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## 6 **HLA-DRB1\*1501 AND MULTIPLE SCLEROSIS: A FEMALE ASSOCIATION?**

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16  
17 **Keywords:** multiple sclerosis; HLA-DRB1\*1501; VDR; sex; HLA II gene expression

### 20 **Abstract**

21 **Background:** The association between multiple sclerosis (MS) and the HLA-DRB1\*15:01  
22 haplotype has been proven to be strong, but its molecular basis remains unclear. Vitamin D  
23 receptor (VDR) gene variants and sex have been proposed to modulate this association.

24 **Objectives:** 1) Test the association of MS with \*15:01 and VDR variants; 2) check whether VDR  
25 variants and/or sex modulate the risk conferred by \*15:01; 3) study whether \*15:01, VDR  
26 variants and/or sex affect HLA II gene expression. **Methods:** Peripheral blood from 364 MS  
27 patients and 513 healthy controls was obtained and DNA and total RNA were extracted from  
28 leukocytes. HLA-DRB1, DRB5 and DQA1 gene expression measurements and \*15:01  
29 genotyping were performed by qPCR. VDR variants were genotyped by PCR-RFLP.

30 **Results:** Our data confirms that the \*15:01 haplotype confers a higher risk of suffering from MS  
31 (OR = 1.364; 95% CI = 1.107–1.681). No association was found between VDR variants and  
32 MS, but they were shown to moderately modulate the risk conferred by \*15:01. Sex confers a  
33 much stronger modulation and the \*15:01-MS association seems to be female specific. A higher  
34 \*15:01 frequency has been observed in Basques (45.1%). \*15:01 positive samples showed a  
35 significant overexpression of DRB1 ( $p < 0.001$ ), DRB5 ( $p < 0.001$ ) and DQA1 ( $p = 0.004$ ) in  
36 patients. DRB1 ( $p = 0.004$ ) and DRB5 ( $p < 0.001$ ) were also overexpressed in \*15:01 controls.

37 **Conclusions:** We confirm the \*15:01-MS association and support that it is female specific. The

38 relevance of ethnic origin on association studies has also been highlighted. HLA-DRB1\*15:01  
39 seems to be a haplotype consistently linked to high HLA II gene expression.

40

41 **Keywords**

42 HLA-DRB1\*15: 01, HLA II gene expression, multiple sclerosis, sex,VDR

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46 **1. Introduction**

47

48 Multiple sclerosis (MS) is a common inflammatory disorder of the central nervous system  
49 (CNS) characterized by demyelization, gliosis, axonal damage and progressive neurological  
50 dysfunction. It is one of the most incapacitating diseases in young people.

51 The pathogenic mechanisms of the disease are not yet clearly identified; however, one  
52 proposal is an activation of the lymphocytes that cross the blood–brain barrier (BBB) directly into  
53 the interstitial matrix. T cells are then reacti- vated by fragments of the myelin antigens exposed  
54 in the context of human leukocyte antigen (HLA) molecules of the surface of the antigen  
55 presenting cells.

56 Aetiologically, MS is a complex disease in which both genetic and environmental factors are  
57 involved. As of today, seven genome wide association studies (GWASs) have been performed in  
58 MS in order to discover the genetic factors involved in the susceptibility to suffer the disease. The  
59 strongest genetic association with MS in Northern Europeans is found to be with extended MHC  
60 haplotypes, especially those containing HLA-DRB1\*15:01<sup>1</sup>. Out of this previous known  
61 association, GWASs have found sev- eral genetic associations. Recently a common network of  
62 different variants has been proposed for the autoimmune diseases and the model of a cooperative  
63 network of SNPs seems to be the way to understand the complex MS genetics<sup>2</sup>. However, each  
64 one of these susceptibility genes appears to contribute little to overall risk<sup>1</sup> and MHC is accepted  
65 to be the key susceptibility locus in MS.

66 Despite the great consistency that the \*15:01MS association has demonstrated since its  
67 discovery 30 years ago<sup>3,4</sup> the molecular mechanisms that lie behind it remain unclear. Several  
68 works have studied the role of DRB1\* and DRB5\* in the immune response of MS disease. Studies  
69 in EAE in mice show both the implication of both DRB1\*15:01 and DRB5\*0101 restricted  
70 encephalitogenic T cells which would modulate the primary T response<sup>5</sup>. Other studies in humans  
71 suggest that the differential expression of DRB1\*15:01 and DRB5\*0101 or DQA1\*0102 genes of  
72 the extended haplotype associated with MS could modulate the clinical ‘phenotype’ of the disease  
73 <sup>6</sup>. In this sense, several genetic variants have been postulated as modulators of the risk conferred  
74 by the \*15:01 allele, such as vitamin D receptor gene (VDR) variants and sex <sup>7-9</sup>.

75 Several studies have found a possible association between VDR variants and MS. However,  
76 the results of these studies have been contradictory. While some works have not revealed any  
77 association between VDR variants and MS<sup>10</sup> some others have found a clear link. According to

78 these, the ff allele of VDR seems to have a protective effect;<sup>11,12</sup> in contrast, Taq I and Apa I  
79 restriction marker variants of the gene have been found to be linked to a higher risk of suffering  
80 the disease.<sup>13</sup> Moreover, a recent study has shown that the activation of several members of the  
81 nuclear receptor family, VDR among them, is suppressed in the pre-disease state of MS, which  
82 impairs apoptosis mediated depletion of activated T cells<sup>14</sup>.

83 In the context of genetic association studies, we have to remember that allele frequencies are  
84 known to vary widely within and between populations, irrespective of disease status.  
85 Consequently, population stratification <sup>15,16</sup> must be taken into account in this kind of study and  
86 the characteri- zation of their distribution in the specific populations may provide valuable  
87 information.

88 The aim of this work is to test the association of MS with \*15:01 in a sample set that contains  
89 a subgroup of Basque population, to check the influence of VDR and sex in this association and  
90 to study whether all of these variables affect HLA II gene expression.

91

## 92 **2. Methodology**

93

### 94 *2.1 Blood sample collection*

95 Three hundred and sixty-four MS patients and 513 controls were included in this study (Figure 1). All  
96 MS patients were diagnosed with multiple sclerosis according to Polman.<sup>17</sup> Peripheral blood of patients  
97 and healthy controls was obtained in the Neurology Department of Hospital Donostia after informed  
98 consent was given. Blood extraction was always performed in the early morning and RNA extraction was  
99 carried out no more than 2 h after the blood was col- lected and during this time was kept at 4oC. In all of  
100 the cases, 10 ml of blood was collected in EDTA tubes by veni- puncture. All procedures have been  
101 approved by the hospi- tal's ethic committee.

102

### 103 *2.2 Ethnic origin determination*

104 Ethnic origin determination of patients and controls was car- ried out based on the linguistic  
105 root of the first two surnames. People whose first two surnames had a Basque linguistic root  
106 were considered to have a Basque origin. The rest of the peo- ple were classified as Spaniards  
107 (Otaegui et al, 2004).

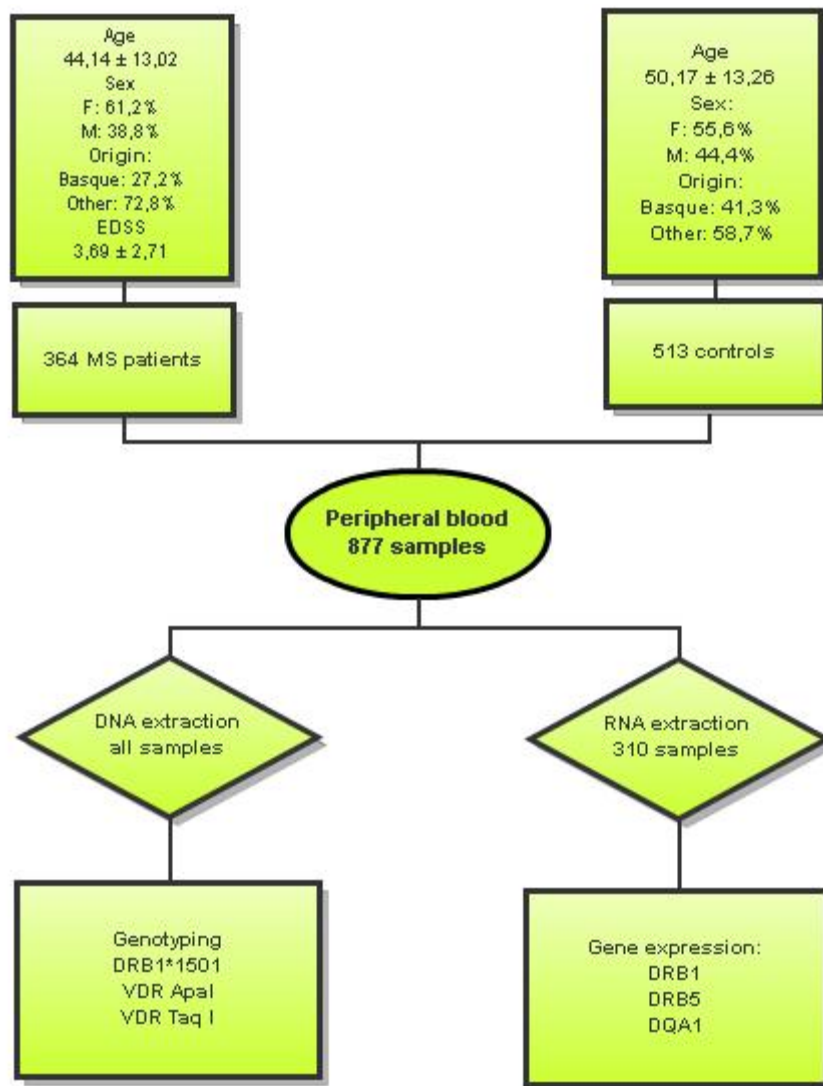
108

### 109 *2.3 DNA and RNA extraction*

110 DNA extraction from white blood cells was carried out fol- lowing a manual protocol (all  
111 samples). 5Prime's Perfect Pure RNA Blood Kit was used for total white blood cell RNA  
112 extraction according to the manufacturer's instruc- tions (170 patients and 140 controls).

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115  
116 **Fig 1. Workflow and sample description.**  
117

118 **2.4 Genotyping**

119 HLA-DRB1\*15:01 genotyping of the samples was carried out as previously described<sup>19</sup>  
120 using a 7300 Real Time PCR System (Applied Biosystems). Amplification detection of DRB1  
121 was considered as a synonym of the existence of at least one \*15:01 copy. Even though unable  
122 to distinguish between heterozygous and homozygous carriers of the hap- lotype, this method  
123 was chosen because we considered that the information obtained by this technique was  
124 sufficient for the achievement of our goals; also the method was cheaper and faster than other  
125 alternatives.

126 The deeper DRB1 and DRB5 genotyping was performed by both exon 2 PCR and high  
127 definition (HD) reverse SSO microbead arrays making use of Lab type kits (One Lambda, Inc.)  
128 and a Luminex system, respectively. The presence of DRB5 was tested by PCR-SSP, using the  
129 MicroSSP generic class II DNA typing tray (One Lambda, Inc.).

130 The VDR Apal and TaqI polymorphisms (Table 1) were identified using PCR-RFLP. A 740-  
131 bp fragment generated by PCR was digested with the restriction endo- nuclease TaqI (Takara

Bio) to yield 490 bp and 250 bp long fragments for the 'T' allele and 290, 250 and 200 bp long fragments for the 'C' allele. After digestion with Apal, the same PCR product was cut into 515 and 225 bp fragments for the 'a' allele, whereas the 'A' allele was undigested. The PCR products and the restriction fragments were separated in a 3% agarose gel stained with ethidium bromide, and visualized by a Gene Flash Syngene Bio Imaging system (Syngene). The amplifications were performed using the following primer pair: F- CAGAGCATGGACAGGGAGCAAG; R-GCAACTCCTCATGGGCTGAGGTCTCA.

**Table 1:** a summary of the genotyped VDR variants and the nomenclature used to designate them

Analyzed VDR polymorphisms			
Marker	Allele		
	Nomenclature used in paper	Methodical nomenclature	db SNP
Apal	A	1025 - 49 G	rs7975232
	a	1025 - 49 T	
TaqI	T	c.1056 T	rs731236
	C	c.1056 C	

### 2.5 Gene expression

cDNA synthesis from total white blood cell RNA was performed using the High Capacity cDNA Reverse Transcription Kit (Applied Biosystems) following the manufacturer's instructions. For gene expression measurement, DRB1 (Hs99999917\_m1), DRB5 (Hs03046116\_m1) and DQA1 (Hs03007426) specific Applied Biosystems taqman probes were used. qPCRs were performed in a volume of 10 µl, using the following mix: 5 µl 2x Universal Master Mix (Applied Biosystems), 0.5 µl Specific TaqMan Assay, 2.5 µl H2O and 2 µl of 25 ng/µl cDNA (50 ng). The amplifications were done employing a 7900 Real Time PCR System under the following thermal programme: stage 1, 50oC/2 min; stage 2, 95oC/10 min; stage 3, (95oC/15 s, 60oC/1 min) ! 40 repeats. 18S was used as the endogenous control gene, as was previously proven to show great stability among our samples. Ct values were obtained using SDS 2.2.2 software. To ensure that the high sequence variability of the HLA II genes had not impaired our gene expression measurements, we performed a qPCR efficiency assay and found that efficiencies were similar among the groups under comparison for each of the genes making the expression value of the different groups comparable.

### 2.6 Data analysis

Frequencies of each genotype (DRB1\*15:01, VDR Apal and VDR TaqI) were calculated for MS patients and controls and a chi-square analysis was performed in order to find out whether differences in genotype frequencies were marked enough to reach statistical significance and calculate the OR for MS.

dCt values for gene expression were calculated using Microsoft Excel. Statistical analyses were performed by the PASW Statistics 18 (SPSS Inc.). For the statistical analysis, a data

173 distribution normality Kolmogorov–Smirnov test was performed first and, as none of the variables  
 174 showed a normal distribution, they were subjected to a Mann–Whitney *U* test (a non-parametric  
 175 variable distribution comparing analysis) in order to find whether DRB1, DRB5 and DQA1  
 176 expression could be affected by \*15:01.

177

### 178 3. Results

#### 179 3.1. Genotyping

180

181 Our genotyping data (Table 2) confirms the \*15:01MS association and a higher risk of  
 182 developing the illness for \*15:01 carriers is seen (odds ratio, OR = 1.364; 95% CI = 1.107–  
 183 1.681). However, no association has been found between VDR variants and the disease when  
 184 considering all samples together. After data subdivision based on ethnic origin, instead, a  
 185 statistical tendency of association has been observed between Apal genotypes and MS ("2=  
 186 5.535;  $p = 0.063$ ) in Basques.

187

188 **Table 2:** frequencies of each genotype in patients and controls, chi-square analysis results and MS odds ratio between

189

		MS	Controls	All	$\chi^2$ (p)	OR (95% CI)
<b>HLA*1501</b>	<b>+</b>	101 (45,9%)	133 (34,1%)	234 (38,4%)	8,292 (0,004)	1,364 (1,107-1,681)
	<b>-</b>	119 (54,1%)	257 (65,9%)	376 (61,6%)		193
	<b>total</b>	<b>220</b>	<b>390</b>	<b>610</b>		
<b>VDR Apa I</b>	<b>AA</b>	39 (29,1%)	76 (22,4%)	115 (24,3%)	2,93 (0,231)	194
	<b>Aa</b>	60 (44,8%)	178 (52,4%)	238 (50,2%)		195
	<b>aa</b>	35 (26,1%)	86 (25,3%)	121 (25,5%)		196
	<b>total</b>	<b>134</b>	<b>340</b>	<b>474</b>		197
<b>VDR Taq I</b>	<b>TT</b>	55 (40,4%)	145 (43,0%)	200 (42,3%)	1,161 (0,56)	198
	<b>TC</b>	70 (51,5%)	157 (46,6%)	227 (48,0%)		199
	<b>CC</b>	11 (8,1%)	35 (10,4%)	46 (9,7 %)		200
	<b>total</b>	<b>136</b>	<b>337</b>	<b>473</b>		201

202

#### 203 **Modulating factors of the \*15:01-MS association.**

204 On the other hand, the \*15:01-MS association was separately tested on each VDR genotype  
 205 with the aim of detecting possible modulation phenomena. Optimal modulation detection was  
 206 reached when putting AA and Aa genotypes (A+) together in Apa I and TT and TC (T+) in Taq I  
 207 (Table 3). A certain degree of modulation of ORs has been detected in both markers (A+ = 1.361  
 208 vs. A– = 0.974; T+ = 1.265 vs. T– = 0.874). However, the statistical significance of the \*15:01-MS  
 209 association was lost in all cases.

210 The same analysis was performed after sex-based subdivision and a much clearer  
 211 modulation was found. In fact, in our data, the \*15:01-MS association seems to be female specific,  
 212 with an OR of 1.656, and drops from statistical significance in males ( $p = 0.784$ ).

213 Finally, the effect of ethnic origin on \*15:01 distribution and the \*15:01-MS association has  
 214 been tested (Figure 2). A significantly tendency of presenting a higher \*15:01 frequency was found  
 215 in Basques when compared with non- Basques (45.1% vs. 34.4%;  $p = 0.02$ ), a tendency  
 216 maintained both in patients and controls. However, that tendency did not reach statistical  
 217 significance ( $p = 0.087$  and  $p = 0.059$ ). In addition, no remarkable modulation of ORs has been  
 218 detected (1.392 vs. 1.246) and the \*15:01-MS association lost statistical significance in both  
 219 subgroups ( $p = 0.159$  and  $p = 0.102$ ), probably due to sample size decrease.

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 221

Table 3. \*15:01-MS association modulation by VDR variants and sex.

Subgroup		DRB1 haplotype	MS patients	Controls	All	X <sup>2</sup> (p)	OR (95%CI)
VDR Apal	A+	1501+	41 (42,7%)	74 (32,5%)	115 (35,4%)	3,196 (0,077)	1,361 (0,974-1,902)
		1501-	55 (57,3%)	155 (67,7%)	210 (64,6%)		
		Total	96	229	325		
	A-	1501+	14 (41,2%)	32 (42,1%)	46 (41,8%)	0,008 (1,000)	0,974 (0,552-1,719)
		1501-	20 (58,8%)	44 (57,9%)	64 (58,2%)		
		Total	34	76	110		
VDR TaqI	T+	1501+	51 (41,8%)	91 (33,7%)	142 (36,2%)	2,386 (0,140)	1,265 (0,942-1,699)
		1501-	71 (58,2%)	179 (66,3%)	250 (63,8%)		
		Total	122	270	392		
	T-	1501+	4 (36,4%)	13 (40,6%)	17 (39,5%)	0,062 (1,000)	0,874 (0,301-2,537)
		1501-	7 (63,6%)	19 (59,4%)	26 (60,5%)		
		Total	11	32	43		
Sex	F	1501+	67 (51,9%)	57 (30,8%)	124 (39,5%)	14,197 ( <b>&lt;0,001</b> )	<b>1,656</b> (1,276-2,150)
		1501-	62 (48,1%)	128 (69,2%)	190 (60,5%)		
		Total	129	185	314		
	M	1501+	34 (37,8%)	58 (40,0%)	92 (39,1%)	0,115 (0,784)	0,944 (0,674-1,321)
		1501-	56 (62,2%)	87 (60,0%)	143 (60,9%)		
		Total	90	145	235		

Table 3: \*15:01-MS association modulation by VDR variants and sex. 1501+ and 1501- sample frequencies in both patients and controls, chi-square analysis results and odds ratio values are shown for each subgroup. A+: AA/Aa, A-: aa, T+: TT/TC, T-: CC, F: females, M: males

222 15:01+ and 15:01- sample frequencies in both patients and controls, chi-square analysis results and  
 223 odds ratio values are shown for each subgroup. A+:AA/Aa,A-: aa,T+:TT/TC,T-: CC, F: females, M: males

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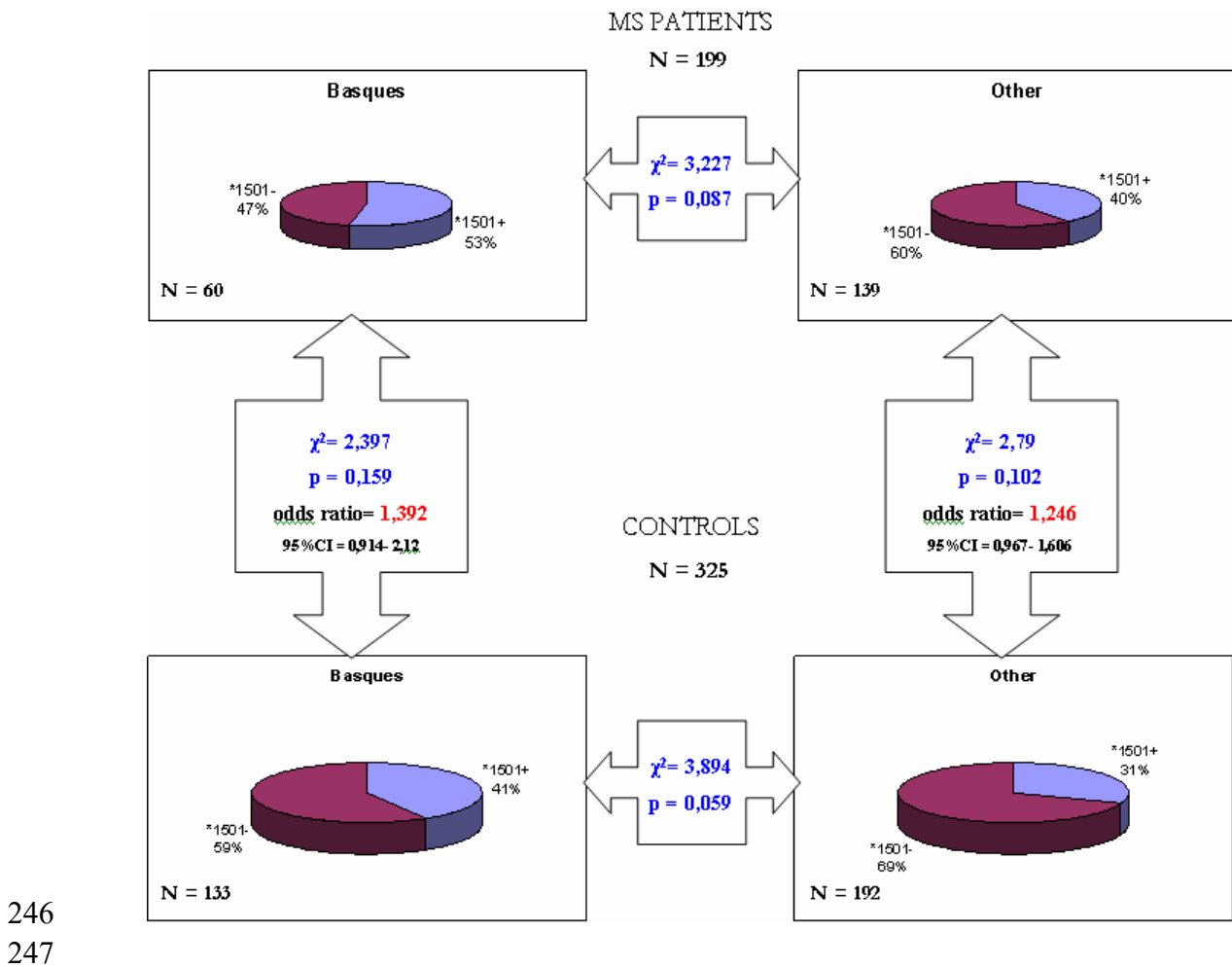
### 3.2. Gene expression

226 Gene expression data of DRB1, DRB5 and DQA1 obtained from qPCR experiments was  
 227 converted to dCt values using Microsoft Excel. In order to visualize the data and extract more  
 228 biologically relevant conclusions, all expression values (-dCt-s) of the three genes have been  
 229 represented in a plot after \*15:01 and condition-based data organization (Figure 3). All expression  
 230 values can visually be grouped into three main clusters: cluster A, high expression values for the  
 231 three genes that match with \*15:01 positive sam- ples; cluster B, high expression values of DRB1  
 232 and DQA1 in some \*15:01 negative samples; and cluster C, low expression values of DRB1 and  
 233 DQA1 in some \*15:01 negative samples and of DRB5 in all \*15:01 negative samples. However,

234 some exceptions to that rule can be seen in Figure 3 (encircled in red: two \*15:01- samples with  
 235 high DRB5 expression values).

236 After the statistical analysis, \*15:01 positive samples showed a significant overexpression of  
 237 DRB1 ( $p < 0.001$ ), DRB5 ( $p < 0.001$ ) and DQA1 ( $p = 0.004$ ) in \*15:01+ patients (Table 4). No  
 238 other variable (age, sex, VDR variants and disease state (relapse/remission) has been found to  
 239 be linked to HLA II gene expression.

240 We then wondered whether the disease could have an effect in HLA II gene expression  
 241 independent from and masked by the \*15:01 effect. In order to isolate the \*15:01 variable, we  
 242 segmented the data based on it and performed again a Mann–Whitney  $U$  test (Table 5). Patients  
 243 showed a significant underexpression of DRB5 ( $p = 0.02$ ) in the \*15:01 positive group. In contrast,  
 244 when focusing on \*15:01 negative samples, DQA1 was the only gene showing a significant  
 245 underexpression ( $p = 0.006$ ) in patients and DRB5 was found to be overexpressed ( $p = 0.043$ ).



**Figure 3:** \*15:01 distribution differences between Basques and non-Basques both in patients and controls. Chi-square analysis results and odds ratio values are also shown.





#### 275 4. Discussion

276 Our results confirm the already well established HLADRB1\* 15:01–MS association<sup>1,20</sup> as we  
277 obtained a 1.364 OR for \*15:01 haplotype carriers. However, this value lies well below those  
278 published in previous works as they range between 2 and 3, approximately<sup>20–24</sup>. It is known that  
279 population stratification may create a smaller bias in association studies such as the ones  
280 involving HLA genes, as they present great allele frequency variability among different ethnic  
281 groups<sup>15</sup>. We checked this possibility in our samples and we found no significant change in the  
282 OR when comparing Basques with non-Basques (1.39 vs. 1.25).

283 However, we have to take into account that the ethnic background between cases and  
284 controls is very different and that could explain the low OR obtained for the \*15:01 haplotype. As  
285 Basques have a clearly higher \*15:01 frequency and the proportion of Basques is much higher in  
286 the controls (41.3% vs. 27.2%), this makes the difference of \*15:01 frequency between patients  
287 and controls much lower and, thus, the power of the association analysis is decreased. This, in  
288 fact, could also explain the relatively low value obtained in the neighboring Biscayan  
289 province.<sup>24,25</sup>

290 As mentioned, the present study has also revealed a tendency towards a higher \*15:01 carrier  
291 frequency both in Basque patients and controls when compared with non- Basques, although that  
292 tendency did not reach statistical significance. Indeed the \*15:01 carrier frequencies both in  
293 patients (53%) and controls (41%) are higher than these observed for other European populations  
294 such as Swedish (39% and 16%), Serbian (34.6% and 19.7%), German (14.6% in controls) and  
295 Spaniards (18% in controls).<sup>20,26–28</sup>

296 Our data also shows that \*15:01 confers risk for MS only in females. We wondered whether  
297 these results could be a consequence of a sampling artefact and tested whether \*15:01  
298 distribution is biased by sex in our sample. No statistical differences have been found in \*15:01  
299 distribution between females and males ( $\chi^2 = 0.007$ ;  $p = 1.0$ ) and, thus, the \*15:01–MS association  
300 modulation by sex has been accepted as a reliable conclusion. These results strongly suggest  
301 that either \*15:01 has no effect on disease appearance in males or its effect is completely diluted  
302 by other variables. Thus, it can be concluded that in our data all of the susceptibility linked to the  
303 \*15:01-MS association comes from females.

304 Multiple sclerosis is a disease that affects differently males and females,<sup>29</sup> two-thirds of the  
305 patients being female. Several causes have been suggested to explain the gender issue such as  
306 sex hormones, genetic factors, immune bias and environment,<sup>30</sup> but the underlying cause  
307 remains elusive. With regard to that problem, several studies have appeared in recent years  
308 pointing to immunological differences as a plausible cause. While some researchers have seen  
309 a bigger inflammatory component in females,<sup>30</sup> others have focused their efforts on trying to  
310 elucidate the relationship between the HLA genes, sex and MS and have shed some light on the  
311 issue. The \*15:01 containing HLA-DR2,DQ6 haplotype, which confers risk of undergoing MS, has  
312 been found to be more frequent in female than in male patients,<sup>8</sup> the statistically significant  
313 difference in \*15:01 frequency between MS patients and controls seems to be female specific<sup>7</sup>  
314 and the HLA-DR15 phenotype has been found to be associated to sex in MS.<sup>9</sup> Moreover, this

315 modulation by sex of the risk conferred by HLA genes has been reported in other diseases such  
316 as narcolepsy- cataplexy<sup>31</sup> and type 1 autoimmune hepatitis, <sup>31</sup> and oestrogen receptor gene  
317 polymorphisms have also been found to alter the \*15:01-MS association.<sup>23</sup> Concerning the VDR  
318 analysis, we have not been able to confirm an association between variants in Apal or TaqI  
319 markers of VDR and the disease when considering all samples together, but a statistical tendency  
320 of association between Apal variants and MS has been observed in Basques. These results  
321 highlight, once again, the strong effect of ethnic origin on genetic associations and demonstrate  
322 that when ethnic stratification of samples is suspected it must be taken into account to achieve  
323 correct interpretation of the results, despite the consequent loss of statistical power. In fact, ethnic  
324 origin along with environmental factors such as sunlight exposure and vitamin D intake could help  
325 to explain the controversy on the association between VDR variants and MS. VDR variants have  
326 also been proposed to modulate the \*15:01-MS association.<sup>33–35</sup> Niino et al. observed a higher  
327 risk of suffering the disease in samples containing both the 'A' allele of Apal and the \*15:01  
328 haplotype, compared with 'A' negative and \*15:01 positive samples. We also made that  
329 observation and, in addition, our data suggests that TaqI seems to perform a similar modulation,  
330 where \*15:01 confers risk only in 'T' positive individuals, which is in contradiction to the protective  
331 role of the 'T' allele proposed by Agliardi et al.

332

### 333 **Expression**

334

335 We found HLA II gene expression differences between patients and controls after \*15:01-  
336 based data subdivision. We thought that these differences in HLA II gene expression may not be  
337 an effect of the disease itself but an effect of the treatments patients were receiving, as most of  
338 drugs used in MS treatment work via immunomodulation. To assess that question, we compared  
339 gene expression values between treated and non-treated patients, but no statistically significant  
340 differences were found in any of the genes (data not shown). On the other hand, seeing that the  
341 trend differs between the \*15:01+ and the \*15:01- samples, a chi-square analysis was performed  
342 with the aim of testing whether treatment frequencies (the proportions of treated patients) were  
343 different between the two groups. That analysis did not report significant differences either ( $\chi^2 =$   
344  $0.232$ ;  $p = 0.789$ ). Thus, treatment does not seem to be the underlying cause of the HLA II gene  
345 expression differences observed between MS patients and controls in our sample. However,  
346 specific studies are needed in larger samples in which the effect of different drugs may be  
347 analysed separately.

348

349 Although the \*15:01-MS association was well established more than 30 years ago,<sup>3,4</sup> the  
350 molecular mechanisms underlying this link are unknown. Ramagopalan et al.<sup>34</sup> hypothesized that,  
351 as the promoter of HLA-DRB1\*1501 contains a vitamin D response element (VDRE), in a vitamin  
352 D deficient environment the gene expression of HLADRB1\* 1501 would be low enough to impair  
353 auto-reactive T cell depletion in the thymus and lead to MS development. Our results do not  
support this theory. According to our results, the gene expression of the three HLA II genes in the

354 study, DRB1, DRB5 and DQA1, is consistently high in \*15:01 positive samples, both in patients  
355 and controls. Moreover, VDR variants seem to have no effect on the expression of these genes.  
356 Finally, we have found that DRB5 gene expression is nearly \*15:01 specific. While all \*15:01  
357 positive samples showed a high DRB5 expression, in just two of the 117 \*15:01 negative samples  
358 was DRB5 found to be overexpressed, being nearly absent in most of the samples. These results  
359 are consistent with the already well known fact that the DRB5 locus is carried exclusively on  
360 DRB1\*15 and \*16 haplotypes.<sup>35,36</sup> In fact, DRB5 expression could be used as a DRB1\*15:01  
361 screening tool.

362

363 However, some exceptions to the general expression pattern described above have been  
364 observed. In two \*15:01-negative samples (exception numbers 1 and 2) DRB5 has been found to  
365 be highly expressed. In order to clarify the basis of these exceptions, a deeper DRB1 and DRB5  
366 allele determination was performed. For the first exception, the genotyping assays revealed that  
367 it is DRB1\*0103/\*0301, which is completely concordant with our previous \*15:01-result, but no  
368 presence of the DRB5 locus could be found; even the expression value was clearly high. By  
369 contrast, the SSP analysis of the second exception revealed the presence of DRB5, which is  
370 compatible with the high expression result, and the DRB1 genotyping revealed it to be  
371 \*1201/\*1601, which is consistent both with the previous \*15:01- result and with the literature, as  
372 the presence of the DRB5 locus has been described to be closely linked to the DRB1\*16  
373 haplotype.

374 In summary, this study confirms the \*15:01-MS female specific association. Even though  
375 not directly connected with the disease, the vitamin D receptor seems to act synergistically with  
376 the \*15:01 haplotype in the development of MS. More efforts must be directed in the future  
377 towards clarifying the role of VDR in MS pathogenesis. Finally, \*15:01 has proven to be a  
378 haplotype consistently linked to a high HLA II gene expression, with a nearly exclusive expression  
379 of DRB5.

380

### 381 **Disclosure Statement**

382 The authors have no financial conflicts of interest.

383

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388

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393

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