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- 1 **The energy trap of industrial agriculture: A summary of the results of 82 energy**
- 2 **balances of past and present agricultural systems in North America and Europe**
- 3 **(from 1830 to 2012)**
- 4
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Abstract

 Early energy analyses of agriculture revealed that behind higher labor and land productivity of industrial farming there was a decrease in energy returns on invested energy in comparison to past organic agricultural systems. Studies on recent trends show that efficiency gains in production and use of inputs have again improved energy returns somewhat. However, most of these agricultural energy studies have focused only on external inputs at the crop level, concealing the important role of internal biomass flows that livestock and forestry recirculate within agroecosystems. Here we show for the first time the changing energy profiles of agroecosystems, including livestock and forestry, with a circular bioeconomic approach that accounts for the energy returns to external inputs, internal biomass reuses, and both, synthesizing the results of 82 farm systems in North America and Europe from 1830 to 2012. With this historical multi-EROI approach, we found a general trend towards much lower external returns, little or no increases in internal returns, and almost no improvement in total returns. The energy trap was driven by shifts towards a growing cropping dependence on fossil-fueled external inputs, much more intensive livestock produce fed with grains, less forestry, and a structural disintegration of agroecosystem components by increasingly linear industrial farm managements. Overcoming the energy trap requires nature-based solutions to reduce current dependence on fossil-fueled external industrial inputs, and increase the circularity and complexity of agroecosystems to provide healthier diets.

[INSTERT Fig. 1 HERE]

1 Introduction

 This article provides a summary of the results obtained by the international project *Sustainable Farm Systems: Long-Term Socio-Ecological Metabolism in Western Agriculture* (SFS), which has been working since 2012 to compile the largest data set on energy analysis of past and present agroecosystems calculated so far with the same approach and methodology. The environmental history perspective of the SFS project has led us to rethink the energy accounting methods applied for half a century to mainly contemporary agricultural systems, calculating a single energy return (EROI) on the industrial inputs expended by farmers from outside of their farms (Pimentel et al. 1973; Leach 1975, 1976; Pimentel and Pimentel 1979; Fluck and Baird 1980; Naredo and Campos

 1980; Smil, Nachman and Long 1983; Stanhill 1984; Smil 1984; Dazhong and Pimentel 1984; Jones 1989; Giampietro, Cerretelli and Pimentel 1992; Fluck 1992; Hammerschlag 2006; Murphy et al. 2011; Pimentel 2011). Although some of these early energy case studies made comparative analyses among the agricultural managements of countries and regions with different levels of 77 agricultural industrialization, only one studied a $19th$ -century farm system (Bayliss-Smith 1982).

 Given the linearity of today's industrial agriculture that is highly dependent on external industrial inputs (seeds, synthetic fertilizers, herbicides, pesticides, tractors, electric implements, imported feed), it has made sense to focus the energy analysis on a single EROI that expresses the extent to which these farm systems are energy sinks instead of net energy suppliers to the rest of society (Marshall and Brockway 2020). This also contributes to assess what minimum EROI the societal system must achieve to maintain its own metabolic complexity (Giampietro, Mayumi and Sorman 2011, 2013). Nevertheless, to study preindustrial fully solar-based agricultures means dealing with something completely different. Given the scarcity and cost of external energy sources then available, preindustrial farmers had to rely on a circular multifunctional management of their agroecosystems. Livestock feeding, and its supply of tractive force and manure, played a key role in the bioeconomic circularity that integrated the management of cropland, forestland, and pastureland to recirculate soil nutrients between them (Krausmann 2004).

 Cropping-pasture integration, combined with leguminous crops, was the hallmark of the English agricultural revolution and its later adoption in Atlantic and continental Europe (Campbell and Overton 1991; Allen 2008; Tello et al. 2017). Indeed, this was also a key feature of a much broader set of practices for maintaining soil fertility across continents throughout world history of farming (McNeill and Winiwarter 2004, 2010), which the new advances towards an agroecological transition are currently recovering everywhere in the world (Gliessman 2016; Wezel et al. 2020; González de Molina and López-García 2021; Pirdashti et al. 2015; Xie et al. 2018; Farias et al. 2020; Emran et al. 2022).

 Therefore, energy analysis of past and present farm systems can no longer conceal the role of internal biomass reuse flows of agroecosystems in an analytical black box (Tello et al. 2015, 2016; Guzmán and González de Molina, 2017). The energy returns to the internal energy inputs must be accounted for, together with the external ones. These internal energy returns have two meanings. On the one hand, they account for a partial energy efficiency in the agroecosystem functioning. On the other hand, they assess the proportion of energy recirculated for the agroecosystem reproduction relative to the final product extracted. These internal matter-energy flows becomes temporarily stored in the living funds of the agroecosystem, such as livestock, fertile soils, and trees, while the energy extracted as products is dissipated and no longer plays a role in their sustenance. Therefore, the ratio of internal reuses compared to the energy dissipated as human consumption provides relevant information for the sustainability of agroecosystems, provided that this internal recirculation keeps a complex integration between the living funds to prevent them from quickly becoming dissipative.

 The last condition is important because societies did not always fulfill it in past times. In the expanding agricultural frontiers with a great shortage of labor relative to the abundance of land there was not enough labor capacity for sufficient biomass recirculation, but yields were not affected in the short term because the soils were very rich in nutrients. This was the case in the 119 19th century North American Great Plains, where Western settlement began with cattle ranching, followed by plowing the sod for an export-oriented grain growing that was kept separate from most livestock. Only a small fraction of the nutrients removed from these soils returned to them as manure (Burke et al. 2002), and that soil mining lasted until yield decrease and population growth paved the way for greater cropping-pasture integration (Cunfer 2005, 2021; Cunfer and Krausmann 2016; Gutman 2018). Therefore, if the energy analysis of agricultural systems is to be sustainable, it must account for the energy return to internal reuses, external inputs, and both (Gingrich, Cunfer and Aguilera 2018). The last review article published on the subject considers this agroecological multi-EROI methodology the most circular energy analysis of farm systems developed to date (Hercher-Pasteur et al. 2020).

 We know from previous research on crop-specific energy balances that the energy returns to external inputs were lower in highly industrialized agricultural systems than in more traditional ones less dependent on industrial inputs (Pimentel and Pimentel 1979; Dazhong and Pimentel 1984; Giampietro, Cerretelli and Pimentel 1992). More recent research has found that efficiency gains in the production and use of agrochemicals and machinery have improved agricultural energy returns to external inputs from the 1980s onwards (Pellegrini and Fernandez 2018; Marshall and Brockaway 2020), particularly in Europe (Bajan et al. 2021), although with differences between products, regions, types of management and scales (Harchaoui and Chatzimpiros 2019; Gingrich and Krausmann 2018; Aguilera et al. 2015; Hamilton et al. 2013; Murphy et al. 2011; Pelletier et al. 2011; Dalgaard, Halberg and Porter 2001; Schroll 1994). Our research questions are the following. What happens when we calculate these energy balances not only for specific crops, but for entire agroecosystems from past organic to current industrial agriculture? What role has played in this socioecological transition the disintegration between agricultural, livestock and forestry components of agroecosystems? In section 2 we explain our case studies, conceptual approaches, and methods; in section 3 we present and discuss the results, and in section 4 we conclude.

2 Materials and methods:

2.1. Case studies

 This article builds on 82 energy balances calculated in different points of time from 1840 to 2012 in 19 multi-scalar case studies of 5 countries, ranging from the farm and municipal to county or national level, always referred to whole agroecosystems encompassing cropland, pasture and forest uses, or at least two of them. These system-wide energy analyses have been carried out in Nemaha, Chase and Decatur counties in Kansas, United States (Cunfer, Watson and MacFadyen 2018); Queens, Kings and Prince counties in Prince Edward Island (MacFadyen and Watson 2018), and the province of Quebec, Canada (Parcerisas and Dupras 2018); Sankt Florian and 158 Grünburg regions in Upper Austria (Gingrich et al. 2018^a), and the whole Austria (Gingrich and Krausmann 2018); Holubí Zhoř village and a farm in Czech Republic (Fraňková and Cattaneo 2018); and seven Spanish municipalities: Santa Fe in Granada province, Andalusia (Guzmán and González de Molina 2007); Caldes de Montbui, Castellar de Vallès, Polinyà and Sentmenat in Barcelona province (Marco et al. 2018; Gómez 2017) and Les Oluges in Lleida province, Catalonia (Díez et al. 2018); Manacor in the Mallorca Island (Fullana et al. 2021); together with a county (Baix and Alt Maresme in Catalonia; Parcerisas, personal communication) and the whole country of Spain (Guzmán et al. 2018; González de Molina et al 2020). The location map (Fig. SM1), and the full list of case studies with the energy returns (Table SM1), are in the Supplementary Material.

 These case studies show differences in natural resource endowments, types of management and technical implements used, and the spatial scales of their system boundaries. Each of them has its own characteristics and history, discussed in the original articles presenting results for each case. This previous work, based on a qualitative comparison of seven regional-scale case studies, suggested an agroecosystem energy transition characterized by diverging energy profiles in traditional organic and industrial agriculture (Gingrich et al. 2018b). In this synthesis, we draw on a larger sample of multi-scalar case studies, including local, regional, and national cases, to conduct optimality analyses of the possible relationships among three interrelated EROIs compared to their actual historical shifts, and statistical analyses testing whether statistically significant trends can be identified in the changing energy profiles across this transition. If common trends appear despite their biogeographical, socioeconomic, and historical differences, and the multi-scale character of the sample, this will mean that they underwent similar structural changes that drove their long-term socioecological paths.

183 Traditional organic farming, as it still prevailed throughout most of the 19th century in Europe, relied on renewable biomass flows managed to reproduce their agroecosystem components, while agricultural colonization in North America frontiers, despite being less integrated and more extractive, also relied on very small non-renewable energy inputs (Cunfer et al. 2018; MacFadyen et al. 2018). We denote this type as solar-based farming system. In contrast, industrial agriculture 188 as it emerged in the early $20th$ century and became dominant in Western industrialized countries after World War II, relies largely on external inputs such as synthetic fertilizers, agrochemicals for weed and disease control, machinery, and imported feed associated with high carbon emissions, water pollution, soil degradation and biodiversity loss (Pimentel 2011; Rockström et al. 2020; Crippa et al. 2021).

2.2. Conceptual approach to the circular energy analysis of agroecosystems

 Farmers build agroecosystems coproducing with nature (Gliessman and Engles, 2015; Van der Ploeg 2014). Fig. 2 depicts the system boundaries, the main compartments or energy 'funds', and the energy flows considered in this approach (Gingrich, Cunfer and Aguilera 2018). Its circular approach aims to highlight the structural changes between internal and external energy inputs throughout the industrialization of agriculture (Tello et al. 2016; Galán et al. 2016; Guzmán and 201 González de Molina 2017; Gingrich et al. 2018^b). The conceptual frame of our agroecological multi-EROI model is the study of agricultural social metabolism (González de Molina and Toledo 2014; González de Molina et al. 2020), and the accounting methodology is based on the bioeconomic 'fund-flow' analysis introduced by Georgescu-Roegen (1971, 1976) which has been further developed by Giampietro, Mayumi and Sorman (2011, 2013).

[INSERT Fig. 2 HERE]

 Living 'funds' are the structural components of agroecosystems that can supply a flow of useful products to farmers and society, provided their own reproductive needs are met (livestock, soils, landscapes, farm-associated biodiversity). The more diverse and integrated through internal matter-energy flows these funds are, the more complex and circular the agroecosystem is (Fig. 2). Depending on where the boundaries of the energy analysis are set, the type of products and inputs considered vary. This, combined with the adoption of a linear approach with a single EROI or a multi-EROI agroecological circular one, leads to different results expressing partial or whole system energy returns (Murphy et al. 2011; Arizpe, Giampietro and Ramos-Martin 2011; Hercher-Pasteur et al. 2020). When energy analyses only consider specific crops (Pracha and Volk 2011; Pagani et al. 2017; Pellegrini and Fernández 2018), they cannot address the structural changes that industrialization of agriculture has meant for the loss of biophysical integration and circularity of agroecosystems (Patrizi et al. 2018; Marco et al. 2018; Font et al. 2020), and for 221 landscape heterogeneity and biodiversity (Marull et al. 2019^a , 2019^b , 2018).

 A sustainability assessment of the evolution of energy efficiency of farming must take these structural changes into account, given their contribution to global warming and environmental degradation (Crippa et al. 2021; Rockström et al. 2020; Tilman et al. 2002; Tilman 1999). These detrimental impacts have a lot to do with the dependence of industrial agriculture on fossil-fuel based external inputs (Pimentel 2011), as well as with the lack of circularity and integration of agroecosystems. Reducing or overcoming dependence on external inputs will curtail environmental degradation, but raises concerns about energy yields and land and labor requirements. Divesting from fossil energy inputs while improving energy returns on investment (Hammerschlag 2006) requires a new advance towards more circular agrarian bioeconomy (Schmidt, Padel and Levidow 2012). This agrarian bioeconomy will contribute to the UN Sustainable Development Goals as proposed by the UN Committee on World Food Security (CFS 2021; Caron et al. 2018), the FAO 2018 Scaling Up Agroecology Initiative (FAO 2018), the IPCC (2019) recommendations in the special report on Climate Change and Land, and the new EU agroecology initiatives beyond the Farm to Fork Strategy within the European Green Deal (European Commission 2022).

2.3. The circular multi-EROI accounting method of agroecosystems

 The differentiation between external inputs and recirculation of internal biomass flows is the cornerstone of our circular bioeconomic approach that combines three EROI indicators to analyze 243 the changing fund-flow patterns of agroecosystems (Table 1).

-
- [INSERT Table 1 HERE]
-

 Based on this accounting method, we calculate three different and interrelated energy indicators using as output the useful biomass provided to farmers and society at the exit gate of the agroecosystem considered (*FP* or *Final Produce*). The most aggregate EROI indicator is the *Final EROI* (or *FEROI*), which measures the energy return in terms of the ratio of *FP* biomass flows to the whole set of energy carriers used as inputs, either coming from outside or within the agroecosystem (*TIC or Total Inputs Consumed*):

$$
254 \quad Final\ EROI\ (or\ FEROI) = \frac{Final\ Product\ (FP)}{Total\ inputs\ consumed\ (TIC)}.
$$
 (1)

256 *TIC* can be split into *External Inputs* (*EI*) and the internal flows of *Biomass Reused* (*BR*), where 257 $TIC = BR + EI$. This allows to decompose *FEROI* into two other energy indicators, the

258

$$
259 \quad \text{External Final EROI (or EFERO1} = \frac{Final \, \text{Produce (FP)}}{\text{External \, \text{inputs (EI)}}}
$$
\n
$$
\tag{2}
$$

260 and the

$$
261 \quad Internal Final ENOI (or IFEROI = \frac{Final \, produce \, (FP)}{Biomass \, Reused \, (BR)}
$$
\n
$$
(3)
$$

262

 Distinguishing between *BR* and *EI* flows, and accounting for them in a systemic way, provides a consistent analysis of the long-term $\frac{EI}{RT}$ 264 consistent analysis of the long-term $\frac{E_I}{BR}$ structural shifts. Recall that *IFEROI* is not only a partial indicator of energy efficiency, but also the ratio of the biomass energy reinvested in the reproduction of the agroecosystem living funds to the *FP* dissipative energy extracted from it. The core idea underpinning this conceptual approach is the principle that all living systems rely on internal biophysical cycles that sustain their reproduction over time (Jordan 2016). The recirculation of matter-energy flows allows them to maintain complexity, increase temporary energy storage, and decrease internal entropy by keeping them away from thermodynamic equilibrium (Ho 2013; Morowitz and Smith 2007). That also applies to agroecosystems (Gliessman and Engles 2015; Guzmán and González de Molina 2017).

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274 *2.4. Analyzing the changing energy profiles of agroecosystems along socioecological transitions* 275

276 To identify general trends in the changing energy profiles of agroecosystems, we use the 277 following function that relates *FEROI*, *EFEROI* and *IFEROI* values:

$$
FFROI = \frac{EFERO I \cdot IFERO I}{EFERO I + IFERO I} \tag{4}
$$

280

278

281 The proof is straightforward:
$$
\frac{EFERO I \cdot IFERO I}{EFERO I + IFERO I} = \frac{\frac{FP}{EI} \cdot \frac{FP}{BR}}{\frac{FP}{EI} + \frac{FP}{BR}} = \frac{\frac{FP^2}{EI+BR}}{\frac{FP(E I + BR)}{EI+BR}} = \frac{FP}{EI+BR} = FERO I.
$$

282

283 Expression (4) is the equation of a three-dimensional surface that encompasses all the values that 284 *FEROI*, *EFEROI* and *IFEROI* can take at the same time (Fig. 3a).

285

286 **INSERT Fig. 3 HERE**

287

288 In any visualization of empirical results, this surface is limited by the highest EROI value found 289 in the analyzed agroecosystems, since despite the increasing curvature of the surface towards the vertical axis it does not have a theoretical upper limit. The curvature reveals the existence of diminishing returns at any point (i.e., additional *FEROI* increases always require greater proportional increases in *EFEROI*, *IFEROI* or both). In Fig. 3b, this possibility surface is drawn as a two-dimensional 'energy map' where the contour levels represent equal *FEROI* values.

 As these energy maps show the three EROI values of an agroecosystem at the same time, they can visualize the changing energy profiles of farm systems throughout the socioecological transition from preindustrial organic to full industrial agricultures in a deeper analytical way than using three time series for each EROI, as we did before with a limited number of these case studies (Gingrich et al. 2018b). High *EFEROI* values would be the hallmark of traditional solar-based organic agriculture due to their low dependence on external inputs, which in turn would require a great reliance on internal recirculation of biomass flows and lower *IFEROI* values. Accordingly, the *FEROI-IFEROI-EFEROI* coordinates of traditional organic agroecosystems would be near the left corner in the energy map (Fig. 3b). Industrialization would free agricultural systems from labor-intensive biomass reuses by replacing them with increasingly cheaper external inputs based on fossil fuels, moving their energy profiles towards other regions of the energy map. Any displacement along the contour lines expresses a change in the energy profiles of agroecosystems in terms of their *EFEROI*-*IFEROI* values while keeping the same value level of *FEROI*, whereas the opposite is true for any displacement outside contour lines.

 This possibility surface allows to calculate optimal shifts to increase *FEROI* scores by changing the *EFEROI*-*IFEROI* variables (Fig. 4), another useful reference to compare with the actual paths. Note that the gradient direction of each vector expresses, at any point of the energy map, the optimal *EFEROI*-*IFEROI* value shifts required to attain the largest possible *FEROI* increase there. The length of each vector expresses the respective potential of *FEROI* improvement for any agroecosystem placed in different regions of the energy map. The shorter length of vectors as they move towards higher *FEROI* values indicates the inevitable diminishing returns due to entropy.

[INSERT Fig. 4 HERE]

 This is a descriptive analysis, not a prescription. We know that higher *FEROI* values are beneficial to farmers, and to society at large, but only if all else remains equal or better. Since we cannot take this for granted, more research is required on the impacts of these energy changes on different dimensions not included in the model to consider potential trade-offs. However, comparing the real *FEROI*-*EFEROI-IFEROI* paths with the optimal ones provides a useful information to interpret the changing energy profiles of agroecosystem throughout socioecological transitions.

 Here we use for the first time this multi-EROI possibility surface as an energy mapping of the changing energy profiles of agroecosystems from past organic to current industrial management.

2.5. Statistical analyses of the main drivers of FEROI trends

 Historical studies of our 82 energy balances performed one by one suggested the hypothesis that the main drivers of long-term *FEROI* trends may have been the changing role of cropping, livestock raising, and forestry along the structural change from the organic farming of the preindustrial era, highly circular and integrated, to the highly linear and disintegrated current industrial agriculture.

 To test this hypothesis, we used linear mixed-effects models with either *FEROI*, *EFEROI*, or *IFEROI* as dependent variables, introducing as fixed effects livestock energy produce per unit of farmland (*LIV*), the share of woodland area over total farmland (*WS*), the energy product per unit of farmland (*FP*), the human labor performed in energy terms per farmland hectare (*L*), the year to which each energy balance corresponds (*Y*), and the spatial scale (*S*) of the case study (i.e., country, province, county, village, farm). Each case study was introduced as a random effect nested within its country. *FP* and *L* are used as control variables for natural resource endowment, land use intensification, and technical change, which are needed given the large differences between the case studies in these respects. Introducing *Y* as independent variable avoids temporal autocorrelation, and introducing the random effect avoids spatial autocorrelation. The analysis was performed with the package "Rcmdr" (Fox 2005) in R (R Development Core Team 2009). Models were chosen that complied with basic statistical assumptions and that improved the AIC value by at least two units in relation to the other models. When necessary, response variables were transformed, or influential values were removed from the data.

 We performed an additional test, shown in the Supplementary Material, to search for statistically significant differences among the three periods studied: traditional organic (1830-1900), intermediate organic-industrial (1901-1950) and full industrial agriculture (1951-2012). Paired sample t-tests with a significance level of 0.05 were run between pairs of the three periods. When multiple years were available for a case study in any given period, we kept only one value by removing the values for those years closest to the other periods. These three statistical tests of linear mixed effects and the additional paired sample t-test provide much stronger insight into the underlying driving forces of the main common trends in the observed muti-EROIs, compared to the previous summary with only one part of this database published in Gingrich et al. (2018).

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3 Results and discussion

3.1. The energy trap of industrial farming

 Fig. 5 depicts the sample of 82 farm systems as points with different color according to the historical period in the above three-dimensional possibility surface. Below the figure depicts the same results in the bidimensional energy map where *FEROI* values are shown with contour lines.

- [INSERT Fig. 5 HERE]
-

 The changing energy profile of our 82 agroecosystems displays a general trend that we name an 'energy trap' defined as the clustering of most *FEROI-EFEROI-IFEROI* industrial farming data near to the origin axes of the three-dimensional surface encompassing all possible values these three EROIs can simultaneously take. In 17 out of 19 case studies energy returns on external inputs (*EFEROI*) are higher in the traditional organic group than in the industrial farming group. In the industrial group, the energy returns on internal biomass flows (*IFEROI*) are greater than in the traditional organic cases in 14 cases, but these *IFEROI* increases are smaller than the corresponding *EFEROI* decreases (see also Table SM1 and Fig. SM5 in the Supplementary Material). This explains why in this sample we do not have cases that shifted to very high *IFEROI* values located in the right corner of Fig. 5. Finally, *FEROI* values are lower in industrialized than in traditional organic times in 11 case studies out of 19, and equal in one case. These simultaneous *FEROI-EFEROI-IFEROI* changes driven by increases in external inputs (*EI*) greater than the corresponding increases in final product (*FP*), and greater than decreases in biomass reuses (*BR*) when they occurred, has brought their energy profiles closer to the origin vertex of the energy map where the values of the three EROIs are the lowest (Fig. 5). Therefore, our answer to the first research question is that agricultural industrialization has led to an energy trap when external, internal, and total input returns are considered together in a long-term historical perspective for entire agroecosystems, and not only single crops or activities.

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- The general picture of the energy trap of industrial farm systems shown in Fig. 5 is confirmed by the basic statistics of the *FEROI-EFEROI-IFEROI* data set (see Table SM2 in the Supplementary Material). According to the paired sampled t-tests, mean *FEROI* values were not significantly 395 different (p-values > 0.05) across all case studies and time periods despite having a lower mean in full industrial than in the traditional organic or intermediate organic-industrial farming cases. Conversely, *EFEROI* values significantly decreased (p-values < 0.05) from the traditional organic cases to the intermediate period, and from the latter to the full industrial period, confirming the energy trap. *IFEROI* values were significantly smaller (p-values < 0.05) in the organic and

 intermediate periods than in the industrial period. This confirms that the higher dependence on fossil-fueled external inputs (*EI*) went hand in hand with lower efforts in biomass-energy reinvestment (*BR*) in the reproduction of the living funds of the agroecosystems. Conversely, the much lower reliance on *EI* of past organic farming involved higher *BR* values per unit of final produce (*FP*). The three EROI values follow a normal distribution, but dispersion is high as expected in a multiscale sample of very different sites in biogeographical and historical terms.

 Our corroboration of the energy trap of industrial agriculture contrasts with the results obtained in several studies, including some of our SFS project, which have found improvements in external EROIs (i.e., *EFEROI* here) of industrial farming from the 1980-1990s onwards (Marshall and Brockway 2020; Harchaoui and Chatzimpiros 2019; Pellegrini and Fernández 2018; Gingrich and Krausmann 2018; Aguilera et al. 2015). The long-term historical character of our data set puts these later results into clearer perspective. The improvements observed in recent decades are very small compared to the steep *EFEROI* decline during the transition from traditional solar-based to current fossil-based agriculture.

 The mean *FEROI* values were not significantly different along the three time periods due to 7 outliers with *FEROI* values of full industrial farming that outperform those of traditional organic or intermediate organic-industrial systems (Fig. 5, and Supplementary Material). This can be explained by the different composition of their agroecosystems, and the way they changed over time. Three of them are in the Great Plains of the United States where colonization began in the 1870-1880s through extensive cattle ranching with extremely low *IFEROI* and *FEROI* values, placing their green dots near to the origin vertex in bottom corner of Fig. 5. They then evolved into an intermediate organic-industrial mixed farming more integrated with pasture and higher *FEROI* values, until the shocks of the Great Depression and the Dust Bowl drought led to an early adoption of industrial agriculture in some areas (e.g., Nemaha) compared to Europe. This, in turn, gave rise to either higher (Nemaha and Decatur) or stagnant (Chase) *FEROI* values also depending on variations in rainfall, soil quality and proportion of livestock raising (Cunfer, Watson and MacFadyen 2018; Cunfer and Krausmann 2016; Cunfer 2005).

 Other exceptions with *FEROI* industrial values greater than those of traditional organic or intermediate organic-industrial agricultures were in colder and wetter bioregions such as the Canadian Prince Edward Island (MacFadyen and Watson 2018). There, the importance of forest products levelled out higher energy returns in the long run, except when cereals, potatoes, and livestock became more important and decreased *EFEROI* scores (Queens County). In the Czech village of Holubí Zhoř, the *FEROI* and *IEFROI* values of traditional organic farming were scant due to the cost of livestock feeding in the poor soils of the Bohemian-Moravian highlands with low temperatures and rainfall, compared to a current organic farm (Fraňková and Cattaneo 2018). In Sankt Florian municipality of Upper Austria, a cropland specialization of rich soils meant current higher *FEROI* values (including the sale of straw, a flow currently reused or wasted in other places), compared to traditional organic farming when livestock densities were similar but 441 meant a higher energy burden (Gingrich et al. 2018^a). This later shift went contrary to the one found in the neighboring Grünburg municipality, specialized on cattle and pig rearing, as well as in the whole of Austria despite the rise in *FEROI* values in 1991 and 2010 (Gingrich and Krausmann 2018).

 Therefore, upon closer examination these exceptions have a lot to do with the agroecosystem 447 composition and economic specialization (Gingrich et al., 2018^b) making their paths consistent with the interpretation of the main drivers behind the general trend towards the energy trap: livestock and forestry components were the main explanation of these outliers, together with land and labor endowments. All in all, these outlier cases remind us that the overall trajectory toward steeply decreasing *EFEROI* scores, combined with only minor *IFEROI* increases and almost no *FEROI* improvements, was not a necessity but a historically contingent result of a global, but regionally differentiated socioecological transition. The fact that some common trends appear despite the large differences among these 82 agroecosystems indicates that they shared certain structural changes that drove their long-term paths.

3.2 Structural changes: livestock and forestry roles in the energy transition

 The growing relevance of livestock production and the declining relevance of forestry have been two main drivers of the *FEROI* values adopted during the transition from traditional organic to full industrial farm systems in the Global North countries, counties, and municipalities of our data set. The results of the mixed-effects models confirm that they were decisive factors that drove the profiles of energy returns to all inputs consumed, to internal biomass reuses, and to external inputs in the 82 agroecosystems of the sample, once the differences in natural resource endowment and land and labor intensities have been controlled, as well as temporal and spatial autocorrelation. *FEROI* values increase with *FP* and with woodland share (*WS*), whereas they decrease as human labor (*HL*) and livestock produce (*LP*) increase, as expected. Furthermore, *FEROI* values significantly decrease as the year (*Y*) of the energy balance is more contemporary, as shown in the mixed-effects model (5):

$$
471 \t FERO1 = 3.49 + 0.01 \cdot FP + 1.21 \cdot WS - 0.31 \cdot HL - 0.05 \cdot LP - 0.002 \cdot Y \tag{5}
$$

 Although all the variables have a significant effect on *FEROI*, the ones with the greatest weight are *WS*, *FP*, and *LP*, in this order. AIC values for the chosen models and their null models, and Chi sq. and P(>Chi sq.) values for each variable are given in the Supplementary Material for all 476 the three mixed-effects models.

 Converting log (*IFEROI)* into the dependent variable gives the following equation (6), where yields as control variable (*FP*) has a higher weight than the relevance of woodland (*WS*):

 $481 \log (IFERO I) = -1.07 + 0.02 \cdot FP + 1.58 \cdot WS$ (6)

 This result confirms a feature already observed in Gingrich et al. (2018b). On the one side, the maintenance of internal biomass reuse flows (*BR*) devoted to livestock feeding, or too slight a decrease of them, which are the predominant *BR* trends per unit of land found in the dataset (see the Supplementary Material), turn *LP* statistically not significant. On the other side, the variation in the relevance of woodland share (*WS*) is significant given that forestry entails a much higher energy *FP* with any *BR* per unit of land. However, we know that behind those steady trends in livestock-related *BR* flows there has been a profound structural change from mixed organic farming, where extensive grazing integrated all land uses with each other, to livestock feeding in linear industrial feedlots disintegrated from the rest of farmland. This feature is clearly observed using the entire energy balance as a scanning of the underlying structural fund-flow pattern of most case studies.

 Regarding *EFEROI*, we removed the 2012 balance of the Czech Republic of a single organic farm because it was an influential value, and we also used log *(EFEROI)* as dependent variable to obtain statistically significant results in equation (7):

499 $log (EFEROI) = 27.57 + 0.02 \cdot FP - 0.13 \cdot LP + 1.19 \cdot 5nation - 0.35 \cdot 5\nprovince +$ 500 $0.33 \cdot \text{Smunicipality} + 2.01 \cdot WS - 0.01 \cdot Y$ (7)

 The variable that has the most important effect is the year of the balance sheet (*Y*) so that when the year is more recent, the lower is the dependent variable. This clearly confirms the energy trap of industrial agriculture driven by increases of external energy inputs (*EI*) greater than the growth in the final energy produce (*FP*) obtained. Then comes the livestock produce per farmland unit (*LP*) with the expected negative effect, revealing the importance for the energy trap of the dietary transition to greater meat production and consumption, besides the impact of fossil-fueled agrochemicals and machinery in *EI* values. And then, the scale of analysis (*S*), the woodland share (*WS* with a positive effect), and the control variable of yields (*FP* with a positive effect). This also

- confirms the relevance of forest abandonment in the Global North as part and parcel of the energy
- trap, after controlling for the differences in biogeographic resource endowments.
-

 The statistical significance of the scale of analysis (*S*) reveals that log (*EFEROI)* values are higher when accounted for at the nation-wide energy balances than at the other lower scales (province, county, or municipality; see the Supplementary Material). Although this result deserves further research, we observe that it has to do with the fact that when leaping from the municipal or county level to the country scale some matter-energy flows that are counted as external inputs (*EI*) at the lower levels become internal biomass reuses (*BR*) at the national level. A relevant case are the grains coming from another municipality, county, or province of the same country to be used as animal feed, which must be counted as an external input (*EI*) when they are bought outside the municipal, county or province system boundaries considered. When the energy balance is carried out at the national level, these same flows will be counted as *BR*, and only the animal feed imported from abroad will be considered *EI*. This reduces the amount of *EI* in the denominator when the agricultural energy balance is scaled up at the country level, while in the numerator *FP* includes all flows consumed within and sold outside the system boundaries at all scales considered, leading to higher *EFEROI* values when they are calculated at the national level. That must be considered when using our multi-EROI approach in multiscale case studies.

 According to these results, the proportion of forest area and intensity of livestock production have been two main factors that most explain the final energy returns (*FEROI*) of these 82 agroecosystems, meaning that industrialization deeply changed the energy profiles of their fund- flow patterns. In most cases, synthetic fertilizers accounted for the largest share of external energy inputs (*EI*), greater than machinery and fuel (Aguilera et al. 2015). Once farmers were able to replenish soil fertility with cost efficient fossil-based fertilizers, they no longer needed to rely on either livestock manure or biomass transfers between agroecosystem compartments to replenish depleted cropland soils, breaking the energy-nutrient nexus between crops, livestock and grazing land that was key to traditional organic agriculture (Krausmann 2004). The end of the multipurpose use of livestock as recycler of crop by-products, provider of manure and driving force, and carrier of soil nutrients from uncultivated to cultivated land, has meant a structural change of agroecosystems led by the nutritional transition towards a diet with very high meat and dairy consumption in the Western countries here studied (Schramski, Woodson and Brown 2020; Henry et al. 2019; Alexander et al. 2016; Westhoek et al. 2014).

544 Throughout the $20th$ century the share of crops allocated to livestock feeding grew from 10% to 45% of global production of grains (Haberl et al. 2016; Smil 2000). In Spain, the energy content of land produce diverted to livestock feeding rose from 28% in 1900 to 53% in 2008 (Guzmán et al. 2018). While livestock was managed at the service of farmland for millennia, current industrial agriculture cultivates a large amount of land at the service of livestock with great matter-energy losses (Alexander et al. 2017). This explains why, instead of a simple substitution of *EI* for *BR*, agricultural industrialization entailed a functional change that turned *BR* flows into feed and fodder while reducing or abandoning pastures and the reuse of crop by-products as animal feeding (Soto et al. 2016; Marco et al. 2018; González de Molina et al. 2020). The growth of cultivated feed has countered the simultaneous abandonment of other traditional forms of biomass recirculation, such as green manures, composting of animal manure, and crop rotation with legumes. Despite the substitution of tractors for horses and mules, the number of cattle, pigs and hens have greatly increased livestock densities only to produce animal protein. In industrial farm systems with a high share of animal production, imported feed becomes the largest external input (Padró et al. 2017; Díez et al. 2018).

 In traditional solar-based agroecosystems, the high land and energy costs of livestock feeding was addressed through a close integration of animal husbandry with complex land uses (Patrizi et al. 2018; Guzmán, González de Molina and Alonso 2011; Guzmán and González de Molina 2009). This integrative role has virtually disappeared with livestock industrialization. Current feedlots perform a linear feed-to-meat bioconversion disconnected from the rest of the agroecosystem living funds. Therefore, in addition to the steep increases in external inputs (*EI*), our results show that blundering into the energy trap has to do with the structural change of agroecosystems in the relationship between farmland and livestock that has limited or totally offset the *BR* decreases while deeply modifying its role (Marco et al. 2018).

 It helps realize the energetic importance of this disintegration to compare the partial returns of organic-multifunctional and industrial livestock raising using either a circular integrated accounting or a linear one. When the linear energy yield of a feed-to-meat bioconversion is accounted for at the barnyard or feedlot gate, industrial livestock breeding outperforms traditional multifunctional animal husbandry—although at the expense of animal wellbeing. When compared with an agroecosystem circular way, either traditional organic or novel agroecology managements outperform the industrial feedlots due to the addition of manure and driving force as outputs, and the reuse of by-products as input savings (Marco et al. 2018; Patrizi et al. 2018; Tello et al. 2016; Pérez-Neira, Soler-Montiel and Simón-Fernández 2014; Pérez Neira 2016; Pirdashti et al. 2015).

 The disintegration between livestock and the entirety of agroecosystems has also put an end the previous balance of livestock size relative to cropland and forest components. This, and the increase in world feed trade, has led to quantities of manure that exceed the capacity of nearby

 cropland to absorb them in importing regions with high livestock densities, turning slurry into a polluting waste (Cattaneo, Marull and Tello 2018). Meanwhile, soil organic matter is being depleted in feed exporting regions (Padró et al. 2017, 2019; Infante-Amate et al. 2022). Both contribute to breaking the global N and P biogeochemical cycles on which soil fertility depends (Rockström et al. 2020; Billen et al. 2021).

 The decline of forestry and agroforestry, and the consequent shrinking relevance of wood biomass in agricultural produce (*FP*), is the second structural change that drove the energy trap of industrial agriculture by disintegrating forests from the rest of agroecosystem living funds. Wood is the densest energy carrier of all biomass products that can be gathered in large quantities with comparatively less effort. The diminishing importance of wood in many parts of the global North has gone hand in hand with the land-sparing effect of an increasingly intensified agriculture segregated from forest uses (Gingrich et al. 2007). In Spain, the share of wood in the agricultural output halved from 1950 to 2010 (Soto et al. 2018), which resulted in lower *EFEROI* and *FEROI* values (Guzmán et al. 2018). Conversely, forestry intensification (e.g., in some parts in the Canadian Prince Edward Island) contributed to relatively higher *FEROI* because forestry uses less *EI* per unit of *FP* than cropland, and almost no *BR* at all. Forest transition, consisting of a decreasing importance of wood in many of our case studies, led to lower final energy returns (*FEROI*) and reinforced the decrease of external returns (*EFEROI*) as well.

3.3 Limits of our circular multi-EROI model and possibilities for further research

 Models are useful tools for only a limited number of tasks. When we propose and use new ones, it is always good to explicitly warn of their limits not only to avoid misuse, but also to help new research go further. Our circular approach has abandoned a single-minded notion of energy efficiency of complex systems, using multiple EROIs instead of one. The black box of the functioning of agroecosystems has begun to be opened, highlighting the role of the internal reuse of biomass as a reinvestment of farmers in the living funds' reproduction. In doing so, we have followed Georgescu-Roegen's (1971) distinction between biophysical 'funds' and 'flows' and placed the sustainability focus on their relationship: how much is given to them in relation to what is taken out from them. However, we recognize that we end up summarizing the long-term paths followed by the flow/flow values of three EROIs without delving too much into the fund/flow ones behind. And we also admit that this means aggregating in the *EI*, *BR*, and *FP* values different types of energy flows of different power ranges, qualities and reproductive functions for the different funds involved.

 A combination of emergy and exergy analyses at farm and agroecosystem levels can tackle better than our Material and Energy Flow Accounting (MEFA) the latter energy aggregation problem, and the recent proposals made by Jean Hercher-Pasteur with other colleagues at the Institut Agro in Montpellier have start overcoming the previous linearity required to account for emergy transformities (Hercher-Pasteur 2020, Hercher-Pasteur et al. 2022). The MuSIASEM proposal by Mario Giampietro and other ICTA colleagues (Giampietro, Mayumi and Sorman 2011, 2013) is the best-known approach to overcome at the same time the two main limitations of our MEFA approach. As put forward by Julien-François Gerber and Arnim Scheidel (2018), MuSIASEM is more integrative and comprehensive than MEFA, although MEFA is more easily comparative and historical. There are also further possibilities for our circular MEFA analysis of farm systems to advance, like the agroecological multi-EROI proposal made by some of our co-authors (Guzmán and González de Molina 2015, 2017).

 When we closely examine in the 82 energy balances how the living funds of agroecosystems are interconnected by their matter-energy flows, we discover a loss of biophysical circularity and complexity in most industrial cases (Marco et al. 2018; Font et al. 2020). This suggests that the same factors underlying the poor energy performance of industrial agriculture have also led to severe and manifold environmental degradations (Rockström et al. 2020; Crippa et al. 2021; Tilman et al. 2002). Could this degradation of agroecosystems have been an additional cause of the energy trap of industrial agriculture? If this reversal causation holds true, industrial farming would have involved an eco-inefficient endeavor to substitute external inputs (*EI*) for internal functioning of natural processes (*BR*), both belowground through the turnover of organic matter that feeds soil biota and sustains its fertility (Maeder 2002), and aboveground in the land cover complexity that hosts all kinds of biodiversity-related ecosystem services (Carpenter et al. 2009; 644 • Marull et al. 2019^a). Degrading the nature-based ecosystem services has compelled industrial farmers to replace them by increasing amounts of non-renewable external inputs of mechanical and agrochemical character (Giampietro 1997).

 This hypothesis is also supported by other research showing that the biophysical yield gaps between organic and industrial farming at the crop level (Ponisio et al. 2015; Pagani et al. 2017) can be compensated for by the higher landscape agroecological synergies that characterized the circular bioeconomy of many traditional organic farming and are now being recovered by new agroecology farm managements (Padró et al. 2017, 2019 and 2020; Wezel et al. 2020). Addressing this question requires forthcoming research combining energy analysis with other assessments, such as soil nutrient balances (Tello et al. 2012; González de Molina et al. 2015; Cunfer 2021; Galán 2021; Güldner 2021; Corbacho and Padró 2021; Güldner, Larsen and Cunfer, $\,2021$), energy-landscape integrated analyses (Marull et al., 2019^b , 2018), and other modelling from a nexus approach (Alexander et al. 2015; Giampietro, Mayumi and Sorman, 2011, 2013). To that aim, the agroecological multi-EROI model here summarized is a first step in the research needed to advance towards more sustainable and circular agri-food systems within planetary boundaries (Tello and González de Molina 2017).

 The multi-EROI optimization analysis explained above can also be useful in forthcoming research to identify and compare the existing options to overcome the energy trap of fossil fuel-based industrial agriculture. According to the directions and lengths of the gradient vectors to improve the final energy returns of farm systems (*FEROI*) by changing their internal and external energy returns (Fig. 3b), two main roadmaps can be discerned. On the one hand, towards a new agroecology transition aimed at overcoming the current dependence on external inputs through the search for higher final energy returns from nature-based solutions based on the internal recirculation of biomass within closely integrated landscapes and territories. Or, on the other hand, towards new industrial farms such as high-tech greenhouses and vertical crops relying on a higher consumption of renewable energy while saving on land and internal recirculation of biomass (Fig. 6).

[INSERT Fig. 6 HERE]

 The shift towards the left agroecological region in Fig. 6 points to a sustainable way-out based on 677 increasing $\frac{FP}{BR}$ energy returns (*IFEROI*), by reintegrating the living funds of agroecosystems into more complex and bio-economically circular food territories (Altieri and Nicholls 2012; González de Molina and López-García 2021). According to our analysis, restoring sustainable forestry and agroforestry (Pérez Neira 2016) to abandoned woodland in the Global North, reducing livestock production and consumption, and restarting extensive livestock grazing that reintegrates forests, grasslands, and cropland management, would drive such agroecological advances that increase *IFEROI* and *FEROI* returns. This fits with current prospective scenarios of a European agroecology transition (Poux and Aubert 2018; Billen et al. 2021; European Commission 2022), in line with FAO (2018), and with United Nations proposals (CFS 2021).

 Conversely, agricultural factories located in the opposite right region of the same Fig. 6 might also try to replace fossil synthetic fertilizers with compost, stop using pesticides, and increase $\frac{FP}{EI}$ returns (*EFEROI*) through self-production of renewable energy. However, like any other factory, these would no longer be agroecosystems but industrial sites. They can only produce provisioning goods, not all the regulatory and supporting ecosystem services that complex agroecology landscapes provide through their aboveground and belowground biodiversity. In addition to this,

 the materials and energy required to build and operate these agricultural factories raise serious concerns about their sustainability and viability on a large scale (Slameršak et al. 2022; Nieto et al. 2020; Krausmann et al. 2017). In any case, the worst agricultural final energy yield prospects seem to be trying to merge the two way-outs along the diagonal line in Fig, 6, where all vectors are shorter from the origin vertex according to the optimality analysis shown in Fig. 4. Society must decide the way forward, and we need more research to inform this crucial societal decision. These final prospective considerations on how to get out of the energy trap of industrial agriculture, based on the optimality analysis of the possible relationships that exist between the three EROIs of our circular energy modeling of farming, go further beyond the agroecosystem energy transition view that we proposed earlier (Gingrich et al. 2018b).

4 Conclusion

 Mapping for the first time in a multi-EROI possibility surface the changing energy profiles of 82 North American and European agroecosystems throughout the long-term transition from traditional organic to full industrial agriculture, we conclude that the prevailing path has led them to an energy trap of low energy returns on external inputs and, in most cases, on all inputs consumed as well. This has been the combined effect of sharp increases in non-renewable external inputs and only minor or no reductions of internal reuses of biomass flows due to dietary transition and forest abandonment in the Global North. This has entailed deep changes in the structural composition of agroecosystems and the energy carriers that flow in and out of them. The functional disconnection among cropland, livestock, pastures, and forests has led to linear agroecosystem flows increasingly driven towards a very inefficient feed-to-meat energy bioconversion. Together with the declining significance of energy efficient forestry, this combination of factors explains the poor energy performance of industrial agriculture in the Global North.

 Therefore, this article reveals for the first time the importance for the low energy performance of industrial agriculture of the structural change from a circular integration between agriculture, livestock, and forestry in past organic agroecosystems, up to the linearity of their disaggregation at present. This has been possible thanks to bringing to light with a circular multi-EROI analysis the importance of internal recirculation of the matter-energy flows that reproduce in good state the living funds of agroecosystems. According to these analyses and results, a sustainable way out of the energy trap of industrial agriculture will be to manage agroecosystems so that farmers reinvest once more in the internal cycles of nature. These cycles integrate the living funds of agroecosystems in a more circular biophysical turnover capable to upgrade their energy efficiency, reduce GHG emissions, improve soil fertility and carbon sequestration, prevent water

Authors' contribution statement

 This is a collaborative research article that summarizes the main findings of the international SFS project conducted from 2012 to 2022. Enric Tello: Conceptualization, Methodology, Data curation, Writing-Original draft preparation, co-Funding acquisition; Vera Sacristán: Formal analysis, Visualization; Claudio Cattaneo: Methodology, Data curation, Writing-Original draft preparation; José Ramon Olarieta: Formal analysis, Data curation, Validation, Writing-Original draft preparation; Joan Marull: Formal analysis, Validation, Writing-Original draft preparation; Roc Padró: Conceptualization, Methodology, Data curation, Formal analysis, Validation; Manel Pons: Formal analysis, Validation; Simone Gingrich, Fridolin Krausmann: Conceptualization, Methodology, Writing-Original draft preparation, Data curation, co-Funding acquisition; Elena Galán, Inés Marco: Conceptualization, Methodology, Data curation; Gloria Guzmán, Manuel González de Molina: Conceptualization, Data curation, co-Funding acquisition; Geoff Cunfer: Funding acquisition, Supervision, Project administration, Conceptualization, Data curation; Andrew Watson, Joshua MacFadyen, Eva Fraňková, Eduardo Aguilera, Juan Infante-Amate, David Soto, Lluis Parcerisas, Jerôme Dupras, Lucia Diez, Jonathan Caravaca, Laura Gómez, Xavier Cussó, Onofre Fullana, Ivan Murray, Gabriel Jover: Data curation.

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