

This document is the **Accepted Manuscript version** of a Published Work that appeared in final form in Journal of Experimental Marine Biology and Ecology 391(1-2) :178-189 (2010) <https://doi.org/10.1016/j.jembe.2010.06.029>

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Elsevier Editorial System(tm) for Journal of Experimental Marine Biology and Ecology

Title: A TaqMan real-time PCR based assay targeting plaice (*Pleuronectes platessa* L.) DNA to detect predation by the brown shrimp (*Crangon crangon* L.) and the shore crab (*Carcinus maenas* L.) - Assay development and validation.

Article Type: Full Length Article

Keywords: TaqMan real-time PCR assay; digestion experiments; stomach contents; *Pleuronectes platessa*; *Crangon crangon*; *Carcinus maenas*.

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Abstract: We describe a protocol for the preservation, extraction, and detection of plaice (*Pleuronectes platessa*) DNA from the stomach contents of the brown shrimp, *Crangon crangon* and the shore crab, *Carcinus maenas*. These two predatory species are thought to be important sources of mortality of small juvenile plaice on inshore nursery grounds. Previous studies of predation on juvenile plaice have used visual examination of stomach contents but this is time-consuming and may under-estimate true predation levels as remains may become un-identifiable due to maceration and digestion. Molecular based tools for detecting the presence of prey tissue in predator stomachs and scat are becoming increasingly used in marine ecology and provide an alternative or complementary approach to visual identification. We sequenced a part of the cytochrome-b region of plaice mitochondrial DNA and designed a species-specific, TaqMan real-time Polymerase Chain Reaction (PCR) based assay which was successfully tested for intra- and inter-species specificity. For application to predator stomach contents, two tissue preservation and two DNA extraction methods were tested followed by a set of aquarium experiments to determine the effect of digestion time on detectability. The quality of the extracted DNA was comparable for the two preservation and two extraction methods tested and the detectability remained similar for all of them. However, levels of PCR inhibition were significant for samples from both predators but could be overcome using serial dilution and 1.25 µg/µl Bovine Serum Albumin to reduce the incidence of false-negatives. Successful amplification and detection of plaice DNA from stomach contents was possible up to 24 h after ingestion for both predator species. For extracts of *C. crangon* stomachs the half-life detection rate (T50) was ~10 h at water temperatures of 14-16°C. The effects of a wider range of temperatures were tested for stomach contents of *C. maenas* where the T50s were ~7 h at 6-10°C and ~6 h at 14-16°C but only 2 h at 19-20°C. Our results indicate that the TaqMan method is applicable in field studies providing species specific T50s, PCR inhibition and water temperatures are taken into account.

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3 **(*Carcinus maenas* L.) - Assay development and validation.**

4
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25 **Abstract**

26

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28 *platessa*) DNA from the stomach contents of the brown shrimp, *Crangon crangon* and the
29 shore crab, *Carcinus maenas*. These two predatory species are thought to be important sources
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31 on juvenile plaice have used visual examination of stomach contents but this is time-
32 consuming and may under-estimate true predation levels as remains may become un-
33 identifiable due to maceration and digestion. Molecular based tools for detecting the presence
34 of prey tissue in predator stomachs and scat are becoming increasingly used in marine ecology
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37 specific, TaqMan real-time Polymerase Chain Reaction (PCR) based assay which was
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39 contents, two tissue preservation and two DNA extraction methods were tested followed by a
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42 methods tested and the detectability remained similar for all of them. However, levels of PCR
43 inhibition were significant for samples from both predators but could be overcome using serial
44 dilution and 1.25 µg/µl Bovine Serum Albumin to reduce the incidence of false-negatives.
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46 to 24 h after ingestion for both predator species. For extracts of *C. crangon* stomachs the half-
47 life detection rate (T50) was ~10 h at water temperatures of 14-16°C. The effects of a wider
48 range of temperatures were tested for stomach contents of *C. maenas* where the T50s were ~7
49 h at 6-10°C and ~ 6 h at 14-16°C but only 2 h at 19-20°C. Our results indicate that the

50 TaqMan method is applicable in field studies providing species specific T50s, PCR inhibition
51 and water temperatures are taken into account.

52

53 **INTRODUCTION**

54

55 For marine fish, year-class strength can vary considerably among years with important
56 implications for conservation and fisheries management. Although it is generally accepted that
57 much of this variation is generated during the early life stages, the controls on mortality are
58 poorly understood. Predation is likely to be the main cause of mortality with other factors such
59 as starvation, transport away from nursery grounds, disease and pollutants also being
60 important in certain cases (e.g. Bailey and Houde, 1989; Bailey, 1994; Bax, 1998; Bunn et al.,
61 2000). Studying predation in the field has proven challenging since accurate identification of
62 partially digested fish remains in predator stomachs is difficult (Bailey and Houde, 1989;
63 Heath, 1992). In this sense, Hunter and Kimbrell (1980) reported that although anchovy
64 (*Engraulis mordax*) egg chorions remained identifiable for up to 8 h in anchovy stomachs,
65 ingested larvae were unidentifiable after only 30 min; moreover, Folkvord (1993) reported
66 that three-day old cod (*Gadus morhua*) larvae could only be identified in the stomachs of
67 cannibalistic juvenile cod for 15-90 min post ingestion. Schooley et al. (2008) reported
68 similarly rapid digestion times for larvae of native fish species ingested by non-native fish
69 predators (only 50% of them being identifiable after 30 min post consumption, reducing to 3%
70 after 60 min). Many other predators, particularly crustacea macerate their prey which can
71 make it nearly impossible to identify the stomach contents (e.g. Garrod and Harding, 1981;
72 Taylor, 2004), and previous laboratory and field studies have suggested that both *C. crangon*
73 and *C. maenas* are important predators on recently settled juvenile plaice (*Pleuronectes*
74 *platessa*) (e.g. van der Veer and Bergman, 1987; Pihl, 1990; Burrows et al., 2001). In some
75 studies, identification of remaining hard-parts such as otoliths and eye lenses has been used to

76 assess predation (van der Veer and Bergman, 1987; Wennhage and Pihl, 2001; Nakaya et al.,
77 2004); however, identifying these remains is time consuming and requires either skilled
78 analysts or evidence that the target prey are the only species in the study area. For these
79 reasons many studies of crustacean predation have restricted stomach content identification to
80 broad taxonomic categories such as roundfishes and flatfishes (Pihl and Rosenberg, 1984;
81 Pihl, 1985; del Norte-Campos and Temming, 1994; Ansell et al., 1999; Oh et al., 2001; Chen
82 et al., 2004). A final problem with visually identifying prey is that prey may be abandoned
83 after being only partially consumed - as noted for *C. crangon* predating on juvenile plaice
84 (van der Veer and Bergman, 1987; Gibson et al., 1995). In these instances, the head and
85 otoliths may not be ingested, again leading to an underestimate of the overall feeding
86 incidence if using visual stomach analysis.

87 Molecular methods now offer an alternative of rapid and unambiguous identification
88 of species present in gut contents (Symondson, 2002; King et al., 2008). Some studies have
89 utilised polyclonal or monoclonal antibodies (Greenstone and Hunt, 1993; Symondson and
90 Liddell, 1995; Hagler and Naranjo, 1997; van der Veer et al. 1998; Taylor, 2004), but DNA-
91 based methods are now more widely applied being not only easier and cheaper to develop but
92 allowing rapid screening against a multitude of different prey likely to be encountered in the
93 field (Agustí et al., 2003; Harper et al., 2005; de León et al., 2006; Juen and Traugott, 2007).
94 These methods have been most widely applied in terrestrial systems but some notable
95 examples from marine systems include fishes (Rosel and Kocher, 2002; Smith et al., 2005),
96 copepods (Nejstgaard et al., 2003) and appendicularians (Troedsson et al., 2007). Rapid
97 progress has also been made in detection methods. Asahida et al. (1997) developed a
98 conventional PCR based method with detection of stone flounder (*Kareius bicoloratus*) by
99 agarose gel electrophoresis and Saitoh et al. (2003) applied a similar method to detect
100 Japanese flounder (*Paralichthys olivaceus*). More recently real-time PCR has also been used
101 in predation studies and is faster, more sensitive and offers improved specificity over

102 conventional PCR approaches (e.g. McBeath et al., 2006). The application of DNA probes
103 takes advantage of the fact that conserved sequences of nucleotides unique to a species are
104 present in mitochondrial or nuclear DNA enabling highly specific and sensitive assays to be
105 developed. Real-time PCR (also known as quantitative real time PCR) has recently been
106 successfully applied to identify visually indistinguishable early stage gadoid eggs to species
107 (Taylor et al., 2002; Fox et al., 2005 and 2008), to identify and estimate the abundance of
108 toxic algae (Galluzzi et al., 2004) and larvae of fish parasites (McBeath et al., 2006) in
109 plankton samples and for the identification and quantification of algae in copepod stomachs
110 (Durbin et al., 2008; Nejstgaard et al., 2008). This assay can also be extended to several target
111 species using different fluorescent dyes (Taylor et al., 2002). Before use in a field study the
112 specificity of molecular probe(s) should be checked against a range of potential targets. In
113 addition, DNA based methods cannot distinguish between different life-stages of the target
114 e.g. separating eggs from larvae. In some cases this can be achieved using antibody-based
115 methods specific to yolk proteins (Taylor, 2004).

116 To date it is difficult to obtain quantitative estimates of prey consumption using
117 molecular based methods and results usually indicate only a presence or absence of the prey.
118 Although estimation of the amount of target DNA present may be possible using real-time
119 (quantitative) PCR, signal strength will be affected by the length of post-capture digestion.
120 DNA fragment length analysis may allow estimation of digestion times but requires careful
121 laboratory calibration as digestion rates will be affected by temperature as well as the amount
122 and type of prey ingested, mixed diets and predator size (Deagle et al. 2006; Troedsson et al.,
123 2009). Such developments are beyond the scope of the present study where we were
124 concerned with developing a presence/absence detection method suitable for further testing
125 predictions from a size-selective predation model for juvenile plaice in the field (Burrows et
126 al., 2001).

127 A real-time PCR based assay using a TaqMan probe (Holland et al., 1991; Lie and
128 Petropoulos, 1998) targeting the cytochrome-*b* gene of plaice (*Pleuronectes platessa*) was
129 developed and its specificity examined against a wide range of potential targets. We then
130 tested the ability of the probe to detect plaice DNA in stomach contents of *Crangon crangon*
131 and *Carcinus maenas* and investigated the time-course of detectability in the stomach contents
132 of these potential predators.

133

134 **MATERIALS AND METHODS**

135

136 *Plaice Detection Assay development*

137

138 TaqMan assay is a hydrolysis probe (species-specific) based method that using the real-time
139 PCR technique allows species-specific DNA identification and quantification by computing
140 emission of fluorescence along the different cycles of the PCR. The TaqMan technique
141 measures accumulation of a product via the emission of fluorescence during the exponential
142 stage of the PCR (40 PCR cycles);briefly, the species-specific TaqMan probe attaches to the
143 complementary target sequence during PCR, this TaqMan probe carries a fluorescent dye
144 (reporter) along with an inhibitor of the emission of this fluorescence (quencher); during each
145 PCR replication cycle the fluorescent dye and the inhibitor are separated due to the 5' → 3'
146 exonuclease activity of the Taq polymerase (Holland et al., 1991; Lie and Petropoulos, 1998)
147 allowing the emission of fluorescence that is quantified by a detector. Fluorescence intensities
148 in the 40 PCR cycles are used to create amplification plots of fluorescence (R_n) versus cycle
149 number. This allows us to calculate the Ct (threshold cycle), the number of PCR cycles at
150 which a significant exponential increase in fluorescence (measured as ΔR_n) is detected,
151 which is directly correlated with the number of copies of target DNA present in the reaction,

152 giving us the quantification of target DNA present in predator's stomach. A lower Ct value
153 means higher amount of target DNA in the stomach (Figure 1).

154

155 Tissue samples from adult plaice (*Pleuronectes platessa*), dab (*Limanda limanda*) and
156 flounder (*Platichthys flesus*) were obtained from locations covering close to full the
157 geographical range of these species (Table 1). DNA was extracted using a modified salt
158 extraction protocol (Aljanabi and Martinez, 1997) from 77 individuals from 4 geographic
159 regions for plaice, 36 individuals from 8 localities for dab and 24 individuals from 5 localities
160 for flounder. 400 bp of the mitochondrial cytochrome-*b* (Cyt-*b*) gene was then PCR amplified
161 using the universal mitochondrial primers GLU-(L)-TGAAGTGAAGAACCAYCGTTG-3'
162 (Palumbi, 1996) and CB2-(H)-AAACTGCAGCCCCTCAGAATGATATTTGTCCTCA-3'
163 (Kocher et al., 1989), before PCR purification using exonuclease I (New England Biolabs)
164 and shrimp-alkaline phosphatase (Invitrogen) and direct sequencing of the PCR product using
165 BIGDYE version 3.1 chemistries on an ABI 3730xl genetic analyser (Applied Biosystems).

166

167 The sequences from plaice, dab and flounder along with other flatfish species retrieved from
168 GenBank (Table 1) were then aligned using Bioedit (Hall, 1999). Primers, PLA-F and PLA-R
169 (Table 2), were designed to amplify a 72 bp region of the Cyt-*b* gene using the Primer Express
170 3.0 software package (Applied Biosystems). A TaqMan MGB (minor groove binding) probe
171 was designed for a target region that encompassed three variable sites between plaice, dab and
172 flounder. The 5' end of probe was labelled with fluorescent dye VIC (Applied Biosystems),
173 and the 3' end labelled with a non-fluorescent quencher (Table 2).

174

175 The TaqMan assay was then tested against a panel of adult tissue from plaice, dab and
176 flounder (Table 1) as well as a panel of DNA extracts from a taxonomically wide range of
177 species (Table 3). TaqMan assays were run on an Applied Biosystems 7900 real-time

178 sequence detection system. Twenty-five μl volume reactions were run in Optical 96-well
179 reaction plates using Optical Adhesive Covers (Applied Biosystems). Each reaction contained
180 200 nM of plaice probe, 300 nM of the PLA-F and PLA-R primers, 12.5 μl of TaqMan
181 Universal PCR Master Mix (NO UNG + ROX passive reference) (Applied Biosystems) and
182 ~50 ng of DNA, and 4.9 μl tissue culture H_2O (Sigma). Plates were run under real-time
183 conditions on a single dye layer with eight no template controls (NTCs) per 96- well plate.
184 The assay was run using 40 PCR cycles using the default cycling conditions: after a first stage
185 of 50°C for 2 minutes followed by a 10 minutes one at 95°C, the run comprised 40 cycles of
186 15 seconds at 95°C followed by 60 seconds at 60°C.

187

188 Post-PCR, the results were analysed using the Sequence Detection Software version 2.3
189 (Applied Biosystems). The ΔRn values for each cycle and dye layer were then exported to MS
190 Excel and processed further manually. First, the mean and standard deviation of the endpoint
191 (PCR cycle 40) ΔRn values of the NTCs were calculated for each dye layer. z^*M -values [z^*M
192 = $M + (3.89 \times \text{SD})$] were then calculated where M = mean of the NTC ΔRn , SD is the
193 standard deviation of the NTC ΔRn and 3.89 is the one tailed Z -value for the 99.999%
194 confidence interval. Samples which had ΔRn values larger than the value of z^*M from the
195 above equation were deemed to have a fluorescence significantly greater than the NTCs, and
196 were considered to be positive reactions (Taylor et al. 2002).

197

198 *Assay specificity and reproducibility*

199

200 Designed primers and probe were tested against plaice samples from their full geographic
201 range, and also against dab and flounder from Table 1, and the real-time PCR based TaqMan
202 assay tested negative against all dab and flounder DNA, whereas it was positive in all plaice
203 tests. No positive reactions were found when using the plaice probe against a panel consisting

204 of a taxonomically wide range of samples (Table 3) confirming the specificity of the plaice
205 probe and its utility for the analysis of stomachs.

206

207 *Aquarium feeding experiments*

208

209 *C. crangon* and *C. maenas* were collected from Red Wharf Bay (Anglesey, United Kingdom)
210 in spring 2008 and acclimatised to aquarium conditions in separate 30 l, circulating seawater
211 aquaria under a natural light cycle. *C. crangon* were fed on ground mussel (*Mytilus edulis*) and
212 *C. maenas* on whiting (*Merlangius merlangus*) tissue for a minimum of 2 weeks after
213 collection. They were then starved for 48h before feeding trials commenced (Asahida et al.,
214 1997). Experimental animals were fed adult plaice tissue *ad libitum*. After 2 hours,
215 approximately 10 individuals were preserved (end of the feeding period; t = 0 h) and the
216 remaining animals were transferred into aquaria with clean water and no plaice tissue. Around
217 10 individuals were sampled at six-eight time points between 0 and 24h after the end of
218 feeding; animals were preserved either frozen (-80°C) or in 50 ml of 80% ethanol
219 [preservation in 100% ethanol leads to tissue brittleness making subsequent stomach
220 dissection difficult (Passmore et al., 2006)]. The 80% ethanol was changed twice within 24 h
221 and samples were subsequently stored at -20°C. Digestion trials were run at several
222 temperatures for *C. maenas* but only one temperature for *C. crangon* (Table 4).

223

224 *Detection of plaice DNA in stomachs*

225

226 *C. maenas* stomach contents, including both cardiac and pyloric caecae, were dissected under
227 a stereomicroscope. For *C. crangon*, the whole stomach was dissected due to the relatively
228 small sizes of the animals. Sizes (cephalothorax length for *C. crangon* and cephalothorax
229 width for *C. maenas*) were recorded for individual animals along with a stomach fullness

230 index (an index of 1 indicated stomachs with less than 1/10 of the volume filled; 2 indicated
231 between 1/10 and 2/3 of the volume filled and 3 indicated more than 2/3 of the stomach
232 volume filled). For *C. maenas*, animals without any visible solid remains in the stomach were
233 indexed as 0. Dissecting tools were flame sterilized after each dissection.

234 Following dissection, whole stomachs (*C. crangon*) or stomach contents (*C. maenas*) were
235 partially homogenized in 1.5 ml autoclaved Eppendorf tubes in 1 ml of extraction buffer
236 (30mM Tris, 10mM EDTA and 1% SDS) and left overnight at 55°C to digest after addition of
237 10 µl Proteinase K (203% activity in extraction buffer; Qiagen). DNA was purified from 450
238 µl digest aliquots following modified salt (Aljanabi and Martinez 1997) or phenol-chloroform
239 (Sambrook et al. 1989) protocols. In several experiments duplicate aliquots were purified
240 using both salt and phenol-chloroform methods to compare extraction efficiency (Table 4). An
241 extraction blank control (negative control) was added every 5 samples to detect cross-
242 contamination. *Salt extraction method*: 150µl 5M NaCl was added to a 450 µl aliquot of the
243 digested DNA aliquot and briefly vortexed. After centrifuging for 5 min at 13000rpm, 200 µl
244 of the supernatant was collected in new 1.5ml eppendorf tube, 2 volumes of 100% ice cold
245 ethanol added before leaving for 1h at -80°C. After 30 min centrifugation at 13000rpm, the
246 liquid phase was removed and 1ml of 70% ethanol was added to wash the remaining pellet.
247 After 10 min centrifugation at 13000rpm the ethanol was poured off, the DNA pellet was then
248 dried at 37°C, then resuspend in 100µl ultrapure H₂O and stored at -20°C. *Phenol-chloroform*
249 *method*: 450µl equilibrated phenol was added to a 450µl aliquot of the digested DNA, and a
250 standard phenol chloroform DNA extraction protocol protocol followed before resuspension
251 of the DNA in 100µl ultrapure H₂O and storage at -20°C.

252

253 *TaqMan assay*

254

255 Taqman assays were performed as for the probe specificity experiments with some minor
256 modifications; 2.5 μl of the DNA extracted from the stomachs' contents were added to each
257 reaction (20 μl total volume). Plates were run under real-time conditions (40 PCR cycles) with
258 seven non template controls (negative control) and two positive controls per 96-well plate,
259 and a positive ΔRn threshold of 0.02 was set for the assay.

260

261 *Experiment 1 – Effect of preservation and extraction method on DNA yield and purity*

262

263 DNA yield ($\text{ng}/\mu\text{l}$) and purity indexes (determined from the absorbance (A) at different wave
264 lengths (nm); A260/A280 and A260/A230 ratios) for the extractions were determined using a
265 NanoDrop ND-1000 Spectrophotometer and, compared among both preservation (rapid
266 freezing -80°C or 80% ethanol) and extraction methods (*Salt* and *Phenol-chloroform* methods)
267 where both salt and phenol-chloroform extractions were applied to the same stomach's
268 contents (see Table 4). While the yield detection limit is set below $2 \text{ ng } \mu\text{l}^{-1}$, a ratio >1.8 for
269 both sample absorbance indexes is associated with pure DNA (NanoDrop ND-1000 V3.5
270 User's Manual); because of this, when comparing NanoDrop data among salt and phenol-
271 chloroform extractions, only samples with yields $>2 \text{ ng } \mu\text{l}^{-1}$ were compared.

272

273 *Experiment 2 – Investigation of PCR inhibition*

274

275 Previous studies have identified PCR inhibitors in crab tissue extracts (Pan et al., 2008) which
276 can lead to a high proportion of false-negatives. In order to determine the extent of inhibition
277 we performed a series of 10-fold dilutions, from 1/10 to 1/100 for *C. crangon* and to 1/1000
278 for *C. maenas*, to the extracted DNA from those experiments (dilutions test; see Table 4).
279 Only animals from 4 different digestion times, all of them preserved in 80% ethanol were used
280 for the dilution test (Table 4).

281

282 *Experiment 3 – Determination of minimum quantity of tissue (detection limit)*

283

284 Four standard dilutions were undertaken (for each preservation and DNA extraction method)
285 to test the efficiency of the TaqMan assay for detecting very low quantities of plaice DNA.
286 Plaice DNA was extracted from raw adult tissue (where PCR inhibition is not a problem), the
287 concentration was determined using a NanoDrop ND-1000 Spectrophotometer, and then
288 serially diluted in 10-fold increments (until 1/10000) before applying the Taqman assay.

289

290 *Experiment 4 – Determination of detectability over digestion time*

291

292 Experimental data were analysed to determine the length of time that plaice DNA could be
293 detected in predator stomachs. In order to determine the detectability of the DNA of plaice
294 remains (the decline in DNA detection success) we calculated the half-life detection rate
295 (T50) which is the time after which only half of the individuals test positive for prey DNA
296 (Greenstone and Hunt, 1993). Based on PCR inhibition results, for all samples testing
297 negative for plaice, we repeated the assay using a 1/10 dilution of the DNA extract for *C.*
298 *crangon* while both 1/10 and 1/100 dilutions were assayed for *C. maenas*.

299

300 *Experiment 5 – Validation of the assay with selected field samples*

301

302 *C. crangon* were collected using a 1.5 m beam-trawl net in Tralee Beach (Ardmucknish Bay,
303 West Scotland; 56° 29' N, 5° 25' W) in spring 2009, and preserved in 80% ethanol. Stomachs
304 of predators in which juvenile flatfish remains could be identified visually were selected for a
305 preliminary field validation of the assay. Briefly, an incision was made in field collected
306 stomachs and conspicuous contents were identified to general categories when possible before

307 the DNA extraction process; DNA was extracted from five stomachs following the above
308 commented salt protocol.

309

310 As in a first stage, using the same PCR protocol of the experimental animals, only one
311 positive signal appeared (and with weak signal, Ct value close to 40) and, taking into account
312 that plaice was the most abundant flatfish in the field (unpublished data), we tested the
313 addition of 1.25 µg/µl Bovine Serum Albumin (BSA) (#B9001S New England Biolabs) to the
314 PCR reaction of field samples as extra inhibition in the field could explain the results and the
315 application of similar concentrations of BSA had proven to be effective reducing inhibition
316 when applied to DNA extracts from stomachs of soil living insects (Juen and Traugott, 2006).

317

318 **RESULTS**

319

320 *Assay specificity and reproducibility*

321

322 The designed real-time PCR based TaqMan assay amplified 100% of plaice samples from
323 different locations (Table 1) but did not react to any of the other species tested (Table 3)
324 demonstrating its specificity to plaice DNA.

325

326 For all experiments and assays (Table 4), no negative controls (either extraction blanks, 1
327 every 5 samples, and PCR no template controls, 6 in each 96-well Optical reaction plate)
328 tested positive, whilst all positive controls added to the PCR plate (2 in each 96-well Optical
329 reaction plate; based on raw plaice tissue testing positive in previous runs) tested positive.

330 Reproducibility among runs was high, with 24 repeated analyses of the same (positive control)
331 sample yielding and average Ct of 21 and a standard deviation of 0.3.

332

333 *Experiment 1 – Effect of preservation and extraction method on DNA yield and purity*

334

335 A comparison of salt and phenol-chloroform extraction techniques for *C. crangon* and *C.*
336 *maenas* revealed that DNA yields were significantly higher using phenol-chloroform
337 extraction compared with salt (Figure 2). Furthermore DNA quality, as determined using the
338 A260/A280 and A260/A230 absorbance indexes, was high for both preservation and
339 extraction methods for *C. crangon* (>1.8 in all cases) but lower in *C. maenas* extracts. No
340 apparent differences in these patterns were noted if considering all the different digestion
341 times together or separately

342

343 *Experiment 2 – Investigation of PCR inhibition*

344

345 Results dealing with the inhibition effects on the TaqMan assay were limited to 80% ethanol
346 preserved animals using the digestion times where both extraction methods were applied
347 (dilutions test; see Table 4). In total, 38 *C. crangon* (times 0, 1, 6 and 18h; 14-16 °C) and 41
348 *C. maenas* (times 0, 1, 6 and 12h; 19-20 °C) stomach extracts were subjected to 10-fold
349 dilutions. The extent of the inhibition on plaice detectability is expressed in terms of
350 percentage of false-negatives; a false-negative corresponds to a stomach where plaice DNA
351 was positively detected in some or all of the dilutions but not in the undiluted (1/1) extract.
352 Overall 7% and 25% of the *C. crangon* stomachs presented a false-negative result for,
353 respectively, salt and phenol-chloroform extractions, while these values increased up to 86%
354 and 88% for *C. maenas* (Table 5); no apparent differences in the inhibition extent were found
355 if considering all the different digestion times together or separately. Running the assay for an
356 additional 1/10 dilution (apart from the undiluted DNA one), reduces the incidence of false-
357 negatives to zero for *C. crangon* extracts while running the assay for an additional 1/10 and
358 1/100 dilutions achieves the same result for *C. maenas* extracts except for 1 case (out of 13)

359 where a 1/1000 one was needed (Table 5). For both species extracts it was also noted that
360 higher DNA yields needed a higher dilution to overcome inhibition indicating that inhibition
361 is caused by some factor extracted from the stomachs along with the DNA. Consequently in
362 the digestion experiments, all *C. crangon* testing negative with the TaqMan probe were
363 diluted to 1/10 and re-tested while *C. maenas* testing negative were diluted to both 1/10 and
364 1/100 and re-tested with the TaqMan probe.

365

366 *Experiment 3 – Determination of minimum quantity of tissue (detection limit)*

367

368 Standard graphs (Figure 1) showed the magnitude of the detection signal (expressed as Ct
369 value: see Methods for further explanation) along the decreasing values of template (raw
370 Plaice) DNA; the Taqman assay was able to detect 0.001ng of plaice DNA (corresponding to
371 a 1/10000 dilution of salt extracted DNA from frozen preserved raw plaice tissue).

372

373 *Experiment 4 – Determination of detectability over digestion time*

374

375 Visual assessment of stomach contents during the course of the digestion experiments showed
376 that stomach fullness reduced progressively with increasing digestion times in both species
377 from total fullness in the first hours to nearly or totally empty at the end of the experiment
378 (Table 6). Out of thirty nine *C. maenas* stomachs visually identified as empty (index 0, see
379 Methods), four tested positive for plaice DNA. Quantification of plaice DNA in the stomachs
380 (expressed as Ct value; by plotting the obtained Ct value in the standard graph shown in
381 Figure 1 we obtain the ng of plaice DNA in the stomach contents) showed comparable values
382 for both extraction methods along with the decrease of detectable plaice DNA with increasing
383 digestion times (Table 6).

384

385 Half-life detection rates of the target DNA (T50 values; see Methods for further explanation)
386 and maximum detection times were estimated for both predator species in the different
387 experimental setups using the dilutions described above to overcome inhibition. Plaice DNA
388 could be amplified from *C. crangon* and *C. maenas* stomachs up to a maximum of 24 h after
389 feeding (Figures 3 and 4). For *C. crangon* extracts the T50 was ~10 h at water temperatures of
390 14-16°C. The effects of a wider range of temperatures were tested for *C. maenas* where the
391 half-life detection rates (T50) were ~7 h at 6-10°C, ~ 6 h at 14-16°C but only 2 h at 19-20°C.
392 The extraction method had little effect on T50s for either species.

393

394 *Experiment 5 – Validation of the assay with selected field samples*

395

396 When applying the TaqMan assay with ten-fold dilutions to the DNA extracted from the five
397 field collected stomachs of *C. crangon* (sample codes O27, Q38, S7, S38 and U58; Table 7),
398 none tested positive for plaice DNA in the undiluted and 1/10 diluted extract, and one tested
399 positive for the 1/100 one (sample S7), and all but one (Q38) tested positive at a 1/1000
400 dilution. However, by adding 1.25 µg/µl Bovine Serum Albumin (BSA) to the PCR reaction,
401 all the samples tested positive from 1/10 dilution through to 1/1000 with the exception of one
402 sample that tested negative for all dilutions (Q38).

403

404 **DISCUSSION**

405

406 Knowledge of trophic interactions is critical in addressing many ecological and conservation
407 issues in marine ecosystems. Trophic interactions have usually been studied by identifying
408 stomach contents (also referred as gut contents) of predators. Although visual identification of
409 prey items has yielded considerable insights, a large component of marine food webs are not
410 amenable to this approach. Prey items may be cryptic e.g. early stage eggs of cod, haddock

411 and whiting which are indistinguishable visually (Taylor et al., 2002); predators may damage
412 the prey items during ingestion e.g. maceration of winter flounder eggs and larvae by shrimp
413 (Taylor, 2004) or prey items may lack hard-parts and be rapidly digested beyond recognition.
414 The last factor will apply especially to fish larvae (Folkvord, 1993).

415 Previously published studies on predation of recently settled plaice juveniles all used
416 visual gut content identification. Although plaice begin spawning early in the year compared
417 with other species, their spawning and nursery grounds often include several species with
418 similar larvae, especially later in the season. Unambiguous identification of the early
419 developmental stages of plaice from closely related species as dab and flounder requires
420 counts of anal and fin rays (Nichols, 1971) but this is often only possible in un-damaged
421 specimens. The identification of plaice larvae and juveniles in the stomachs of crustacean
422 predators is further complicated by maceration making it even more difficult to identify the
423 stomach contents visually although some studies have used the presence of plaice otoliths in
424 predator stomachs as an index (van der Veer and Bergman, 1987; Wennhage and Pihl, 2001;
425 Nakaya et al., 2004). However, this may under-estimate the incidence of predation where
426 whole fish have not been consumed (Gibson et al., 1995). Recent progress in the development
427 and application of molecular methods for predation studies (Symondson, 2002; King et al.,
428 2008) suggests that species specific DNA probes may overcome some of these problems and
429 be a useful tool for examining predation of flatfish larvae and juveniles in the field.

430

431 The application of molecular tools to ecology relies both on the specificity and sensitivity of
432 the PCR assay (Harwood et al., 2007). Our results demonstrated that the real-time PCR based
433 TaqMan assay for plaice was highly specific as it reacts positively with plaice samples
434 collected from a variety of locations (North Sea, Irish Sea, Scottish west coast and English
435 Channel) but fails to react to DNA from a wide range of other species (Table 1 and 3). The
436 risk that the TaqMan assay cross hybridizes with DNA from other species and the risk of a

437 sequence polymorphism between populations from different localities that would create a
438 mismatch when hybridizing is therefore minimal. Regarding sensitivity, the standard graphs
439 (Figure 1) show the TaqMan probe is capable of detecting as little as 0.001 ng of raw
440 (undigested) plaice DNA with high repeatability. This compares well with detection limits of
441 0.002 ng and 0.006 ng for, respectively, a real time PCR assay for the identification of
442 *Anguilla japonica* eggs and larvae (Minegishi et al., 2009) and for a PCR based assay for
443 stomach contents analysis in the insect genus *Homalodisca* (de Leon et al., 2006). Because of
444 the high sensitivity of PCR, field sampling and subsequent laboratory analysis should include
445 rigorous blank procedures designed to detect any cross-contamination (King et al., 2008).

446 A key factor for successful application of PCR is the use of appropriate tissue
447 preservation and DNA extraction methods (e.g. Passmore et al., 2006; Lopera-Barrero et al.,
448 2008; Simonelli et al., 2009). Although the effect of different preservation and extraction
449 methods on the subsequent success of PCR is fairly well understood for high quality tissue,
450 there is a paucity of reported research on protocols for degraded material, including stomach
451 contents. Passmore et al. (2006) working with krill stomach contents concluded that 80%
452 ethanol was superior to freezing for maintaining the integrity of prey DNA as nucleases may
453 degrade DNA in stomachs if not rapidly deactivated. Our results showed little difference in
454 detectability using the TaqMan plaice assay on DNA extracted from predator stomachs which
455 had either been rapidly frozen (-80°C) or preserved in 80% ethanol (Figure 3). For field
456 sampling either preservation method appears suitable. Preservation of crustacea in 80%
457 ethanol has the advantage of partially dehydrating the specimens making subsequent
458 dissection easier but ethanol is flammable and this may make it a poor choice if samples have
459 to be shipped following collection. In addition there are ethical concerns about sampling of
460 decapod crustaceans and the recommended procedures for working with these animals in
461 Europe at least are currently being reviewed. Rapid freezing may be a more humane sampling
462 method and for field-work dry-shippers which are charged with liquid nitrogen are both safe

463 and effective. However, care must be taken that frozen samples do not become accidentally
464 thawed as enzyme activity, especially in stomach contents, may lead to further DNA
465 degradation.

466 We also compared phenol-chloroform and salt extraction of the samples. Although
467 both extraction methods have shown similar performance when applied to human blood
468 (Miller et al., 1988) and fish tissue (Lopera-Barrero et al., 2008), phenol-chloroform is usually
469 considered to yield greater quantities of higher quality DNA compared with salt extraction and
470 this was generally confirmed in our comparisons (Figure 2) although the comparatively
471 smaller portion of the supernatant that was taken in the salt extraction method, as to prioritize
472 quality of the DNA, would explain most of that difference. However, salt extraction is
473 cheaper, safer (from a health risk view) and faster. To our knowledge, this is the first time salt
474 extraction methods have been applied to invertebrate stomach contents and compared with
475 phenol-chloroform extraction. For all the samples where salt and phenol-chloroform
476 extractions were compared we obtained comparable results for DNA purity, T50 detection
477 values and maximum TaqMan probe detection times. For either method the purity of DNA
478 extracted from *C. maenas* stomach contents was lower compared with the *C. crangon*
479 stomachs but this may be partly explained as the amount of predator DNA, which would be
480 non-digested, co-extracted along with the stomach contents was probably proportionately
481 lower for the crab samples where only the contents, and not the whole stomach, were
482 dissected. Because of its low toxicity, cost and speed and the comparable TaqMan results we
483 suggest that salt extraction could be more widely used for DNA extraction from crustacean
484 stomachs.

485 PCR inhibition has been reported with DNA extracted from a wide range of sources including
486 human blood and soil (Rådström et al., 2004; Kermekchiev et al., 2009). Blood components
487 including hemolymph, several enzymes, proteins, polysaccharides and humic acid have all
488 been reported as powerful inhibitors but no studies have analyzed in detail the reasons for

489 inhibition in DNA extracted from invertebrates. PCR inhibition has been reported in extracts
490 from insect stomach contents (Juen and Traugott, 2006) whilst Pan et al. (2008) stated that
491 inhibition was a significant factor in application of molecular methods for species
492 identification of crab larvae. Dilution of template DNA to 0.1 ng overcame this inhibition in
493 the study of Pan et al. (2008) and this is in line with our results. Alternative methods for
494 overcoming inhibition have been proposed including commercial reagents. Some of these
495 have been tested e.g. DNeasy which failed to reduce inhibition in crab DNA extracts (Pan et
496 al., 2008). Juen and Traugott (2006) reported that addition of $\geq 1.28 \mu\text{g } \mu\text{l}^{-1}$ bovine serum
497 albumin (BSA) to the PCR reaction mix was effective. In our experimental study (aquarium
498 animals) PCR inhibition was apparent in extracts from both *C. crangon* and *C. maenas* but
499 was much stronger in extracts from the latter species (approx 87 % of false-negatives for
500 undiluted template). The relative size of the two types of predators (sizes in Table 6) used in
501 our experiments may have had an effect. Because *C. crangon* expected to predate on plaice in
502 the wild are typically larger than the ones used in our experiments ($\geq 7\text{mm}$ cephalotorax length
503 [CL] following van der Veer and Bergman, 1987), we performed another dilution test in
504 spring 2009 involving 23 *C. crangon* between 7 mm and 14 mm (CL) killed at $t = 0$ h after
505 fed with plaice, to more precisely define the dilutions required for field studies. For these
506 individuals, yielding an average of 591 ng/ μl of DNA per individual (in contrast with the
507 average 53 ng/ μl DNA yielded for the experimental samples) the incidence of inhibition was
508 also around 85%, similar to that found in *C. maenas*, but was overcome by dilutions up to
509 1/1000. While higher dilutions were generally needed to overcome the inhibition in higher
510 yield samples, as reported for the digestion experiments, a combination of 1/10 + 1/100
511 dilutions overcame the inhibition in these larger *C. crangon*, except for 1 case (out of 23)
512 where a 1/1000 dilution was needed. An extra 1/100 dilution appears to be required to
513 overcome inhibition when testing large *C. crangon*'s stomachs. Taking into account that an
514 extra ten-fold dilution increases the Ct value of the assay by 3.75 units (Figure 1), the

515 detectability curves (and T50 values) for the large *C. crangon* are expected to be more similar
516 to the *C. maenas* curves (at the same water temperature). Thus, the detectability in the large *C.*
517 *crangon* will be slightly reduced as samples that would have yielded Ct values close to the
518 detection limit of 40 (see methods) if a lower dilution (1/10) had been enough to overcome
519 inhibition (as in the experimental, relatively small size ones, *C. crangon* case), will probably
520 test negative when applying the extra dilution of 1/100.

521 For a preliminary field validation of the assay, five field collected stomachs of *C. crangon*
522 containing juvenile flatfish remains were tested (see Methods); extracted DNA yields fell
523 within the range of the ones obtained for the big *C. crangon* reported above (Table 7). While
524 the sample Q38 tested negative for every treatment and most likely corresponded to a different
525 flatfish species (flounder and dab also occur in the same area), the rest of samples tested
526 positive for plaice; however, and taking into account that the relatively low digested remains,
527 as identified visually, pointed to low digestion times, the relatively high Ct values recorded
528 along with the practical absence of positives with dilutions lower than 1/1000 suggest a higher
529 inhibition in the field than in the aquarium experiments (Table 7). However, when applying
530 1.25 µg/µl Bovine Serum Albumin (BSA) to the PCR reaction, positive reactions were found
531 from 1/10 to 1/1000 dilutions; moreover, Ct values with BSA in the field samples showed
532 values within the range of those obtained in the big *C. crangon* reported above (sampled at
533 digestion time = 0 h and kept in the aquarium), when the same dilution was applied (data not
534 shown), as expected due to the relatively low digested state of the flatfish remains in the field
535 collected stomachs. However, applying BSA does not remove the need to apply dilutions as
536 shown by the undiluted (1/1) samples results. This suggests that the addition of BSA
537 compensates for extra inhibition in field samples when comparing with the aquarium samples,
538 and suggests BSA should be added to the PCR reaction along with the above recommended
539 dilutions when applying the assay to field samples. Similar concentrations of BSA
540 considerably reduced inhibition in insect stomach contents analysis (Juen and Traugott, 2006),

541 where the authors suggested the presence of PCR inhibitory substances within the soil
542 ingested while feeding as the source of PCR inhibition. In this study, mud-like remains,
543 including sand grains in many of the cases, were found in most of the dissected stomachs, as
544 has been reported elsewhere for both *C. crangon* and *C. maenas* (e.g. Pihl and Rosenberg,
545 1984; Ansell et al., 1999; Oh et al., 2001), suggesting a potential reason of the higher
546 inhibition reported in the field when comparing to the aquarium experiments, where clean
547 tanks, containing only sea water, were used.

548

549 For field applications we recommend testing stomach DNA extracts in a non diluted
550 sample and 1/10 dilution for *C. crangon* presenting yields $< 100 \text{ ng } \mu\text{l}^{-1}$ (extracting the whole
551 stomach) and for *C. maenas* $< 10 \text{ ng } \mu\text{l}^{-1}$ (extracting only the stomach's contents), while a
552 combination of 1/10 and 1/100 dilution are needed for *C. crangon* yielding $> 100 \text{ ng } \mu\text{l}^{-1}$ and
553 for *C. maenas* yielding $> 10 \text{ ng } \mu\text{l}^{-1}$; in every case, $1.25 \text{ } \mu\text{g}/\mu\text{l}$ BSA should be added to the
554 PCR reaction. Moreover, to save time and cost we recommend initially performing the
555 TaqMan assay using the first of the suggested dilutions and repeating samples which present a
556 negative result with the second dilution. Recently, Kermekchiev et al. (2009) showed that a
557 mutational alteration of the polymerase was able to overcome inhibition in blood and soil
558 samples when using Taq polymerase. If results are confirmed for marine crustacea, changing
559 the Taq could overcome inhibition and reduce the cost of re-analysing negative samples with
560 dilutions avoiding the above commented negative effect of these on the detectability.

561

562 A key consideration in applying either visual or molecular stomach content analysis is
563 the impact of digestion on the prey detectability. Molecular probes for predation studies tend
564 to target short-sequences of DNA in order to improve their effectiveness with degraded
565 material (e.g. Hoogendoorn and Heimpel, 2001; Symondson, 2002; King et al., 2008;
566 Troedsson et al., 2009). In addition, probes to multicopy regions of the DNA, most typically

567 mitochondrial DNA or nuclear ribosomal gene cluster (rDNAs), will likely be more effective
568 than probes for single copy DNA in predation studies (King et al., 2008). The design of our
569 assay, with a 15 bp probe hybridizing over an amplified (PCR mediated) 72 bp region of the
570 mitochondrial *Cyt-b* gene (Table 2), assists in this manner and allowed us to detect plaice
571 DNA in predator stomachs up to 24 h after ingestion. In several incidences a positive result
572 was even obtained with stomachs which appeared visually empty. This shows that it is
573 possible to detect traces of target DNA after almost complete digestion or gut clearance.
574 Water temperature is another factor which must be taken into account as it often has a strong
575 effect on digestion rates in marine ectotherms including fish (Dos-Santos and Jobling, 1991;
576 Singh-Renton and Bromley, 1996), medusae (Martinussen and Båmstedt, 2001) and
577 cephalopods (Grigoriou and Richardson, 2008) although the effect is not always found
578 (Bernreuther et al., 2008). Temperature must therefore be taken into account in relating
579 detectability by visual or molecular means to digestion time. Previous studies have reported
580 prey detection up to 5 h after ingestion for stone flounder, *Kareius bicoloratus* fed to shrimp
581 *Crangon affinis* at ~9°C, (Asahida et al., 1997) and up to 12 h for cod (*Gadus morhua*) fed to
582 mackerel (*Scomber scombrus*) at 10°C (Rosel and Kocher, 2002). In both studies detection
583 was by classic (not real-time one) PCR. Ideally we need to be able to detect a high proportion
584 of the predators which have fed, say >90%. As expected, the amount of time the TaqMan
585 method could detect plaice after feeding decreased with increasing water temperature (*C.*
586 *maenas* experiments; Figure 4) as previously demonstrated in insect predator guts assayed
587 with immunoassays (Hagler and Naranjo, 1997) and PCR (Hoogendoorn and Heimpel, 2001).
588 In our study TaqMan T90s (the time after which 90% of the individuals test positive for prey
589 DNA) decreased to ~2 h at 19-20°C but were around 5 h at temperatures <16°C. Water
590 temperatures in European plaice nursery grounds can certainly exceed 19°C in inter-tidal
591 pools in late spring/early summer but would more typically be <16°C at water depths where
592 most juvenile plaice are found (Gibson et al., 2002). We can use the detectability curves to

593 estimate the sampling frequency required but this will only work for predators which show a
594 clear diel cycle in feeding. However, as both crabs and shrimp tend to feed most heavily
595 around dawn and dusk (e.g. Pihl and Rosenberg, 1984; del Norte-Campos and Temming,
596 1994; Ansell et al., 1999), field sampling carried out within 5 h of these periods followed by
597 TaqMan analysis should detect >90% of the predators which have fed on plaice.

598 Digestion rates may be further affected by meal size (Dos-Santos and Jobling, 1991),
599 mixed diets (Andersen and Beyer, 2005) and starvation. Pre-experimental starvation is often
600 used in laboratory studies to ensure that the predators feed when exposed to the prey (Asahida
601 et al., 1997) but reports on the effects of pre-starvation on digestion rates and the subsequent
602 detectability by molecular methods are conflicting (Symondson and Liddell, 1995). In this
603 sense, van der Veer and Bergman (1987) found that higher periods of starvation increased the
604 rate of digestion in shrimp fed juvenile plaice, while Wallace (1973) reported that feeding
605 crabs that have been starved previously showed higher metabolic rates. This would suggest
606 that our T50/T90 values could be considered as a minimum when applying to the field where
607 starvation is less common. Furthermore, predators in the wild usually ingest a range of prey
608 and this may reduce the amount of target tissue ingested. However, the high sensitivity of the
609 TaqMan assay should enable detection even where only small quantities of plaice tissue have
610 been ingested.

611

612 **CONCLUSIONS**

613

614 We developed a rapid, highly sensitive, TaqMan real-time PCR based assay for a sequence of
615 the cytochrome-*b* gene on the mitochondrial DNA of plaice (*Pleuronectes platessa*), a
616 common European flatfish and tested the probe specificity against a wide range of co-
617 occurring organisms. We successfully amplified plaice DNA from the stomach contents of
618 two species of crustacea known to be common predators of recently settled, juvenile plaice,

619 namely the brown shrimp, *Crangon crangon* and the shore crab, *Carcinus maenas*. Two
620 preservation (rapid freezing to -80°C frozen and 80% ethanol) and two DNA extraction
621 methods were tested (salt and phenol-chloroform). All combinations led to comparable results
622 with similar target detectabilities. Although not widely used, salt extraction may be beneficial
623 as it reduces time and costs and eliminates the health concerns associated with phenol-
624 chloroform. However, significant levels of PCR inhibition occurred, particularly for *C.*
625 *maenas* and large *C. crangon* stomach extracts. The occurrence of false-negatives could be
626 overcome using serial dilution of the DNA template and 1.25 µg/µl Bovine Serum Albumin
627 whilst the degree of inhibition was related to the extracted DNA yield this being a useful
628 proxy to set suitable dilutions.

629 Experiments on the effect of digestion time on the detectability of plaice DNA in
630 predator stomachs showed that successful amplification was possible up to 24 h after
631 ingestion. For extracts of *C. crangon* stomachs the T50 was ~10 h at water temperatures of
632 14-16°C. The effects of a wider range of temperatures were tested for stomach contents of *C.*
633 *maenas* where the detection rate half-lives (T50) were ~7 h at 6-10°C and ~ 6 h at 14-16°C but
634 only 2 h at 19-20°C. For field application in European plaice nursery grounds, sampling of
635 crabs and shrimp within 5 h of dawn and dusk should ensure detection rates of >90% of
636 predators which have fed on plaice.

637

638 **Acknowledgements**

639 Thanks to Ashley Tweedale for help in setting the aquarium experiments. Aitor Albaina's
640 work was supported by a Postdoctoral fellowship from the Education, Universities and
641 Research Department of the Basque Country Government. Dr. Fox was supported by the ARC
642 program at SAMS. This research was financially supported by Defra (U.K. Department for
643 Environment, Food and Rural Affairs) under research project MF0432 (Detecting predation
644 on fish eggs and larvae) and by a Small Research Grant award of the Fisheries Society of the
645 British Isles.

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915

916 **TABLE LEGENDS**

917 Table 1. Species used for the design of the assay. Number of individuals used from each site
918 for the screening of cytochrome-*b* gene sequence variation along with gene accession numbers
919 (GenBank).

920

921 Table 2. Primers and probe sequences.

922

923 Table 3. Species used to validate the assay specificity.

924

925 Table 4. Summary of the aquarium experiments. Last column shows samples where serial ten-
926 fold dilutions were performed for the inhibition test. DNA extraction of the whole stomach
927 (*C. crangon*) or stomach contents alone (*C. maenas*) was performed using both salt and
928 phenol-chloroform (two 450 μ L aliquots of the same stomach) or one method depending of
929 the experiment.

930

931 Table 5. Results of the dilutions test for *C. crangon* and *C. maenas*. Serial ten-fold dilutions
932 were applied to the extracted DNA to estimate the inhibition effect in detectability; only
933 individuals testing positive for at least one of the treatments were included. Results are shown
934 pooling all the studied animals together (last row) and also splitting these into different
935 categories based in the extracted yield (ng/ μ l) measurement; a) corresponds to salt extraction
936 method while b) to phenol-chloroform. The percentage of false negatives is shown for either
937 undiluted (1/1), 1/10 and 1/100 diluted extractions in *C. crangon* (top table), and for the
938 former and 1/1000 dilution in the *C. maenas* case (bottom table); results for the combination
939 of more than one dilution are also shown. A false negative is assigned to each
940 dilution/combination of dilutions case if a negative test is reported there but it has been

941 reported positive in any of the other dilutions; highlighted are the best results within each
942 combination of dilutions (see text for further explanation).

943

944 Table 6. Detectability of plaice DNA during the digestion by *C. crangon* and *C. maenas*.
945 Results show the number of TaqMan testing positive by treatment following application of the
946 dilution protocol to overcome PCR inhibition as described in the Methods section. Average Ct
947 values along with standard deviation values are reported, in brackets, after the number of
948 positives for both extraction methods, only for samples where all dilutions were performed
949 (dilutions test animals; Table 4); these Ct values correspond to the minimum Ct value
950 estimated from the whole set of dilutions applied, after correcting for the effect of ten-fold
951 dilutions in their value (3.75 units increase in the Ct value for each ten-fold dilution; Figure
952 1), and represent the closest approximation to the amount of plaice DNA that we would get if
953 no inhibition were present. Sizes (cephalotorax length for *C. crangon* and cephalothorax
954 width for *C. maenas*) along with a stomach fullness index were recorded (see Methods). N/A
955 (Not Available); note that the fullness index for the crabs kept at 6-10°C was not recorded.

956

957 Table 7. Validation of the assay with selected field samples. Serial ten-fold dilutions were
958 applied to the extracted DNA from five field collected *C. crangon* stomachs containing
959 juvenile flatfish remains (see Methods). Yield (ng/μl) measurements are reported along with
960 the results for the TaqMan assay, both without and with the addition of 1.25 μg/μl Bovine
961 Serum Albumin to the PCR reaction, for four replicates of each sample; the number of
962 positive signals (highlighted) along with the average Ct value (in brackets) are shown.

963 **FIGURE LEGENDS**

964 Figure 1. Standard graphs for the TaqMan real-time PCR based assay. Ct (threshold cycle; see
965 Methods) values for the assay against serial dilutions of plaice template DNA extracted from
966 rapid freezing to -80°C raw plaice tissue (top graph) and Ct values for the assay against serial
967 dilutions of plaice template DNA extracted from 80% ethanol preserved raw plaice tissue
968 (bottom graph); both salt and phenol-chloroform extractions' results are shown.

969

970 Figure 2. Quality of the extracted DNA. Yield and purity data for DNA extracts from *C.*
971 *crangon* stomachs and *C. maenas* stomach contents (see Methods for further explanation).
972 Boxplots indicate the minimum, lower quartile, median, upper quartile and maximum.
973 Significant differences between extraction methods by Mann-Whitney U test are shown. ***,
974 $p < 0.001$; **, $p < 0.01$; *, $p < 0.05$, NS, Not Significant.

975

976 Figure 3. Detectability curves for *C. crangon* aquarium experiments. a) Animals kept at water
977 temperature 14-16°C, samples rapid frozen to -80°C, b) animals kept at 14-16 °C, samples
978 preserved in 80% ethanol. Note that the phenol-chloroform extraction method in *C. crangon*
979 was performed in only four of the digestion times (Table 4).

980

981 Figure 4. Detectability curves for *C. maenas* aquarium experiments. a) Animals kept at water
982 temperature 6-10°C, samples rapid frozen to -80°C, b) animals kept at 14-16 °C, samples rapid
983 frozen to -80°C, c) animals kept at 19-20 °C, samples preserved in 80% ethanol. Note that salt
984 extraction method was not performed in the 6-10 °C experiment (Table 4).

Table 1. Species used for the design of the assay.

Species	Sample site	n sequenced	Accession numbers (GenBank)
<i>Plaice (Pleuronectes platessa)</i>	East Irish Sea	20	<u>GU168804-GU168823</u>
	Iceland	19	<u>GU168824-GU168842</u>
	North Sea	20	<u>GU168843-GU168862</u>
	Norway	18	<u>GU168863-GU168880</u>
<i>Dab (Limanda limanda)</i>	English Channel (Boulogne)	5	<u>GU168881-GU168885</u>
	Irish Sea (Burbo Bank)	2	<u>GU168886-GU168887</u>
	Iceland	4	<u>GU168888-GU168891</u>
	Irish Sea (Inner Cardigan Bay)	5	<u>GU168892-GU168896</u>
	English Channel (Lyme Bay)	5	<u>GU168897-GU168901</u>
	North Sea (Dogger Bank)	5	<u>GU168902-GU168906</u>
	Sweden	5	<u>GU168907-GU168911</u>
	Liverpool Bay	5	<u>GU168912-GU168916</u>
<i>Flounder (Platichthys flesus)</i>	North Sea (Smiths Knoll)	5	<u>GU168917-GU168921</u>
	North Sea (Alde)	5	<u>GU168922-GU168926</u>
	Irish Sea (Mersey)	4	<u>GU168927-GU168930</u>
	Irish Sea (Morecombe Bay)	5	<u>GU168931-GU168935</u>
	Sweden	5	<u>GU168936-GU168940</u>
GenBank sequences			
<i>Microstomus kitt</i>			<u>EU492290</u>
<i>Platichthys bicoloratus</i>			<u>NC_003176</u>
<i>Pleuronectes mochigarai</i>			<u>AB126392</u>
<i>Hippoglossoides dubius</i>			<u>AB126391</u>
<i>Clidoderma asperrimum</i>			<u>AB126393</u>
<i>Reinhardtius hippoglossoides</i>			<u>L77944</u>
<i>Glyptocephalus stelleri</i>			<u>AB114910</u>

Table 2. Primers and probe sequences.

Primer/probe	Sequence 5' to 3'	5' label	3' label
Forward (PLA-F)	CTTAAAATCGCAAACRATGCTTTA		
Reverse (PLA-R)	CCCAAAGTTTCATCAGACAGAGATG		
Plaice probe	TCGATCTCCCAGCCC	VIC	Dark quencher

Table 3. Species used to validate the assay specificity.

Group	Species
Crustacea	<i>Scalpellum scalpellum</i> , <i>Munida rugosa</i> , <i>Crangon crangon</i> , <i>Crangon allmanni</i> , <i>Pagurus prideaux</i> , <i>Inachus dorsettensis</i> , <i>Carcinus maenas</i> , <i>Liocarcinus holsatus</i> , <i>Pycnogonum littorale</i> , <i>Pandalidae sp.</i> , <i>Processa sp.</i> , <i>Pasiphaea sp.</i> , <i>Cirolana sp.</i>
Teleostei	<i>Lophius piscatorus</i> , <i>Scomber scombrus</i> , <i>Buglossidium luteum</i> , <i>Myoxocephalus scorpius</i> , <i>Balistes carolinensis</i> , <i>Platichthys flesus</i> , <i>Limanda limanda</i> , <i>Crenilabrus melops</i> , <i>Blennius ocellaris</i> , <i>Microchirus variegatus</i> , <i>Callionymus maculatus</i> , <i>Labrus bergylta</i> , <i>Merlangius merlangus</i> , <i>Zeus faber</i> , <i>Trisopterus luscus</i> , <i>Capros aper</i> , <i>Myxine glutinosa</i> , <i>Gadus morhua</i> , <i>Hyperoplus immaculata</i> , <i>Arnyrhombus regius</i> , <i>Mullus surmuletus</i> , <i>Spondylissoma cantharus</i> , <i>Arnoglossus laterna</i> , <i>Microstomus kitt</i> , <i>Trisopterus minutus</i> , <i>Merluccius merluccius</i> , <i>Merlangius aeglefinus</i> .
Elasmobranchii	<i>Scyliorhinus canicula</i>
Mollusca	<i>Mytilus edulis</i> , <i>Buccinum undatum</i> , <i>Tritonia hombergi</i> , <i>Aequipecten opercularis</i> , <i>Loligo forbesi</i>
Echinodermata	<i>Cellaria sp.</i> , <i>Antedon bifida</i> , <i>Luidia sarsi</i> , <i>Ophiura ophiura</i> , <i>Psammechinus miliaris</i> , <i>Thyone sp.</i>
Cnidaria	<i>Sponge (indet.)</i> , <i>Nemertesia antennina</i> , <i>Alcyonium digitatum</i> , <i>Anemone (indet.)</i> , <i>Hylanoecia tubicola</i>
Tunicata	<i>Asciadiella scabra</i>

Table 4. Summary of the aquarium experiments.

Species	Temp. (°C)	Preservation	Time (h)	n	Salt	Phenol-	Dilutions test
<i>C. crangon</i>	14-16	-80°C	0	10	✓	✓	
			1	10	✓	✓	
			2	10	✓		
			4	10	✓		
			6	10	✓	✓	
			9	10	✓		
			18	10	✓	✓	
			24	10	✓		
<i>C. crangon</i>	14-16	80%EtOH	0	10	✓	✓	✓
			1	10	✓	✓	✓
			2	10	✓		
			4	8	✓		
			6	10	✓	✓	✓
			9	10	✓		
			18	8	✓	✓	✓
			24	10	✓		
<i>C. maenas</i>	6-10	-80°C	2	7		✓	
			4	6		✓	
			6	7		✓	
			8	7		✓	
			12	6		✓	
			18	6		✓	
			24	6		✓	
<i>C. maenas</i>	14-16	-80°C	0	8	✓	✓	
			3	8	✓	✓	
			6	8	✓	✓	
			9	8	✓	✓	
			24	8	✓	✓	
<i>C. maenas</i>	19-20	80%EtOH	0	10	✓	✓	✓
			1	8	✓	✓	✓
			2	10	✓	✓	
			3	10	✓	✓	
			6	10	✓	✓	✓
			12	10	✓	✓	✓
			18	10	✓	✓	
			24	10	✓	✓	

Table 5. Results of the dilutions test for *C. crangon* and *C. maenas*.

		<i>Crangon crangon</i>																					
		a) Salt				b) Phenol-Chloroform				c) Salt				d) Phenol-Chloroform									
Yield (mg/l)	Total positives	1/1	1/10	1/100	1/1+1/10	1/10+1/100	1/1	1/10	1/100	1/1+1/10	1/10+1/100	1/1	1/10	1/100	1/1+1/10	1/10+1/100	1/1000	1/1+1/10	1/10+1/100	1/100+1/1000	1/1+1/10+1/100	1/10+1/100+1/1000	
		% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives	% false negatives
<10	2	0	0	50	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
10-100	28	7.14	7.14	14.29	0	0	19.05	9.52	19.05	0	0	9.52	9.52	19.05	0	0	60	61.54	0	20	7.69	0	
>100	1	0	0	100	0	0	50	12.50	12.50	0	0	8	9.38	15.63	0	0	75	50	0	0	0	0	
All	31	6.45	6.45	19.35	0	0	25	9.38	15.63	0	0	32	9.38	15.63	0	0	18.18	45.45	4.55	18.18	0	4.55	
		<i>Carcinus maenas</i>																					
Yield (mg/l)	Total positives	1/1	1/10	1/100	1/1+1/10	1/10+1/100	1/1	1/10	1/100	1/1+1/10	1/10+1/100	1/1	1/10	1/100	1/1+1/10	1/10+1/100	1/1000	1/1+1/10	1/10+1/100	1/100+1/1000	1/1+1/10+1/100	1/10+1/100+1/1000	
<10	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
10-100	21	19.05	9.52	19.05	0	0	19.05	9.52	19.05	0	0	21	9.52	12.50	0	0	60	61.54	0	20	7.69	0	
>100	8	50	12.50	12.50	0	0	50	12.50	12.50	0	0	8	9.38	15.63	0	0	75	50	0	0	0	0	
All	32	25	9.38	15.63	0	0	25	9.38	15.63	0	0	32	9.38	15.63	0	0	18.18	45.45	4.55	18.18	0	4.55	
Yield (mg/l)	Total positives	1/1	1/10	1/100	1/1+1/10	1/10+1/100	1/1	1/10	1/100	1/1+1/10	1/10+1/100	1/1	1/10	1/100	1/1+1/10	1/10+1/100	1/1000	1/1+1/10	1/10+1/100	1/100+1/1000	1/1+1/10+1/100	1/10+1/100+1/1000	
<10	7	85.71	28.57	85.71	71.43	14.29	75	50	15.38	38.46	54.17	7	85.71	28.57	85.71	14.29	71.43	0	0	0	0	14.29	
10-100	4	75	0	50	75	0	92.31	61.54	15.38	38.46	54.17	4	75	0	50	7.69	7.69	0	0	0	0	0	
>100	13	92.31	61.54	15.38	38.46	54.17	13	92.31	15.38	38.46	54.17	13	92.31	15.38	38.46	7.69	7.69	0	0	0	0	0	
All	24	87.50	41.67	41.67	54.17	8.33	87.50	41.67	41.67	54.17	8.33	24	87.50	41.67	41.67	8.33	33.33	4.17	4.17	4.17	4.17	4.17	

Table 6. Detectability of plaice DNA during the digestion by *C. crangon* and *C. maenas*.

Species	Temp. (°C)	Preservation	Time (h)	n	Mean size (std. dev.)	Mean fullness (std. dev.)	Positives Salt	Positives Phenol-
<i>C. crangon</i>	14-16	-80°C	0	10	4.95 (0.27)	2.8 (0.32)	10	10
			1	10	5.1 (0.6)	N/A	10	10
			2	10	4.93 (0.59)	N/A	10	N/A
			4	10	5.1 (0.77)	1.8 (0.64)	9	N/A
			6	10	4.85 (0.57)	N/A	8	8
			9	10	5.33 (0.69)	1.2 (0.32)	6	N/A
			18	10	4.78 (0.63)	N/A	0	0
			24	10	5.08 (0.28)	1 (0)	1	N/A
<i>C. crangon</i>	14-16	80% EtOH	0	10	5.25 (0.55)	2.9 (0.18)	10 (25.6; 2.5)	10 (24; 2)
			1	10	5.25 (0.7)	N/A	10 (26.3; 1.7)	10 (26.8; 2.3)
			2	10	5.75 (0.5)	N/A	10	N/A
			4	8	5.31 (0.69)	1.88 (0.22)	8	N/A
			6	10	5.35 (0.62)	N/A	8 (29.2; 3.9)	9 (29.8; 4.7)
			9	10	5.58 (0.84)	1.3 (0.42)	5	N/A
			18	8	5.31 (0.48)	N/A	3 (34; 3.7)	3 (31.7; 4.7)
			24	10	5.63 (0.55)	1 (0)	1	N/A
<i>C. maenas</i>	6-10	-80°C	2	7	49.57 (4.94)	N/A	N/A	6
			4	6	54.83 (7.83)	N/A	N/A	6
			6	7	54.14 (7.27)	N/A	N/A	5
			8	7	58.86 (4.41)	N/A	N/A	3
			12	6	58.67 (3.44)	N/A	N/A	1
			18	6	54.33 (6.44)	N/A	N/A	1
			24	6	57.17 (7.5)	N/A	N/A	0
			<i>C. maenas</i>	14-16	-80°C	0	8	55.69 (6.31)
3	8	55.75 (5.56)				2.5 (0.5)	7	8
6	8	53.25 (8.69)				0.75 (0.56)	6	2
9	8	53.25 (9.5)				0.5 (0.63)	2	3
24	8	49 (6.38)				0.13 (0.22)	0	1
<i>C. maenas</i>	19-20	80% EtOH	0	10	54.25 (9.3)	2.6 (0.48)	9 (26.7; 2.7)	9 (26.6; 2.9)
			1	8	56.88 (7.25)	2.88 (0.22)	7 (26.9; 1.5)	8 (27; 2.8)
			2	10	58.95 (9.36)	2.5 (0.7)	5	5
			3	10	55.85 (8.78)	1.6 (0.72)	4	3
			6	10	55.4 (8.12)	0.4 (0.48)	4 (34.6; 3.1)	4 (33.9; 3)
			12	10	55.25 (10.55)	0.5 (0.5)	1 (29.7)	2 (34.6; 0.8)
			18	10	54.4 (9.1)	0.4 (0.48)	0	0
			24	10	53.75 (8.6)	0.7 (0.42)	1	0

Table 7. Validation of the assay with selected field samples.

Sample code	O27	Q38	S7	S38	U58
Yield (ng/ μ l)	613.88	360.96	535.38	912.25	511.45
40 cycles rtPCR, no BSA					
Dilution					
1/1	0/4 (-)	0/4 (-)	0/4 (-)	0/4 (-)	0/4 (-)
1/10	0/4 (-)	0/4 (-)	0/4 (-)	0/4 (-)	0/4 (-)
1/100	0/4 (-)	0/4 (-)	4/4 (37.14)	0/4 (-)	0/4 (-)
1/1000	4/4 (35.62)	0/4 (-)	4/4 (34.15)	2/4 (39.23)	4/4 (35.21)
40 cycles rtPCR, 1.25 μ g/ μ l BSA					
Dilution					
1/1	0/4 (-)	0/4 (-)	0/4 (-)	0/4 (-)	0/4 (-)
1/10	3/4 (34.39)	0/4 (-)	4/4 (28.89)	4/4 (31.42)	4/4 (28.48)
1/100	4/4 (32.68)	0/4 (-)	4/4 (32.45)	4/4 (34.41)	4/4 (31.81)
1/1000	4/4 (35.56)	0/4 (-)	4/4 (35.94)	3/4 (37.24)	4/4 (34.94)

Figure 1.

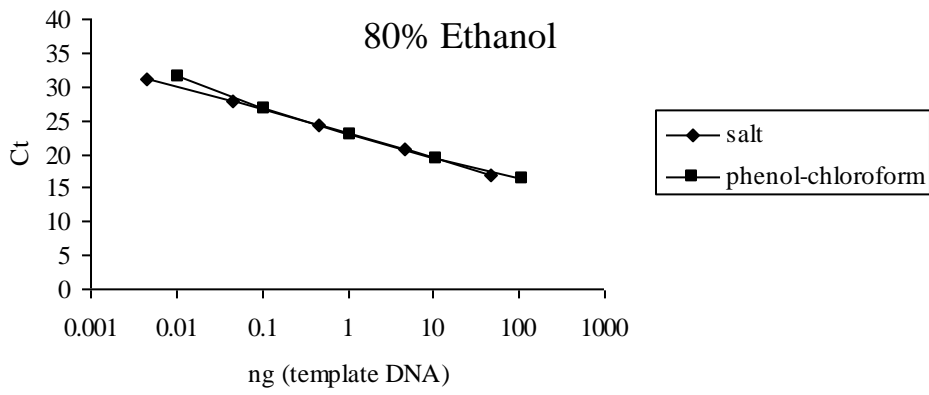
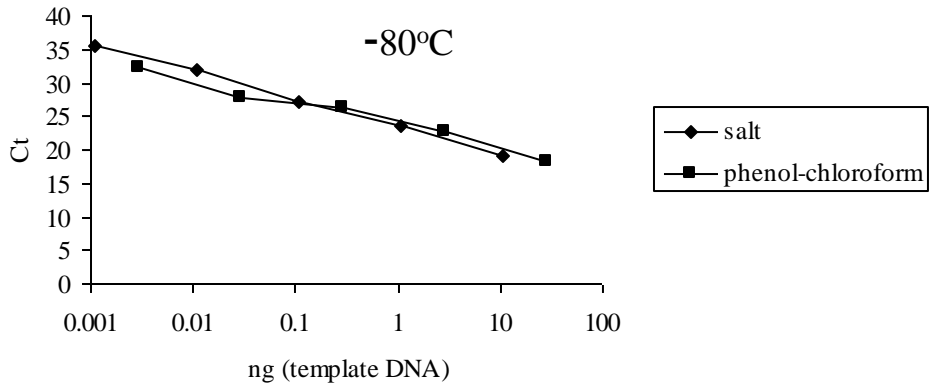


Figure 2.

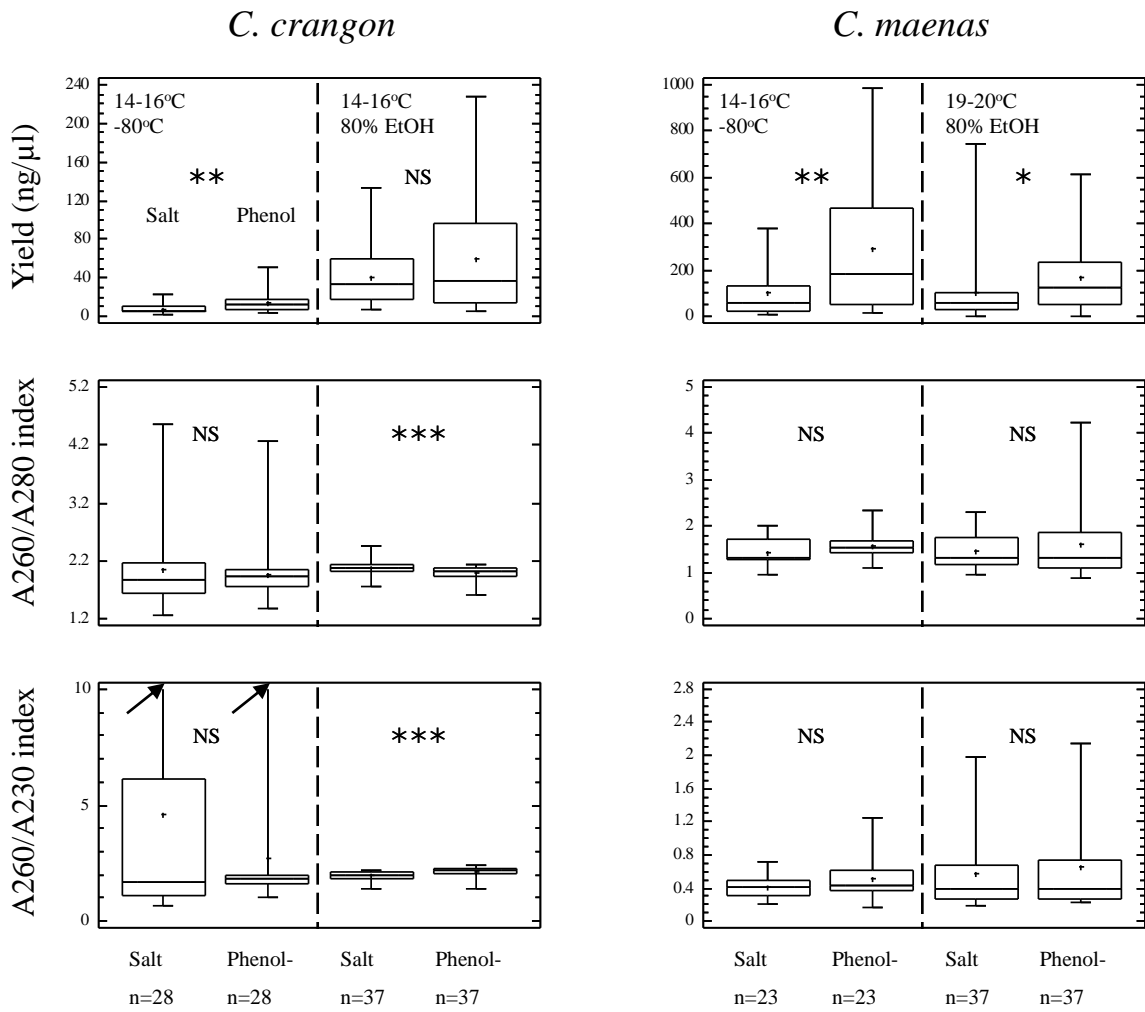
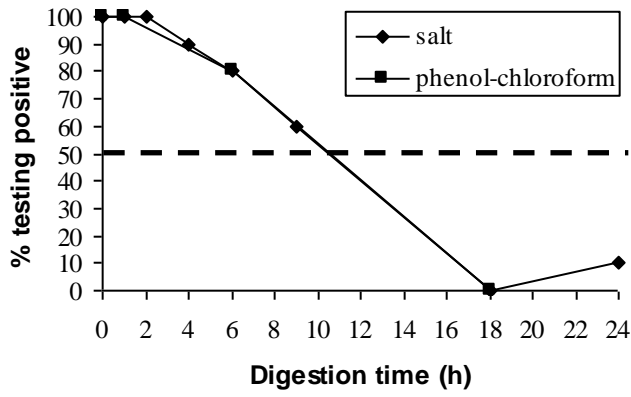


Figure 3.

a) *Crangon crangon* 14-16°C
(-80°C)



b) *Crangon crangon* 14-16°C
(80% Ethanol)

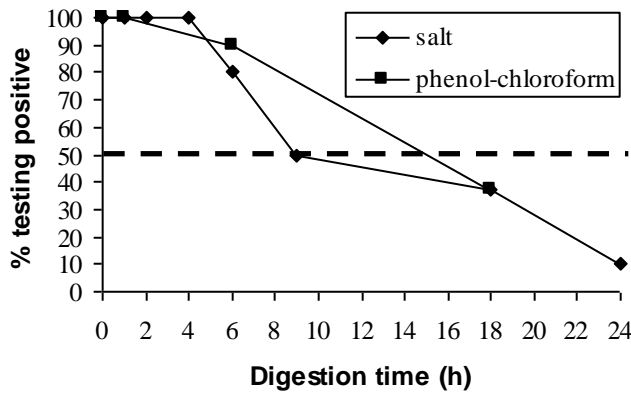
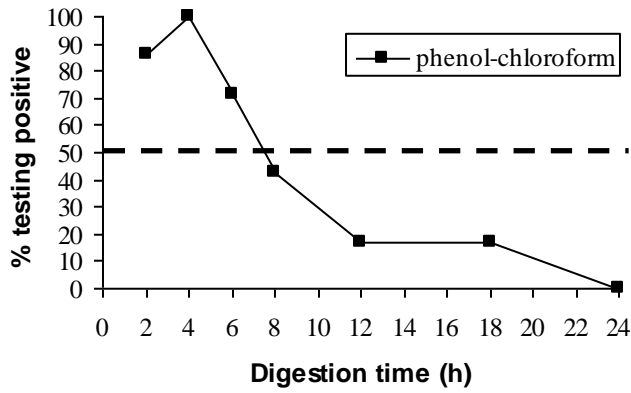
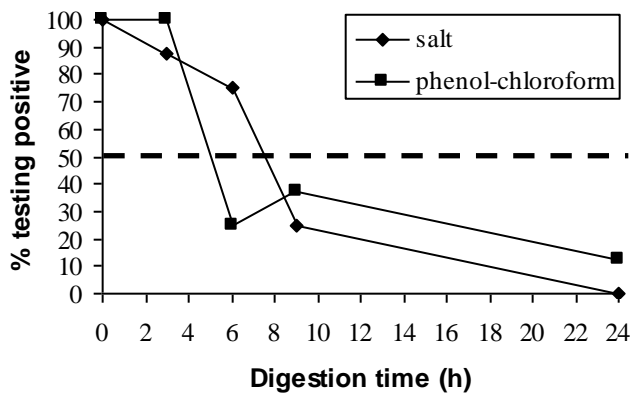


Figure 4.

a) *Carcinus maenas* 6-10°C
(-80°C)



b) *Carcinus maenas* 14-16°C
(-80°C)



c) *Carcinus maenas* 19-20°C
(80% Ethanol)

