

1 *This is a Final draft of an article published by ASCE in Journal of Materials in Civil Engineering*
2 *[Volume 35, 2023-Issue 5, 044023094, Pages 1-10]. Copyright © 2023 American Society of*
3 *Civil Engineers. This material may be downloaded for personal use only. Any other use*
4 *requires prior permission of the American Society of Civil Engineers. This material is available*
5 *at: <https://doi.org/10.1061/JMCEE7.MTENG-14445>*

6

7 **Natural fiber reinforced cement mortar composite physico-mechanical properties:**
8 **from cellulose microfibers to nanocellulose**

9 A. Arbelaiz, J. Ibarbia, B. Imaz, L. Soto

10

11 Aitor Arbelaiz (Corresponding author)

12 Professor of the Faculty of Engineering, Gipuzkoa

13 ‘Materials + Technologies’ Group (GMT), Chemical & Environmental Engineering

14 Dept., University of the Basque Country UPV/EHU,

15 Pza. Europa 1, 20018 Donostia-San Sebastian, Spain

16 Email: aitor.arbelaiz@ehu.eus

17

18 Julen Ibarbia

19 Civil Engineer student of the Faculty of Engineering, Gipuzkoa

20 University of the Basque Country UPV/EHU,

21 Pza. Europa 1, 20018 Donostia-San Sebastian, Spain

22 Email: jibarbia002@ikasle.ehu.eus

23

24 Beñat Imaz

25 Civil Engineer student of the Faculty of Engineering, Gipuzkoa

26 University of the Basque Country UPV/EHU,

27 Pza. Europa 1, 20018 Donostia-San Sebastian, Spain

28 Email: bimaz002@ikasle.ehu.eus

29

30 Lorea Soto

31 Civil Engineer student of the Faculty of Engineering, Gipuzkoa

32 University of the Basque Country UPV/EHU,

33 Pza. Europa 1, 20018 Donostia-San Sebastian, Spain

34 Email: lorea.soto@ehu.es

35

36 Abstract

37 The use of asbestos in building materials is a risk to human health and this fact has driven
38 the interest in utilizing other natural fibers, such as cellulosic fibers, in cement based
39 building materials. In the literature, some authors studied cement based composites
40 reinforced with cellulose microfibers, other authors studied cement based composites
41 reinforced with nanocellulose. However, to the best of our knowledge, in the literature,
42 there is not any study where the effect of cellulose fiber reinforcement, starting from raw
43 natural fiber to nanocellulose, was studied. On the other hand, the comparison of literature
44 data of cellulose reinforced cement composites is difficult since there are many variables
45 (matrix, cement, sand, the dosification, w/c, superplasticizer, the fabrication method) that
46 affect the final composite performance. In the current work, the effect of cellulose fiber
47 reinforcement with different scale (micro and nano) on cement based composites
48 properties was studied starting from raw natural fiber to nanocellulose using the same
49 variables as well as fabrication method. After the addition of microfibers, the strength
50 values of mortar decreased with respect to plain mortar, the reduction being higher as the
51 fiber content was increased. On the other hand, after the addition of nanocellulose fiber,
52 the density value hardly changed respect to unreinforced mortar. Moreover, contrarily to
53 microfibers addition, the presence of 0.25 wt% nanocellulose in mortar slightly increased
54 the flexural strength. On the other hand, mechanical properties obtained in the current
55 study were compared with literature data for similar systems.

56 **Keywords:** cement, mortar, natural fiber, nanocellulose, mechanical properties

57

58 Introduction

59 The use of asbestos in building materials is prohibited due to its carcinogenic properties
60 (Ruers and Schouten 2005) and consequently it has been increased the interest in utilizing
61 natural fibers in cement composites. Roma, Martello, and Savastano (2008) concluded
62 that the roofing tiles reinforced with vegetable fiber were acceptable as substitutes of
63 asbestos-cement sheets that are still in use in several developing countries. Composites
64 with vegetable fibers are important for construction of inexpensive buildings in
65 developing regions of the world (Tonoli et al., 2011). Some advantages of natural fibers
66 are that they are energy efficient, economical and ecofriendly (Dawood and Ramli, 2012)

67 materials. The production of vegetable fibres requires little energy and plant absorb CO₂
68 from the air for photosynthesis process, and oxygen is given back to the environment,
69 during plant grow. Regarding the end life of natural fibers, in contrast to the most
70 synthetic fibers, they are biodegradable materials. In the current work, even though the
71 amount of natural fibers incorporated to the mortar composites is very low, between 0.9-
72 2.7% respect with the all composite weight, the sum of little changes like this contribute
73 to a more sustainable world. It has been demonstrated that the addition of fique fiber into
74 Portland cement, is appropriate for low cost housing applications (Delvasto et al., 2010).
75 Silva et al. (2010) demonstrated the potential of long aligned sisal fibers as reinforcement
76 in cement based laminates for semi-structural and structural applications. They observed
77 that the material reinforced with sisal fibers presented a multiple cracking process with a
78 strain hardening behavior. However, the industrial production of cement-based
79 composites reinforced with vegetable fibers is currently limited by the lack of durability
80 of these materials (MacVicar, Matuana, and Balatinecz, 1999; Toledo Filho et al., 2003).
81 The reduction of mechanical properties of cement composites with lignocellulosic fibers
82 is attributed, mainly, to the damage caused by the basic medium of cements on the fibers
83 and fiber/matrix adhesion (Ardanuy et al., 2011; Savastano et al., 2009). In the alkaline
84 medium of ordinary Portland cement, the lignocellulosic fiber components such as lignin
85 and hemicellulose are degraded (Toledo Filho et al., 2003; Savastano, Warden, and
86 Coutts, 2003a). One way to improve the durability of vegetable fiber reinforced cement
87 composites could be the removing of the hemicellulose and lignin compounds from
88 fibers. In the literature, it was observed that after pulping process the fiber resistance to
89 alkaline attack was improved (Savastano, Warden, and Coutts, 2003a) and it was
90 suggested that cementitious products reinforced with short fibers or pulp were more
91 suitable for non-structural applications (Silva et al., 2010).

92 The research about composite materials reinforced with nanoscale reinforcements has
93 gained increasing attention due to nanoscale reinforcement outstanding properties. One
94 advantage of incorporating nanocelluloses to cement based systems is that they are easily
95 dispersible in water (Claramunt et al., 2019). In the literature there are several studies
96 where nanocellulose was added to cement based materials (Ardanuy et al., 2012; Cao et
97 al., 2016; Cengiz, Kaya, and Bayramgil, 2017; Claramunt et al., 2019; Hisseine et al.,
98 2019; Parveen et al., 2017). The incorporation of nanomaterials to cementitious materials

99 could retard the growth of cracks at nanoscale, resulting in improvements in fracture
100 performance (Parveen et al., 2017).

101 In the current work microfibers, raw sisal fiber and cellulose pulp, and nanocellulose,
102 isolated from pulp, are used as reinforcements in cement based materials. The micro and
103 nano cellulose were added to cement mortars with the aim to study the effect on
104 physico-mechanical properties of cement mortar.

105

106 **Experimental part**

107 **Materials**

108 Sisal fiber bundles (*Agave sisalana*) and bleached sisal pulp were kindly supplied by
109 Celulosa de Levante S.A. (Tortosa, Spain). Sisal fibers were chopped by the cutting mill
110 SM200 (RETSCH, Hann, Germany) using a mesh size of 8 mm (Figure 1). Sisal fiber
111 tensile strength varied from 325 to 366 MPa depending on the fiber length (Orue et al.,
112 2015, 2016).

113 Bleached sisal pulp was obtained by cooking sisal fibers using NaOH-anthraquinone and
114 the obtained product was bleached with a totally chlorine free process. Bleached sisal
115 pulp was chopped by the cutting mill SM200 (RETSCH, Hann, Germany) using a mesh
116 size of 8 mm.

117 Nanocellulose fibers were isolated from bleached pulp using the following chemo-
118 mechanical procedure. Firstly, chopped bleached pulp was treated with a solution of 7.5
119 % NaOH for 1.5 h at boiling temperature and the resultant pulp was filtered and washed
120 adding distilled water. After this, pulp was treated with a mix of nitric acid and acetic acid
121 (9:1 volume ratio) for 90 min under vigorous stirring with a solid-to-liquid ratio of 0.03
122 g/ml. After diluting the acid solution with water, pulp suspension was submitted to
123 vigorous stirring with a dispermat to individualize nanofibers. The consistency of
124 nanocellulose suspension obtained after the isolation procedure was of 0.25%. In Figure
125 1c and 1d, a photo of the nanocellulose suspension in water and an atomic force
126 microscopy image of nanocellulose are shown, respectively. Nanofibers have around 30
127 nm in diameter and the length could be of several micrometres, being the aspect ratio
128 value high.

129 Here insert Figure 1

130 **Materials preparation and characterization techniques**

131 UNE-EN 197-1:2000 CEM II/A-L type cement supplied by FYM italcementi group was
132 used in the current research. The cement is composed by Portland 80-94%, limestome 6-
133 20% and minor components 0-5%. The commercial AF-T-0/1-C sand was supplied by
134 Canteras de Alaiz, S.A. company. The sand used is adequate for mortar according to
135 UNE-EN 13139 Spanish standard, being fine aggregate sizes 0/1 mm. The sand is
136 composed by 98% of calcium carbonate.

137 Preparation and mechanical characterization of mortar composites was carried out based
138 on UNE-EN 196-1 Spanish standard. Prismatic specimens of 40x40x160 mm³ volume of
139 mortar composites were prepared using the mould type UNE-EN-1:2005. The
140 cement:sand:water mass ratio used for cement mortar composites was 1:3:0.5. Different
141 raw sisal fiber and pulp fiber contents, 4, 8 and 12 wt⁰%, respect to cement content, were
142 incorporated to cement mortar. On the other hand, nanocellulose content varied from 0.1
143 to 0.5 wt%, respect to cement amount. To use the same water grams and maintain w/c
144 ratio of 0.5 in all mixes, the consistency of starting nanocellulose suspension was
145 modified for different nanocellulose contents, adding or evaporating water. The
146 consistency values used were in the range of 0.2-1%.

147 The cement mortar composite preparation procedure differs when micro and nano fibers
148 were used. When micro fibers were used, the necessary cement and water amount was
149 put in the mixing bowl and the mixing started at low speed for 30 s. Afterwards, the sand
150 was incorporated and the blending speed was up and the blend was mixed for 30 s. The
151 dough mixer was stopped for 90 s and during this step the raw sisal fibers or pulp fibers
152 were incorporated, further mixing was carried out at high speed for 60 s. On the other
153 hand, when nanocellulose fibers were used, they were incorporated in the first step, i.e.
154 when the cement and water were put in the bowl. After mixing process, formulations were
155 cast in moulds and they were compacted on an impact compactor. All the specimens were
156 hold in moulds for 24 h at room temperature, after this, they were demoulded and dipped
157 into water to cure at 22 °C for 27 days. Physical and mechanical properties were
158 characterized after 28 days age.

159 A three-point bend configuration was employed in the determination of maximum load.
160 A span of 100 mm and a rate of 50 ± 10 N/s were used. Prismatic specimens of
161 40x40x160 mm³ volume of mortar composites were prepared using the mould type
162 UNE-EN-1:2005 and six specimens were tested using a three-point bend configuration.

163 On the other hand, compressive strength was determined using 6 semiprismatic
 164 specimens of around 40x40x80 mm³ volume obtained after the flexural test and a rate of
 165 2400 ± 200 N/s was used. For all tests an Ibertest model C18.200.MDA universal
 166 testing machine was used and the flexural (R_f) and compressive (R_c) strengths were
 167 calculated using the equations 1 and 2, respectively. In the literature the flexural
 168 strength is also called as modulus of rupture (MOR).

$$169 \quad R_f = \frac{1,5 \times F_{max} \times l}{b^3} \quad (1)$$

$$170 \quad R_c = \frac{F_{max}}{b^2} \quad (2)$$

171 Where b is the height as well as width of the specimen in millimeters, l is the span length
 172 in millimeters and F_{max} is the maximum force in N unit. A minimum of six specimens
 173 were tested and the average values were reported.

174 Apparent density of cured specimens was determined after drying the specimens in an
 175 oven at 100 °C and assuming that demoulded specimen have 256 cm³ volume, the values
 176 were expressed in kilograms per cubic meter.

$$177 \quad \text{Density (kg/m}^3\text{)} = \frac{\text{Dried specimen weight}}{\text{Volume of specimen}}$$

178 Ultrasonic Pulse Velocity Tester model 58-E0048 (Controls™, Cernusco, Italy) was used
 179 to measure the ultrasonic propagation through the prepared mortar specimens. To ensure
 180 good acoustical contact between ultrasonic pulse velocity tester and specimens, a
 181 coupling medium was used and direct transmission measurements were performed by the
 182 contact method. First, calibration rod was used to ensure the correct functioning of
 183 ultrasonic pulse velocity tester, thereafter specimens after 28 day that were dried for one
 184 day in an oven, were used for ultrasonic pulse velocity determination. Three different
 185 specimens were used for each system and the average values were reported. The
 186 temperature of specimens was around 20 °C and transmitter and receiver head are 54kHz
 187 type.

188

189 **Results and discussion**

190 **Mortar reinforced with cellulosic microfibers**

191 **Fractured surface morphology:**

192 Figure 2 shows the fracture surface morphologies of composites reinforced with
193 cellulosic microfibers after flexural test. In red color circles, pulp agglomerations can be
194 observed indicating that the distribution of pulp fibers was poorer in the cement mortar
195 than raw sisal counterpart.

196

197 Insert here Figure 2

198

199 The starting material of pulp was in form of sheets where fibers created an interconnected
200 network through different mechanisms such as, interdiffusion, mechanical interlocking,
201 capillary forces, Coulomb forces, hydrogen bonding and Van der Waals forces (Hirn and
202 Schennach, 2015). Based on fractured surface images, it seemed that the separation of
203 single pulp fiber was not achieved and consequently many pulp fiber agglomeration zones
204 were observed. These agglomerations are local fiber concentrations where air could be
205 entrapped and can result in poor crack bridging (Akkaya, Picka, and Shah 2000). On the
206 other hand, even though the raw sisal fibers are homogeneously distributed in the mortar
207 matrix, the fact that many pulled out fibers are observed, indicate that the fiber/matrix
208 adhesion is poor. Similarly, Tonoli et al. (2010b) observed many fibers pulled out from
209 the matrix when they studied fractured surfaces of cement-based composites reinforced
210 with both eucalyptus and pinus fibers. They mentioned that the pull out process
211 contributed to its frictional energy, resulting in the higher toughness of the composite.
212 Savastano, Warden, and Coutts (2003b) examined the fracture surfaces of weathered
213 composites. They observed fiber pullout rather than fiber fracture in all composites
214 suggesting that much energy was dissipated due to fiber pullout mechanism, improving
215 the toughness of the composite.

216 After the addition of raw sisal fiber and pulp fiber the density value decreased, the
217 reduction being higher as the fiber content was increased (Figure 3a). Similar trend was
218 observed by other authors for cement composites reinforced with cellulosic fibers
219 (Dawood and Ramli, 2012, Savastano, Warden, and Coutts 2003a). Dawood and Ramli
220 (2012) determined physical and mechanical properties of mortar reinforced with different
221 percentages of palm fiber. They concluded that the addition of palm fiber reduced the
222 density of mortar. On the other hand, Savastano Warden, and Coutts (2003a) investigated
223 the performance as reinforcement in ordinary Portland cement (OPC) and chemically

224 activated blast furnace slag (BFS) matrices of fibers obtained from commercial and by-
225 product sisal by thermomechanical pulping and chemi-thermomechanical pulping
226 (CTMP) processes. From density data reported by Savastano, it can be concluded that as
227 the fiber content was increased in the composite then the density value decreased.

228

229 Insert here Figure 3

230

231 The density of raw sisal fiber is lower than bleached pulp one, since during pulping
232 process amorphous components, hemicellulose and lignin, are removed. However, mortar
233 reinforced with raw fiber showed higher density than mortar reinforced with bleached
234 pulp one. In fractured surface morphology, many pulp fiber agglomerations were
235 observed, these agglomerated fibers were not wetted with cement mortar matrix and
236 probably air was trapped between these fibers during specimen preparation. This fact
237 could be a possible reason for lower density values for pulp fiber reinforced systems than
238 raw fiber counterparts.

239 Ultrasonic is a non-destructive testing technology that has been widely used to evaluate
240 damage and cracking. In the current study, ultrasonic testing has been used to characterize
241 the change of the material properties caused by the addition of cellulosic fibers to cement
242 mortar matrix. The velocity to propagate of ultrasonic pulse signal in mortar specimens
243 as a function of reinforcement type and loading is shown in figure 3b. After the addition
244 of 4 wt % of reinforcement, the velocity to propagate ultrasonic pulse signal in mortar
245 reinforced with raw fiber is similar to unreinforced system. However, for mortar
246 reinforced with pulp fiber the velocity reduced drastically. For both type of
247 reinforcements, the pulse velocity reduced as reinforcement loading was increased in
248 mortar. In all reinforcement loadings, the pulse velocity was higher for mortar systems
249 with raw fiber than pulp counterparts. It should be mentioned that mechanical properties
250 and ultrasonic wave propagation are influenced by the elastic properties of materials as
251 well as air voids in mortar (Wang et al., 2017). Air voids are defects in mortar that can
252 increase the ultrasonic wave propagation time in mortar. Taking into account density and
253 ultrasonic wave propagation velocity results, it seems that the addition of reinforcements
254 would increase the number of voids in mortar, being this increment more accused in pulp
255 reinforced system than in raw sisal fiber counterpart.

256 Figure 3c and 3d shows the flexural and compression strength data as a function
257 reinforcement type and loading. After the incorporation of both type of reinforcements
258 the strength values decreased indicating that raw fiber and pulp are not reinforcing the
259 mortar. Contrarily, De Pellegrin, Acordi, and Montedo (2021) highlighted that cellulose
260 fiber addition increased the flexural strength and the modulus of elasticity of mortar
261 composites. Omoniyi and Olorunnisola (2020) suggested that the manufacturing method,
262 fiber content and pre-treatment, and the interaction of these variables had significant
263 effects on the strength properties of the cement-bonded bagasse fiber composites.

264 As can be observed, the strength values decreased as the reinforcing content was
265 increased. As observed in fracture surface, the fiber/matrix adhesion is poor and fibers
266 are not adhered to cement strongly, probably, close to fiber surface, in the interface, voids
267 or defects are formed. In the interphase region there are porous that can create a gap
268 between the cellulosic fiber and cement based matrix due to shrinkage suffered by fibers
269 during the drying (Savastano and Agopyan, 1999). As fiber loading was increases in the
270 mortar, then higher numbers of voids/defects are formed and consequently the strength
271 value of systems reduced with increasing reinforcement loading. Petrella et al. (2019)
272 added wheat straw to cement mortars and they characterized the prepared composites by
273 means of thermal, acoustic, mechanical, and microstructural analysis. They suggested that
274 the results were strongly dependent on the porosity of the composites. The porosity was
275 ascribed to the straw features and to the voids at the cellulose fibers/cement matrix
276 interface. Therefore, cellulose fibers/cement matrix interface is crucial to develop
277 composites with improved mechanical properties.

278 In raw sisal fiber, individual fibers are linked to each other by hemicelluloses and lignin.
279 These amorphous compounds are decomposed in an alkali media such as cement mortar
280 and consequently the mechanical properties of cement-based composites with
281 lignocellulosic fibers reduced in a relatively short lifetime (Savastano, Warden, and
282 Coutts, 2003a). Pulped fibers can resist more the alkali media of cement based materials
283 than raw fiber one since non-cellulosic compounds were removed during pulping process.
284 However, comparing both type of reinforcements, mortar reinforced with raw fiber
285 showed higher strength values than pulp reinforced systems. The higher strength values
286 of composites reinforced with raw sisal fibers than pulp reinforced one, can be explained
287 due to a better distribution of vegetable fibers in the cement matrix, which is in agreement
288 with fractured surface morphology observations. The poor dispersion of the cellulose pulp

289 disturbed the efficiency of the matrix reinforcement (Tonoli et al., 2010a). Tonoli et al.
290 (2010b) observed that cement composites reinforced with eucaliptus fibers showed higher
291 mechanical performance than pinus reinforced ones. They suggested that the distribution
292 of eucaliptus fibers in the cement matrix was better than pinus fiber ones and
293 consequently showed improved mechanical performance.

294 The capacity to reinforce is function of fiber length, being the reinforcement capacity
295 higher when longer fibers were used. Based on fractured surface images, pulp fibers were
296 shorten than raw sisal counterparts, this could be another reason for lower strength values
297 of composites reinforced with pulp fibers than raw sisal fiber counterpart. Savastano et
298 al. (2009) compared the mechanical performance of cement composites reinforced with
299 different lignocellulosic fibers. They observed that when longer fibers were incorporated
300 to the composite then the system showed a more stable fracture behavior.

301 Savastano, Warden, and Coutts (2003a) prepared cement composites with different
302 cellulosic fiber loadings. They used as reinforcements thermomechanical pulping or
303 chemi-thermomechanical pulping fibers obtained from commercial and by-product sisal.
304 Ordinary Portland cement and chemically activated blast furnace slag were examined as
305 binders. The three-point bending test was carried out and at the fiber content about 8%
306 they observed a maximum flexural strength between 18 and 20 MPa. Contrary to the
307 mechanical results obtained in the current work, Savastano, Warden, and Coutts (2003a)
308 observed strength improvements of at least 58% over that of the neat ordinary Portland
309 cement matrix. They indicated that the combination of the vacuum de-watering and
310 pressing procedures contributed to the composites mechanical improvement. They
311 mentioned that the flexural strength values less than 4 MPa were obtained when the
312 specimens were prepared using a dough-mixing machine followed by the compaction by
313 vibration method.

314 In figure 3e is shown a photograph of prepared prismatic specimens of mortar composites.
315 In the current study, even though the properties of fresh state were not characterized, the
316 figure 3e suggests a not-too cohesive, and dry mix. In the cementitious mixture
317 preparation it was not added superplasticizer and cellulosic fibers, that have many
318 hydroxyl groups, can retain mixing water reducing its workability. For example Sawsen
319 et al. (2015) observed that flax fibers can absorb water up to 150% of their dry mass. Page
320 et al (2021) observed that as the vegetable fibre content was increased in the cementitious
321 mixture, the flow decreases leading to a reduction of workability. The influence of

322 cellulosic fibers on the flowability of fresh cement mixture has been studied by
323 Chakraborty et al. (2013). They prepared mortar specimens using different mixing
324 sequences. They observed that when jute fibres were either added directly into the cement
325 slurry or into the water, the workability of the mortars was reduced significantly. They
326 suggested that a significant portion of water required for cement hydration was absorbed
327 by jute fibers and consequently the workability of the mortars was reduced. In the current
328 work, as the fibers are added directly into the cement slurry, Figure 3e suggests that a dry
329 mix was obtained. On the other hand, Chakraborty et al (2013) observed that when the
330 fibres were saturated with water prior to the mixing process the workability obtained was
331 similar to the plain mortar.

332 In addition to fiber/matrix adhesion and fiber dispersion, the water-retaining implication
333 of these cellulosic fibers could be another factor that affect on the mechanical properties
334 of prepared mortar systems. The cement hydration reaction could be limited since a
335 significant portion of water required for cement hydration was absorbed by fibers and
336 consequently the mortar strength could be reduced respect with plain mortar.

337 As shown in the flexural stress-strain curves (Figure 4), after incorporating the
338 cellulosic microfibers, the maximum stress value decreased significantly respect with
339 plain mortar. After the maximum, the failure for plain mortar is catastrophic and down
340 the stress value to zero. On the other hand, in systems with microfibers, after the
341 maximum value the stress does not go to zero, can withstand some stress which could
342 be mainly attributed to the fiber pullout process. Regarding the toughness, the value of
343 fiber reinforced systems is similar or slightly lower than the plain mortar. In some cases,
344 the deformation capability was increased respect with plain mortar, however, this
345 increment was not enough to compensate the strength reduction effect. It should be
346 mentioned that the flexural test carried out was an open-loop test system, however, a
347 closed-loop system would provide a stable deformation rate, and thereby, more precise
348 results than an open-loop test system.

349

350 Insert here Figure 4

351

352 **Mortar reinforced with nanocellulose fiber**

353 Figure 5 shows the fractured surface after flexural test of mortar composite reinforced
354 with 0.5 wt% of nanocellulose content. In the fractured surface, sand particles were
355 homogeneously dispersed within the cement matrix.

356 Insert here Figure 5

357 Figure 6 shows the effect of nanocellulose content on prepared mortar system properties.
358 After the addition of nanocellulose the density value hardly changed respect with
359 unreinforced mortar (Figure 6a), the density values being around 2100 kg/m^3 . However,
360 the pulse velocity value increased as the nanocellulose content was increased, the velocity
361 being slowest for unreinforced mortar (Figure 6b). The addition of nanocellulose
362 increased the ultrasonic wave propagation velocity, being higher as increasing
363 nanocellulose loading. This trend is contrary to the trend observed in microfiber
364 reinforced mortar. The addition of nanocellulose did not increase the number of voids in
365 mortar, in contrast, as observed previously, microfiber addition led to the decrease of
366 density and the reduction of pulse propagation velocity. It should be mentioned that in
367 addition of nanosize dimension, the reinforcement loading are considerable lower for
368 nanocellulose reinforced systems than systems reinforced with microfiber counterparts.
369 Cao et al. (2016) found that the sonication of CNCs avoided the formation of
370 agglomerates and consequently reduced the probability to entrapment air or the formation
371 of pores and voids.

372

373 Insert here Figure 6

374

375 In Figure 6c and 6d the effect of nanocellulose content on compression and flexural
376 strength values is shown. It should be mentioned that the density and pulse velocity values
377 of unreinforced mortar are different to the values reported in figure 3. Even the cement
378 used was the same; the reason of differences in properties could be due to aging effects
379 during cement storage. After the addition of nanocellulose to cement mortar, it was not
380 observed improvements in compression strength. On the other hand, the incorporation of
381 nanocellulose led to a maximum value of flexural strength at 0.25 wt% content followed
382 by a slight decrease for higher content. The explanation of micromechanics responsible
383 for this improvement is complex. There are different mechanisms that can act
384 simultaneously being difficult to explain the main reason for flexural strength
385 improvement at 0.25 wt% nanocellulose content. The size of nanocellulose leads to a high
386 surface area in contact with matrix that could improve fiber-matrix interactions respect to

387 microfiber counterparts. On the other hand, a minimum amount of nanocellulose is
388 necessary to obtain a good dispersion within the matrix, however, at high concentrations
389 nanocellulose agglomerations could happen, being these points stress concentration zones
390 that reduce the strength value. If stresses can transfer from the matrix to the nanocellulose,
391 i.e. a strong adhesion between nanocellulose and matrix is created, then nanocellulose
392 fibers can act as bridging of microcracks, and consequently, flexural strength can be
393 improved. In addition to the mentioned mechanisms, another additional mechanism could
394 happen simultaneously.

395 Cao et al. (2015) found that at CNC concentrations larger than 0.2 vol%, CNCs created
396 agglomerates that induce stress concentrators limiting the strength of the cement pastes.
397 Onuaguluchi, Panesar, and Sain (2014) observed that the addition of CNC led to a
398 maximum value of MOR at 0.2 wt% content followed by a slight decrease for higher
399 contents. Cengiz, Kaya, and Bayramgil (2017) used algal mats from nature to produce
400 nanofiber that were added as a reinforcement material to concrete. They observed that
401 plain concrete showed a flexural strength of 2.21 MPa, when algal cellulose nanofiber
402 was incorporated to concrete, the maximum flexural strength increased until 5.96 MPa.
403 Hisseine et al (2019) observed that after adding 0.20 % of CF to the reference paste, the
404 flexural strength enhanced around 21% respect to unreinforced system.

405 Contrarily to the results reported in the current study, Mejdoub et al. (2017) observed that
406 after the addition of nanofibrillated cellulose, the porosity of Portland cement was reduced
407 and the compressive strength after 28 days increased about 40 % respect to Portland
408 cement without nanofibrillated cellulose. A possible explanation of this strength increase
409 could be the different chemical method used for the isolation of nanocellulose. Mejdoub
410 et al. (2017) used TEMPO-mediated oxidation to facilitate the defibrillation process of
411 nanofibers. Probably, the generated carboxylic groups in nanofibrillated cellulose could
412 create strong bond with the Portland matrix and consequently strengthened the composite.

413

414 **Mechanical properties comparison with similar systems**

415 The flexural and compressive strength values reported in the literature range from 3.81 to
416 19 MPa and 20.5 to 62.1, respectively (Table 1). Even though the values reported in the
417 current work for composites reinforced with raw sisal fiber are in the same range, the
418 strength values for bleached sisal pulp reinforced composites are slightly lower than the

419 values reported in the literature for similar systems. Regarding the density values, all data
420 reported in the current study are in the density values range observed in the literature.
421 When nanocellulose reinforced systems are compared, table 2, the reported data in the
422 current work are in the same range values observed for similar nanocellulose reinforced
423 systems. However, it must highlighted that the direct data comparison is not easy for
424 different cement based composites since there are many variables that affect on the final
425 composite mechanical performance. For example the type of cement influences
426 mechanical strength value, even for ordinary Portland cement, which is the most widely
427 used cement, there are different cement grades that show different compressive strength
428 after 28 days of curing. When talking about cement based materials, matrix could be just
429 hydrated cement or mortar (hydrated cement and sand). In mortar based composites, in
430 addition to hydrated cement, sand is also present and the chemical composition of the
431 sand depends on the source of rock. Even though using the same cement and sand, the
432 proportion of these components is critical for final mechanical properties. Another
433 variable can be the water amount used for cement hydration, the water-cement (w/c) ratio
434 is very important since the final mechanical properties depends on this ratio. Sometimes,
435 minor components, such as a superplasticizer, are used for cement based composites.
436 Furthermore, depending on the fabrication method used, the mechanical properties can
437 be different for the same cement based composites. So the direct comparison of
438 mechanical properties summarized in the table is complicated.

439

440 **Conclusions**

441 Cement mortar composites reinforced with cellulose micro and nano fibers were prepared
442 and characterized. Based on the physico-mechanical properties obtained it can conclude
443 that the dispersion of fiber within cement matrix is critical since the strength values
444 reduced drastically when high amount of fiber agglomerations are present, as observed for
445 pulp reinforced systems. Obtained results suggested that the interconnected network of
446 pulp fibers were not broken during cement mortar specimen preparation and consequently
447 many pulp fiber agglomeration zones were observed. On the other hand, even though a
448 good fiber dispersion within cement based matrix is obtained, as observed in raw fiber
449 reinforced systems, the fiber/matrix adhesion is also critical on mechanical performance
450 of prepared systems. Raw sisal fiber showed a poor adhesion with cement based matrix
451 and consequently the stresses can not transfer from the matrix to the fiber and the strength

452 was not improved respect to plain mortar. In some cases, after the addition of microfibers,
453 the deformation capability was increased respect with plain mortar, however, this
454 increment was not enough to compensate the strength reduction effect to improve the
455 toughness. After the addition of nanocellulose, the ultrasonic wave propagation velocity
456 was increased respect with plain mortar and a slight improvement in flexural strength was
457 observed at nanocellulose content of 0.25 wt%. The size of nanocellulose led to a high
458 surface area in contact with matrix that could improve fiber-matrix interactions respect to
459 microfiber counterparts. However, the strength values obtained in the current study
460 suggested that the cellulose fiber/matrix adhesion is poor and to enhance significantly the
461 strength of cement based composites, the surface of fibers should be modified.

462

463 **Acknowledgement**

464 Financial support from the Basque Country Government in the frame of Grupos
465 Consolidados (IT-1690-22) is gratefully acknowledged.

466

467 **Data Availability Statement**

468 Some or all data, models, or code that support the findings of this study are available from
469 the corresponding author upon reasonable request.

470

471 **References**

- 472 Agopyan, V., H. Savastano, V.M. John, and M.A. Cincotto. 2005. Developments on
473 vegetable fibre-cement based materials in Sao Paulo, Brazil: an overview. *Cement and*
474 *Concrete Composites* 27: 527-536. DOI:10.1016/j.cemconcomp.2004.09.004
- 475 Akkaya, Y., J. Picka, and S. Shah. 2000. Spatial distribution of aligned short fibers in
476 cement composites. *Journal of Materials in Civil Engineering* 12: 272-279.
477 DOI:10.1061/(ASCE)0899-1561(2000)12:3(272)
- 478 Ardanuy M., J. Claramunt, R. Arévalo, F. Parés, E. Aracri, and T. Vidal. 2012.
479 Nanofibrillated cellulose (NFC) as potential reinforcement for high performance cement
480 mortar composites. *Bioresources* 7: 3883-3894.
- 481 Ardanuy M., J. Claramunt, J.A. Garcia-Hortal, and M. Barra. 2011. Fiber-matrix
482 interactions in cement mortar composites reinforced with cellulosic fibers. *Cellulose* 18:
483 281-289. DOI:10.1007/s10570-011-9493-3

- 484 Cao Y., N. Tian, D. Bahr, P.D. Zavattieri, J. Youngblood, R.J. Moon, and J. Weiss. 2016.
485 The influence of cellulose nanocrystals on the microstructure of cement paste. *Cement*
486 *and Concrete Composites* 74: 164-173. DOI:10.1016/j.cemconcomp.2016.09.008
- 487 Cao Y., P.D. Zavattieri, J. Youngblood, R.J. Moon, and J. Weiss. 2015. The influence of
488 cellulose nanocrystal additions on the performance of cement paste, *Cement and Concrete*
489 *Composites* 56: 73-83. DOI:10.1016/j.cemconcomp.2014.11.008
- 490 Cengiz A., M. Kaya, and N.P. Bayramgil, 2017. Flexural stress enhancement of concrete
491 by incorporation of algal cellulose nanofibers. *Construction and Building Materials* 149:
492 289-295. DOI:10.1016/j.conbuildmat.2017.05.104
- 493 Chakraborty S., S.P. Kundu, A. Roy, R.K. Basak, B. Adhikari, and S.B. Majumder. 2013.
494 Improvement of the mechanical properties of jute fibre reinforced cement mortar: A
495 statistical approach. *Construction and Building Materials*, 38: 776-784,
496 DOI:10.1016/j.conbuildmat.2012.09.067.
- 497 Claramunt J., H. Ventura, R.D. Toledo Filho, and M. Ardanuy. 2019. Effect of
498 nanocelluloses on the microstructure and mechanical performance of CAC cementitious
499 matrices. *Cement and Concrete Research* 119: 64-76.
500 DOI:10.1016/j.cemconres.2019.02.006
- 501 Dawood E.T. and M. Ramli. 2012. Properties of high-strength flowable mortar reinforced
502 with palm fibers. *International Scholarly Research Notices* 718549, 5 pp.
503 DOI:10.5402/2012/718549
- 504 Delvasto S., E.F. Toro, F. Perdomo, and R. Mejía de Gutiérrez. 2010. An appropriate
505 vacuum technology for manufacture of corrugated fique fiber reinforced cementitious
506 sheets. *Construction and Building Materials* 24: 187-92.
507 DOI:10.1016/j.conbuildmat.2009.01.010
- 508 De Pellegrin M.Z., J. Acordi, and O.R.K. Montedo. 2021. Influence of the Length and
509 the Content of Cellulose Fibers Obtained from Sugarcane Bagasse on the Mechanical
510 Properties of Fiber-Reinforced Mortar Composites, *Journal of Natural Fibers*, 18:1,
511 111-121, DOI: 10.1080/15440478.2019.1612311
- 512 Hirn U., and R. Schennach. 2015. Comprehensive analysis of individual pulp fiber bonds
513 quantifies the mechanisms of fiber bonding in paper. *Scientific Reports* 5: 10503.
514 DOI:10.1038/srep10503
- 515 Hisseine O.A., W. Wilson, L. Sorelli, B. Tolnai, and A. Tagnit-Hamou. 2019.
516 Nanocellulose for improved concrete performance: A macro-to-micro investigation for

- 517 disclosing the effects of cellulose filaments on strength of cement systems. *Construction*
518 *and Building Materials* 206: 84-96. DOI:10.1016/j.conbuildmat.2019.02.042
- 519 MacVicar, R., L.M. Matuana, and J. Balatinecz. 1999. Aging mechanisms in cellulose
520 fiber reinforced cement composites. *Cement and Concrete Composites* 21: 189-196.
521 DOI:10.1016/S0958-9465(98)00050-X
- 522 Mejdoub R., H. Hammi1, J.J. Suñol, M. Khitouni, A. M'nif, S. Boufi, 2017.
523 Nanofibrillated cellulose as nanoreinforcement in Portland cement: Thermal, mechanical
524 and microstructural properties. *Journal of Composite Materials*. 51: 2491-2503. DOI:
525 10.1177/0021998316672090
- 526 Omoniyi T.E., and A.O. Olorunnisola. 2020. Effects of Manufacturing Techniques on
527 the Physico-mechanical Properties of Cement-bonded Bagasse Fiber Composite,
528 *Journal of Natural Fibers*, DOI: 10.1080/15440478.2020.1848736
- 529 Onuaguluchi O., D.K. Panesar, and M. Sain, 2014. Properties of nanofibre reinforced
530 cement composites. *Construction and Building Materials* 63: 119-124.
531 DOI:10.1016/j.conbuildmat.2014.04.072
- 532 Orue A., A. Jauregi, U. Unsuain, J. Labidi, A. Eceiza, and A. Arbelaiz. 2016. The effect
533 of alkaline and silane treatments on mechanical properties and breakage of sisal fibers
534 and poly(lactic acid)/sisal fiber composites. *Composites Part A: Applied Science and*
535 *Manufacturing* 84: 186-195. DOI:10.1016/j.compositesa.2016.01.021
- 536 Orue, A., A. Jauregi, C. Peña-Rodríguez, J. Labidi, A. Eceiza, and A. Arbelaiz. 2015. The
537 effect of surface modifications on sisal fiber properties and sisal/poly (lactic acid)
538 interface adhesion. *Composites Part B: Engineering* 73: 132-138.
539 DOI:10.1016/j.compositesb.2014.12.022
- 540 Page J., Amziane S., Gomina M., Djelal C., and F. Audonnet. Using linseed oil as flax
541 fibre coating for fibre-reinforced cementitious composite, *Industrial Crops and Products*,
542 161 (2021), 113168, 10.1016/j.indcrop.2020.113168.
- 543 Parveen S., S. Rana, R. Figueiro, and M.C. Paiva, 2017. A novel approach of developing
544 micro crystalline cellulose reinforced cementitious composites with enhanced
545 microstructure and mechanical performance. *Cement and Concrete Composites* 78: 146-
546 161. DOI:10.1016/j.cemconcomp.2017.01.004
- 547 Petrella A., D. Spasiano, S. Liuzzi, U. Ayr, P. Cosma, V. Rizzi, M. Petrella, and R. Di
548 Mundo. 2019. Use of cellulose fibers from wheat straw for sustainable cement mortars,

- 549 *Journal of Sustainable Cement-Based Materials*, 8: 161-179, DOI:
550 10.1080/21650373.2018.1534148
- 551 Roma L.C. Jr., L.S. Martello, H. Jr. Savastano. 2008. Evaluation of mechanical, physical
552 and thermal performance of cement-based tiles reinforced with vegetable fibers.
553 *Construction and Building Materials* 22: 668-674.
554 DOI:10.1016/j.conbuildmat.2006.10.001
- 555 Ruers R.F., and N. Schouten. 2005. The tragedy of asbestos: eternity and the
556 consequences of a hundred years of asbestos cement, Socialistische Partij (Netherlands)
- 557 Savastano H. Jr., and V. Agopyan. 1999. Transition zone studies of vegetable fiber-
558 cement paste composites. *Cement and Concrete Composites* 21: 49-57.
559 DOI:10.1016/S0958-9465(98)00038-9
- 560 Savastano H. Jr., S.F. Santos, M. Radonjic, and W.O. Soboyejo. 2009. Fracture and
561 fatigue of natural fiber-reinforced cementitious composites. *Cement and Concrete*
562 *Composites* 31: 232-243. DOI:10.1016/j.cemconcomp.2009.02.006
- 563 Savastano H. Jr., P.G. Warden, and R.S.P. Coutts. 2003. Mechanically pulped sisal as
564 reinforcement in cementitious matrices. *Cement and Concrete Composites* 25: 311-319.
565 DOI:10.1016/S0958-9465(02)00055-0
- 566 Savastano H., P.G. Warden, and R.S.P. Coutts, 2003. Potential of alternative fibre
567 cements as building materials for developing areas. *Cement and Concrete Composites* 25,
568 585-592. DOI:10.1016/S0958-9465(02)00071-9
- 569 Silva F., R. Dias, J. de Almeida, and E. de Moraes. 2010. Physical and mechanical
570 properties of durable sisal fiber-cement composites. *Construction and Building Materials*
571 24: 777-785. DOI:10.1016/j.conbuildmat.2009.10.030
- 572 Sawsen, C., Fouzia K., Mohamed B., and G. Moussa. 2015. Effect of flax fibers treatments
573 on the rheological and the mechanical behavior of a cement composite. *Construction and*
574 *Building Materials*, 79: 229-235. DOI:10.1016/j.conbuildmat.2014.12.091
- 575 Toledo Filho R.D., K. Ghavami, G.L. England, and K. Scrivener, 2003. Development of
576 vegetable fibre-mortar composites of improved durability. *Cement and Concrete*
577 *Composites* 25: 185-196. DOI:10.1016/S0958-9465(02)00018-5
- 578 Tonoli G.H.D., S.F. Santos, A.P. Joaquim, and H. Jr. Savastano. 2010. Effect of
579 accelerated carbonation on cementitious roofing tiles reinforced with lignocellulosic
580 fibre. *Construction and Building Materials* 24: 193-201.
581 DOI:10.1016/j.conbuildmat.2007.11.018

- 582 Tonoli G.H.D., S.F. Santos, H. Jr. Savastano, S. Delvasto, R. Mejia de Gutierrez, and
583 M.M. Lopez de Murphy. 2011. Effects of natural weathering on microstructure and
584 mineral composition of cementitious roofing tiles reinforced with fique fibre. *Cement and*
585 *Concrete Composites* 33: 225-232. DOI:10.1016/j.cemconcomp.2010.10.013
- 586 Tonoli, G.H.D., H. Savastano, E. Fuente, C. Negro, A. Blanco, F.A. Rocco Lahr. 2010.
587 Eucalyptus pulp fibres as alternative reinforcement to engineered cement-based
588 composites. *Industrial Crops and Products* 31: 225-232.
589 DOI:10.1016/j.indcrop.2009.10.009
- 590 Wang Y., H.X. Hu, S.J. Liu, S.J. Chen, Z.Z. Xu. 2017. The effect of water-cement ratio
591 on acousto-ultrasonic characteristics in mortar. *Russian Journal of Nondestructive*
592 *Testing* 53: 148-158. DOI:10.1134/S1061830917020097



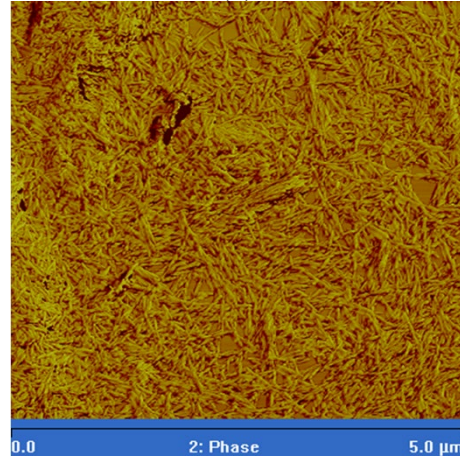
(a)



(b)

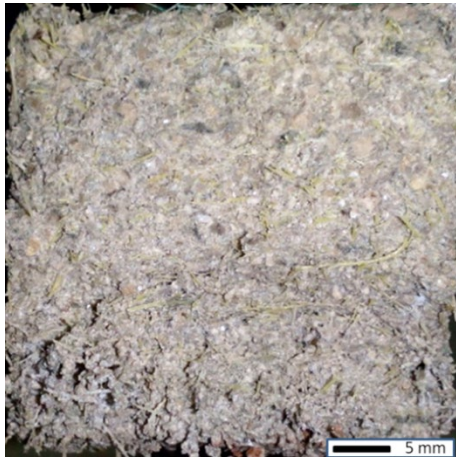


(c)

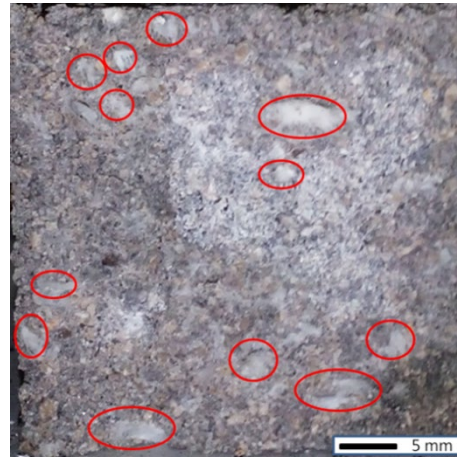


(d)

Figure 1. (a) Chopped raw sisal fiber, (b) Chopped pulp, (c) Nanocellulose suspension in water, (d) Atomic force microscopy image of nanocellulose.

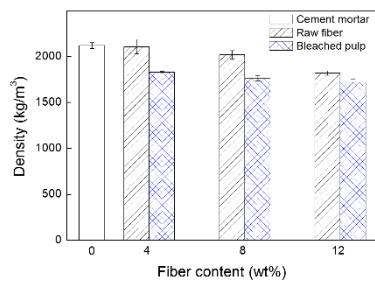


(a)

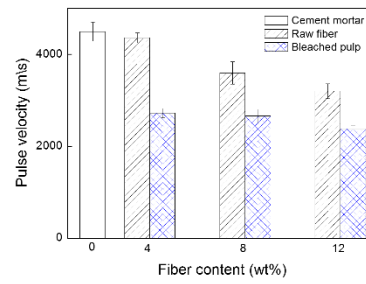


(b)

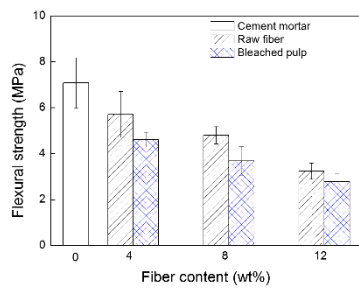
Figure 2. Fractured surface morphologies of composites reinforced with (a) raw sisal fibers and (b) pulp fibers after flexural test.



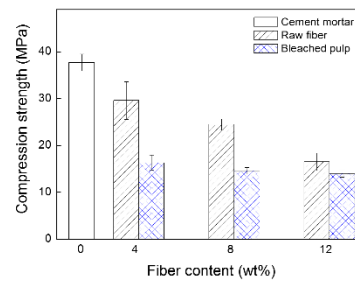
(a)



(b)



(c)

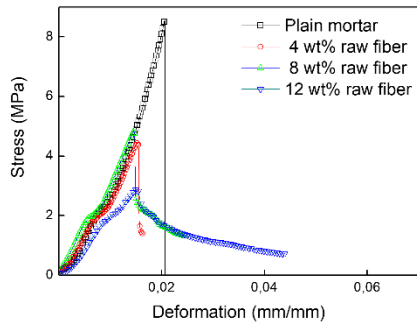


(d)

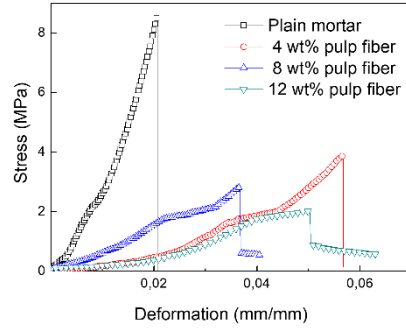


(e)

Figure 3. The effect of fiber content and fiber type on: (a) density, (b) the velocity to propagate of ultrasonic pulse signal, (c) flexural strength, and (d) compression strength, and (e) Prismatic specimens preparation using the mould type UNE-EN-1:2005



(a)



(b)

Figure 4. Flexural stress-strain curves of prepared mortar systems after incorporating the cellulosic microfibers: (a) raw sisal fibers and (b) pulp fibers.

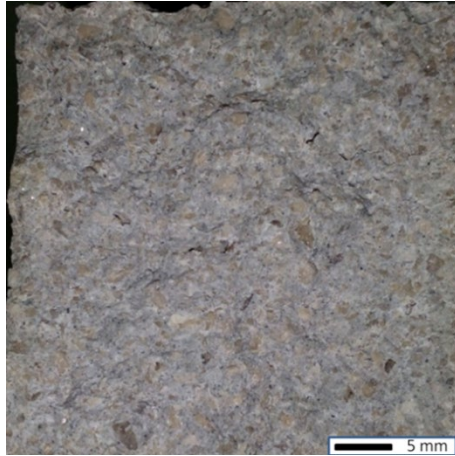
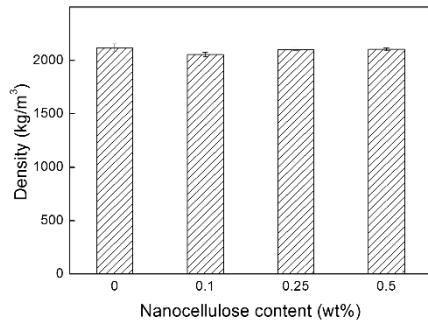
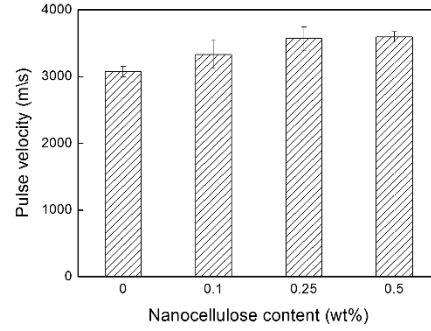


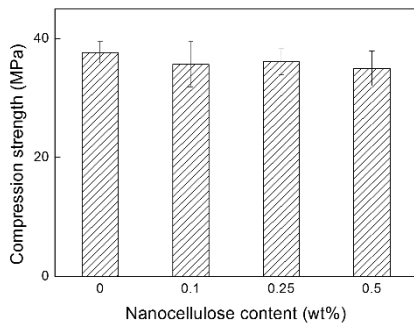
Figure 5. Fractured surface after flexural test of mortar composite reinforced with 0.5 wt% of nanocellulose content.



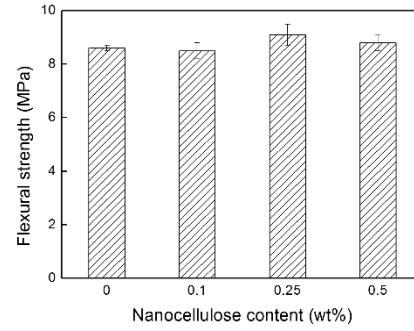
(a)



(b)



(c)



(d)

Figure 6. The effect of nanocellulose content on: (a) density, (b) the velocity of propagation of ultrasonic pulse signal, (c) compression strength, and (d) flexural strength.

Reinforcement	Composition	Fiber mass content respect binder (%)	Flexural strength (MPa)	Compressive strength (MPa)	Tensile strength (MPa)	Density (kg/m ³)	Reference
Sisal fiber bundles	Portland cement: Sand: Water (1:3:0.5) Fiber Water-cement ratio 0.5	4, 8 and 12	3.3-5.7 (28 days)	16.3-29 (28 days)	--	1830-2120	Current work
Bleached sisal pulp	Cement:sand:water (1:3:0.5) Fiber Water-cement ratio 0.5	4, 8 and 12	2.8-4.6 (28 days)	14-16.3 (28 days)	--	1720-1850	Current work
Kraft sisal pulp	Cement (78.8 wt%) Ground carbonate (16.5 wt%) Fiber (4.7 wt%)	6	3.81- 6.61 (aged at different conditions)	---	--	1400-1590	Tonoli et al. 2010a
Thermomechanical pulp	Ordinary Portland cement Water/cement ratio 0.40	4, 8 and 12	17-19 (28 days)	--	--	1440-1680	Savastano et al., 2003a
Chemi-thermomechanical pulp	Chemically activated blast furnace slag as matrices Water/cement ratio 0.40	4, 8 and 12	11-18 (28 days)	--	--	1260-1520	Savastano et al., 2003a
Palm fiber	Cement (~24.1 wt%) Silica fume (~1.8 wt%) Water (~10.7 wt%) Superplasticizer (~0.5 wt%) Sand (~62.3 wt%) Fiber (0.1-0.9 wt%)	0.45, 0.90, 1.36, 1.82, 2.30, 2.75 and 3.67	5.9-8.7 (28 days)	42.2-62.1 (28 days)		2180-2300	Dawood and Ramli, 2012
Malva fiber	Portland cement matrix Different Water/Cement ratios (0.30,0.38 and 0.46) Fiber (4 vol%)	--	--	--	2-2.6 (28 days)	--	Savastano and Agopyan, 1999
Sisal fiber		--	--	--	1.4-2.2 (28 days)	--	
Coir fiber		--	--	--	2-2.8 (28 days)	--	
Fique fibres	Portland cement, hydrated lime and river sand mass proportion 1:0.125:0.33 Water-cement ratio 0.35 Fiber 3wt% of the total mass of solids	4.2	--	--	--	1970	Tonoli et al. 2011
Cellulose sisal fibres	Cement:sand:water (1:1:0.46) Reinforcement amount was fixed at 3.3wt.%	~7.5 wt%	10.3 (28 days)	--	--	--	Ardanuy et al., 2012
Bagasse fiber	Portland cement Sand Water Fiber (2, 3 and 4%)	--	3.3-6.2 (28 days)	--	--	--	Omoniyi and Olorunnisola, 2020
Bagasse cellulose fibers	Cement CP-II F Sand Water Water-cement ratio 0.48	0.25, 0.375 and 0.50	6.6-7.5 (28 days)	20.5-25.5 (28 days)	--	--	De Pellegrin, et al., 2021

Reinforcement	Composition	Fiber mass content respect binder (%)	Flexural strength (MPa)	Compressive strength (MPa)	Density (kg/m³)	Reference
Nanocellulose	1:3:0.5	0.1, 0.25 and 0.5	8.5-9.1 (28 days)	35.0-36.2 (28 days)	2060-2100	Current work
Nanocellulose	Portland cement (80.3-97.2 wt%) Water-cement ratio 0.30 Cellulose filaments (0.04-0.3 wt%) Polycarboxylate-based admixture (0.1-0.2)	0.05, 0.10, 0.20 and 0.30	5.6-5.8 (28 days)	75-90 (28 days)	--	Hisseine et al., 2019
Nanocellulose	Cement (73.6-74.1 wt%) Water (25.8-25.9 wt%) Cellulose nanocrystals (0.015-0.567 wt%) Water-cement ratio 0.35	0.02, 0.05, 0.10, 0.26, 0.51, 0.77	17-19 (28 days)	--	--	Cao et al., 2015
Nanocellulose	Limestone cement Water Nanocellulose fibers Water-cement ratio 0.5	0.05, 0.1, 0.2 and 0.4	3-6.5 (28 days)	--	--	Onuaguluchi et al., 2014
Nanocellulose	Portland cement (~16.5 wt%) Fine sand (~66.5 wt%) Water (~16.5 wt%) Nanocellulose fibers (0.08-0.83 wt%) Water-cement ratio 1	0.5, 1.25, 2.5, 3.75 and 5.0	1.41-5.96 (7 days)	--	--	A. Cengiz et al., 2017
Nanocellulose	Portland cement Water Nanocellulose fibers Water-cement ratio 0.26	0.01, 0.05, 0.1, 0.2, 0.3 and 0.5		13-43 (28 days)	1780-1820	Mejdoub et al., 2017
Micro crystalline cellulose	Portland cement Standardized sand Water Nanocellulose fibers (0.25-1.5% on the weight of cement mix) Surfactant 0.25-1.5% on the weight of cement mix) Superplasticizer (0-3 wt%) Water-cement ratio (0.5-0.6)	--	5-9 (28 days)	27-59 (28 days)	2020-2189	Parveen et al., 2017

