi$ be an increasing, concave function with $\varphi(0)=0$ and such that $\lim _{t \rightarrow \infty} \varphi(t)=$ $+\infty$. Then $\mathrm{BMO}_{\varphi}=\mathrm{BMO}$ with the following quantitative estimates:

$$
\varphi^{-1}(1)\|f\|_{\text {ВМО }_{\varphi}} \leq\|f\|_{\text {ВМО }} \leq\left(2 \varphi^{-1}(4)+\varphi^{-1}\left(2+2^{n+2}\right)\right)\|f\|_{\text {ВМО }_{\varphi}} .
$$

Remark 5.6 Although concavity of $\varphi$ is needed for the first inequality above, just subadditivity is sufficient for the second inequality. This observation could be useful for other circumstances or functions $\varphi$.

Proof of Theorem 5.5. The first inequality follows from Proposition 5.3 in Section 5.2, so we need only to prove the second one.

Let us fix a function $f \in \mathrm{BMO}_{\varphi}$ with norm one, and let us fix a cube $Q$. Then we can find a constant $c_{Q}$ such that

$$
\begin{equation*}
f_{Q} \varphi\left(\left|f(x)-c_{Q}\right|\right) d x \leq 2 \tag{5.5}
\end{equation*}
$$

Recall that the goal here is to bound the oscillation of $f$ uniformly over all cubes. To that end, we introduce the quantity

$$
X=\sup _{Q \text { cube }} f_{Q}\left|f(x)-c_{Q}\right| d x,
$$

where $c_{Q}$ is such that (5.5) holds for $Q$. Note that by last property in Proposition (4.4) it is enough to show that the bound claimed in the theorem holds for this quantity. At certain point we will need to manipulate this $X$, so we need to start by assuming that it is finite. In order to do that, we will work with the following truncated quantity, that is,

$$
\begin{equation*}
X_{m}=\sup _{Q \text { cube }} f_{Q} \min \left\{\left|f(x)-c_{Q}\right|, m\right\} d x, \quad m \geq 1 . \tag{5.6}
\end{equation*}
$$

We consider here the usual dyadic Calderón-Zygmund decomposition of $\varphi\left(\left|f-c_{Q}\right|\right)$ adapted to $Q$ at height $L>2$, see Section 1.4.3 for more details. The result is the collection $\left\{Q_{j}\right\}$ of maximal dyadic subcubes of $Q$ satisfying

$$
\begin{aligned}
& -\quad L<f_{Q_{j}} \varphi\left(\left|f(x)-c_{Q}\right|\right) d x \leq 2^{n} L \\
& -\quad \varphi\left(\left|f(x)-c_{Q}\right|\right) \leq L, \text { for almost every } x \in Q \backslash \bigcup_{j} Q_{j} \\
& -\quad \frac{1}{|Q|} \sum_{j}\left|Q_{j}\right| \leq \frac{2}{L}
\end{aligned}
$$

Now, let us fix a cube $Q_{j}$. For a point $x \in Q_{j}$, we have

$$
\left|f(x)-c_{Q}\right| \leq\left|f(x)-c_{Q_{j}}\right|+\left|c_{Q}-c_{Q_{j}}\right|,
$$

where $c_{Q_{j}}$ is a constant so that $f_{Q_{j}} \varphi\left(\left|f-c_{Q_{j}}\right|\right) \leq 2$. We bound the second term as follows:

$$
\begin{aligned}
\left|c_{Q}-c_{Q_{j}}\right| & =\varphi^{-1}\left(f_{Q_{j}} \varphi\left(\left|c_{Q}-c_{Q_{j}}\right|\right) d x\right) \\
& \leq \varphi^{-1}\left(f_{Q_{j}} \varphi\left(\left|f(x)-c_{Q}\right|\right) d x+f_{Q_{j}} \varphi\left(\left|f(x)-c_{Q_{j}}\right|\right) d x\right) \\
& \leq \varphi^{-1}\left(2^{n} L+2\right)
\end{aligned}
$$

Here we have used the definition of the norm $\|f\|_{\mathrm{BMO}_{\varphi}}$, the properties of the CalderónZygmund decomposition, and the fact that $\varphi$ is subadditive and $\varphi^{-1}$ increasing.

We now proceed to estimate

$$
f_{Q} \min \left\{\left|f(x)-c_{Q}\right|, m\right\} d x
$$

for $m \in \mathbb{N}$. We split the cube into the two sets: $\bigcup_{j} Q_{j}$ and $Q \backslash \bigcup_{j} Q_{j}$. On the first one, we have a good pointwise estimate on the size of $f-c_{Q}$. On the second, we will use that the CZ cubes are disjoint and the previous estimate. We will use a basic but key inequality: for any choice of positive parameters $a, b$ and $m$, we have that $\min \{a+b, m\} \leq \min \{a, m\}+b$. Now, we start by controlling the integral over $Q \backslash \bigcup Q_{j}$ as

$$
\frac{1}{|Q|} \int_{Q \backslash \cup Q_{j}} \min \left\{\left|f(x)-c_{Q}\right|, m\right\} d x \leq \varphi^{-1}(L)
$$

Taking this into account, we proceed to estimate the average over the cube as follows

$$
\begin{aligned}
f_{Q} \min \left\{\left|f(x)-c_{Q}\right|, m\right\} d x & \leq \varphi^{-1}(L)+\frac{1}{|Q|} \sum_{j} \int_{Q_{j}} \min \left\{\left|f(x)-c_{Q}\right|, m\right\} d x \\
& =\varphi^{-1}(L)+\frac{1}{|Q|} \sum_{j}\left|Q_{j}\right| f_{Q_{j}} \min \left\{\left|f(x)-c_{Q}\right|, m\right\} d x
\end{aligned}
$$

The average over $Q_{j}$ is controlled by using the key property about the minimum, namely

$$
\begin{aligned}
f_{Q_{j}} \min \left\{\left|f(x)-c_{Q}\right|, m\right\} d x & \leq f_{Q_{j}} \min \left\{\left|f(x)-c_{Q_{j}}\right|+\left|c_{Q}-c_{Q_{j}}\right|, m\right\} d x \\
& \leq f_{Q_{j}} \min \left\{\left|f(x)-c_{Q_{j}}\right|, m\right\} d x+\left|c_{Q}-c_{Q_{j}}\right| \\
& \leq X_{m}+\varphi^{-1}\left(2+2^{n} L\right) .
\end{aligned}
$$

Therefore, collecting estimates we get

$$
\begin{aligned}
f_{Q} \min \left\{\left|f(x)-c_{Q}\right|, m\right\} d x & \leq \varphi^{-1}(L)+\frac{1}{|Q|} \sum_{j}\left|Q_{j}\right|\left(X_{m}+\varphi^{-1}\left(2+2^{n} L\right)\right) \\
& \leq \varphi^{-1}(L)+\frac{2 X_{m}}{L}+\frac{2}{L} \varphi^{-1}\left(2+2^{n} L\right),
\end{aligned}
$$

where $X_{m}$ is the quantity defined by (5.6), which is trivially bounded by $m$. Then, we can also take the supremum on the left hand side to obtain

$$
X_{m} \leq \varphi^{-1}(L)+\frac{2}{L} \varphi^{-1}\left(2+2^{n} L\right)+\frac{2 X_{m}}{L} .
$$

Now take $L=4$ and absorb $X_{m}$ into the LHS,

$$
X_{m} \leq 2 \varphi^{-1}(4)+\varphi^{-1}\left(2+2^{n+2}\right)
$$

and hence for any cube $Q$ and for any $m \in \mathbb{N}$,

$$
f_{Q} \min \left\{\left|f(x)-c_{Q}\right|, m\right\} d x \leq 2 \varphi^{-1}(4)+\varphi^{-1}\left(2+2^{n+2}\right),
$$

and letting $m \rightarrow \infty$ concludes the proof of the theorem.
Theorem 5.5 can be seen as an improvement of the main result from [90]. There, the authors deal with a quantity similar to (5.4) defined as

$$
\begin{equation*}
K_{\varphi, Q}(f)=\sup _{J \text { subcube } Q} f_{J} \varphi\left(\left|f(x)-f_{J}\right| d x\right) . \tag{5.7}
\end{equation*}
$$

They obtain, under some conditions on $\varphi^{\prime}, \varphi^{\prime \prime}$ and $\varphi^{\prime \prime \prime}$, that the finiteness of $K_{\varphi, Q}(f)$ implies the membership of $f$ to $\operatorname{BMO}(Q)$. Their approach is based on the Bellman function method, and they obtain quantitative upper and lower bounds on $\|f\|_{\text {BMO }}$ in terms of (5.7). However, their estimates are not homogeneous which might be a drawback for some applications.

Our proof here is based in the classical (dyadic) Calderón-Zygmund decomposition at a local level on a given cube $Q$. The method is transparent and allows to precisely track the involved constants to give the result in Theorem 5.5 without any regularity hypothesis on $\varphi$. Furthermore, our proof yields homogeneous estimates and it does not require a priori local integrability for $f$.

We can go even further in the search for minimal conditions on the function $\varphi$. We mention that in [90], the main result can be extended to almost any measurable function $\varphi$ going to infinity at infinity. Our method is also able to produce a similar result.

## Theorem 5.7

Let $\psi:[0, \infty) \rightarrow[0, \infty)$ be any measurable function such that $\psi(0)=0$ and $\lim _{t \rightarrow \infty} \psi(t)=+\infty$. Then

$$
\begin{equation*}
\|f\|_{\mathrm{BMO}} \leq c_{n, \psi}\|f\|_{\mathrm{BMO}_{\psi}} \tag{5.8}
\end{equation*}
$$

The main idea for the proof is to replace a general function $\psi$ going to $+\infty$ with a related function $\varphi$ for which we can apply Theorem 5.5.

Proof of Theorem 5.7. Let $\psi:[0,+\infty) \rightarrow[0,+\infty)$ be a function such that $\psi(0)=0$ and $\lim _{t \rightarrow \infty} \psi(t)=+\infty$. Just by using the hypothesis on the behavior of $\psi$ at infinity, we can find some non negative $t_{0} \in[0, \infty)$ (depending on $\psi$ ) and a polygonal function $\varphi:[0,+\infty) \rightarrow[0,+\infty)$ which will be concave for large values of $t$ and smaller than $\psi$.

More precisely, we will have that $\varphi(t)=0$ for all $t \leq t_{0}$ (we need to wait until $\psi$ goes away from zero). Then, for $t \geq t_{0}, \varphi$ will be constructed as a polygonal consisting of consecutive segments with endpoints $\left(t_{n}, n\right),\left(t_{n+1}, n+1\right)$ with $n \in \mathbb{N}$ chosen in such a way that the resulting polygonal is continuous, concave and such that $\varphi(t) \leq \psi(t)$ for all $t \in[0, \infty)$. Using this auxiliary function and since we have immediately that

$$
\|f\|_{\mathrm{BMO}_{\varphi}} \leq\|f\|_{\mathrm{BMO}_{\psi}},
$$

we will prove (5.8) for the new function $\varphi$ instead of $\psi$. An inspection of the proof of Theorem 5.5 shows that the key step is to obtain

$$
\left|c_{Q}-c_{Q_{j}}\right| \leq \varphi^{-1}\left(2^{n} L+2\right)
$$

where the subadditivity is used. Here, we proceed as follows using the layer cake formula, see Section 1.4.3. Write $A(x)=\left|c_{Q}-f(x)\right|$ and $B(x)=\left|f(x)-c_{Q_{j}}\right|$, so

$$
\begin{aligned}
\int_{Q_{j}} \varphi\left(\left|c_{Q}-c_{Q_{j}}\right|\right) d x & \leq \int_{Q_{j}} \varphi\left(\left|c_{Q}-f(x)\right|+\left|f(x)-c_{Q_{j}}\right|\right) d x \\
& =\int_{0}^{\infty} \varphi^{\prime}(t)\left|\left\{x \in Q_{j}: A(x)+B(x)>t\right\}\right| d t \\
& =I .
\end{aligned}
$$

Note that $\varphi$ is differentiable almost everywhere since it is a polygonal. We can split the integral at $t=2 t_{0}$ to obtain

$$
\begin{aligned}
I & =\int_{0}^{2 t_{0}} \varphi^{\prime}(t)|\{A+B>t\}| d t+\int_{2 t_{0}}^{\infty} \varphi^{\prime}(t)|\{A+B>t\}| d t \\
& \leq\left|Q_{j}\right| \varphi\left(2 t_{0}\right)+\int_{2 t_{0}}^{\infty} \varphi^{\prime}(t)|\{A>t / 2\}| d t+\int_{2 t_{0}}^{\infty} \varphi^{\prime}(t)|\{B>t / 2\}| d t \\
& =\left|Q_{j}\right| \varphi\left(2 t_{0}\right)+2 \int_{t_{0}}^{\infty} \varphi^{\prime}(2 u)|\{A>u\}| d u+2 \int_{t_{0}}^{\infty} \varphi^{\prime}(2 u)|\{B>u\}| d u .
\end{aligned}
$$

Now we use that the derivative function $\varphi^{\prime}$ is non negative and decreasing in $\left(t_{0}, \infty\right)$, and so we obtain

$$
\begin{aligned}
I & \leq\left|Q_{j}\right| \varphi\left(2 t_{0}\right)+2 \int_{t_{0}}^{\infty} \varphi^{\prime}(u)|\{A>u\}| d u+2 \int_{t_{0}}^{\infty} \varphi^{\prime}(u)|\{B>u\}| d u \\
& \leq\left|Q_{j}\right| \varphi\left(2 t_{0}\right)+2 \int_{0}^{\infty} \varphi^{\prime}(u)|\{A>u\}| d u+2 \int_{0}^{\infty} \varphi^{\prime}(u)|\{B>u\}| d u
\end{aligned}
$$

$$
=\left|Q_{j}\right| \varphi\left(2 t_{0}\right)+2 \int_{Q_{j}} \varphi\left(\left|f(x)-c_{Q}\right|\right) d x+2 \int_{Q_{j}} \varphi\left(\left|f(x)-c_{Q_{j}}\right|\right) d x
$$

Finally, dividing by the measure of $Q_{j}$ we obtain a similar estimate as in the original proof. Indeed, whenever $\left|c_{Q}-c_{Q_{j}}\right| \geq t_{0}$, we obtain

$$
\begin{aligned}
\left|c_{Q}-c_{Q_{j}}\right| & =\varphi^{-1}\left(f_{Q_{j}} \varphi\left(\left|c_{Q}-c_{Q_{j}}\right|\right) d f\right) \\
& \leq \varphi^{-1}\left(\varphi\left(2 t_{0}\right)+2 f_{Q_{j}} \varphi\left(\left|f-c_{Q}\right|\right) d x+2 f_{Q_{j}} \varphi\left(\left|f-c_{Q_{j}}\right|\right) d x\right) \\
& \leq \varphi^{-1}\left(\varphi\left(2 t_{0}\right)+2^{n+1} L+4\right)
\end{aligned}
$$

where $\varphi^{-1}$ is the inverse of $\varphi$ restricted to $\left[t_{0},+\infty\right)$. Otherwise, we simply bound $\left|c_{Q}-c_{Q_{j}}\right| \leq t_{0}$ with the obvious consequences over the final estimate. From here, the proof follows the same steps as in Theorem 5.5 to obtain

$$
\|f\|_{\mathrm{BMO} \leq c_{n, \varphi}\|f\|_{\mathrm{BMO}_{\varphi}} \leq c_{n, \psi}\|f\|_{\mathrm{BMO}_{\psi}} . ~}^{\text {. }}
$$

### 5.4 Spaces of homogeneous type

The method of proof of Theorem 5.5 is flexible enough to also solve the same problem in various different settings. We will prove the same result in the context of spaces of homogeneous type where the space $(\mathbb{X}, d, \mu)$ is endowed with a quasi metric and a doubling measure. Let us give the precise definition.

## Definition 5.8 - Space of homogeneous type

A space of homogeneous type is a triplet $(\mathbb{X}, d, \mu)$ consisting on a point set $\mathbb{X}$, a quasimetric $d$, and a doubling measure $\mu$. More precisely, $d$ is a function $d: \mathbb{X} \times \mathbb{X} \rightarrow[0, \infty)$ such that
$-\quad d(x, y)=0$ if and only if $x=y ;$
$-\quad d(x, y)=d(y, x)$ for all $x, y \in \mathbb{X} ;$
$-\quad d(x, z) \leq \kappa(d(x, y)+d(y, z))$ for all $x, y, z \in \mathbb{X}$.
The constant $\kappa$ is called the quasi-metric constant of $\mathbb{X}$. Moreover, we assume that the open balls with respect to $d$ are measurable and that there exists a constant, $c_{\mu}>0$, which we call the doubling constant of $\mu$ such that

$$
\begin{equation*}
\mu(B(x, 2 r)) \leq c_{\mu} \mu(B(x, r)) \tag{5.9}
\end{equation*}
$$

for all $x \in \mathbb{X}$ and all $r>0$.

Even if $d$ is a quasi-metric and not a metric, we can define balls of center $x \in \mathbb{X}$ and radius $r>0$ as

$$
B(x, r)=\{y \in \mathbb{X}: d(x, y)<r\}
$$

By [92], we may assume that these balls are measurable, since we can define an equivalent quasi-norm for which they actually are measurable. Thus, Definition 5.8 is coherent.

Let $c$ is the smallest constant for which (5.9) holds. The number $D=\log _{2} c$ is usually called the doubling order of $\mu$. Then by iterating, we have

$$
\begin{equation*}
\frac{\mu(B)}{\mu(P)} \leq c_{\mu, \kappa}\left(\frac{r(B)}{r(P)}\right)^{D} \tag{5.10}
\end{equation*}
$$

for every pair $P, B$ of balls such that $P \subset B$.
Let us now define the BMO and $\mathrm{BMO}_{\varphi}$ spaces in spaces of homogeneous type.

## Definition 5.9

For a function $\varphi$ we define the $\|f\|_{\mathrm{BMO}_{\varphi}(\mathbb{X})}$ and the corresponding class as:

$$
\|f\|_{\mathrm{BMO}_{\varphi}(\mathbb{X})}:=\sup _{B} \inf _{c \in \mathbb{R}} \inf \left\{\lambda>0: f_{B} \varphi\left(\frac{|f(x)-c|}{\lambda}\right) d \mu(x) \leq 1\right\}
$$

where the supremum is taken over all balls $B \subset \mathbb{X}$. We also define $\mathrm{BMO}(\mathbb{X})$ with the quantity

$$
\|f\|_{\mathrm{BMO}(\mathbb{X})}=\sup _{B} \inf _{c} f_{B}|f-c| d \mu .
$$

## Theorem 5.10

Let $\varphi$ satisfy the same condition as in Theorem 5.5. Then $\mathrm{BMO}(\mathbb{X})=\mathrm{BMO}_{\varphi}(\mathbb{X})$ and

$$
\varphi^{-1}(1)\|f\|_{\mathrm{BMO}_{\varphi}(\mathbb{X})} \leq\|f\|_{\mathrm{BMO}(\mathbb{X})} \leq c_{\varphi, \mu}\|f\|_{\mathrm{BMO}_{\varphi}(\mathbb{X})}
$$

The proof of this theorem requires an adapted version of the classical CalderónZygmund decomposition theorem and some other covering lemmas that we will develop accordingly.

In view of Lemma 1.2 , we define, for a ball $B$, the dilation

$$
B^{*}=\kappa(4 \kappa+1) B
$$

We also fix the following notation for dilations. Fix $\gamma>\kappa$ and we set

$$
\tilde{B}:=\gamma B
$$

This is needed because when doing the Vitali covering, dilating the balls may result in going outside the original ball $B$, but the following lemma guaranties that the dilated balls stay inside of $\tilde{B}$. For a ball $B$ we denote by $x_{B}$ and $r(B)$ the center and radius of $B$ respectively.

## Lemma 5.11

Let $B$ be a ball and let $\varepsilon>0$. There exists $L>1 \mathrm{big}$ enough so that if $P$ is another ball with center in $B$ and satisfying

$$
\mu(P) \leq \frac{\mu(\tilde{B})}{L}
$$

then $r(P) \leq \varepsilon r(B)$. If $\varepsilon$ is small enough, this also implies $P^{*} \subset \tilde{B}$.

Proof. By contradiction, suppose that there exists some $\alpha>1$ such that $r(P) \geq \alpha r(B)$ with $\alpha$ independent from $L$. This implies $\tilde{B} \subset \kappa(\gamma+1) \frac{1}{\alpha} P$. Indeed, for $y \in \tilde{B}$,

$$
\begin{aligned}
d\left(y, x_{P}\right) & \leq \kappa\left(d\left(y, x_{B}\right)+d\left(x_{B}, x_{P}\right)\right) \\
& \leq \kappa(\gamma r(B)+r(B)) \\
& \leq \kappa(\gamma+1) \frac{1}{\alpha} r(P) .
\end{aligned}
$$

This bound on the radii will imply a bound on the measures. Indeed, by (5.10),

$$
\begin{aligned}
\mu(\tilde{B}) \leq \mu\left(\frac{(\gamma+1) \kappa}{\alpha} P\right) & \leq c_{\mu, \kappa}\left(\frac{(\gamma+1) \kappa}{\alpha}\right)^{D} \mu(P) \\
& \leq \frac{c_{\mu, \kappa}}{L}\left(\frac{(\gamma+1) \kappa}{\alpha}\right)^{D} \mu(\tilde{B}) .
\end{aligned}
$$

This implies that $c_{\mu, \kappa}\left(\frac{(\gamma+1) \kappa}{\alpha}\right)^{D} \geq L$ which is not possible for $L$ big enough.
Now we prove the last statement. We set $y \in P^{*}$ and we want to see $y \in \gamma B=\tilde{B}$. Indeed,

$$
\begin{aligned}
d\left(y, c_{B}\right) & \leq \kappa\left(d\left(y, c_{P}\right)+d\left(c_{P}, c_{B}\right)\right) \\
& \leq \kappa(\kappa(4 \kappa+1) \varepsilon r(B)+r(B)) \\
& \leq \kappa(\kappa(4 \kappa+1) \varepsilon+1) r(B) .
\end{aligned}
$$

Now, since $\gamma>\kappa$, there exists $\varepsilon>0$ small enough such that

$$
\kappa(\kappa(4 \kappa+1) \varepsilon+1) \leq \gamma .
$$

Thus, $y \in \tilde{B}$ and we are done.
Proof of Theorem 5.10. Assume that $\|f\|_{\mathrm{BMO}_{\varphi}(\mathbb{X})}=1$. Set for a ball $P$ a constant $c_{P}$ such that

$$
f_{P} \varphi\left(\left|f(x)-c_{P}\right|\right) d x \leq 2 .
$$

We are going to set $X$ in a slightly different way from before, namely

$$
X=\sup _{P} f_{P}\left|f(x)-c_{\tilde{P}}\right| d x .
$$

Notice that the ball of the integral and the one inside are related but not the same. Nevertheless, it is clear that $\|f\|_{\text {BMO }} \leq X$. As in the proof of Theorem 5.5, the hypothesis $X<\infty$ will be needed. This can be obtained via a truncation argument as in that proof, but we omit it for the sake of clarity. Thus, we may assume that $X<\infty$.

Now let us begin with the actual proof. Fix a ball $B$ and $L>1$ to be precised later. We make a decomposition in balls of the function $\varphi\left(\left|f-c_{\tilde{B}}\right|\right)$ in the spirit of Calderón-Zygmund and using the Vitali covering. By that, we mean the following process.

We are going to make a covering by balls of the set

$$
\Omega_{L}=\left\{x \in B: \varphi\left(\left|f(x)-c_{\tilde{B}}\right|\right)>L\right\} .
$$

By the Lebesge differentiation theorem, for any $x \in \Omega_{L}$, there exists a ball $B_{x}$ centered at $x$ and contained in $\tilde{B}$ and such that

$$
\begin{equation*}
f_{B_{x}} \varphi\left(\left|f(y)-c_{\tilde{B}}\right|\right) d \mu(y)>L \tag{5.11}
\end{equation*}
$$

Moreover, we can choose this $B_{x}$ to be maximal with respect to the radius. That is, any other ball $B_{x}^{\prime} \subset \tilde{B}$ satisfying (5.11) must also satisfy $r\left(B_{x}^{\prime}\right) \leq 2 r\left(B_{x}\right)$. This can be done since all balls contained in $\tilde{B}$ have bounded radius.

Now we have a family $\mathcal{B}=\left\{B_{x}\right\}_{x}$ and we apply the Vitali Lemma 1.2 to get a "maximal" subfamily $\mathcal{B}^{\prime}=\left\{B_{j}\right\}$. If $L$ is big enough, we can apply Lemma 5.11 and this ensures that $B_{j}^{*} \subset \tilde{B}$ and, by the maximality of the radius of each of the $B_{j}$, since $r\left(B_{j}^{*}\right) \geq 2 r\left(B_{j}\right)$,

$$
f_{B_{j}^{*}} \varphi\left(\left|f(y)-c_{\tilde{B}}\right|\right) d \mu(y) \leq L
$$

Moreover, we have the estimate

$$
\begin{aligned}
\sum_{j} \mu\left(B_{j}\right) & \leq \frac{1}{L} \sum_{j} \int_{B_{j}} \varphi\left(\left|f(x)-c_{\tilde{B}}\right|\right) d x \\
& \leq \frac{1}{L} \int_{\tilde{B}} \varphi\left(\left|f(x)-c_{\tilde{B}}\right|\right) d x \\
& \leq \frac{2}{L} \mu(\tilde{B}) \leq \frac{C_{\mathbb{X}}}{L} \mu(B)
\end{aligned}
$$

where $C_{\mathbb{X}}$ denotes a constant depending on the doubling property of $\mu$.
Let us summarize all the properties of the family $\left\{B_{j}\right\}$ :

- The balls $B_{j}$ are pairwise disjoint and all contained in $\tilde{B}$.

$$
-\quad \Omega_{L} \subset \cup_{j} B_{j}^{*}
$$

$-\quad$ The balls $B_{j}^{*}$ are contained in $\tilde{B}$ and $f_{B_{j}^{*}} \varphi\left(\left|f(x)-c_{\tilde{B}}\right|\right) d x \leq L$.
$-\quad \sum_{j} \mu\left(B_{j}^{*}\right) \leq C_{\mathbb{X}} \sum_{j} \mu\left(B_{j}\right) \leq \frac{C_{\mathbb{X}}}{L} \mu(B)$.
Now we begin to estimate $f\left|f(x)-c_{\tilde{B}}\right| d x$.

$$
\begin{aligned}
f_{B}\left|f(x)-c_{\tilde{B}}\right| d \mu(x) & \leq \frac{1}{\mu(B)} \int_{\left(\Omega_{L}\right)^{c}}\left|f(x)-c_{\tilde{B}}\right| d \mu(x)+\frac{1}{\mu(B)} \int_{\Omega_{L}}\left|f(x)-c_{\tilde{B}}\right| d x \\
& \leq \varphi^{-1}(L)+\frac{1}{\mu(B)} \sum_{j} \int_{B_{j}^{*}}\left|f(y)-c_{\tilde{B}}\right| d \mu(y) \\
& \leq \varphi^{-1}(L)+\frac{1}{\mu(B)} \sum_{j} \int_{B_{j}^{*}}\left(\left|f(y)-c_{\widetilde{B_{j}^{*}}}\right|+\left|c_{\tilde{B}}-c_{\widetilde{B_{j}^{*}}}\right|\right) d \mu(y) \\
& =(*)
\end{aligned}
$$

We now estimate $\left|c_{\tilde{B}}-c_{\widetilde{B_{j}^{*}}}\right|$ :

$$
\left|c_{\tilde{B}}-c_{\widetilde{B_{j}^{*}}}\right|=\varphi^{-1}\left(f_{B_{j}^{*}} \varphi\left(\left|c_{\tilde{B}}-c_{\widetilde{B_{j}^{*}}}\right|\right) d \mu(y)\right)
$$

$$
\begin{aligned}
& \leq \varphi^{-1}\left(f_{B_{j}^{*}} \varphi\left(\left|f(y)-c_{\tilde{B}}\right|\right) d \mu(y)+f_{B_{j}^{*}} \varphi\left(\left|f(y)-c_{\widetilde{B_{j}^{*}}}\right|\right) d \mu(y)\right) \\
& \leq \varphi^{-1}\left(L+C_{\mathbb{X}} f_{\widetilde{B_{j}^{*}}} \varphi\left(\left|f(y)-c_{\widetilde{B_{j}^{*}}}\right|\right) d \mu(y)\right) \\
& \leq \varphi^{-1}\left(L+2 C_{\mathbb{X}}\right) .
\end{aligned}
$$

And therefore,

$$
\begin{aligned}
(*) & \leq \varphi^{-1}(L)+\frac{1}{\mu(B)} \sum_{j} \int_{B_{j}^{*}}\left(\left|f(y)-c_{\widetilde{B_{j}^{*}}}\right|+\varphi^{-1}\left(L+2 C_{\mathbb{X}}\right)\right) d \mu(y) \\
& \leq \varphi^{-1}(L)+\sum_{j} \frac{\mu\left(B_{j}^{*}\right)}{\mu(B)} f_{B_{j}^{*}}\left(\left|f(y)-c_{\widetilde{B_{j}^{*}}}\right|+\varphi^{-1}\left(L+2 C_{\mathbb{X}}\right)\right) d \mu(y) \\
& \leq \varphi^{-1}(L)+C_{\mathbb{X}} \sum_{j} \frac{\mu\left(B_{j}\right)}{\mu(B)}\left(f_{B_{j}^{*}}\left|f(y)-c_{\widehat{B}_{j}^{*}}\right| d \mu(y)+\varphi^{-1}\left(L+2 C_{\mathbb{X}}\right)\right) \\
& \leq \varphi^{-1}(L)+C_{\mathbb{X}} \frac{X}{L}+\frac{C_{\mathbb{X}}}{L} \varphi^{-1}\left(L+2 C_{\mathbb{X}}\right) \\
& \leq C_{L, \mathbb{X}, \varphi}+C_{\mathbb{X}} \frac{X}{L} .
\end{aligned}
$$

In order to finish, we take the supremum on the left, choose $L$ big enough and argue as in the euclidean case.

### 5.5 Non-doubling measures in $\mathbb{R}^{n}$

We will also study the problem in $\mathbb{R}^{n}$ endowed with a quite general non doubling measure $\mu$. The usual requirement is to ask for the measure to be non atomic. In that case, it is known that there is an orthogonal system of coordinates such that $\mu(\partial(Q))=0$ for any cube $Q$ with sides parallel to the axes from that coordinate system, which is assumed to be the canonical one (see [95]). We mention, as an example of such measures, that a very natural choice satisfying these conditions is the class of measures with polynomial growth, meaning that there exists a constant $C>0$ and a positive number $\alpha$ such that

$$
\begin{equation*}
\mu(B(x, r)) \leq C r^{\alpha} \quad x \in \operatorname{supp}(\mu) . \tag{5.12}
\end{equation*}
$$

The natural definitions of BMO and $\mathrm{BMO}_{\varphi}$ in this context are the following. We will say that $f \in \operatorname{BMO}(\mu)$ if

$$
\|f\|_{\operatorname{BMO}(\mu)}:=\sup _{Q} f_{Q}\left|f-f_{Q}\right| d \mu<\infty,
$$

and $f \in \operatorname{BMO}_{\varphi}(\mu)$ if

$$
\|f\|_{\mathrm{BMO}_{\varphi}(\mu)}:=\sup _{Q} \inf _{c \in \mathbb{R}} \inf \left\{\lambda>0: \frac{1}{\mu(Q)} \int_{Q} \varphi\left(\frac{|f-c|}{\lambda}\right) d \mu \leq 1\right\}<\infty .
$$

## Theorem 5.12

Let $\varphi$ be as in Theorem 5.5. Then, for any non-atomic measure $\mu$, we have that $\mathrm{BMO}(\mu)=\mathrm{BMO}_{\varphi}(\mu)$ and

$$
\varphi^{-1}(1)\|f\|_{\operatorname{BMO}_{\varphi}(\mu)} \leq\|f\|_{\mathrm{BMO}(\mu)} \leq c_{\varphi, n}\|f\|_{\mathrm{BMO}_{\varphi}(\mu)}
$$

The proof of the above theorem relies on a variation of the standard CalderonZygmund decomposition and Besicovitch's covering theorem that we borrow from [104]. The precise statement is in Lemma 5.13.

So far, we can see (and it will become clear in the actual proof) that the heart of the matter is to have the correct version of a Calderón-Zygmund decomposition adapted to the problem that we need to solve, taking into account the geometric features of the space (like in the case of spaces of homogeneous type) or the nondoubling nature of the measure (like in Theorem 5.12).

The rest of this section is dedicated to proving Theorem 5.12. Let's consider a nondoubling measure satisfying the growth condition (5.12). Therefore, it is non atomic and by [95, Theorem 2] we can choose a coordinate system such that $\mu(\partial Q)=0$ for every cube $Q$ defined over that system.

We will present the proof for $n=1$ separately, since the situation there is much easier than in higher dimensions. The heart of our main argument is the CalderónZygmund decomposition. Here, in the nondoubling setting, we will abandon the metric to split the cubes and use the measure instead. We will construct a $\mu$-dyadic grid of subintervals such that every interval $I$ is divided into two subintervals each one of half of the measure of $I$. We sketch here the construction.

The first generation $G_{1}(I)$ of the dyadic grid consists of the two disjoint subintervals $I_{+}, I_{-}$of $I$ satisfying $\mu\left(I_{+}\right)=\mu\left(I_{-}\right)=\mu(I) / 2$ (note that this partition may be non unique, in that case we choose the one that maximizes the length of $I_{-}$, just to fix a criterion) The next generation is $G_{2}(I)$ is $G_{1}\left(I_{+}\right) \cup G_{1}\left(I_{-}\right)$and then the construction procedure continues recursively. Recall that the measure is non atomic, so we can take closed intervals sharing the endpoints. We denote by $\mathcal{D}_{I}^{\mu}$ the family of all the dyadic intervals resulting from this procedure. A sequence of nested intervals in this grid will be called a chain. That is, a chain $\mathcal{C}$ will be of the form $\mathcal{C}=\left\{J_{i}\right\}_{i \in \mathbb{N}}$ such that $J_{i} \in G_{i}(I)$, and $J_{i+1} \subset J_{i}$ for all $i \geq 1$.

We can define $\mathcal{C}_{\infty}:=\bigcap_{J \in \mathcal{C}} J$ as the limit set of the chain $\mathcal{C}$. Then, we have that $\mathcal{C}_{\infty}$ could be either a single point or a closed interval of positive length. In any case, we clearly have that $\mu\left(\mathcal{C}_{\infty}\right)=0$. We need to get rid of those limit sets $\mathcal{C}_{\infty}$ of positive length, so we call them removable. The argument here is that in the real line there are at most countable many of them and the whole union is also a $\mu$-null set. We denote by $\mathcal{R}$ the set of all chains with removable limits. If we define

$$
E:=I \backslash \bigcup_{\mathcal{C} \in \mathcal{R}} \mathcal{C}_{\infty}
$$

we conclude that $\mu(I)=\mu(E)$ and, in addition, for any $x \in E$, there exists a chain of nested intervals shrinking to $x$. Therefore the grid $\mathcal{D}_{I}^{\mu}$ forms a differential basis on $E$. Also, the dyadic structure of the basis guarantees the Vitali covering property (see [48, Ch.1]) and therefore this basis differentiates $L^{1}(E)$.

Associated to this grid we define a dyadic maximal operator as follows. For any $x \in E$,

$$
M^{\mathcal{D}_{I}^{\mu}} f(x)=\sup _{J \in \mathcal{D}_{I}^{\mu}} f_{J}|f(y)| d \mu(y)
$$

By a standard differentiation argument, we have that this maximal function satisfies that $f \leq M^{\mathcal{D}_{I}^{\mu}} f$, almost everywhere on $E$.

Now we can proceed with the proof of the 1 dimensional case of Theorem 5.12. Let us fix a function $f \in \mathrm{BMO}_{\varphi}(\mu)$ with norm one, and let us fix an interval $I$. As before, we can find a constant $c_{I}$ such that

$$
f_{I} \varphi\left(\left|f(y)-c_{I}\right|\right) d \mu(y) \leq 2
$$

We define again the corresponding $X$ as

$$
X=\sup _{I \text { interval }} f_{I}\left|f(x)-c_{I}\right| d \mu(x)
$$

As in the euclidean setting, a truncation argument allows us to assume $X<\infty$. Using our $\mu$-dyadic construction, we can perform a Calderón-Zygmund decomposition of $\varphi\left(\left|f-c_{I}\right|\right)$ adapted to $I$ at height $L>2$. We then obtain a family $\left\{I_{j}\right\}$ of dyadic subintervals of $I$ satisfying

$$
\begin{aligned}
& -\quad L<f_{I_{j}} \varphi\left(\left|f(x)-c_{I}\right|\right) d \mu(x) \leq 2 L \\
& -\quad \varphi\left(\left|f(x)-c_{I}\right|\right) \leq L \quad \text { for } \mu \text {-almost every } x \in I \backslash \bigcup_{j} I_{j} \\
& -\quad \frac{1}{\mu(I)} \sum_{j} \mu\left(I_{j}\right) \leq \frac{2}{L}
\end{aligned}
$$

Once we have this crucial decomposition, we can develop the same proof as in the case of the Lebesgue measure. On a fixed maximal interval $I_{j}$, we write again

$$
\left|f(x)-c_{I}\right| \leq\left|f(x)-c_{I_{j}}\right|+\left|c_{I}-c_{I_{j}}\right|
$$

where $c_{I_{j}}$ is a constant so that $f_{I_{j}} \varphi\left(\left|f-c_{I_{j}}\right|\right) \leq 2$. We obtain

$$
\left|c_{I}-c_{I_{j}}\right| \leq \varphi^{-1}(2 L+2)
$$

Following the same line of ideas, we can control the averges to estimate the BMO $\mu$ norm

$$
\begin{aligned}
f_{I}\left|f(x)-c_{I}\right| d \mu(x) & \leq \varphi^{-1}(L)+\frac{1}{\mu(I)} \sum_{j} \mu\left(I_{j}\right)\left(f_{I_{j}}\left|f(x)-c_{I_{j}}\right| d \mu(x)+\left|c_{I}-c_{I_{j}}\right|\right) \\
& \leq \varphi^{-1}(L)+\frac{1}{\mu(I)} \sum_{j} \mu\left(I_{j}\right)\left(X+\varphi^{-1}(2 L+2)\right) \\
& \leq \varphi^{-1}(L)+\frac{2}{L} X+\frac{2}{L} \varphi^{-1}(2 L+2)
\end{aligned}
$$

Finally, taking the supremum over all intervals on the left hand side and choosing $L=4$ we obtain

$$
X \leq 2 \varphi^{-1}(4)+\varphi^{-1}(10)
$$

which finishes the proof.
Now we present the proof for $n>1$. Again, the key step is to construct an adequate Calderón-Zygmund decomposition with dyadic structure. The ideal tool
can be found in the work from [104] and consists in the following combination of the Calderón-Zygmund decomposition and Besicovitch's covering theorem. We include here the statement of that lemma.

## Lemma 5.13 - Besicovitch-Calderón-Zygmund decomposition

Let $Q$ be a cube and let $g \in L_{\mu}^{1}(Q)$ be a nonnegative function. Also let $L$ be a positive number such that $f_{Q} g(x) d \mu(x)<L$. Then there is a family of quasidisjoint cubes $\left\{Q_{j}\right\}$ contained in Q satisfying

$$
\frac{1}{\mu\left(Q_{j}\right)} \int_{Q_{j}} g d \mu=L
$$

for each $j$ and such that

$$
g(x) \leq L \quad \text { for } \mu \text {-almost every } x \in Q \backslash \bigcup_{j} Q_{j}
$$

More precisely, we can write

$$
\bigcup Q_{j}=\bigcup_{k=1}^{B(n)} \bigcup_{Q_{j} \in \mathcal{F}_{k}} Q_{j}
$$

where each $\mathcal{F}_{k}$ is a family of disjoint cubes selected from the original collection. The number $B(n)$ is a geometric constant depending only on the dimension $n$ known as the Besicovitch constant.

We can now provide the proof for Theorem 5.12 in the remaining cases $n>1$. Let's start again with a function $f$ such that $\|f\|_{\operatorname{BMO}_{\varphi}(\mu)}=1$ and fix a cube $Q$ and the corresponding $c_{Q} \in \mathbb{R}$ giving us the initial estimate

$$
f_{Q} \varphi\left(\left|f(x)-c_{Q}\right|\right) d \mu(x) \leq 2
$$

We define again the corresponding $X$ as

$$
X=\sup _{Q \text { cube }} f_{Q}\left|f(x)-c_{Q}\right| d \mu(x)
$$

Applying Lemma 5.13 with $L>2$, we obtain a quite similar collection of cubes as in the previous case. Precisely, we obtain the family of cuasidisjoint cubes $\left\{Q_{j}\right\}$ satisfying

$$
\begin{aligned}
& -\quad f_{Q_{j}} \varphi\left(\left|f(x)-c_{Q}\right|\right) d x=L \\
& -\quad \varphi\left(\left|f(x)-c_{Q}\right|\right) \leq L \quad \text { a.e. } x \in Q \backslash \bigcup_{j} Q_{j}
\end{aligned}
$$

and a minor difference in the next property:
$-\frac{1}{\mu(Q)} \sum_{j} \mu\left(Q_{j}\right) \leq \frac{B(n)}{L}$.

Once we have this crucial decomposition, we can develop the same proof as in the standard situation (choosing the number $c_{Q_{j}}$ according to the same criterion) to obtain

$$
\begin{aligned}
f_{I}\left|f(x)-c_{Q}\right| d x & \leq \varphi^{-1}(L)+\frac{1}{\mu(Q)} \sum_{j} \mu\left(Q_{j}\right)\left(f_{Q_{j}}\left|f(x)-c_{Q_{j}}\right| d x+\left|c_{Q}-c_{Q_{j}}\right|\right) \\
& \leq \varphi^{-1}(L)+\frac{1}{\mu(Q)} \sum_{j} \mu\left(Q_{j}\right)\left(X+\varphi^{-1}(2 L+2)\right) \\
& \leq \varphi^{-1}(L)+\frac{B(n)}{L} X+\frac{B(n)}{L} \varphi^{-1}(2 L+2)
\end{aligned}
$$

Finally, taking the supremum over all cubes on the left hand side and choosing $L=$ $2 B(n)$ we obtain

$$
X \leq 2 \varphi^{-1}(2 B(n))+\varphi^{-1}(4 B(n)+2)
$$

which finishes the proof. The assumption that $X<\infty$ can be done using the same truncation argument as before.

### 5.6 Rectangles and non-doubling measures

For the basis of rectangles in $\mathbb{R}^{n}$, the appropriate decomposition lemma is a very clever argument proven by Korenovskyy, Lerner and Stokolos in [75] known as a generalized version of Riesz's Rising sun lemma. Using that lemma we can provide a proof that extends, in some sense, Theorem 5.5 and Theorem 5.12 at the same time: we can prove the analogue result for basis of rectangles and with non doubling measures.

To present the result, we need to define here the "little" $\operatorname{bmo}(\mu)$ space in the same way of the usual $\mathrm{BMO}(\mu)$ but with rectangles instead of cubes. We refer the reader to the recent article [53] for several results on this space.

## Definition 5.14

Let $\varphi$ be an increasing function with $\varphi(0)=0$ and let $\mu$ be a Radon measure. We denote by $\operatorname{bmo}_{\varphi}(\mu)$, little $\mathrm{BMO}_{\varphi}(\mu)$ the class of functions $f$ satisfying

$$
\|f\|_{\operatorname{bmo}_{\varphi}(\mu)}:=\sup _{R} \inf _{c}\|f-c\|_{\varphi, R, \mu}<\infty
$$

where the supremum is taken over all rectangles with sides parallel to the coordinate axes and the local averages are defined as in (5.2) but with respect to the measure $\mu$, that is,

$$
\|f\|_{\varphi, R, \mu}:=\inf \left\{\lambda>0: \frac{1}{|R|} \int_{R} \varphi\left(\frac{|f(x)|}{\lambda}\right) d \mu(x) \leq 1\right\}
$$

## Theorem 5.15

Let $\varphi$ be as in Theorem 5.5. Then, for any non-atomic measure $\mu$, we have that $\operatorname{bmo}(\mu)=\operatorname{bmo}_{\varphi}(\mu)$ and

$$
\varphi^{-1}(1)\|f\|_{\operatorname{bmo}_{\varphi}(\mu)} \leq\|f\|_{\operatorname{bmo}(\mu)} \leq c_{\varphi, n}\|f\|_{\operatorname{bmo}_{\varphi}(\mu)}
$$

At this point, the only important thing is to show that we do have an appropriate decomposition lemma. We include here the statement of the aforementioned Rising
sun lemma.

## Lemma 5.16 - Riesz's Rising Sun

Let $R$ be a rectangle in $\mathbb{R}^{n}$ and let $\mu$ be a measure such that $\mu(\partial P)=0$ for any rectangle $P$ (for example, a measure satisfying (5.12) or, more generally, any nonatomic measure). Let $h$ be a real function in $L_{\mu}^{1}(R)$ and let $\lambda>h_{R}$. There exist an at most countable family of pairwise disjoint rectangles $R_{j} \subset R$ such that $h_{R_{j}}=\lambda$ and $h(x) \leq \lambda$ for almost every $x \in R \backslash \bigcup_{j} R_{j}$.

Moreover, the total mass of the selected cubes cannot be too big, meaning that if $h \geq 0$,

$$
\sum_{j} \mu\left(R_{j}\right)=\sum_{j} \frac{1}{\lambda} \int_{R_{j}} h(x) d \mu(x) \leq \frac{\mu(R)}{\lambda} f_{R} h(x) d \mu(x) .
$$

Equipped with this lemma, the rest of the proof of Theorem 5.15 follows the exact same steps as in Theorem 5.5. The relevant quantity is of course

$$
\begin{equation*}
X=\sup _{R \text { rectangle }} f_{R}\left|f(x)-c_{R}\right| d \mu(x) \tag{5.13}
\end{equation*}
$$

where $c_{R}$ is a constant such that

$$
f_{R} \varphi\left(f(x)-c_{R}\right) d \mu(x) \leq 2 .
$$

Note that Lemma 5.16 is particularly well adapted to the setting of rectangles (and not useful for cubes) since the decomposition is always into rectangles, even if we start with a cube (see the discussion in [75]). Then, when intercalating the average of the form

$$
f_{R_{j}}\left|f(x)-c_{R_{j}}\right| d \mu(x) .
$$

from the decomposition, we can control it by using our $X$ defined in (5.13), so the proof of Theorem 5.15 can be obtained following the same line of ideas.

## 6

## Hajłasz capacity density condition

In this chapter, we discuss and expand on the results that were obtained in
[16] Canto, J., Vähäkangas, A.V., Hajłasz capacity density condition is selfimproving, arXiv:2108.09077v1.

That work was done during the short-stay of my PhD in University of Jyväskylä that, due to the COVID-19 pandemic had to be done online. I want to explicitly thank Antti Vähäkangas again for all the hard work that he did in order to make the online stay as welcoming and productive as it turned out to be.

Since the work that is treated in this chapter was done in the framework of the research visit, its relation to the rest of the thesis is not straightforward. The collaboration started by trying to prove self-improvement of some fractional Hardy inequalities in metric spaces, and due to the unpredictable nature of math, we ended up with the concepts that eventually find their place in this Chapter.

The results in this chapter are based on quantitative estimates and absorption arguments, where it is often crucial to track the dependencies of constants quantitatively. For this purpose, we will use the following notational convention: $C(*, \cdots, *)$ denotes a positive constant which quantitatively depends on the quantities indicated by the $*$ 's but whose actual value can change from one occurrence to another, even within a single line. We remark that, in this chapter, there is no possible confusion with the weights of class $C_{p}$ as there might have been in Chapters 2 and 3.

### 6.1 Introduction

In this chapter, we introduce a Hajłasz ( $\beta, p$ )-capacity density condition in terms of Hajłasz gradients of order $0<\beta \leq 1$, see Sections 6.3 and 6.4. The main result, Theorem 6.39, states that this condition is doubly open-ended, that is, a Hajłasz ( $\beta, p$ )-capacity density condition is self-improving both in $p$ and in $\beta$ if $X$ is a complete geodesic space. This result is new, since previously there was no self-improvement of similar non-local capacity density conditions in metric spaces.

The study of such conditions can be traced back to the seminal work by Lewis [88], who established self-improvement of Riesz $(\beta, p)$-capacity density conditions in $\mathbb{R}^{n}$. His result has been followed by other works incorporating different techniques often in metric spaces, like nonlinear potential theory [6, 98], and local Hardy inequalities [81].

A distinctive feature of our result is that we prove the self-improvement of a capacity density condition for a non-local gradient for the first time in metric spaces. We make use of a recent advance [74] in Poincaré inequalities, whose self-improvement properties were originally shown by Keith-Zhong in their celebrated work [71]. In this respect, we join the line of research initiated in [76], and continued in [33, 34], for bringing together the seemingly distinct self-improvement properties of capacity density conditions and Poincaré inequalities.

We use various techniques and concepts in the proof of Theorem 6.39. The fundamental idea is to use a geometric concept, more precisely the upper Assouad codimension, and characterize the capacity density with a strict upper bound on this codimension. Here we are motivated by the recent approach from [32], where the Assouad codimension bound is used to give necessary and sufficient conditions for certain fractional Hardy inequalities; we also refer to [80]. The principal difficulty is to prove a strict bound on the codimension. To this end we relate the capacity density condition to boundary Poincaré inequalities, and we show their self-improvement roughly speaking in two steps: (1) Keith-Zhong estimates on maximal functions and
(2) Koskela-Zhong estimates on Hardy inequalities. For these purposes, respectively, we adapt the maximal function methods from [74] and the local Hardy arguments from [81].

One of the main challenges our method is able to overcome is the nonlocal nature of Hajłasz gradients [44]. More specifically, if a function $u$ is constant in a set $A \subset X$ and $g$ is a Hajłasz gradient of $u$, then $g \chi_{X \backslash A}$ is not necessarily a Hajłasz gradient of $u$. This fact makes it impossible to directly use the standard localization techniques. More specifically, there is no access to neither pointwise glueing lemma nor pointwise Leibniz rule, both of which are used while proving similar self-improvement properties for capacity density conditions involving $p$-weak upper gradients, for example, by the Wannebo approach [114] that was used in [81] to show corresponding local Hardy inequalities. The Hajłasz gradients satisfy nonlocal versions of these basic tools, both of which we employ in our method.

There is a clear advantage to working with Hajłasz gradients: Poincaré inequalities hold for all measures, see Section 6.3. Other types of gradients, such as $p$-weak upper gradients [4], do not have this property and therefore corresponding Poincaré inequalities need to be assumed a priori, as was the case in previous works such as [ $6,33,34,81,98]$. We remark that this requirement already excludes many doubling measures in $\mathbb{R}$ equipped with Euclidean distance [5]. Our method has also a disadvantage. We need to assume that $X$ is a complete geodesic space. We do not know how far this condition could be relaxed.

The outline of this paper is as follows. After a brief discussion on notation and preliminary concepts in Section 6.2, Hajłasz gradients are introduced in Section 6.3
along with their calculus and various Poincaré inequalities. Capacity density condition is discussed in Section 6.4, and some preliminary sufficient and necessary bounds on the Assouad codimension are given in Section 6.5. The most technical part of the work is contained in Sections 6.6, 6.7 and 6.8, in which the analytic framework of the selfimprovement is gradually developed. Finally, the main result is given in Section 6.9, in which we show that various geometrical and analytical conditions are equivalent to the capacity density condition. The geometrical conditions are open-ended by definition, and hence all analytical conditions are seen to be self-improving or doubly open-ended.

### 6.2 Notation

Let us introduce some concepts that we will need in order to state the main concepts

### 6.2.1 Metric spaces

Throughout this chapter, unless otherwise specified, we are going to work with a metric measure space $X=(X, d, \mu)$, that is, a point-set $X$ equipped with a metric $d$ and a positive complete Borel measure $\mu$ such that $0<\mu(B)<\infty$ for all balls $B \subset X$, each of which is always an open set of the form

$$
B=B(x, r)=\{y \in X: d(y, x)<r\}
$$

with $x \in X$ and $r>0$. As in [4, p. 2], we extend $\mu$ as a Borel regular (outer) measure on $X$. We remark that the space $X$ is separable under these assumptions, see [4, Proposition 1.6]. We also assume that $\# X \geq 2$ and that the measure $\mu$ is doubling, that is, there is a constant $c_{\mu}>1$, called the doubling constant of $\mu$, such that

$$
\begin{equation*}
\mu(2 B) \leq c_{\mu} \mu(B) \tag{6.1}
\end{equation*}
$$

for all balls $B=B(x, r)$ in $X$. Here we use for $0<t<\infty$ the notation $t B=B(x, t r)$. In particular, for all balls $B=B(x, r)$ that are centered at $x \in A \subset X$ with radius $r \leq \operatorname{diam}(A)$, we have that

$$
\begin{equation*}
\frac{\mu(B)}{\mu(A)} \geq 2^{-s}\left(\frac{r}{\operatorname{diam}(A)}\right)^{s} \tag{6.2}
\end{equation*}
$$

where $s=\log _{2} c_{\mu}>0$. We refer to [54, p. 31].
The closure of a set $A \subset X$ is denoted by $\bar{A}$. In particular, if $B \subset X$ is a ball, then the notation $\bar{B}$ refers to the closure of the ball $B$. We remark that the closure of an open ball may not be the same set as the closed ball with the same center and radius.
Remark 6.1 Although the setting is similar to that of spaces of homogeneous type that we discussed in Section 5.4, we remark that it is not quite the same, since in this case, the result of Macías-Segovia [92] that ensures the measurability of balls is no longer available.

### 6.2.2 Geodesic spaces

For some of the results we actually need more structure in the ambient space than just metric structure. That is why we introduce geodesic spaces.

Let $X$ be a metric space satisfying the conditions stated in Section 6.2.1. By a curve we mean a nonconstant, rectifiable, continuous mapping from a compact interval of $\mathbb{R}$ to $X$; we tacitly assume that all curves are parametrized by their arc-length. We say that $X$ is a geodesic space, if every pair of points in $X$ can be joined by a curve whose length is equal to the distance between the two points. In particular, it easily follows that

$$
\begin{equation*}
0<\operatorname{diam}(2 B) \leq 4 \operatorname{diam}(B) \tag{6.3}
\end{equation*}
$$

for all balls $B=B(x, r)$ in a geodesic space $X$. The measure $\mu$ is reverse doubling in a geodesic space $X$, in the sense that there is a constant $0<c_{R}=C\left(c_{\mu}\right)<1$ such that

$$
\begin{equation*}
\mu(B(x, r / 2)) \leq c_{R} \mu(B(x, r)) \tag{6.4}
\end{equation*}
$$

for every $x \in X$ and $0<r<\operatorname{diam}(X) / 2$. See for instance [4, Lemma 3.7].
We now borrow two lemmas that will be useful to us in the sequel. The first lemma concerns continuity on the radius of the measure of balls for a fixed measurable set, whereas the second lemma ensures that the restriction of the measure (and therefore the corresponding $\sigma$-algebra) to a ball still gives a doubling measure, in geodesic spaces.

## Lemma 6.2 - Lemma 12.1.2, [56]

Suppose that $X$ is a geodesic space and $A \subset X$ is a measurable set. Then the function

$$
r \mapsto \frac{\mu(B(x, r) \cap A)}{\mu(B(x, r))}:(0, \infty) \rightarrow \mathbb{R}
$$

is continuous whenever $x \in X$.

Lemma 6.3 - Lemma 2.5, [74]
Suppose that $B=B(x, r)$ and $B^{\prime}=B\left(x^{\prime}, r^{\prime}\right)$ are two balls in a geodesic space $X$ such that $x^{\prime} \in B$ and $0<r^{\prime} \leq \operatorname{diam}(B)$. Then $\mu\left(B^{\prime}\right) \leq c_{\mu}^{3} \mu\left(B^{\prime} \cap B\right)$.

Proof. It suffices to find $y \in X$ such that $B\left(y, r^{\prime} / 4\right) \subset B^{\prime} \cap B$. Inequality $\mu\left(B^{\prime}\right) \leq$ $c_{\mu}^{3} \mu\left(B^{\prime} \cap B\right)$ then follows from the doubling condition (6.1) and the fact that $B^{\prime} \subset$ $B\left(y, 2 r^{\prime}\right)$.

Assume first that $x \in B\left(x^{\prime}, r^{\prime} / 4\right)$. In this case we may choose $y=x^{\prime}$, since we have for all $z \in B\left(x^{\prime}, r^{\prime} / 4\right)$ that

$$
d(z, x) \leq d\left(z, x^{\prime}\right)+d\left(x^{\prime}, x\right)<r^{\prime} / 4+r^{\prime} / 4=r^{\prime} / 2 \leq \operatorname{diam}(B) / 2 \leq r,
$$

and hence $B\left(x^{\prime}, r^{\prime} / 4\right) \subset B^{\prime} \cap B(x, r)=B^{\prime} \cap B$.
Let us then consider the case $x \notin B\left(x^{\prime}, r^{\prime} / 4\right)$. Since $X$ is a geodesic space, there exists an arc-length parametrized curve $\gamma:[0, \ell] \rightarrow X$ with $\gamma(0)=x^{\prime}, \gamma(\ell)=x$ and $\ell=d\left(x, x^{\prime}\right)$. We claim that $y=\gamma\left(r^{\prime} / 4\right)$ satisfies the required condition $B\left(y, r^{\prime} / 4\right) \subset$ $B^{\prime} \cap B$. In order to prove the claim, let us fix a point $z \in B\left(y, r^{\prime} / 4\right)$. Then

$$
d\left(z, x^{\prime}\right) \leq d(z, y)+d\left(y, x^{\prime}\right)<r^{\prime} / 4+d\left(\gamma\left(r^{\prime} / 4\right), \gamma(0)\right) \leq r^{\prime} / 2<r^{\prime} .
$$

Hence $z \in B\left(x^{\prime}, r^{\prime}\right)$ and therefore $B\left(y, r^{\prime} / 4\right) \subset B\left(x^{\prime}, r^{\prime}\right)=B^{\prime}$. Moreover, since $\ell=$ $d\left(x, x^{\prime}\right)$,

$$
\begin{aligned}
d(z, x) & \leq d(z, y)+d(y, x)<r^{\prime} / 4+d\left(\gamma\left(r^{\prime} / 4\right), \gamma(\ell)\right) \\
& \leq r^{\prime} / 4+\left(\ell-r^{\prime} / 4\right)=\ell=d\left(x, x^{\prime}\right)<r
\end{aligned}
$$

It follows that $z \in B(x, r)=B$ and therefore $B\left(y, r^{\prime} / 4\right) \subset B^{\prime} \cap B$.

### 6.2.3 Hölder and Lipschitz functions

Let $A \subset X$. We say that $u: A \rightarrow \mathbb{R}$ is a $\beta$-Hölder function, with an exponent $0<\beta \leq 1$ and a constant $0 \leq \kappa<\infty$, if

$$
|u(x)-u(y)| \leq \kappa d(x, y)^{\beta} \quad \text { for all } x, y \in A
$$

If $u: A \rightarrow \mathbb{R}$ is a $\beta$-Hölder function, with a constant $\kappa$, then the classical McShane extension

$$
\begin{equation*}
v(x)=\inf \left\{u(y)+\kappa d(x, y)^{\beta}: y \in A\right\}, \quad x \in X \tag{6.5}
\end{equation*}
$$

defines a $\beta$-Hölder function $v: X \rightarrow \mathbb{R}$, with the constant $\kappa$, which satisfies $\left.v\right|_{A}=u$; we refer to [54, pp. 43-44]. The set of all $\beta$-Hölder functions $u: A \rightarrow \mathbb{R}$ is denoted by $\operatorname{Lip}_{\beta}(A)$. The 1-Hölder functions are also called Lipschitz functions.

### 6.3 Hajłasz gradients

We work with Hajłasz $\beta$-gradients of order $0<\beta \leq 1$ in a metric space $X$.

## Definition 6.4

For each function $u: X \rightarrow \mathbb{R}$, we let $\mathcal{D}_{H}^{\beta}(u)$ be the (possibly empty) family of all measurable functions $g: X \rightarrow[0, \infty]$ such that

$$
\begin{equation*}
|u(x)-u(y)| \leq d(x, y)^{\beta}(g(x)+g(y)) \tag{6.6}
\end{equation*}
$$

almost everywhere, i.e., there exists an exceptional set $N=N(g) \subset X$ for which $\mu(N)=0$ and inequality (6.6) holds for every $x, y \in X \backslash N$. A function $g \in \mathcal{D}_{H}^{\beta}(u)$ is called a Hajłasz $\beta$-gradient of the function $u$.

The Hajłasz 1-gradients in metric spaces are introduced in [49]. More details on these gradients and their applications can be found, for instance, from [43, 44, 50, 111, 118].

## Proposition 6.5

The following basic properties are easy to verify for all $\beta$-Hölder functions $u, v: X \rightarrow \mathbb{R}$
(D1) $|a| g \in \mathcal{D}_{H}^{\beta}(a u)$ if $a \in \mathbb{R}$ and $g \in \mathcal{D}_{H}^{\beta}(u)$;
(D2) $g_{u}+g_{v} \in \mathcal{D}_{H}^{\beta}(u+v)$ if $g_{u} \in \mathcal{D}_{H}^{\beta}(u)$ and $g_{v} \in \mathcal{D}_{H}^{\beta}(v)$;
(D3) If $f: \mathbb{R} \rightarrow \mathbb{R}$ is a Lipschitz function with constant $\kappa$, then $\kappa g \in \mathcal{D}_{H}^{\beta}(f \circ u)$ if $g \in \mathcal{D}_{H}^{\beta}(u)$.

There are both disadvantages and advantages to working with Hajłasz gradients. A technical disadvantage is their nonlocality [44]. For instance, if $u$ is constant on some set $A \subset X$ and $g \in \mathcal{D}_{H}^{\beta}(u)$, then $g \chi_{X \backslash A}$ need not belong to $\mathcal{D}_{H}^{\beta}(u)$. This is a technical disadvantage while comparing Hajłasz gradients to weak upper gradients, since by glueing lemma, see for instance [4, Lemma 2.19], the corresponding localization property holds. This makes the application of $p$-weak upper gradients more flexible. However, the following nonlocal glueing lemma from [74, Lemma 6.6] holds in the setting of Hajłasz gradients. We recall the proof for convenience.

## Lemma 6.6

Let $0<\beta \leq 1$ and let $A \subset X$ be a Borel set. Let $u: X \rightarrow \mathbb{R}$ be a $\beta$-Hölder function and suppose that $v: X \rightarrow \mathbb{R}$ is such that $\left.v\right|_{X \backslash A}=\left.u\right|_{X \backslash A}$ and there exists a constant $\kappa \geq 0$ such that $|v(x)-v(y)| \leq \kappa d(x, y)^{\beta}$ for all $x, y \in X$. Then

$$
g_{v}=\kappa \chi_{A}+g_{u} \chi_{X \backslash A} \in \mathcal{D}_{H}^{\beta}(v)
$$

whenever $g_{u} \in \mathcal{D}_{H}^{\beta}(u)$.

Proof. Fix a function $g_{u} \in \mathcal{D}_{H}^{\beta}(u)$ and let $N \subset X$ be the exceptional set such that $\mu(N)=0$ and inequality (6.6) holds for every $x, y \in X \backslash N$ and with $g=g_{u}$.

Fix $x, y \in X \backslash N$. If $x, y \in X \backslash A$, then

$$
|v(x)-v(y)|=|u(x)-u(y)| \leq d(x, y)^{\beta}\left(g_{u}(x)+g_{u}(y)\right)=d(x, y)^{\beta}\left(g_{v}(x)+g_{v}(y)\right)
$$

If $x \in A$ or $y \in A$, then

$$
|v(x)-v(y)| \leq \kappa d(x, y)^{\beta} \leq d(x, y)^{\beta}\left(g_{v}(x)+g_{v}(y)\right)
$$

By combining the estimates above, we find that

$$
|v(x)-v(y)| \leq d(x, y)^{\beta}\left(g_{v}(x)+g_{v}(y)\right)
$$

whenever $x, y \in X \backslash N$. The desired conclusion $g_{v} \in \mathcal{D}_{H}^{\beta}(v)$ follows.
The following nonlocal generalization of the Leibniz rule is from [50]. The proof is recalled for the convenience of the reader. The nonlocality is reflected by the appearence of the two global terms $\|\psi\|_{\infty}$ and $\kappa$ in the statement below.

## Lemma 6.7

Let $0<\beta \leq 1$, let $u: X \rightarrow \mathbb{R}$ be a bounded $\beta$-Hölder function, and let $\psi: X \rightarrow \mathbb{R}$ be a bounded $\beta$-Hölder function with a constant $\kappa \geq 0$. Then $u \psi: X \rightarrow \mathbb{R}$ is a $\beta$-Hölder function and

$$
\left(g_{u}\|\psi\|_{\infty}+\kappa|u|\right) \chi_{\{\psi \neq 0\}} \in \mathcal{D}_{H}^{\beta}(u \psi)
$$

for all $g_{u} \in \mathcal{D}_{H}^{\beta}(u)$. Here $\{\psi \neq 0\}=\{y \in X: \psi(y) \neq 0\}$.

Proof. Fix $x, y \in X$. Then

$$
\begin{align*}
|u(x) \psi(x)-u(y) \psi(y)| & =|u(x) \psi(x)-u(y) \psi(x)+u(y) \psi(x)-u(y) \psi(y)|  \tag{6.7}\\
& \leq|\psi(x)||u(x)-u(y)|+|u(y)||\psi(x)-\psi(y)|
\end{align*}
$$

Since $u$ and $\psi$ are both bounded $\beta$-Hölder functions in $X$, it follows that $u \psi$ is $\beta$-Hölder in $X$.

Fix a function $g_{u} \in \mathcal{D}_{H}^{\beta}(u)$ and let $N \subset X$ be the exceptional set such that $\mu(N)=0$ and inequality (6.6) holds for every $x, y \in X \backslash N$ and with $g=g_{u}$. Denote $h=\left(g_{u}\|\psi\|_{\infty}+\kappa|u|\right) \chi_{\{\psi \neq 0\}}$. Let $x, y \in X \backslash N$. It suffices to show that

$$
|u(x) \psi(x)-u(y) \psi(y)| \leq d(x, y)^{\beta}(h(x)+h(y))
$$

By (6.7), we get

$$
\begin{align*}
|u(x) \psi(x)-u(y) \psi(y)| & \leq|\psi(x)| d(x, y)^{\beta}\left(g_{u}(x)+g_{u}(y)\right)+|u(y)| \kappa d(x, y)^{\beta} \\
& =d(x, y)^{\beta}\left(|\psi(x)|\left(g_{u}(x)+g_{u}(y)\right)+\kappa|u(y)|\right) \tag{6.8}
\end{align*}
$$

Next we do a case study. If $x, y \in\{\psi \neq 0\}$, then by (6.8) we have

$$
\begin{aligned}
|u(x) \psi(x)-u(y) \psi(y)| \leq d(x, y)^{\beta} & \left(g_{u}(x)\|\psi\|_{\infty} \chi_{\{\psi \neq 0\}}(x)\right. \\
& \left.+\left(g_{u}(y)\|\psi\|_{\infty}+\kappa|u(y)|\right) \chi_{\{\psi \neq 0\}}(y)\right) \\
\leq d(x, y)^{\beta}( & h(x)+h(y))
\end{aligned}
$$

If $x \in X \backslash\{\psi \neq 0\}$ and $y \in\{\psi \neq 0\}$, then

$$
\begin{aligned}
|u(x) \psi(x)-u(y) \psi(y)| & \leq d(x, y)^{\beta}\left(\kappa|u(y)| \chi_{\{\psi \neq 0\}}(y)\right) \\
& =d(x, y)^{\beta} h(y) \leq d(x, y)^{\beta}(h(x)+h(y))
\end{aligned}
$$

The case $x \in\{\psi \neq 0\}$ and $y \in X \backslash\{\psi \neq 0\}$ is symmetric and the last case is trivial.
A significant advantage of working with Hajłasz gradients is that Poincaré inequalities are always valid $[43,118]$. The same is not true for the usual $p$-weak upper gradients, in which case a Poincaré inequality often has to be assumed.

The following theorem gives a $(\beta, p, p)$-Poincaré inequality for any $1 \leq p<\infty$. This inequality relates the Hajłasz gradient to the given measure.

## Theorem 6.8

Suppose that $X$ is a metric space. Fix exponents $1 \leq p<\infty$ and $0<\beta \leq 1$. Suppose that $u \in \operatorname{Lip}_{\beta}(X)$ and that $g \in \mathcal{D}_{H}^{\beta}(u)$. Then

$$
\left(f_{B}\left|u(x)-u_{B}\right|^{p} d \mu(x)\right)^{1 / p} \leq 2 \operatorname{diam}(B)^{\beta}\left(f_{B} g(x)^{p} d \mu(x)\right)^{1 / p}
$$

holds whenever $B \subset X$ is a ball.

Proof. We follow the proof of [54, Theorem 5.15]. Let $N=N(g) \subset X$ be the exceptional set such that $\mu(N)=0$ and (6.6) holds for every $x, y \in X \backslash N$. By Hölder's inequality

$$
f_{B}\left|u(x)-u_{B}\right|^{p} d \mu(x) \leq f_{B \backslash N} f_{B \backslash N}|u(y)-u(x)|^{p} d \mu(y) d \mu(x)
$$

Applying (6.6), we obtain

$$
\begin{aligned}
f_{B \backslash N} f_{B \backslash N} & |u(y)-u(x)|^{p} d \mu(y) d \mu(x) \\
& \leq f_{B \backslash N} f_{B \backslash N} d(x, y)^{\beta p}(g(x)+g(y))^{p} d \mu(y) d \mu(x) \\
& \leq 2^{p-1} \operatorname{diam}(B)^{\beta p} f_{B \backslash N} f_{B \backslash N}\left(g(x)^{p}+g(y)^{p}\right) d \mu(y) d \mu(x) \\
& \leq 2^{p} \operatorname{diam}(B)^{\beta p} f_{B} g(x)^{p} d \mu(x)
\end{aligned}
$$

The claimed inequality follows by combining the above estimates.
In a geodesic space, even a stronger $(\beta, p, q)$-Poincaré inequality holds for some $q<p$. In the context of $p$-weak upper gradients, this result corresponds to the deep theorem of Keith and Zhong [71]. In our context the proof is simpler, since we have $(\beta, q, q)$-Poincaré inequalities for all exponents $1<q<p$ by Theorem 6.8. It remains to argue that one of these inequalities self-improves to a $(\beta, p, q)$-Poincaré inequality when $q<p$ is sufficiently close to $p$.

## Theorem 6.9

Suppose that $X$ is a geodesic space. Fix exponents $1<p<\infty$ and $0<\beta \leq 1$. Suppose that $u \in \operatorname{Lip}_{\beta}(X)$ and that $g \in \mathcal{D}_{H}^{\beta}(u)$. Then there exists an exponent $1<q<p$ and a constant $C$, both depending on $c_{\mu}, p$ and $\beta$, such that

$$
\left(f_{B}\left|u(x)-u_{B}\right|^{p} d \mu(x)\right)^{1 / p} \leq C \operatorname{diam}(B)^{\beta}\left(f_{B} g(x)^{q} d \mu(x)\right)^{1 / q}
$$

holds whenever $B \subset X$ is a ball.

Proof. Fix $Q=Q\left(\beta, p, c_{\mu}\right)$ such that $Q>\max \left\{\log _{2} c_{\mu}, \beta p\right\}$. Since

$$
\lim _{q \rightarrow p} Q q /(Q-\beta q)=Q p /(Q-\beta p)>p
$$

there exists $1<q=q\left(\beta, p, c_{\mu}\right)<p$ such that $p<Q q /(Q-\beta q)$ and $\beta q<Q$. Theorem 6.8 and Hölder's inequality implies that
$f_{B}\left|u(x)-u_{B}\right| d \mu(x) \leq\left(f_{B}\left|u(x)-u_{B}\right|^{q} d \mu(x)\right)^{1 / q} \leq 2 \operatorname{diam}(B)^{\beta}\left(f_{B} g(x)^{q} d \mu(x)\right)^{1 / q}$
whenever $B \subset X$ is a ball. Now the claim follows from [74, Theorem 3.6], which is based on the covering argument from [51]. We also refer to [42, Lemma 2.2].

### 6.4 Capacity density condition

In this section we define the capacity density condition. This condition is based on the following notion of variational capacity, and it is weaker than the well known measure density condition. We also prove boundary Poincaré inequalities for sets satisfying a
capacity density condition. This is done with the aid of so-called Maz'ya's inequality, which provides an important link between Poincaré inequalities and capacities.

## Definition 6.10

Let $1 \leq p<\infty, 0<\beta \leq 1$, and let $\Omega \subset X$ be an open set. The variational $(\beta, p)$-capacity of a subset $F \subset \Omega$ with $\operatorname{dist}(F, X \backslash \Omega)>0$ is

$$
\operatorname{cap}_{\beta, p}(F, \Omega)=\inf _{u} \inf _{g} \int_{X} g(x)^{p} d \mu(x),
$$

where the infimums are taken over all $\beta$-Hölder functions $u$ in $X$, with $u \geq 1$ in $F$ and $u=0$ in $X \backslash \Omega$, and over all $g \in \mathcal{D}_{H}^{\beta}(u)$.

Remark 6.11 We may take the infimum in Definition 6.10 among all $u$ satisfying additionally $0 \leq u \leq 1$. This follows by considering the $\beta$-Hölder function function $v=\max \{0, \min \{u, 1\}\}$ since $g \in \mathcal{D}_{H}^{\beta}(v)$ by Property (D3) of Proposition 6.5.

## Definition 6.12

A closed set $E \subset X$ satisfies a $(\beta, p)$-capacity density condition, for $1 \leq p<\infty$ and $0<\beta \leq 1$, if there exists a constant $c_{0}>0$ such that

$$
\begin{equation*}
\operatorname{cap}_{\beta, p}(E \cap \overline{B(x, r)}, B(x, 2 r)) \geq c_{0} r^{-\beta p} \mu(B(x, r)) \tag{6.9}
\end{equation*}
$$

for all $x \in E$ and all $0<r<(1 / 8) \operatorname{diam}(E)$.

Remark 6.13 The upper bound of $r$ by a multiple of the diameter of the set responds to the fact that we are somehow more concerned with what happens locally, that is, close to the set. If such bound was not imposed, and if $\mu(X)=\infty$, no bounded set could ever satisfy (6.9).

## Example 6.14

We say that a closed set $E \subset X$ satisfies a measure density condition, if there exists a constant $c_{1}$ such that

$$
\begin{equation*}
\mu(E \cap \overline{B(x, r)}) \geq c_{1} \mu(B(x, r)) \tag{6.10}
\end{equation*}
$$

for all $x \in E$ and all $0<r<(1 / 8) \operatorname{diam}(E)$. Assume that $1 \leq p<\infty$ and $0<\beta \leq 1$, and that a set $E$ satisfies a measure density condition. Then it is easy to show that $E$ satisfies a $(\beta, p)$-capacity density condition, see below. We remark that the measure density condition has been applied in [72] to study Hajłasz Sobolev spaces with zero boundary values on $E$.

Fix $x \in E$ and $0<r<(1 / 8) \operatorname{diam}(E)$. We aim to show that (6.9) holds. For this purpose, we write $F=E \cap \overline{B(x, r)}$ and $B=B(x, r)$. Let $u \in \operatorname{Lip}_{\beta}(X)$ be such that $0 \leq u \leq 1, u=1$ in $F$ and $u=0$ in $X \backslash 2 B$. Let also $g \in \mathcal{D}_{H}^{\beta}(u)$. By the properties of $u$ and the reverse doubling inequality (6.4), we obtain

$$
0 \leq u_{4 B}=f_{4 B} u(y) d \mu(y) \leq \frac{\mu(2 B)}{\mu(4 B)} \leq c_{R}<1
$$

If $y \in F$, we have $v(y)=1$ and therefore

$$
\left|u(y)-v_{4 B}\right| \geq 1-u_{4 B} \geq 1-c_{R}=C\left(c_{\mu}\right)>0 .
$$

Applying the measure density condition (6.10) and the ( $\beta, p, p$ )-Poincaré inequality, see Theorem 6.8, we obtain

$$
\begin{aligned}
c_{1} \mu(B) & \leq \mu(F) \leq C\left(c_{\mu}, p\right) \int_{F}\left|u(y)-u_{4 B}\right|^{p} d \mu(y) \\
& \leq C\left(c_{\mu}, p\right) \int_{4 B}\left|u(y)-u_{4 B}\right|^{p} d \mu(y) \\
& \leq C\left(c_{\mu}, p\right) r^{\beta p} \int_{4 B} g(y)^{p} d \mu(y) \leq C\left(c_{\mu}, p\right) r^{\beta p} \int_{X} g(y)^{p} d \mu(y) .
\end{aligned}
$$

By taking infimum over functions $u$ and $g$ as above, we see that

$$
\operatorname{cap}_{\beta, p}(E \cap \overline{B(x, r)}, 2 B)=\operatorname{cap}_{\beta, p}(F, 2 B) \geq C\left(c_{1}, c_{\mu}, p\right) r^{-\beta p} \mu(B) .
$$

This shows that $E$ satisfies a ( $\beta, p$ )-capacity density condition (6.9).

Next, we introduce a Maz'ya-type inequality. This inequality establishes a link between capacities and Poincaré inequalities. More precisely, we can bound the size of $u$ in a ball by the ratio of the size if a Hajłasz gradient and the capacity of the zero set of $u$ in said ball. We refer to [96, Chapter 10] and [97, Chapter 14] for further details on inequalities of this type.

## Theorem 6.15

Let $1 \leq p<\infty, 0<\beta \leq 1$, and let $B(z, r) \subset X$ be a ball. Assume that $u$ is a $\beta$-Hölder function in $X$ and $g \in \mathcal{D}_{H}^{\beta}(u)$. Then there exists a constant $C=C(p)$ such that

$$
f_{B(z, r)}|u(x)|^{p} d \mu(x) \leq \frac{C}{\operatorname{cap}_{\beta, p}\left(\{u=0\} \cap \overline{B\left(z, \frac{r}{2}\right)}, B(z, r)\right)} \int_{B(z, r)} g(x)^{p} d \mu(x) .
$$

Here $\{u=0\}=\{y \in X: u(y)=0\}$.

Proof. We adapt the proof of [73, Theorem 5.47], which in turn is based on [4, Theorem 5.53]. Let $M=\sup \{|u(x)|: x \in B(z, r)\}<\infty$. By considering $\min \{M,|u|\}$ instead of $u$ and using (D3), we may assume that $u$ is a bounded $\beta$-Hölder function in $X$ and that $u \geq 0$ in $B(z, r)$. Write $B=B(z, r)$ and

$$
u_{B, p}=\left(f_{B} u(x)^{p} d \mu(x)\right)^{\frac{1}{p}}=\mu(B)^{-\frac{1}{p}}\|u\|_{L^{p}(B)}<\infty .
$$

If $u_{B, p}=0$ the claim is true, and thus we may assume that $u_{B, p}>0$. We want to choose a test function for the capacity. In order to do that, we define the cut-off function $\psi$ by the expression

$$
\psi(x)=\max \left\{0,1-\left(2 r^{-1}\right)^{\beta} d\left(x, B\left(z, \frac{r}{2}\right)\right)^{\beta}\right\}
$$

for every $x \in X$. Then $0 \leq \psi \leq 1, \psi=0$ in $X \backslash B(z, r), \psi=1$ in $\overline{B\left(z, \frac{r}{2}\right)}$, and $\psi$ is a $\beta$-Hölder function in $X$ with a constant $\left(2 r^{-1}\right)^{\beta}$. Let

$$
v(x)=\psi(x)\left(1-\frac{u(x)}{u_{B, p}}\right), \quad x \in X
$$

Then $v=1$ in $\{u=0\} \cap \overline{B\left(z, \frac{r}{2}\right)}$ and $v=0$ in $X \backslash B(z, r)$. By Lemma 6.7, and properties (D1) and (D2), the function $v$ is $\beta$-Hölder in $X$ and

$$
g_{v}=\left(\frac{g}{u_{B, p}}\|\psi\|_{\infty}+\left(2 r^{-1}\right)^{\beta}\left|1-\frac{u}{u_{B, p}}\right|\right) \chi_{\{\psi \neq 0\}} \in \mathcal{D}_{H}^{\beta}(v)
$$

Here we used the fact that $g \in \mathcal{D}_{H}^{\beta}(u)$ by assumptions. Now, the pair $v$ and $g_{v}$ is admissible for testing the capacity. Thus, we obtain

$$
\begin{align*}
& \operatorname{cap}_{\beta, p}\left(\{u=0\} \cap \overline{B\left(z, \frac{r}{2}\right)}, B(z, r)\right) \leq \int_{X} g_{v}(x)^{p} d \mu(x)  \tag{6.11}\\
& \quad \leq \frac{C(p)}{\left(u_{B, p}\right)^{p}} \int_{B} g(x)^{p} d \mu(x)+\frac{C(p)}{r^{\beta p}\left(u_{B, p}\right)^{p}} \int_{B}\left|u(x)-u_{B, p}\right|^{p} d \mu(x) .
\end{align*}
$$

We use Minkowski's inequality and the $(\beta, p, p)$-Poincaré inequality in Theorem 6.8 to estimate the second term on the right-hand side of (6.11), and obtain

$$
\begin{align*}
& \left(f_{B}\left|u(x)-u_{B, p}\right|^{p} d \mu(x)\right)^{\frac{1}{p}} \leq\left(f_{B}\left|u(x)-u_{B}\right|^{p} d \mu(x)\right)^{\frac{1}{p}}+\left|u_{B, p}-u_{B}\right| \\
& \quad \leq C r^{\beta}\left(f_{B} g(x)^{p} d \mu(x)\right)^{\frac{1}{p}}+\mu(B)^{-\frac{1}{p}}\left|\|u\|_{L^{p}(B)}-\left\|u_{B}\right\|_{L^{p}(B)}\right| \tag{6.12}
\end{align*}
$$

By the triangle inequality and the above Poincaré inequality, we have

$$
\begin{aligned}
\mu(B)^{-\frac{1}{p}}\left|\|u\|_{L^{p}(B)}-\left\|u_{B}\right\|_{L^{p}(B)}\right| & \leq \mu(B)^{-\frac{1}{p}}\left\|u-u_{B}\right\|_{L^{p}(B)} \\
& =\left(f_{B}\left|u(x)-u_{B}\right|^{p} d \mu(x)\right)^{\frac{1}{p}} \\
& \leq C r^{\beta}\left(f_{B} g(x)^{p} d \mu(x)\right)^{\frac{1}{p}}
\end{aligned}
$$

Together with (6.12) this gives

$$
\left(f_{B}\left|u(x)-u_{B, p}\right|^{p} d \mu(x)\right)^{\frac{1}{p}} \leq C r^{\beta}\left(f_{B} g(x)^{p} d \mu(x)\right)^{\frac{1}{p}}
$$

and thus

$$
\int_{B}\left|u(x)-u_{B, p}\right|^{p} d \mu(x) \leq C(p) r^{\beta p} \int_{B} g(x)^{p} d \mu(x)
$$

Substituting this to (6.11) and recalling that $B=B(z, r)$, we arrive at

$$
\operatorname{cap}_{\beta, p}\left(\{u=0\} \cap \overline{B\left(z, \frac{r}{2}\right)}, B(z, r)\right) \leq \frac{C(p)}{\left(u_{B, p}\right)^{p}} \int_{B(z, r)} g(x)^{p} d \mu(x)
$$

The claim follows by reorganizing the terms.
We now establish a boundary Poincaré inequality for a set $E$ satisfying a capacity
density condition. More precisely, we prove that a function $u$ that vanishes on the set $E$ satisfies Poincaré inequalities at balls centered in $E$. The Maz'ya-type inequality in Theorem 6.15 is a key tool in the proof.

## Theorem 6.16

Let $1 \leq p<\infty$ and $0<\beta \leq 1$. Assume that $E \subset X$ satisfies a $(\beta, p)$-capacity density condition with a constant $c_{0}$. Then there is a constant $C=C\left(p, c_{0}, c_{\mu}\right)$ such that

$$
f_{B(x, R)}|u(x)|^{p} d \mu(x) \leq C R^{\beta p} f_{B(x, R)} g(x)^{p} d \mu(x)
$$

whenever $u: X \rightarrow \mathbb{R}$ is a $\beta$-Hölder function in $X$ such that $u=0$ in $E, g \in \mathcal{D}_{H}^{\beta}(u)$, and $B(x, R)$ is a ball with $x \in E$ and $0<R<\operatorname{diam}(E) / 4$.

Proof. Let $x \in E$ and $0<R<\operatorname{diam}(E) / 4$. We denote $r=R / 2<\operatorname{diam}(E) / 8$. Applying the capacity density condition in the ball $B=B(x, r)$ gives

$$
\operatorname{cap}_{\beta, p}(E \cap \bar{B}, 2 B) \geq c_{0} r^{-\beta p} \mu(B)
$$

Write $\{u=0\}=\{y \in X: u(y)=0\} \supset E$. By the monotonicity of capacity and the doubling condition we have

$$
\frac{1}{\operatorname{cap}_{\beta, p}(\{u=0\} \cap \bar{B}, 2 B)} \leq \frac{1}{\operatorname{cap}_{\beta, p}(E \cap \bar{B}, 2 B)} \leq \frac{C\left(c_{0}\right) r^{\beta p}}{\mu(B)} \leq \frac{C\left(c_{0}, c_{\mu}\right) R^{\beta p}}{\mu(2 B)} .
$$

The desired inequality, for the ball $B(x, R)=B(x, 2 r)=2 B$, follows from Theorem 6.15.

### 6.5 Necessary and sufficient geometrical conditions

In this section we adapt the approach in [32] by giving necessary and sufficient geometrical conditions for a set $E$ to satisfy the ( $\beta, p$ )-capacity density condition. These conditions are given in terms of some bounds for the upper Assouad codimension [68], which we introduce now.

## Definition 6.17

When $E \subset X$ and $r>0$, the open $r$-neighbourhood of $E$ is the set

$$
E_{r}=\{x \in X: d(x, E)<r\} .
$$

The upper Assouad codimension of $E \subset X$, denoted by $\overline{\operatorname{codim}}_{\mathrm{A}}(E)$, is the infimum of all $Q \geq 0$ for which there is $c>0$ such that

$$
\frac{\mu\left(E_{r} \cap B(x, R)\right)}{\mu(B(x, R))} \geq c\left(\frac{r}{R}\right)^{Q}
$$

for every $x \in E$ and all $0<r<R<\operatorname{diam}(E)$. If $\operatorname{diam}(E)=0$, then the restriction $R<\operatorname{diam}(E)$ is removed.

Observe that a larger set has a smaller Assouad codimension. In order to develop our methods, we are going to use suitable versions of Hausdorff contents that we borrow from [80].

## Definition 6.18

The ( $\rho$-restricted) Hausdorff content of codimension $q \geq 0$ of a set $F \subset X$ is defined by

$$
\mathcal{H}_{\rho}^{\mu, q}(F)=\inf \left\{\sum_{k} \mu\left(B\left(x_{k}, r_{k}\right)\right) r_{k}^{-q}: F \subset \bigcup_{k} B\left(x_{k}, r_{k}\right) \text { and } 0<r_{k} \leq \rho\right\} .
$$

We are going to give bounds for this Hausdorff content in terms of the measure and the capacity. On the one hand, we state a lower bound for the Hausdorff content of a set truncated in a fixed ball in terms of the measure and radius of the truncating ball. The proof uses completeness via construction of a compact Cantor-type set inside $E$, to which mass is uniformly distributed by a Carathéodory construction.

## Lemma 6.19 - [80, Lemma 5.1]

Assume that $X$ is a complete metric space. Let $E \subset X$ be a closed set, and assume that $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<q$. Then there exists a constant $C>0$ such that

$$
\begin{equation*}
\mathcal{H}_{r}^{\mu, q}(E \cap \overline{B(x, r)}) \geq C r^{-q} \mu(B(x, r)) \tag{6.13}
\end{equation*}
$$

for every $x \in E$ and all $0<r<\operatorname{diam}(E)$.
On the other hand, Hausdorff contents gives a lower bound for capacity by following lemma. The proof is based on a covering argument, where the covering balls are chosen by chaining. The proof is a more sophisticated variant of the argument given in Example 6.14. Similar covering arguments via chaining have been widely used; see for instance [55].

## Lemma 6.20

Let $0<\beta \leq 1,1 \leq p<\infty$, and $0<\eta<p$. Assume that $B=B\left(x_{0}, r\right) \subset X$ is a ball with $r<\operatorname{diam}(X) / 8$, and assume that $F \subset \bar{B}$ is a closed set. Then there is a constant $C=C\left(\beta, p, \eta, c_{\mu}\right)>0$ such that

$$
r^{\beta(p-\eta)} \operatorname{cap}_{\beta, p}(F, 2 B) \geq C \mathcal{H}_{20 r}^{\mu, \beta \eta}(F)
$$

Proof. We adapt the proof of [32, Lemma 4.6] for our purposes. Let $u \in \operatorname{Lip}_{\beta}(X)$ be such that $0 \leq u \leq 1$ in $X, u=1$ in $F$ and $u=0$ in $X \backslash 2 B$. Let also $g \in \mathcal{D}_{H}^{\beta}(u)$. We aim to cover the set $F$ by balls that are chosen by chaining. In order to do so, we fix $x \in F$ and write $B_{0}=4 B=B\left(x_{0}, 4 r\right), r_{0}=4 r, r_{j}=2^{-j+1} r$ and $B_{j}=B\left(x, r_{j}\right)$, $j=1,2, \ldots$. Observe that $B_{j+1} \subset B_{j}$ and $\mu\left(B_{j}\right) \leq c_{\mu}^{3} \mu\left(B_{j+1}\right)$ if $j=0,1,2, \ldots$.

By the above properties of $u$ and the reverse doubling inequality (6.4), we obtain

$$
0 \leq u_{B_{0}}=f_{B_{0}} u(y) d \mu(y) \leq \frac{\mu(2 B)}{\mu(4 B)} \leq c_{R}<1 .
$$

Since $x \in F$, we find that $u(x)=1$ and therefore

$$
\left|u(x)-u_{B_{0}}\right| \geq 1-u_{B_{0}} \geq 1-c_{R}=C\left(c_{\mu}\right)>0
$$

We write $\delta=\beta(p-\eta) / p>0$. Using the Poincaré inequality in Theorem 6.8 and abbreviating $C=C\left(\beta, p, \eta, c_{\mu}\right)$, we obtain

$$
\begin{aligned}
\sum_{j=0}^{\infty} 2^{-j \delta} & =C\left(1-c_{R}\right) \leq C\left|u(x)-u_{B_{0}}\right| \\
& \leq C \sum_{j=0}^{\infty}\left|u_{B_{j+1}}-u_{B_{j}}\right| \leq C \sum_{j=0}^{\infty} \frac{\mu\left(B_{j}\right)}{\mu\left(B_{j+1}\right)} f_{B_{j}}\left|u(y)-u_{B_{j}}\right| d \mu(y) \\
& \leq C \sum_{j=0}^{\infty}\left(f_{B_{j}}\left|u(y)-u_{B_{j}}\right|^{p} d \mu(y)\right)^{\frac{1}{p}} \leq C \sum_{j=0}^{\infty} r_{j}^{\beta}\left(f_{B_{j}} g(y)^{p} d \mu(y)\right)^{\frac{1}{p}}
\end{aligned}
$$

By comparing the series in the left- and right-hand side of these inequalities, we see that there exists $j \in\{0,1,2, \ldots\}$ depending on $x$ such that

$$
\begin{equation*}
2^{-j \delta p} \leq C\left(\beta, p, \eta, c_{\mu}\right) r_{j}^{\beta p} f_{B_{j}} g(y)^{p} d \mu(y) \tag{6.14}
\end{equation*}
$$

Write $r_{x}=r_{j}$ and $B_{x}=B_{j}$. Then $x \in B_{x}$ and straightforward estimates based on (6.14) give

$$
\mu\left(B_{x}\right) r_{x}^{-\beta \eta} \leq C\left(\beta, p, \eta, c_{\mu}\right) r^{\beta(p-\eta)} \int_{B_{x}} g(y)^{p} d \mu(y)
$$

By the Vitali covering lemma 1.2, see also [4, Lemma 1.7], we obtain points $x_{k} \in F$, $k=1,2, \ldots$, such that the balls $B_{x_{k}} \subset B_{0}=4 B$ with radii $r_{x_{k}} \leq 4 r$ are pairwise disjoint and $F \subset \bigcup_{k=1}^{\infty} 5 B_{x_{k}}$. Hence,

$$
\begin{aligned}
\mathcal{H}_{20 r}^{\mu, \beta \eta}(F) & \leq \sum_{k=1}^{\infty} \mu\left(5 B_{x_{k}}\right)\left(5 r_{x_{k}}\right)^{-\beta \eta} \leq C \sum_{k=1}^{\infty} r^{\beta(p-\eta)} \int_{B_{x_{k}}} g(x)^{p} d \mu(x) \\
& \leq C r^{\beta(p-\eta)} \int_{4 B} g(x)^{p} d \mu(x) \leq C r^{\beta(p-\eta)} \int_{X} g(x)^{p} d \mu(x)
\end{aligned}
$$

where $C=C\left(\beta, p, \eta, c_{\mu}\right)$. We remark that the scale $20 r$ of the Hausdorff content in the left-hand side comes from the fact that radii of the covering balls $5 B_{x_{k}}$ for $F$ are bounded by $20 r$. The desired inequality follows by taking infimum over all functions $g \in \mathcal{D}_{H}^{\beta}(u)$ and then over all functions $u$ as above.

The following theorem gives an upper bound for the upper Assouad codimension for sets satisfying a capacity density condition. We emphasize the strict inequality $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<\beta p$ and completeness in the assumptions below.

## Theorem 6.21

Assume that $X$ is a complete metric space. Let $1 \leq p<\infty$ and $0<\beta \leq 1$. Let $E$ be a closed set with $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<\beta p$. Then $E$ satisfies a $(\beta, p)$-capacity density condition.

Proof. Fix $0<\eta<p$ such that $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<\beta \eta$. Let $x \in E$ and $0<r<\operatorname{diam}(E) / 8$, and write $B=B(x, r)$. By a simple covering argument using the doubling condition,
it follows that $\mathcal{H}_{20 r}^{\mu, \beta \eta}(E \cap \bar{B}) \geq C \mathcal{H}_{r}^{\mu, \beta \eta}(E \cap \bar{B})$ with a constant $C$ independent of $B$. Applying also Lemma 6.20 and then Lemma 6.19 gives

$$
r^{\beta(p-\eta)} \operatorname{cap}_{\beta, p}(E \cap \bar{B}, 2 B) \geq C \mathcal{H}_{20 r}^{\mu, \beta \eta}(E \cap \bar{B}) \geq C \mathcal{H}_{r}^{\mu, \beta \eta}(E \cap \bar{B}) \geq r^{-\beta \eta} \mu(B)
$$

After simplification, we obtain

$$
\operatorname{cap}_{\beta, p}(E \cap \bar{B}, 2 B) \geq C r^{-\beta p} \mu(B)
$$

and the claim follows.
As a partial converse to this result, we prove by using boundary Poincaré inequalities, that a capacity density condition implies an upper bound for the upper Assouad codimension. This upper bound is not strict.

## Theorem 6.22

Let $1 \leq p<\infty$ and $0<\beta \leq 1$. Assume that $E \subset X$ satisfies a $(\beta, p)$-capacity density condition. Then $\overline{\operatorname{codim}}_{\mathrm{A}}(E) \leq \beta p$.

Proof. The proof of this Theorem is an adaptation of the proof of [32, Theorem 5.3] to our setting. By using the doubling condition, it suffices to show that

$$
\begin{equation*}
\frac{\mu\left(E_{r} \cap B(w, R)\right)}{\mu(B(w, R))} \geq c\left(\frac{r}{R}\right)^{\beta p} \tag{6.15}
\end{equation*}
$$

for all $w \in E$ and $0<r<R<\operatorname{diam}(E) / 4$, where the constant $c$ is independent of $w$, $r$ and $R$.

If $\mu\left(E_{r} \cap B(w, R)\right) \geq \frac{1}{2} \mu(B(w, R))$, the claim is clear since $\left(\frac{r}{R}\right)^{\beta p} \leq 1$. Thus we may assume in the sequel that $\mu\left(E_{r} \cap B(w, R)\right)<\frac{1}{2} \mu(B(w, R))$, whence

$$
\begin{equation*}
\mu\left(B(w, R) \backslash E_{r}\right) \geq \frac{1}{2} \mu(B(w, R))>0 \tag{6.16}
\end{equation*}
$$

We define a $\beta$-Hölder function $u: X \rightarrow \mathbb{R}$ by

$$
u(x)=\min \left\{1, r^{-\beta} d(x, E)^{\beta}\right\}, \quad x \in X
$$

Then $u=0$ in $E, u=1$ in $X \backslash E_{r}$, and

$$
|u(x)-u(y)| \leq r^{-\beta} d(x, y)^{\beta} \quad \text { for all } x, y \in X
$$

We obtain

$$
\begin{align*}
R^{-\beta p} \int_{B(w, R)}|u(x)|^{p} d \mu(x) & \geq R^{-\beta p} \int_{B(w, R) \backslash E_{r}}|u(x)|^{p} d \mu(x) \\
& =R^{-\beta p} \mu\left(B(w, R) \backslash E_{r}\right)  \tag{6.17}\\
& \geq \frac{1}{2} R^{-\beta p} \mu(B(w, R))
\end{align*}
$$

where the last step follows from (6.16).
Since $u=1$ in $X \backslash E_{r}$ and $u$ is a $\beta$-Hölder function with a constant $r^{-\beta}$, Lemma 6.6 implies that $g=r^{-\beta} \chi_{E_{r}} \in \mathcal{D}_{H}^{\beta}(u)$. We observe from (6.17) and Theorem 6.16
that

$$
\begin{align*}
C r^{-\beta p} \mu\left(E_{r} \cap B(w, R)\right) & =C \int_{B(w, R)} g(x)^{p} d \mu(x) \\
& \geq 2 R^{-\beta p} \int_{B(w, R)}|u(x)|^{p} d \mu(x)  \tag{6.18}\\
& \geq R^{-\beta p} \mu(B(w, R)),
\end{align*}
$$

where the constant $C$ is independent of $w, r$ and $R$. The claim (6.15) follows from (6.18).

Observe that the upper bound $\overline{\operatorname{codim}}_{\mathrm{A}}(E) \leq \beta p$ appears in the conclusion of Theorem 6.22. The rest of the chapter is devoted to showing the strict inequality $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<\beta p$ for $1<p<\infty$, which leads to a characterization of the $(\beta, p)$ capacity density condition in terms of this strict dimensional inequality.

The strategy is to combine the methods in [74] and [81] to prove a significantly stronger variant of the boundary Poincaré inequality, which involves maximal operators, see Theorem 6.28. We use this maximal inequality to prove a Hardy inequality, Theorem 6.36. This variant leads to the characterization in Theorem 6.38 of the $(\beta, p)$ capacity density condition in terms of the strict inequality $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<\beta p$, among other geometric and analytic conditions. Certain additional geometric assumptions are needed for the proof of Theorem 6.38, namely geodesic property of $X$. We are not aware, to which extent this geometric assumption can be relaxed.

### 6.6 Local boundary Poincaré inequality

Our next aim is to show Theorem 6.28, which concerns inequalities localized to a fixed ball $B_{0}$ centered at $E$. The proof of this theorem requires that we first truncate the closed set $E$ to a smaller set $E_{Q}$ contained in a Whitney-type ball $\bar{Q} \subset B_{0}$ such that a local variant of the boundary Poincaré inequality remains valid. The choice of the Whitney-type ball $Q$ and the construction of the set $E_{Q}$ are given in this section.

This truncation construction, that we borrow from [81], is done in such a way that a local Poincaré inequality holds, see Lemma 6.26. This inequality is local in two senses: on one hand, the inequality holds only for balls $B \subset Q^{*}$; on the other hand, it holds for functions vanishing on the truncated set $E_{Q}$. Due to the subtlety of its consequences, the truncation in this section may seem arbitrary, but it is actually needed for our purposes.

Assume that $E$ is a closed set in a geodesic space $X$. Fix a ball $B_{0}=B(w, R) \subset X$ with $w \in E$ and $R<\operatorname{diam}(E)$. Define a family of balls

$$
\begin{equation*}
\mathcal{B}_{0}=\left\{B \subset X: B \text { is a ball such that } B \subset B_{0}\right\} . \tag{6.19}
\end{equation*}
$$

We also need a single Whitney-type ball $Q=B\left(w, r_{Q}\right) \subset B_{0}$, where

$$
\begin{equation*}
r_{Q}=\frac{R}{128} . \tag{6.20}
\end{equation*}
$$

The 4-dilation of the Whitney-type ball is denoted by $Q^{*}=4 Q=B\left(w, 4 r_{Q}\right)$. Now it holds that $Q^{*} \subsetneq X$, since otherwise

$$
\operatorname{diam}(X)=\operatorname{diam}\left(Q^{*}\right) \leq R / 16<\operatorname{diam}(E) \leq \operatorname{diam}(X)
$$

The following proposition illustrates a few properties that are straightforward to verify. For instance, property (W1) follows from inequality (6.3); we omit the simple proofs.

## Proposition 6.23

The following properties hold:
(W1) If $B \subset X$ is a ball such that $B \cap \bar{Q} \neq \emptyset \neq 2 B \cap\left(X \backslash Q^{*}\right)$, then $\operatorname{diam}(B) \geq 3 r_{Q} / 4$;
(W2) If $B \subset Q^{*}$ is a ball, then $B \in \mathcal{B}_{0}$;
(W3) If $B \subset Q^{*}$ is a ball, $x \in B$ and $0<r \leq \operatorname{diam}(B)$, then $B(x, 5 r) \in \mathcal{B}_{0}$;
(W4) If $x \in Q^{*}$ and $0<r \leq 2 \operatorname{diam}\left(Q^{*}\right)$, then $B(x, r) \in \mathcal{B}_{0}$.

Observe that there is some overlap between the properties (W2)-(W4). The slightly different formulations will conveniently guide the reader in the sequel.

The following Lemma 6.24 gives us the truncated set $E_{Q} \subset \bar{Q}$ that contains big pieces of the original set $E$ at small scales. This big pieces property is not always satisfied by $E \cap Q$, so it cannot be used instead.

## Lemma 6.24

Assume that $E \subset X$ is a closed set in a geodesic space $X$ and that $Q=B\left(w, r_{Q}\right)$ for $w \in E$ and $r_{Q}>0$. Let $E_{Q}^{0}=E \cap \overline{\frac{1}{2} Q}$, define inductively, for every $j \in \mathbb{N}$, that

$$
E_{Q}^{j}=\bigcup_{x \in E_{Q}^{j-1}} E \cap \overline{B\left(x, 2^{-j-1} r\right)}, \quad \text { and set } \quad E_{Q}=\overline{\bigcup_{j \in \mathbb{N}_{0}} E_{Q}^{j}}
$$

Then the following statements hold:
(a) $w \in E_{Q}$;
(b) $E_{Q} \subset E$;
(c) $E_{Q} \subset \bar{Q}$;
(d) $E_{Q}^{j-1} \subset E_{Q}^{j} \subset E_{Q}$ for every $j \in \mathbb{N}$.

Proof. Part (a) is is true since $w \in E_{B}^{0}$. Part (b) follows from the facts that $E$ is closed and $\cup_{j} E_{B}^{j} \subset E$ by definition. To verify (c), we fix $x \in E_{B}^{j}$. If $j=0$, then $x \in \bar{B}$. If $j>0$, then by induction we find a sequence $x_{j}, \ldots, x_{0}$ such $x_{j}=x$ and, for each $k=0, \ldots, j, x_{k} \in E_{B}^{k}$ and $x_{k} \in E \cap \overline{B\left(x_{k-1}, 2^{-k-1} r\right)}$ if $k>0$. It follows that

$$
d(x, w) \leq \sum_{k=1}^{j} d\left(x_{k}, x_{k-1}\right)+d\left(x_{0}, w\right) \leq \sum_{k=1}^{j} 2^{-k-1} r+2^{-1} r<r .
$$

Hence, $x \in B(w, r) \subset \bar{B}$. We have shown that $E_{B}^{j} \subset \bar{B}$ whenever $j \in \mathbb{N}_{0}$, whence it follows that also $E_{B} \subset \bar{B}$. To prove (d) we fix $j \in \mathbb{N}$ and $x \in E_{B}^{j-1}$. By definition we have $x \in E$ and, hence, $x \in E \cap B\left(x, 2^{-j-1} r\right) \subset E_{B}^{j}$.

The next lemma shows that the truncated set $E_{Q}$ in Lemma 6.24 really contains big pieces of the original set $E$ at all small scales. By using these balls we later employ the capacity density condition of $E$, see the proof of Lemma 6.26 for details.

## Lemma 6.25

Let $E, Q$, and $E_{Q}$ be as in Lemma 6.24. Suppose that $m \in \mathbb{N}_{0}$ and $x \in X$ is such that $d\left(x, E_{Q}\right)<2^{-m+1} r_{Q}$. Then there exists a ball $\widehat{B}=B\left(y_{x, m}, 2^{-m-1} r_{Q}\right)$ such that $y_{x, m} \in E$,

$$
E \cap \overline{2^{-1} \widehat{B}}=E_{Q} \cap \overline{2^{-1} \widehat{B}}
$$

and $\widehat{B} \subset B\left(x, 2^{-m+2} r_{Q}\right)$.

Proof. In this proof we will apply Lemma 6.24 several times without further notice. Since $d\left(x, E_{B}\right)<2^{-m+1} r$ there exists $y \in \cup_{j \in \mathbb{N}_{0}} E_{B}^{j} \subset E$ such that $d(y, x)<2^{-m+1} r$. Let us fix $j \in \mathbb{N}_{0}$ such that $y \in E_{B}^{j}$. There are two cases to be treated.

First, let us consider the case when $j>m \geq 0$. By induction, there are points $y_{k} \in E_{B}^{k}$ with $k=m, \ldots, j$ such that $y_{j}=y$ and $y_{k} \in E \cap \overline{B\left(y_{k-1}, 2^{-k-1} r\right)}$ for every $k=m+1, \ldots, j$. It follows that

$$
\begin{aligned}
d\left(y_{m}, y\right) & =d\left(y_{j}, y_{m}\right) \\
& \leq \sum_{k=m+1}^{j} d\left(y_{k}, y_{k-1}\right) \\
& \leq \sum_{k=m+1}^{j} 2^{-k-1} r \\
& <2^{-m-1} r .
\end{aligned}
$$

Take $y_{x, m}=y_{m} \in E_{B}^{m} \subset E$ and $\widehat{B}=B\left(y_{m}, 2^{-m-1} r\right)$. If $\sigma \geq 1$ and $z \in \sigma \widehat{B}$, then

$$
\begin{aligned}
d(z, x) & \leq d\left(z, y_{m}\right)+d\left(y_{m}, y\right)+d(y, x) \\
& \leq \sigma 2^{-m-1} r+2^{-m-1} r+2^{-m+1} r \\
& <\sigma 2^{-m+2} r,
\end{aligned}
$$

and thus $\sigma \widehat{B} \subset B\left(x, \sigma 2^{-m+2} r\right)$. Moreover, since $y_{m} \in E_{B}^{m}$, we have

$$
\begin{aligned}
\overline{2^{-1} \widehat{B}} \cap E & =E \cap \overline{B\left(y_{m}, 2^{-m-2} r\right)} \\
& \subset \bigcup_{z \in E_{B}^{m}} E \cap \overline{B\left(z, 2^{-m-2} r\right)} \\
& =E_{B}^{m+1} \subset E_{B} .
\end{aligned}
$$

On the other hand $E_{B} \subset E$, and thus $\overline{2^{-1} \widehat{B}} \cap E=\overline{2^{-1} \widehat{B}} \cap E_{B}$.

Let us then consider the case $m \geq j \geq 0$. We take $y_{x, m}=y \in E$ and $\widehat{B}=$ $B\left(y, 2^{-m-1} r\right)$. Then, for every $\sigma \geq 1$ and each $z \in \sigma \widehat{B}$,

$$
\begin{aligned}
d(z, x) & \leq d(z, y)+d(y, x) \\
& <\sigma 2^{-m-1} r+2^{-m+1} r \\
& <\sigma 2^{-m+2} r
\end{aligned}
$$

and so $\sigma \widehat{B} \subset B\left(x, \sigma 2^{-m+2} r\right)$. Since $y \in E_{B}^{j} \subset E_{B}^{m} \subset E_{B}$ we can repeat the argument above, with $y_{m}$ replaced by $y$, and it follows as above that $\overline{2^{-1} \widehat{B}} \cap E=\overline{2^{-1} \widehat{B}} \cap E_{B}$.

A similar truncation procedure is a standard technique when proving the selfimprovement of different capacity density conditions. It originally appears in [88, p. 180] for Riesz capacities in $\mathbb{R}^{n}$, and later also in [98] for $\mathbb{R}^{n}$ and in [6] for general metric spaces.

With the aid of big pieces inside the truncated set $E_{Q}$, we can show that a localized variant of the boundary Poincaré inequality in Theorem 6.16 holds for the truncated set $E_{Q}$, if $E$ satisfies a capacity density condition.

## Lemma 6.26

Let $X$ be a geodesic space. Assume that $1 \leq p<\infty$ and $0<\beta \leq 1$. Suppose that a closed set $E \subset X$ satisfies the $(\beta, p)$-capacity density condition with a constant $c_{0}$. Let $B_{0}=B(w, R) \subset X$ be a ball with $w \in E$ and $R<\operatorname{diam}(E)$, and let $Q=B\left(w, r_{Q}\right) \subset B_{0}$ be the corresponding Whitney-type ball. Assume that $B \subset Q^{*}$ is a ball with a center $x_{B} \in E_{Q}$. Then there is a constant $K=K\left(p, c_{\mu}, c_{0}\right)$ such that

$$
\begin{equation*}
f_{B}|u(x)|^{p} d \mu(x) \leq K \operatorname{diam}(B)^{\beta p} f_{B} g(x)^{p} d \mu(x) \tag{6.21}
\end{equation*}
$$

for all $\beta$-Hölder functions $u$ in $X$ with $u=0$ in $E_{Q}$, and for all $g \in \mathcal{D}_{H}^{\beta}(u)$.
Proof. Fix a ball $B=B\left(x_{B}, r_{B}\right) \subset Q^{*}$ with $x_{B} \in E_{Q}$. Recall that $r_{Q}=R / 128$ as in (6.20). Since $B \subset Q^{*} \subsetneq X$, we have

$$
0<r_{B} \leq \operatorname{diam}(B) \leq \operatorname{diam}\left(Q^{*}\right) \leq 8 r_{Q}
$$

Hence, we can choose $m \in \mathbb{N}_{0}$ such that $2^{-m+2} r_{Q}<r_{B} \leq 2^{-m+3} r_{Q}$. Then

$$
d\left(x_{B}, E_{Q}\right)=0<2^{-m+1} r_{Q} .
$$

By Lemma 6.25 with $x=x_{B}$ there exists a ball $\widehat{B}=B\left(y, 2^{-m-1} r_{Q}\right)$ such that $y \in E$,

$$
\begin{equation*}
E \cap \overline{2^{-1} \widehat{B}}=E_{Q} \cap \overline{2^{-1} \widehat{B}} \tag{6.22}
\end{equation*}
$$

and $\widehat{B} \subset B\left(x_{B}, 2^{-m+2} r_{Q}\right) \subset B\left(x_{B}, r_{B}\right)=B$. Observe also that $B \subset 32 \widehat{B}$.
Fix a $\beta$-Hölder function $u$ in $X$ with $u=0$ in $E_{Q}$, and let $g \in \mathcal{D}_{H}^{\beta}(u)$. We estimate

$$
f_{B}|u(x)|^{p} d \mu(x) \leq C(p) f_{B}\left|u(x)-u_{B}\right|^{p} d \mu(x)+C(p)\left|u_{B}-u_{\widehat{B}}\right|^{p}+C(p)\left|u_{\widehat{B}}\right|^{p} .
$$

By the ( $\beta, p, p$ )-Poincaré inequality in Theorem 6.8, we obtain

$$
f_{B}\left|u(x)-u_{B}\right|^{p} d \mu(x) \leq C(p) \operatorname{diam}(B)^{\beta p} f_{B} g(x)^{p} d \mu(x) .
$$

Using also Hölder's inequality and the doubling condition, we get

$$
\begin{aligned}
\left|u_{B}-u_{\widehat{B}}\right|^{p} & \leq f_{\widehat{B}}\left|u(x)-u_{B}\right|^{p} d \mu(x) \\
& \leq C\left(c_{\mu}\right) f_{B}\left|u(x)-u_{B}\right|^{p} d \mu(x) \\
& \leq C\left(p, c_{\mu}\right) \operatorname{diam}(B)^{\beta p} f_{B} g(x)^{p} d \mu(x)
\end{aligned}
$$

In order to estimate the remaining term $\left|u_{\widehat{B}}\right|^{p}$, we write

$$
\{u=0\}=\{y \in X: u(y)=0\} \supset E_{Q} .
$$

By using the monotonicity of capacity, identity (6.22), the assumed capacity density condition, and the doubling condition, we obtain

$$
\begin{aligned}
\operatorname{cap}_{\beta, p}\left(\{u=0\} \cap \overline{2^{-1} \widehat{B}}, \widehat{B}\right) & \geq \operatorname{cap}_{\beta, p}\left(E_{Q} \cap \overline{2^{-1} \widehat{B}}, \widehat{B}\right) \\
& =\operatorname{cap}_{\beta, p}\left(E \cap \overline{2^{-1} \widehat{B}}, \widehat{B}\right) \\
& \geq c_{0}\left(2^{-m-2} r_{Q}\right)^{-\beta p} \mu\left(2^{-1} \widehat{B}\right) \\
& \geq C\left(c_{\mu}, c_{0}\right) r_{B}^{-\beta p} \mu(B)
\end{aligned}
$$

By Theorem 6.15, we obtain

$$
\begin{aligned}
\left|u_{\widehat{B}}\right|^{p} & \leq f_{\widehat{B}}|u(x)|^{p} d \mu(x) \\
& \leq C(p)\left(\operatorname{cap}_{\beta, p}\left(\{u=0\} \cap \overline{2^{-1} \widehat{B}}, \widehat{B}\right)\right)^{-1} \int_{\widehat{B}} g(x)^{p} d \mu(x) \\
& \leq C\left(p, c_{\mu}, c_{0}\right) \frac{r_{B}^{\beta p}}{\mu(B)} \int_{\widehat{B}} g(x)^{p} d \mu(x) \\
& \leq C\left(p, c_{\mu}, c_{0}\right) \operatorname{diam}(B)^{\beta p} f_{B} g(x)^{p} d \mu(x) .
\end{aligned}
$$

The proof is completed by combining the above estimates for the three terms.

### 6.7 Maximal boundary Poincaré inequalities

This section is the most technical section of this Chapter. Here, we formulate and prove our key results, Theorem 6.28 and Theorem 6.29. These theorems give improved variants of the local boundary Poincaré inequality (6.21). The improved variants are norm inequalities for a combination of two maximal functions. Hence, we can view Theorem 6.28 and Theorem 6.29 as maximal boundary Poincaré inequalities.

The method adapts [74] to the setting of boundary Poincaré inequalities. Nevertheless, the adaptation of the argument there to our setting is nontrivial. That is why this lengthy and technical section is developed in full detail.

Let us begin by introducing the maximal operators that we are going to use throughout this section.

## Definition 6.27

Let $X$ be a geodesic space, $1<p<\infty$ and $0<\beta \leq 1$. If $\mathcal{B} \neq \emptyset$ is a given family of balls in $X$, then we define a fractional sharp maximal function

$$
\begin{equation*}
M_{\beta, \mathcal{B}}^{\sharp, p} u(x)=\sup _{x \in B \in \mathcal{B}}\left(\frac{1}{\operatorname{diam}(B)^{\beta p}} f_{B}\left|u(y)-u_{B}\right|^{p} d \mu(y)\right)^{1 / p}, \quad x \in X, \tag{6.23}
\end{equation*}
$$

whenever $u: X \rightarrow \mathbb{R}$ is a $\beta$-Hölder function. We also define the maximal function adapted to a given set $E_{Q} \subset X$ by

$$
\begin{equation*}
M_{\beta, \mathcal{B}}^{E_{Q}, p} u(x)=\sup _{x \in B \in \mathcal{B}}\left(\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} f_{B}|u(y)|^{p} d \mu(y)\right)^{1 / p}, \quad x \in X \tag{6.24}
\end{equation*}
$$

whenever $u: X \rightarrow \mathbb{R}$ is a $\beta$-Hölder function such that $u=0$ in $E_{Q}$. Here $x_{B}$ is the center of the ball $B \in \mathcal{B}$. The supremums in (6.23) and (6.24) are defined to be zero, if there is no ball $B$ in $\mathcal{B}$ that contains the point $x$.

We are mostly interested in maximal functions for the ball family (6.19). The following is the main result in this section.

## Theorem 6.28

Let $X$ be a geodesic space. Let $1<p<\infty$ and $0<\beta \leq 1$. Let $E \subset X$ be a closed set which satisfies the $(\beta, p)$-capacity density condition with a constant $c_{0}$. Let $B_{0}=B(w, R)$ be a ball with $w \in E$ and $R<\operatorname{diam}(E)$. Let $E_{Q}$ be the truncation of $E$ to the Whitney-type ball $Q$ as in Section 6.6. Then there exists a constant $C=C\left(\beta, p, c_{\mu}, c_{0}\right)>0$ such that inequality

$$
\begin{equation*}
\int_{B_{0}}\left(M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u(x)+M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u(x)\right)^{p} d \mu(x) \leq C \int_{B_{0}} g(x)^{p} d \mu(x) \tag{6.25}
\end{equation*}
$$

holds whenever $u \in \operatorname{Lip}_{\beta}(X)$ is such that $u=0$ in $E_{Q}$ and $g \in \mathcal{D}_{H}^{\beta}(u)$.

Proof. We use the following Theorem 6.29 with $\varepsilon=0$. Observe that the first term on the right-hand side of (6.26) is finite, since $u$ is a $\beta$-Hölder function in $X$ such that $u=0$ in $E_{Q}$. Inequality (6.25) is obtained when this term is absorbed to the left-hand side after choosing the number $k$ large enough, depending only on $\beta, p, c_{\mu}$ and $c_{0}$.

## Theorem 6.29

Let $X$ be a geodesic space. Let $1<q<p<\infty$ and $0<\beta \leq 1$ be such that the $(\beta, p, q)$-Poincaré inequality in Theorem 6.9 holds. Let $E \subset X$ be a closed set satisfying the $(\beta, p)$-capacity density condition with a constant $c_{0}$. Let $B_{0}=B(w, R)$ be a ball with $w \in E$ and $R<\operatorname{diam}(E)$. Let $E_{Q}$ be the truncation of $E$ to the Whitney-type ball $Q=B\left(w, r_{Q}\right) \subset B_{0}$ as in Section 6.6. Let $K=K\left(p, c_{\mu}, c_{0}\right)>0$ be the constant for the local boundary Poincaré inequality in Lemma 6.26. Assume
that $k \in \mathbb{N}, 0 \leq \varepsilon<(p-q) / 2$, and $\alpha=\beta p^{2} /(2(s+\beta p))>0$ with $s=\log _{2} c_{\mu}$. Then inequality

$$
\begin{align*}
\int_{B_{0}}( & \left.M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u+M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u\right)^{p-\varepsilon} d \mu \\
\leq & C_{1}\left(2^{k(\varepsilon-\alpha)}+\frac{K 4^{k \varepsilon}}{k^{p-1}}\right) \int_{B_{0}}\left(M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u+M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u\right)^{p-\varepsilon} d \mu \\
& +C_{1} C(k, \varepsilon) K \int_{B_{0} \backslash\left\{M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u+M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u=0\right\}} g^{p}\left(M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u+M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u\right)^{-\varepsilon} d \mu \\
& +C_{3} \int_{B_{0}} g^{p-\varepsilon} d \mu . \tag{6.26}
\end{align*}
$$

holds for each $u \in \operatorname{Lip}_{\beta}(X)$ with $u=0$ in $E_{Q}$ and every $g \in \mathcal{D}_{H}^{\beta}(u)$. Here $C_{1}=$ $C_{1}\left(\beta, p, c_{\mu}\right), C_{1}=C_{1}\left(\beta, p, c_{\mu}\right), C_{3}=C\left(\beta, p, c_{\mu}\right), C(k, \varepsilon)=\left(4^{k \varepsilon}-1\right) / \varepsilon$ if $\varepsilon>0$ and $C(k, 0)=k$.

Remark 6.30 Observe that Theorem 6.29 implies a variant of Theorem 6.28 when we choose $\varepsilon>0$ to be sufficiently small. We omit the formulation of this variant, since we do not use it. This is because of the following defect: one of the terms is the integral of $g^{p}\left(M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u+M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u\right)^{-\varepsilon}$ instead of $g^{p-\varepsilon}$. Because of its independent interest, we have however chosen to formulate Theorem 6.29 such that it incorporates the parameter $\varepsilon$.

The proof of Theorem 6.29 is completed in Section 6.7.4. For the proof, we need preparations that are treated in Sections 6.7.1-6.7.3. At this stage, we already fix $X, E, B_{0}, Q, E_{Q}, K, \mathcal{B}_{0}, p, \beta, q, \varepsilon, k$ and $u$ as in the statement of Theorem 6.29. Notice, however, that the $\beta$-Hajłasz gradient $g$ of $u$ is not yet fixed. We abbreviate $M^{\sharp} u=M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u$ and $M^{E_{Q}} u=M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u$, and denote

$$
U^{\lambda}=\left\{x \in B_{0}: M^{\sharp} u(x)+M^{E_{Q}} u(x)>\lambda\right\}, \quad \lambda>0
$$

The sets $U^{\lambda}$ are open in $X$. If $F \subset X$ is a Borel set and $\lambda>0$, we write $U_{F}^{\lambda}=U^{\lambda} \cap F$. We refer to these objects throughout Section 6.7 without further notice.

### 6.7.1 Localization to Whitney-type ball

We need a smaller maximal function that is localized to the Whitney-type ball $Q$. Consider the ball family

$$
\mathcal{B}_{Q}=\left\{B \subset X: B \text { is a ball such that } B \subset Q^{*}\right\}
$$

and define

$$
\begin{equation*}
M_{Q}^{E_{Q}} u=\chi_{Q^{*}} M_{\beta, \mathcal{B}_{Q}}^{E_{Q_{Q}}, p} u \tag{6.27}
\end{equation*}
$$

If $\lambda>0$, we write

$$
\begin{equation*}
Q^{\lambda}=\left\{x \in Q^{*}: M_{Q}^{E_{Q}} u(x)>\lambda\right\} . \tag{6.28}
\end{equation*}
$$

We estimate the left-hand side of (6.25) in terms of (6.27) with the aid of the following norm estimate. We will later be able to estimate the smaller maximal function (6.27).

## Lemma 6.31

There are constants $C_{1}=C\left(p, c_{\mu}\right)$ and $C_{2}=C\left(\beta, p, c_{\mu}\right)$ such that

$$
\begin{aligned}
\int_{B_{0}} & \left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) \\
& \leq C_{1} \int_{B_{0}}\left(M_{Q}^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x)+C_{2} \int_{B_{0}} g(x)^{p-\varepsilon} d \mu(x)
\end{aligned}
$$

for all $g \in \mathcal{D}_{H}^{\beta}(u)$.

Proof. Fix $g \in \mathcal{D}_{H}^{\beta}(u)$. We have

$$
\begin{align*}
\int_{B_{0}} & \left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x)  \tag{6.29}\\
& \leq C(p) \int_{B_{0}}\left(M^{\sharp} u(x)\right)^{p-\varepsilon} d \mu(x)+C(p) \int_{B_{0}}\left(M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) .
\end{align*}
$$

Let $x \in B_{0}$ and let $B \in \mathcal{B}_{0}$ be such that $x \in B$. By (6.19) and the ( $\beta, p, q$ )-Poincaré inequality, see Theorem 6.9, we obtain

$$
\begin{aligned}
& \left(\frac{1}{\operatorname{diam}(B)^{\beta p}} f_{B}\left|u(y)-u_{B}\right|^{p} d \mu(y)\right)^{1 / p} \\
& \quad \leq C\left(c_{\mu}, p, \beta\right)\left(f_{B} g(y)^{q} d \mu(y)\right)^{1 / q} \\
& \leq C\left(c_{\mu}, p, \beta\right)\left(M\left(g^{q} \chi_{B_{0}}\right)(x)\right)^{\frac{1}{q}}
\end{aligned}
$$

Here $M$ is the non-centered Hardy-Littlewood maximal function operator. By taking supremum over balls $B$ as above, we obtain

$$
M^{\sharp} u(x)=M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u(x) \leq C\left(\beta, p, c_{\mu}\right)\left(M\left(g^{q} \chi_{B_{0}}\right)(x)\right)^{\frac{1}{q}} .
$$

Since $p-\varepsilon>q$, the Hardy-Littlewood maximal function theorem [4, Theorem 3.13] implies that

$$
\begin{aligned}
\int_{B_{0}}\left(M^{\sharp} u(x)\right)^{p-\varepsilon} d \mu(x) & \leq C\left(\beta, p, c_{\mu}\right) \int_{B_{0}}\left(M\left(g^{q} \chi_{B_{0}}\right)(x)\right)^{\frac{p-\varepsilon}{q}} d \mu(x) \\
& \leq \frac{C\left(\beta, p, c_{\mu}\right)}{p-q-\varepsilon} \int_{B_{0}} g(x)^{p-\varepsilon} d \mu(x)
\end{aligned}
$$

Since $\varepsilon<(p-q) / 2$, this provides an estimate for the first term in the right-hand side of (6.29).

In order to estimate the second term in the right-hand side of (6.29), we let $x \in$ $B_{0} \backslash Q^{*}$ and let $B \in \mathcal{B}_{0}$ be such that $x \in B$. We will estimate the term

$$
\left(\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} f_{B}|u(y)|^{p} d \mu(y)\right)^{1 / p}
$$

where $x_{B}$ is the center of $B$. Clearly we may assume that $x_{B} \in E_{Q} \subset \bar{Q}$. By condition (W1), we see that $\operatorname{diam}(B) \geq C \operatorname{diam}\left(B_{0}\right)$ and $\mu(B) \geq C\left(c_{\mu}\right) \mu\left(B_{0}\right)$. Since $B \in \mathcal{B}_{0}$,
we have $B \subset B_{0}$. Thus,

$$
\left(\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} f_{B}|u(y)|^{p} d \mu(y)\right)^{1 / p} \leq C\left(p, c_{\mu}\right)\left(\frac{1}{\operatorname{diam}\left(B_{0}\right)^{\beta p}} f_{B_{0}}|u(y)|^{p} d \mu(y)\right)^{1 / p} .
$$

By taking supremum over balls $B$ as above, we obtain

$$
M^{E_{Q}} u(x)=M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u(x) \leq C\left(p, c_{\mu}\right)\left(\frac{1}{\operatorname{diam}\left(B_{0}\right)^{\beta_{p}}} f_{B_{0}}|u(y)|^{p} d \mu(y)\right)^{1 / p}
$$

for all $x \in B_{0} \backslash Q^{*}$. By integrating, we obtain

$$
\begin{align*}
\int_{B_{0} \backslash Q^{*}} & \left(M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) \\
\quad \leq & C\left(p, c_{\mu}\right) \mu\left(B_{0}\right)\left(\frac{1}{\operatorname{diam}\left(B_{0}\right)^{\beta p}} f_{B_{0}}|u(y)|^{p} d \mu(y)\right)^{\frac{p-\varepsilon}{p}}  \tag{6.30}\\
\quad \leq & C\left(p, c_{\mu}\right) \mu\left(B_{0}\right) \\
\operatorname{diam}\left(B_{0}\right)^{\beta(p-\varepsilon)} & \left.\left(f_{B_{0}}\left|u(y)-u_{Q^{*}}\right|^{p} d \mu(y)\right)^{\frac{p-\varepsilon}{p}}+\left|u_{Q^{*}}\right|^{p-\varepsilon}\right] .
\end{align*}
$$

By the ( $\beta, p, q$ )-Poincaré inequality and Hölder's inequality with $q<p-\varepsilon$, we obtain

$$
\begin{aligned}
& \frac{C\left(p, c_{\mu}\right) \mu\left(B_{0}\right)}{\operatorname{diam}\left(B_{0}\right)^{\beta(p-\varepsilon)}}\left(f_{B_{0}}\left|u(y)-u_{Q^{*}}\right|^{p} d \mu(y)\right)^{\frac{p-\varepsilon}{p}} \\
& \quad \leq \frac{C\left(p, c_{\mu}\right) \mu\left(B_{0}\right)}{\operatorname{diam}\left(B_{0}\right)^{\beta(p-\varepsilon)}}\left[\left(f_{B_{0}}\left|u(y)-u_{B_{0}}\right|^{p} d \mu(y)\right)^{\frac{p-\varepsilon}{p}}+\left|u_{B_{0}}-u_{Q^{*}}\right|^{p-\varepsilon}\right] \\
& \quad \leq \frac{C\left(p, c_{\mu}\right) \mu\left(B_{0}\right)}{\operatorname{diam}\left(B_{0}\right)^{\beta(p-\varepsilon)}}\left(f_{B_{0}}\left|u(y)-u_{B_{0}}\right|^{p} d \mu(y)\right)^{\frac{p-\varepsilon}{p}} \\
& \quad \leq C\left(\beta, p, c_{\mu}\right) \mu\left(B_{0}\right)\left(f_{B_{0}} g(x)^{q} d \mu(x)\right)^{\frac{p-\varepsilon}{q}} \\
& \quad \leq C\left(\beta, p, c_{\mu}\right) \int_{B_{0}} g(x)^{p-\varepsilon} d \mu(x) .
\end{aligned}
$$

On the other hand, since $Q^{*}=B\left(w, 4 r_{Q}\right)$ with $w \in E_{Q}$ and $r_{Q}=R / 128$, we have

$$
\begin{aligned}
\frac{C\left(p, c_{\mu}\right) \mu\left(B_{0}\right)}{\operatorname{diam}\left(B_{0}\right)^{\beta(p-\varepsilon)}}\left|u_{Q^{*}}\right|^{p-\varepsilon} & \leq C\left(p, c_{\mu}\right) \frac{\mu\left(Q^{*}\right)}{\operatorname{diam}\left(Q^{*}\right)^{\beta(p-\varepsilon)}}\left|u_{Q^{*}}\right|^{p-\varepsilon} \\
& \leq C\left(p, c_{\mu}\right) \int_{Q^{*}}\left(\frac{\chi_{E_{Q}}(w)}{\operatorname{diam}\left(Q^{*}\right)^{\beta p}} f_{Q^{*}}|u(y)|^{p} d \mu(y)\right)^{\frac{p-\varepsilon}{p}} d \mu(x) \\
& \leq C\left(p, c_{\mu}\right) \int_{Q^{*}}\left(\chi_{Q^{*}}(x) M_{\beta, \mathcal{B}_{Q}}^{E_{Q}, p} u(x)\right)^{p-\varepsilon} d \mu(x) \\
& =C\left(p, c_{\mu}\right) \int_{B_{0}}\left(M_{Q}^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) .
\end{aligned}
$$

This concludes the estimate for the integral in (6.30) over $B_{0} \backslash Q^{*}$.

To estimate the integral over the set $Q^{*}$, we fix $x \in Q^{*}$. Let $B \in \mathcal{B}_{0}$ be such that $x \in B$. If $B \subset Q^{*}$, then

$$
\left(\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} f_{B}|u(y)|^{p} d \mu(y)\right)^{1 / p} \leq \chi_{Q^{*}}(x) M_{\beta, \mathcal{B}_{Q}}^{E_{Q}, p} u(x)=M_{Q}^{E_{Q}} u(x) .
$$

Next we consider the case $B \not \subset Q^{*}$, and again we need to estimate the quantity

$$
\left(\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} f_{B}|u(y)|^{p} d \mu(y)\right)^{1 / p}
$$

We may assume that $x_{B} \in E_{Q} \subset \bar{Q}$. By condition (W1), we obtain $\operatorname{diam}(B) \geq$ $C \operatorname{diam}\left(B_{0}\right)$ and $\mu(B) \geq C\left(c_{\mu}\right) \mu\left(B_{0}\right)$. Hence,

$$
\left(\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} f_{B}|u(y)|^{p} d \mu(y)\right)^{1 / p} \leq C\left(p, c_{\mu}\right)\left(\frac{1}{\operatorname{diam}\left(B_{0}\right)^{\beta p}} f_{B_{0}}|u(y)|^{p} d \mu(y)\right)^{1 / p}
$$

By taking supremum over balls $B$ as above, we obtain

$$
M^{E_{Q}} u(x) \leq M_{Q}^{E_{Q}} u(x)+C\left(p, c_{\mu}\right)\left(\frac{1}{\operatorname{diam}\left(B_{0}\right)^{\beta p}} f_{B_{0}}|u(y)|^{p} d \mu(y)\right)^{1 / p}
$$

for all $x \in Q^{*}$. It follows that

$$
\begin{aligned}
\int_{Q^{*}}\left(M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) \leq & C\left(p, c_{\mu}\right) \int_{B_{0}}\left(M_{Q}^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) \\
& +C\left(p, c_{\mu}\right) \mu\left(B_{0}\right)\left(\frac{1}{\operatorname{diam}\left(B_{0}\right)^{\beta p}} f_{B_{0}}|u(y)|^{p} d \mu(y)\right)^{\frac{p-\varepsilon}{p}}
\end{aligned}
$$

We can now estimate as above, and complete the proof.
The following lemma is variant of [74, Lemma 4.12]. We also refer to [50, Lemma 3.6].

## Lemma 6.32

Fix $x, y \in Q^{*}$. Then

$$
\begin{equation*}
|u(x)-u(y)| \leq C\left(\beta, c_{\mu}\right) d(x, y)^{\beta}\left(M^{\sharp} u(x)+M^{\sharp} u(y)\right) \tag{6.31}
\end{equation*}
$$

and

$$
\begin{equation*}
|u(x)| \leq C\left(\beta, c_{\mu}\right) d\left(x, E_{Q}\right)^{\beta}\left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right) . \tag{6.32}
\end{equation*}
$$

Furthermore, assuming that $\lambda>0$, then the restriction $\left.u\right|_{E_{Q} \cup\left(Q^{*} \backslash U^{\lambda}\right)}$ is a $\beta$-Hölder function in the set $E_{Q} \cup\left(Q^{*} \backslash U^{\lambda}\right)$ with constant $\kappa=C\left(\beta, c_{\mu}\right) \lambda$.

Proof. The property (W4) is used below several times without further notice. Let $z \in Q^{*}$ and $0<r \leq 2 \operatorname{diam}\left(Q^{*}\right)$. Write $B_{i}=B\left(z, 2^{-i} r\right) \in \mathcal{B}_{0}$ for each $i \in\{0,1, \ldots\}$. Then, with the standard 'telescoping' argument, see for instance the proof of [50, Lemma 3.6], we obtain

$$
\left|u(z)-u_{B(z, r)}\right| \leq c_{\mu} \sum_{i=0}^{\infty} f_{B_{i}}\left|u-u_{B_{i}}\right| d \mu
$$

$$
\begin{aligned}
& \leq c_{\mu} \sum_{i=0}^{\infty} 2^{\beta(1-i)} r^{\beta}\left(\frac{1}{\operatorname{diam}\left(B_{i}\right)^{\beta p}} f_{B_{i}}\left|u-u_{B_{i}}\right|^{p} d \mu\right)^{1 / p} \\
& \leq c_{\mu} M^{\sharp} u(z) \sum_{i=0}^{\infty} 2^{\beta(1-i)} r^{\beta} \leq C\left(\beta, c_{\mu}\right) r^{\beta} M^{\sharp} u(z) .
\end{aligned}
$$

Fix $x, y \in Q^{*}$. Since $0<d=d(x, y) \leq \operatorname{diam}\left(Q^{*}\right)$, we obtain

$$
\begin{aligned}
&\left|u(y)-u_{B(x, d)}\right| \leq\left|u(y)-u_{B(y, 2 d)}\right|+\left|u_{B(y, 2 d)}-u_{B(x, d)}\right| \\
& \leq C\left(\beta, c_{\mu}\right) d^{\beta} M^{\sharp} u(y)+\frac{\mu(B(y, 2 d))}{\mu(B(x, d))} f_{B(y, 2 d)}\left|u-u_{B(y, 2 d)}\right| d \mu \\
& \leq \quad C\left(\beta, c_{\mu}\right) d^{\beta}\left[M^{\sharp} u(y)\right. \\
&\left.\quad+\left(\frac{1}{\operatorname{diam}(B(y, 2 d))^{\beta p}} f_{B(y, 2 d)}\left|u-u_{B(y, 2 d)}\right|^{p} d \mu\right)^{1 / p}\right] \\
& \leq C\left(\beta, c_{\mu}\right) d^{\beta} M^{\sharp} u(y) .
\end{aligned}
$$

It follows that

$$
\begin{aligned}
|u(x)-u(y)| & \leq\left|u(x)-u_{B(x, d)}\right|+\left|u_{B(x, d)}-u(y)\right| \\
& \leq C\left(\beta, c_{\mu}\right) d(x, y)^{\beta}\left(M^{\sharp} u(x)+M^{\sharp} u(y)\right),
\end{aligned}
$$

which is the desired inequality (6.31).
To prove inequality (6.32), we let $x \in Q^{*}$. If $d\left(x, E_{Q}\right)=0$, then $x \in E_{Q}$ and we are done since $u=0$ in $E_{Q}$. Therefore we may assume that $d\left(x, E_{Q}\right)>0$. Then there exists $y \in E_{Q} \subset \bar{Q} \subset Q^{*}$ such that $d=d(x, y)<\min \left\{2 d\left(x, E_{Q}\right), \operatorname{diam}\left(Q^{*}\right)\right\}$ and we have

$$
\begin{aligned}
|u(x)| & \leq\left|u(x)-u_{B(y, d)}\right|+\left|u_{B(y, d)}\right| \\
& \leq C\left(\beta, c_{\mu}\right) d^{\beta} M^{\sharp} u(x)+c_{\mu} f_{B(y, 2 d)}|u| d \mu \\
& \leq C\left(\beta, c_{\mu}\right) d^{\beta} M^{\sharp} u(x)+c_{\mu}(4 d)^{\beta}\left(\frac{\chi_{E_{Q}}(y)}{\operatorname{diam}(B(y, 2 d))^{\beta p}} f_{B(y, 2 d)}|u|^{p} d \mu\right)^{\frac{1}{p}} \\
& \leq C\left(\beta, c_{\mu}\right) d^{\beta}\left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right) \\
& \leq C\left(\beta, c_{\mu}\right) d\left(x, E_{Q}\right)^{\beta}\left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right) .
\end{aligned}
$$

Inequality (6.32) follows.
Fix $\lambda>0$. Next we show that $u \mid\left(E_{Q} \cup\left(Q^{*} \backslash U^{\lambda}\right)\right)$ is $\beta$-Hölder with constant $\kappa=C\left(\beta, c_{\mu}\right) \lambda$. Let $x, y \in E_{Q} \cup\left(Q^{*} \backslash U^{\lambda}\right)$. There are four cases to be considered. First, if $x, y \in E_{Q}$, then

$$
|u(x)-u(y)|=0 \leq \kappa d(x, y)^{\beta}
$$

since $u=0$ in $E_{Q}$. If $x, y \in Q^{*} \backslash U^{\lambda}$, then we apply (6.31) and obtain

$$
|u(x)-u(y)| \leq C\left(\beta, c_{\mu}\right) d(x, y)^{\beta}\left(M^{\sharp} u(x)+M^{\sharp} u(y)\right) \leq C\left(\beta, c_{\mu}\right) \lambda d(x, y)^{\beta}
$$

Here we also used the fact that $Q^{*} \subset B_{0}$. If $x \in E_{Q}$ and $y \in Q^{*} \backslash U^{\lambda}$, we apply (6.32) and get

$$
\begin{aligned}
|u(x)-u(y)|=|u(y)| & \leq C\left(\beta, c_{\mu}\right) d\left(y, E_{Q}\right)^{\beta}\left(M^{\sharp} u(y)+M^{E_{Q}} u(y)\right) \\
& \leq C\left(\beta, c_{\mu}\right) \lambda d(x, y)^{\beta} .
\end{aligned}
$$

The last case $x \in Q^{*} \backslash U^{\lambda}$ and $y \in E_{Q}$ is treated in similar way.

### 6.7.2 Stopping construction

We continue as in [74] and construct a stopping family $\mathcal{S}_{\lambda}(Q)$ of pairwise disjoint balls whose 5-dilations cover the set $Q^{\lambda} \subset Q^{*}=B\left(w, 4 r_{Q}\right)$; recall (6.28). Let $B \in \mathcal{B}_{Q}$ be a ball centered at $x_{B} \in E_{Q} \subset \bar{Q}$. The parent ball of $B$ is then defined to be $\pi(B)=2 B$ if $2 B \subset Q^{*}$ and $\pi(B)=Q^{*}$ otherwise. Observe that $B \subset \pi(B) \in \mathcal{B}_{Q}$ and the center of $\pi(B)$ satisfies $x_{\pi(B)} \in\left\{x_{B}, w\right\} \subset E_{Q}$. It follows that all the balls $B \subset \pi(B) \subset \pi(\pi(B)) \subset \cdots$ are well-defined, belong to $\mathcal{B}_{Q}$ and are centered at $E_{Q}$. By inequalities (6.1) and (6.3), and property (W1) if needed, we have $\mu(\pi(B)) \leq c_{\mu}^{5} \mu(B)$ and $\operatorname{diam}(\pi(B)) \leq 16 \operatorname{diam}(B)$.

Then we come to the stopping time argument. We will use as a threshold value the number

$$
\lambda_{Q}=\left(\frac{1}{\operatorname{diam}\left(Q^{*}\right)^{\beta p}} f_{Q^{*}}|u(y)|^{p} d \mu(y)\right)^{1 / p}=\left(\frac{\chi_{E_{Q}}(w)}{\operatorname{diam}\left(Q^{*}\right)^{\beta p}} f_{Q^{*}}|u(y)|^{p} d \mu(y)\right)^{1 / p}
$$

Fix a level $\lambda>\lambda_{Q} / 2$. Fix a point $x \in Q^{\lambda} \subset Q^{*}$. If $\lambda_{Q} / 2<\lambda<\lambda_{Q}$, then we choose $B_{x}=Q^{*} \in \mathcal{B}_{Q}$. If $\lambda \geq \lambda_{Q}$, then by using the condition $x \in Q^{\lambda}$ we first choose a starting ball $B$, with $x \in B \in \mathcal{B}_{Q}$, such that

$$
\lambda<\left(\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} f_{B}|u(y)|^{p} d \mu(y)\right)^{1 / p}
$$

Observe that $x_{B} \in E_{Q} \subset \bar{Q}$. We continue by looking at the balls $B \subset \pi(B) \subset$ $\pi(\pi(B)) \subset \cdots$ and we stop at the first among them, denoted by $B_{x} \in \mathcal{B}_{Q}$, that satisfies the following two stopping conditions:

$$
\left\{\begin{array}{l}
\lambda<\left(\frac{\chi_{E_{Q}}\left(x_{B_{x}}\right)}{\operatorname{diam}\left(B_{x}\right)^{\beta p}} f_{B_{x}}|u(y)|^{p} d \mu(y)\right)^{1 / p} \\
\left(\frac{\chi_{E_{Q}}\left(x_{\pi\left(B_{x}\right)}\right)}{\operatorname{diam}\left(\pi\left(B_{x}\right)\right)^{\beta p}} \int_{\pi\left(B_{x}\right)}|u(y)|^{p} d \mu(y)\right)^{1 / p} \leq \lambda
\end{array}\right.
$$

The inequality $\lambda \geq \lambda_{Q}$ in combination with the fact that $Q^{*} \subsetneq X$ ensures the existence of such a stopping ball.

In any case, the chosen ball $B_{x} \in \mathcal{B}_{Q}$ contains the point $x$, is centered at $x_{B_{x}} \in E_{Q}$, and satisfies inequalities

$$
\begin{equation*}
\lambda<\left(\frac{\chi_{E_{Q}}\left(x_{B_{x}}\right)}{\operatorname{diam}\left(B_{x}\right)^{\beta p}} f_{B_{x}}|u(y)|^{p} d \mu(y)\right)^{1 / p} \leq 16 c_{\mu}^{5 / p} \lambda \tag{6.33}
\end{equation*}
$$

By the $5 r$-covering lemma [4, Lemma 1.7], we obtain a countable disjoint family

$$
\mathcal{S}_{\lambda}(Q) \subset\left\{B_{x}: x \in Q^{\lambda}\right\}, \quad \lambda>\lambda_{Q} / 2,
$$

of stopping balls such that $Q^{\lambda} \subset \bigcup_{B \in \mathcal{S}_{\lambda}(Q)} 5 B$. Let us remark that, by the condition (W2) and stopping inequality (6.33), we have $B \subset U^{\lambda}$ if $B \in \mathcal{S}_{\lambda}(Q)$ and $\lambda>\lambda_{Q} / 2$.

### 6.7.3 Level set estimates

Next we prove two technical results: Lemma 6.33 and Lemma 6.34. We follow the approach in [74] quite closely, but we give details since technical modifications are required. A counterpart of the following lemma can be found also in [71, Lemma 3.1.2]. Recall that $k \in \mathbb{N}$ is a fixed number and $\alpha=\beta p^{2} /(2(s+\beta p))>0$ with $s=\log _{2} c_{\mu}>0$.

## Lemma 6.33

Suppose that $\lambda>\lambda_{Q} / 2$ and let $B \in \mathcal{S}_{\lambda}(Q)$ be such that $\mu\left(U_{B}^{2^{k} \lambda}\right)<\mu(B) / 2$. Then

$$
\begin{align*}
& \frac{1}{\operatorname{diam}(B)^{\beta p}} \int_{U_{B}^{2 k \lambda}}|u(x)|^{p} d \mu(x) \\
& \quad \leq C\left(p, c_{\mu}\right) 2^{-k \alpha}\left(2^{k} \lambda\right)^{p} \mu\left(U_{B}^{2^{k} \lambda}\right)+\frac{C\left(p, c_{\mu}\right)}{\operatorname{diam}(B)^{\beta p}} \int_{B \backslash U^{2 k} \lambda}|u(x)|^{p} d \mu(x) . \tag{6.34}
\end{align*}
$$

Proof. Fix $x \in U_{B}^{2^{k} \lambda} \subset B$ and consider the function $h:(0, \infty) \rightarrow \mathbb{R}$,

$$
r \mapsto h(r)=\frac{\mu\left(U_{B}^{2^{k} \lambda} \cap B(x, r)\right)}{\mu(B \cap B(x, r))}=\frac{\mu\left(U_{B}^{2^{k} \lambda} \cap B(x, r)\right)}{\mu(B(x, r))} \cdot\left(\frac{\mu(B \cap B(x, r))}{\mu(B(x, r))}\right)^{-1} .
$$

By Lemma 6.2 and the fact that $B$ is open, we find that $h:(0, \infty) \rightarrow \mathbb{R}$ is continuous. Observe that $U_{B}^{2^{k} \lambda}=U^{2^{k} \lambda} \cap B$ is also open. Since $h(r)=1$ for small values of $r>0$ and $h(r)<1 / 2$ for $r>\operatorname{diam}(B)$, we have $h\left(r_{x}\right)=1 / 2$ for some $0<r_{x} \leq \operatorname{diam}(B)$. Write $B_{x}^{\prime}=B\left(x, r_{x}\right)$. Then

$$
\begin{equation*}
\frac{\mu\left(U_{B}^{2^{k} \lambda} \cap B_{x}^{\prime}\right)}{\mu\left(B \cap B_{x}^{\prime}\right)}=h\left(r_{x}\right)=\frac{1}{2} \tag{6.35}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{\mu\left(\left(B \backslash U^{2^{k} \lambda}\right) \cap B_{x}^{\prime}\right)}{\mu\left(B \cap B_{x}^{\prime}\right)}=1-\frac{\mu\left(U_{B}^{2^{k} \lambda} \cap B_{x}^{\prime}\right)}{\mu\left(B \cap B_{x}^{\prime}\right)}=1-h\left(r_{x}\right)=\frac{1}{2} . \tag{6.36}
\end{equation*}
$$

The $5 r$-covering lemma [4, Lemma 1.7] gives us a countable disjoint family $\mathcal{G}_{\lambda} \subset\left\{B_{x}^{\prime}\right.$ : $\left.x \in U_{B}^{2^{k} \lambda}\right\}$ such that $U_{B}^{2^{k} \lambda} \subset \bigcup_{B^{\prime} \in \mathcal{G}_{\lambda}} 5 B^{\prime}$. Then (6.35) and (6.36) hold for every ball $B^{\prime} \in \mathcal{G}_{\lambda}$; namely, by denoting $B_{I}^{\prime}=U_{B}^{2^{k} \lambda} \cap B^{\prime}$ and $B_{O}^{\prime}=\left(B \backslash U^{2^{k} \lambda}\right) \cap B^{\prime}$, we have the following comparison identities:

$$
\begin{equation*}
\mu\left(B_{I}^{\prime}\right)=\frac{\mu\left(B \cap B^{\prime}\right)}{2}=\mu\left(B_{O}^{\prime}\right), \tag{6.37}
\end{equation*}
$$

where all the measures are strictly positive. These identities are important and they are used several times throughout the remainder of this proof.

We multiply the left-hand side of (6.34) by $\operatorname{diam}(B)^{\beta p}$ and then estimate as follows:

$$
\begin{align*}
& \int_{U_{B}^{2 k_{\lambda}}}|u|^{p} d \mu \leq \sum_{B^{\prime} \in \mathcal{G}_{\lambda}} \int_{5 B^{\prime} \cap B}|u|^{p} d \mu \\
& \quad \leq 2^{p-1} \sum_{B^{\prime} \in \mathcal{G}_{\lambda}} \mu\left(5 B^{\prime} \cap B\right)\left|u_{B_{O}^{\prime}}\right|^{p}+2^{p-1} \sum_{B^{\prime} \in \mathcal{G}_{\lambda}} \int_{5 B^{\prime} \cap B}\left|u-u_{B_{O}^{\prime}}\right|^{p} d \mu . \tag{6.38}
\end{align*}
$$

By (6.1) and Lemma 6.3, we find that

$$
\begin{equation*}
\mu\left(5 B^{\prime} \cap B\right) \leq \mu\left(8 B^{\prime}\right) \leq c_{\mu}^{3} \mu\left(B^{\prime}\right) \leq c_{\mu}^{6} \mu\left(B \cap B^{\prime}\right) \tag{6.39}
\end{equation*}
$$

for all $B^{\prime} \in \mathcal{G}_{\lambda}$. Hence, by the comparison identities (6.37),

$$
\begin{aligned}
2^{p-1} \sum_{B^{\prime} \in \mathcal{G}_{\lambda}} \mu\left(5 B^{\prime} \cap B\right)\left|u_{B_{O}^{\prime}}\right|^{p} & \leq C\left(p, c_{\mu}\right) \sum_{B^{\prime} \in \mathcal{G}_{\lambda}} \mu\left(B_{O}^{\prime}\right) f_{B_{O}^{\prime}}|u(x)|^{p} d \mu(x) \\
& =C\left(p, c_{\mu}\right) \sum_{B^{\prime} \in \mathcal{G}_{\lambda}} \int_{B_{O}^{\prime}}|u(x)|^{p} d \mu(x) \\
& \leq C\left(p, c_{\mu}\right) \int_{B \backslash U^{2}{ }^{k} \lambda}|u(x)|^{p} d \mu(x) .
\end{aligned}
$$

This concludes our analysis of the 'easy term' in (6.38). In order to treat the remaining term therein, we do need some preparations.

Let us fix a ball $B^{\prime} \in \mathcal{G}_{\lambda}$ that satisfies $\int_{5 B^{\prime} \cap B}\left|u-u_{B_{O}^{\prime}}\right|^{p} d \mu \neq 0$. We claim that

$$
\begin{equation*}
f_{5 B^{\prime} \cap B}\left|u(x)-u_{B_{O}^{\prime}}\right|^{p} d \mu(x) \leq C\left(p, c_{\mu}\right) 2^{-k \alpha}\left(2^{k} \lambda\right)^{p} \operatorname{diam}(B)^{\beta p} . \tag{6.40}
\end{equation*}
$$

In order to prove this inequality, we fix a number $m \in \mathbb{R}$ such that

$$
\begin{equation*}
\left(2^{m} \lambda\right)^{p} \operatorname{diam}\left(5 B^{\prime}\right)^{\beta p}=\int_{5 B^{\prime} \cap B}\left|u(x)-u_{B_{O}^{\prime}}\right|^{p} d \mu(x) . \tag{6.41}
\end{equation*}
$$

Let us first consider the case $m<k / 2$. Then $m-k<-k / 2$, and since always $\alpha<p / 2$, the desired inequality (6.40) is obtained case as follows:

$$
\begin{aligned}
f_{5 B^{\prime} \cap B}\left|u-u_{B_{O}^{\prime}}\right|^{p} d \mu & =2^{(m-k) p}\left(2^{k} \lambda\right)^{p} \operatorname{diam}\left(5 B^{\prime}\right)^{\beta p} \\
& \leq 10^{p} 2^{-k p / 2}\left(2^{k} \lambda\right)^{p} \operatorname{diam}(B)^{\beta p} \\
& \leq C(p) 2^{-k \alpha}\left(2^{k} \lambda\right)^{p} \operatorname{diam}(B)^{\beta p} .
\end{aligned}
$$

Next we consider the case $k / 2 \leq m$. Observe from (6.39) and the comparison identities (6.37) that

$$
\begin{aligned}
f_{5 B^{\prime} \cap B}\left|u(x)-u_{B_{O}^{\prime}}\right|^{p} d \mu(x) & \leq 2^{p-1} f_{5 B^{\prime} \cap B}\left|u(x)-u_{5 B^{\prime}}\right|^{p} d \mu(x)+2^{p-1}\left|u_{5 B^{\prime}}-u_{B_{O}^{\prime}}\right|^{p} \\
& \leq 2^{p+1} c_{\mu}^{6} f_{5 B^{\prime}}\left|u(x)-u_{5 B^{\prime}}\right|^{p} d \mu(x) \\
& \leq 2^{p+1} c_{\mu}^{6}\left(2^{k} \lambda\right)^{p} \operatorname{diam}\left(5 B^{\prime}\right)^{\beta p},
\end{aligned}
$$

where the last step follows from condition (W3) and the fact that $5 B^{\prime} \supset B_{O}^{\prime} \neq \emptyset$. By taking also (6.41) into account, we see that $2^{m p} \leq 2^{p+1} c_{\mu}^{6} 2^{k p}$. On the other hand, we
have

$$
\begin{aligned}
\left(2^{m} \lambda\right)^{p} \operatorname{diam}\left(5 B^{\prime}\right)^{\beta p} \mu\left(B^{\prime} \cap B\right) & \leq \int_{5 B^{\prime} \cap B}\left|u(x)-u_{B_{O}^{\prime}}\right|^{p} d \mu(x) \\
& \leq 2^{p-1} \int_{5 B^{\prime} \cap B}|u(x)|^{p} d \mu(x)+2^{p-1} \mu\left(5 B^{\prime} \cap B\right)\left|u_{B_{O}^{\prime}}\right|^{p} \\
& \leq 2^{p+1} c_{\mu}^{6} \int_{B}|u(x)|^{p} d \mu(x) \\
& \leq 2 \cdot 32^{p} c_{\mu}^{11} \lambda^{p} \operatorname{diam}(B)^{\beta p} \mu(B),
\end{aligned}
$$

where the last step follows from the fact that $B \in \mathcal{S}_{\lambda}(Q)$ in combination with inequality (6.33). In particular, if $s=\log _{2} c_{\mu}$ then by inequality (6.2) and Lemma 6.3, we obtain that

$$
\begin{aligned}
\left(\frac{\operatorname{diam}\left(5 B^{\prime}\right)}{\operatorname{diam}(B)}\right)^{s+\beta p} & \leq 20^{s} \frac{\operatorname{diam}\left(5 B^{\prime}\right)^{\beta p} \mu\left(B^{\prime}\right)}{\operatorname{diam}(B)^{\beta p} \mu(B)} \\
& \leq 20^{s} \cdot c_{\mu}^{3} \frac{\operatorname{diam}\left(5 B^{\prime}\right)^{\beta p} \mu\left(B^{\prime} \cap B\right)}{\operatorname{diam}(B)^{\beta p} \mu(B)} \\
& \leq 2 \cdot 20^{s} \cdot 32^{p} \cdot c_{\mu}^{14} \cdot 2^{-m p} \\
& \leq 2 \cdot 20^{s} \cdot 32^{p} \cdot c_{\mu}^{14} \cdot 2^{-k p / 2} .
\end{aligned}
$$

This, in turn, implies that

$$
\left(\frac{\operatorname{diam}\left(5 B^{\prime}\right)}{\operatorname{diam}(B)}\right)^{\beta p} \leq 2 \cdot 20^{s} \cdot 32^{p} \cdot c_{\mu}^{14} \cdot 2^{\frac{-k \beta p^{2}}{2(s+\beta p)}}=C\left(p, c_{\mu}\right) 2^{-k \alpha} .
$$

Combining the above estimates, we see that

$$
f_{5 B^{\prime} \cap B}\left|u-u_{B_{O}^{\prime}}\right|^{p} d \mu=\left(2^{m} \lambda\right)^{p} \operatorname{diam}\left(5 B^{\prime}\right)^{\beta p} \leq C\left(p, c_{\mu}\right) 2^{-k \alpha}\left(2^{k} \lambda\right)^{p} \operatorname{diam}(B)^{\beta p} .
$$

That is, inequality (6.40) holds also in the present case $k / 2 \leq m$. This concludes the proof of inequality (6.40).

By using (6.39) and (6.37) and inequality (6.40), we estimate the second term in (6.38) as follows:

$$
\begin{aligned}
2^{p-1} \sum_{B^{\prime} \in \mathcal{G}_{\lambda}} \int_{5 B^{\prime} \cap B}\left|u(x)-u_{B_{O}^{\prime}}\right|^{p} d \mu(x) & \leq 2^{p} c_{\mu}^{6} \sum_{B^{\prime} \in \mathcal{G}_{\lambda}} \mu\left(B_{I}^{\prime}\right) f_{5 B^{\prime} \cap B}\left|u(x)-u_{B_{O}^{\prime}}\right|^{p} d \mu(x) \\
& \leq C\left(p, c_{\mu}\right) 2^{-k \alpha}\left(2^{k} \lambda\right)^{p} \operatorname{diam}(B)^{\beta p} \sum_{B^{\prime} \in \mathcal{G}_{\lambda}} \mu\left(B_{I}^{\prime}\right) \\
& \leq C\left(p, c_{\mu}\right) 2^{-k \alpha}\left(2^{k} \lambda\right)^{p} \operatorname{diam}(B)^{\beta p} \mu\left(U_{B}^{k^{k} \lambda}\right) .
\end{aligned}
$$

Inequality (6.34) follows by collecting the above estimates.
The following lemma is essential for the proof of Theorem 6.29, and it is the only place in the proof where the capacity density condition is needed. Recall from Lemma 6.26 that this condition implies a local boundary Poincaré inequality, which is used here one single time.

## Lemma 6.34

Let $\lambda>\lambda_{Q} / 2$ and $g \in \mathcal{D}_{H}^{\beta}(u)$. Then

$$
\lambda^{p} \mu\left(Q^{\lambda}\right) \leq C\left(\beta, p, c_{\mu}\right)\left[\frac{\left(\lambda 2^{k}\right)^{p}}{2^{k \alpha}} \mu\left(U^{2^{k} \lambda}\right)+\frac{K}{k^{p}} \sum_{j=k}^{2 k-1}\left(\lambda 2^{j}\right)^{p} \mu\left(U^{2^{j} \lambda}\right)+K \int_{U^{\lambda} \backslash U^{4^{k} \lambda}} g^{p} d \mu\right]
$$

Proof. By the covering property $Q^{\lambda} \subset \bigcup_{B \in \mathcal{S}_{\lambda}(Q)} 5 B$ and doubling condition (6.1),

$$
\lambda^{p} \mu\left(Q^{\lambda}\right) \leq \lambda^{p} \sum_{B \in \mathcal{S}_{\lambda}(Q)} \mu(5 B) \leq c_{\mu}^{3} \sum_{B \in \mathcal{S}_{\lambda}(Q)} \lambda^{p} \mu(B)
$$

Recall also that $B \subset U^{\lambda}$ if $B \in \mathcal{S}_{\lambda}(Q)$. Therefore, and using the fact that $\mathcal{S}_{\lambda}(Q)$ is a disjoint family, it suffices to prove that inequality

$$
\begin{equation*}
\lambda^{p} \mu(B) \leq C\left(\beta, p, c_{\mu}\right)\left[\frac{\left(\lambda 2^{k}\right)^{p}}{2^{k \alpha}} \mu\left(U_{B}^{2^{k} \lambda}\right)+\frac{K}{k^{p}} \sum_{j=k}^{2 k-1}\left(\lambda 2^{j}\right)^{p} \mu\left(U_{B}^{2^{j} \lambda}\right)+K \int_{B \backslash U^{4}{ }^{k} \lambda} g^{p} d \mu\right] \tag{6.42}
\end{equation*}
$$

holds for every $B \in \mathcal{S}_{\lambda}(Q)$. To this end, let us fix a ball $B \in \mathcal{S}_{\lambda}(Q)$.
If $\mu\left(U_{B}^{2^{k} \lambda}\right) \geq \mu(B) / 2$, then

$$
\lambda^{p} \mu(B) \leq 2 \lambda^{p} \mu\left(U_{B}^{2^{k} \lambda}\right)=2 \frac{\left(\lambda 2^{k}\right)^{p}}{2^{k p}} \mu\left(U_{B}^{2^{k} \lambda}\right) \leq 2 \frac{\left(\lambda 2^{k}\right)^{p}}{2^{k \alpha}} \mu\left(U_{B}^{2^{k} \lambda}\right)
$$

which suffices for the required local estimate (6.42). Let us then consider the more difficult case $\mu\left(U_{B}^{2^{k} \lambda}\right)<\mu(B) / 2$. In this case, by the stopping inequality (6.33),

$$
\begin{aligned}
\lambda^{p} \mu(B) & \leq \frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} \int_{B}|u(x)|^{p} d \mu(x) \\
& =\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} \int_{X}\left(\chi_{B \backslash U^{2^{k_{\lambda}}}}(x)+\chi_{U_{B}^{2_{\lambda}}}(x)\right)|u(x)|^{p} d \mu(x)
\end{aligned}
$$

By Lemma 6.33 it suffices to estimate the integral over the set $B \backslash U^{2^{k} \lambda}=B \backslash U_{B}^{2^{k} \lambda}$; observe that the measure of this set is strictly positive. We remark that the local boundary Poincaré inequality in Lemma 6.26 will be used to estimate this integral.

Fix a number $i \in \mathbb{N}$. Since $B \subset Q^{*}$, it follows from Lemma 6.32 that the restriction $\left.u\right|_{E_{Q} \cup\left(B \backslash U^{2^{i}} \lambda\right.}$ is a $\beta$-Hölder function with a constant $\kappa_{i}=C\left(\beta, c_{\mu}\right) 2^{i} \lambda$. We can now use the McShane extension (6.5) and extend $\left.u\right|_{E_{Q} \cup\left(B \backslash U^{2^{i} \lambda}\right)}$ to a function $u_{2^{i} \lambda}: X \rightarrow \mathbb{R}$ that is $\beta$-Hölder with the constant $\kappa_{i}$ and satisfies the restriction identity

$$
u_{2^{i} \lambda}(x)=u(x)
$$

for all $x \in E_{Q} \cup\left(B \backslash U^{2^{i} \lambda}\right)$. Observe that $u_{2^{i} \lambda}=0$ in $E_{Q}$, since $u=0$ in $E_{Q}$.
The crucial idea that was originally used by Keith-Zhong in [71] is to consider the function

$$
h(x)=\frac{1}{k} \sum_{i=k}^{2 k-1} u_{2^{i} \lambda}(x), \quad x \in X
$$

We want to apply Lemma 6.6. In order to do so, observe that $\left.u_{2^{i} \lambda}\right|_{X \backslash A}=\left.u\right|_{X \backslash A}$, where

$$
A=X \backslash\left(B \backslash U^{2^{i} \lambda}\right)=X \backslash\left(B \backslash U_{B}^{2^{i} \lambda}\right)=(X \backslash B) \cup U_{B}^{2^{i} \lambda}
$$

Therefore, by Lemma 6.6 and properties (D1)-(D2), we obtain that

$$
g_{h}=\frac{1}{k} \sum_{i=k}^{2 k-1}\left(\kappa_{i} \chi_{(X \backslash B) \cup U_{B}^{2^{i} \lambda}}+g \chi_{B \backslash U^{2^{i} \lambda}}\right) \in \mathcal{D}_{H}^{\beta}(h)
$$

Observe that $U_{B}^{2^{k} \lambda} \supset U_{B}^{2^{(k+1)} \lambda} \supset \cdots \supset U_{B}^{2^{(2 k-1)} \lambda} \supset U_{B}^{4^{k} \lambda}$. By using these inclusions it is straightforward to show that the following pointwise estimates are valid in $X$,

$$
\begin{aligned}
\chi_{B} g_{h}^{p} & \leq\left(\frac{1}{k} \sum_{i=k}^{2 k-1}\left(\kappa_{i} \chi_{U_{B}^{2^{i} \lambda}}+g \chi_{B \backslash U^{2^{i} \lambda}}\right)\right)^{p} \\
& \leq 2^{p}\left(\frac{1}{k} \sum_{i=k}^{2 k-1} \kappa_{i} \chi_{U_{B}^{2^{i} \lambda}}\right)^{p}+2^{p} g^{p} \chi_{B \backslash U^{4^{k} \lambda}} \\
& \leq \frac{C\left(\beta, p, c_{\mu}\right)}{k^{p}} \sum_{j=k}^{2 k-1}\left(\sum_{i=k}^{j} 2^{i} \lambda\right)^{p} \chi_{U_{B}^{2 j_{\lambda}}}+2^{p} g^{p} \chi_{B \backslash U^{4^{k} \lambda}} \\
& \leq \frac{C\left(\beta, p, c_{\mu}\right)}{k^{p}} \sum_{j=k}^{2 k-1}\left(\lambda 2^{j}\right)^{p} \chi_{U_{B}^{2 j_{\lambda}}}+2^{p} g^{p} \chi_{B \backslash U^{4^{k} \lambda}}
\end{aligned}
$$

Observe that $h \in \operatorname{Lip}_{\beta}(X)$ is zero in $E_{Q}$ and $h$ coincides with $u$ on $B \backslash U^{2^{k} \lambda}$, and recall that $g_{h} \in \mathcal{D}_{H}^{\beta}(h)$. Notice also that $B \subset Q^{*}$ and $x_{B} \in E_{Q}$. The local boundary Poincaré inequality in Lemma 6.26 implies that

$$
\begin{aligned}
\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} \int_{B \backslash U^{2^{k} \lambda}} & |u(x)|^{p} d \mu(x) \\
& =\frac{\chi_{E_{Q}}\left(x_{B}\right)}{\operatorname{diam}(B)^{\beta p}} \int_{B}|h(x)|^{p} d \mu(x) \\
& \leq K \int_{B} g_{h}(x)^{p} d \mu(x) \\
& \leq \frac{C\left(\beta, p, c_{\mu}\right) K}{k^{p}} \sum_{j=k}^{2 k-1}\left(\lambda 2^{j}\right)^{p} \mu\left(U_{B}^{2^{j} \lambda}\right)+2^{p} K \int_{B \backslash U^{4^{k} \lambda}} g(x)^{p} d \mu(x)
\end{aligned}
$$

The desired local inequality (6.42) follows by combining the estimates above.

### 6.7.4 Completing proof of Theorem 6.29

We complete the proof as in [74]. Recall that $u: X \rightarrow \mathbb{R}$ is a $\beta$-Hölder function with $u=0$ in $E_{Q}$ and that

$$
M^{\sharp} u+M^{E_{Q}} u=M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u+M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u .
$$

Let us fix a function $g \in \mathcal{D}_{H}^{\beta}(u)$. Observe that the left-hand side of inequality (6.26) is finite. Without loss of generality, we may further assume that it is nonzero. By

Lemma 6.31,

$$
\begin{aligned}
\int_{B_{0}} & \left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) \\
& \leq C\left(p, c_{\mu}\right) \int_{B_{0}}\left(M_{Q}^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x)+C\left(\beta, p, c_{\mu}\right) \int_{B_{0}} g(x)^{p-\varepsilon}(x) d \mu(x) .
\end{aligned}
$$

We have

$$
\int_{B_{0}}\left(M_{Q}^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x)=\int_{Q^{*}}\left(M_{Q}^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x)=(p-\varepsilon) \int_{0}^{\infty} \lambda^{p-\varepsilon} \mu\left(Q^{\lambda}\right) \frac{d \lambda}{\lambda} .
$$

Since $Q^{\lambda}=Q^{*}=Q^{2 \lambda}$ for every $\lambda \in\left(0, \lambda_{Q} / 2\right)$, we find that

$$
\begin{aligned}
(p-\varepsilon) \int_{0}^{\lambda_{Q} / 2} \lambda^{p-\varepsilon} \mu\left(Q^{\lambda}\right) \frac{d \lambda}{\lambda} & =\frac{(p-\varepsilon)}{2^{p-\varepsilon}} \int_{0}^{\lambda_{Q} / 2}(2 \lambda)^{p-\varepsilon} \mu\left(Q^{2 \lambda}\right) \frac{d \lambda}{\lambda} \\
& \leq \frac{(p-\varepsilon)}{2^{p-\varepsilon}} \int_{0}^{\infty} \sigma^{p-\varepsilon} \mu\left(Q^{\sigma}\right) \frac{d \sigma}{\sigma} \\
& =\frac{1}{2^{p-\varepsilon}} \int_{Q^{*}}\left(M_{Q}^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x)
\end{aligned}
$$

On the other hand, by Lemma 6.34, for each $\lambda>\lambda_{Q} / 2$,

$$
\begin{aligned}
\lambda^{p-\varepsilon} \mu\left(Q^{\lambda}\right) \leq C\left(\beta, p, c_{\mu}\right) \lambda^{-\varepsilon} & {\left[\frac{\left(\lambda 2^{k}\right)^{p}}{2^{k \alpha}} \mu\left(U^{2^{k} \lambda}\right)\right.} \\
& \left.+\frac{K}{k^{p}} \sum_{j=k}^{2 k-1}\left(\lambda 2^{j}\right)^{p} \mu\left(U^{2^{j} \lambda}\right)+K \int_{U^{\lambda} \backslash U^{4^{k} \lambda}} g^{p} d \mu\right] .
\end{aligned}
$$

Since $p-\varepsilon>1$, it follows that

$$
\begin{aligned}
\int_{Q^{*}}\left(M_{Q}^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) & \leq 2(p-\varepsilon) \int_{\lambda_{Q} / 2}^{\infty} \lambda^{p-\varepsilon} \mu\left(Q^{\lambda}\right) \frac{d \lambda}{\lambda} \\
& \leq C\left(\beta, p, c_{\mu}\right)\left(I_{1}(Q)+I_{2}(Q)+I_{3}(Q)\right),
\end{aligned}
$$

where

$$
\begin{aligned}
& I_{1}(Q)=\frac{2^{k \varepsilon}}{2^{k \alpha}} \int_{0}^{\infty}\left(\lambda 2^{k}\right)^{p-\varepsilon} \mu\left(U^{2^{k} \lambda}\right) \frac{d \lambda}{\lambda}, \\
& I_{2}(Q)=\frac{K}{k^{p}} \sum_{j=k}^{2 k-1} 2^{j \varepsilon} \int_{0}^{\infty}\left(2^{j} \lambda\right)^{p-\varepsilon} \mu\left(U^{2^{j} \lambda}\right) \frac{d \lambda}{\lambda}, \\
& I_{3}(Q)=K \int_{0}^{\infty} \lambda^{-\varepsilon} \int_{U^{\lambda} \backslash U^{4^{k} \lambda}} g(x)^{p} d \mu(x) \frac{d \lambda}{\lambda} .
\end{aligned}
$$

We estimate these three terms separately. First,

$$
\begin{aligned}
I_{1}(Q) & \leq \frac{2^{k(\varepsilon-\alpha)}}{p-\varepsilon} \int_{B_{0}}\left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) \\
& \leq 2^{k(\varepsilon-\alpha)} \int_{B_{0}}\left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu(x) .
\end{aligned}
$$

Second,

$$
\begin{aligned}
I_{2}(Q) & \leq \frac{K}{k^{p}} \sum_{j=k}^{2 k-1} 2^{j \varepsilon} \int_{0}^{\infty}\left(2^{j} \lambda\right)^{p-\varepsilon} \mu\left(U^{2^{j} \lambda}\right) \frac{d \lambda}{\lambda} \\
& \leq \frac{K}{k^{p}(p-\varepsilon)}\left(\sum_{j=k}^{2 k-1} 2^{j \varepsilon}\right) \int_{B_{0}}\left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu \\
& \leq \frac{K 4^{k \varepsilon}}{k^{p-1}} \int_{B_{0}}\left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right)^{p-\varepsilon} d \mu .
\end{aligned}
$$

Third, by Fubini's theorem,

$$
\begin{aligned}
I_{3}(Q) & \leq K \int_{B_{0} \backslash\left\{M^{\sharp} u+M^{E_{Q}} u=0\right\}}\left(\int_{0}^{\infty} \lambda^{-\varepsilon} \chi_{U^{\lambda} \backslash U^{4}{ }^{k} \lambda}(x) \frac{d \lambda}{\lambda}\right) g(x)^{p} d \mu(x) \\
& \leq C(k, \varepsilon) K \int_{B_{0} \backslash\left\{M^{\sharp} u+M^{E_{Q}} u=0\right\}} g(x)^{p}\left(M^{\sharp} u(x)+M^{E_{Q}} u(x)\right)^{-\varepsilon} d \mu(x) .
\end{aligned}
$$

Combining the estimates above, we arrive at the desired conclusion.

### 6.8 Local Hardy inequalities

We apply Theorem 6.28 in order to obtain a local Hardy inequality, see (6.43) in Theorem 6.35. This inequality is then shown to be self-improving, see Theorem 6.36, and in this respect we follow the strategy in [81]. However, we remark that the easier Wannebo approach [114] for establishing local Hardy inequalities as in [81] is not available to us, due to absence of pointwise Leibniz and chain rules in the setting of Hajłasz gradients.

## Theorem 6.35

Let $X$ be a geodesic space. Let $1<p<\infty$ and $0<\beta \leq 1$. Let $E \subset X$ be a closed set which satisfies the ( $\beta, p$ )-capacity density condition with a constant $c_{0}$. Let $B_{0}=B(w, R)$ be a ball with $w \in E$ and $R<\operatorname{diam}(E)$. Let $E_{Q}$ be the truncation of $E$ to the Whitney-type ball $Q$ as in Section 6.6. Then there exists a constant $C=C\left(\beta, p, c_{\mu}, c_{0}\right)$ such that

$$
\begin{equation*}
\int_{B(w, R) \backslash E_{Q}} \frac{|u(x)|^{p}}{d\left(x, E_{Q}\right)^{\beta p}} d \mu(x) \leq C \int_{B(w, R)} g(x)^{p} d \mu(x) \tag{6.43}
\end{equation*}
$$

holds whenever $u \in \operatorname{Lip}_{\beta}(X)$ is such that $u=0$ in $E_{Q}$ and $g \in \mathcal{D}_{H}^{\beta}(u)$.
Proof. Let $u \in \operatorname{Lip}_{\beta}(X)$ be such that $u=0$ in $E_{Q}$ and let $g \in \mathcal{D}_{H}^{\beta}(u)$. Lemma 6.32 implies that

$$
|u(x)| \leq C\left(\beta, c_{\mu}\right) d\left(x, E_{Q}\right)^{\beta}\left(M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u(x)+M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u(x)\right)
$$

for all $x \in Q^{*}$. Therefore

$$
\int_{Q^{*} \backslash E_{Q}} \frac{|u(x)|^{p}}{d\left(x, E_{Q}\right)^{\beta p}} d \mu(x) \leq C\left(\beta, p, c_{\mu}\right) \int_{B(w, R)}\left(M_{\beta, \mathcal{B}_{0}}^{\sharp, p} u(x)+M_{\beta, \mathcal{B}_{0}}^{E_{Q}, p} u(x)\right)^{p} d \mu(x) .
$$

By Theorem 6.28, we obtain

$$
\begin{equation*}
\int_{Q^{*} \backslash E_{Q}} \frac{|u(x)|^{p}}{d\left(x, E_{Q}\right)^{\beta p}} d \mu(x) \leq C\left(\beta, p, c_{\mu}, c_{0}\right) \int_{B(w, R)} g(x)^{p} d \mu(x) . \tag{6.44}
\end{equation*}
$$

It remains to bound the integral over $B(w, R) \backslash Q^{*}$. Since $E_{Q} \subset \bar{Q}$ and $Q^{*}=4 Q$, we have $d\left(x, E_{Q}\right) \geq 3 r_{Q}>R / 64$ for all $x \in B(w, R) \backslash Q^{*}$. Thus, we obtain

$$
\begin{aligned}
\int_{B(w, R) \backslash Q^{*}} \frac{|u(x)|^{p}}{d\left(x, E_{Q}\right)^{\beta p}} d \mu(x) \leq \frac{64^{\beta p}}{R^{\beta p}} & \int_{B(w, R)}|u(x)|^{p} d \mu(x) \\
\leq \frac{3^{p} 64^{\beta p}}{R^{\beta p}} & \left(\int_{B(w, R)}\left|u(x)-u_{B(w, R)}\right|^{p} d \mu(x)\right. \\
& +\mu(B(w, R))\left|u_{B(w, R)}-u_{Q^{*}}\right|^{p} \\
& \left.+\mu(B(w, R))\left|u_{Q^{*}}\right|^{p}\right) .
\end{aligned}
$$

By the ( $\beta, p, p$ )-Poincaré inequality in Lemma 6.8,

$$
\begin{aligned}
\int_{B(w, R)}\left|u(x)-u_{B(w, R)}\right|^{p} d \mu(x) & \leq 2^{p} \operatorname{diam}(B(w, R))^{\beta p} \int_{B(w, R)} g(x)^{p} d \mu(x) \\
& \leq C(p) R^{\beta p} \int_{B(w, R)} g(x)^{p} d \mu(x) .
\end{aligned}
$$

For the second term, we have

$$
\begin{aligned}
\mu(B(w, R))\left|u_{B(w, R)}-u_{Q^{*}}\right|^{p} & \leq \mu(B(w, R)) f_{Q^{*}}\left|u(x)-u_{B(w, R)}\right|^{p} d \mu(x) \\
& \leq C\left(c_{\mu}\right) \int_{B(w, R)}\left|u(x)-u_{B(w, R)}\right|^{p} d \mu(x) \\
& \leq C\left(p, c_{\mu}\right) R^{\beta p} \int_{B(w, R)} g(x)^{p} d \mu(x) .
\end{aligned}
$$

For the third term, we have $d\left(x, E_{Q}\right) \leq d(x, w)<4 r_{Q}<R$ for every $x \in Q^{*}$. Thus,

$$
\begin{aligned}
\mu(B(w, R))\left|u_{Q^{*}}\right|^{p} & \leq C\left(c_{\mu}\right) \int_{Q^{*} \backslash E_{Q}}|u(x)|^{p} d \mu(x) \\
& \leq R^{\beta p} \int_{Q^{*} \backslash E_{Q}} \frac{|u(x)|^{p}}{d\left(x, E_{Q}\right)^{\beta p}} d \mu(x) .
\end{aligned}
$$

Applying inequality (6.44), we get

$$
\mu(B(w, R))\left|u_{Q^{*}}\right|^{p} \leq C\left(\beta, p, c_{\mu}, c_{0}\right) R^{\beta p} \int_{B(w, R)} g(x)^{p} d \mu(x) .
$$

The desired inequality follows by combining the estimates above.
Next we improve the local Hardy inequality in Theorem 6.35. This is done by
adapting the Koskela-Zhong truncation argument from [77] to the setting of Hajłasz gradients; see also [81] and [73, Theorem 7.32] whose proof we modify to our purposes.

## Theorem 6.36

Let $X$ be a geodesic space. Let $1<p<\infty$ and $0<\beta \leq 1$. Let $E \subset X$ be a closed set which satisfies the $(\beta, p)$-capacity density condition with a constant $c_{0}$. Let $B_{0}=B(w, R)$ be a ball with $w \in E$ and $R<\operatorname{diam}(E)$. Let $E_{Q}$ be the truncation of $E$ to the Whitney-type ball $Q$ as in Section 6.6, and let $C_{1}=C_{1}\left(\beta, p, c_{\mu}, c_{0}\right)$ be the constant in (6.43), see Theorem 6.35. Then there exist $0<\varepsilon=\varepsilon\left(p, C_{1}\right)<p-1$ and $C=C\left(p, C_{1}\right)$ such that inequality

$$
\begin{equation*}
\int_{B(w, R) \backslash E_{Q}} \frac{|u(x)|^{p-\varepsilon}}{d\left(x, E_{Q}\right)^{\beta(p-\varepsilon)}} d \mu(x) \leq C \int_{B(w, R)} g(x)^{p-\varepsilon} d \mu(x) \tag{6.45}
\end{equation*}
$$

holds whenever $u \in \operatorname{Lip}_{\beta}(X)$ is such that $u=0$ in $E_{Q}$ and $g \in \mathcal{D}_{H}^{\beta}(u)$.

Proof. Without loss of generality, we may assume that $C_{1} \geq 1$ in (6.43). Let $u \in$ $\operatorname{Lip}_{\beta}(X)$ be such that $u=0$ in $E_{Q}$ and let $g \in \mathcal{D}_{H}^{\beta}(u)$. Let $\kappa \geq 0$ be the $\beta$ Hölder constant of $u$ in $X$. By redefining $g=\kappa$ in the exceptional set $N=N(g)$ of measure zero, we may assume that (6.6) holds for all $x, y \in X$. Let $\lambda>0$ and define $F_{\lambda}=G_{\lambda} \cap H_{\lambda}$, where

$$
G_{\lambda}=\{x \in B(w, R): g(x) \leq \lambda\}
$$

and

$$
H_{\lambda}=\left\{x \in B(w, R):|u(x)| \leq \lambda d\left(x, E_{Q}\right)^{\beta}\right\}
$$

We show that the restriction of $u$ to $F_{\lambda} \cup E_{Q}$ is a $\beta$-Hölder function with a constant $2 \lambda$. Assume that $x, y \in F_{\lambda}$. Then (6.6) implies

$$
|u(x)-u(y)| \leq d(x, y)^{\beta}(g(x)+g(y)) \leq 2 \lambda d(x, y)^{\beta}
$$

On the other hand, if $x \in F_{\lambda}$ and $y \in E_{Q}$, then

$$
|u(x)-u(y)|=|u(x)| \leq \lambda d\left(x, E_{Q}\right)^{\beta} \leq 2 \lambda d(x, y)^{\beta}
$$

The case $x \in E_{Q}$ and $y \in F_{\lambda}$ is treated in the same way. If $x, y \in E_{Q}$, then $\mid u(x)-$ $u(y) \mid=0$. All in all, we see that $u$ is a $\beta$-Hölder function in $F_{\lambda} \cup E_{Q}$ with a constant $2 \lambda$.

We apply the McShane extension 6.5 and extend the restriction $\left.u\right|_{F_{\lambda} \cup E_{Q}}$ to a $\beta$ Hölder function function $v$ in $X$ with constant $2 \lambda$. Then $v=u=0$ in $E_{Q}$ and $v=u$ in $F_{\lambda}$, thus

$$
g_{v}=g \chi_{F_{\lambda}}+2 \lambda \chi_{X \backslash F_{\lambda}} \in \mathcal{D}_{H}^{\beta}(v)
$$

by Lemma 6.6.
By applying Theorem 6.35 to the function $v$ and its Hajłasz $\beta$-gradient $g_{v}$, we obtain

$$
\begin{aligned}
\int_{\left(B(w, R) \backslash E_{Q}\right) \cap F_{\lambda}} \frac{|u(x)|^{p}}{d\left(x, E_{Q}\right)^{\beta p}} d \mu(x) & \leq \int_{B(w, R) \backslash E_{Q}} \frac{|v(x)|^{p}}{d\left(x, E_{Q}\right)^{\beta p}} d \mu(x) \\
& \leq C_{1} \int_{F_{\lambda}} g(x)^{p} d \mu(x)+C_{1} 2^{p} \lambda^{p} \mu\left(B(w, R) \backslash F_{\lambda}\right)
\end{aligned}
$$

Since $H_{\lambda}=F_{\lambda} \cup\left(H_{\lambda} \backslash G_{\lambda}\right)$ and $C_{1} \geq 1$, it follows that

$$
\begin{align*}
& \int_{\left(B(w, R) \backslash E_{Q}\right) \cap H_{\lambda}} \frac{|u(x)|^{p}}{d\left(x, E_{Q}\right)^{\beta p}} d \mu(x) \\
& \leq C_{1} \int_{F_{\lambda}} g(x)^{p} d \mu(x)+C_{1} 2^{p} \lambda^{p} \mu\left(B(w, R) \backslash F_{\lambda}\right) \\
& \quad+\int_{\left(H_{\lambda} \backslash E_{Q}\right) \backslash G_{\lambda}} \frac{|u(x)|^{p}}{d\left(x, E_{Q}\right)^{\beta p}} d \mu(x) \\
& \leq C_{1} \int_{G_{\lambda}} g(x)^{p} d \mu(x)+C_{1} 2^{p} \lambda^{p}\left(\mu\left(B(w, R) \backslash F_{\lambda}\right)+\mu\left(H_{\lambda} \backslash G_{\lambda}\right)\right) \\
& \leq C_{1} \int_{G_{\lambda}} g(x)^{p} d \mu(x)+C_{1} 2^{p+1} \lambda^{p}\left(\mu\left(B(w, R) \backslash H_{\lambda}\right)+\mu\left(B(w, R) \backslash G_{\lambda}\right)\right) \tag{6.46}
\end{align*}
$$

Here $\lambda>0$ was arbitrary, and thus we conclude that (6.46) holds for every $\lambda>0$.
Next we multiply (6.46) by $\lambda^{-1-\varepsilon}$, where $0<\varepsilon<p-1$, and integrate with respect to $\lambda$ over the set $(0, \infty)$. With a change of the order of integration on the left-hand side, this gives

$$
\begin{aligned}
& \frac{1}{\varepsilon} \int_{B(w, R) \backslash E_{Q}}\left(\frac{|u(x)|}{d\left(x, E_{Q}\right)^{\beta}}\right)^{p-\varepsilon} d \mu(x) \leq C_{1} \int_{0}^{\infty} \lambda^{-1-\varepsilon} \int_{G_{\lambda}} g(x)^{p} d \mu(x) d \lambda \\
& \quad+C_{1} 2^{p+1} \int_{0}^{\infty} \lambda^{p-1-\varepsilon}\left(\mu\left(B(w, R) \backslash H_{\lambda}\right)+\mu\left(B(w, R) \backslash G_{\lambda}\right)\right) d \lambda
\end{aligned}
$$

By the definition of $G_{\lambda}$, we find that the first term on the right-hand side is dominated by

$$
\frac{C_{1}}{\varepsilon} \int_{B(w, R)} g(x)^{p-\varepsilon} d \mu(x)
$$

Using the definitions of $H_{\lambda}$ and $G_{\lambda}$, the second term on the right-hand side can be estimated from above by

$$
\frac{C_{1} 2^{p+1}}{p-\varepsilon}\left(\int_{B(w, R) \backslash E_{Q}}\left(\frac{|u(x)|}{d\left(x, E_{Q}\right)^{\beta}}\right)^{p-\varepsilon} d \mu(x)+\int_{B(w, R)} g(x)^{p-\varepsilon} d \mu(x)\right)
$$

By combining the estimates above, we obtain

$$
\begin{align*}
& \int_{B(w, R) \backslash E_{Q}}\left(\frac{|u(x)|}{d\left(x, E_{Q}\right)^{\beta}}\right)^{p-\varepsilon} d \mu(x) \\
& \quad \leq C_{2} \int_{B(w, R) \backslash E_{Q}}\left(\frac{|u(x)|}{d\left(x, E_{Q}\right)^{\beta}}\right)^{p-\varepsilon} d \mu(x)+C_{3} \int_{B(w, R)} g(x)^{p-\varepsilon} d \mu(x) \tag{6.47}
\end{align*}
$$

where $C_{2}=C_{1} 2^{p+1} \frac{\varepsilon}{p-\varepsilon}$ and $C_{3}=C_{1}\left(1+2^{p+1} \frac{\varepsilon}{p-\varepsilon}\right)$. We choose $0<\varepsilon=\varepsilon\left(C_{1}, p\right)<p-1$ so small that

$$
C_{2}=C_{1} 2^{p+1} \frac{\varepsilon}{p-\varepsilon}<\frac{1}{2}
$$

This allows us to absorb the first term in the right-hand side of (6.47) to the left-hand side. Observe that this term is finite, since $u$ is $\beta$-Hölder in $X$ and $u=0$ in $E_{Q}$.

### 6.9 Self-improvement of the capacity density condition

As an application of Theorem 6.36, we strengthen Theorem 6.22 in complete geodesic spaces. This leads to the conclusion that the Hajłasz capacity density condition is selfimproving or doubly open-ended in such spaces. In fact, we characterize the Hajłasz capacity density condition in various geometrical and analytical quantities, the latter of which are all shown to be doubly open-ended.

## Theorem 6.37

Let $X$ be a geodesic space. Let $1<p<\infty$ and $0<\beta \leq 1$. Let $E \subset X$ be a closed set which satisfies the $(\beta, p)$-capacity density condition with a constant $c_{0}$. Then there exists $\varepsilon>0$, depending on $\beta, p, c_{\mu}$ and $c_{0}$, such that $\overline{\operatorname{codim}}_{\mathrm{A}}(E) \leq \beta(p-\varepsilon)$.

Proof. Let $w \in E$ and $0<r<R<\operatorname{diam}(E)$. Let $E_{Q}$ be the truncation of $E$ to the ball $Q \subset B_{0}=B(w, R)$ as in Section 6.6. Let $\varepsilon>0$ be as in Theorem 6.36. Observe that

$$
E_{Q, r}=\left\{x \in X: d\left(x, E_{Q}\right)<r\right\} \subset\{x \in X: d(x, E)<r\}=E_{r}
$$

Hence, it suffices to show that

$$
\begin{equation*}
\frac{\mu\left(E_{Q, r} \cap B(w, R)\right)}{\mu(B(w, R))} \geq c\left(\frac{r}{R}\right)^{\beta(p-\varepsilon)} \tag{6.48}
\end{equation*}
$$

where the constant $c$ is independent of $w, r$ and $R$.
If $r \geq R / 4$, then the claim is clear since $\left(\frac{r}{R}\right)^{\beta(p-\varepsilon)} \leq 1$ and

$$
\mu\left(E_{Q, r} \cap B(w, R)\right) \geq \mu(B(w, R / 4)) \geq C(\mu) \mu(B(w, R))
$$

The claim is clear also if $\mu\left(E_{Q, r} \cap B(w, R)\right) \geq \frac{1}{2} \mu(B(w, R))$. Thus we may assume that $r<R / 4$ and that $\mu\left(E_{Q, r} \cap B(w, R)\right)<\frac{1}{2} \mu(B(w, R))$, whence

$$
\begin{equation*}
\mu\left(B(w, R) \backslash E_{Q, r}\right) \geq \frac{1}{2} \mu(B(w, R))>0 \tag{6.49}
\end{equation*}
$$

Let us now consider the $\beta$-Hölder function $u: X \rightarrow \mathbb{R}$,

$$
u(x)=\min \left\{1, r^{-\beta} d\left(x, E_{Q}\right)^{\beta}\right\}, \quad x \in X
$$

Then $u=0$ in $E_{Q}, u=1$ in $X \backslash E_{Q, r}$, and

$$
|u(x)-u(y)| \leq r^{-\beta} d(x, y)^{\beta} \quad \text { for all } x, y \in X
$$

We aim to apply Theorem 6.36. Recall also that $w \in E_{Q}$. Thus we obtain

$$
\begin{align*}
\int_{B_{0} \backslash E_{Q}} \frac{|u(x)|^{p-\varepsilon}}{d\left(x, E_{Q}\right)^{\beta(p-\varepsilon)}} d \mu(x) & \geq R^{-\beta(p-\varepsilon)} \int_{B_{0} \backslash E_{Q}}|u(x)|^{p-\varepsilon} d \mu(x) \\
& \geq R^{-\beta(p-\varepsilon)} \int_{B_{0} \backslash E_{Q, r}}|u(x)|^{p-\varepsilon} d \mu(x)  \tag{6.50}\\
& \geq R^{-\beta(p-\varepsilon)} \mu\left(B(w, R) \backslash E_{Q, r}\right) \\
& \geq 2^{-1} R^{-\beta(p-\varepsilon)} \mu(B(w, R))
\end{align*}
$$

where the last step follows from (6.49).

Since $u=1$ in $X \backslash E_{Q, r}$ and $u$ is a $\beta$-Hölder function with a constant $r^{-\beta}$, Lemma 6.6 implies that $g=r^{-\beta} \chi_{E_{Q, r}} \in \mathcal{D}_{H}^{\beta}(u)$. Observe that

$$
\int_{B_{0}} g^{p-\varepsilon} d \mu \leq r^{-\beta(p-\varepsilon)} \mu\left(E_{Q, r} \cap B_{0}\right)=r^{-\beta(p-\varepsilon)} \mu\left(E_{Q, r} \cap B(w, R)\right) .
$$

Hence, the claim (6.48) follows from (6.50) and Theorem 6.36.
The following theorem is a compilation of the results in this chapter. It states the equivalence of some geometrical conditions (1)-(2) and analytical conditions (3)-(6), one of which is the capacity density condition. We emphasize that the capacity density condition (3) is characterized in terms of the upper Assouad codimension (1); in fact, this characterization follows immediately from Theorem 6.21 and Theorem 6.37.

## Theorem 6.38

Let $X$ be a complete geodesic space. Let $1<p<\infty$ and $0<\beta \leq 1$. Let $E \subset X$ be a closed set. Then the following conditions are equivalent:
(1) $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<\beta p$.
(2) $E$ satisfies the Hausdorff content density condition (6.13) for some $0<q<\beta p$.
(3) $E$ satisfies the ( $\beta, p$ )-capacity density condition.
(4) $E$ satisfies the local ( $\beta, p, p$ )-boundary Poincaré inequality (6.21).
(5) $E$ satisfies the maximal ( $\beta, p, p$ )-boundary Poincaré inequality (6.25).
(6) $E$ satisfies the local ( $\beta, p, p$ )-Hardy inequality (6.43).

Proof. The implication from (1) to (2) is a consequence of Lemma 6.19 with $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<q<\beta p$. The implication from (2) to (3) follows by adapting the proof of Theorem 6.21 with $\eta=q / \beta$. The implication from (3) to (4) follows from Theorem 6.26. The implication from (4) to (5) follows from the proof of Theorem 6.28, which remains valid if we assume (4) instead of the ( $\beta, p$ )-capacity density condition. The implication from (5) to (6) follows from the proof of Theorem 6.35. Finally, condition (6) implies the improved local Hardy inequality (6.45) and the proof of Theorem 6.37 then shows the remaining implication from (6) to (1).

Finally, we state the main result of this paper, Theorem 6.39. It is the selfimprovement or double open-endedness property of the ( $\beta, p$ )-capacity density condition. Namely, in addition to integrability exponent $p$, also the order $\beta$ of fractional differentiability can be lowered. A similar phenomenon is observed in [88] for Riesz capacities in $\mathbb{R}^{n}$. See also [78], where solutions to nonlocal equations with measurable coefficients are shown to be both higher integrable and higher differentiable.

## Theorem 6.39

Let $X$ be a complete geodesic space, and let $1<p<\infty$ and $0<\beta \leq 1$. Assume that a closed set $E \subset X$ satisfies the $(\beta, p)$-capacity density condition. Then there exists $0<\delta<\min \{\beta, p-1\}$ such that $E$ satisfies the $(\gamma, q)$-capacity density condition for all $\beta-\delta<\gamma \leq 1$ and $p-\delta<q<\infty$.

Proof. We have $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<\beta p$ by Theorem 6.38. Since $\lim _{\delta \rightarrow 0}(\beta-\delta)(p-\delta)=\beta p$, there exists $0<\delta<\min \{\beta, p-1\}$ such that $\overline{\operatorname{codim}}_{\mathrm{A}}(E)<(\beta-\delta)(p-\delta)$. Now if $\beta-\delta<\gamma \leq 1$ and $p-\delta<q<\infty$, then

$$
\overline{\operatorname{codim}}_{\mathrm{A}}(E)<(\beta-\delta)(p-\delta)<\gamma q
$$

The claim follows from Theorem 6.38.
A similar argument shows that the analytical conditions (4)-(6) in Theorem 6.38 are also doubly open ended. The geometrical conditions (1)-(2) are open-ended by definition.

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## List of publications

Most of the contents of this thesis have been developed in the following works. The first three have already been published, the fourth one has been recently accepted and the last one was submitted by the time of the publication of this dissertation.
[12] Canto, J. Sharp Reverse Hölder inequality for $C_{p}$ Weights and Applications, The Journal of Geometric Analysis (2021) 31: 4165-4190.
[13] Canto, J., Li, K., Roncal, L., Tapiola, O. $C_{p}$ estimates for rough homogeneous singular integrals and sparse forms, Annalli della Scuola Normale Superiore di Pisa, clase di Scienze (5) Vol XXII (2021), 1131-1168.
[14] Canto, J., Pérez, C. Extensions of the John-Nirenberg theorem, Proceedings of the American Mathematical Society 149 (2021), no. 4, 1507-1525.
[15] Canto, J., Pérez, C., Rela, E. Minimal conditions for BMO to appear in Journal of Functional Analysis.
[16] Canto, J., Vähäkangas, A.V. The Hajłasz capacity density condition is selfimproving. arXiv:2108.09077v1

